Moovin' Forward in 4-H

Great job to all of you for getting your enrollments in before the Feb. 1 deadline. Those returning members that re-enrolled will be able to show at Fair this upcoming year if you meet the additional requirements mentioned below.

New members may continue to join until May 28 and show at Fair. Since you are enrolled, you can continue to add projects and join additional clubs until the May 28 deadline.

There is a lot going on right now. The livestock project members are planning a field trip to OSU on February 20. Super Saturday is coming up on Feb. 6th, the County Presentation day is March 9th with a workshop planned for Feb. 22 to help you prepare, as well as camp counselor trainings beginning on Feb. 17 and the Beef Weigh-In is at the end of the month. Also, don’t forget about the OSU Food Drive. The last couple of years Clatsop County has come in 3rd for the most food collected by an off-campus Extension office. Great Job!!

Remember you need to attend at least 1 (one) 4-H event outside of your club to participate in Fair. There are lots of opportunities coming up so why not pick one and try something new.

So, keep learning, making friends, and having fun!

Sandra Carlson
4-H Coordinator

Jeanette Sampson
4-H Program Assistant

Going to Fair? Remember you need to complete the following by June 3rd:

1. Turn in Record Book information
2. Participate in each of the following:
   1 leadership activity, 1 community service activity, 1 4-H activity outside of fair & 1 public speaking or presentation...

OSU Extension programs will provide reasonable accommodation to persons with physical or mental disabilities. Contact the Clatsop County Extension Office at (503) 325-8573 to request reasonable accommodation, sandra.carlson@oregonstate.edu.

Oregon State University Extension Service offers educational programs, activities, and materials — without regard to race, color, religion, sex, sexual orientation, national origin, age, marital status, disability, or disabled veteran or Vietnam-era veteran status — as required by Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973. Oregon State University Extension Service is an Equal Opportunity Employer.
# UPCOMING 4-H ACTIVITIES

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td><strong>March</strong></td>
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<tr>
<td>1</td>
<td>Horse Leader Meeting, OSU Seafood Lab Conf. Room, 7 PM</td>
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<td>3</td>
<td>4-H Camp Counselor Training, Club House, 7 PM</td>
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<td>9</td>
<td>4-H Presentations, Astoria Middle School, 4:30 – 9 PM</td>
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<td>11</td>
<td>4-H Leaders Assoc. Exec. Committee Meeting, Club House, 7 PM</td>
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<td>13</td>
<td>4-H Spring Into Arts, Club House</td>
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<td>25</td>
<td>New 4-H Leader Training, Club House, 6:30 PM</td>
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<td>25</td>
<td>Livestock Leaders Meeting, OSU Seafood Lab Conference Rm, 6:15 PM</td>
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<tr>
<td>25</td>
<td>Market Auction Committee Meeting, OSU Seafood Lab Conference Rm, 7:15 PM</td>
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<tr>
<td>28-30</td>
<td>Youth Voice, Youth Action, (formerly Know Your State Government), Portland, OR</td>
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<td><strong>April</strong></td>
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<td>5</td>
<td>Horse Leader Meeting, OSU Seafood Lab Conf. Room, 7 PM</td>
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<td>7</td>
<td>New 4-H Leader Training, Club House, 6:30 PM</td>
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<td>4-H Leaders Assoc. Exec. Committee Meeting, Club House, 7 PM</td>
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<td>9-11</td>
<td>4-H Horse Clinic, Fairgrounds</td>
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<tr>
<td>20</td>
<td>Livestock Project Quality Assurance Workshop, 4-H Club House, 6:30-8:30 PM</td>
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<tr>
<td>23-24</td>
<td>4-H Camp Counselor Lock-In, Warrenton Grade School</td>
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<td>27</td>
<td>4-H Record Book Workshop, Club House, 6:30 PM</td>
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<td><strong>May</strong></td>
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<td>1</td>
<td>HEc Skills Contest &amp; HEc Judging Contests, Astoria Middle School</td>
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<td>3</td>
<td>Horse Leader Meeting, OSU Seafood Lab Conf. Room, 7 PM</td>
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<td>4-H Leadership Club Meeting, Club House, 7 PM</td>
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<td>4-H Leaders Assoc. Exec. Committee Meeting, Club House, 7 PM</td>
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<tr>
<td><strong>June</strong></td>
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<td>Fair Q &amp; A/Fair Record Book Drop Off/Fair Packet Pick Up, 6:30 AM – 8 PM</td>
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<td>7</td>
<td>Fair Q &amp; A/Fair Packet Pick Up, 6:30 AM – 6:30 PM</td>
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<td>7</td>
<td>Horse Leader Meeting, OSU Seafood Lab Conf. Room, 7 PM</td>
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<td>10</td>
<td>4-H Leaders Assoc. Exec. Committee Meeting, Club House, 7 PM</td>
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<tr>
<td>17</td>
<td>Small Animal Leaders Meeting, 6:30 PM</td>
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<tr>
<td>17-19</td>
<td>4-H Leadership Camp, (rafting down the Deschutes River)</td>
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<td>23-26</td>
<td>4-H Summer Conference, Corvallis</td>
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<td><strong>July</strong></td>
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<tr>
<td>6</td>
<td>Fair Pre-Registrations Due to Extension office, 8 AM – 6 PM</td>
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<tr>
<td>8-10</td>
<td>4-H Summer Slumber, Cape Disappointment, Washington</td>
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<tr>
<td>25</td>
<td>Pen Set-Up for Fair</td>
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**2009-2010 Clatsop Co. Leaders Assoc. Board Members**

