



MONITOR

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Large Animal Pre-Fair Clinic June 23

Here's your chance to polish showmanship, grooming, handling and judging techniques for county fair. Judge Glen Pfefferkorn will teach the llama clinic. Judge Marge Robson will teach the other clinics. This is a great opportunity to ask questions of the judges and learn from their expertise. This event is ideal for new 4-H'ers, but it also provides plenty of information for experienced 4-H'ers and leaders.

No pre-registration is required and there is no fee. You are welcome to bring your animals with you, but it is not required. We will have animals available for demonstrations and judging. Please call the Extension office if you have any questions.

Pre-fair Clinic Schedule (each clinic will be 45 minutes)

- 9:00 Sheep & wool—Sheep Show Ring
- 10:00 Llamas — Dairy Show Ring
Goats — Goat Show Ring
- 11:00 Beef — Beef Show Ring
- Noon Sack Lunch Break
- 12:30 Swine — Swine Show Ring
- 1:30 Dairy — Dairy Show Ring
- 2:30 Livestock Judging — Beef Show Ring

Be a Super Hero for a Week!

Registration is open for 4-H Summer Camp "Super Hero Week" July 10-13 at Camp Myrtlewood. Applications are available at the Extension office and elementary schools. All kids who have completed grades 4-6 are welcome to apply by June 20.

If you are a 4-H leader or parent who would like to volunteer to help at camp, please let us know. We still need a few more adult helpers! Childcare will be provided for younger children—feel free to bring them with you.

4-H Camp is a fun-filled week featuring archery, crafts, games, swimming, outdoor cookery, and educational programs on a variety of 4-H topics.

The goal of 4-H Camp is to allow campers an opportunity to master new skills, develop generosity for others, practice independence, and belong to a group beyond their family.

Camp staff includes the Extension staff, nurse, lifeguard, 4-H leaders, and trained counselors (grades 7-12). For more information about camp, please call the Extension office at 572-5263.



JR. LEADER & LEADER NEWS

CALENDARS, CLINICS & UPCOMING SHOWS

Page 2-3 PROJECT AREA NEWS

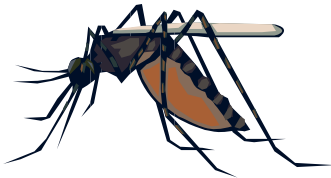
Inserts COASTAL FUTURES

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State Vet Recommends Vaccination of horses to protect against West Nile Virus

Horse owners in Oregon are once again advised to help protect against West Nile Virus by vaccinating their animals and taking steps to control mosquitoes this summer. State Veterinarian Don Hansen of the Oregon Department of Agriculture says it is very likely more cases of the disease will be reported in Oregon this year, and that owners of horses need to consider taking steps to protect their horses.



“Vaccination against the disease provides good protection against West Nile,” says Hansen. “For those who have already vaccinated their horses several months past, a booster shot now will strengthen protection. It is important for horse owners to vaccinate animals before the mosquito season gets into high gear.”

The vaccine for horses is available through local veterinarians and many veterinary supply stores.

Oregon became one of the last states to report the presence of West Nile Virus when the disease was confirmed in 2004. The final tally for 2006 showed detections of the virus in 73 humans, 35 horses, 25 birds, and more than 1000 mosquitoes.

Insect control on individual animals remains a good preventative measure against the virus. Insect repellents applied to animals according to label directions, screened housing at night, and controlling expo-

sure to mosquitoes at dusk and dawn can all work to limit the possibility of infection. Reduction of mosquito breeding sites is also effective in controlling the spread of the disease. Any source of stagnant water is important. Tires, wading pools, wheelbarrows, birdbaths, or wherever water can stand for more than four days is a potential breeding site. Local vector control districts can offer advice and assistance.

Infected wild birds are the source of West Nile Virus. Mosquitoes bite infected birds and then can potentially transmit the infection to horses and humans. The disease does not transmit from horse to horse or human to human. A bite by an infected mosquito is the only known route of transmission.

A low percentage of mosquitoes carry the virus and a low percentage of horses bitten by infected mosquitoes become ill. But, a horse showing signs is a serious situation. The disease causes inflammation of the brain and about one-third of affected horses die. Symptoms include stumbling, lack of coordination, weakness in the legs, depression, muscle twitching, and death.

For more information, contact Don Hansen, State Veterinarian at 503-986-4680.

