Jefferson County 4-H Newsletter


“Jefferson County 4-H offers learning opportunities in leadership and life enriching experiences within our diverse community. Participation helps develop character in a positive environment.”

A note from Shawn-4-H Faculty—

This winter we will be welcoming a new full-time 4-H Youth Development Faculty to Jefferson County! Interviews for the candidates will occur in mid January and we hope that our new faculty can begin soon after that. I will continue to oversee the 4-H programs at both Warm Springs and Jefferson County, with a focus on expanding audiences and programs and maintaining and expanding funding for the Science, Engineering, and Technology 4-H Program. If you have ideas, priorities, or questions about how Jefferson County could expand and improve to serve the county’s youth, please don’t hesitate to contact us.

Recently, I was introduced to four components of self-worth that have significantly influenced my thinking on what 4-H offers kids. In future newsletters, I will describe these and suggest some new ways leaders can emphasize them in their clubs and activities. These include: sense of belonging, sense of mastery, sense of independence, and sense of generosity. The theory says that all youth—no matter their cultural background—need to have opportunities to feel they belong, to feel competent and have skills, to have a sense of personal power, and feel that they matter to others and can contribute to others. These are powerful ideas. 4-H volunteers are uniquely positioned to provide these for kids and already do in very many ways. THANK YOU.

4-H Recognition Night

4-H members and families are invited to

Enjoy an evening of food, fun and remembering the 2008-2009 4-H year.

Date: January 11, 2010
Time: 6:00 pm
Location: Jefferson County Fairgrounds, Macci-Conroy Building

The evening will begin at 6:00 pm with a dinner and program following.

Recognition will be given for the following awards:
County Medals, Certificates of Achievement, Madras Produce, Record Books of Merit, Presentations of Merit, Junior Leader, Livestock Awards, Home Ec Awards, Expressive Arts Award, Horse Awards, 1,3, 5, 7, 8 and 9th year member pins, and more…

Congratulations!

Inside this issue:

A note from Shawn, Recognition Night page 1
Jefferson County 4-H Calendar page 2
Jefferson County 4-H Calendar continued page 3
State and National 4-H opportunities page 4

Local events and activities page 5
County news page 6
SET Club page 7
Happy New Year! page 8

Agriculture, 4-H Youth, Family & Community Development, Forestry, and Extension Sea Grant Programs. Oregon State University, United States Department of Agriculture, and Jefferson county cooperating. The Extension Service offers its programs and materials equally to all people.
2009-2010 4-H Calendar
This calendar will be updated as events are added or deleted

December
1 20 to January 4—Fairgrounds will be closed
25 Christmas (Extension Office Closed)

Happy New Year—2010

January
1 New Year’s Day (Extension Office Closed)
4 Jefferson County Family Hoedown Music Makers 4-H Club meeting 6:30, Jefferson County Library Rodriguez Annex
7 Horse Leader meeting, 6:30 pm at the Extension Office
11 4-H Recognition Night, 6:00 at the Fairgrounds, Maci-Conroy Building
12 Small Animal Leader meeting, 6:30 at the Extension Office
12 Livestock Leader meeting, 7:15 pm at the Extension Office
15-18 High Desert Leadership Retreat
18 Executive Council meeting, 7:00 pm at the Extension Office
30 Idea Fair
31 Re-enrollment due date (after this date there will be a late fee)

February
4 Horse Leader meeting 6:30 pm at the Extension Office
8 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds
9 Small Animal Leader meeting, 6:30 pm at the Extension Office
9 Livestock Leader meeting, 7:15 pm at the Extension Office
15 Executive Council meeting, 7:00 pm at the Extension Office
15 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds
28-March 2 Know Your Government, Portland, Oregon, Call Extension Office for more information

