

# ADAPTIVE GARDENING RESOURCES

## ORGANIZATIONS

American Horticultural Therapy Assoc. (AHTA)  
362A Christopher Ave.  
Gathersburg, MD 20879  
(301) 948-3010

NW Chapter AHTA  
Center for Urban Horticulture  
University of Washington GF-15  
Seattle, WA 98195

## CATALOGS

Access with Ease  
P.O. Box 1150  
Chino Valley, AZ 86323

Walt Nicke's Garden Talk  
P.O. Box 433  
Topsfield, MA 01983

Gardener's Supply Co.  
128 Intervale Rd.  
Burlington, VT 05401  
1-800-863-1700  
www.gardeners.com

Charley's Greenhouse Supply  
17979 State Route 536  
Mount Vernon, WA 98273-3269  
1-800-322-4707  
www.charlesgreenhouse.com

Smith & Hawken  
25 Corte Madera  
Mill Valley, CA 94941

## BOOKS

Rothert, Eugene. The Enabling Garden: Creating Barrier-Free Gardens. Dallas, TX: Taylor Publishing, 1994

Yeomans, Kathleen. The Able Gardener: Overcoming Barriers of Age and Physical Limitations. Pownal, VT: Garden Way Pub. 1992

Sunset Western Garden Book. Menlo Park: Lane Publishing, 1988

Bitetti, Marianne. Tips for Carefree Landscapes. Pownal, VT: Storey Comm., 1990

Pierce, John, and Roland Barnsley. Easy Lifelong Gardening: A Practical Guide for Seniors. North Pomfret, VT: Trafalgar Square Publishing, 1993

Adil, Janee. Accessible Gardening for People with Physical Disabilities: A Guide to Methods, Tools, and Plants. Bethesda, MD: Woodbine House, 1994

Bartholomew, Mel. Square Foot Gardening. Emmaus, PA: Rodale Press, 1981

Wilson, Jim. Landscaping with Container Plants. Boston, MA: Houghton Mifflin Co. 1990

Richardson, Beth. Gardening with Children. Taunton Press Inc.

### EXTENSION PUBLICATIONS

- EM8489 Adaptive Gardening Techniques for the Visually Impaired
- EM8499 Gardening Hints for People with Arthritis
- EM8500 Gardening Adaptations for People with Gripping and Lifting Problems
- EM8501 Gardening Strategies for People with Heart and Lung Problems
- EM8502 Gardening Ideas for Children with Special Needs
- EM8503 Master Gardeners Promote Therapy Through Horticulture
- EM8504 Adapting Garden Tools To Overcome Physical Challenges
- EM8505 Gardening with Limited Range of Motion
- FS270 Raised Bed Gardening

### INTERNET

American Horticultural Therapy Assoc.  
[www.ahta.org/](http://www.ahta.org/)

Horticulture for All  
[http://ourworld.compuserve.com/homepages/Jane\\_Stoneham/](http://ourworld.compuserve.com/homepages/Jane_Stoneham/)

i Can Garden  
[www.icangarden.com/](http://www.icangarden.com/)

## INTERNET cont.

Also type in on search engine:  
disabled gardening  
handicapped gardening  
horticultural therapy  
accessible gardening

## EDUCATION

Mt. Hood Community College  
26000 SE Stark  
Gresham, OR

Edmonds Community College  
20000 68th Ave. W.  
Edmonds, WA 98036

both offer courses in Horticultural Therapy

## MISC. RESOURCES

Public Gardens  
Garden Clubs  
Nurseries/Garden Centers