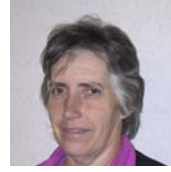


HOME ECONOMICS



Barbara Kreilich

1. Exhibitors must be currently enrolled in the phase or skill level in which they are exhibiting.
2. Members may enter up to two exhibits in each class in which they are eligible to enter at county level.
3. All Home Economics exhibitors must schedule an interview with the Home Economics Superintendent of the area exhibiting consent for **schedule an interview, contact the Extension office at 541-967-3871 on Monday, June 28th 9:00 am to 3:00 pm.** Members not appearing for the interview will not be eligible for state competition, except those excused by 4-H Home Economics Superintendent. In those cases, a written interview must accompany the exhibit entered for absentee judging. **To** The written interview must include reason for inability to attend interview as well as skills learned and used preparing the exhibit. Absentee request must be submitted at time of registration.
4. Exhibits will be judged according to the class entered. They will not be switched from one class to another in an effort to find a description that matches the exhibit.
5. Each garment or article in clothing, knitting, and crocheting must be labeled with the member's name, county, and skill level. This should be typed or printed in indelible pencil or ink on a piece of white fabric and sewn or ironed on to the bottom inside of each piece. This is in addition to the Exhibit Card.
6. Exhibits which do not meet specifications for the class entered will not be eligible for State Fair.
7. Exhibit card must be complete in order to qualify for any awards.

CHILD DEVELOPMENT (County Only)

Superintendent:

1. See rules under Home Economics.
2. Members may enter one class corresponding to their level.
3. Members and clubs are also encouraged to enter Educational Displays under the Home Economics class divisions
4. To qualify for judging, a *4-H Child Development Exhibit Explanation* card must be securely attached to the exhibit. Forms are available at county Extension offices and on the State 4-H website, <http://oregon.4h.oregonstate.edu/resources/materials.html>. Judging criteria are outlined on *4-H Child Development Check Sheet (40-63)*, available at the county Extension office.

Note: Fill in blank in class number () with one of the following numbers.

1. Junior
2. Intermediate
3. Senior

310 100 01_ Article or item made by a member for use by/with a child or children.

CLOTHING

Superintendent:
Barbara Kreilich 503-769-6240

Jr. Superintendents: Rebecca Tabor

1. Please note rules under Home Economics.
2. Make sure to schedule an interview. For dates and times see Home Economics rules.
3. Only three construction classes and **any** of the creativity, service and education classes for the project level in which they are enrolled can be entered at state fair. All exhibits must be in the same level. Members and clubs are also encouraged to enter Educational Displays under the Home Economics class divisions.
4. Members may enter the same garment or accessory in an exhibit class and in the fashion revue (county only).
5. All items should be clean and in good repair. All exhibits must be in the same level. Judging criteria are outlined in 4-H Sewing/Clothing Construction Score Sheet found at: <http://oregon.4h.oregonstate.edu/fair-exhibit-and-contest-materials> and 4-H Sewing/Clothing Creative Expression Score Sheet found at: <http://oregon.4h.oregonstate.edu/fair-exhibit-and-contest-materials> Judging standards are listed in Measuring Up: Quality Standards for Sewn Items/Projects (PNW-197). Skills appropriate for each project level are listed in Sewing Skills Checklist, CO677. **Each entry will be evaluated on ALL features, not just the skills listed in the respective enrollment levels.** For skill levels 1-6 the use of fabrics or skills that are beyond the recommendations for this level are expected to be done well according to the standards, but will neither be given extra credit consideration for increased difficulty nor disqualified during judging. It is in the best interest of the member to stay within the suggested guidelines.
6. A *4-H Sewing/Clothing Exhibit Card*, available from Extension office, must be securely attached to each entry. The card requests information about the garment(s) which is needed by the judge in evaluation of the entry. Make sure you have listed the new skills or skill for the level you are entering.
7. Exhibits should come on a hanger if possible. Hangers and/or garment bags are removed from exhibits prior to judging and might not be returned.
8. The Sewing HANDS FOR LARGER SERVICE Classes are unique among 4-H State Fair exhibit classes. There is no limit on how many exhibits a member can enter at county level; however only ONE may go on to state fair.
9. To qualify for special wool awards listed at the end of the Clothing/Sewing Section, attach a manufacturer's "all wool" label or a merchant's statement indicating the fabric is "100% wool" or a minimum of 60% wool and no more than 40% other fiber.
10. Once an exhibit has been checked by the department clerk, it cannot be removed.
11. The interview is for members only.
- 12.

Basic skills Level 1

- 320 101 110 Garment or item showing cutting skills with or without minimal stitching; made from fleece or other fabrics suitable for this level
- 320 101 120 Garment with casing but no crotch seam made from stable, medium weight, firmly woven fabric (cotton, cotton/polyester blend, wool, wool blend)
- 320 101 130 Garment with casing and crotch seam made from stable, medium weight, firmly woven fabric (cotton, cotton/polyester blend, wool, wool blend)
- 320 101 140 Garment with skills other than casing made from stable, medium weight, firmly woven fabric (cotton, cotton/polyester blend, wool, wool blend)
- 320 101 150 Garment from polar fleece or comparable fabric with minimal stretch (4 inches of fabric stretches to 4 ¾ inches or less)
- 320 101 160 Non-garment item sewn by hand from felt, firmly woven fabrics (cotton, cotton/polyester blend, wool, wool blend) or polar fleece (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 101 170 Personal accessory from firmly woven fabrics (cotton, cotton/polyester blend, wool, wool blend) or polar fleece (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 101 180 Item for the home from firmly woven fabrics (cotton, cotton/polyester blend, wool, wool blend) or polar fleece (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 101 190 Toy or Non-garment item for use in sports, picnics, camping, or with animals from firmly woven fabrics (cotton, cotton/polyester blend, wool, wool blend) or polar fleece (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 301 100 Creativity - Item or garment which has been enhanced through creative embellishment, fabric manipulation, or fabric creation; recycled items are included and may retain some seams/design of the original item as appropriate; exhibit must have been made by exhibitor and use fabrics and skills appropriate to skill level 1
- 320 401 100 Hands for Larger Service – items or garments to be donated to someone in need; use fabrics and skills appropriate to skill level 1.

Basic skills Level 2

- 320 101 210 Garment with casing made from stable medium weight firmly woven fabric (cotton, cotton/polyester blend, wool, wool blend)

