OSU/Lane County Extension Service Study Group
2008 Educational Program Calendar

The general public is invited to participate in all Extension Study Group educational programs. Pre-registration is requested, or required if stated. Call the OSU/Lane County Extension Service to register or mail or submit this registration form. All trainings are held on Thursdays, from 9:30-11:30 a.m. and presented in the OSU/Lane County Extension Service Auditorium. The program schedule includes:

***January 17th*~**"Oodles of Noodles"–Pasta comes in different shapes, sizes and varieties for all kinds of different uses. Learn about the types of pastas available, their characteristics and uses, nutritional value, storage, and the many ways it can be served.

***February 21st*~**"Tea-the Drink of the World"–Discover how tea has become one of the most popular drinks of the world. Examine some of the claims of health benefits of tea. Experience flavors and fragrances of the various types of tea.

***March 20th*~**"Beautiful Hawaii"–Come learn about this exciting state, it's customs, culture, food, clothing, and music.

***April 17th*~**"Taking Charge of Your Medical Care"–Learn to collect and organize your medical records, what records you need to keep, how to prepare for your medical appointments so you get your time and money's worth from your doctor. Practice techniques for effective communication with health care providers.

Extension Study Group Program Registration

Please check mark the classes you wish to attend and drop off or mail to:
Study Group Lessons
OSU/Lane County Extension Service
950 W. 13th Ave., Eugene OR 97402-3913

☐ Jan. 17 Oodles of Noodles

☐ Feb. 21 Tea-The Drink of the World

☐ Mar. 20 Beautiful Hawaii

☐ Apr. 17 Taking Charge of Your Medical Care

Name

Mailing Address City State Zip

Day Phone

Email

Questions? Contact the OSU/Lane County Extension Service at 541-682-4243 or 800-872-8980.

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