In the January 20, 2010 edition:

1. Kim Salem’s family requests prayers and good thoughts
Many of you know Kim as a long-time Extension employee and as the “nice lady” from Horse Fair. She has been off work the last few months dealing with progressing health problems from her fight with breast cancer. Last night Kim Salem’s health took a serious turn for the worse. Kim has blood clots in the lungs but the doctors say they can’t really treat the problem. She is on a ventilator and having trouble breathing. Her heart is working as hard as it can. She is in the intensive care unit at Meridian Park Hospital and her family is gathered there. Her daughter Shirine contacted the Extension office and asked that we let her many friends know and ask for prayers.

2. 4-H Participation Fee is now $30
Thanks to all those who got their enrollments in early this year. As of this week, the participation fee for any new or re-enrolling members is $30. You have until May 1 to enroll or add additional projects or clubs.

3. The 4-H Summit continues: offer your input online
On January 9, 4-H members, leaders, and parents came together to discuss the future of 4-H and the Extension Service. The comments from the Summit will be used to help shape the Strategic Plan for the Extension Service Special District in the years to come. We are welcoming additional input from everyone in 4-H. You can find the handouts and questions from the Summit online and submit your comments to us. Our planning process moves ahead in February, so comments received by January 28 would be especially appreciated.

4. Get your name in the Clackamas County Extension Community Report
Hey 4-Her’s – it was so great to get your input for last year’s community report – we would love to hear from you again. Did you participate in the Clackamas County or Oregon State Fair this past summer? If so and you have some *good quality* photos and a few comments you would like to share we would love to hear from you. Cut and paste the questions below in your reply:

What is your name?
Where do you live?
How old are you?
What 4-H club do you participate in?
What 4-H fair competitions did you participate in at the Clackamas County or Oregon State fair this past summer?
What do you like about showing at the fair and why?
Do you have your parents’ permission to be quoted in the newspaper?
If you are submitting a 4-H photo please describe what is happening in the photo.
Do you have permission from the person who took the photo and any people in the photo to submit for possible publication in the newspaper?
What is the name of at least one parent or guardian and how can we reach them if we need to?

Please send photos as a high resolution jpg. Not all submissions will be published but we appreciate your input! Please send reply email to Kimberly at: fivepointmedia@comcast.net
Thank you!!!!

5. Financial statements OVERDUE for these clubs
Financial statements were due December 1. We are nearing our tax return deadline and need to have signed forms from all clubs, including those with no money and that disbanded this year. Contact the Extension Office if you have lost your form or need to know your balance from last year.

4-Bar-H
Alcones Soccer
Beverly Parkers Unnamed 4-H Club
Cedar Creek Riding Club
Chocolate Chip Chicks
Clackamas County Livestock Advisory
Colorful Canines
Dances With Hooves
Equine Express
Horse Power 4-H Club
Hog Wild
Kids-R-Us 4-H Club
Llama Lovers
Mystic Freedom Riders
Out N’ Abouters
Rabbit Rebels
Sirius Dog Lovers
South Clackamas 4-H Club
Spirit of the Horse
The Saddle 4-H Club
Thunder Hooves

6. Extension Office Closed January 29
In order to hold an all-staff planning retreat, the Extension Office will be closed Friday, January 29, 2010.
7. Clackamas County 4-H small animal workshop February 6
There is still time to sign up for the workshops on February 6 at the Fairgrounds. The day will also feature a raffle fundraiser, tagging and tattooing. Building cages and nest boxes requires preregistration by January 28. Information has been emailed to leaders.

8. Washington swine information day: February 5, 2010
The Washington Swine Information Day will be held on February 5, 2010 from 8:45 AM until 5:30 PM at the Pill Rock Restaurant/Moses Lake Golf & Country Club in Moses Lake, Washington. The educational seminar is designed for progressive pork producers and stakeholders; addressing critical and emerging swine production issues in the Pacific Northwest. Swine producers of all sizes; 4-H/FFA youth producers; agency representatives; agriculture educators; and fair/show representatives are invited to participate. The event has been organized and sponsored by Washington Pork Producers, National Pork Board, and Washington State University Extension.

The 2010 Washington Swine Information Day features an array of presentations that have been organized to meet the diverse and unique needs of the Pacific Northwest swine producer. Topics at the day’s events include alternative protein supplementation in swine rations; general principles of swine necropsy and recognizing common disease; animal care and handling; National Pork Board “We Care” program, and show pig nutrition and management. The featured lunch speaker is Dr. Jude Capper, Assistant Professor and Extension Dairy Specialist in the Department of Animal Sciences at Washington State University. Dr. Capper is nationally recognized for her research and expertise on the impact of food animal production on the environment and long-term strategies to promote increased efficiency to meet the demands of a growing population and concerned consumers.

