

TILLAMOOK TIDES

TILLAMOOK COUNTY 4-H FAMILY NEWSLETTER



(503) 842-3433
2204 FOURTH ST.
TILLAMOOK, OR 97141

Fall 2009

Welcome to the 2009 – 2010 4-H Year

The new 4-H year begins October 1, 2009 and runs through September 30, 2010. As you start the new year, here are just a few ideas to consider:

- 1. Re-enroll early to maintain your 4-H membership.** Re-enrollment in 4-H is required every year for both 4-H members and leaders. Those who were enrolled last year will continue to receive 4-H mailings through January 1. Accident insurance and OSU tort liability expired September 30 for those members and leaders who have not re-enrolled. New this year is a \$15/member 4-H participation fee due by January 31. See article on page 2 of this newsletter for more information. All 4-H families were recently mailed a letter detailing current enrollment policies & fees.
- 2. Remember to close out 2008-09 4-H records as of September 30** and to *start new project records beginning October 1*. Plan to attend the **records closing workshop**, Tuesday, **October 13**, 7:00 p.m. at the OSU Extension Service meeting room.
- 3. Attend the 4-H Recognition Dinner** on Sunday, **October 11** at 1:00 p.m. in the Tillamook High School cafeteria. Help us honor our outstanding 4-H members and leaders.
- 4. Help plan the 2009-10 4-H program** by attending the 4-H Leader's Quarterly Meeting, **October 26**, 7:00 p.m. at the OSU Extension Service office. Bring your ideas for 4-H trainings and activities.

The OSU Extension 4-H staff is looking forward to a great new 4-H year. You can contact us at the OSU Extension Service in person at 2204 Fourth Street in Tillamook, by phone; 503-842-3433, by FAX; 503-842-7741, through our web site <http://extension.oregonstate.edu/tillamook> or via e-mail:

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4-H Enrollment for Youth and Leaders

The Enrollment Deadline is January 31, 2010!

EVERYONE... new members, previously enrolled members, existing leaders, and new leaders all need to be COMPLETELY enrolled at the OSU Extension Service Office in Tillamook by January 31, 2010!

**Fees: \$15.00 State 4-H Fee—\$30 Maximum per family
 \$2.00 Tillamook County 4-H Insurance Fee
 For a total of \$17.00 per member.**

(for the first 2 family members plus \$2 for each additional family member)

Complete enrollment means youth & parents have done the following:

- ✓ Completed 4-H Enrollment form
- ✓ Code of Conduct & Health Form completed & signed (back of enrollment)
- ✓ Fees paid to the OSU Extension Service

Complete leader enrollment for existing leaders means:

- ✓ Completed 4-H Leader Enrollment Form
- ✓ Leader Code of Conduct signed
- ✓ Conditions of Volunteer Service form on file
- ✓ Insurance Fee paid to OSU Extension Service

New leaders also need the 3 forms above, plus:

- ✓ Voluntary Background Check form
- ✓ 4-H Volunteer Service Application

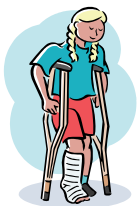
Enrollments lacking any of the above will not be accepted.

If youth miss the enrollment deadline, they may still enroll in 4-H, but will pay an increased enrollment fee. Enrollment forms were mailed directly to all 4-H families in mid-September.

If you know of someone that has not been enrolled in 4-H and plans to join for the next year, please have them call or drop by the OSU Extension Service office at 2204 Fourth Street in Tillamook, 503-842-3433. For more information please see our website: <http://extension.oregonstate.edu/tillamook/>



Accident Insurance



Accident Insurance is provided for all 4-H members and leaders, including independent members. This policy covers members and leaders as they participate in 4-H activities, as well as travel to and from 4-H activities. The cost is \$2.00 per member or leader. This fee should be submitted to the OSU Extension Service office with your 2009-2010 4-H enrollment forms and fees. Members enrolled in more than one 4-H club should pay their fee to with their first enrollment.



4-H Membership Policy

If you would like more information about 4-H membership policies and privileges and details of the 3 criteria that establish 4-H membership you can find the policy on our website at <http://extension.oregonstate.edu/tillamook/4h-policies>

The most commonly asked question is about grade divisions: 4-H membership is defined using four divisions:

4-H Cloverbud:	Kindergarten, 1 st , 2 nd , and 3 rd graders
Juniors:	4 th , 5 th , 6 th graders
Intermediates:	7 th , 8 th , 9 th , graders
Seniors:	10 th , 11 th , 12 th graders



General Announcements & Events

Countywide 4-H Get-Together & Record Book Session



4-H members, parents and leaders are invited to a county-wide, end-of-year get together on **Monday, October 13** from 7 to 8 p.m. at the OSU Extension Service meeting room to help you close out last year's record books and begin new records for the coming year. Please bring your current record book. You may pick up any new records or materials during the event. Also please bring your completed 2009-2010 4-H enrollment form or plan to complete one while you are here.