- 320 101 220 **Garment with skills other than casing** made from stable medium weight firmly **woven fabric** (cotton, cotton/polyester blend, wool, wool blend)
- 320 101 230 **Garment** from non-bulky **knit** fabric with minimal stretch (4 inches of fabric stretches to 4 ¾ inches or less)
- 320 101 240 **Garment** from **polar fleece** or comparable fabric with minimal stretch (4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 101 250 **Outfit (2 or more pieces)** Each piece of the outfit may use one or more of the following fabrics: stable, medium weight, firmly **woven** fabrics **and/or** non-bulky **knit** fabrics with minimal stretch, **and/or polar fleece** with minimal stretch
- 320 101 260 **Personal accessory** from firmly **woven** fabrics (cotton, cotton/polyester blend, wool, wool blend), non-bulky **knit** fabric with minimal stretch (4 inches of fabric stretches only to 4 ¾ inches or less) **or polar fleece** (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 101 270 **Item for the home** from firmly **woven** fabrics (cotton, cotton/polyester blend, wool, wool blend) non-bulky **knit** fabric with minimal stretch (4 inches of fabric stretches only to 4 ¾ inches or less) **or polar fleece** (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 101 280 **Non-garment item for use in sports, picnics, camping, or with animals** from firmly woven fabrics (cotton, cotton/polyester blend, wool, wool blend), non-bulky **knit** fabric with minimal stretch (4 inches of fabric stretches only to 4 ¾ inches or less), **or polar fleece** (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 101 290 **Doll, toy, or garment/accessories** for either from firmly woven fabrics (cotton, cotton blend, wool, wool blend), non-bulky **knit** fabric with minimal stretch (4 inches of fabric stretches only to 4 ¾ inches or less), **or polar fleece** (minimal stretch – 4 inches of fabric stretches only to 4 ¾ inches or less)
- 320 301 200 **Creativity** - Item or garment which has been enhanced through creative embellishment, fabric manipulation, or fabric creation; recycled items are included and may retain some seams/design of the original item as appropriate; exhibit must have been made by exhibitor and use fabrics and skills appropriate to skill level 2
- 320 401 200 **Hands for Larger Service** – items or garments to be donated to someone in need; use fabrics and skills appropriate to skill level 2.

Basic Skills Level 3

- 320 101 310 **Garment** made from medium weight **woven** fabric which may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches); show at least 2 new skills for this level
- 320 101 320 **Garment** made from **knit** fabric which may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches); show at least 2 new skills for this level
- 320 101 330 **Garment** from **polar fleece** or comparable fabric which may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches); show at least 2 new skills for this level
- 320 101 340 **Outfit (2 or more pieces)** Each piece of the outfit may use one or more of the following fabrics: medium weight **woven** fabrics **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches)
- 320 101 350 **Personal accessory** from medium weight **woven** fabrics, **knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches)
- 320 101 360 **Item for the home** from medium weight **woven** fabrics, **knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches)
- 320 101 370 **Non-garment item for use in sports, picnics, camping, or with animals** from medium weight **woven** fabrics, **knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches)
- 320 101 380 **Doll, toy, or garment/accessories** for either from medium weight **woven** fabrics, **knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches)
- 320 301 300 **Creativity** - Item or garment which has been enhanced through creative embellishment, fabric manipulation, or fabric creation; recycled items are included and may retain some seams/design of the original item as appropriate; exhibit must have been made by exhibitor and use fabrics and skills appropriate to skill level 3
- 320 401 300 **Hands for Larger Service** – items or garments to be donated to someone in need; use fabrics and skills appropriate to skill level 3.

Expanding skills level 4

- 320 101 410 **Garment** made from medium weight **woven** fabric, with or without nap, which may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches); show at least 2 new skills for this level
- 320 101 420 **Garment** made from **knit** fabric which may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches); show at least 2 new skills for this level
- 320 101 430 **Garment** from **polar fleece** or comparable fabric which may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches); show at least 2 new skills for this level
- 320 101 440 **Outfit (2 or more pieces)** Each piece of the outfit may use one or more of the following fabrics: medium weight **woven** fabrics, with or without nap **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches) Show at least 2 new skills for this level.
- 320 101 450 **Personal accessory or Item for the home** from medium weight **woven** fabrics with or without nap, **knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches) Show at least 2 new skills for this level.

- 320 101 460 **Non-garment item for use in sports, picnics, camping, or with animals** from medium weight **woven** fabrics with or without nap, **knit** fabrics, **and/or polar fleece**; all fabrics may have up to moderate stretch (4 inches of fabric stretches to no more than 5 3/8 inches) Show at least 2 new skills for this level.
- 320 301 400 **Creativity** - Item or garment which has been enhanced through creative embellishment, fabric manipulation, or fabric creation; recycled items are included and may retain some seams/design of the original item as appropriate; exhibit must have been made by exhibitor and use fabrics and skills appropriate to skill level 4.
- 320 401 400 **Hands for Larger Service** – items or garments to be donated to someone in need; use fabrics and skills appropriate to skill level 4.

Expanding skills level 5

- 320 101 510 **Garment** made from medium weight &/or bulky &/or stretchy **woven** fabric; show at least 3 new skills for this level
- 320 101 520 **Garment** made from **knit** fabric which may be bulky or have any amount of stretch; show at least 3 new skills for this level
- 320 101 530 **Garment** from **polar fleece** or comparable fabric which may have any amount of stretch; show at least 3 new skills for this level
- 320 101 540 **Outfit (2 or more pieces)** Each piece of the outfit may use one or more of the following fabrics: **woven** fabrics **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have bulk &/or any amount of stretch. Show at least 3 new skills for this level.
- 320 101 550 **Personal accessory or item for the home** from **woven** fabrics **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have bulk &/or any amount of stretch. Show at least 3 new skills for this level.
- 320 101 560 **Non-garment item for use in sports, picnics, camping, or with animals** made from **woven** fabrics **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have bulk &/or any amount of stretch. Show at least 3 new skills for this level.
- 320 301 500 **Creativity** - Item or garment which has been enhanced through creative embellishment, fabric manipulation, or fabric creation; recycled items are included and may retain some seams/design of the original item as appropriate; exhibit must have been made by exhibitor and use fabrics and skills appropriate to skill level 5.
- 320 401 500 **Hands for Larger Service** – items or garments to be donated to someone in need; use fabrics and skills appropriate to skill level 5.

Expanding skills level 6

- 320 101 610 **Garment** made from medium weight &/or bulky &/or stretchy **woven** fabric; show at least 3 new skills for this level
- 320 101 620 **Garment** made from fine or light weight **woven** fabric; show at least 3 new skills for this level
- 320 101 630 **Garment** made from **woven** fabrics which require more care in handling or pattern selection (satin, dupion, crepe de chine, taffeta, velour, tulle, and net); show at least 3 new skills for this level
- 320 101 640 **Garment** made from **knit** fabric which may be bulky or have any amount of stretch; show at least 3 new skills for this level
- 320 101 650 **Garment** from **polar fleece** or comparable fabric which may have any amount of stretch; show at least 3 new skills for this level
- 320 101 660 **Outfit (2 or more pieces)** Each piece of the outfit may use one or more of the following fabrics: **woven** fabrics **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have bulk &/or any amount of stretch. Show at least 3 new skills for this level.
- 320 101 670 **Personal accessory or item for the home** from **woven** fabrics **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have bulk &/or any amount of stretch. Show at least 3 new skills for this level.
- 320 101 680 **Non-garment item for use in sports, picnics, camping, or with animals; woven** fabrics **and/or knit** fabrics, **and/or polar fleece**; all fabrics may have bulk &/or any amount of stretch. Show at least 3 new skills for this level.
- 320 301 600 **Creativity** - Item or garment which has been enhanced through creative embellishment, fabric manipulation, or fabric creation; recycled items are included and may retain some seams/design of the original item as appropriate; exhibit must have been made by exhibitor and use fabrics and skills appropriate to skill level 6.
- 320 401 600 **Hands for Larger Service** – items or garments to be donated to someone in need; use fabrics and skills appropriate to skill level 6.

