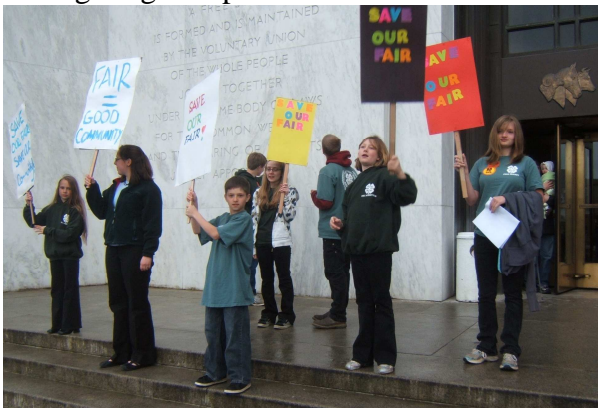


**Joint Ways and Means at the Capital  
Thank you for your 4-H support!!!**



Zach giving his speech.



Picketing – Save our Fair!

It was a chance for youth to give back to the Fair what the Fair has done for youth all these years. On April 22nd, many 4-H'ers and FFA'ers from Polk County showed local support for County Fair Funding by crossing the river, picketing on the Capitol Bldg front steps, and preparing 2 minute testimonies for the Joint Ways and Means Committee Hearing at the Capitol Bldg. This committee has been saddled with the ominous task of reducing or cutting program budgets funded by the General Fund, due to the decline in tax revenue from our current economy. But only 2 fortunate

Polk County youth were given the opportunity to speak in front of the committee. Stephanie Rodriquez of Central FFA and Zach Odegard of the Achievers 4-H Club were chosen to come to the microphone and speak about the many benefits of County Fairs, and about our Fair in particular. The day ended on an uplifting note, as FOX Channel 12, 10:00 News finished their nightly broadcast with a uplifting story about Polk 4-H'ers who came to the Capitol to picket and testify for County Fairs. Picket signs in hand, Zach and Hanna Buleza spoke into the TV microphone from their hearts supporting County Fair funding. Polk County 4-H'ers and FFA'ers, I know that each and every person who attended that hearing, who listened to their testimonies on line, who have watched you grow up in the 4-H or FFA, and County Fair Board members feel that you represented how all of us feel about our Fair very well. Thank you!

Submitted by Sue Reams

**Senior 4-H Scholarship Winner**

Congratulations to Anna Smith. She is the 2009 recipient of the \$1,000 Oregon 4-H Foundation Memorial Scholarship. This is a tribute to her outstanding 4-H work, her involvement in school and community activities and her impressive academic record.



Anna Smith

Congratulations to Leigh Anne MacCarthy. She is a finalist for the Oregon Fair 4-H Scholarship.

## 2009 Polk County Fair Theme is: "Honoring our Pioneer Heritage"

### State Fair Book

The 2009 State Fair Book is now online and ready for use. It can be found on the 4-H State website at: <http://oregon.4h.oregonstate.edu/state-fair>.

### Open house at Oregon 4-H Center

*Saturday, May 16, 1:00 - 3:00 pm*

The 4-H Center is located just west of Salem in a beautiful natural area surrounded by forests and farms. This will be the location of the Wild West 4-H Summer Camp this year, so come check it out! Tour the new dining hall and cabins, walk the nature trails, go canoeing or fishing, fly high on the adventure swing, or try your hand at archery. All family members and their friends are welcome! For details, contact our Extension Office.

### Leader and Teen Opportunities at State Fair

Come make a difference with the events at 4-H State Fair. Plans are still in the making, but now is the time for leaders & teens to get involved with State Fair this year. Clerks are needed on Tuesday, **Aug. 18** for static exhibits judging day. Clerking allows leaders to learn directly from experienced judges. Teen Staff members are needed **Aug. 17-19**, but also throughout Fair to assist the State Fair staff with events/contests that take place during the fair. Teen Staff may apply for one or more days, depending on their schedule. They should not try to participate in contests and volunteer as Teen Staff on the same day. There are also teen staff positions working in the livestock area, **Sept. 1-6**.

### Summer Conference T-shirt Design Contest Winner

Jacque Szczepanski won \$100 off of her Summer Conference Registration!!! Her shirt design used the theme "Looking Back to Look Forward."  
Congratulations!!!! Great job, Jacque!

