

Make two-sided copies onto card stock, matching each card front page with the card back page. If you're not using a color printer, color the title block on each card front: Grain group (orange), Vegetable group (green), Fruit group (red), Milk group (blue), and Meat & Bean group (purple). Cut out the cards and laminate for longer use.

Front of Cards

Grain Group



BAGEL

Grain Group



BREAD

Grain Group



CEREALS

Grain Group



COOKIES

Grain Group



ENGLISH MUFFIN

Grain Group



MUFFIN

Grain Group



OATMEAL

Grain Group



PANCAKES

Grain Group



PITA BREAD

Make two-sided copies onto card stock, matching each card front page with the card back page. If you're not using a color printer, color the title block on each card front: Grain group (orange), Vegetable group (green), Fruit group (red), Milk group (blue), and Meat & Bean group (purple). Cut out the cards and laminate for longer use.

Front of Cards

Grain Group



CRACKERS

Grain Group



PASTA

Grain Group



POPCORN

Grain Group



RICE

Grain Group



TORTILLAS

Grain Group

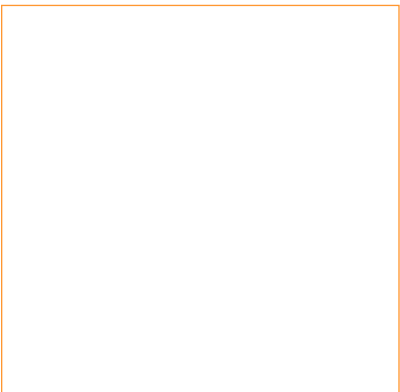


WAFFLES

Grain Group



Grain Group



Grain Group

