

# TILLAMOOK TIDES

TILLAMOOK COUNTY 4-H FAMILY NEWSLETTER



(503) 842-3433  
2204 FOURTH ST.  
TILLAMOOK, OR 97141

March/April 2010

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### Welcome Gideon Wehage !!



Future OSU Beaver, Gideon Daniel Wehage made his entry early, by his own choosing, on February 22, 2010. He was born by c-section at 1:42 pm and weighed in at 7lbs 12oz, and 21 1/2 inches long.

“Big brother and sister were in love with him immediately. The family is adjusting well and Tanya and Jon are getting their “baby legs” back and are pleased to know that you never really forget how to hold a baby. Gideon and mom are resting and doing well.



### How to Reach Us



You can dial directly to the 4-H staff member you wish to speak with or you can always call 503-842-3433 to reach the general reception/front desk area.

- 503-842-5708 ext. 212** Joy Jones, Agriculture and 4-H Youth Development
- 503-842-5708 ext. 213** Nancy Kershaw, Family, Community & 4-H Youth Development
- 503-842-5708 ext. 220** Tanya Wehage, 4-H Education Prog. Assistant (on maternity leave)
- 503-842-5708 ext. 216** Sherry Vick, 4-H Secretary



*Newsletter prepared by: Nancy Kershaw, Family, Community & 4-H Youth Development Agent; Joy Jones, Agriculture and 4-H Youth Development Agent; Tanya Wehage, 4-H Program Assistant; Sherry Vick, Layout & Design*



Extension Service  
Tillamook County

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## General Opportunities & Activities

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### 4-H Rummage Sale



The Tillamook County 4-H Leaders have scheduled a 4-H Rummage (Garage) Sale on Saturday, **April 10**, 9 a.m.-3 p.m. (bag sale from 2-3 p.m.) Please save your good used stuff (no computers, televisions, stereo, exercise equipment, used cosmetics or torn/stained clothing or underclothing) and donate it to the Tillamook County 4-H Leaders Association (this is a tax deductible donation). Donations can be delivered to Fairview Grange on Friday, April 9, 1 – 6:00 p.m.

Leaders, parents and members are needed to help with set-up on Friday from 1 p.m. until we're done and on Saturday after the sale for clean-up. Youth volunteers under 7th grade must be accompanied by an adult. Please contact the OSU Extension Service (503-842-3433) and let us know when you are available to assist.



### Wanted: Coordinator for 4-H Ice Cream Booth at Fair



The Tillamook County 4-H Leaders Association is accepting resumes for the position of Tillamook Ice Cream Booth Coordinator. This supervisory contract paid position will plan, develop, coordinate and oversee the operation of the 4-H/TCCA fundraising ice cream booth during the 2010 Tillamook County Fair.

Submit resume in person or mail to the OSU Extension Office, 2204 Fourth Street, Tillamook, OR 97141; attention Tillamook 4-H Leaders Association Executive Board Officers no later than **April 10**. A complete job description is available at the OSU Extension Office or request via e-mail [gtherrien@embarqmail.com](mailto:gtherrien@embarqmail.com). For more information, contact Ginny Therrien at 503-812-4248.



### 4-H Spring Break Day Camps



Are you looking for something to do during spring vacation? Check out the OSU Extension Service Day Camps that are open to public, private and home school students. To register, contact the OSU Extension Service, 503-842-3433.

**Spring Break “From the Forest to the Sea” Day Camp** - Explore “From the Forest to the Sea” in the day camp for 2nd- 5th graders, **March 22-26**, 9 a.m.-3 p.m. at the North County Recreation District (NCRD) in Nehalem. Learn about watersheds and the forest. Cost is \$40 for 4-H members, \$55 for non-members.. Sign up early, space is limited.



**Earth Day Craft Camp** - Come enjoy two days of Earth Day crafts and games for youth in grades 1 to 3, **March 22 & 23**, 9 a.m.—2 p.m.. Cost \$25 for 4-H members or \$40 for non-members. Bring a sack lunch.



