Columbia County
4-H Record Book Guidelines

A booklet to help you complete your 4-H permanent record.

This booklet has been put together by the Columbia County Records Committee. We tried to put together a guideline that would best suit all of the 4-H members in Columbia County.

When putting your records together, please go by these guidelines.

Each year you write the fun times, the hard times, the crying and laughing times, the frustration and successes to paint a verbal picture of your 4-H year.

As you keep your records you will be developing personal skills in financial management, recording useful information and memories, and evaluating your experiences and personal growth. This will give you a tool to share your experience with others and will also help for the next year.

You may also find that your organized records will help you to be selected to participate in activities such as camp, exchanges and other exciting opportunities.

As you continue your career in high school the 4-H information you record in your record book will help you to fill out an application for work or college. Perhaps you may apply for a special trip or award where the application calls for the information from your 4-H record book. Record keeping is also a good beginning to the task of preparing income tax forms.

Your records show your growth through the years. It lists how you have helped others, what you have been able to teach and share as well as what you have learned. It shows profit and loss and goals set and accomplished. It is a reflection of YOU . . . and it brings back warm feelings and plenty of MEMORIES.

REVISION 8—10/05
TABLE OF CONTENTS:

- Your Permanent and Project Records .......................................................... Page 1
- Project Records ............................................................................................... "
- Advancement Program ..................................................................................... "

- 4-H Notes ......................................................................................................... Page 2

- Photographs/Newspaper Clippings ................................................................. Page 3
- Assembling Your Record Book (Juniors and Intermediates) .......................... "

- Senior Member Record Book ......................................................................... Page 4

- Record Books:
  - Spring Records .......................................................................................... Page 6
  - Fall Records ................................................................................................. "
  - Summer Camp Scholarships ....................................................................... Page 7
  - OSU Summer Conference Scholarships ......................................................... "
  - County Medals .......................................................................................... "
  - County Ambassador .................................................................................. Page 8
  - Oregon 4-H Ambassador & National 4-H Congress ..................................... "
  - College Scholarships ................................................................................ "

- Examples:
  - My 4-H Permanent Record ......................................................................... Page 8
  - Project Size .................................................................................................. Page 9
  - Projects Completed ..................................................................................... "
  - Goals ............................................................................................................. Page 10
  - Participation in 4-H Activities .................................................................... "
  - Communication .......................................................................................... Page 11
  - Community Service, Citizenship and Community Pride ............................ Page 12
  - Leadership .................................................................................................. "

- 4-H Record Book Contest Application for Awards:
  - Fall Records ............................................................................................... Page 13
  - Ambassador Application ............................................................................. Page 14
Permanent Records

Each county has their own ideas on how they want your records to look. In Columbia County, we want to see each member have their records done in their own handwriting, in pencil (except 4-H notes). We like to see the 4-H members growth in their records and by having the records done in their own handwriting, we know the child is doing their own record book. This whole program is set up to teach you record keeping (including how much your project is costing you. This will also make it easier to make changes as your records are critiqued.

**Juniors, Intermediates & Seniors**: No computer or typewriting (except notes), No pens at county level. **Seniors** who choose to use the Oregon State resume form must use a computer or typewriter.

Fill in as much information as you can on each page, but sometimes there may be places where you have not done anything for the year. Remember if you have not done anything (for example—in Leadership) and have nothing to put down you do **not** get a score for that particular section. Each year work hard on developing your leadership skills, give back to your community by doing community service projects, set your goals and stay very involved in the 4-H program by participating in as many 4-H activities and events as you possibly can.

The Records Committee developed a new permanent record in 2002. All 4-H members will be required to use these new record forms beginning October of the 2002-2003 4-H year. Records are available at the OSU Extension office.

**Project Records**

Project records for projects in which you are enrolled should be new each year. Do not leave past records in your record book. Advancement records and production records may be included, this will show every thing you plan to do, did, and learned in each project. List expenses and income (even if it is a family purchase), including premiums, for each project on it's own record.

**Advancement Program**

Be sure to include your Advancement program if your project has one. If not, include your project workbook (if applicable).

Advancements are available for most projects, they need to be worked on each year and signed off by your leader. Advancements are terrific learning tools for both 4-H members and leaders, if you do not have an advancement book, ask your leader to check at the OSU Extension Office.