March
4 Horse Leader meeting 6:30 pm at the Extension Office
6 Beef Weigh-in, 10:00 am to noon, Green’s Feedlot
6 Horse Judging Contest, Deschutes County Fairgrounds
8 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds
9 Small Animal Leader meeting, 6:30 pm at the Extension Office
9 Livestock Leader meeting, 7:15 pm at the Extension Office
12 4-H Horse N’ Around Feeding Workshop and Tack Sale
13 4-H Small Animal workshop, at the Fairgrounds, Keeney Building, time TBA
15 Executive Council meeting, 7:00 pm at the Extension Office
15 Jefferson County 4-H re-enrollment deadline
15 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds

April
1 Horse project signature forms due
1 Horse Leader meeting, 6:30 pm at the Extension Office
5 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds
13 Small Animal Leader meeting, 6:30 pm at the Extension Office
13 Livestock Leader meeting, 7:15 pm at the Extension Office
15 Jefferson County 4-H (continuing education) Scholarship due, Extension Office
19 Executive Council meeting, 7:00 pm at the Extension Office
23-25 Spring Horse Classic, Redmond, Oregon
26 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds

May
6 Horse Leader meeting, 6:30 pm at the Extension Office
8 Horse Pre-Fair Jefferson County Fairgrounds
10 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds
11 Small Animal Leader meeting, 6:30 pm at the Extension Office
11 Livestock Leader meeting, 7:15 pm at the Extension Office
17 Executive Council meeting, 7:00 pm at the Extension Office
17 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds
### 2009-2010 4-H Calendar, Continued

#### June
1. 4-H new member enrollment deadline
2. Horse Leader meeting, 6:30 at the Fairgrounds, **required** (Horse Member Record Book Check)
3. Swine weigh-in, 5:30 to 7:30 pm at the Fairgrounds
4. Swine, Sheep and Goat weigh in, 7:00 to 11:00 am at the Fairgrounds
5. Cook and Colleen’s Campout for 4-H Kids
6. 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds
7. Small Animal Leader meeting, 6:30 pm at the Extension Office
8. Livestock Leader meeting, 7:15 pm at the Extension Office
9. Fair registrations due
10. 4-H Horse Clinic, time and place TBA
11. Rabbit and Poultry weigh-in, location and time TBA
12. Executive Council meeting, 7:00 pm at the Extension Office
13. Rabbit and Poultry weigh-in, 5-6:30 pm at the Extension Office
14. OSU Summer Conference, OSU Campus
15. 4-H Horse Ride Night, 5:30-8:30 pm, Jefferson County Fairgrounds

#### July
1. Record Book check, Extension Office
2. Horse Leader meeting, 6:30 pm location TBA
3. Jefferson County Horse Fair, Jefferson County Fairgrounds
4. Small Animal Leader meeting, 6:30 pm at the Extension Office
5. Livestock Leader meeting, 7:15 pm location TBA
6. 4-H Static Exhibits entered, times TBA
7. 4-H Livestock arrives at the Jefferson County Fair, Swine weigh-in 7:00 to 11:00 am
8. Steer weigh-in noon to 3:00 pm, Sheep/Goats noon to 3:00 pm, Rabbit/Poultry weigh-in 11:00 to noon
9. In the small animal barn, re-weighs 4:00 to 5:00 pm
10. Jefferson County Fair

#### August
5. Horse Leader meeting, 6:30 pm at the Extension Office
10. Small Animal Leader meeting, 6:30 pm at the Ext. Office
10. Livestock Leader meeting, 7:15 pm at the Extension Office
16. Executive Council meeting, 7:00 pm at the Extension Office
23. Premium and Auction checks available (after noon)

#### September
2. Horse Leader meeting, 6:30 pm, Extension Office
14. SA Leader meeting, 6:30 pm, Extension Office
15. Livestock Leader meeting, 7:15 pm, Extension Office
20. Exec Council meeting, 7 pm Extension Office
30. Record Books due for Judging contest

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**ATV and Dirt Bike RiderCourse certification offered by Deschutes County 4-H**

Saturday, March 7, 2009 - Monday, March 9, 2009 (All Day Event)

