



# Crook County Clover 4-H Youth Development Program

*"To Make The Best Better"*

Volume 22, Issue 1

January 2009

## Happy New Year

Holy Bovine! It's January already and that means the season of new year resolutions is upon us. Let me share a few of mine with all of you.

Jeremy's Top New Years Resolutions:

1. To get leaders, volunteers, and 4-Hers of all ages, to interact with each other working towards the one common goal of 4-H, positive youth development education.
2. To continue to get to know and meet each and every one involved in the Crook County 4-H program.
3. To continue with needs assessment and help extend the boundaries, projects, and perspective of Crook County 4-H to all youth within the community.
4. To have a successful 2009 4-H year and help bring realization to all that 4-H is more than just one week during the summer.

Though many frown upon new year resolutions because most are never met or fall by the way side by the end of January, I think it is important to set goals and have ideas as to what you as an individual and a club would like to accomplish this year in the 4-H program. I would encourage you all to set both personal and club goals. Long term goals are great and really give you something to strive for and work towards, short term goals are also equally important. Setting short term goals allows us to have something very tangible to reach for and accomplish. When each short term goal is met, confidence is built. Which in return, helps in accomplishing the long term goals.

So as we continue to roll on into the early months of the new year, I would encourage you to set goals, get involved, and be excited about what the 4-H program can do for you and what you can do for the 4-H program this year.

Best Wishes,  
Jeremy Green  
Crook County 4-H Agent

### Mandatory Leader's

Meeting

January 26, 2008

5:30 p.m.

Clover Building

Each leader (old or new) is required to attend this important meeting. At this meeting you will be approving budgets, electing new officers, and discussing new 4-H stuff.



### Enrollment Deadline

February 1, 2009

This means that all Crook County 4-H enrollments must be to the Extension Office by Friday, January 30, 2009, 5:00 p.m. in order to participate in the Crook County 4-H program during the 2008-2009 4-H year. Be sure to get your 4-H enrollment form in by that day, **NO EXCEPTIONS.**



# Important Information

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## Beef Nutrition—Don't Miss this great Opportunity!!!!

Beef Nutrition Lecture, Feb. 28th 10am @ the clover club in Prineville. Barbi Riggs (OSU Livestock Extension Agent) will be the guest speaker. Beau Worlein will be organizing the event. Barbi has extensive knowledge in beef nutrition. She has a masters of animal science in beef nutrition and reproduction from Colorado State University and she was raised on a family owned, 800 head cow/calf operation with a custom feed lot where they custom fed cattle for people. She will be talking about feeds, minerals, hay, water, probiotics, ionophors and feed supplements for the growing steer. Refreshments will be provided.

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## Wanna Recycle those Plastic Feed Bags?

The Extension Office has a bin to recycle the old plastic feedbags you have laying around your barn and that you keep forgetting to take to the trash. Don't throw them away, bring them to the Extension Office and recycle them!

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## Carcass of Merit

Upon the conclusion of county fair there is yet one more contest to be conducted. This contest takes place in the Beef project and it is a carcass contest of the market beef exhibited at the county fair. We would like to recognize those individuals who beef graded out and received the Carcass of Merit Award. The 2008 winners were:

Lindsey Brown

Clark Woodward

Kelsie Smith

These individuals will be recognized at the annual Crook County Stock Growers Banquet held in the next month. Congratulations.

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## Good Bye and Good Luck

It is with regret that I inform you that Ashley Thrasher our 4-H Program Coordinator has decided not to come back to work after having her baby. The act of parenthood is calling her to stay at home and spend time with her and her husband's new addition to their family. Ashley did a great job in the position as the 4-H program coordinator and I personally am very sorry to see her go. As it should be, family trumps work and for that we are all very happy for Ashley and her new baby. We would just like to say good bye and good luck as a new mommy!

p.s. If you frequently get business done through Ashley via email, please continue but utilize my email address in the future: [jeremy.green@oregonstate.edu](mailto:jeremy.green@oregonstate.edu)



# Club Information

## IDEA Fair

The Tri County Idea Fair is just around the corner on January 31, 2008. This is a great opportunity to get together with our neighboring counties and share ideas and training related to the 4-H projects and opportunities we are all involved in. Be looking for registration materials in next month's newsletter. Questions? Contact Jeremy at the Extension Office.

