

# Multnomah County Parenting Education Directory

## Adoption Mosaic

Adoption Mosaic  
Astrid Dabbeni  
PO Box 18102  
Portland, OR 97215  
Telephone: 971-533-0102  
Website: [www.adoptionmosaic.org](http://www.adoptionmosaic.org)  
Email: [info@adoptionmosaic.org](mailto:info@adoptionmosaic.org)

## Albina Head Start

Elaine Harrison  
3417 NE 7th Avenue  
Portland, OR 97212  
Telephone: 503-236-9389  
Fax: 503-288-8794  
Website: [www.albinaheadstart.org](http://www.albinaheadstart.org)  
Email: [elainh@albinaheadstart.org](mailto:elainh@albinaheadstart.org)

## Boys & Girls Aid

Special Needs and Infant Pre-Adoption  
Preparation, Love and Logic  
Sally Guyer  
018 SW Boundary Ct  
Portland, OR 97239  
Telephone: 877-932-2734  
Fax: 503-224-5960  
Website: [www.boysandgirlsaid.org](http://www.boysandgirlsaid.org)  
Email: [sguyer@boysandgirlsaid.org](mailto:sguyer@boysandgirlsaid.org)

## Child Care Resource & Referral of Multnomah County

Jeanne Lemieux  
1006 SE Grand Avenue Suite 100B  
Portland, OR 97214  
Telephone: 503-548-4400  
Fax: 503-473-8429  
Website: [www.ccr-mc.org](http://www.ccr-mc.org)  
Email: [jeanne.lemieux@mhcc.edu](mailto:jeanne.lemieux@mhcc.edu)

## Children's Justice Alliance

Parenting Inside Out, Centers for Family  
Success, Pathfinder Academy  
Lauren Booth or Mindy Clark  
7800 SW Barbur Blvd., Suite 2  
Portland, OR 97219  
Telephone: 503-977-6399  
Fax: 503-245-4022  
Website: [www.childrensjusticealliance.org](http://www.childrensjusticealliance.org)  
Email: [lauren@childrensjusticealliance.org](mailto:lauren@childrensjusticealliance.org)

## Children's Relief Nursery

Parent Connection (Make Parenting A Pleasure)  
Karen Carpenter  
8425 North Lombard  
Portland, OR 97203  
Telephone: 503-283-4776, ext. 117  
Fax: 503-283-0716  
Website: [www.crn4kids.org](http://www.crn4kids.org)  
Email: [karen@crn4kids.org](mailto:karen@crn4kids.org)

## David Douglas High School

David Douglas Teen Parent Program  
Connie Sloan  
1400 SE 135th Avenue  
Portland, OR 97233  
Telephone: 503-261-8470  
Email: [connie\\_sloan@ddouglas.k12.or.us](mailto:connie_sloan@ddouglas.k12.or.us)

Description: David Douglas Teen Parent Program is open to all pregnant/parenting high school students within the David Douglas school district boundaries. Our program includes a Parenthood Education class and child care for high school students while they are attending David Douglas High School or the districts alternative campus, Fir Ridge. David Douglas Child Development Center is licensed and certified by the State of Oregon for children from 6 weeks to 6 years of age.

### **Essential Insights**

Active Parenting Program  
Laurie Van-Si, MS.Ed  
7421 SE Eldorado Street  
Milwaukie, OR 97267  
Telephone: 503-722-7733  
Website: [www.essentialinsights.org](http://www.essentialinsights.org)  
Email: [lvansi@comcast.net](mailto:lvansi@comcast.net)

Description: Parenting classes are individually tailored to unique needs/concerns, specifically designed for families with special needs children, i.e. ADD/HD and children with other learning challenges.

### **Family And Community Together, FACT**

Family Support and Information Center  
Roberta Dunn  
619 SW 11th Avenue, Suite 102  
Portland, OR 97205  
Telephone: 503-243-3228  
Fax: 503-227-0346  
Website: [www.factorogon.org](http://www.factorogon.org)  
Email: [info@factorogon.org](mailto:info@factorogon.org)

### **FASCETS - Fetal Alcohol Syndrome Consultation, Education and Training Services**

Diane V. Malbin, MSW  
15500-L NW Ferry Road  
Portland, OR 97231-1331  
Telephone: 503-621-1271  
Fax: 503-621-1271  
Website: [www.fascets.org](http://www.fascets.org)  
Email: [dmalbin@fascets.org](mailto:dmalbin@fascets.org)

Description: Non-profit organization providing community education, workshops, seminars, program development, consultation, and professional development. The goal is to increase understanding of Fetal Alcohol Spectrum Disorders as a brain-based disorder with behavioral symptoms, and to increase effectiveness of parenting and professional support.