Advanced skills levels 7/8/9

(all three levels exhibit together in class determined by description)

- 320 101 710 **Garment or outfit** made from medium or heavy weight **woven** fabric (no tailoring techniques)
- 320 101 720 **Garment or outfit** made from **woven** fabric using traditional tailoring methods, interfacing fusible and non-fusible methods to create a tailored look
- 320 101 730 **Garment or outfit** made from fine or light weight **woven** fabric
- 320 101 740 **Garment or outfit** made from **woven** fabrics which require more care in handling or pattern selection (satin, dupion, crepe de chine, taffeta, velour, tulle, net, beaded or sequined fabrics, velvet, hand woven, double cloth, lamé, leather, lace, etc
- 320 101 750 **Garment or outfit** made from **knit** fabric which may be bulky or have any amount of stretch
- 320 101 760 **Garment or outfit** made from **polar fleece** or comparable fabric which may have any amount of stretch;
- 320 101 770 **Garment or outfit** made from fabric specifically designed for outerwear such as ripstop nylon, coated or uncoated outdoor fabrics

- 320 101 780 **Garment or Outfit** combining two or more of the above fabrics.
- 320 101 790 **Personal accessory, item for the home or for use in sports, picnics, camping, or with animals** made from any fabric; all fabrics may have bulk &/or any amount of stretch.
- 320 301 700 **Creativity** - Item or garment which has been enhanced through creative embellishment, fabric manipulation, or fabric creation; recycled items are included and may retain some seams/design of the original item as appropriate; exhibit must have been made by exhibitor
- 320 401 700 **Hands for Larger Service** – items or garments to be donated to someone in need; use fabrics and skills appropriate to skill levels

SPONSORS:

Kitty Cox Memorial Award, c/o Judy Grove, 38233 Hwy 226, Scio 97374 will sponsor an award for the outstanding exhibit in Basic Skills Level 1.

Mt. Pleasant 4-H Club, 40143 Kingston-Jordon Rd. Scio 97374 will sponsor an award to the outstanding exhibitor in Basic Skills Levels 2 & 3.

Dale Goucher, 39299 Shelburn Dr., Scio 97374 will sponsor an award to the outstanding exhibitor in expanding skills Level 4.

CLOTHING JUDGING CONTEST

320 900 001 Sewing/Clothing Judging Contest, Junior

Contestants will judge classes focusing on knowledge and skills in the Expanding Skills level of the project including specific topics that were utilized in the current year's county level contest prepared by the state office. Oral reasons will be given on at least one class. Participants are expected to remain for the entire contest.

320 900 002 Sewing/Clothing Judging Contest, Intermediate

Contestants will judge classes focusing on knowledge and skills in the Expanding Skills level of the project including specific topics that were utilized in the current year's county level contest prepared by the state office. Oral reasons will be given on at least one class. Participants are expected to remain for the entire contest.

320 900 003 Sewing/Clothing Judging Contest, Senior

Contestants will judge classes focusing on knowledge and skills in the Expanding Skills level of the project including specific topics that were utilized in the current year's county level contest prepared by the state office. Oral reasons will be given on at least one class. Participants are expected to remain for the entire contest.

FASHION REVUE

Superintendent: Barbara Kreilich 503-769-6240

1. Please note rules under Home Economics.
2. Members may enter all divisions, clothing, crocheting, and knitting, but are limited to one garment per class, with a maximum of three exhibits.
3. All members must be enrolled in clothing knitting, and/or crocheting to be eligible to participate in the fashion revue.
4. All members must participate in fashion revue at the public fashion revue. If not there, the participant will not be able to receive his/her ribbons for the contest and will not be eligible to participate in State Fair Fashion Revue. Participants must bring a typed commentary (100 to 175 words) to be read when they model during the judging and during the public review.
5. If participating with Benton County, we will follow their rules also.

Note: Fill in blank in class number () with corresponding number for Junior, Intermediate, or Senior.

- 1 Junior**
- 2 Intermediate**
- 3 Senior**
- 32060000_ Clothing, Fashion Revue
- 36060000_ Knitting, Fashion Revue
- 37060000_ Crocheting, Fashion Revue
- 340191110A 4-H Adventures - one of the above activities.

CROCHETING

Superintendents: Barbara Kreilich 503-769-6240

1. Please note rules under Home Economics.
2. Make sure to schedule an interview. For dates and times see Home Economics rules.
3. Exhibitors must currently be enrolled in the Crocheting project.
4. Members may enter up to two exhibits in each class in which they are eligible to enter at county level. To qualify for judging, a *4-H Crocheting Explanation card* must be securely attached to the exhibit. The card requests information about the exhibited item and skills learned in construction. Forms are available at county Extension offices and on the State 4-H website, <http://oregon.4h.oregonstate.edu/resources/materials.html>.
5. Refer to the "4-H Crocheting Project Member's Guide" (4-H 962) for detailed information on specific skills to be learned in each phase. A pair of gloves, slippers, etc., is considered one article. Swatches are not acceptable. Judging criteria are outlined on the *4-H Crocheting Check Sheet (40-508)*, available from the county Extension office.
6. Each garment or article must be labeled with the member's name, county and project phase. This label should be typed or printed in indelible pencil or ink on a piece of white fabric, paper or tape and sewn on. This label is in addition to the 4-H exhibit tag.
7. To qualify for special wool awards attach a manufacturer's "All Wool" label or a statement from the merchants indicating the yarn is 100% Wool or a minimum of 60% wool and no more than 40% other fabric.
8. Hands for larger service – There is no limit on how many exhibits a member can enter at county level; however only ONE may go on to state fair.
9. Members must mark skills on the level in which they are enrolled. If they show skills beyond their level, they will not receive extra consideration.

PHASE 1, one article showing one or more of the following stitches: chain stitch, single crochet, double crochet, or slip stitch.

370 100 110 Wearable item – garment or personal accessory (hat, purse, belt, gloves, etc).

370 100 120 Non-wearable item – toys or items for the home (coasters, doilies, pillows, holiday decorations, etc.).

370 100 130 Hands for Larger Service – item or clothing to be donated to someone in need.

PHASE 2, one article showing one or more of the following stitches: treble crochet, double treble, or v stitch; may be in combination with stitches learned in a previous level.

370 100 210 Wearable item – garment or personal accessory (hat, purse, belt, gloves, etc).

370 100 220 Non-wearable item – toys or items for the home (coasters, doilies, pillows, holiday decorations, etc).

370 100 230 Hands for Larger Service – item or clothing to be donated to someone in need.

PHASE 3, one article showing the one or more of the following stitches: open or filet mesh, block or solid mesh, long single stitch, shell stitch, shell stitch variation; may be in combination with stitches learned in a previous level.

370 100 310 Wearable– garment or personal accessory (hat, purse, belt, gloves, etc).

370 100 320 Non-wearable– toys or items for the home (coasters, doilies, pillows, holiday decorations, etc).

370 100 330 Hands for Larger Service – item or clothing to be donated to someone in need.

PHASE 4, one or more of the following stitches: waffle (or rib) stitch, picot (Irish Crochet) cluster, cluster, popcorn, star, puff stitch; may be in combination with stitches learned in a previous level.

370 100 410 Wearable– garment or personal accessory.

370 100 420 Non-wearable– toys or items for the home.

370 100 430 Hands for Larger Service – item or clothing to be donated to someone in need.

PHASE 5, one article showing one or more of the following stitches: Tunisian crochet, afghan stitch, hairpin lace, broomstick lace, other stitches made over a space holding tool.

370 100 510 Wearable– garment or personal accessory.

370 100 520 Non-wearable– toys or items for the home.

370 100 530 Hands for Larger Service – item or clothing to be donated to someone in need.