**Suggestion** - you may want to keep a calendar with all the important costs, happenings, and activities.
4-H Notes

4-H notes are about the things that occurred during the year that you want to remember. They may be handwritten, typed or done on a computer. Some suggestions:

♦ Introduce yourself,
♦ Write as the year progresses,
♦ Tell about your 4-H projects and activities. What have you learned? Why did you choose them? How have your projects grown in size and scope? What did you try, did you find it successful or unsuccessful? What were your financial profits, losses, and savings? Did you meet any interesting people? Did you have an embarrassing moment? Did you have an interesting experience?
♦ Explain how 4-H has helped you become a better leader and citizen. What have you learned from working with other 4-H'ers? Describe your community service experiences or contributions. How are you different? What have you learned about yourself?
♦ Tell about your plans for the future or next year that are connected with your 4-H work.
♦ In some situations you may want to write a story. The 4-H notes will provide you the information to write the story.
♦ Notes can be 4 pages or under (not over). Notes (if typed) need to be double spaced, 12 font, a maximum of 4 pages with 1 inch margins.

The following are words that can be used to make your entries more active, interesting, and descriptive.

*Administered  *directed  *junior leader  ran/walked
Answered distributed *led swam/jumped
Attended donated *leader read to
Baby sat *emcecd listened to recorded
Baked/cooked entered member of service reported
Bought entertained organization resource person
Built fed/watered mowed sales/sold
Campaigned fitted animals *organized served
*Captain fixed painted sheared
*1st Chaired furnished performed spoke
*Chaired gather *supervised
Cleaned gave photographed supplied
Clerked *guided planed/landscaped *taught
*Co-organized host/exchange *planned *teen leader
*Coached student played for/sang *teen staff
Collected host/hostess prepared took
Contributed *in charge of *president *tutored
*Counseled informed presented video taped
Delivered inoculated printed washed cars
*Demonstrated *instructed provided wrote thank you
*Designed *judged raised letters

*These words indicate leadership.
Photographs/Newspaper Clippings

You may include newspaper clippings (only if they pertain to you or your project) and photographs as part of your 4-H Records. Color copy, scanning, and cropping is acceptable and encouraged.

Neatly attach clippings and photos with rubber cement to an 8½x11 piece of paper with captions underneath the picture briefly explaining them.

Besides the pictures of your project it would be nice to have pictures of you giving your presentation and some of the "fun" things you do each year (3 pages or less). Action photos are better than “still shots.”

Date & label pictures --not to exceed 3 pages (that's front side only of 3 pages). As a suggestion, so there is no chance of losing these important memories, you can use colored copies. Please identify and date your clipping and photos.

Do not include:

♦ Registration or pedigree papers
♦ Fair ribbons or other scrapbook items

Do not use:

♦ Plastic covers on record sheets (photos & Advancement certificates may be in plastic covers)
♦ A 3-Ring binder

Ribbons are not the only things you do! Don't make your records reflect "I WON! I WON!"

Assembling Your County Record Book – Junior, Intermediate & Senior Members

Binders: Use a flat "4-H Folder" or the green "4-H Member's Record Folder." Be sure they are well secured, please don't use string or yarn, brads are more secure. Put your name on the front. These binders/folders are available at the OSU Extension office.

Divide Projects with Tab pages: This makes it easier to find information. The following tabs/labels should be used: Permanent Records, Project(s) (such as Horse, Beef, Foods, Photography, Vet Science, etc.), Advancement, 4-H Story/Notes, Pictures.

Application Form: (fall only) Inside the front cover of your record book attach an "Application Form" (please punch holes and put the form inside your record book).

Assemble in this order: Use Pencil only!

1. Recognition Certificate (after 1st time judged- in the fall the Records Committee will put these in): This will have your medallion seal attached for each year you submitted your records. You will keep this certificate throughout your 4-H career.

   Divider Tab

2. Permanent Record: In the fall of 2002 we will be issuing new Permanent Records. Put these NEW records in FRONT of the OLD Permanent Record and continue on. We will no
longer be judging the old Permanent Records so make sure you have the new ones. Also be
SURE you leave the old Permanent Record behind the new one so we can look back and see
your growth throughout the years. Use additional sheets if necessary. Records are to be up-
to-date and are to include all activities you have participated in up-to-the-date of turning in
your records. Do not total out your records until September 30!

