



MONITOR

COOS COUNTY OSU EXTENSION OFFICE

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Coastal Futures Community Action Forum

Nov. 19th, 4 pm
 Oaks Pavilion, Fairgrounds
 Potluck dinner immediately following

Please join us! For more information, see the enclosed flyer and call the Extension office.



Junior Leader Meeting Sat. Dec. 9

Calling all new and experienced Junior Leaders!
 It's time to make plans for 2007 junior leaders activities.

We will meet **Sat, Dec 9 10am-Noon** at the Extension office. Let Elissa know if you are interested, but can't make the meeting. For more information call or email Elissa.

Sewing for the Troops: An Email of Thanks from Oct. 26, 06

"Hi, I am Maj. Michelle Franco-Cohn, the CASF Donation/Gift Representative. I wanted to thank you for your recent boxes of blankets and pillows. The pictures were a great added touch. I wanted to send some pictures to show you your work and to let you know what a great gift you have provided.

"We have only typical rough wool blankets for the guys and some of them because of their injuries are very sensitive or even allergic to the wool. So it is such a blessing to have something else to provide for their comfort. Hope you enjoy the photos."



(See photos on page 2 and the Operation Santa project note on the Nov calendar)



LEADERS NEWS
CALENDARS

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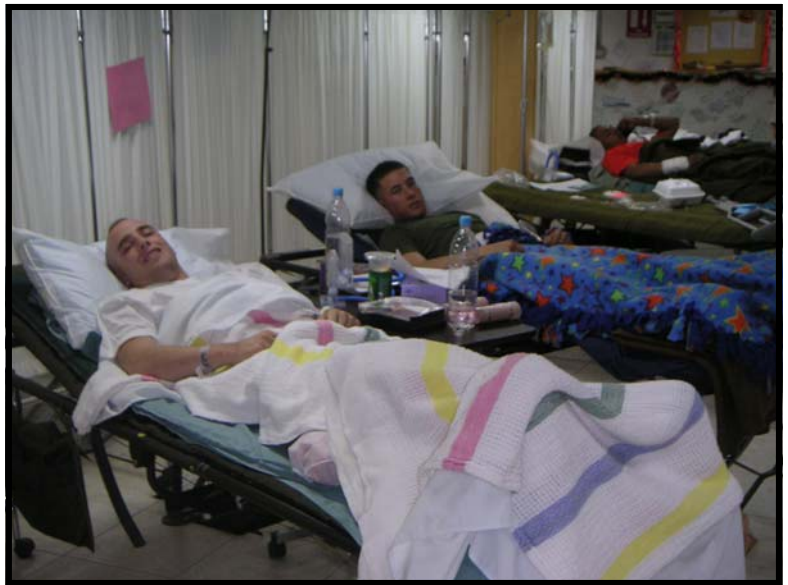


Here is a follow-up on the 4-H community service project "Blankets for the Soldier in Iraq" **A big thank you to all who participated.** A total of 13 huge boxes were shipped to the staging station. The following is an email from Major Cohn.

"On the first picture you will find that the first guy that is smiling is actually using a pillow to prop up his injured leg; the pillow had the picture of a little blonde girl pinned to it; that marine wanted her to know that he was very happy to have something soft for his leg; he took it home with him. Her picture did not have a name attached like the blankets did. The guys and gal were very happy to have these items and wanted me to convey their appreciation to all the ladies. Hope the smiles on their faces show you how much they appreciate your gifts.

I am Maj Michelle Franco-Cohn, the CASF Donation/Gift Representative. I wanted to thank you for your recent boxes of blankets and pillows. The pictures were a great added touch. I wanted to send some pictures to show you your work and to let you know what a great gift you have provided. We have only typical rough wool blankets for the guys and some of them because of their injuries are very sensitive or even allergic to the wool. So it is such a blessing to have something else to provide for their comfort. Hope you enjoy the photos."

