

# OSU Extension Service Polk County

September/October 2009

The

# CL<sup>4H</sup>VER CONNECTION

## 4-H Leaders Association Executive Council

**Daryl Eash**  
President

**Debbie McBeth**  
Vice President

**Nora Solvedt**  
Secretary

**Barry Ostrom**  
Treasurer

## Representatives

**Shawn Bussy-Stolk**  
West Salem

**Marie Vinson**  
Dallas

**Sue Reams**  
Independence—Monmouth

**Gail Bennett**  
Northwest County

**Marcia Eash**  
State Association Representative

**JoAnn Oswald**  
4-H Horse Leaders President

**Carol Harris**  
4-H Horse Leaders Secretary

**Norbert Hartman**  
Fairboard Representative

POLK COUNTY  
EXTENSION OFFICE  
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Dallas, OR 97338

(503) 623-8395

Office Hours  
Monday-Wednesday  
8:00 a.m. – Noon  
1:00 p.m. – 5:00 p.m.

Dear 4-H Families,

A great BIG thank you to all of our leaders, superintendents, parents and all other wonderful helpers for your many hours of self-less volunteering and your undeniable commitment to the youth of Polk County. Without you and all of your efforts, 4-H would not exist.

## Thank you for giving...

... of your Heart by donating countless hours even when you are tired.

...of your Hands with the work you do helping members complete their projects.

...of your Head through the sharing of your knowledge by teaching.

You should feel good about the work you do, thereby improving your Health.

It's true... You help make "the best better".

We appreciate you!

*Judi Peters*

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Oregon State UNIVERSITY **OSU** Extension Service

# Polk County 4-H needs your help - NOW!!!

It is so important that you take action now, before it is too late.

## Signature Gathering!!!!

Plan a time with your club to gather signatures to save our Extension Programs. Be sure to have all your family and friends sign the petitions. Anyone can gather signatures. Help us save our 4-H Programs.

A link for downloading the signature gathering petition is located on our Polk website.

<http://extension.oregonstate.edu/polk/4h>



**\*\*\*We will be ENROLLING clubs or leaders starting Oct. 5th.**

## We need your Email Address!!

Because of budget cuts we are no longer be able to send the newsletter by snail mail. Please share with those interested in 4-H. We need your email address to send you a notice of when the newsletter will be available online at our Polk website.

We would also like to send updates, between newsletters, of upcoming events.

## National 4-H Week - October 4-10

During National 4-H Week, the nearly 6 million 4-H members and over 500,000 adult and youth volunteers celebrate their involvement in 4-H. Your club should plan now to promote 4-H to the public and to recognize 4-H accomplishments. Set up a display at your library.

The 4-H National Youth Science Day is October 7. On that day, youth nationwide will be engaged in a national science experiment. This year's experiment, "Biofuel Blast," helps youth to understand the process of making ethanol for fuel. The experiment and supporting materials were developed with the University of Wisconsin.



## Now is the time to promote 4-H!

Community festivals, farmers markets, and back-to-school events are all great ways for you to share your love of 4-H with others! In the past we have had information booths, floats, hands-on activities, demonstrations, and games for youth. Your club may decide what you would like to do.

Farmers Markets                      September – Back to School events

If your club is interested in representing 4-H at one of these events or any other promotion opportunity, please contact the Extension office. Display boards, 4-H brochures, and other supplies are available at the Extension office for your use. Just give us a call to reserve any of the equipment and supplies.

## Western Regional Leaders Forum

### *Plan to join us in the Land of Enchantment!*

The 2010 WRLF planning committee, New Mexico 4-H Leaders and New Mexico State University Cooperative Extension staff look forward to hosting you at the 2010 WRLF in Albuquerque. Come and experience the Land of Enchantment - New Mexico! The best rate for registration is due by December 15, 2009. Review [workshops](#), [teen activities](#), [tour descriptions](#) and [souvenirs](#) before going to the registration page. <http://aces.nmsu.edu/4h/wrlf2010/> Come prepared to learn, have fun and network with others.

