

Southwestern Oregon 4-H Regional Leaders Forum

"4-H – It's All About Fun While Learning"



What: 4-H Regional Leaders Forum – Planned/Presented by Staff & Volunteers in Southwestern Oregon

Who is Invited: Interested 4-H Leaders, Teens, Parents and Judges

When: Saturday, February 6, 9:00 AM Registration/Welcome; Workshops follow at 9:30 AM

Where: Roseburg High School, Roseburg, OR (map: <http://www.roseburg.k12.or.us/rhs/campus.html>) Take I-5 to Roseburg, Exit 124 and turn right on ramp towards OR-138 City Center/Diamond Lake

Registration Fee includes Lunch - \$10.00

Workshop Descriptions

Session I Workshops : 9:30 – 10:30 AM

"Waffles: A Fresh Look at an Old Favorite" –100 minutes (minimum 10 people)

Whether you are a food leader looking for a fun meeting topic or a teenager wanting to practice cooking skills, this hands-on class will entertain and inspire. Participants will make a sample of approximately ten different kinds of waffles. Learn techniques for making quality waffles. Compare scratch with purchased. Take home recipes, waffle-making tips and ideas for offering a similar session in your county. Presenters: Anne Manlove, Jackson Co. 4-H Agent; Fiona and Wynn Nevin, Jackson Co. 4-H members.

"Great Ideas for Photography Clubs and 4-H Activities" – 100 minutes (minimum 10 people)

Learn fun and educational club meeting ideas for photography. Learn how to incorporate photography into your project club meetings and 4-H activities. Learn the latest tips and proven photography techniques to improve the photography instruction you give your 4-H members. Use photo tips and techniques to improve the quality of your own photos.

Please bring your camera and manual. Presenters: Shana Withee, Harney Co. 4-H agent; Kelley Basey, Harney Co. Volunteer Leader.

"Records, Résumés and Scholarships – Oh, My!" - 50 minutes

Where do I put what? What should I include? What should I leave out? What's most important? How to make some sense of it all!!

Some tools, workshops, awards and award applications were developed in our county to slowly condition our members to be ready for the 4-H Résumé and scholarship applications. There may be something here to help guide your county's youth to the next level or spark a new idea. Come find out! Presenter: Sue Hunt, Josephine Co. Program Assistant.

"Cultivating Cloverbuds" – 50 minutes

Learn how to start and grow a 4-H Cloverbud Club. The workshop will include how to work with and teach young children, successful meeting plans and ideas, what to do in your club, topics and Cloverbud curricula, running a separate club or how to incorporate a Cloverbud Club with an existing 4-H Club. Presenter: Teresa Middleton, Douglas Co. 4-H Program Assistant.

"Floral Sweet Treats that Look Good Enough to Eat" – 100 minutes

No previous experience needed! Create an unforgettable surprise for all of your friends to enjoy as a great gift idea, table topper, or fair project. Design and take home a fabulous cupcake-shaped fresh floral arrangement! Join us to learn the basics for a dazzling sweet treat that will look good enough to eat! Work from creation to finishing touches, for the finest floral arrangement at your fair. Presenter: Laurie Miller, Douglas Co. 4-H Secretary/Office Coordinator; Shannon Miller, Douglas Co. 4-H Leader.

“Gone to the Dogs” – All day clinic (minimum 10 people)

The best of the Oregon 4-H dog project will be presented in this one day clinic for 4-H members and leaders and their dogs. Information included in the clinic will be goals of the dog project, grooming basics, equipment, showmanship demonstration/with clinic for participants/dogs, obedience demonstration/with participants and dogs with a question and answer discussion at noon. Ohio Dog Resource Materials will be used in this training and given to participants to use with their clubs. Presenters: Vicki Avery, State 4-H Animal Science Program Coordinator; Jeremy Green, Crook Co. 4-H Agent; Linda Eng, Dog Judge Benton Co.; Ann Dickerson, Dog Judge Benton Co.; Judi Lanman, Dog Judge Umatilla Co.

