

OSU Extension Service Polk County

November/December 2009

The CLVER CONNECTION

4-H Leaders Association Executive Council

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Fairboard Representative

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Office Hours
Monday-Wednesday
8:00 a.m. – Noon
1:00 p.m. – 5:00 p.m.

Dear 4-H Families,

A great BIG thank you to all of our leaders, parents, 4-Hers, friends and all other wonderful helpers for your many hours taken to gather signatures for our Extension Ballot. We have reached our 8000 signature target!!!! The next step will be to have all those signatures counted and verified. We need to keep pressing on. Get 4-H out in the public. Provide exposure to the wonderful things 4-H does for our youth. Tell your story of the ways 4-H has changed your life. Share about the leadership, community service, and all the great things your clubs do. Let people know how much we need 4-H and the Extension Service so they will vote for us in May.

Judi Peters

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Oregon State UNIVERSITY **OSU** Extension Service

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Polk County 4-H Still needs your help!

Plan club events and publish them in the newspaper. Write letters to the editor. We need 4-H Publicity to help with public awareness of the OSU Extension Office.

Signature Gathering!!!!

Turn in any forms you have by Tuesday, Nov. 10.



*****We are ENROLLING clubs or leaders NOW.*****

If you do not have an active club, Sign up to be a resource leader to keep your leader membership active.

We need your Email Address!!

Because of budget cuts we are no longer be able to send the newsletter by snail mail. Please share with those interested in 4-H. We need your email address to send you a notice of when the newsletter will be available online at our Polk website - <http://extension.oregonstate.edu/polk/4h> We would also like to send updates, between newsletters, of upcoming events.

The 4-H National Youth Science Day was October 7. On that day, youth nationwide were engaged in a national science experiment. This year's experiment, "Biofuel Blast," helps youth to understand the process of making ethanol for fuel. The experiment and supporting materials were developed with the University of Wisconsin.

Biofuels are a blast

4-H National Youth Science Day gave young people nationwide the opportunity to join leading scientists in experimenting with biofuels to discover which ones will lead us to a sustainable future.

One Million New Scientists, One Million

New Ideas To ensure global competitiveness, we must act now to prepare the next generation of science, engineering and technology leaders. If you are interested or know of someone interested in starting 4-H science based clubs, contact Judi Peters



National Camping Institute 2010 ** March 16-20

**You are invited – to the 2010 National
4-H Camping Institute #10
March 16- 20, 2010**



Hosted by the faculty, staff and volunteers of the Oregon State University Department of Youth Development Education. Visit this site for the latest information on the NCI 2010 in Oregon. Our team is planning for a quality, in-depth educational experience, beginning with comfortable lodging and meals, based on Oregon products, at the **Oregon 4-H Center**

(<http://www.oregon4hcenter.org/>) in Salem, just an hour south of Portland. We will be offering two optional pre-

conferences workshops, three pre-conference tours, two key note speakers, 40+ seminar sessions and a day of tours to museums and outdoor sites that will give you a look at the beauty Oregon has to offer! Guest Speaker: **Dr. Jim Cain** Open to all leaders or anyone interested.

Registration [NCI Registration and Information](#)

Western Regional Leaders Forum Plan to join us in the Land of Enchantment!

The 2010 WRLF planning committee, New Mexico 4-H Leaders and New Mexico State University Cooperative Extension staff look forward to hosting you at the 2010 WRLF in Albuquerque. Come and experience the Land of Enchantment - New Mexico! The best rate for registration is due by December 15, 2009. Review [workshops](#), [teen activities](#), [tour descriptions](#) and [souvenirs](#) before going to the registration page. <http://aces.nmsu.edu/4h/wrlf2010/> Come prepared to learn, have fun and network with others.

Regional 4-H Leaders' Forums

The **Southwest Oregon 4-H Regional Forum will be held on Saturday, February 6, 2010** in Roseburg and Roseburg High School. We are now accepting workshop proposals from staff, volunteer leaders/teens and judges who would like to present at this event. Registration forms and workshop information will be available after December 15. Registration cost is \$10, which includes lunch. The Workshop Proposal Form is attached. All workshop proposal forms are due in Mona Easley's office by **December 1, 2009**. If you have questions contact Mona.

