



4-H Youth Development

Over the Clover

VOLUME 15

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A monthly publication for the 4-H members, leaders & families of Deschutes County

Deschutes County 4-H Dog Members Shine at State Fair

Six Seniors and three Intermediates traveled to State Fair for the 2007 Dog Show. All nine of them represented Deschutes County in fine fashion. Seniors Elizabeth Berman, Kelsey Dufour, Courtney George, Jack Gisler, Eric Steensen, and Emily Stokes did extremely well in



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Showmanship. Jack received a red in showmanship and the others received blue ribbons with call backs. Emily was honored with a medallion for her performance. Jack was not finished with his day. He and his dog Belle received the Reserve Grand Champion ribbon for their performance in Graduate Novice Obedience.

Intermediates Samantha Hyde, Shauni Johnson, and Jaycee Morrison did equally well. Samantha and Jaycee left state fair with blue ribbons in showmanship. Shauni did well in receiving a red ribbon for her efforts.

It was an honor and privilege to spend the two days with such a fine group of young people. Congratulations to all.



Editor's Note: Watch next month's edition for more on state fair, including horse, livestock and static exhibitors!

DESCHUTES COUNTY 4-H CALENDAR

(Can't find it here? Be sure to check the individual project calendars.)

2007

Sep	5	Dog Committee Meeting, 6:30
	11	Horse Project Committee Mtg; 6:30 pm
	14	4-H Family Trail Ride; place TBD
	15	Teen Staff Picnic, McKay Park
	17	Livestock Committee Mtg, 6:30 pm; NS
	24	Executive Committee Meeting, Youth Officers, 6:30 p.m; Adult Officers 7 p.m
	25	Home Ec./Ex. Arts Comm. Mtg;. 6:30 pm
	26	Small Animal Committee Mtg; 6:30 pm
	27	Auction Meeting; 6:30 pm
	Oct	2
*5		Record Books & Scrapbooks due for Judging NO LATER THAN 4 pm
13		Cookie Camp (<i>Tentative date</i>) NS
15		Livestock Committee Mtg, 6:30 pm; NS
27		Sewing Leader's Training; 9-4 pm, NS
27		COSA concert; Bend HS, 7-9 pm
28		COSA concert; Bend HS, 1:30-3:30 pm
29		COSA concert; Bend HS, 7-9 pm
Nov	13	Horse Project Committee Mtg; 6:30 pm
	27	Home Ec./Ex. Arts Comm. Mtg; 6:30
TBD		
	28	Small Animal Committee Mtg; 6:30 pm
Dec	8	Leaders & Members Recognition Night; NS, 6:00 PM

2008

Jan	29	Home Ec./Ex. Arts Comm. Mtg; 6:30TBD
Feb	9	Cookie Camp (<i>Tentative date</i>) NS
	16	Idea Fair; DCFE All Sisters Bldngs
	23	COSA concert; Bend HS, 7-9 pm
	24	COSA concert; Bend HS, 1:30-3:30 pm
	25	COSA concert; Bend HS, 7-9 pm
Mar	8	Gala; Bend Senior Center
	25	Home Ec./Ex. Arts Comm. Mtg; 6:30 TBD
April	26	Cookie Camp (<i>Tentative date</i>) NS
May	3	COSA concert; Bend HS, 7-9 pm
	4	COSA concert; Bend HS, 1:30-3:30 pm
	5	COSA concert; Bend HS, 7-9 pm
	27	Home Ec./Ex. Arts Comm. Mtg; 6:30TBD
June	6	Redmond Chamber Coffee Clatter

*Changed Date.

All meetings are at the Extension office unless otherwise noted. Project committee meetings are open to all leaders, members, and parents. This is where decisions are made regarding your project area. Your attendance is encouraged and most welcome.

Dave to be Out of Office

I will be out of office from September 1 through September 21, 2007. This is a study leave for me. I am preparing for my written and oral comprehensive exams. I appreciate your patience during this phase of my academic pursuit. I will attend committee meetings scheduled for September. I can be reached at 541-330-9679, or david.white@oregonstate.edu, or 541-480-1248. djw



Got Workshops?

It's time for us to begin planning our annual calendar of events. As with every year, a number of things are already scheduled, High Desert Leadership Retreat, Camp, Fair, and so on. However, each year, we do a number of workshops attempting to cater to the needs of our clientele, YOU. Help us out, is there anything you want to know more about? A specific project area that needs a series of workshops? Anything specific that you don't feel you have enough information about? These workshops don't have to be any of our expertise, we can find teachers. AND they don't have to be for members, we like to educate volunteers too. Anything from new leader record book training, to conflict resolution, to how to feed a steer, to livestock judging, or knitting a sweater or whatever. Let us know your needs, wants and interests...we'll do our best to accommodate. ccb

Teen Staff News!!



Teen Staff & Family End of the Year Potluck Picnic

WHERE: McKay Park
166 SW Shevlin Hixon Drive, Bend

WHEN: September 15th, noon to 4 pm

WHAT: Bring enough of your favorite picnic food to share! (4-H will provide plates, utensils, drinks etc.) Bring your Frisbees, baseballs, swim suits, or what ever fun things you want to bring!

WHY: Because you have worked *hard* this year, and deserve to have a day to just have fun! Bring you entire family!!

SEE YOU ON THE 15TH!!!

A New Year!

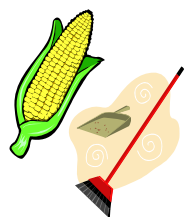
Keep your eyes open for some changes to our Teen Staff next year. This year, each Teen Staff member will be part of the 4-H Leadership Project. But, not to worry, it won't be *too* painful! We'll start taking applications for the 2007-2008 year in October.

Also, I would like all of current Teen Staff members, and anyone who thinks they may be interested in joining next year to attend a meeting on Thursday, November 8th. We will discuss the upcoming year, what to expect as far as changes in the Teen Staff, and of course, I'll try to have some food!

I have enjoyed working with you all so much this year!! Thanks for all of your hard work and support. I'm really looking forward to a new year!



Tina



Post Fair Thoughts....

Well, fair is over for another year and we get a little breather before the whole thing starts over again! I must say that it all went smoother than I thought it would! I had been having nightmares about some really big thing that I was going to forget to do, but with the help of many volunteers, and the other 4-H Staff members, we made it through with only a few mistakes. Thanks to you all for your patience dealing with this "green horn". You were all very kind to me when I gave you the "what are you talking about" face when asked about sheets for herdsmanship, proxy buyers, awards, auction info and any number of other things I didn't know anything about going into fair. While I am still no expert, I do know more now than I did before fair, and hopefully, next year you will get that "look" less often!

Thanks to all of you leaders and parents and volunteers who made this year's fair a success. And another **BIG thanks to my ever faithful Teen Staff!!** You worked hard and you were a "maize"ing! When I was in a "corn"er, you helped me out. The way you took on responsibility "swept" me off my feet! (Anyone who spent any time in the North Sister this year will know exactly what I mean.) I salute you all!

SALUTE!!!

Tina



What's Up?

Record Book & Scrapbook Judging & County Medals

All record books, scrapbooks, and county medal applications are due on **Thursday, October 5th, no later than 4 p.m.** This is not a mandatory check, but a great time to turn in your books, sit down with the judge, and get some pointers on how to better keep your records.

Make an appointment to be interviewed with the judge when you drop off your record books. Remember, if you do not interview, you are not eligible for champion, reserve champion or any special awards. (Exception is graduated seniors who are away working, military or at college).

If you are in grades 7-12, you are eligible for a county medal. Applications are available in our office as well as on the "forms" page of our website. Medals will be presented at the Member/Leader Recognition Night in December.

PORK TENDERS 4-H CLUB



Eleven kids and 3 chaperones are departing on October 16th for a week of work in Mazatlan Mexico. They are able to take 10 boxes of clothes (summer only), personal items, and new toys with them. That's 500 pounds of STUFF. If you have new or nearly new items to donate please call Meri at 388-0663 or Nancy at 593-4041 or at the Bend Feed Barn 382-3511.

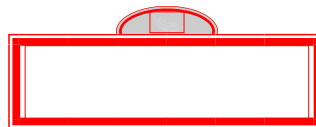
We will be doing two projects while there.....a chicken coop for the orphanage and a ecological wood cook stove for the Conrehabitat Ranch.

The 26 kids at the orphanage are 3-19, boys and girls, some with disabilities. Thank you for any help.

T H A N K Y O U F O R Y O U R S U P P O R T

*We, the leaders of the Pork Tenders 4-H club, would love to thank the parents and businesses that helped us do
FEAR FACTOR 4-H STYLE.*

*PRONGHORN FOUNDATION
THE FEED BARN
CRABTREE AUTOMOTIVE
HIGH DESERT HOGS
SKIPPERS
DAWN JACKSON
ROY AND CHRIS
CARY'S PRODUCE PATCH*



4-H and the Family

Upon joining, your family, yes, your family, will become part of one of the largest positive youth development organizations in the United States. While the educational experience is designed for K through 12th grade youth, adult involvement is a key to their success. Family support keeps children interested, enthusiastic, and active in the 4-H program.

It is difficult to balance family, home life, and work. Much of the time is consumed by driving children from one activity to another with little time spent together. 4-H solves this problem by offering numerous projects and activities where youth and their families can learn and grow together. Imagine the fun in developing interests and hobbies as a family.

Welcome to the world of 4-H – we're glad to have you. (Revised from 4-H 0279L) djw

What's Up?

Thank You! It's Been a Good Run

Another fair has come and gone, I'm not sure how many this is, for me, but it must be in the neighborhood of 13 or 14. I enjoy fair, I enjoy seeing young people succeed and face challenges in a positive and safe environment. I appreciate the many volunteer hours that are contributed up to and during fair. The generosity of volunteerism in our program is amazing. All, for the benefit of the youth in our communities. Fair is the culmination of these contributions and of the 4-Her's hard work and efforts. It's quite humbling when I think it.

I want to take this opportunity to thank each of you, from parents to the barn Mom volunteer to the superintendents and leaders. Everyone contributes what they can, it's what makes fair work. Much thanks to each of you! You're special and appreciated and I hope you're aware that each of you is a part of something big, something important, and something that benefits the youth and their families throughout Deschutes County. Thank you for all you've done and for the future that is bright because of each of you!

I've had a few inquiries into me and "what's going on with me?" Apparently, I wasn't my normal "cheery" self throughout fair. If I was short with you or not respectful in any way, I sincerely apologize.

It's true things in my life are changing and a bit challenging right now, my efforts to cover those challenges, feelings and thoughts were not successful during the fair. So to anyone who may have felt that I "wasn't myself" or that I was "too direct," I apologize. I respect each of you. My personal life should never be a part of my professional life, unfortunately, as many of you know, it's bound to rare it's head occasionally.

So to ALL, thanks for a good fair and thanks for all you do to make it special each year!



Gearing up for Cookie Camp & COSA!!

It's hard to believe, but baking time is coming up quickly!! We will be baking up a storm again next month getting ready for the season's first Central Oregon Symphony Concert series. Cookie Camp is tentatively planned for Saturday, October 20th, and the concert series runs the Saturday the 27th to Monday the 29th.

We can always use all the help we can get making 6,000 cookies in a day! If you haven't yet experienced this event, gather your 4-H club together, or come out by yourself and get in on the fun!!

I will need 4-H members to serve these refreshments each night of the Symphony as well. All that you need is a white shirt, a black skirt or pants, a smile and a good attitude! I will be signing up about 10 people per concert, so sign up your club now! These spots fill up fast!

Both Cookie Camp & serving at the Symphony count toward community service and will fill a pre-fair requirement! If you have any questions, feel free to call or e-mail me (contact info is on the back page of the newsletter).