### Summer Conference at OSU

**June 24-27**

Intermediate and Senior members – mark your calendars for the 4-H Summer Conference, June 24-27! This event will be packed with fun and educational activities that you will not want to miss. Participants can select several workshops, including Ambassador Training (see next article). Other activities include a barbecue, guest speaker, pool party, service project, dance, and more! So come spend four days enjoying campus life and making new friends from across the state. Scholarships may be available. Registration information will be available on the [State 4-H website](#) and at the Extension Office May 1. Forms are due to the Extension Office June 1.

### State Ambassador training information now available

Information and the application for State Ambassador training are now available [online](#). Applications are due May 28 in the Extension Office. Youth in grades 9-11 can apply to take the leadership training offered at 4-H Summer Conference. Those in grades 10 and 11 can also apply for the Statewide Ambassador Team.

### Polk County at

### "Know Your Government"!

This year, we had a delegation of 16 Polk County 4-H'ers go to "Know Your Government" to join about 60 other teens from around the state as we learned about how our state government works! The three days were packed with learning and fun activities! We were honored to meet with Senator Brian Boquist from Polk County. We also met with representative, Jackie Winters. We met a lobbyist, John McCulley who represents the Oregon Fairs Association. We toured the justice and capitol buildings, and watched a live broadcast of a National Public Radio show, "What'd Ya Know," at the Elsinore Theater (where one of the 4-H'ers called the host of the show with her cell phone from the balcony during a call in game! We were on national radio!). The Phoenix Grand Hotel was full of 4-H members acting as house representatives, lobbyists, and media for our mock 4-H legislative session. And of course, there was a good amount of fun had by all! Hope you will join us for this fun and informative event next year!

## Congratulations KYG Scholarship Winners

Of four Know Your Government scholarships available to Oregon 4-H members, Polk County won one of them! With great pride I congratulate scholarship winner, Liz Szczepanski. She won the \$100 Katy Zollner Memorial scholarship.

Liz had to answer the following essay questions:

*\* The following statements describe ways that I have been actively involved and/or provided leadership to 4-H and my community....*

*\*I believe an individual citizen can influence public decision-making in the following ways....*

*\*Two important issues that I believe Oregonians are facing today, are:*

At the conference center, quotations from each of the winning essays decorated the walls, and the winners were also asked to give a short, impromptu speech about the scholarship process. Congratulations to you!



Liz, Andrea and Jenni

## Families Needed

It's that time of year again! We are searching for Awesome families who are willing to open their homes to Japanese delegates for one month this summer. We know many families have expressed interest in this program, but with the economy what it is, it seems an overwhelming request for families already watching their budget. But, this really needn't be a worry, as these kids **are not** here to be trotted around as a tourist, rather they are here to be part of your family—and do what ever your family does in your everyday life! They enjoy renting videos, going to the lake, visiting relatives, grocery shopping, camping—and anything else your family does in a normal summer. We ask you to consider becoming a host family this year. The economy has caused us some

concern in finding families in Oregon. In the past we have called upon Oregon families to place kids at the last minute, and you have pulled through, and provided some life changing experiences for these kids. We know you can and will do it again. Many of you are planning on staying close to home this summer—and what better way to add some new excitement to your summer—getting to know someone from a different culture! Please contact us with any questions. If you would like to talk to other families who have hosted in the past, we will provide you with names and numbers. If you hosted in the past and are willing to open up your home again, contact us. If you are not quite sure, but are interested, call us and we will give you the details. If you know of a family that you think would enjoy this experience, please pass on our information. They do not need to be 4-H families. **HAPPY HOSTING!**

## 4-H Operation Purple camps for children in military families

Are you a military family or a friend of one? High rates of deployment have left many children feeling stressed and alone. 4-H is here to help with camping opportunities especially for these youth. The camps will be offered in June and July at the 4-H Center. Each week will target a different age group from ages 8 to 17. For more information, read about [last year's camp](#) and watch the [4-H state website](#) for details.

## Book list for military families

Our communities will be greatly affected over this next year as 3,000+ families deploy a loved one in May. An annotated book list has been developed for children and youth concerning military deployment, separation, war themes, etc. and is available [online](#). Contact [Joan Engledinger](#) at 503-260-4053 if you have questions or concerns about providing support to these families and our communities through 4-H.

## \*\*\*Senior Scholarships\*\*\*

**Polk County 4-H Leaders Ass. and Les Schwab Market scholarships are available at the Extension Office.**

## **4-H Wild West Camp**

July 14<sup>th</sup> -18<sup>th</sup>

Oregon 4-H Center Grades: 4<sup>th</sup>-7<sup>th</sup>

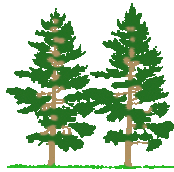
Cost: \$210

This camp provides outdoor recreational activities in horse riding, swimming, hiking, canoeing, archery, digital photography, outdoor cookery, crafts and natural science. You do not have to be a 4-H member to attend this camp. We have several of our own Polk County youth serving as counselors.

