Multnomah County Parenting Education Directory

**Adoption Mosaic**
Adoption Mosaic  
Astrid Dabbeni  
PO Box 18102  
Portland, OR  97215  
Telephone: 971-533-0102  
Website: [www.adoptionmosaic.org](http://www.adoptionmosaic.org)  
Email: info@adoptionmosaic.org

**Albina Head Start**
Elaine Harrison  
3417 NE 7th Avenue  
Portland, OR  97212  
Telephone: 503-236-9389  
Fax: 503-288-8794  
Website: [www.albinaheadstart.org](http://www.albinaheadstart.org)  
Email: elainh@albinaheadstart.org

**Boys & Girls Aid**
Special Needs and Infant Pre-Adoption  
Preparation, Love and Logic  
Sally Guyer  
018 SW Boundary Ct  
Portland, OR  97239  
Telephone: 877-932-2734  
Fax: 503-224-5960  
Website: [www.boysandgirlsaid.org](http://www.boysandgirlsaid.org)  
Email: sguyer@boysandgirlsaid.org

**Children's Justice Alliance**
Parenting Inside Out, Centers for Family  
Success, Pathfinder Academy  
Lauren Booth or Mindy Clark  
7800 SW Barbur Blvd., Suite 2  
Portland, OR  97219  
Telephone: 503-977-6399  
Fax: 503-245-4022  
Website: [www.childrensjusticealliance.org](http://www.childrensjusticealliance.org)  
Email: lauren@childrensjusticealliance.org

**Children's Relief Nursery**
Parent Connection (Make Parenting A Pleasure)  
Karen Carpenter  
8425 North Lombard  
Portland, OR  97203  
Telephone: 503-283-4776, ext. 117  
Fax: 503-283-0716  
Website: [www.crn4kids.org](http://www.crn4kids.org)  
Email: karen@crn4kids.org

**David Douglas High School**
David Douglas Teen Parent Program  
Connie Sloan  
1400 SE 135th Avenue  
Portland, OR  97233  
Telephone: 503-261-8470  
Email: connie_sloan@ddouglas.k12.or.us

Description: David Douglas Teen Parent Program is open to all pregnant/parenting high school students within the David Douglas school district boundaries. Our program includes a Parenthood Education class and child care for high school students while they are attending David Douglas High School or the districts alternative campus, Fir Ridge. David Douglas Child Development Center is licensed and certified by the State of Oregon for children from 6 weeks to 6 years of age.
Essential Insights
Active Parenting Program
Laurie Van-Si, MS.Ed
7421 SE Eldorado Street
Milwaukie, OR 97267
Telephone: 503-722-7733
Website: www.essentialinsights.org
Email: ivansi@comcast.net

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

Family And Community Together, FACT
Family Support and Information Center
Roberta Dunn
619 SW 11th Avenue, Suite 102
Portland, OR 97205
Telephone: 503-243-3228
Fax: 503-227-0346
Website: www.factoregon.org
Email: info@factoregon.org

Gresham High School
Gresham High Child Development Center
Julianne Standish
1200 N Main Street
Gresham, OR 97030
Telephone: 503-674-5537
Fax: 503-674-5549
Website: www.ghs.gresham.k12.or.us
Email: julianne_standish@gbsd.gresham.k12.or.us

Family And Community Together, FACT
Family Support and Information Center
Roberta Dunn
619 SW 11th Avenue, Suite 102
Portland, OR 97205
Telephone: 503-243-3228
Fax: 503-227-0346
Website: www.factoregon.org
Email: info@factoregon.org

FASCETS - Fetal Alcohol Syndrome Consultation, Education and Training Services
Diane V. Malbin, MSW
15500-L NW Ferry Road
Portland, OR 97231-1331
Telephone: 503-621-1271
Fax: 503-621-1271
Website: www.fascets.org
Email: dmalbin@fascets.org

Description: Non-profit organization providing community education, workshops, seminars, program development, consultation, and professional development. The goal is to increase understanding of Fetal Alcohol Spectrum Disorders as a brain-based disorder with behavioral symptoms, and to increase effectiveness of parenting and professional support.

Gresham High School
Gresham High Child Development Center
Julianne Standish
1200 N Main Street
Gresham, OR 97030
Telephone: 503-674-5537
Fax: 503-674-5549
Website: www.ghs.gresham.k12.or.us
Email: julianne_standish@gbsd.gresham.k12.or.us

Helensview High School
Parenting Class
Jessica Blei
8678 NE Sumner Street
Portland, OR 97220
Telephone: 503-262-4150
Fax: 503-255-1767
Website: mesd.k12.or.us/ae/helensview

Insights Teen Parent Program
Healthy Start & Teen Parent Services
Heather Baeckel
711 SE Ankeny, Suite B
Portland, OR 97214
Telephone: 503-239-6996
Fax: 503-239-6040
Website: www.insightstpp.org
Email: hbaeckel@insightstpp.org

Description: Insights Teen Parent Program serves teens that are pregnant and/or parenting in Multnomah County. We offer parenting support through home visits and groups, school based programs, housing, counseling for domestic violence or family issues and we have drop-in hours to access the parent resource center and donation closet. Please feel free to call with any questions or referrals.