### National 4-H Center

If you are planning a trip to Washington DC, consider staying at the National 4-H Center. The National 4-H Center is open to 4-H members, leaders and their families. Rates are reasonable. Check out their website: <http://www.4hcenter.org/>



## Spring Home & Garden Classes Scheduled



4-H leaders and teen 4-H members (7<sup>th</sup> grade and up) are invited to attend the Spring Home & Garden Classes, Saturday, **May 1** at the OSU Extension Service. A variety of gardening and foods/nutrition classes will be offered. A complete list of classes and descriptions will soon be available at the OSU Extension Service.

Pre-registration is suggested by April 23 to assure class availability. Day of event registration is welcome on a space-available basis. **Cost per class is \$7.00 or 3 classes for \$20.**



## 4-H Camp



Don't miss out on the fun at 4-H Camp **June 27-July 2**. Youth in grades 4-8 will enjoy swimming, canoeing, the rope swing, crafts, and evening campfires. The camp will have a "wild west" theme this year.

Cost is \$195 (or \$255 with the horseback riding option). Partial scholarships are available through the Tillamook County 4-H Leaders Association. Scholarship applications are due **April 26**. Look for camp brochures in your mailbox in March.



## Record Book Assistance Available

Leaders, if you would like to have Nancy or Joy come to one of your club meetings to give 4-H members help with permanent or project records, call the office at 842-3433. This winter or spring would be the best time to schedule these meetings.



## Tillamook County Quilt Trail



Come one, come all! The Tillamook County Quilt Trail Committee is working on Phase II and will be painting wooden quilt blocks to be mounted at various downtown locations, including the OSU Extension Service building. If you are interested in learning more about the Tillamook County Quilt Trail, you can read about it on their website <http://www.tillamookquilttrail.org>

If you are interested in painting with us, please contact Teri Fladstol at 503-842-8483 or [tfladstol@embarqmail.com](mailto:tfladstol@embarqmail.com). We do not have dates yet, we are waiting to get the scribed blocks from the High School. Thanks!



## Keep Your Children Safe



Help us keep your children safe by providing appropriate supervision at 4-H activities, especially in public places like the fairgrounds. **It is the parents' responsibility to provide supervision for their children.** Do NOT assume that the club leader, other volunteers, or the 4-H staff are watching your children. These folks are managing the activities; not the participants.

If you cannot be present with your children at 4-H activities, be sure to make arrangements with another adult you trust to do so. Remember that 4-H activities are often open to the general public; so there is no way to ensure a risk free environment. Keep your children safe – know the risks and watch your children.



## Bring Japan Home to Oregon & Your Family

Bring the world into your home this summer by hosting a Japanese student! These young people are excited to learn about your family's customs and culture, your values, food, clothes, and lifestyles. But, mostly they want to make friends with other young people and try communicating in English!



The exchangees of this program range in age from 12 to 18 years old. The Japanese teenagers will stay with their American host families from mid July through mid August. Host families share one thing in common – a willingness to welcome a Japanese youngster into their home as a family member, not as a tourist or special guest but as a new son or daughter. Families are required to have a child who is the same sex and who is close in age to the Japanese youth. Singles, families with younger, grown or no children, and retired couples are welcome to host an adult chaperone for two weeks.

The Japanese delegates want to experience the ordinary daily life of an Oregon family, so no special trips or entertainment is needed. They look forward to doing family chores, learning new games, shopping, trying new foods, and sharing their own Japanese culture, foods and customs with their host family. The Japanese youth are happiest when sharing a room with their host sister or brother.

Living with a Japanese 'son' or 'daughter' will expose your family to a new way of communicating. Once they overcome their initial nervousness and start to feel at home, the Japanese youth generally open up with more and more English. However, communicating with gestures, using a dictionary and phrase book provided for the host families and speaking '*through the heart*' are the most effective ways to communicate. Bilingual chaperones also accompany each delegation.

The costs of hosting a Japanese student are minimal. The Japanese Organizations provide complete medical insurance and students bring their own spending money for souvenirs and personal purchases. Hosts are not required to be 4-H members to participate, although participation in some sort of 4-H activity during the stay is highly encouraged.



Clatsop and Tillamook Counties are each looking to place four girls and boys with host siblings ages 15 to 17. Exchange youth and host siblings are matched by common interests.