PHASE 6, one article showing skills learned, select from the following options: Item made from member's original design (include written instructions with exhibit)

-Crocheting combined with fabric or leather

-Item made with fine thread

-Item made with cloth strips rather than yarn

-Item with multi-colored patterns (jacquards) using charts (include copy of chart)

-Garment made from pattern drafted to fit a specific person (submit drafted pattern with exhibit)

370100610 Wearable– garment or personal accessory.

370100620 Non-wearable– toys or items for the home.

370100630 **Hands for Larger Service** – item or clothing to be donated to someone in need.

FELTED CROCHET

Felting may be done by hand or or washing machine (wet methods) and/or needle felting (dry) techniques.

360 300 110 **Beginning** – Items made with beginning crochet skills and single strands of yarn

360 300 120 **Expanding** – Items made with more expanded crocheting skills including use of multiple strands of yarn, inclusion of non-felting yarns, changing colors, attaching simple handles or tabs, or adding flat designs with needle felting, etc.

360 300 130 **Advanced** – Items made incorporating more advanced crocheting techniques including cables of more difficult crocheted patterns, maintaining holes in crocheted and felted item, or attaching three dimensional design pieces, etc.

SPONSORS:

Barbara Kreilich, 40143 Kingston-Jordan Rd., Scio 97374 will present a merchandise award for the ONE Best Overall Entry in the Crocheting area

KNITTING

Superintendent: Barbara Kreilich 503-769-6240

1. Please note rules under Home Economics.
2. Make sure to schedule an interview. For dates and times see Home Economics rules.
3. Knitting has three divisions of exhibit classes based on the techniques used: Knitting with needles; Knitting with looms, boards, and machines; and Felted Knitting.
4. Judging criteria for non-felted items are outline on the 4-H Knitting Check Sheet (360-02). Judging criteria for knitting which has been felted are outline in the 4-H Felting Score Sheet (261-03). Both are available from the County Extension Office.
5. Members may enter up to two exhibits in each class they are eligible to enter at county level. However, members may enter up to four classes based on the phase in which they are enrolled to qualify for state fair.
6. To qualify for judging, a *4-H Knitting Exhibit Explanation card* must be securely attached to the exhibit. The card requests information about the exhibited item and skills learned in construction. Forms are available at county Extension offices or on the State 4-H website, <http://oregon.4h.oregonstate.edu/resources/materials.html>.
7. Refer to the *"4-H Knitting Member's Guide and Record" (4-H 960R)* for detailed information on specific skills to be learned in each phase. A pair of gloves, slippers, etc., is considered one article. The two pieces of the pair should be temporarily but securely attached to each other. Swatches are not acceptable.
8. Each garment or article must be labeled with the member's name, county and project phase. This label should be typed or printed in indelible pencil or ink on a piece of white fabric and sewn on. This label is in addition to the 4-H exhibit tag.
9. To qualify for special wool awards attach a manufacturer's "All Wool" label or a statement from the merchants indicating the yarn is 100% Wool or a minimum of 60% wool and no more than 40% other fabric.
10. Hands for larger service – There is no limit on how many exhibits a member can enter at county level; however only ONE may go on to state fair.
11. Members must mark skills on the level in which they are enrolled. If they show skills beyond their level, they will not receive extra consideration.

Phase 1, one article showing one or more skills learned, (cast-on, knit, purl, bind off, overcast seam)

360 100 110 **Wearable item** – garment or personal accessory (hat, purse, bag, scarf, etc)

360 100 120 **Non-wearable item** - toys or items for the home (pillow, holiday decoration, potholder, washcloth, blanket, etc)

360 100 130 **Hands for Larger Service** – items or clothing to be donated to someone in need

Phase 2, one article showing one or more skills learned, (ribbing, stockinette stitch, increase, decrease, other seams)

360 100 210 **Wearable item** – garment or personal accessory (hat, purse, bag, scarf, etc)

360 100 220 **Non-wearable item** - toys or items for the home (pillow, holiday decoration, potholder, washcloth, blanket, etc)

360 100 230 **Hands for Larger Service** – items or clothing to be donated to someone in need

Phase 3, one article showing pick-up stitches

360 100 310 **Wearable item** – garment or personal accessory (hat, purse, bag, scarf, etc)

360 100 320 **Non-wearable item** - toys or items for the home (pillow, holiday decoration, potholder, washcloth, blanket, etc)

360 100 330 **Hands for Larger Service** – items or clothing to be donated to someone in need

Phase 4, one article showing a pattern stitch

360 100 410 **Wearable item** – garment or personal accessory (hat, purse, bag, scarf, etc)

360 100 420 **Non-wearable item** - toys or items for the home (pillow, holiday decoration, potholder, washcloth, blanket, etc)

360 100 430 **Hands for Larger Service** – items or clothing to be donated to someone in need

Phase 5, one article showing mixed colors – Fair Isle pattern or bobbin knitting – no stripes (see "4-H Knitting Skills" 4-H 961L).

360 100 510 **Wearable item** – garment or personal accessory (hat, purse, bag, scarf, etc)

360 100 520 **Non-wearable item** - toys or items for the home (pillow, holiday decoration, potholder, washcloth, blanket, etc)

360 100 530 **Hands for Larger Service** – items or clothing to be donated to someone in need

Phase 6, one article showing skills learned, selected from the following options:

Knitting with four needles

Knitting combined with fabric or leather

Knitted lace attached to article

Garment made from pattern drafted to fit a specific person (submit drafted pattern with exhibit)

Item made from member's original design (include written instructions with exhibit)

360 100 610 **Wearable item** – garment or personal accessory (hat, purse, bag, scarf, etc)

360 100 620 **Non-wearable item** - toys or items for the home (pillow, holiday decoration, potholder, washcloth, blanket, etc)

360 100 630 **Hands for Larger Service** – items or clothing to be donated to someone in need

Knitting with Looms, Boards, and Machines Division

Beginning skills: One article using beginning skills such as: Cast on, e-wrap [twisted knit stitch], gathering or flat removal method, simple stripe color changes, flat or tubular shapes

360 200 110 **Wearable item** - garment or personal accessory (hat, purse, bag, scarf, etc.)

360 200 120 **Non-wearable item** – toys or items for the home (pillow, blanket, etc.)

360 200 130 **Hands for Larger Service** – item or clothing to be donated to someone in need

Expanding skills: One article showing skills in addition to the beginning skills such as: alternate cast on methods-crochet-on, cable cast on; purl stitch, knit stitch, garter stitch, ribbing, increasing, decreasing, adding or joining tubes, combination round and flat shaped items

360 200 210 **Wearable item** - garment or personal accessory (hat, purse, bag, scarf, socks, slippers, mittens, sweater, etc)

360 200 220 **Non-wearable item** – toys (puppet, doll, stuffed animal, doll sweater) or items for the home (pillow, blanket, afghan, etc.)

360 200 230 **Hands for Larger Service** – item or clothing to be donated to someone in need

Advanced skills: designs using multiple color(s), seed stitch, rice stitch, moss stitch, box stitch, single chevron, cables, basket weave or checkerboard patterns, creating eyelets or holes

360 200 310 **Wearable item** - garment or personal accessory (hat, purse, bag, scarf, etc)

360 200 320 **Non-wearable item** – toys or items for the home (puppet, doll, stuffed animal, doll sweater, pillow, blanket, afghan, etc)

360 200 330 **Hands for Larger Service** – item or clothing to be donated to someone in need

Knitting machine One article made using a knitting machine

360 200 410 **Wearable item** - garment or personal accessory (hat, purse, bag, scarf, etc)

360 200 420 **Non-wearable item** – toys or items for the home (puppet, doll, stuffed animal, doll sweater, pillow, blanket, afghan, etc)

360 200 430 **Hands for Larger Service** – item or clothing to be donated to someone in need

Felted Knitting Division

Items may be knitted using needles, looms, boards, or machines. Felting may be done by hand or washing machine wet methods and/or dry needle felting techniques.