Tina

OTC Labeling Schedule Help Needed

We need for clubs to sign up to Label the *Over the Clover*. We ask clubs to donate their efforts to label the newsletter. Contact Gay or

Month of Issue	Dates to Label	Club Responsible
Sep '07	8/30 or 8/31	High Desert Hogs
Oct '07	10/3 or 10/4	Sisters Stompers
Nov '07	11/1 or 11/2	Sugar 'n Spice
Jan '08	1/3 or 1/4	
Feb '08	2/1 or 2/4	
Mar '08	3/3 or 3/4	

What's Up?

Japanese Exchange Students and Families Enjoy HDCC

More than eighty youth and adults took turns belaying up the HDCC. Participants got on the course at 7:00 am and zipped off the course finally at 9:30 pm. It was a long day, but well worth every minute.

For the Japanese Exchange students and their adopted families, the day on the HDCC was the culmination of a month long stay here in Oregon for more than 20 Japanese students. There were some nervous steps and pole hugging that took place. To the last one on the course, all enjoyed their experiences.

My thanks to the families for hosting and to Bill Conklin, John Kailey, Mandy Schmidt, Rocki Bessette, Toni Stephen, and Jon Creach for volunteering their time to facilitate the HDCC. Djw

Deschutes County 4-H is Looking for Alumni

Every year the 4-H program says good bye to graduating seniors. It even says good bye to volunteer leaders who have invested several hours in making the program strong and 4-H'ers even stronger. It is a shame to lose contact with these people that have contributed to the value and history of Deschutes County 4-H.

In the interest of creating a Deschutes County 4-H Alumni Association, this is where we can use your help. Many of you have participated in Deschutes County 4-H as a parent, member, leader, or program supporter. Can you help us locate our long lost alums? You can help by forwarding this form to someone you know. Or, simply fill out what you already know and send it back to the 4-H office. We appreciate your efforts. djw

Fairgrounds Service

As most of you know, the fairgrounds continues to allow us meeting space at no charge. Instead, we try to provide volunteer labor at different times throughout the year to "payback" the use they allow us. I would like to continue our volunteer service this year. I would like to schedule clubs to come and spend 2-4 hours just doing whatever they need done. It could be a weekend or a day off of school. Members may pull weeds, pick up trash, wash off chairs, sweep, or any number of other tasks. I would very much appreciate every club who participates in events at the fairgrounds to take the time to contribute at the fairgrounds. You pick the day and I'll work it out with operations. All clubs must come with at least 1 adult and I prefer 1 adult to every 6 youth, more if they're all junior level members. So, if you've done fair, fashion revue, livestock show, a meeting or a horse show, please schedule and fill out the following form and turn it into Candi at your earliest convenience.

Fairgrounds Service Sign Up

Name of Club _____ Name of Leader or Contact Person _____

Phone _____ Email _____

How many youth are coming? _____ How many adults? _____

What are the ages of the youth who are participating? _____

When would you like to come and help out? _____ Times _____

Send this form or Email this information to Candi at
3893 SW Airport Way, Redmond, OR 97756 or Email at Candi.Bothum@oregonstate.edu

What's Up?

What Does the Clover Mean to You?



We have finally started to work on the results of the Focus Groups conducted in November. One of the areas defined that needed attention was marketing. Recently, a diverse group of 4-H youth and adults spent two nights discussing the 4-H Clover and how Deschutes County 4-H wants people to see the 4-H Clover. The result was to engage, in a grass roots movement, the members, parents, and leaders in a verbal campaign to represent 4-H in the simplest of terms.

What the group determined is that everyone in 4-H knows what 4-H means to them. But, it is very hard to tell this to friends and others so they too can understand.

Here is what the group has suggested. For youth, when someone asks you: what is 4-H? Simply reply: **4-H is fun with friends and you learn something too.** For the parents out there, when asked the same question, try responding with: **4-H grows good kids.** Now for the 4-H youth development volunteers, the group suggests saying: **I teach youth what I have a passion for.**

As we approach fair consider practicing these few words in your conversations with friends and families. Let's see how far this grassroots campaign can take the program. Have a happy summer. djw



NEW 4-H BROCHURE!!!

We are working on a beautiful new 4-H brochure!! Here's how you can help: We are going to have inserts for these major project areas in the 4-H program: Home Ec, Horse, Leadership, Livestock, Natural Resources, Small Animal & Technology. We would like to have 4-H members, leaders and/or parents submit photos (you probably have a bunch from this year's fair!) and/or write a short description of the projects they are involved in, and a couple ways the experience has enriched their lives. If you can help, please call me (548-6088), or e-mail me (tina.hohman@oregonstate.edu) ASAP.

Thanks!

Tina

What's Up?

The Over the Clover Café Tops Last Year's Performance

The Deschutes County 4-H program operates on a slim budget. Funds used to drive the program come from three major sources. One is the annual Million Penny Radio Round Up. Another is through corporate and individual donations. The final source is through the operation of the Over the Clover Cafe during fair season.

During this short week a major portion of the 4-H budget is developed. It is managed by two volunteers, Gary and Karen Moss. They bring years of experience to the Café and have provided a menu of unique signature items that can only be found at the Café.

If you smelled cinnamon this year, then you smelled the ultimate in blue ribbon gastronomic delicacies. If your sweet tooth gave way to a heartier meal, then you tried the breakfast muffin or the Oregon Trail Burger. This year Gary added something new to the menu: the Carolina Pulled Pork Sandwich. It's was an east coast meets west coast thing.

Your fair dollar went much further at the Over the Clover Café since the prices are developed with the 4-H family in mind.

And, you can feel good about buying a meal from the Café. It is staffed by 4-H members, volunteer leaders, and parents. All the proceeds, minus costs, go directly to the 4-H program. The funds are used to purchase curriculum, provide scholarships, and support program development.
djw

Our real blessings often appear to us in the shape of pains, losses, and disappointments; but let us have patience, and we soon shall see them in their proper figures.

Joseph Addison
Poet

Lost & Found from Fair

If any of this is yours, please pick it up as soon as possible.

Brown Sunglasses	White Sox Baseball cap
Red bucket	Purse
Light blue Pepsi container	Nike hoodie
Black Adio Shoes	Dailies contact lenses
Stanley gloves	Flex grip glove
Grooming brush	Assorted CD's
Green halter & lead rope	Lilac colored watch
Kyocera cell phone	Photo ID's for:
Unicel water bottle	Jessica Montino &
Xtreme fitness key chain	Journie Betschart
Jelly Belly baseball cap	
Columbia jacket	
BBR Baseball cap	

Record books for: Beka Porter, Michelle Gant, Kailee Amberson, Brendan Dixon, Kelsey Dixon

Items not claimed by September 30 will be donated.

Other Items from Fair

- Premium book & other paperwork belonging to Kim Williamson
- Costume belonging to Olivia Veldsma
- Box of fair items for Kraelyn & Jordon Walker
- State Judging ribbon for Ashleigh Jensen
- Awards for Summer Young and Devon Studwell
- Fashion Revue Score Card for Jaycee Morrison
- Blue Ribbon and clothing score card for Kylie Burk
- Blue Ribbon and food score card for Elizabeth Lowe
- Fashion Revue pictures for: Shay & Lindy Perry, Trisha Shogren, Kaitlin Ross, Ashley Smith and Zoe Lash

Items not claimed by September 30 will be donated or thrown away.

What is 4-H?

4-H is an experiential positive youth development education program for boys, girls, young men and young women in grades K-12. The program is designed to meet the developmental characteristics of youth through cooperative learning environments.

The 4-H program is conducted by the Oregon State University Extension Service as authorized by federal and state statutes. The local program is administered by Extension and county staff in accordance with University and Extension policy.

The Deschutes County 4-H program is guided by an adult/youth governance structure that assures the program meets county needs.

Youth typically belong to project clubs and choose from a variety of short and long term activities designed to engage their minds, bodies, and spirits. Projects are broadly related to natural resources, citizenship, livestock, small animal, dog, horse, home economics, and expressive arts. More than 2000 Deschutes County youth participate in some aspect of 4-H programming.

Project clubs are led by trained 4-H volunteers who have enrolled as off campus volunteer faculty with the Extension Service. These volunteers possess vocational expertise or avocational interest in the projects they lead. They present information and curriculum provided by Extension, Oregon State University, or other Land Grant Universities. There are more than 225 volunteer leaders in the Deschutes County 4-H program. Together, they contribute 45,000 hours of service. This time is valued at nearly \$743,000.

Most important, 4-H is not about the individual project. 4-H is about facilitating a process of learning where youth: feel a sense of belonging to something that is safe a secure, develop much needed independence, achieve mastery over new and interesting challenges, and understand generosity is the greatest of all gifts. (Revised from 4-H 0271L)

What's Up?

Cinnamon Roll Recipe Divulged

It used to be that fairgoers flocked to the fair looking for funnel cakes and elephant ears. Nowadays it appears they come for the warm goodness of a taste sensation that has swept its gastronomic way across the fairgrounds. Yes, I am speaking about the Blue Ribbon Cinnamon Rolls, that when baking, can be smelled as far away as the pig barn. Which I am sure is a welcomed change in the atmosphere when the temperature reaches into the high 90's.

How long does it take to make 1,200 Blue Ribbon Cinnamon Rolls? At least 12 hours according to my calculations. I have learned to stay away from the Over the Clover Café in mid July. Around this time every year the Cinnamon Roll Day Camp takes place. Eggs crack, flour flies, sugar pours, yeast blooms, cinnamon shakes, and butter melts as several 4-H'ers, under the guidance of Gary and Karen Moss, roll out cinnamon roll after cinnamon roll.

For those of you curious as to the secret Moss family recipe here it is:

Some amount of processed soluble carbohydrate

Some amount of solid, yellowish, edible fat

Some amount of white dairy fluid

Some amount of semi solid cultured dairy product

Some amount of dried inner bark of the laurel tree

Some amount of sodium chloride

Some amount of yellowish, moist fungi

Some amount of oval poultry by-product

4,000 lbs of volunteers divided into equal parts girls and boys

2 dedicated OTC Café Managers

Enjoy. djw

*There is never a wrong time
to do the right thing.*

What's Up?

Deschutes County 4-H Volunteers Know Their Stuff When it Comes to Teaching

4-H relies heavily on a model of learning called Experiential Education. In short, 4-H leaders present members with an experience, allow members time to reflect on the experience, assist members in developing thoughts or ideas about the experience, and finally experiment with new thoughts and ideas. (David Kolb, et al, Organizational psychology: an experiential approach, Prentice-Hall, New Jersey, 1971).

In essence, volunteer leaders enable the learning process by telling, showing, and involving (TSI) members in a project. This is a tried and true, systematic method of helping 4-H'ers gain new life skills enabling them to become productive and contributing members of society.

It is not enough, however, to assume this method of teaching works in isolation. At least three learning styles are employed by members in every learning opportunity. Preferred learning styles fall into three categories: auditory (hearing), visual (seeing), and kinesthetic (touching). These styles align easily with telling, showing, and involving learning process.

On average, members learn 45% from what they are told, 45% from what they see, and 10% from what they manipulate. If all children were created equal, this would make a one hour project meeting very productive. Twenty seven minutes would be devoted to lecture. Twenty seven minutes would be allotted to demonstration. The remaining six minutes would be consigned to hands-on activities. This is not a perfect world.

Perception is everything. Of the five senses, three are primary to the learner's perception of the world and how he communicates: seeing, hearing, and touching. Although, smelling and tasting play lesser roles, they cannot be ignored in the learning process.

Positive communication among individuals and groups is best achieved when all involved perceive, store and retrieve information either visually, otically, or kinesthetically. Again, the world isn't perfect. For leaders, it is important to understand and acknowledge a personal preference. Then, develop a teaching strategy that combines the other two. The final step is to recognize and acknowledge the preference of members. Do they prefer learning through hearing, seeing, or touching?

Eye accessing cues are good predictors of learner preference. The positions of a learner's pupils provide clues to understanding, storage, and information retrieval.

