

Fruit Cryptogram

H	C	A	E	P	N	O	U	P	C	E	B	F
T	O	C	I	R	P	A	W	E	I	O	L	I
P	Z	N	C	E	L	P	P	A	Q	M	U	G
S	W	E	E	T	C	H	E	R	R	I	E	S
P	A	P	A	Y	A	N	A	N	A	B	B	N
Z	T	O	T	N	D	A	T	E	S	Y	E	I
L	E	K	I	W	I	E	L	B	E	O	R	S
G	R	A	P	E	S	I	W	E	Y	U	R	A
D	M	A	N	G	O	N	I	M	Z	O	Y	R
P	E	E	O	N	O	P	U	I	E	M	I	L
A	L	P	C	H	L	N	O	M	E	L	K	O
L	O	E	C	A	L	E	G	N	A	R	O	B
D	N	R	M	E	N	I	R	A	T	C	E	N



Can you find twenty different kinds of fruit in this puzzle? Look up, down, back-wards and diagonally. Look for melons, berries, dried fruits and tropical fruits.

Fruit Word Scramble

Can you unscramble the letters of these fruits?

NLEAPUCOTA	_____	AGMNO	_____
LPIANEPE	_____	SYERRRBAP	_____
WIIK	_____	SRGPAE	_____
HCPEA	_____	GSFI	_____

Get the power of fruits and vegetables. Eating more matters!

Answers: cantaloupe, pineapple, kiwi, peach, mango, raspberry, grapes



The Food Stamp Program can help you buy nutritious foods. To find out more, call Oregon SafeNet at 1-800-SAFENET (723-3638) or (503) 988-5858 in the Portland metro area. This material was funded in part by USDA's Food Stamp Program. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability. © 2007 Oregon State University. Oregon State University Extension Service cooperating. Oregon State University Extension Service offers educational programs, activities, and materials without discrimination based on race, color, religion, sex, sexual orientation, national origin, age, marital status, disability, or disabled veteran or Vietnam-era veteran status. Oregon State University Extension Service is an Equal Opportunity Employer.