- **President**
  Katherine Kahl

- **Vice President**
  Stephanie Pedraza

- **Secretary**
  Sally Freeman

- **Treasurer**
  Jennifer Lacy

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**4-H Club House Deep Cleaning Schedule**

- **February:** Desperados
- **March:** Grasshopper Valley
LEADER INFORMATION

Use of Fairgrounds
If you plan on using the Fairgrounds for your club meetings, you need to fill out an application for funding and get it approved through the Extension office in order to get the cost paid by Extension funds. Contact Sandra, 503-325-8573 or check our website.

New 4-H Leader Trainings
If you or another adult you know is interested in becoming a 4-H leader, the training dates have been set. The upcoming dates are:

- Tuesday, Feb. 16, 6:30 p.m. at the 4-H Club House
- Thursday, March 25, 6:30 p.m. at the 4-H Club House
- Wednesday, April 7, 6:30 p.m. at the 4-H Club House

**RSVP required.** 503-325-8573. Call if special arrangements need to be made.

Annual Finance Report Due
We still have clubs needing to turn these into the office. All 4-H clubs who fundraise under the name of 4-H are required to send in a monthly bank statement. **All clubs need to file a yearly financial report with the Extension Office ASAP, even if you do not do fundraising.** A copy was attached in the October Enrollment Packet. For an additional copy, call the Extension office.

Shooting Sports
The next Master 4-H Shooting Sports Training is April 16-18, 2010 The training will be held at the Josephine County Sportsman Park in Grants pass. Disciplines offered will include archery, pistol, rifle, and shotgun. The registration fee is expected to be $75 for each discipline with the exception of archery, which will require an additional $20. Leaders interested in this training must have completed the full county enrollment process, including the background check, prior to attending this state training. More info should be coming soon.

Leader’s Association Needs Helpers
Look through this list and let us know what committee you would like to serve on. Call the Extension office and let us know. If everyone does a little, no one needs to do a lot!

- Records Books
- Senior Awards
- Special County Fair Awards
- Recognition Ceremony
- Fundraising: Chicken Coop, Bingo/Auction, Summer Activities Solicitation Letter
- Other Fundraising

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This year’s Fair Theme is “Roll Out the Fun” The colors are red and gold

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LEADER INFORMATION

Fun Opportunity…

Have you considered doing a Club Exchange! This is a great way for youth in the clubs to get leadership and another activity outside of fair. Connect with at least one other club and have the Junior Leaders or other members teach a project topic to the other club. Don’t forget to take photos for your record book or for the monthly newsletter.

Additional Training for 4-H Leaders on the Web…e-Learning

4-H staff in Oregon has developed e-Learning modules for volunteers. The modules are interactive and very easy to use. Volunteers receive fundamental, consistent information that can supplement leader training. These modules provide volunteers an alternative to learn at a time convenient for them. County staff will receive an email message when a volunteer has completed a module.