### **Gresham High School**

Gresham High Child Development Center  
Julianne Standish  
1200 N Main Street  
Gresham, OR 97030  
Telephone: 503-674-5537  
Fax: 503-674-5549  
Website: [www.ghs.gresham.k12.or.us](http://www.ghs.gresham.k12.or.us)  
Email: [julianne\\_standish@gbsd.gresham.k12.or.us](mailto:julianne_standish@gbsd.gresham.k12.or.us)

### **Helensview High School**

Parenting Class  
Jessica Blei  
8678 NE Sumner Street  
Portland, OR 97220  
Telephone: 503-262-4150  
Fax: 503-255-1767  
Website: [mesd.k12.or.us/ae/helensview](http://mesd.k12.or.us/ae/helensview)

### **Insights Teen Parent Program**

Healthy Start & Teen Parent Services  
Heather Baeckel  
711 SE Ankeny, Suite B  
Portland, OR 97214  
Telephone: 503-239-6996  
Fax: 503-239-6040  
Website: [www.insightstpp.org](http://www.insightstpp.org)  
Email: [hbaeckel@insightstpp.org](mailto:hbaeckel@insightstpp.org)

Description: Insights Teen Parent Program serves teens that are pregnant and/or parenting in Multnomah County. We offer parenting support through home visits and groups, school based programs, housing, counseling for domestic violence or family issues and we have drop-in hours to access the parent resource center and donation closet. Please feel free to call with any questions or referrals.

### **La Leche League of Oregon**

Breastfeeding Support and Education

Melanie Green

3386 NW Summerhill Place

Albany, OR 97321

Telephone: 541-967-8965

Website: [www.llli.org/Web/Oregon.html](http://www.llli.org/Web/Oregon.html)

Email: [melanieverde@msn.com](mailto:melanieverde@msn.com)

Description: La Leche League is an international, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed. All breastfeeding mothers and pregnant women interested in breastfeeding are welcome to come to free meetings or call Leaders for breastfeeding help.

### **Latino Network**

Christine Taylor

5123 N Michigan Avenue

Portland, OR 97217

Telephone: 503-283-6881 or 503-453-6034

Email: [christineyuntos@hotmail.com](mailto:christineyuntos@hotmail.com)

Description: Juntos Aprendemos/Together We Learn brings Spanish speaking parents and their children ages three to five years old to their neighborhood school once a week for a series of 30 early literacy classes. The project serves immigrant parents who have had limited opportunities for formal education in their home countries and strengthens their skills as their children's first teachers.

### **Legacy Emanuel Children's Hospital**

Lynn Barnes (Community Health Education Services)

Good Samaritan Hospital

1042 NW 22nd Avenue, Suite 300

Portland, OR 97210

Telephone: 503-413-8792

Fax: 503-413-6911

Website: [www.legacyhealth.org](http://www.legacyhealth.org)

mail: [lbarnes@lhs.org](mailto:lbarnes@lhs.org)

### **Letty Owings Center (a program of Central City Concern)**

Nancy Anderson

2545 NE Flanders Street

Portland, OR 97232

Telephone: 503-235-3546

Fax: 503-235-3791

Website: [www.centralcityconcern.org](http://www.centralcityconcern.org)

Email: [cbarbour@centralcityconcern.org](mailto:cbarbour@centralcityconcern.org)

Description: Letty Owings Center, a program of Central City Concern, is a residential drug and alcohol treatment program that serves poverty level pregnant women and women with young children. In addition to many treatment groups, a weekly parenting education group, using the Making Parenting a Pleasure curriculum, is required for all clients. Individual parenting and family support is also offered.

### **LifeWorks NW**

Strengthening Families, Nicasa, PAT, Incredible Years, Love and Logic

Linda Sneddon

12350 SW 5th Street, Suite 110

Beaverton, OR 97005

Telephone: 503-627-9194, ext. 3726

Fax: 503-627-9095

Website: [www.lifeworksnw.org](http://www.lifeworksnw.org)

Email: [lindas@lifeworksnw.org](mailto:lindas@lifeworksnw.org)

### **Listen To Kids**

Lisa Chin, LCSW

5135 NW St Helens Road

Portland, OR 97210

Telephone: 503-280-1388

Fax: 503-280-1392

Website: [www.listentokids.org](http://www.listentokids.org)

Description: Home-based child-parent counseling for families who have lived with domestic violence. The non-offending parent must not be living with the abuser and have at least one child age 12 or under; services are free. No referral necessary, parent may call directly.