Deschutes County 4-H, in conjunction with the Oregon Parks and Recreation Department, Combined Off-Highway Vehicles Operations, and the Central Oregon Motorcycle and ATV Club is offering free ATV and Dirt Bike RiderCourse certification classes for youth under 16 years of age. Morning and afternoon classes are scheduled for Saturday, March 7 and Sunday, March 8. Registration and a $20.00 administration fee are mandatory. MasterCard and VISA are accepted. Participants must supply their own ATVs and Dirt Bikes and approved riding gear: helmets, gloves, long sleeve shirts, heavy fabric pants, goggles, and boots that cover ankles. Parents can sign up their child or children for ATV RiderCourse and Dirt Bike RiderCourse certification by calling 541-548-6088. Additional information about RiderCourse certification is available by calling Reaza Mansur, Deschutes County 4-H at 541-548-6088 or email reaza.mansur@oregonstate.edu.
Jefferson County 4-H Committee Meetings:
If you are a volunteer leader in Jefferson County, you are a member of a committee. Your ideas are important, this is where decisions are made regarding your project areas, please come to a committee meeting and help make Jefferson County 4-H “all that it can be”. Find your project area and the date of your respective meeting (meetings are held at the Extension Office unless otherwise noted, meeting times are indicated on calendar pages 2 and 3):

<table>
<thead>
<tr>
<th>Project Area</th>
<th>Date of Meeting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Horse</td>
<td>1st Thursday of each Month</td>
</tr>
<tr>
<td>Livestock</td>
<td>2nd Tuesday of each Month</td>
</tr>
<tr>
<td>Executive</td>
<td>3rd Monday of each Month</td>
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<tr>
<td>Home Ec</td>
<td></td>
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<tr>
<td>Recognition</td>
<td></td>
</tr>
<tr>
<td>Small Animal</td>
<td>2nd Tuesday of each Month</td>
</tr>
</tbody>
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State and National 4-H Opportunities

**YOUTH VOICE, YOUTH ACTION**
(formerly known as Know Your Government)

**Dates:** Sunday, February 28—Tuesday, March 2, 2010

**Location:** University Place Hotel and Conference Center, Portland, OR

**Registration:** $155 (covers lodging for 2 nights, meals, speakers, program materials, and metro travel during the program)

Youth ages 13—19 are invited to attend. This program challenges young people to be responsible for self direction and active participation. Participants do not need to be 4-H members. The program is open to everyone. Registration deadline is Monday, February 15, 2010.

2010 Outbound 4-H International Exchange Programs

Application materials for potential outbound 4-H international exchange delegates are now available on the Oregon 4-H Website at: http://oregon.4h.oregonstate.edu/4h-world-citizenship-project-international-exchange-programs

This year the program offers outbound exchange programs to the following countries: Australia, Costa Rica, Japan and Norway.

Application materials for all countries are due and postmarked by January 7, 2010.

4-H Night with the Portland Trailblazers

For the third year Oregon 4-H has partnered with the Portland Trailblazer team to provide an opportunity for 4-H members to visit Rip City. This year mark your calendar for March 25, 2010. This is 4-H night with the Portland Trailblazers. It is a Thursday night game against the Dallas Mavericks. Tickets are offered at a discounted price for members.

If you are interested in more information about this special night, please call the Extension Office for more details.
The 4-H High Desert Leadership Retreat is an annual youth conference held over Martin Luther King Jr. weekend. Youth participate in hands on activities, workshops and seminars designed to enhance their capabilities, in school, at home, on the job, and in life.

Register by December 18, 2009 for $150.00. Scholarships are available, please contact the Extension Office for more details.

Who: 7 through 12 graders
Where: Eagle Crest Resort, Redmond, Oregon
When: January 15 through January 18, 2010

The second annual 4-H Leader Retreat is scheduled to coincide with the High Desert Leadership Retreat being held on Friday, January 15 through Monday, January 18, 2010 at the beautiful Eagle Crest Resort.