360 300 110 Beginning - items made with beginning knitting skills including knit and/or purl stitches and single strands of yarn. Simple flat or tube shapes.

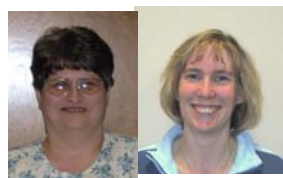
360 300 120 Expanding – items made with more expanded knitting skills including use of multiple strands of yarn, inclusion of non-felting yarns, changing colors, attaching simple handles or tabs, adding flat designs with needle felting, etc

360 300 130 Advanced – items made incorporating more advanced knitting techniques including cables or more difficult knitting patterns, knitting in the round with four needles, I-cord for handles or design pieces, maintaining holes in knitted and felted item, attaching three dimensional design pieces, etc.

SPONSORS:

Dale Goucher, 39299 Shelburn Dr., Scio 97374 will present a merchandise award for the ONE Best Overall Entry in the Knitting area.

FOOD & NUTRITION



Superintendents:
Kathy Rice

Terralyn Vandetta
541-451-2121

1. Please note important Home Economics general rules.
2. All foods entered must be made by the exhibitor. Commercial mixes cannot be exhibited except as an ingredient in a product. Exhibits must be displayed on a disposable plate and either covered with plastic wrap or placed in a plastic bag. Recipes for food products must be on the *Exhibit Recipe Card* format. Forms are available in county Extension offices and on the state 4-H website, <http://oregon.4h.oregonstate.edu/resources/materials.html>. The recipes will not be returned to the exhibitor. Recipes from these classes may be selected for a 4-H recipe booklet.
3. Judging criteria are outlined on the *4-H Recipe Collection Exhibit Check Sheet (40-470)*, *4-H Educational Poster/Display Score Sheet (40-463)*, and *4-H Baked Foods Check Sheet (40-445)*, all available from the county Extension office.
4. Exhibits must be suitable for keeping at the Fair without excessive spoilage or change of appearance. **Highly perishable foods are not acceptable.**
5. Posters should be protected with a clear cover, plastic wrap, etc.
6. Exhibit tags must include the class number as well as the phase number.

Food Product Class Description – Number corresponds to the seventh and eighth digits in the food product class numbers as listed by project phase level.

01 Cookies (Bar, Drop, or No Bake) Exhibit four cookies.

02 Cookies (Rolled, Filled or Shaped) Exhibit four cookies.

03 **A quick bread using the muffin method of mixing.** Muffin method of mixing generally means that the fat is in a liquid form and all liquids are added to the dry ingredients with a minimum amount of stirring. (Muffins, Cornbread, Fruit/Vegetable Breads, Non-yeast coffee cakes, etc.) Exhibit three individual items or one third of a large item.

04 **A quick bread using the biscuit method of mixing.** Biscuit method of mixing generally means that the fat is semi-solid and cut into the dry ingredients before liquid is added. The dough may be beaten or kneaded for a few strokes. (Biscuits, Scones, etc.) Exhibit three individual items or one-third of a large item.

05 **Shortened Cakes** (Cakes with fat). No commercial mixes and No fillings or toppings (i.e. frosting, icing, glaze, powdered sugar, fruit or nuts). Exhibit three individual items or one-third of a large item.

06 **Foam cakes** (Angel Food, Sponge, Chiffon). No commercial mixes and no fillings or toppings (i.e. frosting, icing, glaze, powdered sugar, fruit or nuts). Exhibit three individual items or one-third of a large item.

07 **Unleavened or Flat breads** (pita, tortillia, etc). Exhibit three individual items or one-third of a large item.

08 **Yeast Breads**, Plain dough using white wheat flour. Exhibit one third of a loaf.

09 **Yeast Breads**, Plain dough using white wheat flour made with a bread machine. Exhibit one third of a loaf.

10 **Specialty Yeast Bread product using a bread machine.** Exhibit three individual items or one-third of a large item.

- 11 **Yeast Bread product using special shaping.** Exhibit three individual items or one-third of a large item.
- 12 **Yeast Bread product using alternative grain products** instead of or in addition to white flour. Exhibit three individual items or one-third of a large item.
- 13 **Baked Pie Crust** using flour as the major ingredient. Include two recipes for nutritious fillings. Note the major nutrients provided on the bottom of the recipe card.
- 14 **A Gift package** with homemade foods featuring up to five Pacific Northwest products. At least two foods must be made by the exhibitor and feature Pacific Northwest products. Gift package can be in a box or basket **not to exceed 18 " x 24"**. **Exhibit must include a breakdown of costs incurred in preparing the gift package, including items on hand or recycled.** Baked items should be at least three of a small or one-third of a large food. Include recipes on 5"x 8" card or paper. Include to whom the gift is intended and for what occasion. Criteria for judging will include creativity, cost (value), food safety, and nutrition.

PHASE 1 - Foods of the Pacific Northwest

- 511 110 010 **Food products.** See 1, 2, 3 and 4 in the
- 511 110 020 list above for descriptions. All similar food
- 511 110 030 products (as defined by class description)
- 511 110 040 will be judged in one class and compared to the standard for that product regardless of the age or phase of the exhibitor (for example, class 511110010 is open to exhibitors in phases 1, 2 and 3). Include the recipe.
- 511 311 010 **Favorite Recipe Collection** with 5 recipes of your favorite foods. Can include two favorite cookie recipes. Recipes must be tested by the 4-H member. Write current year (2005) in upper right hand corner of each recipe. **Cards or recipes must be in front of file or designated (paper clips, tabs, etc.) throughout the collection for ease in judging.** Recipe collection can be in a file box or in recipe book form. Pen, pencil, or type is acceptable. **Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines.**
- 511 211 010 **Educational poster** using one of the following themes or a theme of your choice showing and explaining something you made, learned or did in your Foods & Nutrition project. **Poster must not exceed 22" X 28"**. The themes below do not have to be the title of the poster.
- Sensational Sandwiches
 - Fabulous Fruits
 - Nutrition: It's in the Bag (sack lunches)
 - How to Equip a Kitchen

PHASE 2 - Fit It All Together - Unit I

- 511 110 010 **Food products.** See 1, 2, 3, and 4 in the list
- 511 110 020 above for descriptions. All similar food products
- 511 110 030 (as defined by class description) will be judged in
- 511 110 040 one class and compared to the standard for that product regardless of the age or phase of the exhibitor (for example, class 511110010 is open to exhibitors in phases 1, 2 & 3). Include the recipe.
- 511 312 010 **Favorite Recipe Collection** with 5 recipes, including 3 quick breads or sandwiches and 2 snack recipes. Recipes must be tested by the 4-H member. Write current year (2005) in upper right hand corner of each recipe. **Cards or recipes must be in front of file or designated (paper clips, tabs, etc.) throughout the collection for ease in judging.** Recipe collection can be in a file box or in recipe book form. **Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines.**
- 511 212 010 **Educational poster** using one of the following themes or a theme of your choice showing and explaining something you made, learned or did in your Foods & Nutrition project: **Poster must not exceed 22"X 28"**. The themes below do not have to be the title of the poster.
- The Snack Attack
 - More Milk, Please.
 - Breakfast . . . Don't Leave Home Without It.
 - How to Measure Liquid and Dry Ingredients