When right handed youth or adult eyes are positioned up to the left, up to the right, or unfocused and straight ahead tend to be visual learners. When eyes are level right, level left, or down and to the left, students prefer learning through hearing. Those whose eyes are positioned down and to the right are inclined to be kinesthetic learners. It is important to remember hand dominance plays a role too. Left handed people will look down to the right if auditory and down to the left if kinesthetic.

What does this mean? If you know a learner is more visual try communicating with words such as: see, look, focus, watch, clear, etc. If he is more auditory use words like: listen, talk, said, speak, hear, etc. For kinesthetic learners try these words: feel, hold, grab, handle, action words, etc. (Robbins Research Institute)

For leaders, communication is destined to be better if you know your personal preferences and those of your members. Moving from telling, to showing, to involving will be less a challenge. Each new club experience will enable youth to reflect on new concepts, develop thoughts and ideas, and experiment with new knowledge or skills. djw



Powerful Words for a Powerful Program

Kellie Eldridge, a leader of High Desert Dogs, provides these important words to her club members. You may want to know and memorize them. Judges have been known to ask questions about the pledge, emblem, motto, creed, and colors. Thanks, Kellie. djw

THE 4-H PLEDGE

I pledge my head to clearer thinking,
My heart to greater loyalty,
My hands to larger service, and
My health to better living,
for my club, my community, my country, and my world.

HEAD- knowledge is useful throughout life

HEART- strong personal values, positive self concept, and a concern for others

HANDS- workforce preparedness, useful skills, science, and technological literacy

HEALTH- healthy lifestyles

THE 4-H EMBLEM

The first 4-H emblem was a three-leaf clover, introduced sometime between 1907 and 1908. The three "H's" represented head, heart, and hands. A fourth "H" representing health was added in 1911. The clover, the official 4-H emblem, is protected by the U.S. Congress.

THE 4-H MOTTO

"To Make the Best Better"

THE 4-H COLORS

GREEN- nature's most common color is emblematic of springtime, life and youth

WHITE- symbolizes purity and high ideals

THE 4-H CREED

I believe in 4-H club work for the opportunity it gives me to become a useful citizen.

I believe in the training of my Head for the power it will give me to think, plan and reason.

I believe in the training of my Heart for the nobleness it will give me to be kind, sympathetic, and true.

I believe in the training of my Hands for the ability it will give me to be helpful, skillful, and useful.

I believe in my country, my state, my community, and in my responsibility for their development.

In all these things I believe and I am willing to dedicate my efforts to their fulfillment.

What's Up?



State Qualifying Photo by *Michelle Gant*

PHOTO TIPS

Submitted by Sherrie Gant

Tip #8 Take Extra Pictures

When you come across a scene that appeals to you, don't be afraid to take extra pictures to insure that you get a good one. Vary the viewpoint on immobile subjects. Move around and try different angles and distances. Even when photographing people you need to take extra pictures to capture the best expression.

Tip #9 Watch the Light

Pay attention to how the light affects the scene. Any change in illumination alters the appearance of the subject and changes the final photo. Watch for unpleasing shadows or is the sunlight too harsh? Move your subject into the shade or wait for a cloud veil. Be alert for unusual lighting, it can make an ordinary picture extraordinary. Becoming aware of light and how it affects your subject is a major step towards making pictures go beyond ordinary.

Teaching kids to count is fine, but teaching them what counts is best.

Bob Talbert
Columnist



aka, HDCC

When and where are gender and age not a barrier to communication? It is when men and women of all ages are 30 feet above the ground on the High Desert Challenge Course located on the northeast side of the fairgrounds.

Since its opening, the HDCC has proven itself to be a challenge and great equalizer for youth and adults in breaking down certain strongly held stereotypes. Apparently, the vertical distance above terra firma has a way of making people see eye to eye for the first time.

In May, twenty people attended the three day training in Redmond to become certified HDCC facilitators. Among those trained were representatives from Sage-Walk, Community Juvenile Justice, Court School, Redmond School District, Bend La Pine School District, and 4-H.

The group is diverse for a couple of reasons. First, it provides a good source of volunteers to help out when 4-H clubs, schools, and other youth development programs want to access the course. Two, when schools and organizations have their own staff trained to facilitate the HDCC they are able to access the course on their own time frame and more importantly without any cost.

Starting in the fall, the HDCC will start taking reservation from 4-H clubs to get up on the course. This is a perfect club activity for groups wanting to get a jump on the new 4-H year.

The HDCC stands ready with an invitation to schools and positive youth development organizations to access the course as an integral part of each school or organization's education or youth development plan. You can email your questions to info@hdcchome.com or call 541-548-6088 to speak with the HDCC faculty. Djw

New HDCC

Facilitator Training Dates

Teachers, school counselors, positive youth development organization staff, non-profit organization staff, and government agency staff wanting to access the High Desert Challenge Course should hold Thursday, September 20 through Sunday, September 23 for the next facilitator training. On Thursday evening, trainees will learn how to facilitate the HDCC's Low Elements. On Friday evening and all day Saturday and Sunday, trainees will learn to facilitate the HDCC's High Elements.

The cost of the training is \$200 per person. The HDCC covers the cost for 4-H volunteers. This is a small investment for your school, non-profit, or agency since it allows certain privileges not afforded other groups. See the article related to HDCC Rates for more information, djw

New Rates for HDCC

Schools and Positive Youth Development Organizations (PYDO's):

When schools and positive youth development organizations have their staff trained to facilitate the HDCC's elements, they have unlimited no cost access to the HDCC facility. While it is not necessary for schools and organizations to become HDCC members, the \$150 annual fee helps offset the HDCC's insurance premiums. If schools and PYDO's are not able to supply their own facilitators, the HDCC will supply 3 to 5 facilitators at an additional cost of \$35 per hour per facilitator.

Non-Profit Businesses and Government Agencies:

It takes approximately 3 hours for 12 participants to fully experience either the HDCC's High Elements Course or the HDCC's Low Elements Course. Lease fees are as follows:

When non-profit businesses and government agencies have their staff trained to facilitate the HDCC's elements, they are able to reserve dates indefinitely. A minimum \$250 lease fee is accessed each time the HDCC is used. If businesses and agencies are not able to supply their own facilitators, the HDCC will supply 1 to 5 facilitators at an additional cost of \$35 per hour per facilitator.

Corporations, Companies, and Businesses:

It takes approximately 3 hours for 12 participants to fully experience either the HDCC's High Elements Course or the HDCC's Low Elements Course. Program fees are as follows:

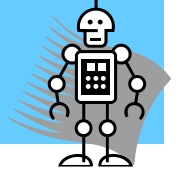
12 participants minimum, \$15 per participant per hour, 3 HDCC facilitators, 3 hours, total program cost \$540.

13 – 24 participants, \$12.50 per participant per hour, 4 HDCC facilitators, 6 hours, total program cost \$975 to \$1,800.

25 – 36 participants, \$10 per participant per hour, 5 HDCC facilitators, 8 hours, total program cost \$2,000 to \$2,880. djw

4-H BIT

(Business, Information & Technology)



Web Pages, Wikis, and Blogs!!

Are you interested in learning how to create Web Pages, Wikis or Blogs? Central Oregon 4-H Tech is looking for seven to ten 4-H members interested in meeting once a month to create webpages, wikis, and blogs. Meetings will be held at the Deschutes County Extension Office. Please contact Sarah Cofer at 548-6088 or email sarah.cofer@oregonstate.edu.

Ed Mobile™: Now You are Just a Text Message Away

The Deschutes County 4-H Leaders' Association and the 4-H staff are always looking for ways to communicate with 4-H families, members, and volunteers. Currently, you receive timely news and information through the *Over the Clover* newsletter, the Deschutes County 4-H website, email listserv, and the 4-H Info Line.

Now, the 4-H program can send you text messages about events, activities, and deadlines at a moments notice. Ed Mobile™ is just another way we can help keep you informed. Signing up is simple.

If you wish to be on this service, just go to <http://www.ed-mobile.com> to sign up. Everyone signing on to this service will be responsible for text message fees according to your cell service provider, and there are no *additional* fees. All signing up will automatically be registered for general text messages. You will need to sign up for additional specific program areas. You may want to register ALL the cell phones in your home.

Imagine this, a meeting gets canceled because of weather AND at a moments notice, you get a text message on your cell phone letting you know. OR, an event is moved to a different building or location...zap a text message letting you know. djw



The Noise Update

A podcast is a digital media file that provides information. It can be played on any device that will play a mp3 file. (Computer, iPod, cell phone, mp3 player)

The Central Oregon Noise Team is a group of tri-county youth that have formed to learn podcasting techniques, and podcast events. The podcasting incorporates technology involving digital recording, digital editing, and publishing. It also facilitates learning presentation skills, and interview skills.

The Central Oregon Noise Team podcasted the High Desert Leadership Retreat, ETIC day at the State Capital including an exclusive interview with the governor. They are currently working on educational pieces for 4-H as well as a new podcast series call "Businesses Helping Our Community". The Teams' most recent podcasts are available at <http://4-hsetwizards.org/Podcasts.php>

If you are interested in having the Noise Team podcast an event or create a production for you, please call the Deschutes County Extension office at 548-6088 or email us at NoiseTeam@gmail.com.

If you are interested in joining the noise team, we meet the second Saturday of every month at the Deschutes County Extension office. Please contact Sarah Cofer sarah.cofer@oregonstate.edu for dates and times!

You can be totally rational with a machine. But, if you work with people, sometimes logic has to take a back seat to understanding.

Akio Morita (1921-1999)
Business Executive



Fair Results ~ 2007

Expressive Arts

231100143 Orig Art, Other 3-D Work, Sr

MOSIER, CHRISTY B
SARINANA, ALICIA N B
WILSON, K C B

231100541 Non-Orig Art, Stencil/Print/Stamp, Jr

CONKLIN, AMY C B

231100542 Non-Orig Art, Stencil/Print/Stamp, Int

MOSS, ALLISON M B

231100543 Non-Orig Art, Stencil/Print/Stamp, Sr

CONKLIN, CHELSEA B
MOSIER, CHRISTY B

231100551 Non-Orig Art, Collage/Decoupage/Assemb, Jr

ROUNDTREE, EMILY B

231100561 Non-Orig Art, Wearable clothing, Jr

ROUNDTREE, EMILY B, RC, RG

231100562 Non-Orig Art, Wearable clothing, Int

EBERHARD, EMILY O B

231100571 Non-Orig Art, Wearable accessory, Jr

ROUNDTREE, EMILY B CH, GC

236300013 Cake Decorating, Sheet Cake, Senior

WILSON, K C B, RC, RG

236300023 Cake Decorating, Round Double Layer, Senior

MOSIER, CHRISTY B
SARINANA, ALICIA N B, CH, GC
WILSON, K C B

237301001 Rubber Stamping, Greeting Cards, Junior

CONKLIN, AMY C B, RC

237301002 Rubber Stamping, Greeting Cards, Intermediate

MOSS, ALLISON M B

237301003 Rubber Stamping, Greeting Cards, Senior

BURK, KYLIE A B
CONKLIN, CHELSEA B
MOSIER, CHRISTY B
SARINANA, ALICIA N B

237302001 Rubber Stamping, Stationery, Junior

CONKLIN, AMY C B, CH

237302003 Rubber Stamping, Stationery, Senior

BURK, KYLIE A B
CONKLIN, CHELSEA B

237304001 Rubber Stamping, Bookmarks, Junior

CONKLIN, AMY C B

237304003 Rubber Stamping, Bookmarks, Senior

CONKLIN, CHELSEA B

237306003 Rubber Stamping, Frames, Sr

SARINANA, ALICIA N B

237309001 Rubber Stamping, Scenes, Jr

CONKLIN, AMY C B

237309002 Rubber Stamping, Scenes, Int

MOSS, ALLISON M B

237309003 Rubber Stamping, Scenes, Sr

MOSIER, CHRISTY B
SARINANA, ALICIA N B

237310003 Rubber Stamping, Calendars, Sr

MOSIER, CHRISTY B

237311003 Rubber Stamping, Household Item, Sr

MOSIER, CHRISTY B

238300103 Stamp Collecting, Topical, Sr

GAUDREAU, MEGAN B, CH, GC
STEENSEN, ERIC M B, RC, RG

238300303 Stamp Collecting, Special Interest, Senior

MOSIER, CHRISTY B

241100011 Photography, Jr, Landscape

CREACH, DAVID J B
CREACH, DAVID J B, RC

241100012 Photography, Int, Landscape

CREACH, MIRIAM L B
ERICKSON, PATRICIA B
HAND, MCKENNA M B, RC
SCHNIEPP, CALEB J B
SCHNIEPP, CALEB J B
WAMBAUGH, RUBEN B, CH
WAMBAUGH, RUBEN B