Placements are being made now. Applications are being taken until May 1, 2010. Host family applications and additional information about this or other 4-H opportunities are available by contacting Clatsop County Coordinator Melissa Padgett at (503) 325-9011 or at [wpadgett@pacifier.com](mailto:wpadgett@pacifier.com) or at the Clatsop County Extension Office (503) 325-8573. You can also go to the website <http://Oregon.4h.oregonstate.edu/Japan%E2%80%9494summer-hosting-program> for the hosting application. You will need the Application and two reference forms and one disclosure forms for each person who will be in the home during the exchange period (mid July to mid August) and is over 18 years of age.



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# 4-H Leadership, Scholarship & Travel Opportunities For Teens

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## Master Gardener College Scholarships Available

# \$1,000

The Tillamook County OSU Extension Master Gardeners are offering up to \$1000 for a college scholarship. Applicants must be attending, or be a graduate of a local high school, private school or home-school with a GPA of 2.5 or higher who will be attending any community college, junior college, university, technical/vocational school. Preference will be given to applicants who are enrolled, or plan to enroll in the Horticultural, Botanical, Forestry, or Agricultural sciences, but all are encouraged to apply. Upper classmen, graduate students and non-traditional students are encouraged to apply. Details, criteria, and applications are available at the OSU Extension Service at 2204 Fourth Street in Tillamook, . The deadline is **April 1**.



## Seeking Exceptional Future Scientists

The Oregon 4-H program is seeking 48 middle school youth to participate in Summer Science Camp at OSU. Check the Oregon 4-H website (<http://oregon.4h.oregonstate.edu/summer-science-camp>) in early March for applications. The application deadline is **April 16, 2010**.

Students apply for this two-week residential camp, to be held August 2-13. **The full cost of the camp's education program, field trips, food and lodging will be covered by a scholarship for those students selected to participate.** Selection will be based on academic commitment (not necessarily performance) and teacher recommendations. The 4-H program particularly wants to receive applications from females and students from rural areas.



This is an opportunity to attend a college quality camp experience! It includes innovative programs in science, technology, engineering and mathematics. Youth work in labs, visit researchers and teaching professors, travel to the Oregon coast and enjoy a wide range of recreational options. Students live in the dorms with their assigned "camp family" including college and adult staff.



## 4-H Summer Conference



Watch for more information about 4-H Summer Conference, **June 23-26**. Summer Conference is an opportunity for over 300 4-H members, grades 7-12, to travel to Corvallis, explore campus life, make new friends, and have a lot of fun. While there, participants attend classes on a wide variety of subjects; just a few classes from last year include a marine trip, rifle, knitting, Greek life, and a tour of OSU.

Members arrive on campus Wednesday afternoon (charter bus will be available for a small fee). The conference begins with a speaker and fun activities. Thursday and Friday are full of classes, a community service project, and evening activities including a pool party and a dance.



Cost is only \$200 and includes lodging in an OSU dorm, meals and activities. Scholarships are available to enrolled Tillamook County 4-H members. Scholarship requests are due by May 17. Registration begins May 3 and closes on June 1.



## 4-H Outdoor Skills Rendezvous Camp

High school students – are you interested in outdoor survival, sport fishing, aquatic ecology, shooting sports, outdoor cooking, or challenge and adventure activities?



Register for the 4-H Outdoor Skills Rendezvous Camp which will be held **July 20-24** at the Oregon 4-H Center. If you are currently in grades 8 through 12, this camp is for you! Cost is \$155 until May 1 (\$180 thereafter).

Find forms and details on the state 4-H website at <http://oregon.4h.oregonstate.edu> Financial need scholarships are available from the Tillamook County 4-H Leader's Association.



## 4-H Art Materials Available



Two publications in Art are available at the OSU Extension office for members in grades 7 through 12. They are based on the application of the elements and principles of design and introduce techniques, media, and equipment. Both publications connect to extra online information.

**Sketchbook Crossroads includes:** *Drawing; Fiber Arts; & Sculpture*  
**Portfolio Pathways includes:** *Painting, Printing & Graphic Design*



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## Contest, County & State Fair Updates

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### Presentations Contest Scheduled April 16-17

The Tillamook County 4-H Presentations contest is scheduled for **April 16-17**. 4-H members who are planning to participate should call the OSU Extension Service to sign up for a time soon, as the schedule fills fast.