PHASE 3 - Grain Products

- 511 110 010 **Food Products.** See 1, 2, 3, 4, 5, and 6 in
- 511 110 020 the list above for descriptions. All similar food
- 511 110 030 products (as defined by class description) will be
- 511 110 040 judged in one class and compared to the
- 511 113 050 standard for that product regardless of the age or
- 511 113 060 phase of the exhibitor (for example, class
- 511 110 010 is open to exhibitors in phases 1, 2, & 3). Include the recipe.
- 511 313 010 **Favorite Recipe Collection** with 5 recipes, using a variety of grain products. (Examples: granola, rice pudding, bulgur salad, pizza.) Recipes must be tested by the 4-H member. Write current year (2005) in upper right hand corner of each recipe. Cards or recipes must be in front of file or designated (paper clips, tabs, etc.) throughout the collection for ease in judging. Pen, pencil, or

type is acceptable. Recipe collection can be in a file box or in recipe book form. Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines.

511 213 010 Educational poster using one of the following themes or a theme of your choice showing and explaining something you made, learned or did in your Foods & Nutrition project. Poster must not exceed 22" X 28". The themes below do not have to be the title of the poster.

Bread Basics
Facts about Fiber
Understanding Labels
Judging Baked Products

PHASE 4 - Foods of the Pacific Northwest - Unit 2

511 120 030 Food products. See 03,04, 05, 06, 07, **511 120 040** 08, and 09 in the food products class **511 120 060** descriptions list for product description. **511 120 070** All similar food products (as defined by **511 120 080** class description) will be judged in one

511 120 090 class and compared to the standard for that product regardless of the age or phase of the exhibitor (for example, class 511120060 is open to exhibitors in phases 4, 5 and 6). Include the recipe.

511 324 010 Favorite Recipe Collection with 10 recipes, using foods of the Pacific Northwest. Recipes must be tested by the 4-H member. Write current year (2005) in upper right hand corner of each recipe. Cards or recipes must be in front of file or designated (paper clips, tabs, etc.) throughout the collection for ease in judging. Pen, pencil, or type is acceptable. Recipe collection can be in a file box or in recipe book form. Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines.

511 224 010 Educational exhibit using one of the following themes or a theme of your choice showing and explaining something you made, learned or did in your Foods & Nutrition project.

When the Good Cook Gardens
Primarily Poultry
Yeast ...How Does It Work?
Salad Savvy

The exhibit may include pictures, models or actual articles and may be a poster, notebook or three dimensional display. Size limited to 30" wide, 36" high and 24" deep.

511 224 020 Photo series or pictorial story depicting hunted or harvested foods of the Pacific Northwest from harvest to table. Series may include up to 20 color photos, pictures or drawings of one theme on one story board not to exceed 22" X 28". Please note if some of the photos were taken by someone else. Exhibits will be judged on the exhibitor's ability to creatively depict a story and not on their photography or drawing ability.

PHASE 5 - Fit It All Together - Unit 2

511 120 050 **Food Product.** See 5, 6, 7, 8, and 9 in the

511 120 060 list above for descriptions. All similar food

511 120 070 products (as defined by class description will

511 120 080 be judged in one class and compared to the

511 120 090 standard for that product regardless of the age or phase of the exhibitor (for example, class 511120060 is open to exhibitors in phases 4, 5 and 6). Include the recipe.

511 325 010 Favorite Recipe Collection with 10 recipes, including 5 yeast breads and 5 recipes of soups, stews and salads. Recipes must be tested by the 4-H member. Write current year (2005) in upper right hand corner of each recipe. Cards or recipes must be in front of file or designated (paper clips, tabs, etc.) throughout the collection for ease in judging. Pen, pencil, or type is acceptable. Recipe collection can be in a file box or in recipe book form. Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines.

511 225 010 Educational exhibit using one the following themes or a theme of your choice showing and explaining something you made, learned or did in your Foods & Nutrition project:

Fitness in Your Life
Cost and Nutrition Differences in Beverages
Fast Food Choices
Have Your Snacks and Eat Them, Too

The exhibit may include pictures, models or actual articles and may be a poster, notebook or three dimensional display. Size limited to 30" wide, 36" high and 24" deep.

PHASE 6 - Foods with an International Flavor

511 120 060 **Food Product.** See 6, 7, 8, 9, 10, 11, and 12 in

511 120 070 the list above for descriptions. All similar food

511 120 080 products (as defined by class description) will be

- 511 120 090 judged in one class and compared to the
 511 120 100 standard for that product regardless of the age or
 511 120 110 phase of the exhibitor (for example, class
 511 120 120 511120060 is open to exhibitors in
 phases 4, 5 and 6). Include the recipe.
- 511 120 150 **An international food.** Exhibit should be 3 of a small or 1/3 of a large food. Include recipe. Include what country your food represents. Exhibit should clearly represent another country by its ingredients, preparation or background. (Highly perishable foods not acceptable).
- 511 326 010 **Favorite Recipe Collection** with 10 recipes representing a variety of international foods. Recipes must be tested by the 4-H member. Write current year (2004) in upper right hand corner of each recipe. Cards or recipes must be in front of file or designated (paper clips, tabs, etc.) throughout the collection for ease in judging. Pen, pencil, or type is acceptable. Recipe collection can be in a file box or in recipe book form. Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines
- 511 226 010 **Educational exhibit** using one of the following themes or a theme of your choice showing and explaining something you made, learned or did in your Foods & Nutrition project.
 Beans--Food for the World
 World Hunger
 Food Waste - You Make a Difference
 Food Safety
 The exhibit may include pictures, models or actual articles and may be a poster, notebook or three dimensional display. **Size limited to 30" wide, 36" high and 24" deep.**
- 511 226 020 **Photo series or pictorial story depicting an international meal** including: name of the country, menu, planning, preparation, and presentation. Series may include up to 20 color prints of one theme on one story board not to exceed 22" X 28". Please note if some of the photos were taken by someone else. Exhibits will be judged on the exhibitor's ability to creatively depict a story and not on their photography or drawing ability.

PHASE 7 - Foods of the Pacific Northwest - Unit 3

- 511 130 080 **Food Product.** See 8, 9, 10, 11, 12, 13, and 14
 511 130 090 in the list above for descriptions. All similar food
 511 130 100 products (as defined by class description) will be
 511 130 110 judged in one class and compared to the
 511 130 120 standard for that product regardless of the age or
 511 130 130 phase of the exhibitor (for example, class
 511 130 140 511130110 is open to exhibitors in phases 7, 8 and 9). Include the recipe.
- 511 337 010 **Favorite Recipe Collection** with 15 recipes. Ten recipes should be vegetable and fruit recipes. Five recipes should be one-pot meals using or demonstrating knowledge of various kitchen appliances (examples: microwave, wok, electric skillet). Recipes must be tested by the 4-H member. Write current year (2005) in upper right hand corner of each recipe. Cards or recipes must be in front of file or designated (paper clips, tabs etc.) throughout the collection for ease in judging. Pen, pencil, or type is acceptable. Recipe collection can be in a file box or in recipe book form. Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines.
- 511 237 010 **Educational exhibit** using your choice of theme. Exhibit must show and explain something that you have made, done or learned in your Foods and Nutrition project. The exhibit may include pictures, models or actual articles and may be a videotape, slide set/script, poster, notebook or three dimensional display. **Size limited to 30" wide, 36" high and 24" deep.**
- 511 237 020 **Multimedia exhibit** demonstrating the production, distribution or preparation of a food produced in the Pacific Northwest. The exhibit may include pictures, models or actual articles and may be a videotape, slide set/script, poster, notebook or three dimensional display. **Size limited to 30" wide, 36" high, 24" deep**

