Dear 4-H Families,

**Record Keeping is an important part of life!!** We all recognize that keeping records is not an activity most of us enjoy or remember to do on a regular basis, but keeping records is a necessary part of life, so one of the goals of 4-H is to help teach members how to develop good record keeping skills.

This year 4-H Records will be **REQUIRED**!

In order to exhibit at Fair this coming year, a 4-H’er will need to have their record book approved. We will have the static superintendent or volunteers check off records on Monday at Fair and several of the superintendents or volunteers to check off the animal records on Wednesday of Fair. We are planning several workshops that leaders and members may attend to learn how to keep records. If you are not available those dates, call the 4-H Extension Office to make other arrangements.

Only one Community Service and one 4-H Activity/Participation are required for your permanent record plus your project record. Market members already enter all this information for the rate of gain. Just a little more and your record book is acceptable. It is not required to have the year completed at turn-in time.

Let’s all encourage each other to “Make the Best, Better”.

Judi Peters
4-H
OSU Extension Service
P.O. Box 640, Dallas, OR 97338
(503) 623-8395
judi.peters@oregonstate.edu
National 4-H Week - October 3-9
Help us let Polk County know about the great 4-H program we have during National 4-H Week, October 3-9, 2010. This year’s theme is “Taking the Lead.” When you look at the local 4-H program you find young people taking the lead in addressing today’s challenges. 4-H is a place where young people explore, learn and discover in a safe environment. In 4-H, youth find their true passions, gain confidence and give back to their community.

What can you do to help celebrate 4-H? How about:
Putting up a poster at your school, store or other community location.
Talking to your teacher and your class about your 4-H project and what you have learned in 4-H.
Setting up a display at a community location such as the library or bank.
Arranging an interview at a local radio station about 4-H and your involvement.
Wear a t-shirt or any 4-H logo to school

***Let’s all try to spread the word and help build this great program.***

The 4-H National Youth Science Day is October 6. On that day, youth nationwide will be engaged in a national science experiment. You may check out the kit and do the science experiment at any time with your club.

***We are ENROLLING clubs and leaders***
Please try to get all of your club members enrolled by December 31.
We have a state deadline to meet. We will accept new club members until April 1.

We need your Email Address!!

Be a 4-H Leader!
A leadership role can be for a short term, project related, resource person, or any way to fit your busy lifestyle. 4-H is so important in developing youth today.

We need you as a LEADER!!! You can start this process now by calling the Polk County Extension Office at 503-623-8395. If you know someone who would be a good leader, or assistant leader, please take the time to tell him/her about 4-H. We are always happy to talk to potential new leaders. The process for becoming a leader is simple and must be completed before a leader may enroll in the 4-H program. New leaders must complete an application, reference, criminal background check. New leaders must attend new leader training, complete the new leader home study program, or the on-line volunteer e-learning course at: http://oregon.4h.oregonstate.edu/elearning-course

Western Regional Leaders Forum
Cruise from Seattle, WA to Alaska and back for the 2011 Western Regional 4-H Leaders Forum, May 7-14, 2011. This year’s forum will take place on a Holland America Line cruise ship. Enjoy exciting presentations, 4-H leader workshops, groups events, a Murder Mystery activity & awards ceremony. The cruise will focus on the natural and cultural beauty of Alaska and the Northwest. You will enjoy Alaskan seafood and produce. A park ranger will provide commentary and native interpretation while cruising at Hubbard Glacier. An Alaska Travel Guide will share insight on Alaskan culture, geology, wildlife and history. Check the website for registration and cruise prices. Multiple cabin styles are available to choose from. To receive special 4-H fares, the cruise must be booked through the 2011 WRLF website: http://4h.wsu.edu/conferences/2011wrlf/. Final payment is due February 21, 2011. Check out the FAQ document link as well as the Cancellation Policy and Insurance Information links prior to registering. Some scholarships for current 4-H leaders will be available from the Polk County 4-H Leaders’ Association.
Volunteer Recognition

State Leader of the Year. The selection of a State Leader of the Year is one of the special tasks/honors of the Oregon Leaders’ Association Executive Council. Nomination deadline is January 1, 2011 for the selection of Oregon 4-H Leader of the Year.
The form for nomination of State Leader of the Year is on the State 4-H website at: http://oregon.4h.oregonstate.edu/sites/default/files/LeaderOfTheYear_NominationForm.pdf

Exciting Opportunities in 2011—Outbound 4-H Exchange Programs

The Oregon 4-H program is offering opportunities for teens to travel to: Australia, Cost Rica, and Japan next summer.
Application deadline is January 7, 2011 for all programs. Complete details are also available on the Oregon 4-H web site: http://Oregon.4H.oregonstate.edu. Click on the 4-H World Citizenship icon located toward the bottom of the page.