Maj Michelle Franco-Cohn
332 EAMDS/CASF
APO AE 09315-9997



Leaders News

Engaging Youth, Serving Community: An Overview

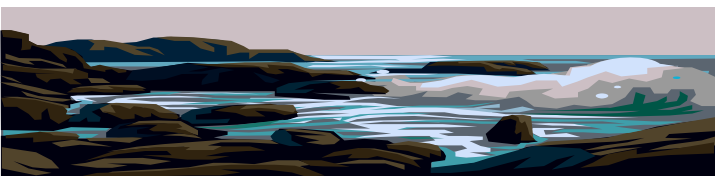
Engaging Youth, Serving Community (EYSC) is an innovative 4-H program that helps youth in rural areas gain the skills, experience, and confidence needed to grow into effective leaders and contributing members of society.

Administered by the National 4-H Council through Rural Youth Development grant funding provided by the Cooperative State Research, Education and Extension Service, United States Department of Agriculture, the program provides safe and inviting environments for youth activities, enhances opportunities for youth involvement in policy and decision-making, improves information and technology access and breaks down barriers to participation for rural youth.

During EYSC Year 2, 12 projects resulted in:

- Youth in governance, 4-H Afterschool and professional volunteer training projects in 60 counties nationwide
- 1,344 youth and 1,119 adults trained in youth/adult partnerships
- 752 youth and 956 adults engaged as partners in governance
- 6,007 youth and 2,587 adults participating in youth/adult partnerships
- 823 youth recognized for contributions to their communities
- 69 new 4-H Afterschool clubs established with 591 adults as volunteers
- 40,308 hours with youth and adults working together in 4-H Afterschool clubs
- Hundreds of hours of training sessions, board meetings, conferences/workshops, speaking events and community activities

The Coastal Futures program is a branch of the EYSC. There are planning meetings for the Coastal Futures program being put into motion. If you would like to get involved please call or email Elissa at the Extension office.



Winter / Spring 4-H Event Dates—Mark Your Calendar!

Jan 20	Horse Bowl
Feb 17	Horse Judging
Feb 18	Horse Leaders' Show
Mar 10	4-H In The Mall
Mar 27-30	SW OR Junior Leaders Retreat
Apr 14	Spring Show
Apr 22	Spaghetti Feed and Auction

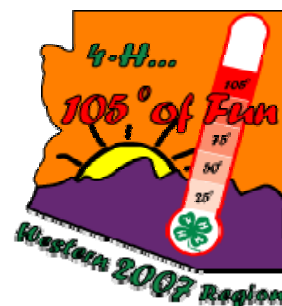
2007 Oregon 4-H Leaders Forum - April 13-14

Mark your calendars and plan to be in Medford on April 13-14 to attend the annual 4-H Leader Forum. This year's theme is, "Rejuvenation, Inspiration, Celebration, and Education!"

Jackson, Josephine, Curry, Douglas and Coos counties are working with the Oregon 4-H Leaders' Association and State 4-H Office to host the event. It will include educational workshop and field trips.

If you are interested in teaching a workshop, proposal forms will be available soon. For questions, contact Marilyn Lesmeister or Mona Easley at: 541-737-1794, marilyn.lesmeister@oregonstate.edu, or 541-737-1327, mona.easley@oregonstate.edu

“105 Degrees of Fun!” 2007 Western Region 4-H Leader Forum Phoenix, Arizona, January 11-15, 2007



Log on now to receive Western Region Leader Forum schedules, activities, list of workshops, registration materials, pre-and post-Forum tours, and hotel reservation information.

Go to: http://ag.arizona.edu/4-h/wr_forum/welcome.pdf The *Early Bird* registration fee is \$270—if submitted by October 20. The *Regular* fee is \$320—if submitted by **November 15**. *Late* registration fee is \$350-accepted until **December 1, 2006**.

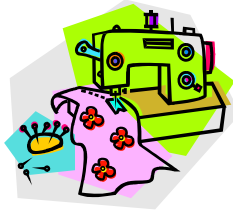
Project News

Fall Awards Program a Success

The fall awards potluck was held Sept. 17 at the Davenport building. 4-Her's accomplishments were celebrated with tasty food and a recognition program. Thanks to all those who joined us and pitched in to help with the event. If you won an award but haven't received it yet, stop by the Extension office.

2006 Oregon Make It Yourself with Wool Contest

This contest is open to all ages. Each contestant must utilize their skill and creativity to construct a wool garment or outfit made of wool or a wool blend. The competition includes modeling the garment/outfit for judges, as well as the judging of the garment's construction.