Each module involves interactive learning and requires 15-20 minutes to complete.

To access 4-H Volunteer e-Learning, go the Oregon State University Extension 4-H website: http://oregon.4h.oregonstate.edu

1. Click on Volunteer at the left, shaded information bar.
2. Under the heading, “Volunteer Orientation and Training” click on the Volunteer e-Learning Course
3. In the “Welcome” box, click on the link: http://4h.wsu.edu/volunteertraining/
4. Go to the left panel and click on the box, “4-H Volunteer e-Learning Course
5. Complete the four boxes:
   First Name
   Last Name
   State
   Password= VOLUNTEER
6. Click on “About 4-H” to begin learning the first of the four e-Learning modules.
7. At the conclusion, when you click “submit” you will receive an email to announce completion of the learning module.
8. When the CERTIFICATE OF COMPLETION is on the screen, you may fill in “Clatsop County” and print your certificate.
9. The state office and the County Extension office will receive notification that you have completed the modules.
RECORD BOOK REQUIREMENTS

4-H Member Requirements for 2009-2010 4-H Year

Project records and the Permanent Record (for 4th-12th grade members) will need to be turned in to the Extension office by June 3 to show at Fair. On June 3rd, we will be having a Record Book Drop off and Fair Packet Pick-Up at the Extension office from 6:30-8:00 p.m. **They may be turned in prior, but this is the final deadline.** This will also be a question and answer time for fair questions. **For K-3 members, turning in Project Records and Permanent Records are optional.**

So what is required to show at fair this year?

**PROJECT RECORDS**

All projects have a record that needs to be turned in.
- Livestock or Small Animal member--must fill out an Animal Science record. Projects like Dogs & Horses have their own project records. All animal projects have some type of record.
- Static (hall) projects have records. Some are specific to projects, some are generic.

**PERMANENT RECORD**

Every member MUST show that they have done one of each of the following on their permanent record:
- Leadership (at least 1)
- Community Service (at least 1)
- Presentations/Public Speaking (at least 1)
- 4-H Activity Outside of Fair (at least 1)

**Leadership Examples**

- Leading of the pledges
- Leading of a song or game
- Helping a younger member
- Organizing an activity
- Coordinating an event or meeting or part of a meeting
- Junior Leader
- Ambassador
- Camp Counselor
- Etc.

**Community Service Examples**

- Collect Food for Food Drive
- River Clean up
- Set up or Clean up at events
- Make blankets
- Collect socks
- Etc.

**4-H Activity Outside of Fair**

- Workshops
- Super Saturday
- Livestock Field Day
- Spring Into Arts
- Junior Leader Training
- WORLD Leadership Retreat
- Spring Dog Show
- Spring Horse Show
- BINGO Fundraiser
- Auction Fundraiser
- Camps, Retreats, Lock-In
- Summer Conference
- Attend another county 4-H event
- Etc.

**Presentation/Public Speaking Examples**

- County Presentations (March 9)
- Club presentations on a topic
- Impromptu Speeches
- Break into groups, get a topic, as a group brainstorm and share your ideas
- Talk on radio or at service organization
- Club Recruitment
- Educational Display (explained to club)
- Leading a Game
- Performing a skit
- Etc.

Presentation idea to meet presentation/public speaking requirement

**Activity:** Chores
**Objective:** Expressing Yourself
**Time:** 15 minutes
**Materials:** None

A pantomime or charade activity with sounds is a fun way to stimulate a meeting. Have each group member think about a chore they do at home. Ask that they show the chore to the group but add sound effects such as the washing machine running, sweeping the floor or the vacuum running.

**Source:** 4-H Fun, Games from Fun with Speaking by Cindy Osterlund, OSU Faculty
SUPER SATURDAY INFORMATION

Super Saturday - Don’t miss this year’s Super Saturday event, February 6!