Gresham High School
Gresham High Child Development Center
Julianne Standish
1200 N Main Street
Gresham, OR 97030
Telephone: 503-674-5537
Fax: 503-674-5549
Website: www.ghs.gresham.k12.or.us
Email: julianne_standish@gbsd.gresham.k12.or.us

Insights Teen Parent Program
Healthy Start & Teen Parent Services
Heather Baeckel
711 SE Ankeny, Suite B
Portland, OR 97214
Telephone: 503-239-6996
Fax: 503-239-6040
Website: www.insightstpp.org
Email: hbaeckel@insightstpp.org

Description: Insights Teen Parent Program serves teens that are pregnant and/or parenting in Multnomah County. We offer parenting support through home visits and groups, school based programs, housing, counseling for domestic violence or family issues and we have drop-in hours to access the parent resource center and donation closet. Please feel free to call with any questions or referrals.
La Leche League of Oregon
Breastfeeding Support and Education
Melanie Green
3386 NW Summerhill Place
Albany, OR 97321
Telephone: 541-967-8965
Website: www.lli.org/Web/Oregon.html
Email: melanieverde@msn.com

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

Latino Network
Christine Taylor
5123 N Michigan Avenue
Portland, OR 97217
Telephone: 503-283-6881 or 503-453-6034
Email: christineyjuntos@hotmail.com

Description: Juntos Aprendemos/Together We Learn brings Spanish speaking parents and their children ages three to five years old to their neighborhood school once a week for a series of 30 early literacy classes. The project serves immigrant parents who have had limited opportunities for formal education in their home countries and strengthens their skills as their children’s first teachers.

Legacy Emanuel Children’s Hospital
Lynn Barnes (Community Health Education Services)
Good Samaritan Hospital
1042 NW 22nd Avenue, Suite 300
Portland, OR 97210
Telephone: 503-413-8792
Fax: 503-413-6911
Website: www.legacyhealth.org
mail: lbarnes@lhs.org

Letty Owings Center (a program of Central City Concern)
Nancy Anderson
2545 NE Flanders Street
Portland, OR 97232
Telephone: 503-235-3546
Fax: 503-235-3791
Website: www.centralcityconcern.org
Email: cbarbour@centralcityconcern.org

Description: Letty Owings Center, a program of Central City Concern, is a residential drug and alcohol treatment program that serves poverty level pregnant women and women with young children. In addition to many treatment groups, a weekly parenting education group, using the Making Parenting a Pleasure curriculum, is required for all clients. Individual parenting and family support is also offered.

LifeWorks NW
Strengthening Families, Nicasa, PAT, Incredible Years, Love and Logic
Linda Sneddon
12350 SW 5th Street, Suite 110
Beaverton, OR 97005
Telephone: 503-627-9194, ext. 3726
Fax: 503-627-9095
Website: www.lifeworksnw.org
Email: lindas@lifeworksnw.org

Listen To Kids
Lisa Chin, LCSW
5135 NW St Helens Road
Portland, OR 97210
Telephone: 503-280-1388
Fax: 503-280-1392
Website: www.listentokids.org

Description: Home-based child-parent counseling for families who have lived with domestic violence. The non-offending parent must not be living with the abuser and have at least one child age 12 or under; services are free. No referral necessary, parent may call directly.
**Metropolitan Family Service**
Make Parenting a Pleasure and Guiding Good Choices
Amy Corbett
1808 SE Belmont Street
Portland, OR 97214
Telephone: 503-232-0007, ext. 160
Fax: 503-232-9178
Website: [www.metfamily.org](http://www.metfamily.org)
Email: amyc@metfamily.org

Description: MFS Parent Education reaches out to families to promote strong family communication, effective parenting skills, and parent involvement in a child’s education offering Make Parenting a Pleasure for parents of children age 0-8, and Guiding Good Choices for parents of children age 9-14. MFS uses research based curriculum, facilitating groups in Spanish and English. MFS targets the general parent population and offers special outreach to families with a history of incarceration.

**Morrison Child and Family Services**
Incredible Years Parent Series
Kathryn Falkenstern
4790 N. Lombard
Portland, OR 97203
Telephone: 503-258-4526
Fax: 503-286-3871
Email: kathryn.falkenstern@morrisonkids.org

Description: Research-based parent education class. Fourteen week series is complemented with dinner and childcare. Group leaders have received specialized training in Incredible Years.

**Morrison Child and Family Services**
Listos Para Aprender
Lucrecia Farias
11456 NE Knott St
Portland, OR 97220
Telephone: 503-736-6500
Fax: 503-256-9601
Website: [www.morrisonkids.org](http://www.morrisonkids.org)
Email: lucrecia.farias@morrisonkids.org

Description: Our service are available to families that identify Spanish as their primary language. Our service area is only the city of Portland (Multnomah County). Our target audience is families with children 0-3 years of age.