### **Metropolitan Family Service**

Make Parenting a Pleasure and Guiding Good Choices

Amy Corbett

1808 SE Belmont Street

Portland, OR 97214

Telephone: 503-232-0007, ext. 160

Fax: 503-232-9178

Website: [www.metfamily.org](http://www.metfamily.org)

Email: [amyc@metfamily.org](mailto:amyc@metfamily.org)

Description: MFS Parent Education reaches out to families to promote strong family communication, effective parenting skills, and parent involvement in a child's education offering Make Parenting a Pleasure for parents of children age 0-8, and Guiding Good Choices for parents of children age 9-14. MFS uses research based curriculum, facilitating groups in Spanish and English. MFS targets the general parent population and offers special outreach to families with a history of incarceration.

### **Morrison Child and Family Services**

Incredible Years Parent Series

Kathryn Falkenstern

4790 N. Lombard

Portland, OR 97203

Telephone: 503-258-4526

Fax: 503-286-3871

Email: [kathryn.falkenstern@morrisonkids.org](mailto:kathryn.falkenstern@morrisonkids.org)

Description: Research-based parent education class. Fourteen week series is complemented with dinner and childcare. Group leaders have received specialized training in Incredible Years.

### **Morrison Child and Family Services**

Listos Para Aprender

Lucrecia Farias

11456 NE Knott St

Portland, OR 97220

Telephone: 503-736-6500

Fax: 503-256-9601

Website: [www.morrisonkids.org](http://www.morrisonkids.org)

Email: [lucrecia.farias@morrisonkids.org](mailto:lucrecia.farias@morrisonkids.org)

Description: Our service are available to families that identify Spanish as their primary language. Our service area is only the city of Portland (Multnomah County). Our target audience is families with children 0-3 years of age.

### **Mt. Hood Community College**

Parents as Teachers, Early Head Start

Kristin Calderon or Jennifer Cahill

10100 NE Prescott

Portland, OR 97220

Telephone: 503-491-6111

Fax: 503-491-6112

Website:

Email: [kristin.calderon@mhcc.edu](mailto:kristin.calderon@mhcc.edu) or

[jennifer.cahill@mhcc.edu](mailto:jennifer.cahill@mhcc.edu)

### **Multnomah County Health Department**

Early Childhood Services - Healthy Start

Elizabeth Carroll

5329 NE MLK Jr Blvd

Portland, OR 97211

Telephone: 503-988-5055, ext. 29579

Email: [elizabeth.carroll@co.multnomah.or.us](mailto:elizabeth.carroll@co.multnomah.or.us)

### **Multnomah County Library**

Early Childhood Services  
Renea Arnold  
205 NE Russell Street  
Portland, OR 97212  
Telephone: 503-988-5458  
Fax: 503-988-5441  
Website: [www.multcolib.org](http://www.multcolib.org)  
Email: [renea@multcolib.org](mailto:renea@multcolib.org)

Description: Early Childhood Services of Multnomah County Library helps children begin kindergarten with the skills they need for learning to read by teaching their parents how to nurture early literacy skills through everyday conversation and reading together.

### **Options Counseling Services of Oregon, Inc.**

Options for Parenting  
Kelli McKnight, M.Ed.  
1255 Pearl St, Suite 102  
Eugene, OR 97401  
Telephone: 541-687-6983  
Fax: 541-697-2063  
Website: [www.options.org](http://www.options.org)  
Email: [kellim@options.org](mailto:kellim@options.org)

### **Oregon Partnership**

Parenting Classes and Workshops  
Emily Moser  
6443 SW Beaverton Hillsdale Hwy, Suite 200  
Portland, OR 97221  
Telephone: 503-244-5211  
Fax: 503-244-5506  
Website: [www.orpartnership.org](http://www.orpartnership.org)  
Email: [emoser@orpartnership.org](mailto:emoser@orpartnership.org)

### **Parents Anonymous of Oregon**

Ruth Taylor  
4945 N.E 7th Avenue  
Portland, OR 97211  
Telephone: 503-258-4568  
Fax: 503-493-2656  
Email: [ruth.taylor@morrisonkids.org](mailto:ruth.taylor@morrisonkids.org)