Farm Fest Looking for 4-H Assistance

Farm Fest will be held on **October 28 & 29**, 2009 at the FFA Pumpkin Patch on Gienger Road. Farm-Fest is an agricultural awareness field day held for elementary students in Tillamook County. It is held during the school day so that the students may participate in a field trip. 4-H is a co-sponsor of the project. We have provided animals for the kids to pet and learn about. We are looking for 4-H members that would like to help teach elementary students about their projects and/or to bring animals to share. The 4-H exhibit will be housed in a tent. If you have a club that would like to share some other agricultural information, such as gardening, please talk to us.

4-H members that wish to help need to make arrangements with their teachers to miss a day of class so that they can assist with this educational program. If you or your club would be willing to help please contact the Extension Office, 503-842-3433, as soon as possible. Also contact us if you need additional information.



4-H Fall Afterschool Program



Acres of Adventures in Agriculture - Tuesdays, October 13 - November 17. An afterschool agriculture program for kids in the 3rd to 5th grades. Have fun learning about the world of agriculture and life science. Topics include general agriculture awareness and animal husbandry. There will be hands-on activities, games and arts and crafts in each category. We will make ice cream, have a taste testing day and write with invisible ink. Classes are from 3:15 to 5p.m. on Tuesdays starting Oct 13 for 6 weeks. Cost is \$20.00 for 4-H members (\$35 for non-members). Financial assistance is available. Space is limited, so register early. Classes will be held at the OSU Extension Service meeting room. Kids can ride the bus to the OSU Extension Service from school. Parents please be prompt in picking up children.



4-H Thanksgiving Break Day Camp



Magical Winter Creations Day Camp - November 23 – 24. For kids in 2nd to 5th grade. Get a jump on the holiday spirit. Spend 2 days making gifts and crafts. Projects include making ornaments, gift bags, and other seasonal crafts.

This Day Camp will be held at the OSU Extension Service meeting room from 9 a.m. to noon each day. Cost is \$20.00 for 4-H members (\$35 for non-members). Financial assistance is available. The cost includes supplies for the crafts. For our young crafters to have the best use of their time, please be prompt with pick up and drop off.



4-H Chess Club Begins New Year



Youth in grades K through 12 who like to play chess or who would like to learn to play chess are invited to join the Tillamook Honorable Lords & Ladies 4-H Chess Club. The club will meet after school on Fridays from 3-5 p.m. at the OSU Extension Service meeting room, 2204 Fourth Street in Tillamook. The first meeting for the year will be Friday, **October 23**.

Club members will learn about chess through demonstrations, activities and lots of playing time to improve skills. They will also have the opportunity to compete in tournaments as their skills improve. Interested youth must complete a 4-H enrollment form that is signed by both the member and a parent.

There is a \$17 4-H participation and insurance fee payable to the OSU Extension Service plus an \$18 club fee to cover supplies payable to the club. Youth in grades K-2 should be accompanied by an adult. For more information contact Wendy Flett, 503-815-8095.



Too Many Ribbons, Trophies, or Medallions?



Do you have an overabundance of 4-H ribbons, trophies and medallions? Then think about recycling them by returning them to the OSU Extension Service office in Tillamook. Each year we buy thousands of ribbons and the cost is taken out of the money given to the 4-H program by the Tillamook County Fair for premiums.

- ✓ Ribbons can be recycled as long as they are in good condition and there is no writing on the back.
- ✓ Trophies can be reused by replacing the plate on the trophy and sometimes by changing the top. You can peel off the plate from the trophy and put the engraved plate, along with a photo in a scrapbook. Trophies are purchased by the 4-H Leaders' Association and cost \$18 each, so recycling can save money.
- ✓ Medallions can also be reused, saving the Leaders' Association \$8 each. Next time you clean up, think recycling.



Clubs Challenged to Raise Funds for “Kids Helping Kids” Community Service Project



Tillamook County 4-H clubs are challenged to participate in the “Kids Helping Kids” 4-H Community Service project to provide shoe vouchers in Christmas Baskets this year.

Some ideas for fundraising include bake sales, petting zoos, raffles, car washes, etc. Vouchers will be placed in Christmas baskets in early December, but donations can be made anytime during the year.

Take the challenge: raise funds to provide new shoes for Tillamook county children who can't afford them.



