



Jefferson County 4-H Newsletter

"Jefferson County 4-H offers learning opportunities in leadership and life enriching experiences within our diverse community. Participation helps develop character in a positive environment."

"Bloom Where You Are Planted" ~unknown

Welcome to Spring! Anyone who has read my front page articles for any length of time probably knows that I love the changing of the seasons. Spring is special because of the new life that starts appearing everywhere – baby animals playing in the fields (one of my absolute MOST favorite things ever), green grass, flowering trees...I just love it all and I feel like it is a refreshing time of year. My quote this month goes along with the idea of it being Spring and how we need to try and make the best out of any situation we find ourselves in.

In order to make the best out of every situation I challenge you to become aware of the attitude that you carry with you into every situation and be slow to blame others and quick to accept responsibility for your own actions or reactions. Blooming where you're planted also means, to me, that you seek out the best in what you've been given and not settle for someone else's opinion of what you've been given – and by that I mean that you have the power to make of things what you want to make of them and be the master of your own destiny in this life. To be a little more literal with the saying – it doesn't say "wilt where you're planted" or "wither" or even "stand still" but rather it says "BLOOM" which I take to mean flourish, grow, and create something beautiful that other people will enjoy being around.

Okay, enough with "Rebecca's Deep Thought" of the month...on to the business! April is going to be a very exciting time! I hope to see record numbers at our Family Fun Night in April 19th from 6:30-8:00 p.m. at the Fairgrounds. I've invited the Crook County Teen Council to lead some activities with the youth, we're going to eat pizza, and the Exec Council ordered a ton of way cool prizes to give out. There is some skepticism out there that this event isn't worth your time because everyone is so busy these days. I hope you each choose for yourself to be committed and come see for yourself just how much fun we can really have in the Jefferson County 4-H Program.

You'll also notice a green ribbon in your newsletter this month. During the month of April we'd like all our 4-H supporters to tie a green ribbon around the antenna on your car. OSU is going to be doing some news releases in the coming weeks drawing attention to the green ribbons driving around town to show just how many people are involved in 4-H in our communities. We'll also be handing out ribbons as your ticket to win prizes at the Family Fun Night. We encourage you to show that green with pride!

April also celebrates National Volunteer Month and National Volunteer Week happens to be April 16-20. What a wonderful time to have a party! Oh wait...we already have one planned (remember: the 19th, 6:30 p.m. at the Fairgrounds...pizza, prizes...ring a bell??). I hope you each know what an asset you are to this program whether you are a parent, an approved leader or a member. Your support and hard work is appreciated.

Hope to see you on the 19th! Happy Spring!

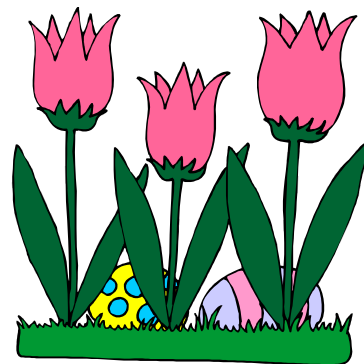
OSU/Jefferson County
Extension Service

Volume 25, Issue 4

April, 2007

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Important Dates to Remember

Sheep, Swine, Goat weigh-in: May 12th, 8-11 am; Possession date weigh-ins June 1st, 6-8 pm and June 2, 8-10 am, Jefferson County Fairgrounds (need to bring animal to only one weigh-in)

Pre-fair Horse show: Saturday, May 5th; Possession date, April 16th

Small Animal Possession: Last Tuesday in June

Skill Builders: June 2nd, First Christian Church

Fashion Revue: July 12th, First Christian Church

Million Penny Radio Round-Up: June 20-22; Thursday, June 21st is Jefferson County Day

Presentations: Thursday, June 28th and Friday, June 29th, East Cascade Assisted Living Center

Dog Fair: Friday, June 29th

Horse Fair: Friday, July 20th through Sunday, July 22nd

Fair: Wednesday, July 25th through Saturday, July 28th

A Letter from your Executive Council President

Volunteer leaders in 4-H are essential to a healthy program. It is time that we thank our volunteers and show appreciation for their years of service. Parents may not be official 4-H leaders but our whole operation would sink without their cooperation and support. The 4-H program is a team effort and it is hoped that there will be a team effort to attend the 4-H Family Fun Night on April 19! This is a chance for everyone to start the new 4-H season off with a celebration---a recognition that speaks loudly that we are a great organization filled with enthusiastic participants and volunteers. Please plan on attending. Each club represented will receive a special gift!