241100013 Photography, Sr, Landscape

CHAMBERS, SARAH B
CHAMBERS, SARAH B
CREACH, JONATHAN B
CREACH, JONATHAN B
CREACH, SHALENA C B
GANT, MICHELLE L B
GANT, MICHELLE L B
STEVENS, TIFFANY N B
WAMBAUGH, DANIEL BB
WAMBAUGH, DANIEL B

241100021 Photography, Jr, People (Photography)

PUCKETT, SIERRA M B
PUCKETT, SIERRA M B

241100022 Photography, Int, People (Photography)

LUSBY, IAN M B

241100023 Photography, Sr, People (Photography)

CHAMBERS, SARAH B
ERICKSON, ETHAN J B, RC, RG
ERICKSON, ETHAN J B
STEVENS, TIFFANY N B

Fair Results ~ 2007

241100031 Photography, Jr, Nature - Animals (Photography)

PUCKETT, SIERRA M B

241100032 Photography, Int, Nature - Animals (Photography)

ERICKSON, PATRICIA B

HAND, MCKENNA M B

HARRIS, CORBYN J B

LUSBY, IAN M B

241100033 Photography, Sr, Nature - Animals

ERICKSON, ETHAN J B

GANT, MICHELLE L B

WAMBAUGH, DANIEL B

241100041 Photography, Jr, Nature - Plants

PUCKETT, SIERRA M B

241100042 Photography, Int, Nature - Plants

CREACH, MIRIAM L B

ERICKSON, PATRICIA B

HAND, MCKENNA M B

HARRIS, CORBYN J B

SCHNIEPP, CALEB J B

241100043 Photography, Sr, Nature - Plants

CHAMBERS, SARAH B

ERICKSON, ETHAN J B

WAMBAUGH, DANIEL B, CH, GC

WAMBAUGH, DANIEL B

241100051 Photography, Jr, Architectural

PUCKETT, SIERRA M B, CH

PUCKETT, SIERRA M B

241100053 Photography, Sr, Architectural

CHAMBERS, SARAH B

CHAMBERS, SARAH B

GANT, MICHELLE L B

GANT, MICHELLE L B

STEVENS, TIFFANY N B

241100061 Photography, Jr, Texture

PUCKETT, SIERRA M B

241100062 Photography, Int, Texture

HAND, MCKENNA M B

LUSBY, IAN M B

SCHNIEPP, CALEB J B

SCHNIEPP, CALEB J B

WAMBAUGH, RUBEN B

241100072 Photography, Int, Still Life

ERICKSON, PATRICIA B

LUSBY, IAN M B

SCHNIEPP, CALEB J B

241100073 Photography, Sr, Still Life

ERICKSON, ETHAN J B

241100081 Photography, Jr, Action/Movement

PUCKETT, SIERRA M B

241100083 Photography, Sr, Action/Movement

ERICKSON, ETHAN J B

241100092 Photography, Int, Panoramic

ERICKSON, PATRICIA B

241100093 Photography, Sr, Panoramic

ERICKSON, ETHAN J B

241100101 Photography, Jr, Series or Story

PUCKETT, SIERRA M B

241100102 Photography, Int, Series or Story

ERICKSON, PATRICIA B

LUSBY, IAN M B

241100103 Photography, Sr, Series or Story

CHAMBERS, SARAH B

GANT, MICHELLE L B

WAMBAUGH, DANIEL B

241100111 Photography, Jr, Creative process

PUCKETT, SIERRA M B

241100152 Photography, Int, Creative uses

ERICKSON, PATRICIA B

241800001 Photography, Cal- endar Contest, Jr

HASTINGS, ALEXANDRA J B

HASTINGS, CASEY L B

241800003 Photography, Cal- endar Contest, Sr

GANT, MICHELLE L B

251100011 Leathercraft, Jr, Use of basic tools set

ALEXANDER, COOPER D B

PICK, SHELBY T B, CH

251100021 Leathercraft, Jr, Basic design & lacing

BRANT, LEVI J B

261100153 Fiber Arts, Bas- ketry, Sr

MOSIER, CHRISTY B, CH

SARINANA, ALICIA N B, RC

261100903 Fiber Arts, Paper- making, Sr

BURK, KYLIE A B, CH

271103001 Scrapbooking, Baby Pages, Jr

DEHIYA, RYLIE J B

271105001 Scrapbooking, Animals & Pets, Jr

SMITH, ASHLEY M B

271107001 Scrapbooking, Birthdays, Jr

DEHIYA, RYLIE J B

271110001 Scrapbooking, Rubber Stamping, Jr

SMITH, ASHLEY M B

Fair Results ~ 2007

271111001 Scrapbooking, Vacation, Jr

DEHIYA, RYLIE J B

271111003 Scrapbooking, Vacation, Sr

STEVENS, TIFFANY N B

271112003 Scrapbooking, Lettering, Sr

STEVENS, TIFFANY N B

271113001 Scrapbooking, Event Pages, Jr

DEHIYA, RYLIE J B

271113003 Scrapbooking, Event Pages, Sr

STEVENS, TIFFANY N B

271114003 Scrapbooking, Pre-printed Paper, Sr

STEVENS, TIFFANY N B

Clothing & Textiles

320101010 Basic, yr1, garment w/ casing firmly woven

LA FRANCE, HANNAH B

320101020 Basic, yr1, garment w/casing & crotch seam, woven

ANDERSON, KATHERINE L B
 EBERHARD, EMILY O B, RC
 HAND, NATALIE Q B
 LASH, ZOE M B, CH
 PEERY, SHAYNA N B
 ROUNDTREE, EMILY B
 WALES, KRISTEN R B

320101030 Basic, yr1, garment no casing firmly woven

OUNDTREE, EMILY B

320101070 Basic, yr1, non-garment sewn by hand

ANDERSON, KATHERINE L B
 LASH, ZOE M B

320101080 Basic, yr1, personal accessory

PEERY, SHAYNA N B

320101090 Basic, 1yr, item for the home, woven/knit/fleece

ANDERSON, KATHERINE L B
 ROUNDTREE, EMILY B

320101110 Basic, yr1, toy or garment for doll or toy

ANDERSON, KATHERINE L B

320101210 Basic, beyond yr1, garment w/casing woven no match

CYRUS, MICKAELA L B
 GILLESPIE, MCKENZIE R B, RC
 SCHNEIDER, VERONICA N B, CH
 WILLIAMSON, BRIENNA L B

320101220 Basic, beyond yr1, garment w/o casing, woven

CYRUS, MICKAELA L B
 KUPER, EMILY M B
 ROSS, KAITLIN J B
 RUSSELL, KRISTEN J B, CH, GC
 SCHNEIDER, DANIELLE C B, RC
 SMITH, ASHLEY M B

320101220 Basic, beyond yr1, garment w/o casing, woven

WIEBER, HANNAH L B

320101230 Basic, beyond yr1, outfit woven two or more pieces

SCHNEIDER, VERONICA N B

320101280 Basic, beyond yr1, personal accessory

SMITH, ASHLEY M B

320101290 Basic, beyond yr1, item for home, woven/knit/fleece

WILLIAMSON, BRIENNA L B, CH

320101310 Basic, beyond yr1, toy or garment for doll or toy

GILLESPIE, MCKENZIE R B

320102010 Expanding, garment woven w/ or w/o nap

MORRISON, JAYCEE B

PICK, SHELBY T B, CH

320102040 Expanding, grmt/outfit woven more care hand

BURK, KYLIE A B, RC

GOETZ, JENNIFER A B, CH

320102060 Expanding, grmt/outfit mod stretchy knit/fleece

PICK, SHELBY T B, CH

320102080 Expanding, personal accessory or item home

MORRISON, JAYCEE B, CH

320103070 Advanced, grmt/outfit stretchy knit/fleece (

STEVENS, TIFFANY N B, CH

320103110 Advanced, personal accessory/item for home

MOSIER, CHRISTY B, RC

STOKES, EMILY D B, CH, GC

320103120 Advanced, item or grmt from recycled fabric

CREACH, SHALENA C B

320301010 Basic, embellishment item or clothing

WILLIAMSON, BRIENNA L B

320401010 Basic, hands for larger service

ANDERSON, KATHERINE L B

CYRUS, MICKAELA L B, CH

320401010 Basic, hands for larger service

PEERY, SHAYNA N B

320402010 Expanding, hands for larger service

BURK, KYLIE A B

GOETZ, JENNIFER A B

Fair Results ~ 2007

320403010 Advanced, hands for larger service

GOETZ, HEIDI J B, CH

320600001 Fashion Revue, Clothing, Junior

ANDERSON, KATHERINE L B
 CYRUS, MICKAELA L B
 HAND, NATALIE Q B
 LASH, ZOE M B, RC
 PEERY, SHAYNA N B
 PEERY, SKYE M B
 PICK, SHELBY T B, CH
 ROSS, KAITLIN J B
 ROUNDTREE, EMILY SMITH, ASHLEY M B
 WILLIAMSON, BRIENNA L B

320600002 Fashion Revue, Intermediate

CREACH, MIRIAM L B
 EBERHARD, EMILY O B, RC
 GILLESPIE, MCKENZIE B, R
 GOETZ, JENNIFER A B, CH
 HOHMAN, ELIZABETH B
 LA FRANCE, HANNAH MORRISON, JAYCEE B
 SCHNEIDER, DANIELLE C B
 SCHNEIDER, VERONICA N B
 VELDSMA, OLIVIA J B

320600003 Fashion Revue, Senior

BURK, KYLIE A B
 GOETZ, HEIDI J B, RC
 MOSIER, CHRISTY B, CH
 RUSSELL, KRISTEN J B

340101011 Unit 1, Jr, Decorative Item (Home Environment)

PICK, SHELBY T B

360100110 Knitting, Phase 1, wearable item

SHELDON, CAYLYN N B, CH

360100120 Knitting, Phase 1, non-wearable item

SHELDON, CAYLYN N B

360100210 Knitting, Phase 2, wearable item

PICK, SHELBY T B
 REYNOLDS, SHEYENNE N B, RC
 ROUNDTREE, EMILY B
 SCHOLZ, SAMANTHA B, CH
 SHELDON, KILEY E B

360100220 Knitting, Phase 2, non-wearable item

SCHOLZ, SAMANTHA B, CH

360100230 Knitting, Phase 2, hands for larger service

OUNDTREE, EMILY B

360300110 Knitting, Beginning, Felted

OUNDTREE, EMILY B, CH, GC

360700020 Knitting Skills Contest, Phase 2

PICK, SHELBY T B, CH
 ROUNDTREE, EMILY B, RC
 SCHOLZ, SAMANTHA B

360700060 Knitting Skills Contest, Phase 6

HODECKER, JULIA L B, CH

360700111 Fashion Revue, Knitting, Junior

PICK, SHELBY T B
 ROUNDTREE, EMILY B, CH
 SCHOLZ, SAMANTHA B, RC
 SHELDON, KILEY E B

360900010 Crocheting/ Knitting Judging Contest, Ph 1

GILLIAM, AWBREY N B
 HASTINGS, ALEXANDRA J B
 HASTINGS, CASEY L B
 ROUNDTREE, EMILY B
 SARINANA, A J B
 SOUTHER, ANNIE C B
 SOUTHER, SARAH JANE B