## Crook County 4-H Horse Leader's Inc Spring Horse Show Series

The dates for this year's horse show series sponsored by the 4-H Crook County Horse Leader's Association are:

- March 8th Indoor arena (note date change)
- March 21st Indoor arena (note date change)
- May 2nd 4-H arena

## Sign Up to Clean Up

If you are one of the many clubs who take advantage of our wonderful 4-H Clover Club Building, please sign up to deep clean the building. We are asking clubs to volunteer to clean once a month. To get on the list, please call Jeremy at 541-447-6228. Continued use of the building for 4-H clubs depends upon the clubs willingness to continue to support in the cleaning efforts of the building.

## Spring Livestock Weigh-In

The dates have been set for this year's spring weigh-ins. Be sure to mark your calendars now!

Beef– March 14, 2009 7:00 a.m.– 10:00 a.m.

**\*Remember, all steers must be halter broke by weigh-in**

Sheep, Swine, Goats– May 30, 2009 7:00-10:00 a.m.

Both at the Crook County Fair Grounds

## Attention New Leaderers!!!!!!

Attention all new 4-H leaders, a date have been set for new leader training. This one time new leader training is mandatory for all new leaders to the 4-H program. If you are a new leader or a leader that has signed up as a new leader between Fall of 2007 and Spring of 2009 then you must attend this training session. Please mark your calendar now to ensure you make it . Questions? Contact Jeremy. February 12, 2009 6:00 p.m. Extension Office

## Record Books and Fair Awards:

The following youth still have record books and/or fair awards waiting to be picked up at the Extension Office. We will not be storing these much longer, please stop by and pick them up:

### Record Books:

- |                  |                |
|------------------|----------------|
| Natalie Crawford | Orrie Crawford |
| Tiffany Hollis   | Olivia Moreau  |
| Rachel Kelso     | Nick Harding   |
| Jordan Haines    | Sadria Hensley |
| Dusti Elliott    | Brooke Swett   |
| Kaitlin Marciel  | Tyler Crawford |
| Joe Gerke        | Sienna Moreau  |

### Fair Awards:

- |                  |                   |
|------------------|-------------------|
| Natalie Crawford | Jeanne Jensen     |
| Emillee Sweider  | Sue Ellen Condron |
| Mikayla Harvey   |                   |



# Leader Retreat @ Eagle Crest– Cheap!

## 2009 Inaugural 4-H Leader Retreat– Eagle Crest Resort

This inaugural 4-H Leader Retreat is scheduled to coincide with the High Desert Leadership Retreat being held Friday, January 16 through Monday, January 19, 2009 at the beautiful Eagle Crest Resort. Stay in condos with other leaders, enjoy free time by relaxing in your condo, going to the Recreation Center, or by going out on the town in Central Oregon. Some of the workshops for 2009 include: COLORS, Everybody is a Leader, Club Meeting Planning, Adding Pizzaz to Your Club Meetings, Ethics, How to Deal With Difficult People, Emotional Intelligence/Leadership Styles, How to Manage Behavior Issues, and 4-H Opportunities: Youth and Adult Partnerships.

Register by:	Price/Participant	
	Lodging/Meals/Workshops	Workshops Only
December 31, 2008	\$80.00	\$30
January 1 through 15, 2009	\$100.00	\$50

I will be attending the entire weekend (includes lodging, meals and workshops)

*For planning purposes we need to know which* Friday

*nights you need lodging: (please check nights)* Saturday

Sunday

My spouse will be staying with me (must also register/pay as a participant)

I will only be attending the workshops during the day (responsible for own lunch)

Total: \_\_\_\_\_

***Participants requesting Scholarships will be responsible for all late fees if miss the early registration.***

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State, Zip County

\_\_\_\_\_  
Phone: Home Work Cell

Gender: M F Years as 4-H Leader: \_\_\_\_\_ T-shirt Size: S M L XL XXL

I would like to stay in a condo with: \_\_\_\_\_

E-mail: \_\_\_\_\_

Join leaders from Crook, Deschutes, Jefferson, Klamath, Lake, Gilliam, and Wheeler counties, and the Warm Springs Reservation for a weekend full of 4-H learning and FUN!!