There is a special Horse tract and Leadership (8<sup>th</sup>-9<sup>th</sup> grade) tract available also.

Partial Scholarships may be available. Contact the Polk Extension Office.

<http://extension.oregonstate.edu/polk/WildWestCamp>



## **Oregon 4-H Adventure**

June 30-July 2

Cost: \$50.00

Grades 5<sup>th</sup>-7<sup>th</sup>

This year's Oregon 4-H Adventure Camp will travel to and learn about Central Oregon. Polk County 4-H Ambassadors will serve as counselors for this trip. Elena Peña and Judi Peters will lead the expedition. We will travel to Central Oregon, exploring caves and much more. Space is limited, so register now! Forms available at the Extension Office.



### **4-H Camelid Camp**

June 19-21, 2009

\$30.00

Polk County Fairgrounds

**Additional cost for camping overnight.**

**For more information:**

**Glen Pfefferkorn 503-437-4787**

### **Outdoor Cookery Day Camp**

**Monday, June 29**

**9:30 am- 3:00 pm**

**Polk County Fairgrounds**



Come and learn about different methods of preparing foods over a campfire or on a backyard barbeque. *Open to all 4-H members.*

Cost: \$5.00. To register call the Extension Office 503-623-8395.

### **4-H Jr. Master Gardener Day Camp**

**June 16-18**

**Dallas City Park Arboretum**

Grades: K-5<sup>th</sup>

Cost: \$30

Your child's knowledge of horticulture and natural science will be sure to sprout and grow. You do not have to be a 4-H member to attend this camp. The Junior Master Gardener Day Camp is a program sponsored by OSU Extension 4-H and Polk County Master Gardeners and is open to all youth in grades K-5. Tuesday – Thursday, 9:30-3:30.

<http://extension.oregonstate.edu/polk/4H>



### **“Geocaching” Day Camp**

**Thursday, July 23**

**9:30 am-2:00 pm**

**Polk County Fairgrounds.**

Come have a fun-filled day with the sport where you are the search engine in this special one day camp for 4th-8th graders. Spend the day locating containers hidden outdoors with the assistance of GPS devices. Wind energy and more. Lunch will be more hands on fun where you will give outdoor cooking a try. Open to all youth. Register with the Extension Office 503-623-8395 Cost is \$5.00.

## **New ATV Rules apply to Oregon Youth**

New regulations in Oregon require that youth operators of ATVs (including 4-Wheelers, 3-Wheelers and Off-road Motorcycles) take an online Safety Training Course as well as a Hands On Riding course. The Safety Training Course can be completed at [www.rideATVoregon.com](http://www.rideATVoregon.com) and has a graduated age scale that will require ATV riders of any age to have the permit by 2014. The Hands On Riding Course is offered through Deschutes County 4-H and will be required for all riders under 16 years of age by 2012. To get your name on a list for the next ATV riding course call 541-548-6088 or email [reaza.mansur@oregonstate.edu](mailto:reaza.mansur@oregonstate.edu).

## **Tractor Safety Training & ATV Certification**

Are you looking for a job this summer? Be aware that farmers and ranchers who hire minors under 18 years of age are required to hire those who have completed and passed a tractor safety training program. A three day Central Oregon Farm and Tractor Safety Training and Certification Course, sponsored by the OSU Extension Service, will be offered June 15-17 at the Deschutes County Fairgrounds in Redmond. Training will include classroom work as well as hands-on experience with a variety of tractors and implements. Safety on All-Terrain Vehicles (ATV) will also be covered. This class is open to those who will be 14 to 17 years of age during the upcoming agricultural season. Registration fee for tractor safety training is \$50. For an additional \$20, youth can also be ATV certified to ride on Public Lands. Those wanting ATV certification must bring an "appropriately sized" ATV. Registration deadline is June 1 and class size is limited to 40 students. For more information or to register, contact the OSU Extension Service in Deschutes County, 541-548-6088 or email: [dana.martin@oregonstate.edu](mailto:dana.martin@oregonstate.edu) or [candi.bothum@oregonstate.edu](mailto:candi.bothum@oregonstate.edu) Registration forms will be available at this website: <http://extension.oregonstate.edu/deschutes/>