Fundraiser – Your Help Needed



The Tillamook County 4-H Leader's Association, under the leadership of Pam Abrams, has established a county-wide fundraising activity to raise funds for the 4-H Kids Helping Kids program. You can help by collecting and turning in the following items:

- ♥ **Santiam canned & frozen vegetable labels** (Santiam labels include Flavor Pak and Flavorite) – Labels are worth 5 cents each. Turn in the whole label with the UPC symbol in one piece to the OSU Extension Office.
- ♥ **Drink pouches** – Collect and recycle any brand of juice drink pouches (no juice boxes!). The 4-H Leader's Association will receive 2 cents per drink pouch. Contact Pam Abrams, 503-392-4644 for pick up or bring them to Pam at the 4-H All Leader Meetings scheduled at 7 pm on October 26, 2009, January 25, 2010 or April 26, 2010. Drink pouches will be sewn together by Terracycle to make bags sold at participating retail stores.
- ♥ **Energy bar wrappers** – Clif Bar, Balance Bar, Luna, and Nature Valley wrappers. Turn in the whole label to the OSU Extension Office. Labels are worth 2 cents each. Wrappers will be recycled into cool new products which are sold at major retailers.



National 4-H Conference Application Due



If you are in the 10th or 11th grade and would like some adventure, you might consider applying to be part of a delegation from our state to go to the National 4-H Conference.

This year Oregon will be sending four delegates. The cost to the member is \$200 plus incidentals, all other costs (about \$1100) are covered. This is not an honorary trip (like National Congress) but a working opportunity. Members will get to meet with our elected officials on Capitol Hill and talk with them about the 4-H program; they are also expected to be active participants in their county the Oregon 4-H Program.

Applications are due to the State 4-H Office **October 30**, 2009 and the conference is held March 20-25, 2010 (Spring Break). Applications can be found at: <http://oregon.4h.oregonstate.edu/national-conference>



Lego Robotics Program Update



The 4-H Lego Robotics program is taking members ages 9 to 14 for teams to compete in the 2010 First Lego League (FLL) competition “Smart Moves.”

Teams meet on Wednesday afternoons beginning in October. Teams will compete in the FLL “Smart Moves” competition held in Portland in early December.

Cost for 4-H enrollment is \$17 and FLL registration and supplies is \$25. Call the OSU Extension Service, 503-842-3433, in Tillamook for Lego robotics club leader contact information.



Lego Donations Requested

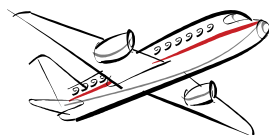


Looking for a way to recycle those Legos or Bionicles that your children or grandchildren have outgrown? The 4-H Lego program needs Lego & Bionicle pieces to use at club meetings. Donations of used or new Lego or Bionicle pieces are requested.

Bring donations to the OSU Extension Service, 2204 Fourth Street in Tillamook between 8:00 a.m. and 5:00 p.m., Monday through Friday. Donations are tax-deductible.



2010 Outbound 4-H International Exchange Programs



The Oregon 4-H program is offering opportunities for teens to travel to: Australia, Cost Rica, Japan and Norway next summer.

Additional information and complete application materials are available on the state 4-H website (<http://oregon.4h.oregonstate.edu/4h-world-citizenship-project-overview>).

Application deadline is **January 7, 2010** for all programs.



4-H Japanese Exchange Internship Program



Spend a full year living and learning in Japan. This year-long program allows college-age (18-25) students to live with a Japanese host family while working on an independent study project, studying the Japanese language and working with the sponsoring Japanese exchange organization.

Applications due **December 15, 2009**. Program includes: airfare, lodging with a Japanese host family, medical insurance, and monthly stipend.

For complete information and application materials check the following web sites

Lex Intern <http://www.lexlrf.org/exchange/index.html>

LABO Intern <http://www.labo-exchange.com/intern.html>



Kids Need More Than Sports for Positive Growth

The 5 C's

Competence
Confidence
Character
Connection
Caring

Engaging in youth development programs produces caring, competent teens, research finds

If you want your children to flourish, get them involved in extracurricular activities other than sports, new research suggests.

Children in fifth, sixth and seventh grades who took part in both sports and after-school activities such as Boys & Girls Clubs, 4-H or Scouts had the highest scores for "positive development" and the lowest scores for risky and problem behavior, according to a study from Tufts University, published recently in *Developmental Psychology*.

"Positive development" includes measures of competence, confidence, character, connection and caring, the study authors explained.

About 60 percent of U.S. children participate in at least one sport, making sports the most common after-school activity, according to information in a news release from Tufts.