Mail **registration** to:  
4-H Leader Retreat  
PO Box 1251  
Redmond, OR 97756

# Important Information

## Want to Start a New 4-H Club?

In order for Crook County 4-H to grow, we are in need of new 4-H clubs. Who better to start a new club than someone who has been in 4-H or a club for several years? Don't let the idea of being a Club Leader hold you back. The Extension Office is here to help. Got a new idea for a 4-H project that may not exist? New and emerging ideas are always coming up, don't be afraid to ask. Email Jeremy today at [Jeremy.green@oregonstate.edu](mailto:Jeremy.green@oregonstate.edu) or call at 447-6228.



## Looking for Leaders!

We are looking for leaders for the following areas. If you, or someone you know would be perfect for this job... let them know, and come in to the CC Extension office to get the paperwork.

### Sheep Clubs

We are looking for more sheep leaders! We are down to three sheep clubs that are becoming very full, and a few new clubs would help this popular area.

### Home Ec Clubs

We are looking for leaders to help with our Home Ec area (cooking, sewing, knitting, crocheting, and photography).

### Lego Robotics Club

Are you a wiz at technology? We need a computer savvy tech leader to help our lego robotics kids!

### Natural Resources Club

If you like hiking and exploring the great outdoors, and would like to share your passions with youth, this may be right up your ally!

**Drama and 4-H Band Club Leaders**– Like the performing arts? Have a talent for the stage or with an instrument? Then we need you to share those talents with young people in 4-H.

**4-H Clover Buds**– Have a desire or knack working with k-3 graders? Then we need you as a leader for our younger youth. Help jump start their 4-H career now. Curriculum and activities provided.

## Deschutes/Crook SET Club

Well, the Lego competition is behind us and it was a great success. Congratulations go to Preston and Jeremy for the great work they did at the First Lego League competition December 6, 2008. Thank you to all the other Redmond SET Club members for the hard work you put into helping to build and program Phat Bob in getting him prepared for the big day.

The New Year brings us to new and exciting projects our aspiring SET club engineers will participate in; starting January 23<sup>rd</sup> at 5:30 at the Deschutes Extension Office we will resume our club meetings and begin building windmills. This is a great opportunity to learn about renewable energy along with how to recycle old non working electronics and turning them into energy producing windmills. New members are always welcome. We will see you 1/23/09 at the Deschutes Extension Office. Questions? Contact Heidi Badger- 4-H SET Club Leader- 541-475-3808

# Important Information

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## Crook County Parental Code of Conduct - FYI

The mission of 4-H is to teach subject matter and life skills through a process that helps young people meet key developmental needs. To do this, 4-H must create an environment that is conducive to learning and growth. Consequently, Crook County 4-H adheres to a Codes of Conduct for members, volunteer leaders, and parents. This year you will find as you begin to re-enroll your youth in the 4-H program an additional code of conduct for parents and leaders. Because we expect the youth to be informed about the code of conduct we expect them to follow as 4-H participants, we also feel it necessary and consistent to have the parents and volunteers sign a similar code of conduct so that they too are aware of the expectations we have in 4-H in order to provide a positive and productive experience for all involved in the program. Below you will find the information that is on the new parental/legal guardian/volunteer code of conduct sheet that will be signed by all adults whom either have youth in the program or serve as volunteers.

### Parental/Legal Guardian/Volunteer Code of Conduct

Parents/Volunteers must demonstrate a commitment to the vision, mission and core values of the Oregon 4-H Youth Development Program. Actions not in the best interest of 4-H will not be tolerated.

Show respect and courtesy to youth, adults, volunteers and Extension faculty and staff.

Use language that is appropriate and respectful of others. No swearing is allowed.