Complete contest rules and entry forms are available at the Coos County Extension office. Entry forms must be submitted to the Program Director by **November 15, 2006**. For more information, contact Maureen Krebs, 541) 422-7548 or eat-lamb@centurytel.net

MyPyramid Nutrition Resources

Help your 4-H club members get up-to-speed on the new MyPyramid system for selecting nutritious foods. Excellent resources are available at:

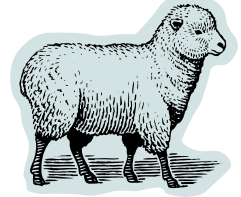
www.MyPyramid.gov and Learning Zone Express: www.learningzonexpress.com. Resources include Product # 4255T MyPyramid Tablet 50 sheets/tablet \$9.95 (also available in Spanish) and Product #4159T Dietary Guidelines Tablet 50 sheets/tablet \$9.95.



If you are interested in these materials, contact Elissa and we will place a county-wide order.

Country Kids 4-H Club Seeks New Members

Interested in being part of a 4-H club with sheep, cooking and sewing projects? We have space! Call Phyllis Love at 267-3429 for more information.



Christmas Celebrations! Myrtle Point: Dec. 9 Coquille: Dec. 15

If your club is interested in participating in either the Myrtle Point or Coquille Christmas celebrations, call the Extension office.

Corrected Horse Gaming Results from County Fair

Keen eyes caught several errors in the Horse Gaming Results list that was published for the awards program. We are sorry for this confusion! Here is the correct version:

Figure 8, Junior Champion	Hadley Anderson
Figure 8, Junior Res. Champion	Kaitlyn Altenbach
Figure 8, Intermed. Champion	Hannah Francis
Figure 8, Intermed. Res. Champion	Cheliesa McCarthy
Figure 8, Senior Champion	Danielle Crockett
Figure 8, Senior Res. Champion	Katlyn Shaw

Barrels, Junior Champion	Hadley Anderson
Barrels, Junior Reserve Champion	Shaelan Jaehnig
Barrels, Intermed. Champion	Cheliesa McCarthy
Barrels, Intermed. Res. Champion	Ashley Brugnoli
Barrels, Senior Champion	Chelsea Clemens
Barrels, Senior Reserve Champion	Danielle Crockett

Poles, Senior Champion	Danielle Crockett
Poles, Senior Reserve Champion	Chelsea Clemens

Flags, Junior Champion	Colton Jennings
Flags, Intermed. Champion	Ashley Brugnoli
Flags, Intermed. Res. Champion	Hannah Francis
Flags, Senior Champion	Chelsea Clemens
Flags, Senior Reserve Champion	Danielle Crockett

Key Race, Junior Champion	Hadley Anderson
Key Race, Junior Res. Champion	None
Key Race, Intermed. Champion	Karley Swanson
Key Race, Intermed. Res. Champ	Cheliesa McCarthy
Key Race, Senior Champion	Chelsea Clemens
Key Race, Senior Res. Champion	Rachelle Crockett

Club Ideas

06-07 4-H Hands On Catalog Available

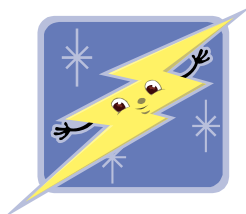
The 4-H Hands On Catalog contains listings of curriculum and kits available to borrow from the OSU 4-H program.

Materials are accessible at no charge for 2 weeks at a time. For more information call OSU Extension at 572-5263.



BLM e-Field Trips:

Renewable Energy: POWERful Choices



Join BLM for an Electronic Field Trip to explore renewable energy. This web-based program for middle school students features three segments:

- A “virtual visit” focusing on five major renewable resources and the role of public lands in their use and development
- An “Ask the Experts” segment in which BLM energy specialists answer student questions online
- A student journal, which allows educators to assess student learning.

The field trip is available for viewing now and the “Ask the Experts” session will be held November 13-15, 06.

Bats! Fantastic Mammals of Flight



Are bats the only mammals that truly fly? Why is a bat considered a mammal? Do bats help our ecosystems? What do bats eat? Why are many people afraid of bats? What can students do to help protect bats and

their habitat? This e-field trip will explore Carlsbad Caverns National Park.