## **New Educational Materials!**

There is new curriculum available to help you with Presentations! To see these new materials go to: <http://oregon.4h.oregonstate.edu/presentations> You can also receive materials by contacting the Extension office! Here's what's available:  
*\*Introduction to Presentations \*Types of Presentations for 4-H Competitions \*Parts of a Presentation \*Steps in Planning a Presentation \*The Mechanics of Presenting \*Preparing and Using Visual Aids\*Top Ten Tips for a Successful Presentation*

## **SCIENCE, ENGINEERING & TECHNOLOGY**

**Windmill Exhibit and Demonstration** - Youth can bring the windmills they have created to Fair, and demonstrate them for Fair visitors. Youth will have the opportunity to visit with other youth about wind energy concepts. (Location and date to be announced on State 4-H website).

**Ignite Youth** – Ignite events are occurring all over the country. (<http://ignite.oreilly.com/>) If you had 5 minutes on stage, what would you say? What if you only got 20 PowerPoint slides and they rotated automatically after 15 seconds? Around the world people have been putting together Ignite Nights to show their answers. (Location and date to be announced on State 4-H website).

Ignite Youth will be an opportunity for youth to share their ideas. Youth are asked to submit their presentation topic to the State 4-H Office by June 15<sup>th</sup>, and will be notified that they are presenting by June 30<sup>th</sup>. Slides must be submitted by July 25<sup>th</sup>. Application form for Ignite Youth is available on the State 4-H website at: <http://oregon.4h.oregonstate.edu/state-fair>.

## **New Presentations Information!!**

### **General Information**

1. 4-H Presentation divisions include demonstrations, illustrated talks, public speeches, and impromptu speeches.
2. Members may have one entry in each division as long as the subject matter is different for each.
3. Members will be expected to use a microphone.

4. All contestants will be interviewed by the judge at the conclusion of their presentation.

### **Impromptu Speaking**

The presenter must compose and deliver a speech with no prior preparation. No visual aids may be used.

1. Contestants will draw topics at random.
2. Once contestants draw a topic, they will have five minutes to prepare before they begin their speech. The contestant may write notes on one 3 x 5 inch note card.
3. The speech should be 3 to 5 minutes in length for intermediates and seniors, and 1-3 minutes for juniors.
4. During the speech, contestants should introduce themselves by name, and topic.
5. A microphone, table and easel will be provided.
6. No questions may be asked at the conclusion of the speech.

**211 603 011 Impromptu Speaking, Jr.**

**211 603 012 Impromptu Speaking, Int.**

**211 603 013 Impromptu Speaking, Sr.**

### **Public Speeches**

A public speech can be informational or persuasive. No visual aids may be used.

1. Topic may be anything the member wants to share with others.
2. A member may not present the same topic more than once.
3. Speeches should be 7 to 10 minutes in length for intermediates and seniors, and 3 to 7 minutes for juniors.
4. A microphone, table and easel will be provided.
5. The use of notes is permitted. However, the excessive use of notes may be counted against the contestant at the judge's discretion.
6. During the speech, contestants should introduce themselves by name, and topic.
7. Contestants should cite their major references at the conclusion of their speech.
8. Anyone may ask questions of the contestant.

**211 602 011 Public Speaking, Jr.**

**211 602 012 Public Speaking, Int.**

**211 602 013 Public Speaking, Sr.**

### **Demonstrations and Illustrated Talks**

A demonstration shows how to do something. There is a finished product at the end. An illustrated talk is a way to share information with the use of visual aids.

1. Topic may be anything the member wants to share with others.
2. A member may not present the same topic more than once.
3. Teams will consist of two members. If one team member is a senior and the other an intermediate, the presentation will be entered in the senior division.

4. Intermediate and Senior teams or individuals will have 30 minutes to set up, present, and clear the area. Junior teams and individuals will have a total of 20 minutes. All work must be done by the 4-H member(s). The actual presentation should be between 10 and 20 minutes in length for intermediates and seniors, and 3 to 10 minutes for juniors..
  5. 4-H members must furnish all supplies and equipment required except for a table, easel and microphone. If other special equipment is needed, contact the 4-H office prior to the contest.
  6. The use of notes is permitted. However, the excessive use of notes may be counted against the contestant at the judge's discretion.
  7. During the presentation, contestants should introduce themselves by name, and topic.
  8. Contestants should cite their major references
- 211 600 011 Demonstration, Individual, Jr.**  
**211 600 021 Demonstration, Team, Jr.**  
**211 600 012 Demonstration, Individual, Int.**  
**211 600 022 Demonstration, Team, Int.**  
**211 600 013 Demonstration, Individual, Sr.**  
**211 600 023 Demonstration, Team, Sr.**  
**211 601 011 Illustrated Talk, Individual, Jr.**  
**211 601 021 Illustrated Talk, Team, Jr.**  
**211 601 012 Illustrated Talk, Individual, Int.**  
**211 601 022 Illustrated Talk, Team, Int.**  
**211 601 013 Illustrated Talk, Individual, Sr.**  
**211 601 023 Illustrated Talk, Team, Sr.**

