



Name \_\_\_\_\_

# My Thoughts and Feelings

## Wet and Wonderful

We did these things:	I felt like this:
 <b>Ice Turns Into Water Activity</b>	  
 <b>About Me</b>	  
 <b>Water Dissolves Things</b>	  
 <b>Making Snacks</b>	  
 <b>Arts and Crafts</b>	  
 <b>Singing</b>	  
 <b>Where Does Water Go?</b>	  
 <b>Games</b>	  
 <b>Books and Stories</b>	  
<b>This is how I felt about the whole meeting:</b>	



**Dear parent:**

This week your child learned important information about water. (See “What Children Need to Know About Water.”) They changed ice into water, and did other activities which helped them to learn the basic characteristics of water.

You can help your child remember this new information by doing some of the activities listed under “Helping Children Learn More About Water.” Water is important to all living things. We all need to appreciate it. Even older children enjoy water play in tubs, sinks, lakes, and pools. As you do water play with your child, ask him or her to suggest what will happen before you actually pour, shake, etc. This kind of “prethinking” is part of the scientific process. By helping children develop ideas and then “test” them, you are developing their thinking processes!

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OVER

## What Children Need to Know About Water

- Water is a liquid.
- Water spreads out.
- Water flows when poured.
- Some things float in water.
- Ice is frozen water.
- Warmth changes ice into water.
- Some things dissolve in water.
- Water evaporates.
- Water is important to us.



## Helping Children Learn More About Water





























- Help your child make a list of the ways in which water is used in your home. Talk about the importance of water to you and your family.
- Make homemade “fruitsicles” with your child. Simply pour fruit juice into paper cups and place them in the freezer. When the mixture is partially frozen, insert a wooden stick. To eat, tear away the paper cup and enjoy a cool, refreshing snack.
- Help your child experiment with household objects to see what floats and what sinks in water. You might use objects such as dried beans, plastic lids, buttons, ice cubes, bars of soap, small empty bottles or cans, and corks.
- After a steady rain, take your child for a walk. Look for places where puddles have formed and where water is flowing.
- Plan an outing at a lake or pond. Help your child find ways of floating, such as alone or on inflatables or boats.



Name \_\_\_\_\_

# My Thoughts and Feelings

## Birds of a Feather

We did these things:	I felt like this:
 Making Bird Puppets Activity	  
 About Me	  
 Movement Activity	  
 Arts and Crafts	  
 Construction Activity	  
 Singing	  
 Books and Stories	  
This is how I felt about the whole meeting:	



**Dear parent:**

This week your child learned important information about birds. (See “What Children Need to Know About Birds.”) The group made bird puppets and did other activities that would help them learn about bird behaviors and what makes a bird a bird.

You can help your child remember what he or she learned by doing one or more of the activities listed under “Helping Your Children Learn More About Birds.” As you do these activities, listen to your child’s answers carefully—let the child tell you what he or she knows. Listen patiently without criticizing or lecturing.

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OVER



## What Children Need to Know About Birds

- Birds are the only animals with feathers.
- Birds come in many different sizes, shapes, and colors.
- Different kinds of birds move in different ways.
- Different kinds of birds eat different foods.
- Bird feeders can attract birds to your yard or window.

## Helping Children Learn More About Birds

- Observe the birds around your home. Talk about how you can tell these creatures are birds. (They have feathers.)
- Take your child to visit an aviary or the zoo. Talk about the many different kinds of birds found there. Can you see what the birds eat? Do all birds eat the same things? Talk about the different sizes, shapes, and colors of the birds you see.
- Put up a bird feeder outside a window and observe the birds with your child. Talk about the different kinds of birds that feed there. Do they all move the same way? How are their behaviors different?
- Watch birds as they fly. Ask your child what he or she thinks it would be like to fly like a bird. What would things look like from up in the air? Pretend to fly with your child. Soar and swoop together!