3. Teen Leader (if applicable)

4. Junior Leader (if applicable)

5. Project Records: Should include only the current year’s information. In May, your records
will be “current” year; in October, your records will have just closed. If applicable: include
your animal lease/borrow agreement. Use a divider tab for each project. (Example: divider
tab; dog project record, advancement book, then advancement certificate; divider tab;
clothing project records, clothing advancement book and certificate; etc.) If your project
does not have an advancement book put the project workbook behind your project record.
Photography members (only) are allowed up to 10 additional pages of photographs (half of
these photos should tell us what you think is good about the picture and the other half what
you think needs to be improved.) These 10 pages are in addition to the 3 pages that follow
your notes and include things you have done throughout the year. The photography picture
can not be copies. Photography pictures are to be included behind the divider with the
photography records. Identify, label and date all photos.

6. 4-H Notes

Photos and Clippings:

WORK HARD ON YOUR RECORDS AND TURN THEM IN!

Senior Member State Resume (optional)
To allow Senior 4-H members (10, 11, and 12 grader) the experience of writing and updating a
resume for use in State 4-H Records, job seeking, scholarship applications, and college applications,
may use the Oregon 4-H State Record Resume. This will be the format their 4-H records should be
presented in when entering either spring or fall records judging. In addition, records in this format
will be ready to turn in for scholarships, and Ambassadorships at the state level.

Binders: Use a stiff 8-1/2 x 11 inch binder with a standard (Acco) prong-type fastener with slides.
Do not use a three-ring binder or a binder with round head paper features. On front of the cover, in
upper right hand corner, put your name and county. Do not put any other information on the cover.

Divide with Tab pages: This makes it easier to find information. The following tabs/labels should
be used: Oregon State Resume, 4-H Story, 4-H Summary, Project, 4-H Pictures.

Application Form: (fall only) Inside the front cover of your record book, attach an "Application
Form" (please punch holes and put the form inside your record book).

Record Book Assembly:

1. Oregon 4-H State Resume Submission Form (personal information page). Be sure this
form is complete and accurate, including all required signatures.
2. **Part 1: 4-H Notes** (six pages are allowed, follow state guidelines for spacing, type size, etc.)
   include all 4-H years.
   Divider Tab

3. **Part 2: 4-H Summary** Five pages of information (follow the state guidelines for spacing, type size, etc.)
   This is the summary of your 4-H goals and your experience in communication, leadership, citizenship and 4-H projects.
   The senior packets with more information can be picked up at the OSU Extension office.
   Divider Tab

4. **Part 3: Project/Activity Pictures** (follow state guidelines. 3 pages max, one side only).
   Divider Tab

5. **New 4-H Permanent Record followed by Old 4-H Permanent Record** (as required by county)
   Divider Tab

6. **Project Records and Advancement Book and Certificates or Project Workbook** (as required by county)
   Divider Tab

**When sending your record book to State:**
- If applying for scholarships be sure to refer to the scholarship section of the Recognition Handbook for additional information needed in story.
- If you are applying for a scholarship please include information regarding colleges, majors, and SAT/ACT scores.
- Please attach a separate copy of your 4-H Summary and 4-H Story inside the front cover of your Resume booklet.

This format may be done on the computer or typed. Include tabs or index pages between different projects and sections. For a more detailed explanation, ask the OSU Extension Office for the Senior State Resume Booklet.
Record Books

Due Dates:

- May 1  For County Fair
- October 1  For Fall Awards
- February 1  For State Records

Records are to be judged in Spring and Fall for premiums and in October for fall awards and scholarships. Spring premiums are included with your premium checks from fair, and fall premiums are given when your books are returned.

The record book becomes the basis for recognizing a member's 4-H achievement. Medallions, Camp Scholarships, OSU Summer Conference Scholarships, County Medals, College Scholarships, Oregon 4-H Ambassador and trips to 4-H Congress are some of the awards. All these awards are based on information from the record books. When a 4-H member turns in a record book, he or she is opening the door to recognition, encouragement, and growth.

Junior members who have never kept records in 4-H, are eligible to be 1st year Juniors.

- Spring records are “current” and open
- Fall records will have just closed.

If you plan to compete with your records in the fall for medallions, County medals, Rate of Gain award, camp and OSU Summer Conference scholarships, you must turn your records in to the OSU Extension office on or before October 1st.

