Attention 7th-12th graders! You are personally invited to:

**4-H W.O.R.L.D.** (Western Oregon Retreat for Leadership Development)

**January 14-16 at 4-H Center** (5390 4-H Rd, NW, Salem, OR 97304)

Super Heroes vs. Villains is the 2011 4-H W.O.R.L.D theme. We welcome you to come and soar with us at this fun and engaging leadership development retreat.

**Retreat Goals:**
- Develop leadership skills for Western Oregon youth in a retreat setting
- Meet new people from other counties
- Have fun
- Build confidence
- Develop appreciation and encourage involvement in community service

This is a retreat *planned* by youth *for* youth! A Regional Youth Governing Board gathered to plan this year’s retreat including the theme, classes, and activities. You can be guaranteed a worthwhile and memorable experience! We look forward to having youth participate from Benton, Clatsop, Hood River, Lane, Linn, Marion, Multnomah, Polk, Tillamook, Washington, Wasco, and Yamhill Counties! Come & make some new friends!

**What is in store?**
A few highlights include:

► Youth led hands-on sessions, including:
  - **Flash – Improv**- Improve your *improv* like the “Fastest man alive!”
  - **Super Manager**- Learn how to organize and when to do it, plus learn about 4-H opportunities.
  - **How to Soar with your Words**- Soar when you are in front of people and get your point across.
  - **Super Leader**- Learn leadership skills and how to apply them in your community.
  - **X-Men Team**- Build your arsenal of teamwork skills for use in different settings.

► Dance – plus games and of course a couple of movies

► Cottage Decoration and Dress Up Contests based on different heroes and villains:
  - Batman, The Joker, Wonder Woman, Cat Woman and Supergirl

► A community service project focused on making blankets local police officers can have in their cars.

► Lots of time for interaction and meeting new people

► Guest speaker on the meaning of play and having fun in life.

**Costs and Logistics:**
Registration is from 5:00-6:00 pm on Friday. Retreat ends at 11:30 am on Sunday.
Youth will stay in beautiful cottages, 16 per cottage, decorated with different heroes and villains.
Cost: $75.00 per participant if paid by January, 5th. A late fee of $10.00 is added after Jan. 5th.
(Disclaimer: 4-H youth development agent for availability of scholarships)
Costs cover: 4 meals, 2 snacks and two nights lodging, t-shirt, insurance and class supplies.

To register, please complete the 4-H W.O.R.L.D registration forms and mail to:

4-H W.O.R.L.D.
OSU Extension/Linn County 4-H
PO Box 765
Albany, OR 97321

Questions call 541-967-3871 or email: melanie.mccabe@oregonstate.edu
Saving the W.O.R.L.D. . . . One 4-Her at a time
January 14-16, 2011
4-H Center, Salem, Oregon

Open to all 7-12 grade youth in Western Oregon counties.
Retreat is limited to the first 100 participants registered.
A Program of Oregon State University Extension 4-H