The afternoon session has been organized to feature topics of interest to the growing show pig industry in the PNW. Dr. Kevin Burgoon, the Senior Formulator and Technical Nutritionist for all of Honor Show Feeds, will provide a collection of presentations on show pig nutrition and management. Specific show pig topics will include the importance of the show pig industry, budgeting, evaluation and selection, nutrition, health, and showmanship. In addition to being the leading nutritionist for Honor Show Feed, Dr. Burgoon has been featured on RFD TV about show pig management and has been actively involved in the show pig and show lamb industries. The day will conclude with “Rapid Fire Updates: about various show pig nutritional programs from various feed companies.

In addition, the 2010 Washington Swine Information Day will be held in conjunction with the U.S. Pork Center of Excellence’s National Swine Nutritional Guide Educational Training. The 2009 National Swine Nutrition Guide is a practical publication containing nutrient recommendations and feeding guidelines. The guide consists of nutritional factsheets and diet formulation and evaluation software. The Educational training sessions will be administered by the authors of the guide and will focus on the use and applications of the guide and a demonstration of the computer software.

The all-day registration fee of $30 includes the seminar, WPP membership, break, lunch, and handouts. An all-day youth registration, $15, is also available to 4-H and FFA members. An afternoon registration fee, $10, is available to individuals that would like to participate in the swine handling and show pig sessions. Additional funding for this event was made available by Pork Checkoff funding. For complete agenda and registration information visit, www.animalag.wsu.edu or contact the WSU Extension Office—Grant/Adams, Sarah M. Smith, at 509-754-2011, Ext. 413 or by email at smithsm@wsu.edu.

9. 4-H Gaming Play Day January 23 at the fairgrounds
The Clackamas County Sherri’s Posse is sponsoring an Open Play Day this weekend at the Clackamas County Fairgrounds. Registration starts at 7:30 am, classes at 8:30 am. Contact Jim Lamberth at 503-632-5360.

10. Western Oregon Poultry Field Day SATURDAY, January 23, 2010
Registration 8:30-9:00
Polk County Fairgrounds, Rickreall, Oregon
Workshops on Poultry Breeds, Poultry Judging, Diseases, Care and Grooming, Small Flocks, Showmanship, Avian Bowl, Getting started and lots more. Adults are encouraged to attend.
Please bring: A bird (of some kind, may be fake) to practice showmanship (In a solid bottom cage please!), a Notebook, Pencil and Questions.
Classes start at 9:00 am. You do not need to be in 4-H to attend.
$3.00 for Registration and an Omelet Lunch if you preregister by January 20, On-site registration $5.00
A Special workshop designed for small backyard flocks is being held from 1:00 – 2:30 taught by Jim Adkins. He will be discussing:
“Managing your small flock of hens and meat birds”
Families are welcome!!!
Any Questions??? Call: 503-623-8395 or email judi.peters@oregonstate.edu

4-H W.O.R.L.D. (Western Oregon Retreat for Leadership Development)

Discover “The World of Hollywood” during this “movie” inspired retreat on February 12-14 at the 4-H Center! This retreat is for youth in 7th-12th grade interested in:

- Developing leadership skills in a retreat setting
- Meeting new people from other Western Oregon counties
- Building self-confidence and self-awareness
- Developing appreciation and encouraging involvement in community service, and
- Having fun

The retreat will feature classes on topics such as: acting, impromptu speaking, get-acquainted games, leadership, and job interview/scholarships skills. Participants will gain ideas for teambuilding, test your survival skills through “LIFE” game in Hollywood, and participate in a great community service project to benefit the many homeless youth and families in Oregon. It is also a great opportunity to learn from other youth and make new friends. Youth will really enjoy W.O.R.L.D. as this leadership retreat is both planned and conducted by a regional youth governing board.

The event will start Friday evening (registration 6:00-6:45 pm) and finish at 11:45 Sunday (no lunch). Cost is $75.00 per person if received by February 5th. Check with the extension office for scholarship support.