360900020 Crocheting/ Knitting Judging Contest, Ph 2

CONKLIN, AMY C B

CREACH, DAVID J B
 HOHMAN, BENJAMIN B
 PICK, SHELBY T B
 REYNOLDS, SHEYENNE N B
 SCHOLZ, SAMANTHA B
 SHELDON, KILEY E B

360900030 Crocheting/ Knitting Judging Contest, Ph 3

CONKLIN, CHELSEA B
 CREACH, MIRIAM L B
 HOHMAN, ELIZABETH B

360900040 Crocheting/ Knitting Judging Contest, Ph 4

CREACH, SHALENA C B
 MOSIER, CHRISTY B

360900060 Crocheting/ Knitting Judging Contest, Ph 6

HODECKER, JULIA L B

370100110 Crocheting, Phase 1, wearable item

CREACH, DAVID J B, CH
 GILLIAM, AWBREY N B
 HASTINGS, ALEXANDRA J B
 HASTINGS, CASEY L B
 ROUNDTREE, EMILY SARINANA, A J B

370100110 Crocheting, Phase 1, wearable item

SHOGREN, TRISHA K B, RC
 SOUTHER, ANNIE C B
 SOUTHER, SARAH JANE B

370100120 Crocheting, Phase 1, non-wearable item

CREACH, DAVID J B
 GILLIAM, AWBREY N B, CH
 HASTINGS, ALEXANDRA J B
 HASTINGS, CASEY L B
 ROUNDTREE, EMILY B, RC
 SARINANA, A J B
 SARINANA, AARON M B
 SOUTHER, SARAH JANE B

370100130 Crocheting, Phase 1, hands for larger service

GILLIAM, AWBREY N B, CH, RG

Fair Results ~ 2007

HASTINGS, ALEXANDRA J B, RC
 HASTINGS, CASEY L B
 SHOGREN, TRISHA K B
 SOUTHER, SARAH JANE B

370100210 Crocheting, Phase 2, wearable item

HOHMAN, BENJAMIN B
 SARINANA, ALICIA N B

370100230 Crocheting, Phase 2, hands for larger service

CONKLIN, AMY C B, CH

370100310 Crocheting, Phase 3, wearable item

BURK, KYLIE A B, CH
 CONKLIN, CHELSEA B, CH, GC

370100330 Crocheting, Phase 3, hands for larger service

CONKLIN, CHELSEA B, CH

370100420 Crocheting, Phase 4, non-wearable item

CREACH, SHALENA C B, RC
 MOSIER, CHRISTY B, CH

370100610 Crocheting, Phase 6, wearable item

HODECKER, JULIA L B, CH

370700010 Crocheting Skills Contest, Phase 1

HASTINGS, CASEY L B
 SARINANA, A J B
 SARINANA, AARON M B
 SHOGREN, TRISHA K B
 SOUTHER, ANNIE C B, RC
 SOUTHER, SARAH JANE B, CH

370700020 Crocheting Skills Contest, Phase 2

CONKLIN, AMY C B, CH
 CREACH, DAVID J B
 HOHMAN, BENJAMIN B, RC

370700030 Crocheting Skills Contest, Phase 3

CONKLIN, CHELSEA B, CH
 CREACH, MIRIAM L B
 HOHMAN, ELIZABETH B

370700040 Crochet- ing Skills Contest, Phase 4

CREACH, SHALENA C B
 MOSIER, CHRISTY B, CH

370700111 Fashion Revue, Crocheting, Junior

CONKLIN, AMY C B, RC
 ROUNDTREE, EMILY B, CH

370700113 Fashion Revue, Crocheting, Senior

BURK, KYLIE A B
 CONKLIN, CHELSEA B, RC

GILLIAM, AWBREY N B, CH
 SHOGREN, TRISHA K B

HODECKER, MICHAEL B
 KIRK, SOMMER E B, CH
 MOSS, ELIZABETH B B
 MOSS, GRANT W B
 PICK, SHELBY T B
 SHELDON, KILEY E B
 YOUNG, MARK W B
 YOUNG, SUMMER K B

511110040 Foods, Ph 1-3, Quick bread, biscuit method

REYNOLDS, SHEYENNE N B
 ROUNDTREE, EMILY B
 YOUNG, SEAN C B, CH

511110050 Foods, Ph 3, Shortened Cakes

LOWE, ELIZABETH ANN B

511110050 Foods, Ph 3, Shortened Cakes

NELSON, CHRISTINA B
 NELSON, SAMANTHA B, CH
 PICK, SHELBY T B, RC

511110060 Foods, Ph 3, Foam Cakes

WALKER, KRAELYN B

511120040 Foods, Ph 4, Quick bread, biscuit method

BYRD, CORINNE A B
 FERNS, ASHLEY E B
 SCHNEIDER, DANIELLE C B

511120050 Foods, Shortened Cakes Phase 5 Unit 2

STEVENS, TIFFANY N B, CH

511120060 Foods, Ph 4-6, Foam Cakes

BURK, KYLIE A B
 FERNS, ASHLEY E B, RC
 SCHNEIDER, DANIELLE C B, CH
 WILSON, DALLAS D B
 YOUNG, MICHELLE L B

511120070 Foods, Ph 4-6, Unleavened or Flat Breads

MOSS, ALLISON M B, CH

Foods

511110010 Foods, Ph 1-3, Cookies (bar, drop, or no bake)

BYRD, CAMERON S B
 CONKLIN, AMY C B, RC
 GILLESPIE, DYLAN J B
 GILLESPIE, MCKENZIE R B
 HODECKER, MICHAEL B
 KIRK, SOMMER E B
 MORRISON, JAYCEE B
 PINCKNEY, KINSEY D B
 SCHOLZ, SAMANTHA B
 SHELDON, CAYLYN N B
 YOUNG, MARK W B, CH
 YOUNG, SUMMER K B

511110020 Foods, Ph 1-3, Cookies (rolled, filled, shaped)

KIRK, SOMMER E B
 KRAFT, BRIANNA C B, RC
 MORRISON, JAYCEE B, CH
 ROUNDTREE, EMILY B
 YOUNG, SEAN C B

511110030 Foods, Ph 1-3, Quick bread, muffin method

CONKLIN, AMY C B, RC
 GILLESPIE, DYLAN J B
 GILLESPIE, MCKENZIE R B
 GOETZ, JENNIFER A B

Fair Results ~ 2007

511120080 Foods, Ph 4-6, Yeast Breads

CREACH, MIRIAM L B
 HOHMAN, ELIZABETH B
 KLEIN, KATIE C B
 YOUNG, MICHELLE L B

511120090 Foods, Ph 4-6, Yeast Breads, using bread machine

WILSON, DALLAS D B, CH

511120110 Foods, Ph 6, Yeast Bread, special shaping

MOSIER, CHRISTY B, CH, GC
 SARINANA, ALICIA N B, RC

511120120 Foods, Ph 6, Yeast Bread, alternative grain product

CONKLIN, CHELSEA B, CH

511120150 Foods, Ph 6, An International Food

CONKLIN, CHELSEA B
 MOSIER, CHRISTY B, CH
 SARINANA, ALICIA N B, RC

511130120 Foods, Ph 7-9, Yeast Bread using alternative grain

RUSSELL, KRISTEN J B, CH

511311010 Foods, Ph 1, Favorite Recipe Collection

CONKLIN, AMY C B

511313010 Foods, Ph 3, Favorite Recipe Collection

MOSS, GRANT W B
 ROUNDTREE, EMILY B
 SCHOLZ, SAMANTHA B

511324010 Foods, Ph 4, Favorite Recipe Collection

SCHNEIDER, DANIELLE C B, CH

511325010 Foods, Ph 5, Favorite Recipe Collection

HOHMAN, ELIZABETH B, RC
 MOSS, ALLISON M B, CH

511326010 Foods, Ph 6, Favorite Recipe Collection

CONKLIN, CHELSEA B
 CREACH, SHALENA C B
 MOSIER, CHRISTY B, CH
 SARINANA, ALICIA N B, RC

511337010 Foods, Ph 7, Favorite Recipe Collection

SCHNEIDER, RACHEL B, CH

Food Preservation

512110010 Food Pres, Beg Div, 1 gift pack 2 diff products

ROUNDTREE, EMILY B

512112010 Food Pres, Beg Div, fruit leather

PICK, SHELBY T B, CH
 SARINANA, ALICIA N B, RC

512114010 Food Pres, Beg Div, 1 jar cooked jam w/pectin

MOSS, ELIZABETH B B, RC
 REYNOLDS, SHEYENNE N B, CH

512114020 Food Pres, Beg Div, 1 jar cooked jelly w/ pectin

MOSS, GRANT W B
 ROUNDTREE, EMILY B

512121010 Food Pres, Exp Div, 1 jar pres can veg/tom

MOSIER, CHRISTY B, CH

512122010 Food Pres, Exp Div, Dried fruit

CONKLIN, CHELSEA B, CH
 MOSS, ALLISON M B

Natural Resources

421100011 Geology, Junior 1st year

GILLESPIE, DYLAN J B
 HAND, NATALIE Q B
 HARRIS, EVAN W B
 THOMPSON, CODY E B
 WEEKS, CALEB C B

421100012 Geology, Intermediate 1st year

GILLESPIE, MCKENZIE R B

421100021 Geology, Junior 2nd & 3rd Year

CORNING, ROSALINDA G B
 CREACH, DAVID J B, CH
 KING, SAM V B, RC

421100022 Geology, Intermediate 2nd & 3rd Year

ANDERSON, NICHOLAS H B, RC
 HAND, MCKENNA M B, CH

421200011 Geology, Jr, Educational Display

CREACH, DAVID J B
 HAND, NATALIE Q B, CH

421200012 Geology, Int, Educational Display

BRATTON, CALEB R B, CH
 GILLESPIE, MCKENZIE R B
 HAND, MCKENNA M B

460751000 NRA Target BB Gun, Novice

CREACH, DAVID J B, CH
 LINSCHIED, TANEIL E B, CH
 LINSCHIED, TRAVIS K B

460751002 NRA Target BB Gun, Int

LINSCHIED, TRISHELLE J B, CH

460761001 USAS Target BB Gun, Jr

LINSCHIED, TRAVIS K B

460761002 USAS Target BB Gun, Int

LINSCHIED, TRISHELLE J B, CH

460761003 USAS Target BB Gun, Sr

LINSCHIED, TANEIL E B, CH

462718002 Trap Shooting, Single, Int

NIGHTINGALE, BEN J B, CH
 RAMIREZ, TREVOR T B, RC

Fair Results ~ 2007

462719002 Trap Shooting, Double, Int

NIGHTINGALE, BEN J B, CH
RAMIREZ, TREVOR T B, RC

462720002 Trap Shooting, Combined, Int

NIGHTINGALE, BEN J B, CH
RAMIREZ, TREVOR T B, RC

Horticulture

712117001 Herbs, Fresh Cut, Jr

ROUNDTREE, EMILY B

713420011 Arrangements, Junior

ROUNDTREE, EMILY B

Herpetology & Exotics

766300002 Exotic Animals, Intermediate

ZANDONATTI, B, CH
FELICIA S

766301021 Herpetology, Lizards, Junior

BETCHER, TREVOR R B, RC
MC CUE, CONOR P B, CH

766301023 Herpetology, Lizards, Senior

WHITAKER, COLBY J B, CH

Dogs

763100111 Pre-Novice Dog Obedience, Junior

DOW, ERIN RH B
KNABE, ZACK M B, RC
PRINCE, SARAH M B, CH

763100112 Pre-Novice Dog Obedience, Intermediate

BRUMBLEY, ANNA E B, CH
HYDE, SAMANTHA C B, RC

763100113 Pre-Novice Dog Obedience, Senior

COOPER, JESSICA E B

763100123 Novice Dog Obedience, Senior

GEORGE, COURTNEY B

763500000 Dogs, Showmanship, 1st year

APREGAN, CASEY A B
BRUYN, JORDAN I B
CROSS, KALLEE D B
HARLAN, NATE S B
HARRIS, EVAN W B
SCHLATTER, KAYTI M B
SEALS, MITCHELL A B

763500001 Dogs, Showmanship, Junior

BEEKMAN, SAM A B
BIERLY, BRITTANY N B
DOLF, ASHLEA M B
DOW, ERIN RH B
GOULD, COOPER E B
KNABE, ZACK M B, RC
MAYS, CROSBY S B, CH, GC
PEASLEY, ANNA S B
PRINCE, SARAH M B
STARR, KATELYN L B

763500002 Dog, Showmanship, Intermediate

BIERLY, JENNA K B, RC
BRUMBLEY, ANNA E B
GISLER, JANA C B
HYDE, SAMANTHA C B
JOHNSON, SHAUNI L B
MORRISON, JAYCEE B, CH

763500003 Dog, Showmanship, Senior

BERMAN, ELIZABETH B
COOPER, JESSICA E B
CUTLIP, KAYLA L B
DUFOUR, KELSEY L B
GEORGE, COURTNEY B
STEENSEN, ERIC M B, GC, RC
STOKES, EMILY D B, CH, RG



Noodles, Needles & Stuff

2007-08 Home Ec./Expressive Arts Dates to Add to Your Calendar!!