Volunteer Recognition

State Leader of the Year. The selection of a State Leader of the Year is one of the special tasks/honors of the Oregon Leaders' Association Executive Council. Nomination deadline is **January 1, 2010 for the selection of Oregon 4-H Leader of the Year 2009-2010.**

All nominees are acknowledged/introduced at the Spring Leaders' Forum. Each nominee, as well as the person chosen to be the Oregon 4-H Leader of the Year, will receive a framed certificate to acknowledge their contribution to the Oregon 4-H Youth Development Program. The Oregon Leaders' Association sponsors registration for each county Leader of the Year to attend the Oregon Leaders' Forum. They also provide a scholarship to help the Oregon Leader of the Year to attend Western Regional 4-H Leaders' Forum. These are ways the county fees paid to the Oregon Leaders' Association give back to the county groups.

The form for nomination of State Leader of the Year is on the State 4-H website at:

http://oregon.4h.oregonstate.edu/sites/default/files/LeaderOfTheYear_NominationForm.pdf

KNOW YOUR GOVERNMENT

A New Name for Know Your Government (KYG) = YOUTH VOICE, YOUTH ACTION

Volunteers have been making great suggestions during KYG each year. We have the opportunity to incorporate many of those suggestions in 2010. And with new opportunities - a new name for 2010.

Youth Voice, Youth Action (formerly known as KYG) will be:

Dates: Sunday, February 28 – Tuesday, March 2, 2010

Location: University Place Hotel and Conference Center, Portland, OR

Registration: \$155 (covers lodging for 2 nights, meals, speakers, program materials, and metro travel during the program).

Youth ages 13 to 19 are invited to attend. This program challenges young people to be responsible for self direction and active participation. Participants do not need to be 4-H members. The program is open to everyone.

Male and female chaperones will find this program interesting and engaging. Every chaperone will have an assignment to be involved with a group of teens throughout the “Youth Voice, Youth Action” program.

Scholarships: Although the location is different and educational program is evolving, opportunities to apply for a scholarship remain the same. About five individual scholarships are available each year. Teens can go to the state 4-H website, under Youth (activities), to complete a scholarship application.

More Dates: Scholarship applications are due to M. Lesmeister, **Monday, February 1, 2010.**

Scholarship recipients will be notified by **Friday, February 5, 2010.**

Registration deadline (with payment) is: **Monday, February 15, 2010**

If your office is closed for President's Day-forward registrations Friday, Feb. 12.

Program: Teens will be leading small groups, examining issues that are important to them, creating plans to take action in their local communities, applying skills for civic engagement, sharing, negotiating, public speaking, and more! The program also includes walking, meeting public officials, and representing the 4-H program each day.

National 4-H Congress Video and Fundraising

A video of the 2008 Oregon delegation's trip to National 4-H Congress is now available for viewing at <http://oregonstate.edu/media/cfskqv> . Please encourage your members to check it out and see if they might be interested in attending National 4-H Congress in the near future. Fundraising efforts for sponsoring the 2010 Oregon delegation's trip will be underway. Please donate today.

SUMMER CONFERENCE

The 2010 4-H Summer Conference is scheduled for **June 23-26, 2010**. We are excited to announce that we have booked Craig Zablock as our speaker. Below is the link to a YouTube video about him <http://www.youtube.com/watch?v=ONMJbjNqdHA>

Check the website for schedule updates; there have been some fairly significant changes to the 2010 schedule, including a later start time. We also have numerous partnerships for this year's events including working with the 4-H “million trees” <http://www.4hmilliontrees.org/> project for our community service and doing an activity with a campus based community change group “Peacejam” <http://www.peacejam.org/>

Prices for the 2010 conference will not change (\$200 per member), although look for bus fees to be restructured. We are just beginning the process of finding classes. If you have class ideas or have leaders who would be great teaching classes please let us know. Questions about Summer Conference can be directed to Roberta Lundeberg or Sara Miller.

National 4-H Poultry Judging Contest

MaKenzie Dyer, Bethany Reams, and Joshua Villwock will be on the Oregon 4-H State Poultry Judging team. Kasey Dixson, a Marshfield High School student and member of the Coos County 4-H program, will join our three high school youth from Polk County. All four team members received top scores at the Oregon 4-H poultry judging contest at the 2009 Oregon State Fair in August. The team is preparing to travel to the National 4-H Poultry Judging Contest held in conjunction with the National 4-H Poultry and Egg Conference in Louisville, Kentucky, November 18-19, 2009. Along with studying for the contest, team members are actively fundraising to cover their travel expenses. Donations for the team can be made to the Polk Leaders Association. For more information, please call the Extension Office at 503-623-8395.