**Mt. Hood Community College**
Parents as Teachers, Early Head Start
Kristin Calderon or Jennifer Cahill
10100 NE Prescott
Portland, OR 97220
Telephone: 503-491-6111
Fax: 503-491-6112
Website:
Email: kristin.calderon@mhcc.edu or jennifer.cahill@mhcc.edu

**Multnomah County Health Department**
Early Childhood Services - Healthy Start
Elizabeth Carroll
5329 NE MLK Jr Blvd
Portland, OR 97211
Telephone: 503-988-5055, ext. 29579
Email: elizabeth.carroll@co.multnomah.or.us
**Multnomah County Library**  
Early Childhood Services  
Renea Arnold  
205 NE Russell Street  
Portland, OR 97212  
Telephone: 503-988-5458  
Fax: 503-988-5441  
Website: www.multcolib.org  
Email: reneaa@multcolib.org  

Description: Early Childhood Services of Multnomah County Library helps children begin kindergarten with the skills they need for learning to read by teaching their parents how to nurture early literacy skills through everyday conversation and reading together.

**Options Counseling Services of Oregon, Inc.**  
Options for Parenting  
Kelli McKnight, M.Ed.  
1255 Pearl St, Suite 102  
Eugene, OR 97401  
Telephone: 541-687-6983  
Fax: 541-697-2063  
Website: www.options.org  
Email: kellim@options.org

**Oregon Partnership**  
Parenting Classes and Workshops  
Emily Moser  
6443 SW Beaverton Hillsdale Hwy, Suite 200  
Portland, OR 97221  
Telephone: 503-244-5211  
Fax: 503-244-5506  
Website: www.orpartnership.org  
Email: emoser@orpartnership.org

**Parents Anonymous of Oregon**  
Ruth Taylor  
4945 N.E 7th Avenue  
Portland, OR 97211  
Telephone: 503-258-4568  
Fax: 503-493-2656  
Email: ruth.taylor@morrisonkids.org  

Description: Parent Support Group, Children's Programs, Parent Leadership Development and Training and Parent Mentoring Services

**Parrott Creek Child and Family Services**  
The Parent Training Program  
Amy Jackson  
1001 Molalla Avenue, Suite #209  
Oregon City, OR 97045  
Telephone: 503-546-6530  
Fax: 503-655-8908  
Website: www.pcreek.org  
Email: ajackson@pcreek.org

**Pathfinders of Oregon**  
Parenting Inside Out  
Cathy Calvin  
PO Box 19742  
7800 SW Barbur Blvd  
Portland, OR 97219  
Telephone: 503-910-1219  
Fax: 503-245-4022  
Website: www.pathfindersoforegon.org  
Email: ccalvin@pathfindersoforegon.org

**Pathfinders of Oregon, Pathfinder Academy**  
Parenting Excellence, Teen Parent program  
Ely Sanders  
8010 N Charleston  
Portland, OR 97211  
Telephone: 503-307-2270  
Email: esanders@pathfindersoforegon.org
Portland Community College
Department of Early Education & Family Studies
Andrew Forshee, Ph.D.
12000 SW 49th Avenue, HT 318
Portland, OR 97219
Telephone: 503-977-4027
Website: www.pcc.edu
Email: andrew.forshee15@pcc.edu

Volunteers of America Oregon
Volunteers of America Parenting Program
Susan Gano, MSW
217 SE 8th Avenue
Portland, OR 97214
Telephone: 503-236-3033
Fax: 503-236-3028
Website: www.voaor.org
Email: sgano@voaor.org

Description: Volunteers of America serves clients who are DHS involved and have been mandated to complete parenting courses. We offer group classes, individual services and group visitation. We also serve Spanish speaking clients, families who are parenting teens and developmentally delayed parents.

Portland OIC- Rosemary Anderson High School
Teen Parent Program
Kim Filla
717 N. Killingsworth Court
Portland, OR 97217
Telephone: 503-797-7228
Fax: 503-285-4415
Website: www.rosemaryanderson.org
Email: kfilla@poicrahs.org

YMCA of Columbia-Willamette
Incredible Years, Love and Logic, and Strengthening Families
YMCA Child Care Division
9500 SW Barbur Blvd, Suite 240
Portland, OR 97219
Telephone: 503-327-0007
Fax: 503-946-5009
Website: www.ymca-portland.org
Email: ychildcare@ymca-portland.org

Description: The YMCA of Columbia-Willamette Child Care Division currently operates 42 Before and After School programs, 16 Child Development Centers, and a Family Resource Center. These programs serve over 2500 families on a daily basis providing quality affordable care and services for all. Financial assistance for programs is available.

Rad Nannies
Kate Denny
414 Boone St.
Salem, OR 97306
Email: kkhks@wvi.com

Sam Barlow High School
Bruin Buddies Preschool
Lorena DuPuis
5105 SE 302nd Avenue
Gresham, OR
Telephone: 503-674-5690
Fax: 503-674-5645
Email: lorena_dupuis@gbsd.gresham.k12.or.us

Volunteers of America Family Relief Nursery
234 SE 7th Avenue
Portland, OR 97214
Telephone: 503-236-8492
Fax: 503-238-8127
Website: www.voaor.org
Email: bfroese@voaor.org