Lane County Parenting Education Directory

4J Family Resource Center
Alicia Longoria
120 West Hilliard Lane
Eugene, OR 97404
Telephone: 541-687-3307
Fax: 541-334-4733
Website: schools.4j.lane.edu/river-road/
Email: longoria@4j.lane.edu

Description: School-based site that focuses on the parent involvement aspect of school. Family activities based on academic curriculum. The target audience is families with elementary age children.

4J School District
The Incredible Years
Rebecca Cohen
1500 Queens Way
Eugene, OR 97405
Telephone: 541-687-3368
Website: www.4j.lane.edu
Email: cohen_r@4j.lane.edu

A Primary Connection
Make Parenting A Pleasure
Peggy Lintula
721 S. R Street
Cottage Grove, OR 97424
Telephone: 541-942-4967
Fax: 541-767-5958
Email: plintula@lane.k12.or.u

Adoption Mosaic
Astrid Dabbeni
PO Box 18102
Portland, OR 97215
Telephone: 971-533-0102
Website: www.adoptionmosaic.org
Email: info@adoptionmosaic.org

appreciativepossibilities.com
Appreciative Family
Rebecca Heckman
1173 Charnelton Alley
Eugene, OR 97401
Telephone: 541-554-6772
Website: www.appreciativepossibilities.com
Email: rah48@comcast.net

Birth To Three
86 Centennial Loop
Eugene, OR 97401
Telephone: 541-484-5316
Fax: 541-484-1449
Website: www.birthto3.org
Email: msinger@birthto3.org

Description: Birth To Three brings parents together to share their parenting experiences, increase their knowledge of early childhood development, learn about community resources and create support networks among themselves. Services include group based parenting programs, a Parent HelpLine, and home visiting. Birth To Three's services are for all families in our community who have infants and young children, regardless of ability to pay and are available in English and Spanish.

Catholic Community Services of Lane County
Young Fathers Program, Murane Mutual Home,
Teen Housing
Mira Gattis
1025 G Street
Springfield, OR 97477
Telephone: 541-345-3628, ext. 312
Fax: 541-744-2272
Website: www.ccslc.org
Email: mgattis@ccslc.org or azamudio@ccslc.org
**Center for Community Counseling**
Nurturing Parent and Anger Management Classes
Nancy Weisel
1465 Coburg Road
Eugene, OR 97401
Telephone: 541-344-0620
Fax: 541-345-1103
Website: [www.ccceugene.org](http://www.ccceugene.org)
Email: nancy@ccceugene.org

**Centro Latino Americano**
Workshop for bicultural parents of adolescents
“El orgullo de ser padres biculturales” (twice-a-year, in Spanish)
Marcela Mendoza, Ph.D.
944 W 5th Avenue
Eugene, OR 97402-5106
Telephone: 541-687-2667
Fax: 541-284-2139
Website: [www.centrolatinoamericano.org](http://www.centrolatinoamericano.org)
Email: mmendoza@centrolatinoamericano.org
Description: Workshop for foreign-born Spanish-speaking parents who are raising teenage children in the U.S. We address issues of biculturalism, bilingualism, ethnic identity, addictions, peer pressure, depression, and community services.

**Churchville High School**
Health and Family Class, Teen Parent Program
Julie Johnson - Director of Childcare and Teen Parent Programs
1850 Bailey Hill Road
Eugene, OR 97405
Telephone: 541-687-3414
Website: [www2.chs.lane.edu](http://www2.chs.lane.edu)
Email: johnson_jul@4j.lane.edu

**EC CARES /University of Oregon - the EI/ECSE Program for Region 7**
Judy Newman
299 E. 18th Avenue
Eugene, OR 97401
Telephone: 541-346-2639
Fax: 541-346-6189
Website: [eccares.uoregon.edu](http://eccares.uoregon.edu)
Email: jrtn@uoregon.edu

**Eugene Public Library**
Read for Joy/El Gozo de Leer
Mary Ginnane
100 W. 10th Avenue
Eugene, OR 97401
Telephone: 541-682-8315
Fax: 541-682-5898
Website: [www.eugene-or.gov/library](http://www.eugene-or.gov/library)
Email: mary.j.ginnane@ci.eugene.or.us
Description: Read for Joy/El Gozo de Leer delivers early literacy parent education at service provider group sites. In the library early literacy services include free weekly storytimes for babies, toddlers, and preschoolers and weekly Family Music Time. Periodically parent and caregiver workshops are scheduled, and for kids of all ages the library provides summer reading programs, books, films, Internet access, Live Homework Help and more!