New Guidelines for State 4-H Awards and State 4-H Resume

State 4-H Awards in Citizenship, Communication and Leadership are now eligible ONLY for Intermediate members (grades 7 – 9).

Guidelines for preparation of the State 4-H Resume have incorporated the following changes:

- * My 4-H Story” has been reduced in maximum length from 6 pages to 3 pages
- * The “Goals, Growth and Contribution” section of the “4-H Summary” has been omitted



LEADER INFORMATION

A leadership role can be for a short term, project related, resource person, or any way to fit your busy lifestyle. 4-H is so important in developing youth today. We need you as a **LEADER!!!** You can start this process now.

New Leader Trainings! We have online training available. If you or another adult you know is interested in becoming a 4-H leader please contact the Extension office (503) 623-8395. We are training leaders by appointment only through the holidays.

We are encouraging all leaders to take a refresher course also. In the comfort of your own home, and at your own time and pace, take the 4-H Volunteer E-Learning Course.

Additional Training for 4-H Leaders on the Web...e-Learning

Now available on line are four volunteer e-Learning Modules.

- 1) “About 4-H” provides information about the purpose, mission, philosophy of 4-H, connection to Land-Grant Universities; and other valuable partners and resources.
 - 2) “Positive Youth Development” helps us understand the essential elements of the 4-H education program, and ways to support positive development for youth in 4-H settings
 - 3) “Getting Started in 4-H” helps us learn about conducting meetings, understand after-school programs, and other ways to participate in 4-H.
 - 4) “Leadership and Teaching” suggests ways to facilitate “experiential (hands-on) learning in 4-H.
- *Each module involves interactive learning and requires 15-20 minutes to complete.

To access 4-H Volunteer e-Learning go the Oregon State University Extension 4-H website:
<http://oregon.4h.oregonstate.edu>

1. Click on Volunteer at the left, shaded information bar.
2. Under the heading, “Volunteer Orientation and Training” click on the Volunteer e-Learning Course
3. In the “Welcome” box, click on the link: <http://4h.wsu.edu/volunteertraining/>
4. Go to the left panel and click on the box, “4-H Volunteer e-Learning Course
5. Complete the four boxes: First Name, Last Name, State, Password=VOLUNTEER
6. Click on “About 4-H” to begin learning the first of the four e-Learning modules.
7. At the conclusion, when you click “submit” you will receive an e-mail to announce completion of the learning module.
8. When the CERTIFICATE OF COMPLETION is on the screen, you may fill in “Polk County” and print your certificate.
9. The state office and the County Extension office will receive notification that you have completed the modules.

Exciting Opportunities in 2010—Outbound 4-H Exchange Programs

Oregon 4-H will be offering outbound 4-H exchange programs to the following countries during the summer of 2010: **Australia, Japan, Norway, and Costa Rica**. All of the exchanges are approximately 4 weeks in length (Japan has both a 4-week and an 8-week program), and are chaperoned experiences that involve a host family stay while in the country. **Application deadline is January 7, 2010 for all programs.**

Complete details are also available on the Oregon 4-H web site: <http://Oregon.4H.oregonstate.edu>. Click on the 4-H World Citizenship icon located toward the bottom of the page.

4-H Japanese Exchange—Internship Program

This is an opportunity to spend to spend a full year living and learning in Japan. This program allows college-age (18-25) students to live with a Japanese host family while working on an independent study project, studying the Japanese language and working with the sponsoring Japanese exchange organization by assisting with workshops, camp, group activities for members in Japan, and orientation programs for 4-H Summer Exchange Program delegates in Japan.

Applications are due December 15, 2009

Serving Our Community

President Norbert Hartmann, Jr. – 4-H Foundation

A recent study by the journal *Science* shows that money can buy happiness – but only if you are giving it away. A research team found that happiness didn't correlate with personal spending, but rather with how much money people gave away to charity or friends. **Article found in the *Cornerstone* – a newsletter of the Oregon 4-H Foundation

Make a matching donation to 4-H and double your generosity. If you plan to make a monetary donation to Extension or 4-H, you may want to check with your employer to see if they'll match your contribution. Many companies do. Check this OSU website to see if your company is listed: www.matchinggifts.com/osufoundation/. If you want your donation to go to a specific program, you'll need to indicate that with your donation.