12. Oregon Small Farms Newsletter
A new issue of the Oregon Small Farm News - Vol. V No.1 – Winter 2010 has been posted on the Oregon Small Farms website. To view it visit [http://smallfarms.oregonstate.edu/newsletter](http://smallfarms.oregonstate.edu/newsletter)

This issue Features:
- Vintage Peaches and the Small Farm Conference
- Economic Study Examines Impact of Measures 66 & 67
- DEQ Implements New Rules for Composting Facilities
- Filling Out Your Schedule F
- Breaking News: Oregon Tilth and OSU Small Farms Program Form Long-term Partnership
- OSU Extension Small Farms Conference
- Foodhub: Where Food People Connect
- Growing Farms Workshop
- Breakout from Pneumonia Outbreaks
- Pressure Treated Lumber and Raised Beds
- Selling or Buying Livestock "on the hoof??"
- Planting Trees Along Your Stream: A Survivor's Guide
- Farm and Ranch Land Protection Program
- Living on a Few Acres Conference is Back
- Smart Horse Certification Program
- Calendar

- Don't forget to register for the Oregon Small Farms Conference coming February 27, 2010

13. How did you spend Martin Luther King Day?
Did your club do a service project for the national day of service? National 4-H Headquarters in Washington, DC wants to hear your story. Share how you delivered a change in your community through service on MLK Day. Stories can be written, accompanied by photos, slide show presentations, or videos. Submit your stories to: [http://www.surveymonkey.com/s/2010mlkdayshareyourstory](http://www.surveymonkey.com/s/2010mlkdayshareyourstory)

14. National 4-H Council publishes Annual Report online
The 2009 Annual Report, “Facing Forward” is now available from the National 4-H Council, the nonprofit organization that supports 4-H. Learn about the latest enrollment trends and new programs.

15. Two opportunities for teens to win big with traffic safety
Crashes are the #1 cause of death for youth and adults from ages 5 to 24 years. To help make a difference, Safe Communities is sponsoring the Teen Triple Threat – Safe Driving Contest. Teens throughout Clackamas County are invited to create safe driving scripts. The scripts should focus on teen driving risks and/or prevention strategies. The 1st place script winner will receive $100 cash and $100 worth of California Pizza Kitchen dining certificates. 2nd and 3rd place winners will receive $50.00 cash and $50 worth of California Pizza Kitchen dining certificates.

The winning script(s) will be professionally produced into a Public Safety Announcement (PSA). The contest is open November 16, 2009 to March 16, 2010 and any high school student in Clackamas County may apply. All students who enter will receive a Certificate of Completion from the Clackamas County Sheriff’s Office signed by Sheriff Roberts. For contest information go to www.ClackamasSafeCommunities.org

Ford Driving Skills for Life is offering a national competition called Belt it Out in which students will write an original safe driving song. Students must write, compose, and perform the song. Song must be submitted in an audiovisual format. Entries are due March 1, 2010 and grand prize includes a $5,000 savings bonds (face value) for each team member (up to $25,000) and autographed Kate Voegele merchandise. Contest rules can be found at www.drivingskillsforlife.com

16. Get your tickets for 4-H Night with the Trail Blazers

Remember that March 25 is 4-H Night at the Portland Trail Blazers game. Special tickets are available for $22. Order online or through the box office and use code 4HNIGHT.

17. Horse tack swap in Eugene January 23

Lane County 4-H annual Tack sale
Saturday, January 23, 2010, 9 a.m. – 3 p.m.
High Prairie arena
90909 Prairie Road – Eugene (1 block north of the oregon horse center)
Admission $1
Horse related merchandise: English, western and more
This event is organized by the Lane County 4-H hippology and judging team.

18. Former 4-H horse for lease

My name is Liz Lamberth. I was in 4-H for nine years. For four of those years I used an adorable breading stock paint named Lacey. Now that I’ve graduated from high school and am too old to participate in 4-H I was hoping to lease my horse to a 4-H-er so she would still be used while I’m a broke college kid. We went to championships in trail last year at county fair and qualified for state with points to spare. She would be a good horse for any age. I learned 98% of my riding knowledge from this horse. I got her when she was 3 and I’ve done all the training on her myself. The only thing is she is my baby so an ideal lease agreement for me would be $200 a month for lease but that would cover board, hay, grain, supplements, shavings, hock injections, dentals, and shoeing. If you would like, you can add $50 to her lease for four lessons with me a month. Contact me at horse_nut-1754@hotmail.com.

19. Ambassador Dinner tickets now available

Get your tickets now for the Ambassador Dinner on February 20 - $10 for adults, $7 for children 5-12, no charge for 4 and under. They’re available at the Extension office and from Ambassador Team members.