Fair Passes for the Family

Strip tickets are on sale now at \$20.00 for 5 tickets as a reduced entry into the fair. The tickets may be used by one or more people and can be used in a variety of ways. For the week, all at once, or however they divide up best for the family. Be sure the purchaser tells the fair office they are connected with 4-H or FFA. There are also strip tickets available at the local McKays Markets until July 17th. For further information call 572-2002. This price for tickets is only available until fair.

Congratulations to the following Seniors completing their 4-H careers:



Steven Bettelyoun	8 years
Scott Bettencourt	6 years
Bill Bray	9 years
Michelle Cloutier	1 year
Jake Cochran	9 years
Chelcie Cordell	3 years
Christina Crawford	4 years
Rachelle Crockett	9 years
Alice Fry	2 years
Andrea Gurney	8 years
Derick Gurney	9 years
Nicole Johnson	9 years
Marley Kennedy	9 years
Douglas Larkin	3 years
Maci Major	6 years
Ashley Miller	9 years
Carly Moody	9 years
Nate Mortensen	9 years
Amanda Rumreich	1 year
Sarah Rose Saposnik	2 years
Dane Saxton	6 years
Rayce Stacey	8 years
Riley Stacey	9 years
Stephani Stalcup	9 years
Gerald Van Tassel	9 years
Heather Wiley	10 years
Mayona Woodlief	5 years

Best of Luck in the Future to all our 2007 Graduates!

Hamsters Available

Baby Teddy Bear Hamsters are now available for adoption. Call and leave a message for Kim at 572-5111.

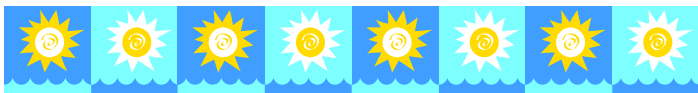
Do You Have A Horse To Lease for the 2007-08 Year

4-Her going into 7th grade is looking for a horse to lease for the new 4-H year. If you may be interested leave a message for Kim at 572-5111.

Leader News

Remember To Get Your Fair Stock Trailer Parking Permit

If you plan to park a stock trailer at fair this year, you will need to contact the fair office and get a stock trailer parking permit and be assigned a parking space. Questions? Call Debbie at the fair office: 572-2002.



Next Leaders Meeting: June 26

The meeting will start at 6:45 at the Extension office. We will discuss final plans for fair. Please make sure a leader from your club is there.

Fair Clerking Positions Available

Have you ever wondered what makes for a "blue" ribbon exhibit? Here's an excellent opportunity for leaders, junior leaders and parents.

Clerks assist the static exhibit judges at county and state fair. They take notes, run errands, organize exhibits and paperwork, and get to learn a lot from the judges as they work. Call the Extension office if you are available to volunteer as a clerk on Sun. July 22, 1-5pm or Mon. July 23, 9-1.

4-H Fair Teen Staff Needed

There are lots of tasks during fair to keep things running smoothly and Elissa could use some help! Teen staff work a flexible schedule of just a few hours a day to staff the fair 4-H office, run errands, answer the phone, etc. Please call the Extension office if you're interested.

The State Fair also has teen staff positions, so this is a chance to try it out. If you like the job, you can apply to work at State Fair in August.

First Aid & CPR Training Postponed

We were not able to schedule a First Aid and CPR training for 4-H leaders this June. There were too many scheduling conflicts this month. We will plan to offer one next winter instead. Details will be provided in a future Monitor.

Yearling Colt For A Deserving 4-Her

Jolly Hibbits of Bandon has a colt she is interested in providing to a deserving 4-Her. If you have a desire to raise and train a colt of your own, know of someone in your club that might qualify or would like to know more about the breed, etc. please contact Jolly at 347-2229.

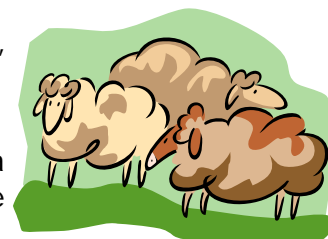
Auction Committee Needs Your Help!

The auction committee is looking for a junior leader (or a few) who could volunteer to help with the auction booth at the fair.

The booth is located in the beef barn. It needs to be painted, decorated for the fair theme, and staffed during fair.

This year's fair theme: "Ewe Ain't Seen Nothin' Yet!"