Please mark your calendars and plan to attend the 4-H Family Fun Night on April 19 at the Jefferson County Fairgrounds on Thursday, April 19. Pizza, prizes, fellowship, and service are available to all! This is not just an ordinary meeting. It is the hope of the 4-H Executive Council that this can be a rejuvenation of sorts for our county 4-H leaders and clubs. You will have the opportunity to participate in some fun activities, eat some dinner, win some prizes, do a service project, and talk with other clubs and leaders..... all between the hours of 6:30 and 8:00.

Margee O'Brien

Jefferson County 4-H Executive Council President

Oregon 4-H Green Ribbon Campaign

Tie a green ribbon around your vehicle antenna and show your support for 4-H!

The state 4-H office in conjunction with Extension Service marketing is launching a 4-H promotional campaign to show the community and our elected officials how large a presence 4-H is in our communities. They are encouraging 4-H families, friends and other supporters to tie a green ribbon on their vehicle antenna or side mirror during the month of April.

We are including one ribbon with the newsletter, but extra ribbons, which are available free of charge at the Extension Office, will also be handed out at the BIG PARTY we're having April 19th and we'd like everyone to show their 4-H pride by displaying them on their cars!

Attention: Leaders!

Please turn in the **4-H Club Materials and Equipment Inventory List and the Budget & Financial Report** if you have not already done so. These must be turned in even if you have no financial activity in your club or club inventory. The Leader's Association Treasurer must have these for the yearly report.

Fund Raising and 4-H Clubs

At this time of year many 4-H clubs are just getting started and thinking about ways to raise money for club expenses. One of the options that may be used by the club is a fund raiser. While all other 4-H activities are covered by insurance, fund raising is not. Oregon State does not consider fund raising as an educational activity. However, there is additional Special Activities Coverage available at a minimal cost. The cost for this additional insurance ranges from \$.15 to \$.23 per person per day. The application form must be completed and postmarked or approved by phone one day prior to the effective date.

There is also a 4-H Activities and Fund Raising form that must be filled out and submitted to the Extension Office for approval at least one week before the intended event.

Home Ec/Expressive Arts Workshop

Join in on a fun day of learning! The Home Ec leaders have planned a workshop, open to all interested 4-H members, for Friday, April 6th in the basement of the Madras Conservative Baptist Church, beginning at 9:30. The day will begin with a session on rag quilt making. Please bring a sewing machine, general sewing supplies, and flannel scraps if you can. The office has one sewing machine that will be brought to the workshop. At lunchtime, all participants will be able to take part in a fun table setting activity as well as learn something from the Foods and Nutrition project area. After lunch, there will be an opportunity to learn how to create from paper mache.



Call the office for more details and to sign up for the workshop.

Summer Conference

June 27-30

Oregon State Campus

7th-12th grade Oregon youth are invited to attend Summer Conference week at OSU. Some of the classes this year include map and compass, weather and climatology, felting, knitting, animal anatomy, astronomy, ice breakers and camp songs, salsa dance and Country Western dance, and advanced sewing. Mark your calendars and plan to attend!

Trivia Contest Winner

Congratulations go to Crystal McNealy for being the first to answer the March Trivia Question. Crystal is a 4-H member in the ThreadHeads Quilting Club. She answered the question, “**What is the new saying we have up on the wall in the Conference Room?**” The correct answer is: “4-H Youth...why we do what we do.”

This month’s trivia question is:

“According to MyPyramid.gov, how many cups of vegetables should you eat daily if you are on a 2,000 calorie diet?”

Remember the first 4-H member to call or come in with the correct answer wins a great prize!

Youth Wildlife Art Contest

The NRA is now accepting entries for its 2007 Youth Wildlife Art Contest. The contest is open to students in grades 1 through 12. The deadline to enter is October 8, 2007.

Winners in each grade category will receive \$500. Second-place finishers will receive \$250 and the third place award will be \$100. Entries will be judged on effort, creativity, anatomical accuracy, and composition.

For additional information on this contest, please contact the Extension Office.

Spring Gardening Seminar & Garden Market

Have you always wanted to know more about gardening in Central Oregon? Then check out this seminar sponsored by the Central Oregon Chapter of OSU Master Gardeners. It will take place at Eagle Crest Resort on Friday, April 20 and Saturday, April 21.



