



**Enjoying our
Healthy Harvest**

___ Pre-Survey ___ Post-Survey

Name _____

Teacher _____

Grade _____

Circle one answer:

1. Before I touch or eat food, I wash my hands...

Always Most of the time Sometimes Never

2. I help pick out fruits or vegetables at the store...

Always Most of the time Sometimes Never

3. When I prepare fruits and vegetables to eat, I clean them...

Always Most of the time Sometimes Never

4. I eat different kinds of fruits...

Every day Most days of the week 1-2 days a week Less than once a week

5. I eat different kinds of vegetables...

Every day Most days of the week 1-2 days a week Less than once a week

6. I like to try new foods...

Always Most of the time Sometimes Never

7. I prepare fruits or vegetables for myself or others...

Every day Most days of the week 1-2 days a week Less than once a week

**8. What fruits or vegetables do you like to prepare for yourself or others?
(Write on the back if you need more space).**