

Guess the “added” cubes/tsp
of sugar in each drink?

THINK YOUR DRINK!

Sugar Cubes
Here

Sugar Cubes
Here

Sugar Cubes
Here

Sugar Cubes
Here

Sugar Cubes
Here



**2% REDUCED
FAT MILK**
1 Cup



**1% LOWFAT
CHOCOLATE MILK**
1 Cup



SOFT DRINK
12 Fluid Ounces



10% JUICE DRINK
6.75 Fluid Ounces



ORANGE JUICE
3/4 Cup