PHASE 8- Fit It All Together - Unit 3

- 511 130 080 **Food Product.** See 8, 9, 10, 11, 12, 13,
 511 130 090 and 14 in the list above for descriptions.
 511 130 100 All similar food products (as defined by
 511 130 110 class description) will be judged in one
 511 130 120 class and compared to the standard for
 511 130 130 that product regardless of the age or
 511 130 140 phase of the exhibitor (for example, class 511130110 is open to exhibitors in
 phases 7, 8, and 9). Include the recipe.
- 511 338 010 **Favorite Recipe Collection** with 15 recipes. Ten recipes should be a variety of main dishes (i.e. beef, turkey, seafood, fish, pork, chicken, hunted and protein alternatives). Recipes must be tested by the 4-H member. Write current year in upper right hand corner of each recipe. Cards or recipes must be in front of file or designated (paper clips, tabs, etc.) throughout the collection for ease in judging. Pen, pencil, or type is acceptable. Recipe collection can be in a file box or in recipe book form. Refer to check sheet 40-470, available at the county Extension office, for specific guidelines.
- 511 238 010 **Educational exhibit** using your choice of theme. Exhibit must show and explain something that you have made, done or learned in your Foods and Nutrition project. The exhibit may include pictures, models or actual articles and may be a videotape, slide set/script, poster, notebook or three dimensional display. **Size limited to 30" wide, 36" high and 24" deep.**

PHASE 9

- 511 130 080 **Food Product.** See 8, 9, 10, 11, 12, 13, and 14
- 511 130 090 in the list above for descriptions. All similar food
- 511 130 100 products (as defined by class description) will be
- 511 130 110 judged in one class and compared to the
- 511 130 120 standard for that product regardless of the age or
- 511 130 130 phase of the exhibitor (for example, class
- 511 130 140 511130110 is open to exhibitors in phases 7, 8 and 9). Include the recipe.
- 511 339 010 **Favorite Recipe Collection**, including 15 tested recipes and a brief description of what you did to round out or complete your file or how you organized your file for future use (Example: quantity cooking, meals for one, special dietary needs). Recipes must be tested by the 4-H Member. Write current year (2002) in upper right hand corner of each recipe. Cards or recipes must be in front of file or designated (paper clips, tabs, etc) throughout the collection for ease in judging. Pen, pencil or type is acceptable. Recipe collection can be in a file box or in a recipe book form. Refer to Check Sheet 40-470, available at the county Extension office, for specific guidelines.
- 511 239 010 **Educational exhibit** depicting your 4-H Walkabout experience or another choice of theme. Walkabout theme must list your Walkabout challenges and how you met those challenges. Other themes must show and explain something that you have made, done or learned in your Foods and Nutrition Project. The exhibit may include pictures, models or actual articles and may be a videotape, slide set/script, poster, notebook or three dimensional display. Size limited to 30" wide, 36" high and 24" deep.
- 511 239 020 **Videotape** of your Walkabout public presentation. Public presentation can be taped by someone else since the public presentation represents your work. Videotape must include an introduction and closing.

SPONSORS:

Oregon Dairy Women c/o Ida Ruby, 37995 Fir Ridge Rd, Scio 97374 will sponsor \$20 cash awards for the Champion and \$10 cash awards for the Reserve Champions in Foods, phases 2 and 6. Exhibitors MUST use real dairy products.

Oregon State Beekeeper's Assn, c/o Jan Lohman, 77225 Colonel Jordan Rd., Hermiston 97838 will present a \$10 cash award to each Blue ribbon and a \$5 cash award to each Red ribbon for any exhibits in Foods (all phases). Exhibitors MUST use 100% honey as a sweetener.

In Memory of Dean Paddock, c/o Thelma Paddock, 6043 Paddock Ln., Sweet Home 97386 will sponsor a Phase 1 Foods Item Award.

Glenn and Ann Petersen will sponsor a trophy for Champion in Foods, phase 4 again this year.

OUTDOOR COOKERY (County Only)

See rules under Home Economics.

- 511 706 000 **Outdoor Cookery 1** - Sack lunch with two or more of the foods prepared by the exhibitor. (Examples: carrot sticks, sandwich). Indicate where the lunch would be eaten (school, hike) and food safety consideration. Arrange sack lunch in container with plastic wrap covering - include only foods suitable for keeping at the fair without spoilage.)
- 511 70 7000 **Educational poster** using one of the following themes. Poster must not exceed 18" x 24". The themes below do not have to be the title of the poster.
Fire Safety & Outdoor Cooking
Nutrition: It's in the Bag! (sack lunches)
How to Equip a Camping Kitchen
- 511 708 000 **Outdoor Cookery 2** - Two miniature firemodels.
- 511 709 000 **Educational poster** using one of the following themes. **Poster must not exceed 18' x 24'**. The themes below do not have to be the title of the poster.
Fire Safety & Outdoor Cooking
The Thrill of the Grill
Pack a Snack (nutrition)
- 511 710 000 **Outdoor Cookery 3** - A food baked on an outdoor grill or fire. Include 3 to 4 small or 1 large food product(s) - small products may be the same or different.
- 511 720 000 **Photo series or pictorial story** depicting an outdoor meal including: location, menu, planning, preparation and presentation. Series may include up to 20 color prints on one story board not to exceed 18" x 24". Please note if some of the photos were taken by someone else. Exhibits will be judged on exhibitor's ability to creatively depict a story and not on their photography or drawing ability.
- 511 730 000 **Outdoor Cookery 4** - A type of outdoor cooking or camping equipment or a folder describing a camp cookout. Folder to include menus, pictures, and short story about trip.

511 740 000 **Educational exhibit** using your choice of theme. Exhibit must show and explain something that you have made, done or learned in your Outdoor Cookery Project. The exhibit may include pictures, models or actual articles and may be a videotape, slide set/script, poster, notebook or three dimensional display. Size limited to 24" wide X 24" high X 24" deep.

FOODS JUDGING CONTESTS

Information available from the Extension Office. Held Monday of Fair Week.

511 750 001 **Foods/Nutrition Contest, Junior** contestants will judge classes focusing on knowledge and skills in Phases 1, 2, and 3.

511 750 002 **Foods/Nutrition Contest, Intermediate**, contestants will judge classes focusing on knowledge and skills in Phases 4, 5, and 6 of the project including specific topics that were utilized in the current year's county level contest prepared by the state office.

511 750 003 **Foods/Nutrition Contest, Senior**, contestants will judge classes focusing on knowledge and skills in Phases 7, 8, and 9 of the project including specific topics that were utilized in the current year's county level contest prepared by the state office.