### **New 4-H Videography Project and Fair Classes Announced**

Are you into You Tube? Would you like to make and post your own videos? Then 4-H has a new project for you. Information on the new 4-H videography project will be available soon on the Oregon 4-H Website at <http://oregon.4h.oregonstate.edu/communications-projects> Videography fair classes are open to all 4-H members. Suitable topics include project and non-project related subject matter. Public display of the video is at the discretion of 4-H management. Videos must be between 30 seconds and 10 minutes in length. To be eligible for judging, videos must be presented in a format viewable on any computer or uploaded to the website. There will be classes for the following types of videos:

**Promotional** (advertisements, public service announcements, other promotional pieces)

**Documentary** (oral history, travel log and other documentary pieces)

**Educational** (would include “how to” or informational pieces)

**Performance** (emphasize capturing a performance – not the quality of the performance itself)

**Animation**

### **Photography Class Update**

4-H photography classes are open to all 4-H members. Classes changed significantly two years ago and are based on the subject of the photo. All single images must be between 5” x 7” and 13” x 17” except as noted below. They may be mounted only or mounted and matted using mat board. Poster board and foam core are not acceptable. Final exhibit with mat or mount must be no less than 8” x 10” and may not exceed 16” x 20”. Contact Steven Kershaw for specific mounting questions, 503-801-4875. Exceptions to photo size limits include:

*Panaromic* – photos must be at least twice as long in one direction.

*Series or Story* – photos, any size, mounted on a single board.

*Creative process* – original image may be 4” x 6”; final image must be at least 5”x7.”

Contact the OSU Extension Service for complete rules.

## **Small Animal Shows**

### **\*Paws in the Rain Fun Match**

**May 16**, Tillamook County Fairgrounds, Judging, showmanship and obedience classes will be held for all levels. [Details](#) are available from the [Tillamook Co. Extension office](#) at 503-842-3433.

### **\*Bow Wow by the Sea**

**May 30** – Lincoln County Fairgrounds  
Sue Green 541-444-9247

### **\*Clatsop Co. 4-H Spring Dog Fun Match**

**May 23** – Sally Freeman 503-325-7161

### **\*Scuttlebuns 4-H Rabbit and Cavy Show**

**May 9** - Washington Co. Fairgrounds  
Mary Walker 503-866-8966

### **\*Benton Rabbiteers**

**May 9** – Benton County, Lisa Still 541-745-3003

### **\*New Dog Training Session at Polk**

County is starting **May 13**. Contact the Extension Office for more information.

### **\*Spring Fling Rabbit, Cavy, & Poultry Shows**

**May 16** - Clackamas Fairgrounds in Canby on Saturday. Call [Teri Jordahl](#) at 503-630-5691 for more information on the rabbit and cavy show, and Beverly Davis at 503-634-2540 for questions regarding the poultry & pigeon show.

### **Youth Pen of Fryers Contest**

The Oregon Fryer Commission and OSU Extension are hosting their 12<sup>th</sup> Annual contest on Saturday, May 30, at the Polk County Fairgrounds, Rickreall, OR.

### **Attention Horse Project Members**



**\*May 9** – Benton County 4-H Leaders Gaming Show, Hopper’s Arena, Corvallis. Contact Lynne Miller at 541-847-5938.

**\*May 2, June 13, August 8, September 5** – OHA Gaming series, Albany. Contact [Sandy](#) or print from [OHA website](#).

**\*May 30** – Leap Into Spring 4-H and Open Schooling Show. Show starts at 9:00

These shows will be held at the Yamhill County Fairgrounds in McMinnville, OR. For more information on any of these shows contact April Courtney at 503-538-5144.