- It’s a day to learn more about projects & try new things
- There is no pre-registration for classes for members in grades 4-12, but please let us know you are coming so we have enough materials and space for all the fun
- **K-3 members need to pre-register**, due to limited supply and space for activities
- RSVP today, 503-325-8573

Lunch available at Super Saturday
The Chicken Coop will be open for lunch at Super Saturday. Below is the menu if you wish to have hot food, or you may bring a sack lunch.

**Lunch Special $4.00**
sandwich, soup, chips, drink and brownie

You have a choice of --
- soup: tomato or chicken noodle
- sandwich: grilled cheese or peanut butter and jelly
- chips: several to choose from
- drink: water, milk, or chocolate milk
- brownie

The above items will also be available for $1.00 each

OTHER WORKSHOP OPPORTUNITIES

**Ceramics Classes in Seaside**
Tuesdays, February 2 - March 9 from 3:30 - 5:00PM 4-H will be offering ceramics classes one day a week at the Bob Chisholm Community & Senior Center. These classes will run on Tuesdays from. The classes are free and are limited to the first 12 participants. Call the Extension office at 503-325-8573 to check on availability.

**Glass Fusing Workshop**
*Introduction to Kiln-Formed Glass*
Learn the principles of glass fusing while making a beautiful 6" x 6" glass tile or ornament. Instruction will be given by Jamie Boyd at Studio 11, 453–A Eleventh Street, Astoria on March 23rd from 1-3 PM. Class fee is $10 to cover material cost. Open to 6 students.
Visit the Clatsop County 4-H Website!
Access the entire current goings on in Clatsop County. From our site you can access forms, publications, program info, Oregon State and National 4-H sites, as well as helpful website links from various 4-H Programs and organizations around the country. Find us at:
http://extension.oregonstate.edu/clatsop/

Canning Questions??

This should answer all of your canning questions, or stop by the office and look at our copy.

Home Ec Skills Contest
Mark your calendars! This year’s contest has been moved to Saturday, May 1st. It was decided to move from Summer to May in hopes that more youth might be able to participate. Also, this gives the members one more opportunity to do a 4-H activity prior to fair. What is this, you ask? It is where 4-H members can cook, sew, or knit in front of a judge. Some of the foods classes are state fair qualifying for the Intermediates and seniors. The home ec foods and sewing judging contests are also held at the event. Information will be coming in upcoming newsletters.

Outdoor Skills Rendezvous
July 20-24, 2010 at the Oregon 4-H Center in Salem, Oregon
The new event, Oregon 4-H Outdoor Skill Rendezvous is a residential camping opportunity for mature 9-12th grade youth interested in enhancing their proficiency in shooting sports, sport fishing, outdoor survival, and challenge and adventure. Youth attending the Rendezvous can choose from a menu of outdoor skill classes that include: safe and responsible use of firearms, angling skills and tackle crafting, orienteering with GPS and compass, outdoor survival skills, and much more. For more info see the state website http://oregon.4h.oregonstate.edu/outdoor-
skills-rendezvous. No county transportation will be provided.

4-H Beekeeping Essay Contest
The 4-H Beekeeping Essay is a great opportunity for 4-H members to research and write about honey bees. Cash prizes of $750, $500, and $250 will be awarded to the 3 top National winners. The essay theme for 2010 is “Is My Community Honey Bee-Friendly?” Contest details are located at http://oregon.4h.oregonstate.edu/4h-beekeeping-essay-contest.

Sewing Club Has Openings
A sewing club in Astoria has space for 1 to 2 new members. If you are interested in learning to sew clothing (not quilting) contact Kathleen Sullivan at 503-325-8396 or email her at kak4of10@yahoo.com for more info.

Art/Garden Club also Looking for Members: Contact the Extension Office, 503-325-8573.

Performing Arts Camp
Do you love to dance? Do you like to express yourself through movement & music? This Performing Arts Camp is for you! Dance. Move. Find your Groove. Express Yourself. Have Fun

March 22-25, 2010 (Spring Break Week)
Oregon 4-H Center, Salem
The Performing Arts Camp is a program of OSU Extension Service and is open to all youth in Grades 7-12. You do not need to be a 4-H member to participate. Participants will spend in-depth time (about 10 hrs. each) in two dance tracks, learning the dance style and a dance that they will then be able to perform at the end of camp for family and friends. Youth will be exposed to each of the dance styles offered, but will gain proficiency in two particular dance styles, (Creative Movement, Hip Hop, Hip Hop Grooves, Modern/Contemporary, Modern Western Square Dancing, Salsa, Swing, Zumba). Cost is $200 per camper if registration is received by Feb. 15. Transportation from the Extension Office will not be available.
GENERAL INFORMATION

County Presentations, March 9th
Did you know that presentations do not mean just doing a demonstration?