**Family Relief Nursery**
Parent Education
Heather Murphy
PO Box 1207
720 N. 14th Street
Cottage Grove, OR 97424
Telephone: 541-942-4835
Fax: 541-942-7359
Email: heathermurphy@oip.net
First Place Family Development Center
Parent Chat
Jake Spavins
1995 Amazon Parkway
Eugene, OR  97405
Telephone: 541-342-7728
Fax: 541-485-1731
Website:  www.svdp.us
Email:  jspavins@svdp.us

Head Start of Lane County
Albertine Mitchell
221 B Street
Springfield, OR  97404
Telephone: 541-747-2425
Fax: 541-747-6648
Website:  www.head-start.lane.or.us
Email:  amitchell@hsolc.org

JC Connections
Make Parenting a Pleasure
Earnest Jenkins
1401 Laurel Street
Junction City, OR  97448
Telephone: 541-998-2386, ext. 497
Email:  ejenkins@junctioncity.k12.or.us

La Leche League of Oregon
Breastfeeding Support and Education
Melanie Green
3386 NW Summerhill Place
Albany, OR  97321
Telephone: 541-967-8965
Website:  www.lli.org/Web/Oregon.html
Email:  melanieverde@msn.com

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

Lane County Commission on Children and Families
Lane County Network of Family Resource Centers
125 E. 8th Avenue
Eugene, OR  97401
Telephone: 541-682-4671
Fax: 541-682-7494
Website:  www.co.lane.or.us/CCF/default.htm

Description: Family Resource Centers offer a variety of activities that are flexible enough to meet the needs of the communities in which they are located yet are required to have minimum criteria to build in consistency across the county. Most sites offer at least one or more of the following Best Practices and promising practices in parent education: Make Parenting a Pleasure, Second Steps- violence prevention, Families and Schools Together (FAST-substance abuse prevention), Parenting Wisely (computer based program), First Steps, Incredible Years, and Parenting Now! FRC’s may be contacted directly for specific information on what is currently being offered in their community.

Lane County Public Health
Babies First! and CaCoon
Pam Stuver
135 East 6th Avenue
Eugene, OR  97401
Telephone: 541-682-4670
Fax: 541-682-2455
Website:  www.LaneCounty.org
Email:  pamela.stuver@co.lane.or.us

Description: Maternity case management. Nurse home visiting services for pregnant women at risk for poor birth outcomes and infants and young children at risk for poor health outcomes and/or developmental delays.
McKenzie School District
McKenzie Family Resource Center
Elaine Bryson
51187 Blue River Dr
Finn Rock, OR 97488
Telephone: 541-822-1108 or 541-822-1110
Fax: 541-822-8014
Email: elaineb@mckenzie.k12.or.us or robinr@mckenzie.k12.or.us

Description: McKenzie Family Resource Center is located at McKenzie schools. We serve all families with children who reside in the district boundaries. We provide: Parent/toddler groups, Parenting classes for families with children 0-15, Family activities, Pre-school, Afterschool programs, Referrals to local services.

Oakridge-Westfir Family Resource Center
Make Parenting A Pleasure, Parenting Now, Incredible Years, PAWS, FAST, Strengthening Families 10-14
Shelley Miller
76499 Rose Street
Oakridge, OR 97463
Telephone: 541-782-3281
Fax: 541-782-3122
Website: www.oakridge.k12.or.us/ clubsorgs/documents/frc.pdf
Email: smiller2@lane.k12.or.us

Description: The Oakridge-Westfir Family Resource Center is open to all ages. We welcome parents to visit our center to learn technology, do craft activities with their families, attend workshops and parenting classes, participate in our 0-5 year playgroup, and enroll their children in our after school activities and summer programs. Our staff is trained to work with families or individuals with resources and referrals to help meet their needs.

Migrant Education Program
Pilas! Family Literacy
Alliscia Niles
1200 Hwy 99
Eugene, OR 97402
Telephone: 541-461-8283
Website: www.lesd.k12.or.us
Email: mep@lesd.k12.or.us

North Eugene High School
Child Development
Renee Stacey
200 Silver Lane
Eugene, OR 97404
Telephone: 541-687-4563
Fax: 541-687-3683
Website: www.nehs.lane.edu
Email: stacey@4j.lane.edu

Opportunity Center
Young Parent Program
Mindy Rimbey
3411-B Willamette Street
Eugene, OR 97405
Telephone: 541-687-3488
Fax: 541-687-3694
Email: rimbey_m@4j.lane.edu

Options Counseling Services of Oregon
Options for Parenting
Kelli McKnight, M.Ed.
1255 Pearl St, Suite 102
Eugene, OR 97401
Telephone: 541-687-6983
Fax: 541-697-2063
Website: www.options.org
Email: kellim@options.org
OSLC Community Programs
Parent Management Training - Oregon Model
Peter Sprengelmeyer
315 West Broadway
Eugene, OR 97401
Telephone: 541-743-4340
Fax: 541-743-4369
Email: peters@oslccp.org
Description: OCP provides a variety of empirically-supported outpatient and treatment foster care services. Parent Education services focus on the use of the Parent Management Training – Oregon Model programs that can be adapted to the needs of the family and children. Referrals can be sent to: referrals@oslccp.org.