Spring Records

All 4-H members are encouraged to submit their records in Spring. The 4-H records are evaluated by a committee and accordingly will be awarded premiums. Records are not to be completed at this time (DO NOT TOTAL COLUMNS, please start your story and have a few pictures). This allows the records committee to evaluate and assist you.

Fall Records

Fall is when your records should be completed. Add your columns, finish your story and have 3 pages of pictures from the year just completed. Your project is complete when it has been exhibited for evaluation or critiqued at a 4-H event. INCOMPLETE RECORDS WILL NOT BE SCORED. (Incomplete records are records that do not have current years activities listed on each page of the Permanent record, or does not have the project record complete, or does not have a story).

The highest scores in each age division (grades 5th through 12th) will be awarded High Point Medallions. Remember you are submitting records from the year you are just finishing, so if you’re a new 4th grader you would not have records to submit in the fall. But, if you graduated from High School in the spring, you could submit your records.

Apply for County Ambassador (on a separate form), County medals and Rate of Gain Award at this time. Apply for Summer Camp and OSU Summer Conference Scholarships (for next year) at this time.
**Summer Camp Scholarships**

For all County youth who just completed grades 5th and 6th (when applying), they will use this scholarship in the upcoming year (summer campers are in just completed grades of 4-7). The resident camping program takes place in the summer at Camp Kiwanilong. The rich tradition of love, outdoor learning, fun, and friendship prevails at the Summer Camp. Programs often include: Crafts, Archery, Nature Hikes, Camp First Aid, Skits, and Singing. Two camp scholarships will be awarded to 4-H members who apply with their records in October. Scholarship may be awarded only once.

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**OSU Summer Conference Scholarships**

For County 4-H youth in grades 7-12. This activity is held in June at the Oregon State University in Corvallis. Meet 4-H members from all over Oregon and learn from classes while you have fun. Two scholarships will be awarded to the high point eligible 4-H member (completing grades 7-11) who applies with their records in October. Scholarship may be only once.

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**County Medals**

Grades 7 through 12 (and previous years graduates) are eligible (grades 4 through 6 are not). An interview may be scheduled after the records are judged in the fall. You are not eligible for a County Medal if you did not exhibit your project and have it evaluated or critiqued at a 4-H event.

A 4-H member may not win the same medal more than once in an age group (Intermediate or Senior) - apply for as many medals as you wish, but you will be awarded only 1 medal per year if you qualify.

Following is a list of County Medals you may apply for (you must qualify to win these medals, if no one qualifies for a specific medal the medal will not be awarded). Some medals may not be available every year. If you feel you qualify, please apply.

<table>
<thead>
<tr>
<th>Achievement</th>
<th>Engineering</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agriculture</td>
<td>Environmental</td>
</tr>
<tr>
<td>Automotive</td>
<td>Stewardship</td>
</tr>
<tr>
<td>Beef</td>
<td>Entomology</td>
</tr>
<tr>
<td>Bread</td>
<td>Fashion Revue</td>
</tr>
<tr>
<td>Citizenship</td>
<td>Fitness Leadership</td>
</tr>
<tr>
<td>Clothing &amp; Textiles</td>
<td>Food Conservation,</td>
</tr>
<tr>
<td>Community</td>
<td>Preservation, &amp; Safety</td>
</tr>
<tr>
<td>Community Service</td>
<td>Food-Nutrition</td>
</tr>
<tr>
<td>Computer Technology</td>
<td>Forestry</td>
</tr>
<tr>
<td>Conservation of Natural Resources</td>
<td>Garden/Horticulture</td>
</tr>
<tr>
<td>Consumer Education</td>
<td>Goat</td>
</tr>
<tr>
<td>Dairy Foods</td>
<td>Health</td>
</tr>
<tr>
<td>Dairy Goat</td>
<td>Horse</td>
</tr>
<tr>
<td>Dairy Cattle</td>
<td>Home Management</td>
</tr>
<tr>
<td>Energy Management</td>
<td>Leadership</td>
</tr>
<tr>
<td></td>
<td>Market Animal: Beef,</td>
</tr>
<tr>
<td></td>
<td>Sheep &amp; Swine</td>
</tr>
<tr>
<td></td>
<td>Photography and Video</td>
</tr>
<tr>
<td></td>
<td>Plant &amp; Soil Sciences</td>
</tr>
<tr>
<td></td>
<td>Poultry</td>
</tr>
<tr>
<td></td>
<td>Public Speaking</td>
</tr>
<tr>
<td></td>
<td>Rabbit</td>
</tr>
<tr>
<td></td>
<td>Safety</td>
</tr>
<tr>
<td></td>
<td>Sheep</td>
</tr>
<tr>
<td></td>
<td>Shooting Sports</td>
</tr>
<tr>
<td></td>
<td>Swine</td>
</tr>
<tr>
<td></td>
<td>Veterinary Science</td>
</tr>
<tr>
<td></td>
<td>Wildlife &amp; Fisheries</td>
</tr>
<tr>
<td></td>
<td>Wood Science</td>
</tr>
</tbody>
</table>
County Ambassador
The County 4-H Ambassador program is for 4-H youth in grades 9-12. Youth must turn in an application by October 1st and be interviewed in order to qualify. Ambassadors provide an opportunity for older youth to expand skills in Leadership, Citizenship, Community Service, Record Keeping and publicize 4-H for Columbia County.

