

Time for Tea!

Lesson Evaluation

County _____ Date _____

We'd like to know more about how your participation in this lesson has affected you. Please take a few minutes to answer these questions.

**1. To what extent did the lesson increase your awareness/knowledge about the following?
(Circle one for each.)**

	Not at all			A lot	
• How tea influenced governments and societies throughout history.	1	2	3	4	5
• Possible health benefits received from drinking tea.	1	2	3	4	5
• Variety of teas and herbal drinks available today.	1	2	3	4	5
• Cultural significance of drinking teas throughout the world.	1	2	3	4	5

**2. As a result of attending this lesson, you may change some of your ideas or behaviors.
Which of the following did you do regularly before the lesson?**

BEFORE THE LESSON (Check one box for each item.)	Did Regularly	Didn't Do Regularly	Didn't Do
Drink tea on a regular basis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plan a break in the day to de-stress and enjoy the company of others with or without tea.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Which will you do regularly after the lesson?

AFTER THE LESSON (Check one box for each item.)	Will Do Regularly	Won't Do Regularly	Won't Do
Drink tea on a regular basis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Plan a break in the day to de-stress and enjoy the company of others with or without tea.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Are there any other things you plan to do differently after today's lesson? (Please use back if more space is needed.)

Please give this completed form to your leader/teacher, who will return it to the County Extension office.



Extension Service Linn County

Oregon State University, 4th and Lyons, PO Box 765, Albany, Oregon 97321
T 541-967-3871 | F 541-967-9169 | <http://extension.oregonstate.edu/linn/>

Informed Consent Statement

To: *Time for Tea* Lesson Participants

This lesson is being taught to Family and Community Education study groups in several counties. The OSU Extension Service asks you to take 5 to 10 minutes to fill out this evaluation so that they can assess the impact that the lesson may have on you. Please only do so if you are aged 18 or over.

The completed forms will be forwarded to OSU by the county Extension office. Your response, together with others, will be combined and used for statistical summaries only.

The summary of findings will be included in the 2008 Extension Family and Community Development program’s annual report that will be shared with OSU Extension Administrators. The information may also be included in reports of Extension accomplishments and could be shared with professionals at conferences and in journals. You’re welcome to see the result if you like.

Your participation in this evaluation study is **VOLUNTARY**. You may choose not to participate. You are free to answer only those questions that you feel comfortable answering.

The information that we acquire from you will be kept confidential to the extent permitted by law. No one will know whose responses are whose. Only the county name will be on the form. Please be sure **NOT** to put your name or any identifying marks on the evaluation form.

There are no foreseeable risks or direct benefits associated with your participation in this study. Your feedback will help the OSU Extension Service to provide lessons that meet your needs. You will not receive any compensation for your participation in the evaluation. If you have questions about the survey, contact me at 541-967-3871. If I’m not available, please leave a message so that I can return your call.

If you have any questions about your rights as a human research participant, please contact the OSU Institutional Review Board (IRB) Human Protections Administrator at 541-737-4933 or IRB@oregonstate.edu.

Sincerely,

Janice Gregg
Extension FCD Faculty

Oregon State University • IRB Study #:3475 Approval Date:1/2/08 Expiration Date: 1/1/09