Session 2 Workshops: 10:45 – 11:45 AM

“Taking Notes: 4-H Records Made Easy” – 50 minutes

Come and learn strategies for making the most of your 4-H records. Most 4-H’ers know that well done records are an asset when applying for 4-H trips and scholarships, but they are also a giant help in the job search and college application process. Learn from the OSU Collegiate 4-H Club how to make keeping records simple and get the most out of them. This is a great class for both those new and old to keeping 4-H records. Presenters: OSU Collegiate 4-H Club

“Special Delivery – 4-H School Enrichment” - 50 minutes

The 4-H School Enrichment Program – one in which 4-H and local schools team up to offer classroom enrichment programs that link a university-based curriculum and experiential learning in a variety of topics to K-12 students – is a great opportunity for 4-H leaders and volunteers to bring the wonders of 4-H to a school near you! Come to this session to find out how you can be involved by partnering with your local 4-H Program staff. Learn about curriculum and resources available to 4-H volunteers involved in 4-H School Enrichment. Presenters: Teresa Middleton, Douglas Co. 4-H Program Assistant; Tracy Martz, Douglas Co. 4-H Agent.

Session 3 Workshops: 1:00 – 2:00 PM

“All Wired Up” – 50 minutes

Using wire, beads and a few simple tools, participants will create one-of-a-kind decorations or ornaments. This is a fun project for families to do at home around the kitchen table, at a club meeting or as a camp art project. The results can be funky or elegant... depending on your mood. Presenters: Fiona and Wynn Nevin, Jackson Co. 4-H Members; Anne Manlove, Jackson Co. 4-H Agent.

“Ready for that Foods Contest?” – 50 minutes

Preparation is the key factor in a successful 4-H Foods Contest. This workshop will be packed full of practical ideas from packing the box to how to cut that onion without tears. It’s all in planning and being prepared so you have fun at the contest. Presenter: Elissa Wells, Coos Co. Extension Agent; Mona Easley, State Office Program Coordinator.

“Making the Most of State and National Opportunities” – 50 minutes (minimum 5 people)

Come learn about the numerous opportunities available to 4-H’ers in Oregon, both the more popular activities and those that are available to a select few with certain interests. We will cover what they are, how to attend, and things you can do to prepare years in advance. Presenters: OSU Collegiate 4-H Club

“Showmanship – Teaching Youth the Skills They Need to be Successful” – 50 minutes

The showmanship class at fair is more than just a requirement, it is a great opportunity for youth to learn and grow. For the class of showmanship to be a great experience for youth, they need to be taught not only how to present themselves and their animal in the ring, but also how to prepare their project for show, how to select an animal that the youth can best handle and the time commitment it takes to train an animal for show. Youth also need to be taught show ring etiquette and sportsmanship. Leaders of all species are welcome. Presenter: Tracy Martz, Douglas Co. 4-H Agent.

Session 4 Workshops: 2:15 – 3:15 PM

“Stamp Up a Storm!” – 50 minutes

Rubber stamping is a fun 4-H expressive arts project. Come make your own greeting cards and learn 2 new rubber stamping techniques. We will share tips for successful rubber stamping and bring examples of rubber stamped cards to make with your 4-H club and for fair exhibits. Handmade cards are very handy for club thank you notes, community service projects, etc. Presenters: Elissa Wells, Coos Co. Extension Agent; Jodi Smith, Douglas Co. 4-H Forestry Instructor and Douglas Co. 4-H members.

“Putting that Finishing Touch on Your Sewing Project” – 50 minutes

You have finished your sewing project and it's ready for fair. What does the judge look for as it is being judged? What can be done to make the sewing project stand out and have a chance for a blue ribbon or even a champion award? This workshop will be taught by an experienced clothing judge, clothing leader and seamstress. It will teach you the steps to a winning sewing project which you are proud of and catches the judge's attention. This workshop will help you prepare for 2010 county and state fairs. Presenter: Marian Stratton, 4-H Clothing Judge and Douglas Co. Leader.

