

The Whole Story: Using Ancient Grains

Lesson Evaluation

County: _____ Date: _____

We'd like to know more about how your participation in this lesson has affected you. Please take a few minutes to answer these questions.

- To what extent did the lesson increase your awareness or knowledge of the following? Circle the most appropriate number from 1 to 5. (1 being Very Much, 5 being Very Little)

	Very Much			Very Little	
	1	2	3	4	5
Health benefits of eating whole grains					
Identifying different grains					
Reading labels to find whole grain					
Preparation and storage of grains					

- As a result of attending this lesson, you may change some of you ideas or behaviors. Which of the following did you do regularly BEFORE the lesson? Mark the appropriate column

	Tried to do regularly	Didn't Do Regularly	Didn't Do
Read food labels to identify whole grain foods			
Eat more whole grains			

Which will you do regularly AFTER this lesson?

	Will try to do Regularly	Won't Do Regularly	Won't Do
Read food labels to identify whole grain foods			
Eat more whole grains			

- Are there any other things you plan to do differently after today's lesson? (Please use back).

Thank you. Please give this completed form to your leader/teacher, who will return it to the County Extension Office.



Extension Service

Agriculture, 4-H Youth, Family & Community Development, Forestry, and Extension Sea Grant Programs. Oregon State University, United States Department of Agriculture, and Klamath county cooperating. The Extension Service offers its programs and materials equally to all people.



Extension Service Klamath County

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Informed Consent Statement

To: "Whole Story: Using Ancient Grains" lesson participants

This lesson is being taught to Family and Community Education (FCE) study groups in several counties. The OSU Extension Service asks you to take 5 to 10 minutes to fill out this evaluation form so they can assess the impact the lesson may have on you.

The completed forms will be forwarded to OSU by your county Extension office. Your response will be combined with others and used for Extension reporting.

Your participation in this evaluation is VOLUNTARY. You may choose not to participate. You are free to answer only those questions you feel comfortable answering.

The information that we obtain from you will be kept confidential to the extent permitted by law. Only the county name will be on the form. Please do NOT put your name or any identifying marks on the evaluation form.

There are no foreseeable risks associated with your participation in this study. Your feedback will help the OSU Extension Service provide lessons that meet your needs.

If you have questions about the survey, contact me at 541-883-7131. If you have questions about your rights as a human research participant, please contact the Institutional Review Board (IRB) Human Protections Administrator at 541-737-4933 or IRB@oregonstate.edu.

Sincerely,

Patty Case
Extension Faculty, Klamath County