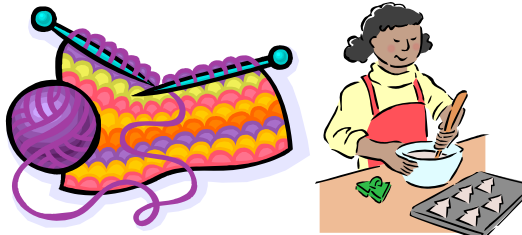
For more info call Rhonda at the Extension office 572-5263.



New Knitting & Foods Fair Awards

4-H'ers entering knitting exhibits, foods measuring skills contest and the nutritious breakfast contest are eligible to compete for four new cash and gift certificate awards.

These awards were established by Doreen Wright in fond memory of Jo and Charlene Messerle. Both women were very dedicated to 4-H and Extension home economics over the years. The awards will be a wonderful way to remember them.



Food Preservation Exhibit Updates

By Nancy Kershaw, Tillamook County FCD & 4-H

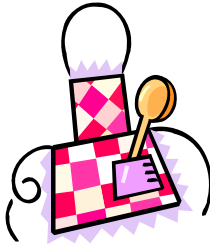
Fair season is approaching—here's the latest information about food preservation.

Explanation Cards

There is a new 4-H food preservation explanation card that must be completed by the 4-H member and attached to all 4-H food preservation exhibits (canned and dried). You can see a copy of the card on the 4-H website: <http://oregon.4h.oregonstate.edu/resources/pdf/FoodPreservationExplanationCard.pdf> (If you don't have web access, come by the Extension office).

Judging Home Preserved Foods Reference Publication

A great resource for judges (both 4-H and open class) is the publication "Judging Home Preserved Foods" put out by University of Georgia Cooperative Extension Service and the National Center for Home Food Preservation.



Carolyn Raab, OSU Extension Nutrition and Foods Specialist was one of the reviewers for this publication. It uses OSU scorecards - although we have a more current version of the Dried Food check sheet available on the Oregon 4-H website.

You can download the manual at: http://www.uga.edu/nchfp/publications/nchfp/tech_bull.html (If you don't have web access, come by the Extension office).

Pages 9 through 46 detail what to look for in various canned products and causes for various problems. And, Appendix B summarizes briefly the headspace, styles of pack, appropriate jar sizes and process times for most canned foods.

Processing Times for Jams & Jellies



Every year there is confusion over the processing times for jams and jellies. All jams and jellies must be processed in a boiling water canner. Inverting the jars to seal the jar is not acceptable for jams or jellies exhibited in 4-H classes at county or state fair. (Most judges can tell if a jar has been inverted because there would be jam on the upper rim and lid of the jar when you open it).

The following recommendation for processing times were reviewed by Carolyn Raab, OSU Extension Foods and Nutrition Specialist and Elaine Schrupf, 4-H Youth Development Specialist.

The USDA recommendation in the "Complete Guide to Home Canning" is 5 minutes in a boiling water canner (pages 7-3 & 7-4) in sterilized jars. This will be the minimum standard for judging jams and jellies this summer, and 4-H members should not be penalized if they follow the USDA recommendation of 5 minutes for 0-1000 feet altitude; 10 minutes at 1001-6,000 feet or 15 minutes above 6000 feet.

Some pectin recipes and OSU/USDA publications suggest longer processing times and members should also not be penalized for longer processing times if following a commercial pectin recipe or OSU/USDA publication.

State Fair Teen Staff

4-H members who are sophomores, juniors or seniors in high school will be selected to help conduct the Oregon State Fair.

The State Fair Teen Staff experience provides the opportunity to share in the fun with new friends, to be part of the leadership team and learn how State Fair activities work. Teen staff will work with show chairs and Extension staff in conducting State Fair 4-H activities.

Teen staff attend the State Fair one to five days and will receive free room at the dorms and \$15 per day for food.

Teens interested in applying for teen staff should contact the Extension office for more info.

Applications are due August 1st.



4-H Record Books Due July 18



4-H records must be submitted to the Extension Office between July 2 and July 18. Books will not be accepted for review after July 18.

Records will be returned at check-in of exhibitors at the 4-H Office in the Davenport building on the fairgrounds. Approved project records and a fair pass will be provided at check-in.

Requirements For a Record Check:

1. 4-H folder with the member's name on the front.
2. ID Page
3. Permanent 4-H record.
4. 4-H Notes
5. 4-H project record for the project(s) being exhibited.
6. 4-H Advancements (if applicable)

Completeness of Records:

1. All parts of the record that deal with beginning inventories, goals, projects completed, etc. should be filled in for the record check.
2. All sections that ask for totals at the close or ending of the project should remain blank, and be filled in after the county and state fair.