There are several forms of 4-H presentations available including demonstrations, illustrated talks, public speeches, and impromptu speaking. Demonstrations and illustrated talks can be done as an individual, 2-person team or group. Public speeches and impromptu speaking are individual contests only. All 4-H members and Cloverbuds are eligible to participate. Members may have one exhibit in each division as long as the subject matter is different for each.

Complete rules and evaluation scorecards are available from the OSU Extension Service in Tillamook or the State 4-H website <http://oregon.4h.oregonstate.edu/presentations>.

Cash awards or gift certificates are available for the best presentation in the following project areas: clothing, foods, expressive arts, dairy, horse, small animal, dog, livestock and science, engineering & technology (SET).

A list of sponsored awards (medallions, cash awards and gift certificates) is available from the OSU Extension Service in Tillamook, 503-842-3433.



**Foods Contests  
Scheduled April 16-17**

Foods Contests will be held **April 16-17** in the OSU Extension Service Meeting Room. Contact the OSU Extension Service for more information or to schedule. Rules, awards and forms to complete prior to the contest are available at the OSU Extension Office in Tillamook.



Participation in one of the contests below is required to be eligible to participate in the State Fair 4-H Iron Chef Contest.

The **Foods of the Pacific Northwest Contest** is open to all foods members, Kindergarten – 12<sup>th</sup> grade. Participants have one hour for set-up, preparation, clean-up and serving. They prepare one recipe/food. Special cash awards are available for members who use dairy products in their recipe.

The **Mini-meal Contest** is also open to all 4-H members. Participants have two hours for set-up, preparation, clean-up and serving. They prepare two recipes/foods that would go together in a meal. Special cash awards are available for members who use pork or otter trawl (sole, rock fish, ocean perch, ling cod, red snapper, Oregon pink shrimp) .



**Leader and Teen  
Opportunities at State  
Fair**



Come make a difference with the events at 4-H State Fair. Plans are still in the making, but now is the time for leaders & teens to get involved with State Fair this year.

Clerks are needed on Tuesday, **Aug. 24** for static exhibits judging day. Clerking allows leaders to learn directly from experienced judges.

Teen Staff members are needed **Aug. 23-25**, but also throughout fair to assist the State Fair staff with events/contests that take place during the fair. Teen Staff may apply for one or more days, depending on their schedule. They should not try to participate in contests and volunteer as Teen Staff on the same day. There are also teen staff positions working in the livestock area, **Aug. 31—Sept. 5**.



**Fair Award Sponsors  
Needed**



The following fair awards need sponsors, please consider whether you or someone you know would like to be a sponsor and let us know at 503-842-3433. Thanks!

**LIVESTOCK**

◆ Senior Livestock Judging Contest Medallion \$15

**HORSE**

◆ High Point English Equitation Trophy \$20  
 ◆ Junior High-Point Western Gaming Buckle \$100

**PRESENTATIONS**

◆ Best Expressive Arts Presentation Cash Award \$20  
 ◆ Best Food Presentation Cash Award \$20  
 ◆ Champion Junior Team Presentation Medallions \$30

## New Foods Contests Added for April Contest

Two new foods contests will be open to all 4-H members during the 4-H foods contests on April 16-17. Both contests require participants to complete a Food Challenge Information Sheet and include recipes. These information sheets and complete rules are available at the OSU Extension Office in Tillamook.

### 4 for 6, 8, or 10 Challenge Food Contest

The focus of this challenge is to prepare a nutritious meal for low cost. Participants will prepare and serve a nutritious meal for four that costs under \$6 (breakfast), \$8 (lunch), or \$10 (dinner) in one hour.



### 30 Minute Meal Challenge

The focus of this challenge is to prepare and serve a nutritious meal for 2 people in a 30 minutes. Participants will demonstrate creativity, efficiency and cooking skill in this challenge by creating a nutritious meal for two people in less than 30 minutes. Mixes or convenience ingredients such as pre-grated cheese may be included as ingredients but not as stand-alone dishes. Participants are encouraged to utilize local foods (from within a 150 miles radius of their home).