“4-H On the Road – Interstate Exchange Program” – 50 minutes

Douglas County 4-H Program has had a very strong 4-H Interstate Exchange program which gives 4-H'ers a chance to travel/learn about 4-H'ers from different parts of the United States. One year the Douglas Co. group travels to the exchange state. The next year the exchange state comes to Douglas Co. Delegates learn about different lifestyles and cultures. Find out how the Douglas Co. 4-H Program coordinates this great learning opportunity. Presenters: Robin Henrikson, Douglas Co. 4-H Leader; Shelby Henrikson, Douglas Co. 4-H member.

“Robotics Update for Southwest Region” 50 minutes

Attend this workshop to hear the latest news about Robotics. Bring ideas or a summary of activities that you have done with your club. To register circle “new to robotics” or “experienced robotics/FLL/FTC”. Bring flashdrive to copy files. Presenters: Douglas Co. leaders; an ORTOP FLL/FTC representative,.

- Robotics day camp 11-14 year olds; tracts for beginner and advanced
- Hands-on jump start activity to learn NXT/RCS programming for youth & leaders
- How to prepare for FLL competitive season for 4-H-FLL clubs. Before the Challenge is announced, activities to prepare for the season: field trips, scheduling, skill building & presentation skills
- County robotics contests: fastest bot, sumobots & ideas for impromptu robotic challenges
- Parallax “Boe-Bot” kit. Non-Lego robotics kit for kids interested in recycling/re-purposing electronic toys. Uses P-Basic; Basic stamp.

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LEADER'S FORUM REGISTRATION FORM

Return to County Extension Office by January 29, 2010

Complete one registration form per participant (please print)

NAME _____ COUNTY _____

ADDRESS _____ PHONE _____

CITY _____ STATE _____ ZIP _____

EMAIL ADDRESS _____

Please check: _____ Adult Leader/Parent _____ Judge _____ 4-H Staff _____ Teen Leader/Junior Leader

Chaperone for Teen Present at the Forum: _____

I'm requesting _____ Vegetarian Meal Food Allergies _____ Physical Conditions/Needs: _____

_____ Please Make check payable to: "Oregon 4-H Foundation" or Charge to

Credit Card: _____ VISA _____ Master Card Credit Card Number _____

Expiration Date _____

Signature _____ Date _____

Session 1 Workshops : 9:30 – 10:30 AM

- _____ Waffles: A Fresh Look at an Old Favorite
- _____ Great Ideas for Photography
- _____ 4-H Records, Résumés & Scholarships
- _____ Cultivating Cloverbuds
- _____ Floral Sweet Treats
- _____ Gone to the Dogs

Session 2 Workshops: 10:45 – 11:45 AM

- _____ Waffles (continued)
- _____ Photography (continued)
- _____ Taking Notes: 4-H Records Made Easy
- _____ Special Delivery – 4-H School Enrichment
- _____ Floral Sweet Treats (continued)
- _____ Dog Clinic (continued)

Session 3 Workshops: 1:00 – 2:00 PM

- _____ All Wired Up
- _____ Are You Ready for that Food Contest?
- _____ Making the Most of State & National Opportunities
- _____ Showmanship – Teaching Youth Skills to Success
- _____ Dog Clinic (continued)

Session 4 Workshops: 2:15 – 3:15 PM

- _____ Stamp Up a Storm!
- _____ Putting Finishing Touch on Your Sewing Project
- _____ 4-H On the Road – Interstate Exchange Program
- _____ Robotics Update: - Circle: Beginner or Advanced
- _____ Dog Clinic (continued)

SHARE AN EDUCATIONAL DISPLAY I would like to bring an Educational Display to share information _____