September

* 25 Tues. Home Ec/Ex. Arts Committee Meeting @ Extension office: 6:30 pm

October

5 Fri Record books & Scrap books due in Ext. Office for judging by 4:00 p.m.
13 Sat. Cookie Camp! North Sister (*Tentative date*)
27 Sat. "Clothing on the Road" Sewing Leader's Training!!! 9am-4pm DCFEC
27-29 Sat-Mon. Central Oregon Symphony Concert Series

November

* 27 Tues. Home Ec/Ex. Arts Committee Meeting

December

8 Sat. 4-H Leader/Member Recognition Banquet

January

* 29 Tues. Home Ec/Ex. Arts Committee Meeting

February

9 Sat. Cookie Camp! North Sister (*Tentative date*)
23-25 Central Oregon Symphony Concert Series

March

8 Sat. GALA
* 25 Tues. Home Ec/Ex. Arts Committee Meeting

April

26 Sat. Cookie Camp! North Sister (*Tentative date*)

May

3-5 Sat-Mon. Central Oregon Symphony Concert Series
* 27 Tues. Home Ec/Ex. Arts Committee Meeting

June

6 Fri. Redmond Chamber Coffee Clatter

Committee Meetings

As I am planning the coming 4-H year, it makes more sense to have our committee meetings for Home Ec/Expressive Arts on the *odd* months. This is a change from years past, so please make note of it! We will be meeting on the last Tuesday of each odd month. Our next meeting will be this month, on the 25th, at the Extension office at 6:30!! These meetings are where we make plans for the year, share new information, brainstorm, gather ideas and answer any questions you may have. **All leaders, parents, 4-H members and other interested parties are invited to attend.**

See you then!

Tina



**Who makes up the Home Ec. -
Expressive Arts Committee??
YOU!!**

Come and help us keep this program strong!!

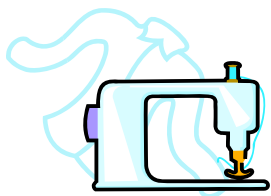


Silent Auction at the Fair A Success!

We had wonderful entries for the auction, and we learned a lot about what to do next year!! Thanks to everyone who helped make our first silent auction a success! As you plan your projects for the coming year, be sure to include an auction item for next year's fair in your plans! The item must be made by the 4-H member in a current project area, and of high quality and attractively displayed. If you saw our entries this year, they were a great example of what to do right!!

Tina

Noodles, Needles & Stuff



Sewing Leader's Training

SAVE THE DATE!!

Saturday Oct 27, 2007
9 am-4 pm



Join us for a sewing leader's training day with:

Elaine Schrumpf & Mona Easley
4-H Extension Specialist 4-H Program Coordinator

- Elaine and Mona will bring leaders the latest on changes to the 4-H Sewing/Clothing project.
- *Get the most from the Sewing/Clothing project
 - *Project and exhibit class changes – bring your copy of the leader guide
 - *Resource updates
 - *Take home project ideas for every level
 - *Hands for Larger Service suggestions and inspiration
 - *Creativity and Embellishment
 - *Judging Contests - building on decision making
 - *and more



Materials and lunch at this site will be sponsored by
Montsanto and National 4-H Council

Food Leader/Member Fair

I would like to put an Idea Fair type day together for cooking & food preservation groups. I am looking for input and ideas. If you have questions that you would like to have answered, please let me know and I'll see what I can do. This will probably happen some time in the early spring of 2008. Please contact me, or bring any ideas you may have to our committee meeting next month.



Some topics I am considering are:

- Nutrition
- Safety/sanitation
- Culinary skills

I know there are many more things to consider, so please, let me know what's on your mind!

Tina

Teen Staff & Family End of the Year Potluck Picnic

WHERE: McKay Park
166 SW Shevlin Hixon Drive, Bend

WHEN: September 15th, noon to 4 pm

WHAT: Bring enough of your favorite picnic food to share! (4-H will provide plates, utensils, drinks etc.) Bring your Frisbees, baseballs, swim suits, or what ever fun things you want to bring!

WHY: Because you have worked *hard* this year, and deserve to have a day to just have fun! Bring you entire family!!

SEE YOU ON THE 15TH!!!



Lee Side (including ATV & Dirt Bike Info)

Do You Own an ATV or Dirt Bike?

Join Deschutes County 4-H, the Oregon Department of Parks and Recreation, and Central Oregon Motorcycle and ATV Club in 2007-2008 as they again present ATV Safety First! You probably noticed the ATV display when visiting the 4-H Building during your time at the fair.

This program, rolled out in the fall of 2006, met with great success. More than 75 youth received certification in ATV and Dirt Bike riding. More than 1,100 youth participated in an ATV and Dirt Bike Awareness program delivered in schools by 4-H, State Parks, and COMAC.

But, there is some disturbing information. The 1,100 youth, from 4th through 12th grades, were asked 5 questions:

1. Do you own an ATV or Dirt Bike?
 2. Do you ride an ATV or Dirt Bike?
 3. Are you certified to Ride an ATV or Dirt Bike?
 4. Do you wear a helmet when riding?
- Do you ride with adult supervision?

1 Here is what we found out about the 1,100 youth:
2

1. 524 youth own ATV's or Dirt Bikes.
2. 954 youth ride an ATV's or Dirt Bikes.
3. 58 are certified by ASI or MSF to ride ATV's or Dirt Bikes.
4. 873 wear helmets when riding.
675 ride with an adult supervisor.

1 What does this mean?
2

1. Almost half the students own an ATV or Dirt Bike that may or may not be fitted to their size needs.
2. 82% of the students ride ATV's or Dirt Bikes that may or may not understand how to ride, how many people can safely ride, and the need for adult supervision.
3. Only 5% of the students were trained by a professional to ride which means 95% of the students are riding ATV's and Dirt Bikes based on instruction from a relative.

4. 25% are riding without a helmet which is never a good idea.
42% are not riding with supervision and those that are may not be riding in the line of sight of their supervisor.

With more than 5,000 ATV related deaths since 1982 and more than 40,000 ATV related visits to emergency rooms last year, it is important that the 4-H Safety First Campaign continues. You can help by volunteering your time to deliver a very important message about ATV and Dirt Bike safety. Call Dave at 541-548-6088 if you have time to commit to this vital program. One injury, one death is one too many.
djw

This project was made possible by a grant from the National 4-H Council and the Specialty Vehicle Institute of America.

2007 Natural Resources Meeting Schedule

The Natural Resources Committee meets on the first Tuesday of even numbered months. If you participate in shooting sports, sport fishing, geology, or Outward Bound you are encouraged to participate in these meetings. Meetings are open to parents, leaders, and members. All meetings start at 6:30 p.m. and are located at the Extension office.

Tue, Oct 2

Please read your email immediately before you come. Weather and other circumstances have caused cancellations. djw

COMAC Provides Needed Funding

The Central Oregon Motorcycle and ATV Club made a generous contribution to the 4-H program in August. Its donation of \$2,000 will make it possible for several more youth to participate in the next ATV and Dirt Bike certification.

COMAC, along with Oregon State Parks and 4-H, is working hard to make sure there are fewer and fewer ATV and Dirt Bike related injuries. The 4-H program greatly appreciates COMAC's partnership with 4-H. djw

CHARACTER COUNTS! in the Deschutes County 4-H Program

The Six Pillars (Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship; and the colors blue, yellow, green, orange, red, and purple) are representative of the culture of character within the Deschutes County 4-H program.

Trustworthiness

Be honest • Don't deceive, cheat or steal • Be reliable — do what you say you'll do • Have the courage to do the right thing • Build a good reputation • Be loyal — stand by your family, friends and country

Respect

Treat others with respect; follow the Golden Rule • Be tolerant of differences • Use good manners, not bad language • Be considerate of the feelings of others • Don't threaten, hit or hurt anyone • Deal peacefully with anger, insults and disagreements

Responsibility

Do what you are supposed to do • Persevere: keep on trying! • Always do your best • Use self-control • Be self-disciplined • Think before you act — consider the consequences • Be accountable for your choices

Fairness

Play by the rules • Take turns and share • Be open-minded; listen to others • Don't take advantage of others • Don't blame others carelessly

Caring

Be kind • Be compassionate and show you care • Express gratitude • Forgive others • Help people in need

Citizenship

Do your share to make your school and community better • Cooperate • Get involved in community affairs • Stay informed; vote • Be a good neighbor • Obey laws and rules • Respect authority • Protect the environment

The Six Pillars of Character are not a part of the 4-H program curricula as much as they form the foundation on which the 4-H program rests. The Deschutes County 4-H program has been a part of the CHARACTER COUNTS! coalition since 2005.

CHARACTER COUNTS!

Being Basically Honest

After a workshop, a fellow came up to me and complained that I had made him feel uncomfortable. "I'm not perfect," he said, "but I'm basically honest." His implication was that it's unfair to expect people to be honest all the time.

His comment reminded me of a cartoon where one fellow confided to another, "I admire Webster's honesty, but his insistence on being scrupulously honest is really annoying."

Look, I'm not an honesty absolutist. It was okay to lie to Nazis to save innocent lives, and I approve of police lying during undercover operations to catch drug dealers or corrupt politicians. It's also okay to tell your grandmother you like the sweater she knitted or to let young children believe in the Tooth Fairy. But be careful. It's easy to stretch these special situations into an endless chain of rationalizations that justify lying whenever it's convenient.

Every lie must be justified by competing moral principles, not simply self-interest. Some lying during criminal investigations pass muster because they are subjected to judicial review and advance a long-term public good. And white lies can be justified when kindness trumps truthfulness. Otherwise, being scrupulously honest is not only possible, it's desirable and morally mandatory.

Being "basically" honest is not enough. It's like saying, "I really want to be honest, but not if it costs too much, not if it prevents me from getting what I want." Honesty is crucial, not only to uphold an abstract moral principle, but to preserve one of our most important personal assets -- credibility. Despite self-serving excuses, almost all lies breach trust and undermine credibility.

Once someone lies to us, even on a small thing, we always think, "What else have you lied to me about?" How many times do you get to lie before you are a liar? How many times does someone get to lie to you before distrust sets in? Being honest only when it suits our purpose isn't honesty at all.

This is Michael Josephson reminding you that character counts.