Once again this year, Clatsop County is having specific divisions for the following types of 4-H Presentations: Demonstrations, Illustrated Talks, Team Presentations, and Impromptu Speaking. No style of presentation is better than any other. 4-H Members are encouraged to choose the style that best fits them. Dress like you were interviewing for a job! Leaders, please impress this on the kids!

- **Do you have a skill to show to others?** Then a demonstration – individual or team, is the best choice.
- **Do you like creating posters and educational displays?** An illustrated talk may just be the ticket. Here, you aren’t demonstrating how to do something, but you are talking about a subject, with several posters (5) illustrating your basic points.
- **Public Speeches** - A public speech is just talking. No visual aids or props can be used. A speech can be informative or persuasive with the purpose to stimulate thought or present a point of view.
- **Team Presentation** – 2 members presenting together. If they are in different age groups, they will compete at the higher level, (a junior & Intermediate would compete in the Intermediate level)
- **Impromptu speaking** is great fun! You don’t know beforehand just what you will be speaking about. It’s potluck. Here you are judged, not necessarily on what you say, but how you say it.

Registration required by March 2. See website link at [http://extension.oregonstate.edu/clatsop/4H/events](http://extension.oregonstate.edu/clatsop/4H/events) for registration form.

Members, plan on coming to the . . .

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**Presentations Workshop**

Monday, Feb. 22
7:00 PM
4-H Club House

Get tips and pointers on how to put your best presentation foot forward. Bring your presentation ideas/materials with and do some practicing!

**Presentation Day**

Tuesday, March 9
4:30-9:00 p.m.
Astoria Middle School

. . . also

Do you want help putting together a PowerPoint presentation? A few of our leaders have offered to work with your group, or one-on-one. Contact the Extension office if you would like some help.
SMALL ANIMAL INFORMATION

February 13, 2010
Polk County
"Rickreall Roundup" (Cat/Rabbit/Cavy/Poultry) Show at 9:00 AM
Polk County Fairgrounds, Rickreall, OR
Contact: Nora Solve dt at insd04@peoplepc.net or 503/623-7707

February 20, 2010
Yamhill County
“Critter Romp” (Cat/Dog/Rabbit/Cavy/Poultry) Show at 9:15 AM
Yamhill County Fairgrounds, McMinnville, OR
Contact: John Nyberg at 971/832-0777

Clark County
“12th Annual Prairie Hatcher Youth Invitational Poultry Show”
Clark Co. Fairgrounds, Vancouver, WA. Show at 9 AM.
Contact: Kierstin Post at kierstin-post@yahoo.com or Louise Owen at lowen22@msn.com or 360-254-5223 if you would like a premium book sent to you. Come join us for a day of fun!

HORSE INFORMATION

Spring Horse Classic – Judging
April 23-25, 2010, Deschutes County
This year’s contest will be held at the Deschutes County Fair and Expo Center in Redmond, OR.

If you’re interested in participating, please contact your leader so they know and can contact the Extension Office to begin the process, in order to complete it before the deadline.

NW Horse Fair & Expo – March 18-21, Linn Co. Fair & Expo Center, Albany, OR

LIVESTOCK INFORMATION

BEET WEIGH-IN
Feb. 27, 2010 - 4-H and FFA beef project members will be weighing in their beef animals Saturday, February 27, 2010, at the Clatsop Co. Fairgrounds Indoor Arena from 7 AM to 11 AM (be in line by 10:30 AM!)

SPRING WEIGH-IN
May 8, 2010 - 4-H and FFA sheep, goat and swine project members will be weighing in their animals Saturday, May 8, 2010, at the Clatsop Co. Fairgrounds Parking Lot from 7 AM to Noon (be in line by 11:30 AM!)