Rules for both contests include:

- ◆ Participants may compete as individuals or in teams of 2.
- ◆ Participants must provide all ingredients and equipment except range, microwave oven, refrigerator, and place settings (plates, flatware, and glassware). Serving containers and utensils should be provided by participants.
- ◆ For food safety, no food dishes prepared prior to fair may be served.
- ◆ The use of alcoholic beverages that would be unlawful for a minor to purchase or possess is not permitted.
- ◆ Participants will set the table using provided tableware. They may use any style of meal service that they choose.
- ◆ Participants should be in appropriate dress for safe cooking and are expected to follow food and kitchen safety procedures.
- ◆ The kitchen must be left clean and ready for use by others. An additional 15 minutes is allowed for final cleanup after judging.



Meals will be judged on taste, creativity, nutrition, presentation, cost-effectiveness, and food and kitchen safety.



## 4-H Videography Project and Fair Classes Announced

Are you into You Tube? Would you like to make and post your own videos? Then 4-H has a project for you. Information on the 4-H videography project is available on the Oregon 4-H Website at

<http://oregon.4h.oregonstate.edu/communications-projects>



Videography fair classes are open to all 4-H members. Suitable topics include project and non-project related subject matter. Videos must be between 30 seconds and 10 minutes. There will be classes for the following types of videos: promotional, documentary, educational, and animation.



**New Ready-to-Wear Fashion Revue Class Added**

This year there will be a new opportunity for 4-H members in any project to participate in the 4-H fashion revue at county fair. The revue will include the traditional sewing, knitting and crocheting classes plus the new ready-to-wear class.



In this class - participants may combine newly purchased clothing with up to two items or accessories they already own to present a “total look” including shoes and accessories. Newly purchased items must make up at least half of the items in the outfit. Cost of newly purchased clothing is limited to a **total of \$25 or less**. Participants will bring their garments with them on the day of their scheduled judging. All fashion revue participants must submit a written **commentary** (100-175 words) to be read during judging and the public revue.

Judging criteria for both the traditional and new contest are outlined on the Style Revue Score Card (320-05), available at the OSU Extension office or on the State 4-H website at: <http://oregon.4h.oregonstate.edu/fair-exhibit-and-contest-materials>. Judging will include an interview where judges may ask participants to explain the decisions they made in selecting the items they purchased.

The Ready to Wear fashion revue classes will be judged during the same time period as the construction fashion revue.



**Science, Engineering & Technology Classes Open to All 4-H Members**

These 4-H classes are open to all enrolled 4-H members. Members must include these entries on their Tillamook County Fair 4-H entry forms. Contact the OSU Extension Service for complete exhibit guidelines, rules and scorecards. 2010 classes include:



- Software Applications
- Programming
- Hardware Design
- Rocketry
- Aerospace/Aeronautics
- Lego Construction
- Lego Robotics/Challenges
- GPS/GIS
- Geography



**Important Tillamook 4-H Dorm Notice!**

Chaperones for the 4-H dorm during the Tillamook County Fair must have successfully completed the 4-H leader application process which includes an application, criminal background check, reference check and leader training. There must be one chaperone (over age 21) for every 10 youth, which means the dorm will be limited to 20 girls (2 female chaperones) and 10 boys (1 male chaperone).



If we don't have volunteer chaperones (1 male and 2 female) identified by June 1 who have completed the leader application process we will either not be able to have youth stay in the dorm or we will need to hire staff which will increase the cost to approximately \$10 per night. Please help us identify chaperones immediately so that we can get them through the leader application process by June 1.



## Art Exhibit Preparation Update



Please note the following rule changes related to artwork displayed in 4-H classes at the county and state fair:

**Exhibit Display** - Artwork may not be framed with the exception of work done with chalks. If work done with chalks is framed, lightweight frames with plastic or Plexiglas rather than glass should be used for protection during display. No glass is allowed. Backing or mounting of artwork is strongly encouraged, if appropriate. Matting, spray fixatives and/or over wrap with plastic are acceptable for protection of the artwork. If an item is meant to hang, a hanger that will support the weight of the item must be securely attached. Adhesive plastic hangers are encouraged to protect other artwork (available at the OSU Extension Service in Tillamook). Exhibits should not contain parts that expose the public or volunteers to injury (i.e. sharp edges or points.)