Catch Pen

Important Livestock Dates to Remember

2007

Mon	Sep 17	Livestock Committee Mtg, 6:30 pm; NSister
Thu	Sep 27	Auction Meeting; 6:30 pm; Extension Office (Dinner at 6 pm)
Mon	Oct 15	Livestock Committee Mtg, 6:30 pm; NSister

**red denotes changed dates*

OOPS! Awards NOT Delivered at the Awards Ceremony

I've received several inquiries into why the following awards were not handed out at the Sunday awards ceremony:

- Overall Livestock Judging
- Top JR, INT, & SR Livestock Judging
- Livestock Master and Reserve Master Showman
- Small Animal Master and Reserve Master Showman

I wish there were a good explanation for this, unfortunately, there is not. These awards are sponsored and have since been ordered and will be delivered as soon as they arrive, probably not long after you receive this newsletter. Unfortunately, a miscommunication and misunderstanding between me and a volunteer awards team caused the goof! I know it's important to recognize these youth and the award sponsors. I apologize for the mistake, I'm up to speed for next year. ccb

Beef Barn Sportsmanship Award

Congratulations to **JR Renner**, he is this year's sportsmanship winner in the beef barn. Sportsmanship is such an important thing, this is a special award, thanks to all for voting.

Also, much thanks to David Linton who sponsors the award. For those who don't know, David is a former beef 4-Her from our area who is currently attending OSU studying engineering.

JR's belt buckle had a bit of a malfunction on its way here, so a new one is on its way. ccb

Livestock Judging Questions Answered

Q: How is our overall, top JR, INT, & SR awards calculated?

A: The best 2 out of 3 OR 3 out of 4 percentages (score divided by possible points) for contests you judge as a 4-Her are totaled, the highest total wins.

Q: How is the state fair team selected?

A: Those intermediates and seniors who are actively judging are asked if they wish to participate, highest average scores first.

Q: Since there are judging contests after our awards are tallied, but before the end of the year, do I judge at my current status (JR, INT, SR) or at the age division I'll be in next year (if it changes)?

A: Because overall points are based on percentages, it's OK and appropriate for you to judge at your current age division. Those percentages will be mixed with the next 4-H year and be included in your total.

Q: After a local contest, if I don't get my score and placing there, how do I get them?

A: Give Candi a week or so and stop by the office and pick them up. If you're too curious to wait, call and ask her, she usually has the results in a day or two.

Q: If I judge in an online or far away (Medford, Salem, Tygh Valley, etc.) contest, do those scores count?

A: Yes, absolutely, but I have to get the paperwork and know about them—so bring me a copy of the documentation and scores.

Catch Pen

YOU Need to Attend the next Livestock Project Meeting! **Sheep Project Participants, This Means You!**

After this year's fair, tail docking has reared it's ugly head once again. It will be discussed in detail at the next livestock meeting.

Currently our rule states no tails may be surgically removed. Some believe it's being done, so this needs to be addressed.

Other project areas, I need you at the meeting too! You guys bring a good fundamental livestock perspective and we need everyone's input to handle this and get the word out ASAP. Remember, these meetings are open to everyone, so if you want to bring your producer, feel free.

The meeting is Monday, September 17, at 6:30 pm.

Other topics to be discussed:

- Fair Debrief
- Bedding for 2008
- Sportsmanship—what it really means and how do we accomplish it completely!
- Judges for 2008

Cheating, is it happening? What needs to be addressed?

FFA is a QUALITY Program!

I'm hearing a bit of disgruntledness (is that a word?) about FFA. "They don't help enough, they aren't cleaning enough in the barns, etc. etc."

Here's what I know about FFA.

- They get the majority of their kids from 4-H; they're good kids!
- They have different rules, they have that luxury, they only have high school age youth (don't your rules change at home as your kids get older?)

(Continued on page 27)

Thank You! **It's Been a Good Run**

Another fair has come and gone, I'm not sure how many this is, for me, but it must be in the neighborhood of 13 or 14. I enjoy fair, I enjoy seeing young people succeed and face challenges in a positive and safe environment. I appreciate the many volunteer hours that are contributed up to and during fair. The generosity of volunteerism in our program is amazing. All, for the benefit of the youth in our communities. Fair is the culmination of these contributions and the of the 4-Hers hard work and efforts. It's quite humbling to me when I think about all of it.

I want to take this opportunity to thank each of you, from the barn Mom volunteer to the superintendents and leaders. Everyone contributes what they can, it's what makes the fair work. Much thanks to each of you! You're special and appreciated and I hope you're aware that each of you is a part of something big, something important, and something that benefits the youth and their families throughout Deschutes County. Thank you for all you've done and for the future that is bright because of each of you!

I've had a few inquiries into me and "what's going on with me?" Apparently, I wasn't my normal "cheery" self throughout fair. If I was short with you or not respectful in any way, I sincerely apologize.

It's true things in my life are changing and a bit challenging right now, my efforts to cover those challenges, feelings and thoughts were not successful during the fair. So to anyone who may have felt that I "wasn't myself" or that I was "too direct," I apologize. I respect each of you. My personal life should never be a part of my professional life, unfortunately, as many of you know, it's bound to rare it's head occasionally.

So to ALL, thanks for a good fair and thanks for all you do to make it special each year!



Small Animal

Important Small Animal Dates to Remember

2007

Wed	Sep 26	Small Animal Committee Meeting; 6:30 pm; Extension Office
Thu	Sep 27	Auction Meeting; 6:30 pm; Extension Office (Dinner at 6 pm)
Wed	Nov 28	Small Animal Committee Meeting; 6:30 pm; Extension Office

** Changed date

(Continued from page 26)

- Their instructors/advisors can not be everywhere at once, and they work hard to keep their members focused, prepared, and participatory.
- FFA does help with various responsibilities at the fair and before.
- FFA instructors and I will be working together this year to have a long-term schedule, so they can be aware of volunteer needs well in advance and thus have their kids be a bit more visible when it comes to setting up and taking down for auction or setting up pens for fair or whatever. They're doing their part, I believe it's not as visible to 4-H families as it could be and we're working to solve that.

If something is going on with the 4-H/FFA relationship that you're aware of or if you have a concern, please let me know ASAP, so I can work with Ted and Lance to work it out. Again, these are quality individuals participating in an outstanding youth development program. We should be complimenting their accomplishments and working together to solve any challenges.
ccb



Jerry's Outdoor

Show your 4-H ID card and receive 15% off all regular priced Carhartt clothes at:
Jerry's Outdoor Power & Outerwear

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Dog House



Dave to be Out of Office

I will be out of office from September 1 through September 21, 2007. This is a study leave for me. I am preparing for my written and oral comprehensive exams. I appreciate your patience during this phase of my academic pursuit. I will attend committee meetings scheduled for September. I can be reached at 541-330-9679, or david.white@oregonstate.edu, or 541-480-1248.
djw

Horse'n Around

Horse Calendar ~ 2007



2007

Sep 11	TUE	Horse Project Meeting, Extension Office, 6:30 PM
Sep 14-16	FRI-SUN	4-H Trail Ride, Three Creeks Horse Campground (Out of Sisters)
Oct 27-28	SAT-SUN	4-H Horse Leaders Forum, DCFE
Nov 13	TUE	Horse Project Meeting, Extension Office, 6:30 PM

People are asking about

OHSET dates 2008...

To help avoid conflicts, here they are:

- Meet #1: Fri, Feb 22—Sun, Feb 24
- Meet #2: Fri, Mar 28—Sun, Mar 30
- Meet #3: Thu, Apr 10—Sat, Apr 12
- (Awards on Sun, Apr 13)
- State: Thu, May 15—Sun, May 18

West Nile Virus

Updated 8.25.07

West Nile is a viral infection first isolated in 1937 in Uganda. West Nile virus can affect humans, horses, and many types of birds. It is carried by mosquitoes, which become carriers by feeding on infected birds. The first case in Oregon was reported in Malheur County in August 2004.

Humans can only get the virus from the bite of an infected mosquito; the disease does not spread from other animals to humans, or from person to person. The illness causes no symptoms in 80 percent of those who are infected. Of those who develop an infection, most are mild, with fever and flu-like symptoms. About one in 150 develops severe illness, including coma, convulsions, paralysis and vision loss. The most severe cases, as well as most deaths, occur in those over 55 who have conditions such as diabetes or hypertension or chronic illness.

In 2007, there have been two reported human cases of West Nile virus in Oregon. Dr. Emilio DeBess, Oregon State Public Health Veterinarian, said a Malheur County man and a Union County woman became infected; neither case was fatal. In 2006, 73 Oregonians contracted the illness, up from eight in 2005, and two Oregonians died from the infection last year.

Infected Birds

Multnomah County health officials confirmed the second confirmed death of a bird from the virus. The detection of the virus so early in the season reinforces predictions that West Nile could hit Oregon's largest population center hard this year. In 2006, Multnomah County reported four West Nile-infected birds; the first was found September 1. To date in 2007, nine sentinel chickens, five horses and 14 birds have been infected across the state.

Union County (Union, LaGrande) has declared a state of emergency regarding West Nile Virus. Avian and vector studies conducted in the county show the virus is present in critically elevated levels. Union County Public Health Officer Dr. Keith Graham says that he expects a spike in the number of human infections this year.

Oregon Dog Recovered from West Nile Virus

A Linn County, Oregon dog infected with West Nile Virus infection earlier this summer has recovered. It is the first confirmed case of West Nile infection in an Oregon dog, according to public health officials. "It is unusual for a dog to be affected with West Nile," said Dr. DeBess. "Nationwide, less than 50 dogs confirmed to have had WNV since 1999." Dr. Sally Cole of Scio Animal Hospital treated the dog, who initially presented with back leg pain and later started circling to the right and was unable to stand and had seizures. Since then, the dog has recovered, but has partial loss of eyesight. "There is no West Nile vaccine for dogs," said Dr. DeBess. "Pet owners who are concerned about protecting their dogs should only use approved mosquito repellent products."

Minimize the Threat of Exposure to West Nile Virus

The best way to minimize the threat of West Nile is to control mosquito populations and prevent exposure to them.

(Continued on page 32)

PNW 4-H Horse Leaders Forum

October 27-28, 2007

I strongly encourage ALL Deschutes County 4-H Horse Leaders, Assistant Leaders, and Junior Leaders to attend this event! There are county sponsored scholarships available. Everyone will learn something here. Please make this a priority to attend—no matter how many or few years you've been a 4-H Horse leader.

Thanks for your efforts!

Registration on the NEXT Page or check it out on the website at:

<http://oregon.4h.oregonstate.edu/programs/events/HorseLeaderForum/horseLeaderForum.htm>

Deschutes County Fair and Expo Center
Redmond, OR

Please join us for this comprehensive training focusing on the 4-H Horse Project. We are requesting that every county send at least one representative, but all leaders are welcome and encouraged to attend.

The forum is designed for current and perspective 4-H Horse leaders, but parents, agents, and teen leaders will also find the sessions informative and helpful.

The registration fee of \$35 includes lunch and dinner on Saturday, plus a resource notebook sponsored in part by a grant from Monsanto.

Registrations are due in the State 4-H Office by October 15, 2007.