Parents and Volunteers are expected to abide by Federal, state and local laws. They are also expected to abide by policies and guidelines of Oregon State University, OSU Cooperative Extension Service, and the Oregon 4-H Youth Development Program.

Parents and Volunteers must show respect for the property and facilities used during an event or activity and will assume responsibility for any damages they cause.

Treat all people in a courteous, respectful manner demonstrating behaviors appropriate for a positive role model for youth.

Abide by policies and guidelines of the Crook County 4-H program.

Recognize that actual or threatened verbal, sexual, emotional, neglectful, or physical abuse of others is unacceptable in the Crook County 4-H program.

Treat animals humanely and teach your children appropriate animal care.

Do not consume alcohol or use illegal drugs at or around 4-H activities in which your child or any youth may participate.

Violators may expect to:

- 1) Be dismissed from service with the Crook County 4-H Program
- 2) Have their child and/or exhibit(s) removed from events at their expense
- 3) Have their child be denied membership in the Crook County 4-H program
- 4) Have their child be denied recognition

I have read and agree to the above Code of Conduct. I understand that violations may result in loss of eligibility for me and/or my child to participate in future 4-H Youth Development and activities or loss of membership privileges. In addition to the above violations, I understand that actions breaking federal, state, or local laws could result in criminal charges.

# Upcoming Dates and Opportunities

Leaders's Association Meeting– Extension Office– 6:00 p.m.	Jan. 12, 2009
High Desert Leadership Retreat	Jan. 16-19, 2009
HDLR LEADER TRACT Eagle Crest Resort– Registration Information in this newsletter	Jan. 16-19, 2009
Mandatory Leader's Meeting– Clover Building– 5:30 p.m.	Jan. 26, 2009
Enrollment Deadline– Extension Office– 5:00 p.m.	Jan. 30, 2009
IDEA FAIR– Redmond/Bend– Registration Coming Soon	Jan. 31, 2009
Horse Show– Crook County Horse Leader's Inc Series– CCFG	Feb. 8, 2009
New Leader Training-6:00 p.m.– Extension Office	Feb. 12, 2009
Sale Committee Meeting– 7:00 p.m.– Location TBD	Feb. 17, 2009
Tri County Horse Judging and Hippology– 9 a.m.– 1 p.m. – DCFG	Feb. 21, 2009
Horse Show– Crook County Horse Leader's Inc Series– CCFG	Mar. 8, 2009
Know Your State Government– Salem OR,	Mar. 5-7, 2009
Spring Beef Weigh-In and Tagging– CCFG	Mar. 14, 2009
4-H Night with the Blazers– Portland OR	Mar. 26, 2009

# January 2009

<b>Sun</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
				1	2	3
4	5	6	7	8	9	10
11	12 Leader's Association Meeting- 6:00 p.m. Ext. Office	13	14	15	16 HDLR Youth and Leader's Tracks	17 HDLR Youth and Leader's Tracks
18 HDLR Youth and Leader's Tracks	19 HDLR Youth Tracks	20	21	22	23	24
25	26 Mandatory Leader's Meeting 5:30 Clover Club Building	27	28	29	30 Enrollment Deadline	31 Tri-County Idea Fair

**Crook County Extension Office**

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Prineville OR 97754

(541) 447-6228



**Crook County Extension Staff**

**4-H Staff**

Jeremy Green: 4-H Agent

Ashley Thrasher: 4-H Program Coordinator

**Other Staff**

Mylon Bohle: Forage Agent

Tim Deboodt: Staff Chair; Agriculture Agent

Barbi Riggs: Livestock Agent

Libby Rodgers: Agriculture Program Assistant

Pam Wiederholt: Office Manager

*To the entire family of:*

**Enrollment Deadline— February 1st!!!!!!!  
Enrollment forms must be turned into the Extension  
Office by 5:00 p.m. January 30, 2009 in order to be a par-  
ticipant in the Crook County 4-H program for 2008-  
2009!!!!!!!!!!!!!!!!!!!!!! Don't wait, enroll today!**



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