**Class Change - Non-Original Art - Collage, Decoupage, Assemblage** – two dimensional work created using the aid of pre-designed components such as photographs or printed motifs on paper or fabric. No scrapbook or memory book pages.



**Class Change - Non-Original Art - Assemblage** - three dimensional work created using assemblage techniques and components or materials that are pre-formed or designed by someone other than the member themselves. Work may be either two or three dimensional and should be assembled in a manner that maintains the form as a permanent structure.

**New Class - Non-Original Art - Scrapbooking**– up to two single sided scrapbook or memory book pages based on a single theme. Pages are encouraged to be protected by plastic sleeves. Exhibits with two pages should have the pages securely attached to each other.

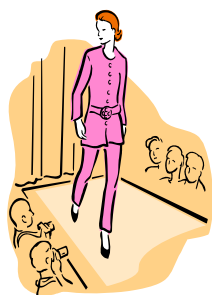


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## Home Economics

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### 2010 4-H Fashion Revue Times Set



The fashion revue judging times have been set for 2010:

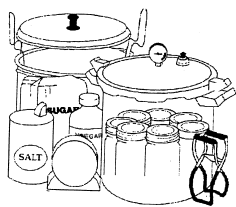
Wednesday, <b>Aug. 4</b>	a.m. - juniors	p.m. - novices
Thursday, <b>Aug 5</b>	a.m. - intermediates	p.m. - seniors

The public review will be Thursday, **Aug. 5**, 7 p.m.

The clothing judging contest will be set up for members during the fashion revue judging. We will also have judges to judge clothing, knitting, crocheting, fiber arts, child development and home environment exhibits on Wednesday and Thursday, **August 4-5**.

For those exhibits not quite ready by fashion revue we will still have one judge available to judge clothing, fiber arts, child development and home environment on Monday, **August 9**.

## Food Preservation Project Information



Remember to check each year for updated processing times and methods. Approved sources include USDA Complete Guide to Home Canning, OSU Family Food Educator fliers, the Ball Blue Book (2006 copyright or more recent), or jam/jelly recipes included with pectin packages. The OSU Extension FCD website includes links to OSU Extension publications <http://extension.oregonstate.edu/fch/food-preservation>

The National Center for Home Food Preservation is the USDA approved site: <http://www.uga.edu/nchfp>. Here you'll find the free home study course: *Preserving Food at Home: A Self Study Online Course*. The OSU Extension Service in Tillamook also has the DVD *So Easy to Preserve-Recommended Home Food Preservation Practices*, eight segments with the most up-to-date recommendations. The USDA Complete Guide to Home Canning, 2009 revision is available for purchase at the OSU Extension Office or for free viewing /printing or purchase online at [http://www.uga.edu/nchfp/publications/publications\\_usda.html](http://www.uga.edu/nchfp/publications/publications_usda.html)



## 2010 Foods and Nutrition Judging Contests Topics

The 2010 Foods Judging Contest topics are listed below. The primary resource is the member's project materials. Information on the quality standards for baked products is included in the Oregon 4-H Program Foods Leader Reference Notebook.

### Introductory Level – all first year members:

- ★ Accurate measurement of basic ingredients
- ★ Identifying the MyPyramid food groups
- ★ Management and safety – use of a hand mixer
- ★ Table setting for a simple menu

### Phases 2 and 3:

- ★ Quick bread methods or products
- ★ Accurate measurement of basic ingredients
- ★ Management and safety - using the oven
- ★ Food selection for good nutrition – Nutrition Facts label / calcium
- ★ Purchasing decisions for food products (unit pricing)

**Phases 4-6 and Phases 7-9** (members will judge the same classes but be scored in separate groups related to their project phase)

- ★ Accurate measurement of basic ingredients
- ★ Food selection for good nutrition – reading labels for calories and nutrients
- ★ Purchasing decisions for food products
- ★ Shortened or foam cake methods or products
- ★ Management and safety

Some resources **in addition to project materials**:

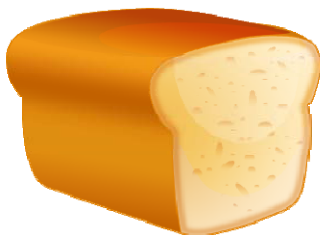
The U.S. Food and Drug Administration, Center for Food Safety and Applied Nutrition website <http://www.cfsan.fda.gov/~dms/foodlab.html> has information on understanding and using the nutrition facts panel on food labels.