National 4-H Conference

If you are in the 10th or 11th grade (15 years old by January 1, 2011) and would like some adventure, you might consider applying to be part of a delegation from our state to go to the National 4-H Conference in Washington, DC. Oregon will be sending a small delegation, probably four delegates. Most of the costs associated with this trip are covered; however, delegates are expected to contribute $200 to their registration fee (scholarships may be available from the Polk County 4-H Leaders Association). Members will get to meet with our elected officials on Capitol Hill and talk with them about the 4-H program; they are also expected to be active participants in their county in the Oregon 4-H Program. Applications are due to the State 4-H Office October 29 and the conference is held April 2-7, 2011. Applications can be found at: http://oregon.4h.oregonstate.edu/national-conference

Citizenship Washington Focus

Oregon 4-H youth are invited to attend Citizenship Washington Focus, a week in Washington, DC at the National 4-H Center. The experience includes tours of our nation’s Capitol and the DC area. Oregon has reserved space during the week of July 3-9, 2011. The Oregon 4-H program will make arrangements for this week only, although Oregon 4-H members are welcome to make arrangements directly for one of the other weeks. Registration is due January 15, 2011. Cost for the trip is only $747, not including airfare.
To learn about this great opportunity, go to: http://www.citizenshipwashington focus.org. Contact Marilyn Lesmeister (Marilyn.Lesmeister@oregonstate.edu) for more information.

The Make It Yourself With Wool Contest

Saturday, Dec. 4th @ Sun River Resort. The competition is open to pre-teens 12 years and under; juniors, 13 – 16 years; seniors 17 – 24 years; adults 25 years and older and the category ‘Made for Others’ is open to any age. Entry deadline is November 12, 2010. For more details and/or registration forms, visit www.oregonmiww.com or call Oregon MIWW Director Maureen Krebs at 541-422-7548. Those not in 4-H may enter also.

Sewing Project area!
Simplicity, Butterick & McCall’s Pattern Companies offer a variety of craft and clothing patterns to 4-H members at $1.00 each. Stop by the OSU Extension Service to see the fall/winter 2010 Simplicity patterns. You can view the Butterick & McCall’s patterns on line at sewcoolinschool.com, but you still need to place your order at the OSU Extension Service. An order will be placed when sufficient quantities are pre-ordered. Orders for patterns must be pre-paid.
Records
4-H members can find their 4-H Record forms online at: [http://oregon.4h.oregonstate.edu/projects](http://oregon.4h.oregonstate.edu/projects). The permanent record can be downloaded as a MS Word file so you can fill it out on your computer. In addition to being able to pick up 4-H materials from your local OSU Extension Service office, you can now download many directly from the Web.

**4-H Support Materials**: [http://oregon.4h.oregonstate.edu](http://oregon.4h.oregonstate.edu)
This is the 4-H state website. From the home page click on “Projects”. Materials are organized by project area. Check here for project scorecards and records.

**4-H Curriculum/Project Materials**: [http://extension.oregonstate.edu/catalog/4h/](http://extension.oregonstate.edu/catalog/4h/)
This is the 4-H catalog on the OSU Extension Communications website. Materials are organized by project area. This includes project curricula.

**State committees are recruiting youth and adults.** Committee descriptions and applications are online at: [http://oregon.4h.oregonstate.edu/staff-advisory-councils-and-committees](http://oregon.4h.oregonstate.edu/staff-advisory-councils-and-committees). Depending on your committee interest, applications need to be submitted by **October 15** or **February 1**. Committees currently recruiting members include: Horse; OR 4-H Foundation; OR 4-H Leaders’ Association Council; Summer Conference; Expressive Arts; Home Economics; Natural Sciences & State Fair Board of Trustees. Applications are due Aug. 1 for the dog, livestock & small animal projects. Due to limited space on committees, filling out the interest form does not guarantee placement. Because some committees meet infrequently, there may be considerable time between when the form is submitted and when the volunteer is contacted.