Parents Anonymous of Oregon
Parent Support Group, Children's Programs, Parent Leadership Development and Training and Parent Mentoring Services
Ruth Taylor
4945 N.E. 7th Avenue
Portland, OR 97211
Telephone: 503-258-4568
Fax: 503-493-2656
Email: ruth.taylor@morrisonkids.org

Pearl Buck Center Incorporated
Families With Special Needs Program
Jan Aho
3690 W. 1st Avenue
Eugene, OR 97402
Telephone: 541-484-4666
Fax: 541-345-0327
Website: www.pearl buckcenter.com
Email: jan.aho@pearl buckcenter.com
Description: Target population is parents with cognitive challenges who live in the Eugene/Springfield metro area. Services are provided by an experienced parent educator in the home of parents with children birth to 5 attending or waiting to enter the Families With Special Needs preschool. Other parents with cognitive challenges who are DHS clients are seen on a contract basis.

Planned Parenthood of Southwestern Oregon
Mary Gossart, VP of Education
360 East 10th Avenue, Suite 104
Eugene, OR 97401
Telephone: 541-344-1611, ext. 13
Fax: 541-342-6088
Website: www.noplacelikehome.org; www.ppsworegon.org
Email: education@pphsso.org

Sacred Heart Medical Center RiverBend
Pregnancy and Parenting Education
Jill Burrell, Manager
3333 Riverbend Drive
Springfield, OR 97477
Telephone: 541-222-5606
Website: www.peacehealth.org
Email: jburrell@peacehealth.org

South Lane School District
Teen Parent Program and Early Childhood Development
Brandi Baker Rudicel or Sina Kiilsgaard
PO Box 160
1375 South River Road
Cottage Grove, OR 97424
Telephone: 541-942-3391, ext. 111
Fax: 541-942-7492
Website: www2.slane.k12.or.us/cgh/ or www.slane.k12.or.us/schools/al-kennedy-alternative-high-school
Email: bbaker@lane.k12.or.us

Springfield School District
#19/Gateways High School
Young Parent Program
Judi Mayo
665 Main Street
Springfield, OR 97477
Telephone: 541-744-8862
Fax: 541-744-8863
Website: www.sps.lane.edu
Email: jmayo@sps.lane.edu
The Child Center
Corey Jackson
3995 Marcola Road
Springfield, OR 97477
Telephone: 541-726-1465
Fax: 541-726-5085
Website: www.thechildcenter.org
Email: corey.crisisprogram@yahoo.com
Description: Living Better with Challenging Children, Collaborative Problem Solving Parenting Group, Individualized Family Therapy through Intensive Day Treatment Services, Intensive Community Treatment Services, and Outpatient Treatment (including parenting training).

The Healing of Hearts Program
Grief and Loss Education for Families/Individuals
Dan Field
420 E 41st Avenue
Eugene, OR 97405
Telephone: 541-334-4987
Email: dan17ny17@yahoo.com

The Relief Nursery Inc.
Families Together Program
Gretchen Dubie
1720 West 25th Avenue
Eugene, OR 97405
Telephone: 541-343-9706
Fax: 541-683-3748
Website: www.relifnursery.org
Email: gretchdu@relifnursery.org
Description: The Families Together Program is for state mandated families whose children are in foster care, or at risk of removal to foster care and who have been referred by their DHS caseworker. The Relief Nursery also offers weekly parenting classes for their families and community members.

Vivian Olum Child Development Center
Carol Snead, Director
5222 University of Oregon
1650 Columbia Street
Eugene, OR 97403-5222
Telephone: 541-346-8107
Fax: 541-346-5786
Website: olum.uoregon.edu/
Email: snead@uoregon.edu
Description: The mission of the Vivian Olum Child Development Center is to provide comprehensive high quality care and education for the children of University of Oregon faculty and staff. Community families are enrolled when there is space available. In doing so, our goals are to provide a foundation of experiences that foster the growth and development of children and to offer a safe and nurturing environment for children (infants through school age) and their families. The center also provides UO faculty and students with opportunities for research and experience in early childhood education.

WellMama Pregnancy and Postpartum Support Inc.
Csilla Andor or Amy-Rose White
6282 SW Grand Oaks Dr.
Corvallis, OR 97333
Client Support: 800-896-0410
Administrative: 541-231-4343
Fax: 503-764-1467
Website: www.WellMama.org
Email: info@WellMama.org
Description: Serving women during and after pregnancy who experience stress, emotional or mental health difficulties, such as depression or anxiety. Services are available to partners or support persons as well. Free support groups and for-fee counseling in Eugene and Corvallis. Free phone & email support throughout state.
**Willamette Family**  
Make Parenting a Pleasure & Play Therapy  
Edith Bamrgrat  
687 Cheshire  
Eugene, OR 97404  
Telephone: 541-343-2993  
Fax: 541-343-2338  
Website: [www.wftf.org](http://www.wftf.org)  
Email: edithy@wftf.org

**Willamette Infant Toddler Center**  
Willamette High School Teen Parent Program  
Crystal Persi  
1801 Echo Hollow Road  
Eugene, OR 97402  
Telephone: 541-461-6401, ext. 4143  
Fax: 541-689-7119  
Email: cpersi@bethel.k12.or.us