Another Community Service Opportunity—Holiday Mail to Deployed Soldiers

The American Red Cross with support of Pitney Bowes, is pleased to once again sponsor the Holiday Mail for Heroes. People can send their cards to the American Red Cross special mailbox from November 2 through December 7, 2009. For more information contact Laura Fields fieldsl@usa.redcross.org.

4-H Night with the Portland Trailblazers

Visit Rip City this year at 4-H Night with the Portland Trailblazers!! This is the third year Oregon 4-H has partnered with the team to provide this opportunity to our members, it is a lot of fun! This year's game is March 25, 2010. It's a Thursday evening game against the Dallas Mavericks and makes a great spring break family, club, or county wide activity.

The official flyer from the Trailblazers is still in production. Tickets are offered at a discounted price for our members and even in the 300 section you have a really good time.

We will have the opportunity to let 20 of our middle school and younger members high five the blazers before the game. Get your tickets early. They reserve a block of tickets for 4-H, however once the rest of the Rose Garden starts to fill up they release those tickets. All friends, family, and alumni are welcome. Don't miss out on the 40 anniversary of the Blazers franchise celebration!

<http://tickets.trailblazers.com/deals> Password: 4hnight

4-H WORLD Teen Retreat February 12-14, 2010

4-H Western Oregon Regional TEEN Leadership Development

This retreat is for youth in 7th-12th grade interested in: Developing leadership skills in a retreat setting; Meeting new people from other Western Oregon counties; Building self-confidence and self-awareness, Developing appreciation and encouraging involvement in community service; and Having fun.

Records!!!

4-H members can find their 4-H Record forms online at: <http://oregon.4h.oregonstate.edu/projects>
The permanent record can be downloaded as a MS Word file to fill in.

Now Online!

The following publications are now available online at the 4-H website: *Cast Ceramics (4-H 740) *Fashion Revue Manual (4-H 9202) *Fit It All Together Unit 2 Member Guide (4-H 9315) *Fit It All Together Unit 2 Leader Guide (4-H 9315L) *Knitting Skills (4-H 961) *4-H Officer Handbook (4-H 035) *4-H Secretary's Book (4-H 036) *Dairy Cattle Showmanship Guide (4-H 1116) *Poultry and Pigeon Advancement Program (4-H 1501R) *4-H Horticulture Advancement Guide (4-H 2301R) *Oregon 4-H Flower and Ornamental Growers Handbook (4-H 231)

New Publication CD Available Now

A CD containing all state supported 4-H resources is now available at the Extension office for our 4-H leaders. The CD has electronic pdf files of most State 4-H publications and other resources which can be quickly accessed and printed without relying on an internet connection. We hope this will be a useful and valuable item for our leaders. The CD was developed in order to provide volunteers who have **limited internet access** with the ability to download Oregon 4-H electronic publications. **All of the pdf files on the CD are also on the state 4-H website**, and we encourage those of you with fast speed internet access to that resource, especially since it reflects the most current set of learning resources offered by Oregon 4-H. The CD's can be copied and are at the Extension office if your club would like a copy.

The *Make It Yourself With Wool Contest*

Saturday, Dec. 5th @ Red Lion Hotel in Pendleton, Oregon. All contest winners, (Junior-age 13-16; and Senior-age 17-24) will receive an all expense paid trip to compete in The National Make it Yourself with Wool Finals sponsored by the American Sheep Industry Women in January 2008. Contact the Polk Extension office for entry forms or go online to: www.sheeporegon.com then to the MIWW section. Entry deadline Nov. 13th.

Club News:

Your Club can share its activities with other clubs by submitting a brief write-up and photos via email to: judi.peters@oregonstate.edu

Polk County Ambassadors

Any youth in grades 8-12 may be a part of our County Ambassador program. You will be sharing your story about 4-H, helping at different workshops, involved with different Community Service events and learning leadership skills to use with your clubs and throughout life. We are asking that any teens sign up for Ambassadors even if you cannot make the meetings. You will be on the email list for all information involving leadership. You will be notified of any local or state opportunities to serve and help share 4-H. Contact the Extension Office of your interest.

Camp Counseling Club

Open to 8th-12th grade students interesting in learning counseling skills to serve at any camp. The next camp meeting will be held at the Polk Fairgrounds, December 21. Call for times.



Some of the camp counselors participating in community Service – landscaping around the new gym at the 4-H Center.