Although a large body of research suggests that sports participation is associated with psychological well-being, positive social development and higher academic and professional achievement, some research has shown that participation in sports may be linked to some risky behaviors.

The new study, which looked at data on 1,357 adolescents who took part in the 4-H Study of Positive Youth Development, found that those students who only took part in sports had lower scores on characteristics of "positive development" and higher scores on bullying, substance use and depression than students who also took part in youth development activities.

"Parents should be certain that their teens balance participation in sports and in youth development programs," said Richard Lerner, professor of child development at Tufts University School of Arts and Sciences in Boston. "Participation in even one youth development program may counteract possibly detrimental influences of sport participation on teen emotional and behavioral health, while also enhancing the health and well-being of their sons and daughters."

Youth development programs are after-school activities that involve adult mentorship, life skills training and opportunities for leadership, according to the study.

More information

The National Youth Development Information Center has more on youth development programs.

Source: US News & World Report, Health Day News, September 2, 2009, <http://health.usnews.com/articles/health/healthday/2009/09/02/kids-need-more-than-sports-for-positive-growth.html>



4-H Leader Announcements & Opportunities

Wanted: 4-H Leaders

Help! We have kids waiting for 4-H clubs and need new 4-H leaders in a variety of projects, especially clothing (sewing), foods, gardening, photography, woodworking, and cloverbuds (K-3rd grades). If you know someone who would be a good leader, or assistant leader, please take the time to tell him/her about 4-H. We are always happy to talk to potential new leaders. Let us know at the OSU Extension Service office 503-842-3433.



The process for becoming a leader is simple and must be completed before a leader may enroll in the 4-H program.

- ◆ New leaders must complete an application.
- ◆ References are checked after the application is received.
- ◆ A criminal background check is done after application is received.
- ◆ New leaders must attend new leader training, complete the new leader home study program, or the on-line volunteer e-learning course at:
<http://oregon.4h.oregonstate.edu/elearning-course>

Once this process is complete, the new leader completes a 4-H enrollment form along with the members in their club and receives project materials.

As a matter of protection for yourself and for the youth you may work with, volunteers are asked not to act like, talk like or work with youth as a "4-H leader" until the entire process is complete. This is why it is very important that volunteers begin the process now. If you know of a parent or member that is considering serving as a 4-H volunteer, please let them know these dates and the process.



Tillamook County 4-H Leaders Association Quarterly Meeting

There will be an All 4-H Leader Meeting Monday, **October 26**, 7:00 - 9:30 p.m. at the OSU Extension Service office Meeting Room, 2204 Fourth Street, Tillamook. The purpose of the meeting is to plan programs and dates for the coming year and to evaluate changes needed to better the 4-H program. The schedule will be as follows:

7:00	Business Meeting Election of 4-H Leaders Association Officers/Youth Representatives
7:15 - 8:00	All Leaders Overall fair evaluation Proposed leader/member trainings
8:00 - 9:00	Project Area Meetings (Home Ec., Dairy, Horse, Livestock) Evaluate 2009 fair Suggest changes for 2010 fair Suggest Judges Propose project specific trainings
9:00 - 9:30	All Leaders Set 2009-2010 4-H Calendar Discuss possible fair rule changes

All 4-H leaders, teen leaders and junior leaders are encouraged to attend. See you Monday, **October 26**, 7:00 p.m. at the OSU Extension Service meeting room.



4-H New Leader Orientation Scheduled

New 4-H Leader Orientation has been scheduled for **Tuesday, November 10**, 6:30-9 p.m. at the OSU Extension Service meeting room in Tillamook. All new 4-H leaders are required to attend New 4-H Leader Orientation, complete the new leader home study program, or the on-line volunteer e-learning course at: <http://oregon.4h.oregonstate.edu/elearning-course> before they may be enrolled as a 4-H leader. This is your chance to meet other 4-H leaders and share ideas and concerns.



4-H Fund-Raising Policy Announced

4-H clubs that are planning a fundraiser for their club or the 4-H program should complete the “4-H Club Fundraising Application” at least one month in advance of their proposed activity. Applications are available from the OSU Extension Service in Tillamook or at <http://extension.oregonstate.edu/tillamook/4h-policies>.



The reason for the policy is so that the 4-H Leader’s Association can make sure the activity is appropriate for 4-H, abides by 4-H policies and so that we will know what is happening throughout the county if we receive calls at the OSU Extension Office about 4-H fundraising activities.