Oregon 4-H Ambassador & National 4-H Congress
The State 4-H Ambassadors program is now a part of the programming for older youth. As of 2001-02, the State 4-H Resume will not be required as an application to the State Ambassadors program. For application information as well as information on other older youth opportunities, please contact Lester Oehler, State Specialist for Older Youth Programs at 541-737-1311 or email at lester.oehler@oregonstate.edu.

College Scholarships
For County 4-H youth in grade 12 (some scholarships available for high school juniors and college students). Please inquire at the OSU Extension office. A number of local, state, and national college scholarships are available.

Following are Examples
Members with records older than 2003 should include both permanent record forms. The current forms should be in front of the “old forms”, for those members with 2 sets of permanent records. It will take most 4-H’ers many years to fell the pages of their new permanent records. Close your records at the end of the 4-H year (September 30) and not before.

This record will be your summary of 4-H work done in all projects for every year you are in 4-H. It will be useful to you to know how much you have accomplished. It could be of help when you are filling out other forms for 4-H, church, school and other youth programs. It will be fun, too, to look back several years from now to see what you did. It could also help provide information for awards.

<table>
<thead>
<tr>
<th>Year</th>
<th>Grade</th>
<th>Name of Club (Put Individual if you are not in a club)</th>
<th>No. in Club</th>
<th>Club Leader</th>
<th>Meetings</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td><strong>Busy Beaver Sewing Club</strong></td>
<td>6</td>
<td>Mrs. Smith</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Horse of Course 4-H Club</strong></td>
<td>10</td>
<td>Mr. Brown</td>
<td>18</td>
</tr>
</tbody>
</table>

MY 4-H PERMANENT RECORD  Page 1
**PROJECT SIZE**  Page 2

Put your project and the size of your project here: (Example: Sewing -- 1 apron, 1 blouse, 2 skirts, 1 set of curtains, Photography 120 color pictures, 26 black and white (even though you may have exhibited 10 of these pictures). Also put your teen and junior leaders project here and include the number of members assisted and the project you were a junior leader in.

<table>
<thead>
<tr>
<th>Year</th>
<th>Project</th>
<th>Project Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002-03</td>
<td>Clothing</td>
<td>1 Apron, 1 blouse, 1 set of curtains, 1 pincushion</td>
</tr>
<tr>
<td></td>
<td>Horse</td>
<td>1 Mare</td>
</tr>
<tr>
<td></td>
<td>Rabbits</td>
<td>3 does, 1 buck</td>
</tr>
<tr>
<td></td>
<td>Foods</td>
<td>6 batches of cookies, 4 salads, 2 casseroles, 1 recipe box</td>
</tr>
<tr>
<td></td>
<td>Junior Leader “Clothing Club”</td>
<td>EXAMPLE PROJECT SIZE Assisted 8 members</td>
</tr>
</tbody>
</table>

**4-H PROJECTS COMPLETED EXHIBITS SHOWN AND CONTESTS ENTERED**  Page 3

This page is for your projects that have been actually entered in a 4-H sponsored event, such as County Fair, Spring Contest Days, State Fair, Horse Judging and Horse Bowl, or Record Book Contest (Youth Fair and Small Animal Days go under 4-H Activities because they are educational only). Remember, just list the projects that you EXHIBITED or the CONTESTS that you entered on this page, not every picture you took or every dish you cooked, those go under Project Size.