**\*June 20** - June Jubilee - Yamhill Co. Fairgrounds  
Jon or Susie Howell – 503-639-0249

### **4-H and OHSET publish cooperative agreement**

The Oregon 4-H Program and OHSET have recently produced an agreement that will be helpful to our students who participate in both organizations. 4-H is allowing members’ project horses to be ridden and shown by OHSET team members through the state meet in May. All other exhibition and training of a project horse by another person after April 1 is still against 4-H rules. Also, 4-H will not allow drill teams that are made up of only OHSET team members to practice during the off season.

## 4-H Horse Judges training offers tracks for leaders as well

Mark your calendars for October 1-4! This year's [PNW Horse Judges' Training](#) will be held in Redmond. New and experienced judges are all invited, as well as 4-H leaders, older youth, and others who want to know more about 4-H horse competitions. This year there will be a special track for volunteer Show Managers.

## Lipizzaner Stallions

The Lipizzaner Stallions will be at the Portland, Rose Garden Fri, June 5, 7:30 pm and Sun, June 7, 2:00 and 6:00 pm. They are offering a 4-H discount on tickets. Tickets are \$27.50—Lower 100 level, \$22.50—Upper 100 level, and \$17.50—200 level ends. To Order Tickets call: 503-963-3889, deadline to order is Wed, June 3.

**The 4-H Dressage manual** has been updated for 2009. You can print a copy of the new manual from the [state website](#) or you can add an update page to your current manual. The update page is also available at the Extension office.

## Deschutes County 4-H Horse Leaders Present...A Memorial Day Weekend Horse Show Event!

Come and spend the weekend with us! This is a great opportunity for 4-Hers to get their horses out and to gain show-ring experience. It's also a terrific place for locals to school their show and gaming prospects. General 4-H Rules Apply—If you have questions, please ask. For more information or for registration materials, please contact Candi Bothum at 541/548-6088 x 7954 or [Candi.Bothum@oregonstate.edu](mailto:Candi.Bothum@oregonstate.edu) or go to our website at: <http://extension.oregonstate.edu/deschutes/>  
**8 AM Registration- Show begins @ 9 AM, both days!**

**SCHEDULE SUBJECT TO CHANGE  
DEPENDING ON REGISTRATIONS. PRE-REGISTER PLEASE!**

## Market Animal Health Forms and COOL Affidavits required

The 4-H Market Animal Health Forms are required for every animal entered in a market, feeder, or

overweight class at State Fair. These forms are simple to use and are a great way to keep track of your animal's health care to ensure a safe food product. The COOL affidavit can be copied on the back of the health form or stapled to it. Copies. Be prepared to present your completed record form during check-in at County Fair.

Cool Affidavits are required for County Fair or you will not be able to sell in the auction.

## National Scrapie Eradication Program For Sheep and Goats

Scrapie is a transmissible spongiform encephalopathy (TSE) disorder in sheep and goats. The United States Department of Agriculture's rule states: **All breeding ewes, rams, and lambs, (wethers included); and all dairy, angora, meat, and pygmy goats (under 18 months of age) that will be shown or sold will need to be ear tagged with a USDA Scrapie Identification Tag.**

Animals that stay at home and do not leave the premises do not need to be tagged unless they are to be sold. Tags and tag applicators are free of charge and can be acquired by calling the USDA at 866-873-2824 or 503-399-5871. Sellers must provide flock of origin information at time of sale. We recommend that all local producers (youth and adults) get the tags and account for their own animals. Information is available at [http://www.aphis.usda.gov/animal\\_health/animal\\_diseases/scrapie/eradicate.shtml](http://www.aphis.usda.gov/animal_health/animal_diseases/scrapie/eradicate.shtml) .

## Erysipelas in Market Pigs

Erysipelas is a contagious disease of pigs of all ages, but is especially a problem in young pigs. Although it can cause sudden death in pigs, usually the animals are just very sick. They have high fevers, go off feed, and are depressed/inactive. Pigs may get red spots on their skin. Infected pigs are very contagious. The incubation period can be as short as one day. Most pigs respond to antibiotic treatment and recover.

If a pig has Erysipelas at Fair, they must leave the Fair and cannot be sold at the auction. It is essential to prevent Erysipelas in our pigs. **It is strongly recommended that all 4-H and FFA pigs be vaccinated** and appropriate boosters administered.

