To Join:
1. Choose a project(s) you are interested in.
2. Contact the Douglas County Extension Service for a list of 4-H clubs.
3. Attend a club meeting. Fill out paperwork and pay the enrollment fee.

Cost to Enroll:
$25.00 for the first project
$5.00 for each additional project
Add $1.00 for Horse & Shooting Sports project

If you’re interested in learning more about 4-H, clip and return the bottom portion to:

Douglas County OSU Extension Service
1134 SE Douglas Avenue
PO Box 1165
Roseburg OR 97470
Phone: 541-672-4461
Fax: 541-672-4453
E-Mail: laurie.michaels@oregonstate.edu

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Contact Information

Tracy Martz, 4-H Extension Interim Faculty, Douglas County Extension
Phone: 541-672-4461
E-mail: tracy.martz@oregonstate.edu

Visit us on the Web

Douglas County OSU Extension Office Web Page:
http://extension.oregonstate.edu/douglas/index.php

Oregon State University Extension Service E-Mail:
http://extension.oregonstate.edu/index.php

State 4-H Web Page:
http://oregonstate.edu/extension/4h/index.html

National 4-H Council Web Page:
http://www.fourhcouncil.edu/

Douglas County 4-H
4-H in Douglas County is for kids in K through 12th grades...

4-H is a community of young people across America who are learning:
* Leadership
* Citizenship
* Life skills

Agriculture, 4-H Youth, Family & Community Development, Forestry, and Extension Sea Grant Programs, Oregon State University, United States Department of Agriculture, and Douglas County cooperating. The Extension Service offers its programs and materials equally to all people.
**4-H Helps You!!!**

- Meet new friends
- Set goals and work toward them
- Work together in a club
- Improve your community
- Earn recognition awards
- Learn by doing
- Participate in events, activities & fair
- Gain leadership skills

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**4-H is Fun!!!**

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**4-H Club Projects**  
**Grades 4-12**

**Animals**  
- Beef & Dairy Cattle  
- Dogs  
- Goats  
- Horse & Pony  
- Poultry  
- Rabbits & Cavies  
- Sheep  
- Swine

**Family Science**  
- Child Care/Development  
- Sewing & Clothing  
- Foods & Nutrition  
- Food Preservation  
- Knitting & Crocheting

**Natural Science**  
- Forestry  
- Geology  
- Marine Science  
- Sport Fishing  
- Entomology  
- Archery & Shooting Sports

**Civics & Leadership**  
- Camp Counselor  
- Exchanges  
- Junior & Teen Leadership  
- 4-H Ambassador

**Science & Technology**  
- Beekeeping  
- Computers  
- GIS-GPS  
- Electricity  
- Rocketry  
- Veterinary Science  
- Woodworking

**Horticulture**  
- Flower Gardening  
- Vegetable Gardening

**Expressive Arts**  
- Art  
- Fiber Arts  
- Leather Craft  
- Photography  
- Public Speaking  
- Rubber Stamping

**4-H Helps You!!!**

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**Activities & Special Events**

- Summer & Day Camps
- Douglas County Fair & Lamb Show
- Interstate Exchange
- Leadership Development Retreats
- Special Workshops & Trainings
- After School & No School Day Programs
- Know Your State Government
- OSU Summer Conference

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**Show Your Stuff!!!**