Please remember that 4-H leaders are not covered by OSU/4-H liability when conducting fundraisers and that all funds raised in the name of 4-H must be used for 4-H, not for individual/personal gain. In the event that a 4-H club disbands, any club funds/assets revert to the Tillamook County 4-H Leaders Association for the benefit of the 4-H program. Raffles are discouraged by National 4-H Council and State 4-H policy. Contact Joy, Nancy or Tanya for more information.



Tips for Planning Community Service Projects

It is important for youth to learn about and complete community service. Research indicates that adults are more likely to volunteer in their community if they did so as a youth.



Start by asking the 4-H members what interests them. Perhaps they are concerned about animals, senior citizens, safety, or environmental issues. Then find out if they match a need in your community. Remember, younger children need more assistance in planning and carrying out a project, while older youth are can do more on their own.

Not only will community service projects make an immediate difference, the long-range benefits are great. Youth are empowered when they see the changes they make in their world. They learn the benefits of teamwork and experience satisfaction in helping others.

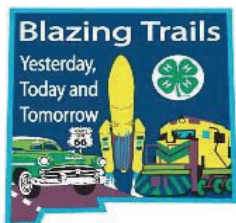


4-H Members with Special Needs

If you have members in your 4-H club with disabilities/special needs who need special accommodations for participation in 4-H, please contact the OSU Extension Service well in advance of the activity/event. Inclusion of all 4-H members in activities and events is a goal of the 4-H Youth Development Program.



Western Region Leader Forum



Save **March 11-14, 2010** to exchange 4-H ideas with hundreds of 4-H volunteers from 13 different states who are attending the 2010 Western Region Leaders' Forum in Albuquerque, New Mexico.

Teen and adult volunteers attend this annual forum. In addition to dozens of educational workshops and interesting keynote speakers, participants will see new 4-H products, have social time, be motivated at award dinners, choose local tours and more. Details and registration at: <http://aces.nmsu.edu/4h/wrlf2010/>



State 4-H Committee Applications Due

The following State 4-H committees are recruiting for new youth and adult members. Descriptions of committees, and application forms are available at: <http://oregon.4h.oregonstate.edu/staff-advisory-councils-and-committees>.

Applications need to be submitted electronically to sara.miller@oregonstate.edu or mailed to the state 4-H office no later than **October 15, 2009**:

- * Horse
- * Livestock
- * Home Economics
- * Expressive Arts
- * Oregon 4-H State Fair Board of Trustees
- * Oregon 4-H Leader's Association Executive Council
- * Small Animal
- * Dog
- * Know Your State Government
- * Summer Conference at OSU



Due to limited space on the committees, filling out the interest form does not guarantee placement on a committee. Because some committees meet infrequently, there may be considerable time between when the form is submitted and when the volunteer is contacted.



4-H Materials On-Line!

In addition to being able to pick up 4-H materials from your local OSU Extension Service office, you can now download many directly from the Web.

4-H Support Materials: <http://oregon.4h.oregonstate.edu>

This is the 4-H state website. From the home page click on "Projects". Materials are organized by project area.

Tillamook County OSU Extension Website: <http://extension.oregonstate.edu/tillamook>

The 4-H section at this site includes 4-H enrollment forms, registration forms for various 4-H events, current and back issues of the Tillamook Tides 4-H newsletter, annual calendar, and more.

4-H Curriculum/Project Materials: <http://extension.oregonstate.edu/eesc>

This is the OSU Extension Communications website. From here click on "Publications & Multimedia Catalog" and then "4-H Youth" at the bottom of the page. Materials are organized by project area. Items on this page include project curricula, record sheets, fair exhibit cards & score sheets.



Fair Wrap Up

County Fair Exhibits



341 4-H members exhibited a total of over 1,900 4-H exhibits or contests at the 2009 Tillamook County Fair. 4-H Exhibits were up in Lego Robotics, Goats, Photography, Horticulture, Rabbits and Poultry. There are still a few fair exhibits left at the OSU Extension Service office. Exhibits may be picked up at the Tillamook County OSU Extension Service office weekdays between, 8:00 am - 5:00 pm. All items remaining after **Thursday, October 1** will be donated to charity or discarded.



Tillamook 4-H State Fair Results

126 Tillamook County 4-H members participated in 4-H classes or contests at the 2009 Oregon State Fair. This included a total of 338 classes. Brianna Armitage led the way with 17 different entries. Following is a list of special awards winners as provided by the Oregon 4-H program.