Please contact Roberta Lundeberg if you have any questions. Roberta.lundeberg@oregonstate.edu 541-737-9295

4-H Horse Leaders Forum
October 27-28, 2007 in Redmond, Oregon

Tentative Schedule

Saturday, October 27

8:30 – 9:00 am	Register and Welcome Resource Fair	
9:00 - 9:30	4-H Philosophy; Purpose of Program	Roger Rennekamp
9:30 – 10:30	Ethics	Candi Bothum
Break		
10:45 – 12:30	Business and 4-H 4-H Name and Emblem Business vs Volunteer Funds and Fundraising Leasing animals Liability, Insurance & Contracts	Marilyn Lesmeister, Roger Rennekamp, Roberta Lundeberg & Candi Bothum
Lunch		
1:15 – 2:00	Working with Special Needs Members	Marilyn Lesmeister
2:00 – 2:30	County vs. State Rules & Issues	Roberta Lundeberg & Candi Bothum
Break		
2:45 – 3:30	Breakout sessions: Volunteers Parent Issues Educational Club meetings	Marilyn Lesmeister Candi Bothum Roberta Lundeberg
3:45 – 4:30	Breakout Sessions (same as above)	
4:30 – 5:30	Q & A panel	
Dinner		
7:00 – 8:30	Preparing for State Level competitions State & National Opportunities	Roberta Lundeberg



PNW 4-H
Horse Leaders Forum



A comprehensive training for current and prospective 4-H horse project leaders, teen leaders, parents, and agents

When: Saturday and Sunday, October 27-28, 2007
Where: Deschutes County Fair and Expo
Redmond, Oregon
Fee: \$35

Registrations are due by October 15, 2007

Registration materials may be obtained from your county Extension office or the OSU 4-H website <http://oregon.4h.oregonstate.edu/>

Session topics will include:

- Helping special needs members
- Leasing animals
- Managing horse shows
- Preparing for state level competitions
- Understanding liability and insurance
- Reviewing county and state rules and issues
- Riding meetings
and much more.....

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PNW 4-H Horse Leaders Forum October 27-28, 2007

Return by: October 15, 2007

(Date Postmarked: _____ Office Use Only)

Return to: Roberta Lundeberg
Ballard Extension Hall 105
Oregon State University
Corvallis, OR 97331-3608
Email: Roberta.Lundeberg@oregonstate.edu
Fax: 541-737-1332



2007 PNW 4-H Horse Leaders Forum Pre-Registration Form

Name: _____ County: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

() _____ () _____
area code home phone area code work or cell phone email address

Please check the response that most closely fits your situation:

- | | |
|--|---|
| <input type="checkbox"/> I am currently a 4-H horse leader | <input type="checkbox"/> I am a parent |
| <input type="checkbox"/> I would like to become a 4-H horse leader | <input type="checkbox"/> I am a teen leader |
| <input type="checkbox"/> I am an agent | <input type="checkbox"/> other _____ |

Included in registration fees:

1 Horse Leader Resource Book

1 Lunch Saturday

1 Dinner Saturday

Vegetarian: Yes No

Registration Fee:

Postmark by October 15, 2007	\$35 _____
Postmark after October 15, 2007	\$50 _____
Total Registration Fee: _____	

Additional Leaders Notebook: _____ x \$20.00 = _____
each

Total: _____

Method of Payment

<input type="checkbox"/> Check (payable to Oregon 4-H Foundation) <input type="checkbox"/> Money Order <input type="checkbox"/> Credit Card	Grand total due Amount Paid _____
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> DISCOVER
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card number	expiration date

Signature _____ Date _____

*Sorry, no C.O.D.'s or Cash

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Horse'n Around

What Message are WE Sending?

The following is an excerpt from an Email that was sent by a first year 4-H horse Mom to their 4-H leader. I've removed the names for anonymity.

"... I just wanted to explain what happened to (member) at fair this year.

My husband came on Thursday and was really upset with the unprofessional and unorganized manner in which horse fair was conducted. He realizes that with all the kids and horses there will be some unorganization, but he could not believe how bad it was. There was a small girl in (member's) Showmanship class that had a very disrespectful horse that the little girl could not control. It was walking all over her and causing trouble with other horses in line and put other horses and exhibitors in danger. The poor little girl was in tears and was so embarrassed and no one was called to help her out of the ring. She was about the third person judged and had to try and deal with this horse while the judge went down the line. We felt so bad for her because I'm sure it was her first time showing and she had a horse that was way too much for her to handle and no one seemed to care.

The other upsetting thing we saw and heard were kids (as well as parents) totally putting down other kid's horses, clothes etc. (member) was in the bathroom and heard two girls talking about her best friend and saying how she did not deserve to win because she didn't have very nice show clothes or a decent horse. We understand what goes on during horse shows, but I guess my husband and I expected more from 4-H since it is supposed to be about taking pride in the hard work you have put in with your horse. There were so many parents doing everything while the kids just stood around and bad mouthed their fellow 4-Hers. We heard parents talking about how they spent thousands of dollars on their horse and all the money they spent on training. We thought the kids were supposed to do the training in 4-H.

We decided that we do not want (member) in that atmosphere. She was so excited for her friend to win and it really bothered her to hear the other girls talking so badly about her. I told (member) that she learned a very important lesson on Thursday at the fair. I told her that if she is in a situation that she is not comfortable with, it is okay to get out of that situation and try not to put yourself there again. She felt bad because she thought she was letting the other kids in her group down, but I told her that she needs to make a stand for what she believes in and that the others would understand.

(member) still wants to remain in the (Club), she will just not show at fair. I hope all this makes sense ...".

There are atleast three things I want to address immediately here:

1. Do we need to have and plan for ring stewards in addition to clerks at our horse fair? Many other counties do this, we've always had folks just step in where needed, based on this Email, I would say that's no longer happening.
2. I know we have one of the most organized county fairs (and especially horse fair) in the state and I've been to lots of them. Here's what I think is happening...those of us who have been doing this year after year, have forgotten that we have several exhibitors and families who haven't done this several times. We're not doing a very good job sharing the information and therefore, the perception is not good. Let's work together and figure out how to do better.
3. The "trash talking" has to stop! As leaders and older members, we have to nip this and fast. Senior members, you must present yourselves as role-models and model quality sportsmanship and appropriate behavior. When we hear this happening, we have to put a stop to it. Adults, we must work together so everyone can benefit from this opportunity.

Horse'n Around

(Continued from page 31)

This is on me and I apologize. We've had exceptional superintendents and volunteers for many years. I had some personal frustration (stuff outside of 4-H) this year that came through in my leadership skills (or lack of leadership skills) at this year's fair. Let's work together for next year, so we do not receive any more of these kinds of Email.

We have a truly special program here in Deschutes County, let's work to share it with those around us.

These will all be topics for the next horse leaders meeting on Sept 11.

(Continued from page 28)

- Eliminate sources of standing water that can serve as a breeding ground for mosquitoes, including children's wading pools, old tires, buckets, and other containers.
- Change water in bird baths weekly.
- Consider avoiding outdoor activities from dusk until dawn or take extra care to use repellent and protective clothing during evening and early morning.
- When possible, wear long sleeves, long pants and socks when outdoors.

Treating clothes with repellents containing permethrin or DEET will provide extra protection, since mosquitoes may bite through thin clothing. Do not apply repellents containing permethrin or DEET directly to skin. Here are some tips for using DEET safely.

Protect Your Horses Through Immunization

The vaccine requires two doses given three to six weeks apart. Immunity may not be achieved until up to six weeks after the second dose, and some horses may require a third vaccination. An annual booster should be given prior to the start of the mosquito season in your area. Consult your veterinarian for more information on immunizing your horses against West Nile virus. Symptoms in equine include: loss of appetite, loss of coordination, confusion, fever, stiffness, muscle tremors, and weakness.

Sources: News reports, State Public Health Veterinarian, Union County Public Health Officer

Thank You! It's Been a Good Run

Another fair has come and gone, I'm not sure how many this is, for me, but it must be in the neighborhood of 13 or 14. I enjoy fair, I enjoy seeing young people succeed and face challenges in a positive and safe environment. I appreciate the many volunteer hours that are contributed up to and during fair. The generosity of volunteerism in our program is amazing. All, for the benefit of the youth in our communities. Fair is the culmination of these contributions and the of the 4-Hers hard work and efforts. It's quite humbling to me when I think about all of it.

I want to take this opportunity to thank each of you, from the barn Mom volunteer to the superintendents and leaders. Everyone contributes what they can, it's what makes the fair work. Much thanks to each of you! You're special and appreciated and I hope you're aware that each of you is a part of something big, something important, and something that benefits the youth and their families throughout Deschutes County. Thank you for all you've done and for the future that is bright because of each of you!

I've had a few inquiries into me and "what's going on with me?" Apparently, I wasn't my normal "cheery" self throughout fair. If I was short with you or not respectful in any way, I sincerely apologize.

It's true things in my life are changing and a bit challenging right now, my efforts to cover those challenges, feelings and thoughts were not successful during the fair. So to anyone who may have felt that I "wasn't myself" or that I was "too direct," I apologize. I respect each of you. My personal life should never be a part of my professional life, unfortunately, as many of you know, it's bound to rare it's head occasionally.

So to ALL, thanks for a good fair and thanks for all you do to make it special each year!

In Box

Farm Safety Tip Skin Cancer

HOW COMMON IS SKIN CANCER?

Skin cancer is the most common form of cancer in the United States, with over 600,000 new cases and 9,000 deaths each year. The incidence among farmers is noticeably higher than in the general population, and it is increasing.

WHAT CAUSES SKIN CANCER?

Sunburns, though a contributing factor, are not the main cause of skin cancer. It is the total amount of sun a person receives over the years that is the major contributor. UV rays reach you on cloudy and hazy days any time of the year, not just on sunny summer days. UV rays will also reflect off any surface like water, cement, sand, and snow.

WHAT ARE THE TYPES OF SKIN CANCER?

There are three common types of skin cancer. Of the three, basal cell and squamous cell carcinomas are highly curable. The third, melanoma, is responsible for most of the deaths. But even melanoma is curable if detected and treated early enough.

WHO IS AT RISK?

You are! Anyone exposed to sunlight is at risk, however people with the following characteristics have the highest risk:

- Family history of skin cancer
- Personal history of skin cancer (if you've already had it once, you're more likely to get it again)
- Fair skin
- Blond or red hair
- A history of sunburns early in life
- Blue or green eyes
- More than 100 moles on your body; 50 if you are under age 20

WHAT CAN I DO TO PROTECT MYSELF AGAINST SKIN CANCER?

#1 Wear long-sleeved shirts and pants, as well as a wide-brimmed hat that provides shade to the ears and back of the neck. Baseball caps provide almost no protection.

#2 Use sunscreen with a sun protective factor (SPF) of 15 or higher, and both UVA and UVB protection. Apply it 30 minutes before going outside, and reapply every two hours. Apply more often if you are sweating.

Classifieds

Saddles: Leather youth saddle, \$250. Lady's Wintec saddle, \$100. Pat 923-1926 (9/07)

Horse Coaching Service: Horse help at home by established, experienced riding and handling coach. See www.geocities.com/horsekeepervjp for information, rates and safety record. Wide variety of assistance available, including sales consultation, preparation and ad placement. Rates vary from \$15-\$25 per hour but call for **substantial discount** for horse 4-H'ers. 541/410-5675 (9/1)

14 year old Palomino Paint mare: 4-H, gaming, team penning, great on trails, just a good all around horse. She has done 4-H, gaming, team penning, great on trails, great ground manners, good with feet, 100% sound. \$2500 obo 541-749-0938

Bend Spay & Neuter Project has barn cats for adoption. They are from feral cat colonies, and have been spayed/neutered and received vaccinations. They make great mousers!!! If folks are interested, they can contact us at info@bendsnip.org, 541-617-1010. More info at www.bendsnip.org

#3 Try to limit the amount of time spent in the sun from 10am to 4pm. Whenever possible, use machinery with cabs or shades that protect the operator.

#4 Wear wrap around sunglasses that block 100% of both UVA and UVB rays.

#5 Learn to recognize melanoma. See <http://www.cancerresearch.org/melanomabook.html> and <http://www.cancer.gov/cancertopics/wyntk/melanoma/page8> for a description of melanoma with photographs.

WHERE CAN I GET MORE INFORMATION?

Here are some websites with more detailed information on skin cancer:

From the CDC: <http://www.cdc.gov/cancer/skin/chooseyourcover/qanda.htm>

From the National Cancer Institute: <http://www.cancer.gov/cancerinfo/wyntk/skin/> (make sure to click on "Next Section" link at the bottom of the introduction)

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