More information on MyPyramid and food amounts can be found at <http://www.mypyramid.gov/>

The Dairy Council of California website has some activities related to building the pyramid and matching foods to the correct group.

[http://www.dairyCouncilofca.org/activities/pyra\\_main.htm](http://www.dairyCouncilofca.org/activities/pyra_main.htm)

Grocery store tours might provide practice reading and interpreting unit pricing labels.



## 2010 Sewing/Clothing Judging Contests Topics

The 2010 clothing judging classes are listed below. The primary resources are the project materials: *Sewing Skills Checklist* and *Let's Sew. Measuring Up: Quality Standards for Sewn Items/Project* is the reference for evaluating the quality of construction. Specific techniques can be reviewed in commercial sewing books.

### Introductory Level – all first year members

- ◆ Basic seams – straight
- ◆ Identify tools
- ◆ Casings
- ◆ Pinning



### Basic skills – levels 2 and 3

- ◆ Curved seams
- ◆ Pattern symbols
- ◆ Patch pockets
- ◆ Sewing machine parts
- ◆ Enclosed seams

### Expanding skills levels 4-6 and Advanced skills levels 7-9

(members will judge the same classes but be scored in two groups)

- ◆ Darts
- ◆ Set in sleeves
- ◆ Knit seams
- ◆ Zippers
- ◆ Plaid or checked fabrics

In addition to project materials [including *Measuring Up: Quality Standards for Sewn Items/Projects* and *Sewing Skills Checklist*], specific techniques can be reviewed in a commercially available sewing book.



### Low Cost Patterns Available



Simplicity, McCalls and Butterick Pattern Companies offer a variety of craft and clothing patterns for \$1.00 each. Stop by the OSU Extension Service in Tillamook to see the spring/summer patterns. Orders will be placed when we reach the minimum order level of 5 patterns per company. Orders for patterns must be pre-paid to the Tillamook County 4-H Leaders' Association.



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## Animal Science

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### Animal Science Information Available on the OSU Extension Service Tillamook County Web Site

Please go to the OSU Extension Service Tillamook County web site to view the following information about 4-H animal science projects:

- ◆ All Animals – 4-H Animal Lease Policy
- ◆ Policy regarding Cloverbuds and Animal Projects
- ◆ Veterinary Practices Act
- ◆ Horse - Helmet Use Requirement
- ◆ Market Animals - Junior Livestock Auction Rules
- ◆ Sheep – USDA Scrapie Eradication Requirements
- ◆ Swine – Information on Erysipelas and vaccinating for this swine disease
- ◆ Moving animals across state borders



**Hoard's Dairyman Dairy Judging Contest**



The *Hoard's Dairyman Dairy Judging Contest* is in progress. This can be a fun activity for your next club meeting. Copies of the contest, and club entry forms are available for pick up at the OSU Extension Service in Tillamook. Please stop by and pick yours up. Entries are due by **March 25**.

**Young Dairy Farmer's Contest Cancelled**



The *Young Dairy Farmer's Contest* has been **cancelled** for this year due to lack of response from 4-H dairy leaders to requests for assistance with planning and putting on this year's event. The contest had been slated for Saturday, April 24.



**4-H Donor Will Sponsor Animal Science Project**



An anonymous donor has again committed to sponsoring a 4-H animal project for up to \$500 for a deserving 4-H youth in the 4th through 12th grade who could not otherwise afford to raise an animal(s).

The donor will pay for the purchase of the animal(s) and will help with feed costs up to \$500 for dairy or livestock, and up to \$100 towards a small animal project such as poultry or rabbit, which might include fencing, etc.

The award application is available at the OSU Extension Service, 2204 Fourth Street, Tillamook, or online at <http://extension.oregonstate.edu/tillamook>. Applications are due by **Friday, May 14, 2010**. Contact Joy Jones, 4-H & Agriculture Agent at 503-842-5708 extension 3 for further information.