The Friday class begins at 7:00 pm and will feature Rose Marie Nichols McGee who will speak on “Small Space & Container Gardening and Heirloom Plants”. The cost for the Friday class is \$5.00. The Saturday class is from 8:00 am until 4:00 pm and the classes include Cold Climate Gardening, Greenhouses, Mulches, Growing Berries, Peonies, Garden Photography, and Roses. The cost for Saturday is \$10.00



For more information check <http://extension.oregonstate.edu/deschutes/> or call 548-6088.

Modeling Workshop



If you'd like to learn how to hold yourself up with grace and confidence in a public setting then this exciting workshop is for you!

Deschutes County will be holding a modeling workshop **Saturday, May 19th, from 10 am until about noon** and have invited Jefferson County 4-H members to attend. Pam Bronson, who modeled professionally for 15 years in San Diego and Los Angeles, will be holding the workshop. She worked for Saks Fifth Avenue, Nordstrom, Neiman Marcus, and others doing fall and spring fashion shows. She has also done some TV commercials. Pam is willing to come for the day and share her talent.

If you would like to take advantage of this rare opportunity to be taught by a professional model, then please contact the office as soon as possible. It would be nice to have some participants from Jefferson County!



Madras Produce Award winners who visited the High Desert Museum include in back, Megan Buck, Victoria Parsons, and Julie Altig and kneeling, Samara Rufener and Taylor Ceddia.

Trip to The High Desert Museum

Five 4-H members and two adults spent Friday, March 9th, at The High Desert Museum south of Bend. The trip was provided by Madras Produce for the Madras Produce Award Winners. The 4-H members attending were Julie Altig, Taylor Ceddia, Megan Buck, Victoria Parsons, and Samara Rufener. The adults who went were Tracy Ceddia and Penni Krause.

The Madras Produce Award is given by 4-H leaders who recognize members for their personal growth in sense-of-self, self confidence, responsibility, cooperation, sharing-of-self, decision making, communications, or social skills. Each club may nominate two members per year to receive this award.

We met at the Extension office at 8 am and arrived at The High Desert Museum by 10:00. We were greeted at the front door by a volunteer displaying a snake wrapped around his hand. Some of the girls were brave enough to touch the snake. The rest of us enjoyed a talk about the snake. The group went on a self-guided tour through the Spirit of the West gallery, the Desertarium, and the Hall of Plateau Indians. We enjoyed watching a bobcat and lynx, a porcupine and red fox, an otter and the birds of prey, and enjoyed a talk about a raven. The weather was cold and rainy, but during a break in the rain, we visited the outdoor displays where we saw what living on an 1880's homestead was like.

After the tour of the museum, we were treated to a lunch at Chan's Chinese Restaurant. We arrived back in Madras about 2:15.

New Leader!



We'd like to welcome a new leader, Sue Taylor, to the Jefferson County 4-H program. Sue has been actively involved as a parent but is now stepping up in a leader capacity and will be helping with the sheep projects in Lyle Gap Livestock Club. Thanks for your willingness to help make a difference in the lives of youth in Jefferson County!

Dates to Remember!

4-H Leaders Forum - April 13 - 14, Central Point
Registration deadline is April 2.

Know Your State Government - April 19-21, Salem

Summer Conference - June 27-30, OSU, Corvallis

Crook County Small Animal Show Participants

The Small Animal Show held on Saturday, March 10th in Crook County was a success and there were several Jefferson County participants. Our congratulations go out to the following for participating in the event: Alex Stellar, Kimberly Ellerbee, Harrison Adams, Dayna Hamilton, Kaylin Hamilton, and Floyd Wellmaker.



Did You Know?

Sunflowers were originally cultivated by Native Americans around 3,000 B.C. Seeds were ground into flour; mixed into a meal with beans, squash and corn. Sunflower seeds were used to produce a purple dye for cloth, body painting and decorations. Seed oil was used for skin and hair care and the dried plant stalks were often used as building material.



Japanese Exchange Program

Are you interested in hosting a Japanese Exchange student this summer? Monica Gunnell has taken on the responsibility of coordinating the exchange program for Jefferson County. Her son, Thomas Campbell, hosted a student last summer and plans to host again this summer. The exchange students will arrive during Fair week and stay until August 22nd. This would be a great opportunity for you to expand your horizons and experience a different culture - not to mention have a great time! Please contact Rebecca at the Extension office or Monica at 546-6573 if you are interested.

Million Penny Radio Round-up

Would you like to be on the radio?!

The Million Penny Radio Round-up will be here before we know it - the dates are set for June 20-22 and KSJJ 102.9 is looking for 4-H members to come to the radio station and record promotional sound bytes for the event. If you are interested in being on the radio to promote 4-H, please contact Rebecca at the Extension Office.