County Medal Records:

1. These will be **due Sept. 12**, and should include all records for all projects.
2. Evaluations will be done by committee, and comments will be made for the 4-H member.
3. County medals (awards) will be given in all categories.
4. County medals will be awarded at the fall recognition program.

Question or Help With Records:

1. Attend a record book workshop (offered periodically).
2. Call and make an appointment, for individuals or clubs.

If you are capable of clipping a llama and would be interested in hiring out please let the Extension office know. There are calls for this service every year and a name and phone number may provide you with a little change in your pocket.

Betsy Dare at 347-6306 has two needs at this time. A Silkie rooster would be able to find a home with her near Bandon and the llama that lives there now needs a shave. Please contact her if you are able to help out with either need.

4-H Nigerian Dwarf Goat Raffle!

Tickets are now available (at the Extension office and county fair) to win a double registered Nigerian Dwarf Goat doe kid. She is being donated by the breeder, Carrie Harris, of Tualatin Acres. The prize is valued at \$325.



Tickets are \$3 each (or 2 for \$5). The drawing will be held July 29 at fair. (Need not be present to win.) All proceeds go to support 4-H.

This article is reprinted from the spring 2007 newsletter for the Innovation Center—a Maryland-based business focused on community and youth development that works closely with 4-H.

Oregon Coastal Futures Project Featured in National Newsletter

You can hear the smile in her voice as Mary Arnold, an Associate Professor in the 4-H Youth Development program at the Oregon State University, describes the Oregon Coast.

You might come west through the mountains, she says, and when you get over the ridges, you'd be staring straight down to the ocean, and it's the most beautiful sight you might ever see -- miles of coastline, breakers crashing right along highway 101. It won't take you long to get to the coast; the mountains come down quickly to the sea here, and the effect is stunning.



The sun can turn rock to gold on the right kind of afternoon, and it will also light up the windows of the few stores you'd start to see as you head into town. There aren't many, some trinket shops, maybe one that sells kites to the folks from away who come to the ocean for a day in the wind. You might see a small grocery store, and you'd notice the lack of the shiny, tidiness common to updated supermarkets.

A little further things might start to change, at the edge of the town, resort hotels, a Starbucks, a golf course. If you look up now to the sides of the mountain range, you'd see large, well-appointed homes, huge windows catching the afternoon light. But where you are now, in the heart of the town, the homes are modest, some with the cracking paint and broken wood of a place where money is tight. These are small towns, and the logging and fisheries that used to sustain them are pretty much gone. Retirees and tourists have discovered them, and that keeps a meager retail and recreational income stream flowing, but the folks who have raised their families, retired from good jobs in other places and moved here, or those who come for a day to fly a

kite in the coastal wind, don't bring substantial employment opportunities. And just as profoundly, they don't bring a natural inclination to engage with the families struggling to make a healthy community here in the fold of the Oregon Coast.

On this part of the Oregon Coast, some retirees number almost twice as many as those under 18, and the unemployment rates are high, almost 9 percent in some areas. The median household income is well below the national average, and the number living below the poverty line is above.

This is the palate on which the Oregon 4-H Coastal Futures initia-

tive intends to paint a new picture. The artists are youth and adults who live here, their paint and brushes are the tools of community organizing and participant social research. Heather Wiley is one of them, a lifelong 4-Her who grew up on her family's farm a few miles outside of town in Coos County. But Coastal Futures has caught her attention in a different way, offering her new skills in leadership and community organizing.

Heather, her mother and sister attended a two-day training session on the 4-H Coastal Futures program last year. They listened as Mary Arnold and her colleagues described the possibilities of youth-adult partnerships, of community forums, and the ways young people could serve as social researchers, gathering the kinds of information that could inform sustainable community change. Now Heather, having organized a community forum, is part of a group of youth and adults who are creating an evening social gathering-- a start, she says. And it's clear Heather sees an opportunity where there hasn't been one, the potential to engage her community in creating a different future.

The towns are separated by miles and miles here, miles of empty coast line, or dotted with farms like the one where Heather's family lives. Up the coast, in a town as isolated as Heather's farm, another group of young people, organized by a high school teacher with technical assistance and support of Mary Arnold and her colleagues at the Oregon State University Extension Service, work to hone their skills as they engage in one of the key compo-

Coastal Futures Article-Continued

nents of Coastal Futures, intensive training in organizing skills and participatory social research. Young people conduct mock community forums, record the ideas and experiences people bring to the forum and learn skills such as group facilitation and public speaking.