For more information, see www.eFieldTrips.org and visit our website: www.blm.gov/education to find out more about how to participate in this exciting project. Classes (clubs) should register in advance to participate in the complete program.

Partner with SOLV for your next Community Service Project



PROJECT OREGON: With Project Oregon, anyone who wants to organize a volunteer event anywhere in the state can receive help from SOLV. **Info and Application:** Bev Ardueser, 503-844-9571 or bev@solv.org.

MAKE AN OREGON WATERWAY YOURS: Is there a river, creek, lake, or other body of water that is important to you? With the Adopt-A-River program SOLV provides the cleanup materials and project planning guidance. You provide the time, commitment and cleanups. **Info and Registration:** Sara Ryan, 503-844-9571 or sara@solv.org.

Student Energy Art Contest



This is a great way to get youth involved in the learning process. Winners will bring fame (and even some fortune!) to themselves, their teachers, and their schools.

It's a very well organized and fair contest. All students who enter will receive acknowledgement. Anyone with questions can call: 415-435-4574. For more information, go online to:

www.renewableenergymarketing.net/artcontest.htm

NOAA Ship-Naming Contest

The National Oceanic and Atmospheric Administration (NOAA) ship-naming contest is for students in grades 6-12 in the states of California, Oregon, and Washington. **Deadline: December 15, 06.**



This is the fourth fisheries research vessel to be built for NOAA since 2003 and the ship will directly support the primary goals of the NOAA Fisheries Service. For more information, go online to:

www.education.noaa.gov/shipname/rules.html

Club Ideas



Parents Can Help in 4-H Programs

To Gain Parent's Cooperation-

- *Visit the parents of all your members
- *Ask parents to help
- *Praise and give thanks freely
- *Help members to entertain parents
- *Talk with parents about 4-H work

Parents Can Receive Satisfaction When They-

- *See children grow from 4-H experience
- *Learn new skills and knowledge
- *Meet new friends and families
- *Contribute to the growth of others

Using Parent's Skills-

- *Supplements your abilities
- *Provides varied and enriched activities
- *Gives parents an opportunity to help in all Phases of the program
- *Gives parents an opportunity to learn about 4-H



Inform Parents + Ask Parents = Parent Cooperation

What Parents Can Do-

- *Hold meetings in their homes
- *Help with project work
- *Serve on Committees to help plan and conduct events
- *Share special talents and skills
- *Encourage record keeping
- *Help members get to meetings

Methods To Recognize Parents-

- *Give praise and say thank you
- *Provide a public recognition of parent's efforts
- *Have a special event for parents
- *Encourage members to recognize parent's efforts

Leaders Need To Know-

- *Physical and mental limitations and capabilities
- *Social or religious habits which might influence programs
- *Special abilities and interests
- *Family situation
- *Other demands on the member's time

A GOOD 4-H MEETING

I. Business-15 min

- Call to order
- Opening with pledges
- Roll Call
- Introduction of guests
- Minutes and correspondence
- Treasurer's report
- Reports of committees
- Old business
- New business
- Announcements
- Adjournment

II. Program or Education-45 min

- Demonstrations by members
- Judging or project lesson
- Opportunities to learn by doing
- Guest speakers
- Films
- Special tours
- Group activities

III. Recreation or

- Refreshments-30 min
- Games
- Skits
- Plays
- Parties
- Songs, etc.
- Snack or lunch



Family
Stories
Month



Nov 2006






Peanut
Butter
Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 "Bring It Home" Coos Bay	2	3	4
	5	6	7 New Leader Trainings 1-3 or 7-9 Extension office	8 "Bring It Home" Myrtle Point	9	10
12	13	14	15 "Bring It Home" Bandon	16	17	18
Operation Santa—Come help wrap gifts and pack stockings for the Troops! 6:30—8pm daily at the Pony Village Mall. Call Kendra Perry for more info at 888-5591.						
19 Coastal Futures Forum 4:00	20	21	22	23	24	25
				Office Closed— Happy Thanksgiving! <i>Thanksgiving</i>		
26	27	28 Leaders Meeting 6:45	29	30		



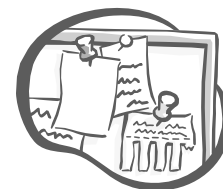
Dec 2006



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
						
3	4	5	6	7	8	9
			"Bring It Home" Coos Bay			Junior Leader Meeting 10—12
10	11	12	13	14	15	16
			"Bring It Home" Myrtle Point			
17	18	19	20	21	22	23
			"Bring It Home" Bandon		Office Closed— Merry Christmas!	
24	25	26	27	28	29	30
	Office Closed— Merry Christmas!					