Grand Champions

Bush, Hayden	Dairy Cattle, Brown Swiss, 3 & 4 Year Old
Hale, Cady	Dairy Goat, Crossbred, Aged Doe
Measor, Kim	Dairy Cattle, Jersey, 3 & 4 Year Old
Rocha, Grant	Dairy Cattle, Holstein, 3 & 4 Year Old
Rocha, Scott	Dairy Goat, La Mancha, Mature Doe

Reserve Grand Champions

Bush, Hayden	Dairy Cattle, Jersey, 2 Year Old
Kaste, Kristen	Dairy Cattle, Holstein, Two Year Old

Champions

Armitage, Brianna	Vegetables, Plate Exhibit
Ayers, Sara	Fiber Arts, Patchwork, Intermediate
Burnett, Paige	Foods Judging Contest, Phase 2-3
Bush, Hayden	Dairy Cattle, Showmanship, Senior
Crist, Garryn	Lego Robotics, Junior
Crossler-Laird, Yun Joo	Clothing, Phase 3, Personal Accessory
Forster, Lisa	Dog Obedience, Pre-Novice, Senior
King, Ryann	Crocheting, Phase 1, Hands for Larger Service
Martin, Markita	Clothing, Phase 1, Wearable Accessory
Martin, Markita	Clothing, Phase 1, Garment
Neary, Wesley	Poultry, Pen of Laying Hens
Porter, Shelby	Dairy Cattle Showmanship, Intermediate
Reeder, Benjamin	Poultry, Pullet, Non APA Standard Bred Large Fowl
Reeder, Johnathon	Pigeon, Homer, Old Hen
Reeder, Katie	Knitting, Phase 1, Non-wearable item
Rhoads-Greever, Racheal	Rabbit, Flemish Giant, Intermediate Doe
Rocha, Scott	Dairy Goat, La Mancha, Intermediate Doe Kid
Rocha, Scott	Dairy Goat, La Mancha, Mature Doe with Records
Schwend, Paul	Foods, Unleavened or Flat Bread
Springs, Brad	Sheep, Suffolk, Flock
Tillamook Team	Clothing Judging Contest, Phase 1
Tillamook Team	Clothing Judging Contest Phase 4-6
Turpen, Mari	Fiber Arts, Quilting, Machine Stitched, Senior
Wetzel, Jason	Food Preservation, Canned Fish, Meat or Poultry
Wetzel, Vance	Foods, Yeast Bread
Wetzel, Vance	Food Preservation, Canned Vegetable or Tomato
Wetzel, Vance	Food Preservation, Canned Pie Filling
Wetzel, Vance	Food Preservation, Cooked Jelly



Continued next page.....

Tillamook 4-H State Fair Results, Continued

Whalen, Emily
Whalen, Emily
Whalen, Nathan
Woods, Austin
Zweifel, Jordan

Dairy Goat, Alpine, Junior Doe Kid
Dairy Goat, Alpine, Mature 2 year old Doe
Dairy Cattle, Holstein, Intermediate Heifer Calf
Dairy Cattle, Jersey, Junior Yearling heifer
Clothing Judging Contest, Phase 1

Reserve Champions

Andreasen, Cailyn
Baertlein, Alix
Chesnut, Madison
4-H Chess Club
Coughlin, Carrie
Crist, Garryn
Cummings, Emma
Cummings, Emma
Cummings, Emma
Fladstol, Elliana
Forster, Lisa
Forster, Lisa
Garcia, Maria
Leslie, David
Noregaard, Samantha
Olson, Kelly
Prince, William
Reeder, Benjamin
Reeder, Johnathon
Rocha, Scott
Schriber, Jeremy
Solano, Sophia
Spring, Brad
Thomas, Shelby
Tillamook Team
Tillamook Team
Tillamook Team
Tillamook Team
West, Eileen
Whalen, Nathan
Whittles, Rebekah
Zuercher, Natalie

Vegetables, Plate Exhibit
Dog Obedience, Novice, Intermediate
Clothing Judging Contest, Phase 1
Educational Display, Other
Art, Oil Painting, Senior
Lego Construction Display, Junior
Clothing Phase 3, Garment
Herbs, Fresh Cut, Intermediate
Container Gardening, Patio Planter, Intermediate
Art, Collage or Mosaic, Junior
Dog Obedience, Novice, Senior
Dog Showmanship, Senior
Crocheting, Phase 1, Wearable Item
Clothing, Phase 1, Personal Accessory
Clothing Judging Contest, Phase 1
Dairy Cattle Showmanship, Intermediate
Swine, Hampshire, January Gilt
Pigeon, Performing, Young Hen
Pigeon Showmanship, Senior
Dairy Goat, La Mancha, Junior Doe Kid
Container Gardening, Potted Vegetable, Junior
Knitting, Wearable Accessory
Sheep, Suffolk, Ewe and produce
Art, Casting, Modeling or Assembling, Senior
Foods Judging Contest, Phase 1
Foods Judging Contest, Phase 2-3
Foods Judging Contest, Phase 4-6
Clothing Judging Contest, Phase 2-3
Clothing, Phase 4, Personal Accessory
Dairy Cattle, Holstein, Junior Yearling Heifer
Clothing Judging Contest, Phase 2-3
Photography, Special Effects, Junior

Senior Champion

Rocha, Scott

Dairy Goat, La Mancha, Mature Doe



Thanks from the Tillamook County Fair Board

The Fair Board and Fair Manager Jerry Underwood want to thank 4-H members, leaders and parents for helping with the annual clean-up of the fairgrounds prior to the fair.