Reminder: Make sure you have ALL of your paperwork (and scrapies tags for sheep/goats) with you for both weigh ins in order to cross the scale!

TOUR TO OSU
Tour OSU livestock barns on February 20th
Must pre-register ASAP. Call for space availability, 503-325-8573
Open to 4-H Leaders & Members
Scholarships Available

The Herb Howell Scholarship is now available online at http://extension.oregonstate.edu/clatsop/4H/forms or at the Extension office. This scholarship is for youth interested in pursuing a career in agriculture/animal husbandry. The award is $750 and is due July 17, 2010.

The Mitch Groat, 4-H Leaders Association and Master Gardener scholarships are still being updated. Check upcoming newsletters for more information on these.

State Résumés

State Résumés are due to the Extension office by Feb. 10. This résumé is required if applying for National Congress. Call the office if you have questions or would like help with your résumé.

Seniors, be sure to check out the State 4-H Website http://oregon.4h.oregonstate.edu/oregon-4h-scholarships for scholarships.

Most of these go to youth who plan on attending OSU, but there are a few that do not. State 4-H scholarships are due for review to the Extension office by Feb. 10th.

DARE TO BE GREEN

OSU 4-H Summer Conference 2010

T-Shirt Design Contest

Entries should include:

- The theme Dare to Be Green
- 4-H Summer Conference
- The year (2010)
- & OSU or Oregon State University

Top prize is $100 scholarship to Summer Conference (may be divided if multiple entries are chosen or combined)

Submit entries to sara.miller@oregonstate.edu
YOUTH OPPORTUNITIES

WORLD Retreat!

When:   February 12 – 14, 2010
Where:   Salem Center, Salem Oregon
Who:     Youth grades 7-12
Deadline: Register by Feb. 4 or pay late fee
Cost:    $75.00

- Developing leadership skills in a retreat setting
- Meeting new people from other Western Oregon counties
- Building self-confidence and self-awareness
- Developing appreciation and encouraging involvement in community service
- Having fun

Youth Voice, Youth Action (formerly known as Know Your State Government)

When:   March 28-30 (note date change)
Where:   University Place Hotel & Conference Center, Portland, OR
Who:     Youth ages 13-19
RSVP:    Registration deadline Thursday, March 11
Cost:    $155, 4-H scholarships available
Registration Deadline: Thursday, March 18
Scholarship Deadline: Thursday, March 11

Check out the State 4-H website at http://oregon.4h.oregonstate.edu/know-your-government for more info

February Leadership Club / Camp Counselor Training

With the start of February’s Leadership Club meeting, the focus changes to camp counselor training. Our first training will be held on Wednesday, Feb. 18 at 7 PM at the 4-H Club House. Meeting dates and topics include:

Feb. 17   7 PM at the 4-H Club House
         Info for becoming a Camp Counselor/applications/responsibilities & games
March 3   7 PM at the 4-H Club House
April 23,24  Camp Counselor Lock-In, Warrenton Grade School
July 8-12  4-H Summer Slumber, Cape Disappointment, WA

Summer Slumber

The dates have been set for Summer Slumber 2010 for youth in grades 4-7. It will be July 8-10 at Camp Disappointment in Washington (just over the river by Ilwaco). Mark your calendar for this fun event!
COMMUNITY SERVICE INFORMATION

It is that time again – our annual OSU Food Drive in January and February. Shelters and Food Banks need restocking after the holidays. Last year you donated 1,045 lbs. of food for Clatsop County citizens in need! So far we have collected approximately 700 lbs. of food!

Remember, all of the food collected in Clatsop County stays in Clatsop County.

Encourage members to bring canned food to meetings or to do local collections. Bring your non-perishable food items to the Extension Office any time before Feb. 19, 2010. If you donate food, be sure to write it in your record books. Our goal for 2010 is 2,000 lbs. of food. Let’s all work together to make this the best year yet!

EXCHANGE PROGRAM

The 4-H WORLD CITIZENSHIP & INTERNATIONAL EXCHANGE PROGRAM is once again looking for families in Oregon to host students for approximately 4 weeks this summer.