Show the number of animals, the number of static exhibits or the number of contests that you entered at a 4-H sponsored event.

Use letters to show level: L=Local, C=County, R=Regional, S=State, N=National, I=International. Show placing B=Blue, R=Red, W=White.

<table>
<thead>
<tr>
<th>Year</th>
<th>Project</th>
<th>Size of project exhibited or type of contest</th>
<th>List number of exhibits or contest entered, level exhibited at and ribbon received</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002-03</td>
<td>Clothing</td>
<td>1 Apron</td>
<td>1CR</td>
</tr>
<tr>
<td></td>
<td>Fashion Review</td>
<td></td>
<td>I1C, 1B</td>
</tr>
<tr>
<td></td>
<td>Horse</td>
<td>1 Mare (Western &amp; Gaming)</td>
<td>I1C, 3B, 3R, 1W</td>
</tr>
<tr>
<td></td>
<td>Horse Judging</td>
<td></td>
<td>I1C, 1B; 1R, 1S, 1B</td>
</tr>
<tr>
<td></td>
<td>Rabbits</td>
<td>2 does, 1 buck</td>
<td>I1C, 3B, 1R</td>
</tr>
<tr>
<td></td>
<td>Foods</td>
<td>2 batches of cookies</td>
<td>I1C, 2B</td>
</tr>
<tr>
<td></td>
<td>1 recipe collection</td>
<td></td>
<td>I1C, 1B</td>
</tr>
<tr>
<td></td>
<td>Table Setting Contest</td>
<td></td>
<td>I1C, 1B</td>
</tr>
<tr>
<td></td>
<td>Records</td>
<td>1 Record Book</td>
<td>I1C, 1B</td>
</tr>
</tbody>
</table>
GOALS  Page 4

Each year set goals for yourself in each of your project areas, your leadership skills, and your community service and list them on this page. This should be one of the first pages you fill out in the fall, set your goals early, even though you may not achieve all of your goals we still learn much from setting our sights early even though we may not always complete the goals. Sometimes these goals may take more than one year to accomplish. As your project develops be more specific with your goals, for example, the second year you may want to put, increase my skill level with my sewing machine or learn to use a different stitch setting. Let us know if this is a long term goal or a short term goal, setting the goals and achieving the goals are two different aspects of the program. Tell us in your story how you are working on these goals, some goals may span your entire 4-H career.

<table>
<thead>
<tr>
<th>Year</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002-03</td>
<td>Learn to use a sewing machine  (Long Term Goal)</td>
</tr>
<tr>
<td></td>
<td>Learn to clip my horse  (Short Term Goal)</td>
</tr>
<tr>
<td></td>
<td>Learn to tattoo my rabbits (Short Term Goal)</td>
</tr>
<tr>
<td></td>
<td>Learn how to plan a community service project for my club (Long Term Goal)</td>
</tr>
<tr>
<td></td>
<td>Work on developing my community service  (Long Term Goal)</td>
</tr>
</tbody>
</table>

PARTICIPATION IN 4-H ACTIVITIES  Page 5

List all activities, including tours, camps, club parties, Youth Fair, Small Animal Days, use more than one line if necessary. LEVEL: L=Local, C=County, R= Regional S=State, N=National, I=International

<table>
<thead>
<tr>
<th>Year</th>
<th>Kind Of Activity</th>
<th>Things Learned</th>
<th>Number Of Times &amp; Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002-03</td>
<td>Club Flower Sale (Fund Raiser)</td>
<td>Learned to arrange flowers to sell</td>
<td>2L</td>
</tr>
<tr>
<td></td>
<td>Small Animal Days</td>
<td>Learned to show my rabbit</td>
<td>1C</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Worked on learning rabbit diseases</td>
<td>1C</td>
</tr>
<tr>
<td></td>
<td>Club Christmas Party</td>
<td>Learned to organize games</td>
<td>1L</td>
</tr>
<tr>
<td></td>
<td>4-H Camp</td>
<td>Learned how to work with other kids to do a skit</td>
<td>1C</td>
</tr>
<tr>
<td></td>
<td>Tour of Knapp Arabian Farm</td>
<td>Learned how to make a feeder for my horse</td>
<td>1L</td>
</tr>
<tr>
<td></td>
<td>Herdsmanship</td>
<td>Learned how to keep the horse stalls clean</td>
<td>1C</td>
</tr>
<tr>
<td></td>
<td>Youth Fair</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Records Clinic</td>
<td>How to set goals</td>
<td>1C</td>
</tr>
<tr>
<td></td>
<td>Rabbit Showmship Clinic</td>
<td>Learned that I need to study diseases</td>
<td>1C</td>
</tr>
<tr>
<td></td>
<td></td>
<td>And to de-louse my animals</td>
<td></td>
</tr>
</tbody>
</table>
COMMUNICATIONS

