



Extension Service Klamath County
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Informed Consent Statement

To: Lesson Participants

We ask you to complete this evaluation so O.S.U. Extension Service can determine how the lesson may have helped you. It should take about 5 minutes.

Completing the evaluation is VOLUNTARY. You may choose not to participate. You can stop or withdraw at anytime. You may also refuse to answer any question(s). Your choice to participate or not will have no affect on future involvement with Family & Community Education or O.S.U. Extension Service.

The responses that you provide will be kept CONFIDENTIAL to the extent permitted by law. Your answers will be combined with others in a report. Your name will not be used or any information that would identify you. Please do NOT put your name on the evaluation form.

There are no expected risks to you in completing the evaluation. Your feedback will help the OSU Extension Service to provide meaningful lessons.

Thank you for your time. If you have questions about the evaluation, please contact me at the Klamath Extension Office, (541) 883-7131.

If you have questions about your rights as a human research subject, please contact the Institutional Review Board (IRB) Human Protections Administration at (541) 737-3437 or IRB@oregonstate.edu.

Sincerely,

Patty Case
Extension Family and Community Development Faculty

OSU IRB Approval Date: <u>07-07-05</u> Approval Expiration Date: <u>07-06-06</u>

Why Weight? Reducing the Influence of TV on Children's Health Lesson Evaluation

County _____

Date _____

We'd like to know more about how your participation in this lesson has affected you. Please take a few minutes to answer these questions.

1. To what extent did the lesson increase your awareness/knowledge about the following? (Circle one for each)

	Not at all					A lot
	1	2	3	4	5	
• Link between TV viewing and childhood obesity	1	2	3	4	5	
• Influence of TV commercials on children's food choices	1	2	3	4	5	
• Ways to reduce the impact of TV on children's health	1	2	3	4	5	
• Opportunities to get involved in regulating TV advertisement directed at children	1	2	3	4	5	

2. As a result of attending this lesson, you may change some of your ideas or behaviors. Which of the following did you do regularly **before** the lesson?

BEFORE THE LESSON (Check one box for each item.)	DID REGULARLY	DIDN'T DO REGULARLY	DIDN'T DO
Discuss effect of TV on children's health with others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Control or limit personal TV viewing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Take action to promote responsible viewing such as participating in TV-turnoff week or contacting TV networks, legislators, school boards, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Which will you do regularly **after** this lesson?

AFTER THE LESSON (Check one box for each item.)	WILL DO REGULARLY	WON'T DO REGULARLY	WON'T DO
Discuss effect of TV on children's health with others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Control or limit personal TV viewing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Take action to promote responsible viewing such as participating in TV-turnoff week or contacting TV networks, legislators, school boards, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Are there other things you plan to do differently after today's lesson? (Please use back.) Thank you.

Please give this completed form to your leader/teacher, who will return it to the Extension office.