Costa Rica: There will be potential hosting opportunities for Oregon families from mid-June to mid-July for delegates from Costa Rica. The focus of the 4-H Costa Rican Exchange is to build friendships of different cultures and provide both with an educational experience that will better prepare them for life in a global society. The Costa Rican Delegates range in age from 15-18. Any family with a child between the ages of 14 - 18 can apply to host a delegate. Interested host families need to have all of the application materials completed and sent to the County Coordinator by February 15, 2010.

Japan: All delegates visit Oregon to experience everyday American family life. The students are NOT HERE as tourists, but to live with your family and participate in normal family activities. Interested host families need to have all of the application materials completed and sent to the County Coordinator by May 1, 2010, but application can be completed now and placements will be made in early March so that you can start corresponding. The Japanese students arrive mid-July and will return home mid-August. Ages of students range from 12 to 17, so we are looking for American students between the ages of 11 to 18. We are also looking for couples or families to host chaperones that will come with the students. If your child is going to camp or other special event: church, cheerleading, Boy Scout, running or any other camp, the Japanese organizations pay so Japanese students can attend with their host sibling.

In General: Host families do not have to be 4-H members. The major qualification for a host family is enthusiasm and a willingness to open your home and hearts. Families can live in urban or rural communities. Host families just need to include their new family member in their regular activities, including family trips and outings, sporting events, and visiting friends and relatives, even errands and chores. This program will help improve your families understanding of another culture, another language and learn more about our own culture.

The goal of the exchange program is to give young people from both countries the chance to know each other on a person-to-person basis. They want to experience daily life in Clatsop County, Oregon, so no special trips or entertainment is needed. They look forward to doing family chores, learning new games, shopping, trying new foods and sharing their life with your family.
EXCHANGE PROGRAM (continued)

Living with an exchange student will expose your family to a new way of communicating, such as using the phrase books provided, charades, drawing and "speaking through the heart". Host families come in all shapes and sizes and represent the diversity of the American culture, including varied economic, religious and racial backgrounds. Host families must have a child who is the same sex and close to the same age as the exchange youth and the hosting youth must be interested in sharing their lives and culture with the exchange youth; be welcoming; treat them as a family member, not as a guest, (same chores, rules, privileges, etc.)

Costs are minimal but you should expect to have some extra costs, students have their own medical insurance and bring their own spending money for souvenirs and personal purchases. Host families provide room and board (they share a room with their host brother or host sister); provide a safe and loving home environment; and be willing to give communication, encouragement and advice as needed.

The program is open to all families living in Clatsop County with children in the twelve through eighteen age range. Families DO NOT have to be involved in 4-H to host, just a willingness to share your world while at the same time learn about Japanese or Costa Rican life.

Host families have continued local support (before, during and after the homestay) from County Coordinators, Extension Staff, along with State and International Staff and Adult Chaperones are available throughout the month long exchange.

**While the home-stay experience only lasts a month, the effects can last a lifetime for you and your family.**

**Application Process:** For a Host Family Application, please call the Extension Office or a county coordinator. **Applications for Costa Rica must be received NO LATER THAN February 15, 2010.** For Japan **Applications will be taken until May 1, 2010.** The County Coordinator will arrange an in home visit and interview to discuss host family interests and expectations and program requirements.

**Additional Information:** Our final deadlines for placing students is important and we would like to have all students placed by the deadlines so that the host families and the delegates have time to prepare and get to know each other before arriving.

Please call the Clatsop County Extension Office, at 503 325-8573, County Coordinator, Melissa Padgett at 503 325-9011 or email wpadgett@pacifier.com, or Assistant County Coordinator, Electa Mathre at 503-325-0698, for more information.

Complete details are on the 4-H website at: [http://oregon.4h.oregonstate.edu/node](http://oregon.4h.oregonstate.edu/node). The web site is up and ready to use. You just need to go to the first page of the Oregon 4-H web site and click on "Things to Do", then click on "Travel Abroad/International Exchanges".
Spring Into Arts

March 13
9:00 AM - 2:00 PM
4-H Club House
Open to youth in Grades 4-12
RSVP (503) 325-8573

* Paper Making  * Make a Lucet Tool and Jewelry Cording
* make your own lunch  * and more……

To the family of: