Columbia Columns
Oregon State University
Extension Service
Columbia County

4-H Newsletter
Columbia County Extension Service – 505 N. Columbia River Hwy - St. Helens, Oregon 97051
Phone: 503-397-3462 – Fax: 503-397-3467 – Email: woody.davis@oregonstate.edu
Website: http://extension.oregonstate.edu/columbia
Office Hours: Monday – Friday, 8 a.m. to 5 p.m. Office closed on Fridays from Noon to 1 p.m.

Table of Contents:
Food, Fun, Finance! 2 (Upcoming workshops, Foods Contests, Spring Contest Day)
4-H News …….. 2 (County Scholarships, Teen Retreat, Record Book help for you!
County Fairs, Why?)
Animal News …….. 5 (Fair Entry Rules, Market Animal Info, Fairbook Reservation Form)
Horses News …….. 6 (Columbia Classic Results)
Auction News …….. 7 (Auction Committee Information)
Announcements …….. 7 (New Fair Logo, Summer Camp Staff Help Form)

Calendar of Events:

March:
___11, Thursday .......... New Leaders Training, 6:00 – 9:30 p.m. OSU Extension office (tentative)
___14, Sunday .......... Daylight Saving Time Change!! Spring Forward!
___28-30, Sunday .......... Youth Action 2010 (Know Your State Government), University Place, Portland
___30, Tuesday .......... Teen Retreat Registration Due
___31, Wednesday .......... Food Preservation Workshop, 6:00 – 7:30 pm, OSU Extension office

April:
___1, Thursday .......... ENROLLMENT DEADLINE for 2009-10 Year Due
___1, Thursday .......... Durrant, Memorial, and Investment Scholarship, Applications Due
___1, Thursday .......... Horse Project/Lease & Borrow copies for 2009-10 Year Due
___1, Thursday .......... New Leaders Training, 6:00 – 10:00 p.m. OSU Extension office (Last training)
___3, Saturday .......... Megga Easter Egg Hunt, 10:00 – 1:00 p.m., C. C. Events Complex and Fairgrounds
___5, Monday .......... Ambassadors Mtg., 6:15 p.m.; Leaders Association Mtg., 7:30 p.m. OSU Extension Office
___6, Tuesday .......... Horse Make-up Exam, 4:00 – 6:00 p.m., OSU Extension office
___7, Wednesday .......... 4-H Family Finance Workshop 1, 6:30 – 8:30 p.m., OSU Extension Office (3 more to follow)
___9 to 11, Thursday .......... Teen Retreat, Camp Kiwanilong, Warrenton, Oregon
___14, Wednesday .......... 4-H Family Finance Workshop 2, 6:30 – 8:30 p.m., OSU Extension Office
___15, Thursday .......... Camp Counselor Applications Due, 5:00 p.m., OSU Extension office
___20, Tuesday .......... Horse Leaders Meeting, OSU Extension Office
___21, Wednesday .......... 4-H Family Finance Workshop 3, 6:30 – 8:30 p.m., OSU Extension Office
___23 to 25, Thursday .......... State Spring Horse Classic, Deschutes County, Oregon
___27, Tuesday .......... Camp Counselor Interviews, OSU Extension office
___28, Wednesday .......... 4-H Family Finance Workshop 4, 6:30 – 8:30 p.m., OSU Extension Office
___29, Thursday .......... Camp Counselor Interviews, Rainier (TBA)
Food, Fun, & Finance!

By Jenny Rudolph, Extension Educator
Family and Community Health & 4-H

Food Preservation Workshop

March 31st from 6:00 to 7:30 PM at the Extension office. Come join us for a review of food preservation and canning instructions for safety. This free workshop is great for both new and experienced home canners! Bring your pressure canner lid/gauge for testing. Please RSVP by March 29th.

Family Finance Workshop Series

All 4-H families are invited to attend a four part series of financial workshops. Guest speakers from local financial services will present on Family Budgeting, Understanding and Protecting your Credit, Saving for Family Goals, and Planning for Retirement. April 7th, April 14th, April 21st, and April 28th - here at the OSU Extension office from 6:30 to 8:30 pm. Please call for more information and to register.

Spring Contest Day, May 22nd!

The first of the county fair activities is on May 22nd for Intermediates and Seniors to prepare and show-off Mini-Meals and Food Preparation techniques at the St. Helens High School from 9 a.m. to 2 p.m. Both of these Food and Nutrition classes can be part of the state fair competition and also to qualify for the other new state foods competitions. Remember to pre-register and get your time scheduled! Note: (Junior Favorite Foods, Junior Sandwich Contest, Presentations for Junior, Intermediate and Seniors will be given at County Fair.)

New Foods Competitions at State Fair!

4 for 6, 8 or 10 Challenge - Participants will prepare and serve a nutritious meal for four that costs under $6 (breakfast), $8 (lunch), or $10 (dinner).
Quick Fix Meals – Participants will prepare a nutritious meal in a short amount of time using creativity, efficiency and cooking skills to create a meal for 2 people in less than 30 minutes.
4-H Iron Chef Competition - A returning opportunity for members to show their food preparation skills and creativity by working as a team of 2 to 3 members in a State Fair competition. Members will prepare at least two dishes that incorporate a mystery ingredient provided at the contest.

All three competitions are for intermediate or senior members who have participated in Spring Contest foods classes.

4-H News to Use

Register Now!! for Teen Retreat!

April 9 - 11th, 2010
Registration Due: March 30th!
Registration form here in the newsletter, also at the OSU Extension Office and http://extension.oregonstate.edu/columbia/4-H/documents/2010EnrollmentForm-TeenRetreat.pdf

Working on your Records

What is LEADERSHIP? You have a blank page to fill up in your Permanent Record, where do you start?
The place to begin your Leadership is in your club meetings. But what is Leadership? Leadership is anything you organize, teach, lead, etc.
✓ For the Junior member Leadership can be: Leading the 4-H Pledge, planning the snack for the club meeting, arranging rides for the trip to the farm, chairman of the phone call reminders, etc.
For the Intermediate and Senior member Leadership can be: Arranging the entire 4-H meeting (including special speaker, learning activities, etc.), Junior Leader of Safety Project within your club, planning tour of McDonalds, etc.

Please be specific when you describe your Leadership duties. The more information you give on the specific things you did, the better we can see your contribution to the project. Include the number of people in your club that experienced your Leadership, the number of hours you put into planning, etc. If the project was a group effort, be very specific on the part you were “in charge of.”

How do you "achieve" Leadership? Talk to your parents and leaders. Volunteer to "take charge" of a part of the club meeting, arrange a field trip, teach other club members about something you have learned, etc. Sometimes it is hard for younger 4-H members to find Leadership opportunities, but look at small things you can contribute to your club. Older 4-H members can experience Leadership while teaching younger members how to achieve Leadership skills, allowing them to contribute to the overall goal.

The most important part of recording Leadership is the way it is presented in your 4-H Records. The use of words that indicate Leadership is essential. "Helped" is not a Leadership word, "organized, co-chaired, tutored, taught, led, etc." are words that indicate a different level of participation. Leadership is not limited to 4-H activities. Include Leadership at school, in your community, at church, in sports or school clubs, and at home. Included with your Record Guidelines should be a copy of a word list with words that indicate Leadership. If you do not have this, please go to the 4-H office and get it, or visit the web at http://extension.oregonstate.edu/columbia

REMEMBER: 4-H Records are due into the Extension office by May 3rd, it must be in before 5 p.m.
--Marianne Velliquette

Spring Record Books: Due May 3rd

The deadline for Spring Records Books is Monday, May 3rd by 5 p.m. at the OSU Extension office. If you have members working on Spring Records, please make sure they are aware of the deadline. Remember that all Senior Records (10-12 graders) can be in the state resume or the county record format. If you have questions, you are encouraged to contact the OSU Extension office.

### Last REMINDER! County 4-H Scholarships

This money will only cost you some time! There are county-only scholarships that 4-H members may apply for. Three are designed to enhance a member's ability to continue their education at the post-secondary level. The other is to allow a member to attend OSU Summer Conference at a reduced cost.

**High school seniors:**

- **“William E. Durrant”** - a $500 scholarship. The completed scholarship packet is due into the Extension office by April 1, 5 p.m. The packet will include an application form, one page narrative, letters of recommendation; you will need to provide your school transcript and your completed/current 4-H Record book. Call the Extension office for this packet or go to [http://extension.oregonstate.edu/columbia/4h-forms-and-links](http://extension.oregonstate.edu/columbia/4h-forms-and-links)

- **“4-H Leaders Memorial Scholarship”** - $500. The completed packet is due into the Extension office April 1, 5 p.m. The packet requires information on your 4-H projects, goals achieved in 4-H, 4-H experiences, growth through the 4-H program, how 4-H has directed your future, your qualifications for the scholarship and where the scholarship will be used. Call the Extension office for this packet or go to [http://extension.oregonstate.edu/columbia/4h-forms-and-links](http://extension.oregonstate.edu/columbia/4h-forms-and-links)

- **Finance & Investment Scholarship** - a $5,000 award to pursue a degree in the School of Business or in the field of Agricultural Resource Economics at Oregon State University. Applications are due by April 1st. All county scholarship applications/requirements are found at: [http://extension.oregonstate.edu/columbia/4h-forms-and-links](http://extension.oregonstate.edu/columbia/4h-forms-and-links) or at the Extension office.

**7-12th grade 4-Hpers: (Summer Conference Scholarship)**

- **“Fluhrer Endowment”** - a full or partial scholarship to OSU Summer Conference. The application form and the requested information are due in the Extension office May 1, 5 p.m. This form will have you explain your desire to attend, what you hope to learn and how you plan to use the information you gain during the program. The form is in the Extension office. [http://extension.oregonstate.edu/columbia/4h-forms-and-links](http://extension.oregonstate.edu/columbia/4h-forms-and-links)
ON THE EDGE OF COMMON SENSE

by Baxter Black, DVM

COUNTY FAIRS, WHY?

“Most people just don’t get it,” said Ron, bemoaning the urban politicians that continue to whittle away at funding for county fairs and the ag extension service. “It’s all about the kids learning real life.”

To their misfortune, urban children have much less opportunity to connect with real life. They look at some farm kid working on his show steer every day for months. It is beyond their comprehension. “Why”, they think, ‘Would anyone want to waste their time in such a mindless pursuit?’ and then they whip out their Game Boy and fall into a trance.

Thank goodness there are some politicians, corporations and influential associations that DO get it. As farmers and livestock raisers continue to decline in numbers, it is even more critical that parents, county agents, ag teachers, 4H leaders, scientists and teachers instill in the next generations the realities of life that farming depends on. Does America want to become a net importer of food in fifty years?

I appreciate Mrs. Obama’s garden, Whole Foods specialty markets, organic and natural producers. They have a niche market. But who is going to feed the other 99% of our burgeoning population, much less a hungry third world?

Those kids, our kids who are fitting steers, doing chores, picking apples, showing hogs, driving the grain truck, learning to weld, riding pens, irrigating strawberries, managing a pasture, hosing the milk room, stacking hay and learning to read the sky are assimilating the mountain of knowledge that it takes to make dirt and rain into food.

Farm kids start learning the land and the livestock when they are old enough to carry a bucket. When they help with the daily chores they are practicing. It’s like taking piano lessons or tennis lessons except what farm kids learn has a much more profound objective; feeding us all.

Our culture expends a great deal of effort on future NBA stars, astronauts, environmental lawyers, doctors, and political science majors. But for every 100 rock stars, Rhoads scholars and Heisman trophy winners our country produces, we better make sure we spend enough to train at least two future farmers, so the rest of them can eat. That is the essence of the county fair.

Beneath all the fun, auctions, and show ribbons, the serious business of learning how to make a living off the land continues like an underground river.

The list of ‘essential professions’ is a short one. That’s the reality of real life. Farm kids hold our future in their hands. They are in training to feed the world. And fair board members and county agents get it.
**4-H Fair Entry Policy: Registration Forms deadline June 1st**

Just a reminder for all of us, concerning how many animals, what classes you need to compete in, and what is allowed on the 4-H Fair Entry Form.

**Animal Science 4-H Rules state that:**

- “4-H members will be limited to a maximum combined 9 rabbits/cavies and combined 9 poultry/bird/waterfowl entries and a maximum of 6 in any one species.” (Animal Science, General Rules #16). Example: you could have 6 rabbits and 3 cavy (equals 9 total), but not 7 rabbits and 2 cavy. That would be 1 rabbit more than the 6 in any species allowed.

- “4-H members will be limited to a combined maximum total of 6 entries in dairy, dairy goat, pygmy goat, meat goat, beef, sheep and swine.” (Animal Science, General Rules #17).
  - Example: So you could have 1 dairy, 1 beef, and 4 sheep, but not 2 dairy, 1 beef, and 4 sheep, as that would put you over the 6 total entries. These include the Market Animals.
  - Market animals cannot be shown in a breed class as well as the market class.
  - Special classes are to be made up of animals already in Market, and Breed classes.
  - Keep your eye on the County Only classes marked with an asterisk * in the fair book, they are not state eligible.

- **Showmanship is required:** This is so important, because if you don’t show up for the Showmanship classes, you will be eliminatee from all other classes in that species, including Market classes.
  - What showmanship classes do you need to compete in? Any project; horse, beef, rabbit, etc. Pick one of your animals and compete in showmanship for that species.

**Auction Committee rules state:**

“Each sale participant will be allowed to sell a total of two auction animals. Any combination, with the exception that only one steer may be auctioned. For rabbits and poultry, one pen of 3 fryers will be accepted as one animal. Each participant will only be allowed to weigh in twice the amount of animals they are eligible to auction.”

**Application of the Policies:**

If you have "weighed-in and tagged" and/or raised more than 6 large animals and 9 each of rabbits/poultry, you have decisions to make. As you begin filling out your 4-H Fair Entry form you will need to decide how best to register from the animals you have been raising. The 4-H office will only track the 6 total for large livestock and 9 total each for rabbits/poultry. The decision of which animals are up to you, your parents and 4-H leader. You also need to remember that the 6 or 9 is a total of market and breeding animals, not just those you weighed-in and tagged with the auction committee.

(2010 Fairbooks will be ready by May 1st: Requests are due April 15th)
Market Animal Health Record And COOL Affidavits Required  
(one per animal)

For those who have already enrolled or re-enrolled for the year in a Market Animal Project, you have already seen the Market Animal Health Record sheet. There is one for each species: Market Goat, Market Lamb, Market Beef and Market Swine. These forms are required at Fair Time. The purpose is to help assure that meat being sold through Junior Livestock Auctions are clean and that if there is a problem it can be tracked. This is part of the Quality Assurance program and is very important that every youth/parent and club leader works to help maintain the integrity of the meat in the auction. With the current situation with BSE, we have an obligation to do all we can to add to the value of the quality of meat the program produces and sells at fair, please do your part. Choosing not to be honest about these records, will only hurt you and the other members in the market project classes and the Junior Auction.

There is an example on the back of every form to assist you in filling them out. You will need one for every animal. If you are feeding three pigs and two steers, you will need five forms and will need to keep them current for each animal. The forms will be collected at the time you weigh in at County Fair.

Also this year is the COOL Affidavits that are now required for both County and State Fair. We have sent copies to your leaders, and they are online on our website: http://extension.oregonstate.edu/columbia. This is a federal requirement for all Market Animals, and the complete federal rule description is also on our website and is rule #28 in your fair book for 2010.

2010 4-H Fairbook Request Form
(Please return by April 15th to request a printed book: 2 max. per family only, will be ready for pick-up by May 1st )

Name: ________________________________

Book: ________  CD: __________

Address: _______________________________________________________________

City: _________________________________, State: ______________ Zip: ________________

Phone number: _________________________________

Email: ___________________________________________

(The 4-H fair book and individual sections will also be on the web:
http://extension.oregonstate.edu/columbia for downloading and printing at home)

Horses, Hoofs, and Hay

And the winners for the Columbia County Horse Classic are....!

The annual Columbia County Horse Classic went well. A special thank you to the committee: June Brady, Teri McGettigan, Marci Sleightam, and Also, thanks to the endless parents and leaders that volunteered the day of the event!

State Spring Horse Classic Teams:

Intermediate Teams:

Hippology: MacKenzie Gates  Patricia Brady  Rachel Frahm  Jenna Friant

Horse Judging: Kimberly Cook  MacKenzie Gates  Savannah Dreyer  Samantha Duyck

Horse Bowl: Natalee Cook  Desiree Stover  Kimberly Cook  Savannah Dreyer

Presentations: Savannah Dreyer  Kaylene Songer  Patricia Brady

Team Presentation: Savannah Dreyer  Kaylene Songer  Patricia Brady
Senior Teams:

**Hippology**
- Sarina Cook
- Nicole Coleman
- Crystal-Ann Carreon
- Rose Brady

**Horse Judging**
- Nicole Coleman
- Sarina Cook
- Crystal-Ann Carreon
- Rose Brady

**Presentations**
- Crystal-Ann Carreon

Juniors Medallion Winners:

**Hippology**
- Kaylie Kopra
- Kylie MacLachlan
- Olivia McKay

**Horse Judging**
- Kaylie Kopra
- Kylie MacLachlan
- Azaya Holmes

**Horse Bowl**
- Kaylie Kopra
- Madison Dreyer
- Baylee Crawford
- Hailey Helton
- Allison Hisey

Intermediate Medallion Winners:

**Hippology**
- MacKenzie Gates
- Patricia Brady
- Jenna Friant
- Natalee Cook

**Horse Judging**
- Kimberly Cook
- MacKenzie Gates
- Samantha Duyck
- Patricia Brady

**Horse Bowl**
- Natalee Cook
- Desiree Stover
- Kimberly Cook
- Savannah Dreyer
- Rachel Frahm

Senior Medallion Winners:

**Hippology**
- Sarina Cook
- Nicole Coleman
- Crystal-Ann Carreon
- Rose Brady
- Erin King

**Horse Judging**
- Nicole Coleman
- Sarina Cook
- Crystal-Ann Carreon
- Rose Brady
- Kaylee Smith

**Horse Bowl**
- Teri McGettigan
- Crystal-Ann Carreon
- Rose Brady
- Erin King

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**Auction News**

**REMINDER: You**th Livestock Auction 2010 Updates:

* **Auction Swine Rate of Gain CHANGE:** Reduce the ROG to 1.5 from 1.75. The minimum weight will not change.

* **Who to Contact on the Auction Committee?**
  - David Elkins, Chair/President 503) 308-2932
  - Dale Savage Co-Chair 503) 367-4815
  - Tavia Haas, Treasurer 503) 728-3658
  - Jenny Erhardt, Secretary 503) 260-5450
  - CCFF Youth Livestock Auction [auctioncommittee@gmail.com]

* **NEW for 2010!** Registration Needed!! Pre-registration begins February 1, 2010. Please try to get your information in as soon as possible. Mail, email, or call, whichever is most convenient. Registration will also be accepted at weigh-ins. Our goal is to have accurate names, and clubs information updated. Registration forms were in the February newsletter.

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**Announcements**

**NEW 2010 County Fair Logo!**
Woody Davis, Extension Faculty, 4-H Youth Development Professional

Member Opportunities

4-H Summer Camp Staff Help-Self Nomination: 8th Grader’s have preference
(Due April 15, 2010)

Name: ___________________________ Address: ___________________________

Phone #: ___________________________ Grade as of June 1st, 2010: ______________

Camp Staff must be at Summer Camp Saturday, June 19 through Thursday June 24th, 2010.