TYPE S=Speech, B=Oral Book Report, P=Presentation, OR=Oral Reasons, PT=Poster, NR=News Release (you write), Int=Interview, I=Informal Talk, O=Other-- for example band concert, church play, dance team. ADD 4-H to the above if a 4-H event. LEVEL L=local, C=County, R=Regional S=State, N=National, I=International PLACING B = Blue, R=Red, W=White or 1st, 2nd, 3rd, etc. If you did not receive a placing please put NA for Not Applicable.

<table>
<thead>
<tr>
<th>Year</th>
<th>Title Or Topic</th>
<th>Type</th>
<th>Number Of Times Given</th>
<th>Level</th>
<th>Placing</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002-03</td>
<td>How to Sew a Straight Seam (4-H)</td>
<td>P</td>
<td>2</td>
<td>1L, 1C</td>
<td>1B</td>
</tr>
<tr>
<td></td>
<td>The Oregon Trail (School)</td>
<td>B</td>
<td>1</td>
<td>1L</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>Why I Love America (Community)</td>
<td>S</td>
<td>1</td>
<td>1L</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>Livestock Judging Reasons Class (4-H)</td>
<td>OR</td>
<td>1</td>
<td>1C</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>Lead part in church Christmas program (Community)</td>
<td>O</td>
<td>1</td>
<td>1L</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>Parts of a Horse (4-H)</td>
<td>PT</td>
<td>1</td>
<td>1C</td>
<td>1B</td>
</tr>
<tr>
<td></td>
<td>Columbia Columns (4-H Club News)</td>
<td>N</td>
<td>1</td>
<td>1C</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>Band Concert (School)</td>
<td>O</td>
<td>2</td>
<td>1L, 1S</td>
<td>NA</td>
</tr>
</tbody>
</table>

Public Speaking/Communications:

Communication/Public Speaking come in many forms and at many different levels. You can include the time you spent communicating with others in a formal/semi-formal/prepared way. These could include:

- Talks and presentations given at the club, school, community, county, state, regional, and national levels (Please be sure to include your topic and/or title, where your talk was given, how many times you have given this talk and how many people were in the audience.)
- Talks and presentations given at the club, school, community, county, state, regional, and national levels as part of a competition. (Please be sure to include your topic and/or title, where your talk was given, how many times you have given this talk and how many people were in the audience.)
- Articles written for written media (newspapers, school newsletters, bulletins, etc).
- Radio and TV appearances.
- Educational displays to inform people.
- Educational displays for an exhibit.
- Material designed and written to support promotion/recruitment/fund raising, etc.
• Experiences in communication with other organizations should also be identified. These could include drama and other experiences of an artistic nature, presentations and speeches connected with school, church and other youth organizations, and cultural and musical performances.

COMMUNITY SERVICE, CITIZENSHIP, COMMUNITY PRIDE

List what you did as a member of a club, group and/or as an individual. Example: park clean up, reading to the elderly, fair grounds clean up, Red Cross Blood Drive. Under Amount (Example: amount of money earned or amount of cards or cookies made), under Time put the number of hours you spent on the project and list if you did this as a club, a group or as an individual. C=Club, I=Individual, G=Group If you are paid for a job you perform do not put it here, (Example: babysitting -- unless this was money earned for a club or group).