There is always a lot of preparation needed to get the fairgrounds ready for fair and looking the best it can. It was nice to have different groups working different days to get their particular areas clean and ready for fair without having to work around others that were trying to clean another area. Please let the members and parents who helped with the clean-up know that their efforts were appreciated.



Home Economics

Low Cost Patterns Available



Simplicity, Butterick & McCall's Pattern Companies offer a variety of craft and clothing patterns to 4-H members at under \$1.00 each. Stop by the OSU Extension Service to see the fall/winter 2009 patterns. An order will be placed when sufficient quantities are pre-ordered. Orders for patterns must be pre-paid.



62nd Annual Make It With Wool Contest



Seamstresses, knitters and crocheters sought for 62nd annual Make It With Wool Contest. To help celebrate Pendleton Woolen Mill's 100th year, Oregon Sheep Growers invite those who sew, knit and crochet to sign up now for the 2009 Make it With Wool Contest set for December 5, at the Red Lion Hotel in Pendleton, Oregon. The competition is open to pre-teens 12 years and under, juniors, 13 – 16 years, seniors 17 – 24 years, adults 25 years and older and the category 'Made for Others' is open to any age. Entry fees are \$10 per garment; entry deadline is **November 13, 2009**. For more details and/or registration forms, visit www.oregonmiww.com or call Oregon MIWW Director Maureen Krebs at 541-422-7548.



Autumn Festival Classes Scheduled for Adults & Teens

The annual OSU Extension Autumn Festival classes will be held on **Saturday, October 24**. Classes feature gardening, natural resources, cooking & crafts. There is a \$7 fee per class or 3 classes for \$20. Contact the OSU Extension Service at 2204 Fourth Street in Tillamook to pre-register. Classes will include:

Gardening

Raised Beds, Cloches, Cold Frames
Winterizing Ponds & Water Features
Composting
Beyond Daffodils & Tulips
Transplanting Shrubs & Trees

Cooking/Crafts

Harvest Medley with Susie
Comfort with Local Razor Clam Chowder
Making & Decorating a Fall Twig Wreath

Natural Resources

Rising Waters: Floods & Managing Your Streamfront Property



Polar Fleece Hat Workshop



There will be a polar fleece hat-making workshop, **Wednesday, November 11, 2-4 pm** at the OSU Extension Service office to make hats for the Tillamook Co. Head Start program. Everyone is welcome to participate. There are both sewing and non-sewing tasks available. Elementary age youth should be accompanied by an adult to assist with sewing/cutting activities (leader, parent or other responsible adult)

Fabric, sewing machines and supplies will be provided (but feel free to bring your own sewing machine). Those donating polar fleece suitable for children's hats are encouraged to bring the fabric to the OSU Extension Office by November 6 so that it can be pre-cut for the hats. Donated fabric pieces need to be ½ yard minimum.



Animal Science

Planning Meeting for 2009-2010

Animal science project leaders should attend the 2009-2010 4-H Planning Meeting on Monday, **October 26**, at 7:00 p.m. at the OSU Extension Service meeting room. We need you to provide input on the dates of events for the coming year, what classes should be presented at 4-H Super Saturday, and the selection of next year's judges. If you cannot attend, please contact Joy at 503-842-3433 to provide your input.



Cloverbud Members Cannot Work with Livestock, Horses, or Dogs



“Cloverbuds” is the Kindergarten-3rd grade program for 4-H club members. Because of their age and stage of development, there are some special requirements about what these youngsters can and cannot do in 4-H. For example, they do not participate in competitive activities. They also cannot work with most animals.

Cloverbud members can have no direct contact with horses, cattle, sheep, pigs, llamas, goats, or dogs in any 4-H activity, including 4-H club meetings. It is fine for Cloverbud members to learn about these animals with their club, but they may not handle them in any way while with their club or leader.

Cloverbud members may work with rabbits, cavy, or poultry in 4-H as long as they are also exploring other projects during the year. Please contact the OSU Extension Service office for more information about our small animal and non-animal project curricula for Cloverbuds.



