Hood River County Parenting Education Directory

Eastern Oregon Alcoholism Foundation
EOAF Parents Program
Cathy McDonald
216 S. W. Hailey Avenue
Pendleton, OR 97801
Telephone: 541-276-3518, ext. 212
Fax: 541-276-4189
Website: www.eoaf.org
Email: cmcdonald@eoaf.org

Description: EOAF is a residential drug and alcohol program that serves both men and women with children. Some of the parents have young children in treatment with them, but all parents are offered parenting classes.

Essential Insights
Active Parenting Program
Laurie Van-Si, MS.Ed
7421 SE Eldorado Street
Milwaukie, OR 97267
Telephone: 503-722-7733
Website: www.essentialinsights.org
Email: lvansi@comcast.net

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

Mid-Columbia Children's Council
John Mendez
1100 East Marina Way, Suite 215
Hood River, OR 97031
Telephone: 541-386-2010
Website: www.mcccheadstart.org
Email: mcccjmendez@gorge.net

The Next Door, Inc.
Parenting Education Program
Nancy Johanson Paul
PO Box 661
212 2nd Street
Hood River, OR 97031
Telephone: 541-308-2236
Fax: 541-386-5440
Website: www.nextdoorinc.org
Email: nancyp@nextdoorinc.org

Description: We offer an array of parenting classes throughout Hood River County for parents of children ages 10-14: Make Parenting a Pleasure (10 weeks) for parents with children ages 1-8; Strengthening Families (7 weeks) for parents and their children ages 10-14; and occasionally Incredible Years and Positive Discipline. Free childcare and meals are provided as well as incentives for completing the class series. Open to ALL families!

Hood River County School District, Hood River Valley High School
Early Childhood Education and Child Psychology courses
Barbara Hughes
1220 Indian Creek Road
Hood River, OR 97031
Telephone: 541-386-4500, ext. 4546
Email: bhughes@hoodriver.k12.or.us