<table>
<thead>
<tr>
<th>Year</th>
<th>Type Of Service</th>
<th>Amount</th>
<th>Time</th>
<th>C,I,G</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002-03</td>
<td>Car Wash fund raiser for county fair premiums – 4-H</td>
<td>$350.00</td>
<td>4 hrs</td>
<td>C</td>
</tr>
<tr>
<td></td>
<td>Fair Grounds Clean up – 4-H</td>
<td></td>
<td>3 hrs.</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Worked on Red Cross Blood Drive - Schools</td>
<td></td>
<td>3 hrs.</td>
<td>I</td>
</tr>
<tr>
<td></td>
<td>Contributed to Christmas basket for club food drive - Church</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Made cards for nursing home – 4-H</td>
<td>20</td>
<td></td>
<td>I</td>
</tr>
</tbody>
</table>

Community Service, Citizenship, Community Pride:
You may list citizenship and community service activities you have participated in, both in 4-H and outside of 4-H. Please mark the activities/experiences in 4-H and those outside of 4-H separately (see example in the Community service, Citizenship, Community Pride section). Please include activities in which you contributed to the welfare of your club, school, group, community, county, state, etc. Include your role, the number of people you assisted, money you spent or raised, the time you spent, and highlight the accomplishment in light of the goals for citizenship noted in the above paragraph.

LEADERSHIP

Leadership responsibilities (not honors) in 4-H, school, church, community, etc. Include number reached through leadership efforts (if applicable). Include club officer and junior or teen leader responsibilities in this area.

<table>
<thead>
<tr>
<th>Year</th>
<th>Type Of Leadership</th>
<th>4-H/Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002-03</td>
<td>Arranged Club Tour—Made reservations, called and secured transportation, notified members of date and time</td>
<td>4-H</td>
</tr>
<tr>
<td></td>
<td>Student Council Member Planned Fund Raissers, 215 students</td>
<td>School</td>
</tr>
<tr>
<td></td>
<td>Organized Food Drive for HOPE warehouse</td>
<td>4-H</td>
</tr>
<tr>
<td></td>
<td>Taught knot tying to 4-H horse members 3 members</td>
<td>4-H</td>
</tr>
<tr>
<td></td>
<td>Rabbit Club President 9 members</td>
<td>4-H</td>
</tr>
<tr>
<td></td>
<td>Taught pre-school Sunday School Class 6 pre-schoolers</td>
<td>Church</td>
</tr>
</tbody>
</table>
Leadership:
Leadership means taking the lead or assisting as part of a committee or team in giving direction, planning and organizing. As you list your efforts in this area, please identify leadership roles you have held. For example, officer, teacher, organizer, committee chairman, committee member, camp counselor, superintendent, or Junior Leader. Indicate the number of people you led, taught, involved, or who benefited from your leadership; the level of activity (club, community, county, state, etc.); and highlight your responsibilities in this role.

FALL RECORDS

4-H RECORD BOOK FORM
(Attach to the inside of your record book (3-hole punch).)

Record books will not be considered for an award unless it is indicated here.

Name: ___________________________ Phone: ___________________________

Address

Street City State Zip

School ___________________________ Grade (just completed) __________

4-H Leader ___________________________ Phone __________

Awards you want to be considered for (Please check):

For 4-6th graders:
Camp Scholarship*

For 7th –12th graders
County Medals
Type of Medals

For 7-11th graders:
___OSU Summer Conference Scholarship*

For 4-12th graders
___Auction Animal Rate of Gain

For 9-12th graders
___County Ambassador

*Note: You can receive these scholarships only once.

Everyone submitting records will automatically be eligible for Medallion (for highest scoring records).

List the County Medal(s) you have won in the past:

____________________________________ ______________________________

____________________________________ ______________________________

____________________________________ ______________________________

____________________________________ ______________________________

____________________________________ ______________________________
Turn in with your Record Book - Due October 1
Parents: I confirm that my child has completed his/her records.

_________________________________________________________________________________
Parents signature

Ambassador Application

Applicants name: ______________________________________________________ Phone#: __________
Grade: ___________ School: ________________________________________________

1. List your 4-H Projects.

2. What are your future plans with your 4-H project?

3. What's the most important thing about record keeping?

4. How do you see yourself helping the 4-H program as an Ambassador?

5. How has 4-H helped you in your life?

6. Where do you see yourself in 5 years?
7. The Ambassador program will take some of your time. Do you have room for another commitment and how will you handle the conflicts it may create?

**NOTE:** Due with Fall Record Books Competition, **October 1**