4-H Animal Science Project Materials On-line

4-H Animal Science project materials are available on-line at <http://oregon.4h.oregonstate.edu/animal-science-projects>

Be sure to look there for the most recent Contest Guides and the latest publication about Keeping Your 4-H Market Animals Healthy (4-H 140).



Upcoming Shows

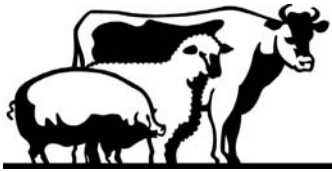
Registration forms for the following show are available at Tillamook OSU Extension Service, or call (503) 842-3433 for more info

4-H Crazy Ribbon Schooling Show, **October 10**, 2009, Benton County Fairgrounds, Corvallis. Horse show.

4-H Critter Campus—Saturday, **January 30**, 2010 Polk County Fairgrounds, Rick-reall. Small animal workshops & clinic.



Is Your 4-H Project Really Over?



Now that fair is over, many 4-H members think that they have wrapped up their project until next year. But have you?

Have you completed your records for your project? Records are not just something that your leader requires of you to show at fair. They should be a tool that you can use to improve your 4-H projects. It is important to close last year's records. They should be closed on **September 30th**. If you need assistance, plan to attend the record book workshop and countywide 4-H get-together on Tuesday, **October 13, 2009** at 7 p.m.

It is useful to spend some time and really do a thorough job of completing your records. If you had a market animal project, you need to know if you made or lost money on it. How much did you pay for feed for your project, etc? Records should be used to help you make informed decisions about your project for next year. Did your animal make weight for the auction? Did your breeding animals produce young when you wanted them to? Were your lambs too old or too young for the market or breeding class that you wanted to use them for? If they didn't fit their class (too old/young, or too heavy/light), then you should adjust your breeding schedule, your feeding program, and/or your health care program.



Many animal science projects are ongoing projects, so it is important to treat them that way. You should be keeping feed and health records on these animals throughout the year. It is really hard to "create" records in July if you have not kept important information throughout the year. Horse and dog members should be keeping track of the time they spend with their projects and the new skills they are learning, as well as the expense of keeping their projects.

Once you have completed last year's record and looked at your progress on last year's goals, it is the best time to decide on your goals for the coming year. For instance, you may have gotten a red ribbon in trail horse class, so you may choose to set a new goal of attending at least one trail horse clinic and to spend more time training for this class. It is a good idea to look at these new goals throughout the year to remind yourself of what you are hoping to accomplish or learn this year.



Speaking of learning, this is also a good time to look at your project advancements and to have your leader or parent help you check off those things that you have learned or done. It is also a good time to look at what new items you want to work on for the coming year.

Utilizing your records and the advancement program can help you get more out of your 4-H project. They are useful tools when you take a little time throughout the year to work on them. If you would like to meet with Joy to review your project, to help close your records, or to help make plans for next year, please call 503-842-3433 to make an appointment.





4-H Calendar of Events

October 2009

EO = Extension Service office
 NCRD = No. Coast Rec. District
 TCF = Tillamook County Fairgrounds
 THS = Tillamook High School
 TJHS = Tillamook Jr. High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Enrollment Begins for all Returning 4-H Members & Leaders	2	3
				PNW Horse Judges Training, October 1-4		
4 PNW Horse Judges Training cont...	5	6	7	8	9	10
National 4-H Week October 4-10						
11 4-H Recognition Dinner, 1 pm-3pm, THS	12	13 Afterschool Ag, Grades 3-5, Tues 10/13-11/17, EO Record Book Session & Get-Together 7-8 pm, EO	14	15 Applications for 4-H State Council & Committees are Due at State 4-H Office	16	17
18	19	20	21	22	23	24 Autumn Festival Classes 9am-3pm, EO
25	26 4-H Leader's Qtrly Meeting, 7 pm, EO	27	28 Farm Fest at FFA Pumpkin Patch on Gienger Road	29	30 National 4-H Congress Applications Due at State 4-H Office	31



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November 2009

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10 4-H New Leader Orientation 6:30 - 9:00 p.m. EO	11 4-H Polar Fleece Hat Workshop 2-4 pm, EO	12	13	14
15	16	17	18	19	20	21
22	23 Magical Winter Creations Day Camp Grades 2-5, 9am-noon, EO 4-H Leaders Exec Board Mtg, 7 pm, EO	24	25	26 OSU Extension Service Closed Thanksgiving	27 OSU Extension Service Closed Thanksgiving	28
29	30					



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