FOOD PRESERVATION

1. See rules under Home Economics.
2. Members may enter two classes in their division. Members must use current OSU approved or USDA preparation and processing recommendations for canned foods. Your Extension Agent can tell if your canning instructions are up to date. Ball Blue Book, copyright 2006 or more recent, pectin package inserts or pectin product websites are approved sources.
3. All products must have 4-H Food Preservation Explanation Card with complete information and instructions/recipe. Explanation Card is available at the county Extension office or on the State 4-H website. In addition, all containers should have label or tape with member name, county and class number.
4. Include jar rings on all canned products. Jars may be opened during the judging process. Any opened jars may be emptied before returning. Menus, if required, should be attached to the jar (can use rubber band around jar with card secured underneath). Dried foods should be exhibited in jars or sturdy plastic bags, with labels securely attached. For more guidelines, see OSU Extension publications.
5. Judging criteria are outlined on *4-H Check Sheets* available at the county Extension office or on the State 4-H website, <http://oregon.4h.oregonstate.edu/resources/materials.html>.

BEGINNER DIVISION

512 111 010 **Canned fruit or berries**. One jar of fruit or berries precessed in a boiling water bath.

512 111 020 **Canned tomatoes** one jar of tomatoes processed in boiling water bath.

512 112 010 **Fruit leather**. Four rolled pieces of each (about one inch wide).

512 114 010 **Cooked Jam**

512 114 020 **Cooked Jelly**. One jar of cooked jelly using commercially available juice and pectin.

512 110 010 **Gift pack**. One gift package including two different from beginning division of food preservation methods. Each preserved product must have a 4-H Food Preservation Explanation card included. The gift pack may also include products made or purchased by exhibitor to complete the theme. Indicate for whom the gift is intended, and for what occasion. (Examples: a housewarming gift for new neighbors.)

EXPANDING DIVISION

512 121 010 **Canned vegetables or tomatoes** one can of canned vegetables or tomatoes processed in a pressure canner.

512 121 020 **Canned pie filling**. One jar of canned fruit pie filling. Jars must be sealed by processing in a boiling water bath.

512 121 030 **Syrup or juice**. One jar of juice or syrup made from the juice that the member has extracted. Jars must be sealed by processing in a boiling water bath.

512 122 010 **Dried fruit**. About 1/2 cup of dried pieces of fruit, (not leather).

512 122 020 **Dried vegetable**. About 1/2 cup of dried pieces of vegetable.

512 122 030 **Dried herbs**. About 1 Tablespoon of dried herbs.

512 123 010 **Quick pickles**. One jar of canned fruit or vegetable quick pickles. Examples include cucumber, crab apple, watermelon, etc. Jars must be sealed by processing in a boiling water bath.

512 123 020 **Relish**. One jar of relish. Jars must be sealed by processing in a boiling water bath. Include relish recipe and source.

512 124 010 **Cooked jelly**. One jar of cooked jelly using juice the member has extracted and commercial pectin. Jars must be sealed by processing in a boiling water canner.

512 120 010 **Gift pack**. One gift package including three different preserved products. Use two or more processing methods. Each preserved product must have a 4-H Food Preservation Explanation card included. The gift pack may also include products made or purchased by exhibitor to complete the theme. Indicate for whom the gift is intended and for what occasion. (Example: A housewarming gift for new neighbors.)

ADVANCED DIVISION

512 131 010 **Canned fish, meat, or poultry.** One jar of canned meat, fish, or poultry

512 131 020 **Canned tomato sauce or ketchup.** One jar of canned tomato sauce (no meat), or ketchup processed in boiling water canner.

512 131 030 **Canned combination dish.** One jar of canned combination dish processed in a pressure canner. Examples include stew, chili, soup, etc.

512 131 040 **Canned salsa.** One jar of canned salsa. Jars must be sealed by processing in a boiling water canner.

512 132 010 **Dried meat or poultry jerky.** Four 1 inch by 3 inch pieces of one type of jerky. Meat jerky (beef, venison, or poultry) should follow the recommendations for preparation in "New Venison Jerky Procedure," SP50-819, January 1997 or "Meat/Poultry Jerky," SP50-535, April 1998.

512 132 020 **Dried herb seasoning combination.** About 1 Tablespoon of dried herb seasoning combination.

512 133 020 **Fermented pickles or sauerkraut.** One jar of fermented (brined) pickles or sauerkraut.

512 134 010 **Cooked jelly or jam.** One jar of cooked jelly or jam made without added commercial pectin. Jelly must use juice extracted by the member. Jars must be sealed by processing in a boiling water canner

512 130 010 **Gift pack.** One gift package including three or more different preserved products. Use two or more processing methods. Each preserved product must have a 4-H Food Preservation Explanation card included. The gift pack may also include products made or purchased by exhibitor to complete the theme. Indicate for whom the gift is intended and for what occasion. (Example: A housewarming gift for new neighbors.)

SPONSORS:

The Gerald Detering Food Preservation Award c/o Roger Detering, 30946 Wyatt Dr., Harrisburg 97446 will present a permanent possession trophy and a box of fruit for the top Junior, Intermediate, and Senior exhibitor and a box of fruit for the second place Junior, Intermediate, and Senior exhibitors again this year. (The fruit must be picked up from the Detering Orchards by November of the current year).

Alltrista Corporation: Attn Consumer Affairs Dept., P O Box 2729, Munice, IN will present one \$5 coupon towards the purchase of Ball or Kerr Home Canning Products and one Ball Blue Book Canning Guide to the winner in EACH class of canned fruits, vegetables, or jams & jellies. (Exhibits must be in Ball or Kerr canning products.)

FREEZING (County Only)

See rules under Home Economics

Refer to project book for container and labeling information. Exhibits will be judged on Tuesday and immediately released. Tags and ribbons, plus display carton with information, will be left on display throughout fair.

512 700 011 **Fruits, Junior** -one kind, any method.

512 700 012 **Fruits, Intermediate** -two kinds, any method.

512 700 013 **Fruits, Senior** -three kinds, any method.

512 700 021 **Vegetable, Junior** -one kind, any method.

512 700 022 **Vegetable, Intermediate** -two kinds, any method.

512 700 023 **Vegetable, Senior** -Three kinds, any method.

512 700 030 **Meat, Junior, Intermediate or Senior** -one kind, any method.

512 700 041 **Prepared Dish, Junior** -one prepared dish.

512 700 042 **Prepared Dish, Intermediate** -two prepared dishes.

512 700 043 **Prepared Dish, Senior** -three prepared dishes.

SPONSORS:

Candy Baker, 36920 Gilkey Rd, Scio 97374 will sponsor an award for the Champion Junior, Intermediate and Senior in the Frozen Foods Contest.

HOME ENVIRONMENT

Superintendent:

Members may enter up to three classes based on the unit in which they are enrolled, **one** exhibit per class. In the Home Environment project, items produced by the 4-H member are developed within the context of the over-all design/plan of the room or area where the item will be used. To qualify for judging a *4-H Home Environment Exhibit Explanation card* must be attached.

Cards are available in county Extension offices or on the State 4-H website,

<http://oregon.4h.oregonstate.edu/resources/materials.html>

1. Members are also encouraged to develop an educational display.

All classes open to Junior, Intermediate, or Senior members

Note: Fill in the blank in class number () with corresponding numbers for Junior, Intermediate, or Senior members.

1. Junior
2. intermediate
3. Senior

340 100 01_ **Decorative Item** made, recycled or refurbished for a specific location (ie: wall hanging, flower arrangement, seasonal decoration, etc.)

340 100 02_ **Organizer/Storage Item** made, recycled or refurbished for a specific location

340 100 03_ **Textile Accessory Item** made, recycled or refurbished for a specific location (ie: curtains, rug, wall hanging, quilt, etc).

340 100 04_ **Furniture** made, refinished, and/or upholstered for a specific location.