## Volunteer Recognition

**State Leader of the Year.** The selection of a State Leader of the Year is one of the special tasks/honors of the Oregon Leaders' Association Executive Council. Nomination deadline is **January 1, 2010 for the selection of Oregon 4-H Leader of the Year 2009-2010.**

All nominees are acknowledged/introduced at the Spring Leaders' Forum. Each nominee, as well as the person chosen to be the Oregon 4-H Leader of the Year, will receive a framed certificate to acknowledge their contribution to the Oregon 4-H Youth Development Program. The Oregon Leaders' Association sponsors registration for each county Leader of the Year to attend the Oregon Leaders' Forum. They also provide a scholarship to help the Oregon Leader of the Year to attend Western Regional 4-H Leaders' Forum. These are ways the county fees paid to the Oregon Leaders' Association give back to the county groups.

The form for nomination of State Leader of the Year is on the State 4-H website at:

[http://oregon.4h.oregonstate.edu/sites/default/files/LeaderOfTheYear\\_NominationForm.pdf](http://oregon.4h.oregonstate.edu/sites/default/files/LeaderOfTheYear_NominationForm.pdf)



### Be a 4-H Leader!

A leadership role can be for a short term, project related, resource person, or any way to fit your busy lifestyle. 4-H is so important in developing youth today. We need you as a **LEADER!!!** You can start this process now by calling the Polk County Extension Office at 503-623-8395. We have online training available.

### The *Make It Yourself With Wool Contest*

Saturday, Dec. 5<sup>th</sup> @ Red Lion Hotel in Pendleton, Oregon. All contest winners, (Junior-age 13-16; and Senior-age 17-24) will receive an all expense paid trip to compete in The National Make it Yourself with Wool Finals sponsored by the American Sheep Industry Women in January 2008. Contact the Polk Extension office for entry forms or go online to: [www.sheeporegon.com](http://www.sheeporegon.com) then to the MIWW section. Entry deadline Nov. 13<sup>th</sup>.

### Publications available for Market Animal projects

There is a publication available from Oregon State University Extension 4-H titled "Keeping your 4-H Market Animals Healthy". This is a great resource on how to prevent illness and practice good management of your market animal project. It is available online at:

<http://extension.oregonstate.edu/catalog/4h/4-h104.pdf>

### Sewing/Clothing Resource Materials

A leader guide, advancement record and project record form will be available for youth and leaders enrolled in the sewing/clothing project area. The leader guide is available online.

The new Advancement records and project records will be available soon.

<http://extension.oregonstate.edu/catalog/4h/4-h92101.html>

### Exciting Opportunities in 2010—Outbound 4-H Exchange Programs

Oregon 4-H will be offering outbound 4-H exchange programs to the following countries during the summer of 2010: **Australia, Japan, Norway, and Costa Rica.** All of the exchanges are approximately 4 weeks in length (Japan has both a 4-week and an 8-week program), and are chaperoned experiences that involve a host family stay while in the country. **Application deadline is January 7, 2010 for all programs.**

Complete details are also available on the Oregon 4-H web site: <http://Oregon.4H.oregonstate.edu>. Click on the 4-H World Citizenship icon located toward the bottom of the page.

## **Serving Our Community**

Make a matching donation to 4-H and double your generosity. If you plan to make a monetary donation to Extension or 4-H, you may want to check with your employer to see if they'll match your contribution. Many companies do. Check this OSU website to see if your company is listed: [www.matchinggifts.com/osufoundation/](http://www.matchinggifts.com/osufoundation/). If you want your donation to go to a specific program, you'll need to indicate that with your donation.

## **Local 4-H Members Selected for County Scholarship**

Congratulations to high school seniors **Anna Smith** from Willamina High School and **Jin-Hoon Brooks**, a Home School student, for being selected as Polk County 4-H Scholarship winners. They will each receive a \$500 scholarship to cover expenses at the college or university of their choice. These scholarship awardees show what exemplary 4-H members we have in our county. The recipients agree that the information kept in an accurate 4-H record book is the most important competitive advantage that 4-H members have. Many 4-H members think that record keeping is a drag, but an up-to-date record book can make the difference when the time comes to complete an application for a college scholarship, a job, or award.

## **What's black & white & read all over?**

Record books! Volunteers are needed to evaluate record books on Tuesday, September 29th. No experience is needed. Training is provided for first-timers. Meet at the Extension Office @ 9:00 am or anytime during the day. We need help for one or more hours or as long as you can stay. If you can help, call the Extension office @ 503-623-8395.