Bulletin Board



Sheep for Sale—Black Welsh Mt.
For more info call Mickey & Bob
Bowden 572-5809

Weiner pigs for sale—\$60
York cross
Wormed, vaccinated, ready to go!
Call Eric or Katelyn Wiley
572-3442

Free to good home.
Brown, male Lop ear rabbit.
call Cindy— 269-2904

Found: Lop Rabbit
Call Barbara Carter
751-0990

Free: 2 male, 18 female Holland
Lops. No papers. come with cages,
equipment and food.
Call Anna Humbert— 756-1899

Wanted: 1-2 Rhode Island
Red Hens
Call Skip Good 888-8052

Wanted: 4-H project llama
Also, For Sale: Old English Game
spring hens and cocks (smaller
than pigeons)
Very tame.
Contact Kim- 347-3761

Wanted: 2 female Guinea Pigs
Call Brooks McClary
541-252-6095

Test your 4-H I.Q.

1) In 1907, the first 4-H emblem used nationally was designed by O.H. Benson as a three-leaf clover. It stood for head, heart, and hands. In 1911, Benson suggested that the fourth H should be:

- a. happy b. health c. hustle d. honesty

2) In 1973, what phrase was added to the end of the 4-H pledge, the first change from the original wording, since it was adopted in 1927?

3) The boyhood home of what famous Confederate General from Virginia became the first state 4-H club camp in the United States? a. Robert E. Lee b. “Stonewall” Jackson c. J.E.B. Stuart d. James Longstreet

4) In 1927, two songs were introduced at the National 4-H Club Camp. The “Song for Boys” was the “Plowing Song” and the “Song for Girls” was the “Dreaming Song.” True or False?

5) The number of youth involved in 4-H grew to 7 million in 1974, in part due to what TV program?

6) What country’s rural youth program uses the following pledge? (Hint Oregon has had an exchange program with them for 25 years)

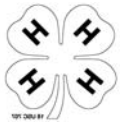
We use our Hands to improve agriculture and our life
We use our Head to think scientifically
We foster our heart with rich sincerity and friendship
We enrich our Health to live cheerfully and work healthy
a. China b. Russia c. Japan d. Great Britain

7) Match the 4-H phrases with the appropriate description.

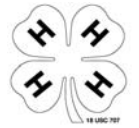
___ “To make the Best Better” ___ “Are You into It?” ___ “Learning Today, Leading Tomorrow” ___ “Learn by Doing”

- a. Advertising Slogan b. 4-H motto c. 4-H slogan d. 4-H new Developmental success program

Thanks to Becky Soules for putting this clever quiz together!



AGENT NOTES



Dear 4-H Families,

I hope this newsletter finds your 4-H year off to a great start—and if this is your first year in 4-H, welcome! I have met several new 4-H members and leaders over the past few weeks. It's great to see our clubs grow!

You will notice a theme in this newsletter—the Coastal Futures Community Youth Action Forum. Please see the enclosed flyer for details about this important event and plan to attend.

Older youth in our coastal communities have many challenges and opportunities that they face daily. Some of these include obstacles such as economic strain, lack of local jobs, substance abuse, etc. As a 4-H'er, you know the difference youth can make in a community. Youth need to find their place, have a voice about these issues, and build strong youth-adult partnerships. This forum will be a time for youth and adults to come together and discuss issues affecting youth in our community. We need your input, so come share your thoughts!

This community forum will be hosted by a team of local 4-H members and leaders. The ideas generated from this forum will be incorporated into community service projects. Grant funds are available from the National 4-H Foundation to implement projects in our community.

See you at the Forum on Nov. 19!

Cheers,
Elissa Wells, 4-H Agent

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