3 steps to "Showing and Telling"

1. **Introduction**
   Tell what you’re going to do
   Tell why you chose your topic

2. **Body**
   Tell about and show how to make or do something step-by-step

3. **Conclusion**
   Give a short summary
   Ask if anybody has a question

**Be sure:**
- Everyone can see and hear you
- To explain each step
- To tell how to do each step
- To tell why you do each step

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**CHECK YOURSELF**

1. Were you neat, clean, and dressed for the job?
2. Did you speak clearly?
3. Did you stand up straight?
4. Did your introduction interest the audience?
5. Did you use your equipment easily?
6. Was your equipment well chosen?
7. If you used charts, were they neat? Easy to read?
8. Did your audience understand what you did?
9. Did you know your facts? Don’t be afraid to say, “I don’t know” if you can’t answer a question.
10. Was everyone able to see?
11. Did you have fun?

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*All classes are now state qualifying for Intermediates and Seniors*

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**Clip and return by Tuesday, March 2, 2010 to:** Clatsop County Extension Office, 2001 Marine Drive, Room 210, Astoria, OR 97103

_______ Individual _______ Team Presentation

Name of Presenter ___________________________ phone __________________

Name of Presenter (team only) ___________________________ phone __________________

DIVISION: ___ K-3 ___ Junior (grades 4-6) ___ Intermediate (grades 7-9) ___ Senior (grades 10-12)

Title of Presentation ___________________________

Subject-area of presentation ________________________________________________

Type of Presentation ___ demonstration ___ illustrated talk ___ public speech ___ impromptu

Check items needed: ___ table ___ easel ___ slide projector ___ screen ___ computer/power point

other equipment_________________________________________________________

Are you using a live animal? ________________ If so, what kind of animal ________________

Indicate time conflicts you have on March 9 between 4:30-9:00 PM ___________________________

See back for rules
General rules for all contests:

1. A 4-H member may enter one individual and one team presentation. Only one presentation can qualify for State Fair.
2. A team consists of two members (ie. Jr., Int., or Sr. Division). If from different divisions, they will be judged at the higher division level.
3. Topic of presentation may be anything the member wants to share with others.
4. K-3 youth can present alone or with the guidance of an older youth. The older youth would be a helper and confidence builder rather than a presenter.
5. The use of notes is permitted. However, the excessive use of notes may be counted against the contestant at the judge’s discretion.
6. 4-H members must furnish all supplies and equipment required except those we’ve listed on the registration form.
7. Premiums will be awarded after county fair.
8. State Fair selections, champions, and special awards will be based on the spring contest results.
9. Contestants should cite their major references at the conclusion of their presentation.

4-H presentations will include:

DEMONSTRATION...Shows how something is done (Action)
   K-3 (5 min or less)  Juniors (3 – 10 minutes)  Intermediates/Seniors (10-20 minutes)

ILLUSTRATED TALK...Share info using visual aids (Posters, PowerPoint, etc)
   K-3 (5 min. or less)  Juniors (3 – 10 minutes)  Intermediates/Seniors (10-20 minutes)

PUBLIC SPEECH...A public speech can be informative or persuasive. No visual aids may be used
   K-3 (1 - 5 minutes)  Juniors (3 – 8 minutes)  Intermediates/Seniors (7 - 10 minutes)

IMPROPTU SPEECH...The presenter must compose and deliver a speech with no prior preparation. No visual aids may be used.
   K-3 (1 - 3 minutes)  Juniors (1 – 3 minutes)  Intermediates/Seniors (3 - 5 minutes)
   Draw a topic 5 minutes to prepare  Give your speech