## **Finish your 4-H year with a bang!**

We'd love 4-Hers who were members in 2008-2009 to submit record books for evaluation. Most projects have advancement guides that are tools to help bring about planned, systematic, and self-motivated learning by the members. It offers developmental levels (called steps) of learning that are sequential. Advancement Guides challenge 4-H Members to obtain new skills and knowledge in their project each year. Once members have completed an advancement step, Leaders can present them with an advancement certificate, which can be obtained from the 4-H Office. Giving special recognition for this accomplishment will help to motivate other club members to achieve.



## **Record Books are due in our office by 5:00pm Wednesday, September 28th.**

Participants will have their achievements recognized at **Awards Night, 7:00 pm, October 12** @ the 4-H Building at the Polk County Fairgrounds. Intermediates and Seniors will receive County Medals and Juniors will be recognized. Mastering the skill of keeping records also helps in life beyond 4-H, for example filling out applications for colleges or jobs.

A special **Awards Luncheon will be held Wednesday, October 28<sup>th</sup>** for our Special County Awards. 4-H members can find their 4-H Record forms online at:

<http://oregon.4h.oregonstate.edu/projects> The permanent record can be downloaded as a MS Word file so you can fill it out on your computer.

## **Leaders Recognition Dinner**

Monday, November 9<sup>th</sup> @ 6:30pm at the Polk County Fairgrounds in the 4-H Building.

All Club Leaders and Resource Leaders are requested to attend a special dinner in their honor. We will have special speakers, awards, years of service recognition and a great time together. Nominations for officers may be given to the Extension Office.

## **Teen Leadership Areas**

### **Oregon Leaders Council**

The fall meeting of the Oregon Leaders' Association Executive Council will be held on October 9-10, 2009 at the 4-H Center. At present we several openings for youth representatives as their term is only a one year commitment. If you would be available to represent your county/district to attend two meetings a year in person and a couple more by phone, please follow the link below for this application as soon as possible. This is a great way to get some state leadership experience and have input for the Oregon 4-H program.

<http://oregon.4h.oregonstate.edu/sites/default/files/StateCommitteeApplication.pdf>

### **Camp Counseling Club**

Open to 8<sup>th</sup>-12<sup>th</sup> grade students interesting in learning counseling skill to serve at any camp. The first camp meeting will be held at the 4-H Center October 9<sup>th</sup>.

Contact Judi Peters for times. 503-931-2578

### **Polk County Ambassadors**

Any youth in grades 8-12 may be a part of our County Ambassador program. You will be sharing your story about 4-H, helping at different workshops, involved with different fundraising events, serving at the awards nights, and learning leadership skills to use with your clubs and throughout life. You will be notified of any local or state opportunities to serve and help share 4-H.

Contact Judi Peters of your interest, 503-931-2578

### **National Conference**

March 20-25, 2010 The National 4-H Conference is an annual event headquartered at the 4-H Center in Chevy Chase, Maryland. Events at the conference take place in the greater Washington D.C. area however the bulk of our time is spent at the 4-H Center or the Capital Mall. National Conference is an opportunity for 4-H members to network and gain ideas from 4-H'ers around the country. Although a wide range of programming may be presented the primary idea behind National 4-H Conference is promoting civic engagement. At the National 4-H Conference delegates discuss a variety of topics and ideas while visiting sites vital to our country's history and development. Delegates also meet with Oregon's representatives, senators, and their aides to ask questions and talk to them about the 4-H program. Oregon will most likely send four delegates to the National 4-H Conference depending on funds. It is important to note that this is not an "honorary trip" like National Congress. Delegates should be sincere about sharing what they learn with others in their region and the state of Oregon. **Applications must be physically at the State office October 30, 2009, no exceptions.**

## **Club NEWS**

Your Club can share its activities with other clubs by submitting a brief write-up and photos via email to: [judi.peters@oregonstate.edu](mailto:judi.peters@oregonstate.edu)

Archery and Rifle Clubs starting soon. Contact the Extension Office for more information.

Dog Obedience classes are starting. Contact the Extension Office for more information

The Clover Connection is available on line at: <http://extension.oregonstate.edu/polk/4H.php>

Agriculture, Family and Community Development, 4-H Youth, Forestry, and Extension Sea Grant programs. Oregon State University, United States Department of Agriculture, and Oregon counties cooperating. The Extension Service offers its programs and materials equally to all people.