## Oregon Veterinary Practice Act

As a 4-H leader you are allowed to give educational information to club members on animal health, including what is normal, how to know when an animal needs medical attention, symptoms of common diseases and how to read a veterinary prescription. Demonstrating minor surgeries, such as castration and tail docking or how to administer vaccines and medication are also allowed. 4-H leaders are in violation of the Oregon Veterinary Practice Act when they:

- Diagnose or treat another person's animal
- Induce anesthesia in an animal
- Prescribe or administer drugs or medicine to another person's animal
- Perform a surgical or dental procedure on another person's animal
- Perform an embryo transfer to do a pregnancy, sterility or fertility evaluation for another person's animal
- Advertise or represent a willingness to do any of the above

## Auction in Perspective

Many youth benefit from participating in the Junior Livestock Auction. Not only do they learn a lot, they usually sell their animal for a profit. But should the auction be the all-important goal of 4-H participation? Absolutely not. 4-H encourages youth to set goals. Sometimes they reach them, sometimes they don't. Either way, leaders and parents need to help the members reflect on their goals and learn from the experience. Complaining and blaming others does not help. Here are some things to consider about market animal projects:

- ♦ Members should set at least one goal that has nothing to do with the auction.
- ♦ Market animal projects may not be feasible for everyone. If a member cannot afford to cover the cost of the project if the animal dies or does not make it into the sale, then they should consider participating in another type of 4-H project.
- ♦ Even experienced producers have had serious things go wrong in raising an animal, such as reduced gains, animal illness, or death of an animal.

- ♦ Raising a market animal is not easy. Learn from others when possible. If your club does not meet regularly, you may need to learn about raising your animal on your own.
- ♦ Have fun!

## Watch for Foods & Nutrition contest updates!

The *2009 Leaders' Guide to Foods & Nutrition Contests* notebook/update will be available at the Extension Office. The guide contains all the information and registration materials you will need for food contests and activities. It will help you prepare your members for participation in this project area.

## OSU Extension is Your Source for Healthy Recipes

Good nutrition is important for health, energy, and learning. Providing healthful meals on a limited budget can be challenging. This **OSU Healthy Recipes web site** will help you plan meals and prepare tasty, low-cost foods that are quick and easy. Each recipe on this site contains a Nutrition Facts Label and meets the recommendation of the *Dietary Guidelines for Americans*. Youth and leaders in 4-H foods projects can use these recipes in their after school programs and in foods contests. So, get online today to get some great ideas for dinner! <http://healthyrecipes.oregonstate.edu/>

## \*\*\*\*Scholarship Fundraiser!!\*\*\*\*

### Papa Murphy's Take N Bake Pizza

The Polk County Leaders Association is raising funds for Scholarships to graduating 4-H members. Please support their efforts by purchasing a Coupon card with lots of savings. Get 2 coupons for a 1-topping Family (giant size, not just large) for \$5.99, regularly \$10.99; 3-topping Family for \$7.99, regularly \$14.49; Gourmet Family for \$8.99, regularly \$14.99; Any pizza, any size - \$2.00 off; any family - \$3.00 off; 2 coupons for any 2 Family - \$5.00 off.

All this for only \$5.00. All proceeds go to the Senior Scholarship Fund. Buy several, give them as gifts. Grab a pizza after practice or before club for a quick dinner.

\*This coupon card is good at any Papa Murphy's and does not expire.

## Submit Club News Photos & Articles

Do you have some events or community service projects that you would like to share with others? The Clover Connection would like to feature it. All you need to do is submit your article and or photo (JPEG file) via email to [judi.peters@oregonstate.edu](mailto:judi.peters@oregonstate.edu). If sending it as an attachment, please use Microsoft Word.

\*\*\*\*\*

## Toxophilite 4-H Archery Club

Meetings will be at the fairgrounds @ 7:00 p.m.  
Monday, May 11

## Polk County 4-H Rifle Club

Meetings will be at the fairgrounds @ 7:00 p.m.  
Friday, May 15                      Monday, May 25

## Archery Mail-in Tournament

Placings of Polk County Members  
**March**

### Bare Bow

*Grade 5*

12<sup>th</sup> Logan Shamblin

*Grade 7*

4<sup>th</sup> Kalon Schmidt

7<sup>th</sup> Zachary McBride

*Grade 8*

2<sup>nd</sup> Drew Dyer

*Grade 9*

1<sup>st</sup> Emma Miller

*Grade 10-12*

1st Kelby Schmidt

4th Emily Crowe

6<sup>th</sup> Jeremy McBride

### Freestyle

*Grade 4,5,6*

10<sup>th</sup> Corbin Kirkman

37<sup>th</sup> Samuel Metzler

### Freestyle with release

*Grade 7-9*

12<sup>th</sup> Nathan Thompson

20<sup>th</sup> Tiffani Kazunas

*Grades 10,11,12*

1<sup>st</sup> Daniel Silberstein



Kountry Kousins 4-H Dairy Club attended the Tillamook County Young Dairy Judging Contest.