TV Turnoff Week

Break Free from TV!

TV Turnoff Week is planned for April 23-29. A Community Activities Fair starts off the week. The Fair will be held from 6:30-8:30 at the Rodriguez Annex.

4-H will have a table to let people know what we do and how they can get involved. If you would like join us in representing 4-H, please contact Rebecca or Penni at the Extension Office.

All kinds of activities are planned for the week. Check with the library for a list of the events.

Upcoming Shows and Clinics:

- * **Oregon Hereford Association Junior Breed & Jackpot Show** - March 30-April 1, Linn County Fair & Exposition Center, Albany
- * **4-H & FFA Project Animal Sales** - April 1, OSU Livestock Pavilion, Corvallis
- * **Spring Dog Fun Match** - April 7, Deschutes County Fairgrounds, Redmond
- * **Purple Ribbon Club Lamb Sale** - April 7, 62045 Cody Rd., Bend
- * **“Hoppy” Easter Chess Tournament** - April 7, Fairview Grange, Tillamook
- * **Exploring Cheese and Introductory Cheese Making Course** - April 9, Valley River Inn, Eugene
- * **1st Annual Champions Choice Club Lamb & Show Hog Sale** - April 14, Culver
- * **4-H Goat Fitting & Showing Clinic** - April 21, Stock Show Grounds, Union
- * **Spring Horse Classic** - April 27-29, Klamath County, information and forms are available on the Spring Horse Classic website: http://oregon.4h.oregonstate.edu/programs/events/horse_classics.html
- * **Small Animal 4-H Show & Judging Contest** - April 28, Deschutes County Fairgrounds, Redmond
- * **4-H Dad Potter Clinic** - May 5, Campbell’s arena near Canby
- * **“Crazy Ribbon” 4-H/Open Horse Show** - May 5, Yamhill County Fairgrounds, McMinnville
- * **Paws in the Rain 11th Annual Tillamook County 4-H Dog Fun Match** - May 5, Tillamook
- * **Spring Fling Rabbit & Cavy 4-H Show** - May 19, Clackamas County Fairgrounds, Canby
- * **4th Annual Youth Carrying Cage Show** - May 19, Clackamas County Fairgrounds, Canby
- * **Memorial Day Weekend Horse Show Event** - May 26-27, Deschutes County Fair & Expo, Redmond
- * **4-H Horse Clinic & Tack Sale** - June 2, Yamhill County Fairgrounds, McMinnville
- * **Purina Mills Rabbit U** - June 2, Linn County Fairgrounds, Albany

Contact the Extension Office for more information and entry forms.

2007 Growth Chart Guideline for Market Hogs

Market Hogs - Market class requirements 240-280 lbs.

Days to Fair	Date	Weight (lbs.)		Estimated
				Average Daily
		<u>Gaining low</u>	<u>Gaining high</u>	Gain (lbs.)
0	July 24	240-260	240-260	2.0-2.3 (Gain June 27-July 26)
30	June 24	180-200	171-191	2.0-2.3 (Gain May 29-June 27)
60	May 25	120-140	102-122	1.8-2.0 (Gain May 16-May 29)
74	May 11	95-115	74-94	1.6-1.8 (Gain May 1-May 16)
90	April 25	69-89	45-65	

Fair weigh-in is July 24th from 8-5.



Growth Chart for Market Goats

Market goats should gain an average of 0.4 lbs/day.

<u>Date</u>	<u>Days to Fair</u>	<u>Weight (lbs.)</u>
May 13	72	31-91
June 2	52	39-99
July 1	23	50-110
July 24	0	60-120

Animals should weigh 60-120 lbs on the weigh-in date at Fair.



2007 Growth Chart for Market Lambs

Days to Fair	Date	Weight (lbs.)		Estimated
				Average Daily
		<u>Gaining .5</u>	<u>Gaining .75</u>	Gain (lbs.)
0	July 24	115-125	115-125	.5-.75 (Gain June 27 - July 26)
30	June 24	100-110	92-102	.5-.75 (Gain May 29 - June 27)
60	May 25	85-95	70-80	.5-.75 (Gain May 16 - May 29)
74	May 11	78-88	59-69	5-.75 (Gain May 1 - May 16)
90	April 25	70-80	47-57	

Note: Fair market lamb weights are 110-145 lbs.

Fair weigh-in is Tuesday, July 24th from 8-5.



Open Gaming Play Day

Sponsored by the Jefferson County 4-H Horse Leaders

NOTE: DATE CHANGE!!!