Leaders will have the option of spending the weekend at Eagle Crest (lodging, meals and workshops are included) or only attending the workshops. If you decide to stay for the weekend you will be housed in the condos with other leaders, prepare meals as a group in the condo (as our leadership retreat youth do) and have free time to do as you please. You can relax in the condo, network with other leaders, enjoy Eagle Crest’s facilities (Recreation Center, hot tubs, swimming pool, etc), or spend leisure time in Central Oregon.

For registration information, please contact the Extension office.

Idea Fair

Mark your calendar for January 30, 2010 for a fun day of learning for the entire family!

Information about classes will be out the first part of January and you can check the website at: www.deschutes4h.com to get the latest information. Or call the Extension Office at 475-3808.

DID YOU KNOW that the chicken can travel up to 9 miles per hour? Have you ever seen one go that fast? We aren’t chickens but we need to be active everyday. Kids need to be active for at least 60 minutes a day. You can run like a chicken, walk, swim, play basketball, skate, or anything you like to do—just make sure to do some activity every day to keep active and get your body moving towards good health.

If you would like to avoid any late charges in 4-H Enrollment, please have your enrollments in by January 30th.

Don’t ForGET!
Whether you have been a 4-H Club Leader for one year or twenty you may want to take an on-line e-learning course. This course helps to get leaders acquainted with basic information about 4-H volunteer duties. To take the course just go to the following website and follow the directions:

http://oregon.4h.oregonstate.edu/elearning-course

There are four modules, each taking about 15-20 minutes to complete. The modules are interactive and self-paced.

Take time to remind yourself about the great opportunity 4-H is for today’s youth.

4-H Members and Leaders

Please be aware that if you or members of your club turned in a record book for judging, they can be picked up at the Extension Office.

Jefferson County Family Hoedown Music Makers 4-H Club

Next meeting: January 4, 2010—6:30 pm

At the Jefferson County Library
Rodriguez Annex in Madras

For information call 475-3808
Club led by Shawn Morford

Beginners welcome
Bring if you have:
- Guitar
- Violin
- Banjo
- Mandolin

Ages 4th grade and up.
Families welcome.

Reminder about Fundraisers

All 4-H clubs interested in doing a fundraiser must first (prior to the event) fill out an Intent to Fundraise Form, and turn in to the office for approval, prior to the 3rd Monday of the month.
Jefferson County 4-H SET club had another successful First Lego League Competition this year. Three teams participated, our rookie team Halo and two new teams The Terminators and Quad Squad plus One. We are proud to announce the Halo team won a trophy for best construction details.

Along with competing with their robots on the mission board each team were judged in front of a panel board for team work, construction details, and a researched presentation.

The JC 4-H SET club would like to thank our sponsors for making this four month Lego project possible. JC Penny’s donated $500 that was used to cover our registration fees, The Madras Rotary Club donated $150 that paid for 24 team t-shirts’, Keith Manufacturing Company donated $100.00 that also covered registration fees and lunches, Identity Zone gave us significant discounts on our t-shirts so we could afford t-shirts’ for everyone and Jefferson County Executive Council donated money to cover the remaining costs on the day of the competition. The help of each one of these sponsors contributed to a wonderful learning experience, for each member of the 4-H SET club, in engineering, teamwork and research.

Thank you JC Penny’s, Madras Rotary Club, Keith Manufacturing Company, Identity Zone and Jefferson County Executive Council; The Jefferson County 4-H SET club appreciates your encouragement and support.

4-H SET Club will be meeting on January 19th, 2010
Call Heidi at the Extension Office for more information.

Attention 4-H Leaders or Members

Did you make a “New Year’s” resolution to become more physically active? Or learn more about becoming healthier? Or making better decisions about nutrition? If your answer was “yes”, you may want to give the office a call at 475-3808. We are looking for people who have common interests in these areas. So if you are interested in helping to lead or participating in this type of a club, please call or stop by and get on our list of interested people.