**POLK COUNTY MARKET AUCTION COMMITTEE!**
So have you wondered how the market auction works? Have you had some ideas that you’ve either seen or heard about that you think might be usable and helpful for auction? Do you like to help out and make a difference? Well…we’d love to hear from you…but better yet, we’d love to have you come on board and help out.

You’ll be able to assist the committee in making sure things are done not only throughout the year, but that we’re ready to roll the night of auction. This doesn’t happen overnight and the more hands we have helping, the lighter the load on everyone! We have numerous pieces to help with, including:

- Weigh-ins, both in March for Beef and in May for Swine, Sheep & Goats, as well as Fair, including Small Animals at Fair
- Helping out with various responsibilities needed during auction night
- Assisting photographers during market auction animal photos
- Getting things input from results of Fair, into the auction book for auction night
- Marketing the auction and helping send Thank You’s afterwards, with cards & ads
- Helping run animals into and out of the arena during the auction and keeping the public out of the way of the animals and the kids in the auction
- Many more, but important pieces of leading up to and during the auction
- Knowing you are making a difference in the lives of many….PRICELESS!

*All Clubs doing Fundraising Activities **must** notify the 4-H Office.*

**Record Keeping Workshop**
Thursday, November 18, 2010
Polk County Extension Office @ 7:00-8:30pm
Any leaders or members may attend!
You must call to register 503-623-8395  (leave a message)
It’s a D.R.A.G!
Dog rally and agility gala. Saturday, November 6, 2010
Clatsop County Fairgrounds Arena Fun Match Ribbons awarded and fabulous raffle.
Contact Sally @ 503-325-7161 youngsriver@yahoo.com Hosted by: Classy Canines 4-H Club

2010 Fall Crazy Ribbon Schooling Show - OFEA APPROVED
October 16th at Hopper’s Arena in Monroe
office opens at 8 am - show to start at 9:00 am
for copies of entry blank go to: extension.oregonstate.edu\benton\4h
Questions ????? Call Lynne Miller (541) 847-5938

HOCUS POCUS 4-H HALLOWEEN SMALL ANIMAL SHOW
OCTOBER 16TH AT LINCOLN COUNTY FAIRGROUNDS NEWPORT OREGON
For more information, contact Jennifer Roberts 541-992-3779

Club NEWS
Your Club can share its activities with other clubs by submitting a brief write-up and photos via email to: judi.peters@oregonstate.edu

Camp Counseling Club
Open to 8th-12th grade students interesting in learning counseling skills to serve at any camp.
Contact Judi Peters for times. 503-931-2578

Polk County Ambassadors
Any youth in grades 8-12 may be a part of our County Ambassador program. You will be sharing your story about 4-H, helping at different workshops, involved with different Community Service events and learning leadership skills to use with your clubs and throughout life. We are asking that any teens sign up for Ambassadors even if you cannot make the meetings. You will be on the email list for all information involving leadership. You will be notified of any local or state opportunities to serve and help share 4-H.
Contact the Extension Office of your interest.
Kick-Off: Monday, October 18th, 7:00-8:30pm @ Polk County Extension Office
Contact: Judi Peters 503-931-2578

Archery Club (Toxophylite) Rifle Club
November 2, 15 December 6, 22 November 10, 30 December 14, 27
Contact the Extension Office for more information.

State Fair Champion Ribbon Winners – http://extension.oregonstate.edu/polk/formspublications
All 4-H clubs that have a bank account or raise money must submit a club financial report for the 2010 year.

The GreenThumbers 4-H Club helped out at Frey’s Dahlias Open House, The club made arrangements from their beautiful flowers. One arrangement was selected by the caterer to be used at the “Extreme Makeover” Volunteer Recognition Dinner at the School for the Deaf. What an honor!

Congratulations to Barbara Griffin-Webb and all the 4-H Dog Members that showed at State Fair!!!! You all did a fantastic job! Check out the large article in the Itemizer/Observer, September 27th.