This year's spring Open Gaming Play day will be held Saturday, April 14th, 2007 beginning at 10:00 a.m. at the Jefferson County Fairgrounds Indoor Arena. This is a great opportunity to get some show and practice experience with your gaming horse before Fair rolls around. Entry forms are available at the Extension office and also on the Jefferson County Extension website under 4-H.

4-H Pre-Fair Horse Show

Sponsored by the Horse N Around 4-H Club

Concessions provided by the Lyle Gap 4-H Club

It is time once again for the annual 4-H Pre-Fair Horse Show at the Jefferson County Fairgrounds Indoor Arena. This year's contest will be held Saturday, May 5th beginning at 9:00 a.m. New additions to the classes this year are a Ranch Horse Reining pattern and a Ranch Horse Trail class. Registration forms are available at the Extension Office and on the Jefferson County 4-H Website. This event is a great way to get some equitation practice in before the County Fair. Hope to see you there!

Ranch Horse Clinics

We would like to thank everyone again for their support of the Ranch Horse Clinics. We had 10 members attend our most recent clinic and a BIG THANKS goes out to our clinician, Aaron Mills, and to the Horse Leaders for organizing the event. It was a great learning experience had by all.

Clinics have been scheduled for the remainder of the months leading up to Fair. The next clinic will be held on Saturday, April 28th starting at 10 a.m. at the Fairgrounds. Brett Mills, owner of Saddle Up in Redmond, will be there to lead a clinic on roping and proper fit of saddles. He's going to bring several saddles to show examples of different types and the way they fit on your horse. He will also be teaching about roping. If you have a dummy head and rope be sure to bring it along with all your saddle and roping questions. Hope to see you there!

Horse possession Date

Just a reminder that all members participating in the Horse project need to have a form on file at the Extension Office **by April 16th** declaring which horse(s) they will be using for Fair this year and carrying in their projects. After this date 4-Hers are to be the only person training and riding the horses that were declared on the form. If you are leasing a horse for the project year, the lease agreement form also needs to be on file in the Extension Office by that date.

Ride Night Rules

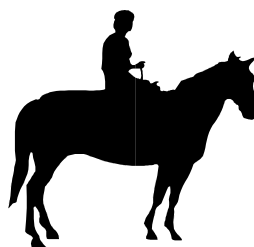
All members riding at the fairgrounds at the Monday night 4-H Ride Night must have either their parent or leader present at all times. They also must wear a helmet when they are riding. Every leader must have their members health forms with them during all outings, trips and events.

Spring Horse Classic

Note: Spring Horse Classic Registration forms are due in the State Office by April 6th.

Horse Leaders Forum

A special Horse Leaders Forum is being planned for this fall. The forum will be held at the Deschutes County Fairgrounds in Redmond on October 27-28. The state would like at least one horse leader from each county to attend. Some topics that will be covered include Liability, Insurance and Contracts, Working with Special Needs Member, Managing Horse Shows, Preparing Your Teams for State Level Competitions, Ethics, and Club Educational and Riding Meetings.




Registration forms will not be available until July, but please mark your calendars to save the date for this forum.



April 2007



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3	4 Home Ec 1:00	5 Horse 6:30	6 Home-Ec Workshop	7
8 Happy Easter!	9	10 Livestock 7:00	11	12	13 Oregon Leaders Forum Central Point, Oregon	Horse Play Day
15	16 Exec council 7:00	17	18	19 All 4-H Fun Night Event	20 Know Your State Government	21
22	23 State 4-H Staff Conference-Rebecca gone	24	25	26	27	28 Ranch Horse Clinic
29	30					



May 2007



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Home Ec 1:00	3 Horse 6:30	4	5 Horse Pre- Fair
6	7	8 Small Ani- mal 6:30 Livestock 7:30	9	10	11	12 Sheep, Swine, Goat Weigh-in 8-11
13	14	15	16	17	18	19
20	21 Exec council 7:30	22	23 Fish Pond Tour	24	25	26
27	28 Memorial Day Office Closed	29	30	31	June 1 Weigh-in 6-8 pm	2 Skill Builders Ranch Horse Clinic Weigh-in 8-10 am

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Check out the Jefferson County Extension Website: <http://extension.oregonstate.edu/jefferson/index.php>



4-H VOLUNTEERS

ARE

THE BEST



The staff at the Extension Office would like the 4-H leaders and volunteers to know how much we appreciate all you do to make the 4-H program successful. Thank you for the time and effort you so generously donate on behalf of the program. You are appreciated!