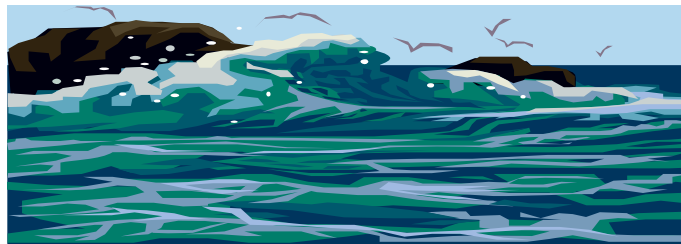
Mary Arnold describes one small moment in a mock forum where a young woman who had not met anyone's eyes was finally encouraged to stand up and voice her thoughts. She stood with an adult trainer at first, limp in her lack of confidence that she could offer anything to the process. But as she began to try, encouraged by her adult partner in the role, and by her peers, a smile crept onto her face. Before long at all, her body was animated too, as she began to understand her capacity to do the task at hand, and the potential impact her contribution could make.

This scene illustrates the results of this work, in terms of leadership for youth development. In before and after self-reports, young people indicate that the Coastal Futures training events more than double, in most cases, their knowledge in areas like facilitation, skills for meeting and action planning and community meetings.

They also report an increase in knowledge of youth-adult partnerships, and this is a key ingredient. Heather Wiley says that it's new for her to be invited, even expected, to contribute her ideas, opinions and experiences in the way that Coastal Futures asks of her. In the past, she says, an adult would plan the activity, set

the agenda, and she would be invited to participate. But in this program, for the first time, she sets the agenda, she plans the forum, gathers the information and partners with other youth and adults to make meaning of it and translate it to action.

This is, of course, one of many places where the Innovation Center and 4-H Coastal Futures find their common ground. When Mary Arnold met Wendy Wheeler and Hartley Hobson Wensing, she knew she had found strong allies in her work. She counts on the concepts and ideas in the Innovation Center's Learning and Leading and Youth Adult Partnerships tool kits to strengthen her



understanding of youth civic engagement and youth-adult partnership. And the Eight Pathways to Youth Engagement model identified by the Kellogg Foundation and documented by the Innovation Center is a crucial ingredient of the Coastal Futures design. Mary and her colleagues, including Heather Wiley and other young people up and down the coast, would like to expand the scope of their work, bringing community organizing and participatory research skills to young people nationally, bringing them together to learn to analyze the data they gather at community forums, and offering the insights of marketing professionals to translate the data to public campaigns and community action.

This represents an opportunity

for partnership, of course, the kind that lights up and brings to scale small initiatives all over the US and in other parts of the world. And it's easy to see how Coastal Futures might be the seed of a new coming together of ideas, ideas brought to scale through the combined efforts of young people and adults fully engaged with each other in their determination to effect community change.

In the meantime, though, there is a different kind of light on the Oregon Coast. Options for young people after high school here are limited; some leave for college and do not return, some participate in a family business, or find other ways to eek out a living in the struggling economies of these communities. But through Coastal Futures, the potential for that to change is growing. Heather Wiley, for one, intends to stick around for a year or so after she graduates. She's pretty sure she can make a difference, and she wants to learn how. Coastal Futures is her doorway to that dream.

For more information on the 4-H Coastal Futures Project, and the condition of rural communities along the Oregon shore, go online to: theinnovationcenter.org

The 4-H Coastal Futures Project is part of the 4-H Youth Development Education and Oregon Sea Grant programs of the Oregon State University Extension Service. The project is funded in part through the Engaging Youth – Serving Communities program, supported by the Cooperative States Research, Education, and Extension Service, U.S. Department of Agriculture, under agreement No. 2005-45201-03332.



AGENT NOTES



Dear 4-H Families,

I hope your summer is off to a good start. We are gearing up for all sorts of fun (and educational) 4-H activities! Plans are coming right along for our two largest events Camp and County Fair. If you have questions about any of the events described in this newsletter, please call or send me an email.

This newsletter mentions several opportunities for older youth, leaders, and parents to volunteer some time to help things run smoothly. Please read through the descriptions of these opportunities and sign up for one or two. 4-H activities are most successful when we all share the work.

Thanks and have a fun (and safe) summer!
Elissa Wells, 4-H Agent

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