## 4-H Ambassadors Meeting

Monday – May 18, 7:00-8:30pm  
Academy Building. All 8<sup>th</sup>-12<sup>th</sup> grade 4-H members are invited.

## Polk 4-H Leaders Association Meeting

Thursday – **May 21**, 7:00-8:30pm  
All 4-H leaders are invited to attend.

## High School Senior Pictures Needed

Please bring a hard copy to the office or e-mail a digital photo to the OSU Extension Office ([judi.peters@oregonstate.edu](mailto:judi.peters@oregonstate.edu)). Pictures will be used for the County Fair bulletin board. Hard copy photos will be returned to you.

## Envirothon Team

Polk County was able to have two 4-H teams of five high school youth each at the Envirothon Contest May 1, at the Oregon Gardens. Both teams did very well. Congratulations!!

## Welcome New Leaders

**We are pleased to welcome these  
New 4-H Leaders**

A warm welcome to the new leaders joining our group of dedicated and caring volunteers.

**Shannon Moguel  
Mary Anna Enderle**

## NEW Leader Training

The steps to becoming a 4-H Leader are:

1. Fill out an application & background check
2. Have three good references turned in
3. Attend a training

You can start this process now by calling the Polk County Extension Office at: 503-623-8395

## PAY ATTENTION TO DEADLINES

Everyone is busy and has many activities going on at once. Part of the 4-H experience is learning life skills, like paying attention to details and deadlines. Our office staff is very busy and stretched thin to help everyone. Please focus on events you want to participate in and carefully read information about rules, filling out forms, and deadlines. Filling out forms neatly, completely and accurately; and turning in paperwork before the deadline (don't wait until the last day, hour, minute!), will save everyone headaches.

## EXTENSION OFFICE CHANGES

Due to budget cuts, beginning July 1<sup>st</sup> the Polk County OSU Extension Service will be open Monday, Tuesday and Wednesday, (from 8 a.m. – 12 noon & 1 – 5 p.m.) and closed Thursday and Friday. If we are closed on a work day, it is due to illness or staff shortage, and no one is available to be in the office. Because of reduction in staff hours, we will no longer be able to call or write and remind you about deadlines. It is up to you to get required paperwork and fees into the Extension office on time. Additional cuts are possible down the road. We sincerely regret these changes, and will do our best to help you with the limited time and resources now available to us.

## Things to Remember

- If your email address, mailing address, or any phone numbers change, please let us know right away so we can keep our enrollment info current.
- If your club is planning a fund raiser in the future, you must contact the Extension Office ahead of time so we know what, when and where you are planning your event.
- Cloverbud (formerly Adventure) Pre-4-H'ers in Grades K – 3, are not allowed to pick specific project areas to enroll in. They are to work with a variety of subjects as outlined in the Cloverbud curriculum and are not to handle any animals larger than Rabbits.

**Polk County Fairgrounds will open reservations for campsites  
July 24 @ 8:00am Call the Fairgrounds for more details. 503-623-3048**

**We need your email** address to send you notices when the newsletter is online or any important updates. We will only notify you that it is available online. We will not send the newsletter as it is a large file. You can download it from the Polk County Website at:  
<http://extension.oregonstate.edu/polk/4h>



## May

|    |          |                            |               |        |
|----|----------|----------------------------|---------------|--------|
| 7  | Thursday | Market/Auction Meeting     | PCFG – 4-H    | 6:00pm |
| 16 | Saturday | 4-H Center/Camp Open House | 4-H Center    | 1:00pm |
| 16 | Saturday | Camp Counselor Interviews  | 4-H Center    | 9:00am |
| 18 | Monday   | Ambassadors                | Academy Bldg. | 7:00pm |
| 21 | Thursday | 4-H Leaders Ass. Meeting   | PCFG – 4-H    | 7:00pm |
| 30 | Saturday | Pen of Fryers Contest      | PCFG          |        |

## June

|       |            |                             |           |
|-------|------------|-----------------------------|-----------|
| 16-18 | Tues-Thurs | Junior Master Gardener Camp | Arboretum |
| 19-21 | Fri-Sun    | Camelid Camp                | PCFG      |
| 24-27 | Wed-Sat.   | Summer Conference           | OSU       |
| 29    | Monday     | Outdoor Cooking             | PCFG      |

## For the Record

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