

# Banana Wheels

Do you need a healthy snack idea for your children when they are home during Spring Break? Try Dipped Banana Wheels. They can even make them themselves!

1. Slice peeled bananas into  $\frac{1}{2}$  inch disks.
2. Dip the disks into yogurt and roll them in granola.
3. Finish by poking a toothpick through the disk (omit the tooth pick when preparing for young children).
4. Cover the disks with plastic wrap and place them in the freezer.
5. A few hours later, you will have a healthy frozen treat that children will love.