Archery Club (Toxophylite)

November 12, 30 December 8, 29
Meet in Building C @7:00 pm

Rifle Club

November 10, 23 December 3, 21
Contact the Extension Office for more information

Relay for Life Spaghetti Dinner – Sponsored by The Achievers 4-H Club
January 16 @ Polk County Fairgrounds

Cookie Camp

Join us on Saturday, Dec. 15, 9:30-11:00 at the Polk Fairgrounds, 4-H building. You'll learn new tips and techniques for baking great cookies. You'll also get to bake and decorate cookies, and take home new cookie recipes. Get ready for the holiday baking season with this fun workshop! Space will be limited. To register, call 503-623-8395 or email Judi.

Greens Workshop – Table Centerpieces

Monday, December 14 @ 4:00-5:30 You will make a beautiful centerpiece out of greenery to take home for your Holiday Table or to give as a gift. Space is limited. Call/email to Register. Cost:\$2.00

Upcoming Events:

Survivor Camp hosted by Clatsop County

January 15, 16, 17. All counties are welcome and youth do not need to be in 4-H to attend.

Western Oregon Poultry Field Day

Saturday, January 23 @ Polk County Fairgrounds

4-H Critter Campus

Saturday, January 30, 2010 Polk County Fairgrounds, Rickreall (small animal educational workshops/clinic)

Rickreall Roundup – Sponsored by The Achievers 4-H Club

February 13 @ Polk County Fairgrounds

4-H WORLD (Western Oregon Regional Leadership Development retreat)

Friday, February 12-Sunday, February 14 4-H Center, Salem

4-H Performing Arts Camp

Week of Spring Break 4-H Center, Salem (dance forms, music, instrumental

Oregon Meat Goat Producers Spring Pen/Wether Sale and USBGA Show

March 27&28 – Polk Co. Fairgrounds



The 4-H Awards Luncheon was held Friday, October 28th, at the Polk County Fairgrounds. This award ceremony is designed to honor the outstanding 4-H Members in Polk County. The Award winners were selected based upon the information presented in their 4-H Record Book. While at the luncheon, winners were honored with a complementary lunch and award presented by their award sponsor. In addition, a commentary about the 4-H Members' achievement and experience was read accompanied with a power point presentation.

This year's award winners & sponsors are:

- Outstanding 1st Year Junior Makenna Setniker**
Ray's Home & Garden
- Outstanding Junior Katy Morrow**
N. John Hansen
- Outstanding Intermediate Olivia Miller**
Dallas Chamber of Com.
- Outstanding Senior Steffani Cavender**
4-H Leaders' Association
- Public Speaking Zach Odegard**
Polk Soil & Water Conservation Dist.
- Judging Zoe Estes**
Cloverdale Farms
Monmouth
- Record Book Emma Miller**
Fanning Farms
- Foods Lars Haugan**
Perrydale Goodwill Club

- Home Economics Lena Morrow**
Polk County Extension Alumni
- Art Bethany Schmidt**
Home Comfort, Inc
- Photography Lydia Domes**
Haugen's Galleri
- Engineering Gabe Darland**
Chemeketa C. C. Electronics Dept.
- Flowers Makayla Manzi**
Polk Co. Master Gardeners
- Garden Juli Peters**
Polk Co. Master Gardeners
- Natural Science Kang-Ho Brooks**
Polk County Farm Bureau
- Archery Nathan Thompson**
South Clackamas Vet Service
- Cat Sierra McBeth**
Friend of 4-H
- Dog Emilie Peterson**
Sue & Heather Badgett
- Rabbit Amber Kessler**
Old Mill Feed and Garden
- Poultry Emma Rees**
U. S. Bank
- Llama Rachel Tilgner**
Ruth Hansen
- Goat JJ Reams**
Woods Insurance
- Dairy Cattle Kyle Miller**
Janna Bakker
- Sheep Naomi Domes**
Bill & Emmy Domes
- Swine Michael Toma**
Dorothy Conley
- Horse Mia Caudillo**
Polk County Saddle-ites
- Livestock Jessa Darland**
Polk County Livestock Assoc.
- Leadership Daniel Toma**
Polk County OSU Extension Service
- Citizenship Jesse Peters**
Scharf Farms
- Club Community Service Kountry Kids 4-H Club**
Dorothy Jurgenson

The Clover Connection is available on line at: <http://extension.oregonstate.edu/polk/4H.php>

Agriculture, Family and Community Development, 4-H Youth, Forestry, and Extension Sea Grant programs. Oregon State University, United States Department of Agriculture, and Oregon counties cooperating. The Extension Service offers its programs and materials equally to all people.