Description: Parent Support Group, Children's Programs, Parent Leadership Development and Training and Parent Mentoring Services

### **Parrott Creek Child and Family Services**

The Parent Training Program  
Amy Jackson  
1001 Molalla Avenue, Suite #209  
Oregon City, OR 97045  
Telephone: 503-546-6530  
Fax: 503-655-8908  
Website: [www.pcreek.org](http://www.pcreek.org)  
Email: [ajackson@pcreek.org](mailto:ajackson@pcreek.org)

### **Pathfinders of Oregon**

Parenting Inside Out  
Cathy Calvin  
PO Box 19742  
7800 SW Barbur Blvd  
Portland, OR 97219  
Telephone: 503-910-1219  
Fax: 503-245-4022  
Website: [www.pathfindersoforegon.org](http://www.pathfindersoforegon.org)  
Email: [ccalvin@pathfindersoforegon.org](mailto:ccalvin@pathfindersoforegon.org)

### **Pathfinders of Oregon, Pathfinder Academy**

Parenting Excellence, Teen Parent program  
Ely Sanders  
8010 N Charleston  
Portland, OR 97211  
Telephone: 503-307-2270  
Email: [esanders@pathfindersoforegon.org](mailto:esanders@pathfindersoforegon.org)

### **Portland Community College**

Department of Early Education & Family Studies  
Andrew Forshee, Ph.D.  
12000 SW 49th Avenue, HT 318  
Portland, OR 97219  
Telephone: 503-977-4027  
Website: [www.pcc.edu](http://www.pcc.edu)  
Email: [andrew.forshee15@pcc.edu](mailto:andrew.forshee15@pcc.edu)

### **Portland OIC- Rosemary Anderson High School**

Teen Parent Program  
Kim Filla  
717 N. Killingsworth Court  
Portland, OR 97217  
Telephone: 503-797-7228  
Fax: 503-285-4415  
Website: [www.rosemaryanderson.org](http://www.rosemaryanderson.org)  
Email: [kfilla@poicrahs.org](mailto:kfilla@poicrahs.org)

### **Rad Nannies**

Kate Denny  
414 Boone St.  
Salem, OR 97306  
Telephone: 503-365-1988  
Email: [kkzks@wvi.com](mailto:kkzks@wvi.com)

### **Sam Barlow High School**

Bruin Buddies Preschool  
Lorena DuPuis  
5105 SE 302nd Avenue  
Gresham, OR  
Telephone: 503-674-5690  
Fax: 503-674-5645  
Email: [lorena\\_dupuis@gsbd.gresham.k12.or.us](mailto:lorena_dupuis@gsbd.gresham.k12.or.us)

### **Volunteers of America Family Relief Nursery**

234 SE 7th Avenue  
Portland, OR 97214  
Telephone: 503-236-8492  
Fax: 503-238-8127  
Website: [www.voaoor.org](http://www.voaoor.org)  
Email: [bfroese@voaoor.org](mailto:bfroese@voaoor.org)

### **Volunteers of America Oregon**

Volunteers of America Parenting Program  
Susan Gano, MSW  
217 SE 8th Avenue  
Portland, OR 97214  
Telephone: 503-236-3033  
Fax: 503-236-3028  
Website: [www.voaoor.org](http://www.voaoor.org)  
Email: [sgano@voaoor.org](mailto:sgano@voaoor.org)

Description: Volunteers of America serves clients who are DHS involved and have been mandated to complete parenting courses. We offer group classes, individual services and group visitation. We also serve Spanish speaking clients, families who are parenting teens and developmentally delayed parents.

### **YMCA of Columbia-Willamette**

Incredible Years, Love and Logic, and Strengthening Families  
YMCA Child Care Division  
9500 SW Barbur Blvd, Suite 240  
Portland, OR 97219  
Telephone: 503-327-0007  
Fax: 503-946-5009  
Website: [www.ymca-portland.org](http://www.ymca-portland.org)  
Email: [ychildcare@ymca-portland.org](mailto:ychildcare@ymca-portland.org)

Description: The YMCA of Columbia-Willamette Child Care Division currently operates 42 Before and After School programs, 16 Child Development Centers, and a Family Resource Center. These programs serve over 2500 families on a daily basis providing quality affordable care and services for all. Financial assistance for programs is available.