**Stars N' Paws Dog Fun Match Scheduled**



The Stars N' Paws Dog Fun Match, which is sponsored by the Starry K-9's 4-H club, is scheduled for **Saturday, May 15** at the Tillamook County Fairgrounds.

The show will include obedience classes pre-novice through graduate novice. There are also alumni showmanship and obedience classes. Registration will begin at 8:30 a.m. the day of the show and judging begins at 10 a.m. The show will be held inside at the Tillamook County Fairgrounds. For registration forms or further information please contact Cristina Egnew at 503-842-8967 or [Starryk9s@yahoo.com](mailto:Starryk9s@yahoo.com). Registration forms are also available on our website at <http://extension.oregonstate.edu/tillamook/>



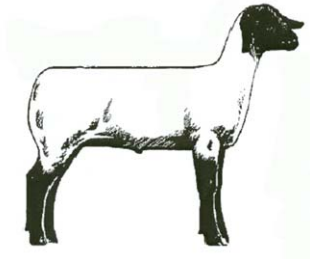
**2010 4-H Rabbit Show in Tillamook**

The Thumpers n' Jumpers 4-H Rabbit Club will be hosting a rabbit show, which is open to all Tillamook County 4-H rabbit members on **Saturday June 12<sup>th</sup>** at the Tillamook County Fairgrounds. Pre-registration is encouraged.

Contact Scott or Cyndi Walker 503-815-8355, [cpfeiffer\\_1@yahoo.com](mailto:cpfeiffer_1@yahoo.com) to register and for additional information. Registration forms are also available on our website at: <http://extension.oregonstate.edu/tillamook/>



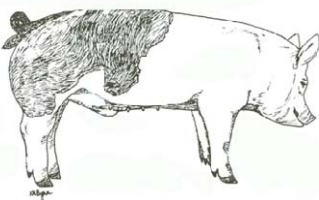
## Buying a Lamb, Goat, Or Hog for Fair?



It's often hard to tell what you should look for when buying a young lamb, goat, or hog. You may know what a good one looks like at county fair, but how can you tell when the animals are still small? In general, the same factors, muscle, balance, structural correctness, and eye appeal, apply to young animals as to market ready animals. Consider growth potential for the animal. Don't pick an animal just because it's the biggest, the smallest, or the cutest. Some animals may have already done most of their growing and may have problems making the minimum daily rate of gain for fair. Others will grow too slowly and will have problems making the minimum required weights at fair. Many "cute" baby animals grow up to be unattractive adults. Color or breed should only be a consideration if all other points are equal.



**Lambs & Goats:** Muscle can be found through the back (loin), chest, forearm, and hindquarters. The animal should stand wide and square when viewed from the front and the rear. The back should be level, and not sag. Does the animal have three equal parts: front, middle, and hind? The neck should be long and thin, and connect smoothly to the chest. A short-legged, short-necked animal will often be short in body. Does the animal walk well (straight, with legs well apart and without signs of weak pasterns or limping)? Last consider eye appeal. Does the animal look attractive? Also, be sure the animal has their scrapie ear tag.

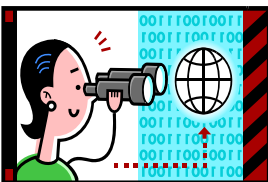


**Hogs:** Look for an animal that will grow lots of muscle without becoming too fat. Muscle can be found throughout the top and hindquarters. Young hogs should be wide when viewed from the front and the rear. The pig's hams should be wide and long. When looking down the animal's back (from the rear) you should be able to see a dimple at the tail head, and a "groove" from the shoulders to the hip (along the backbone), which indicates leanness and a full loin. It should be long bodied and level backed, with a lean neck and jowls. The animal should be able to walk well without a rounded back, or look awkward or stiff when moving.



## Keeping the Livestock Auction in perspective

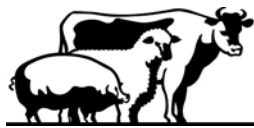
Many youth benefit from participating in the Junior Livestock Auction. Not only do they learn a lot, they usually sell their animal for a profit. But should the auction be the all-important goal of 4-H participation? Absolutely not. 4-H encourages youth to set goals. Sometimes they reach them, sometimes they don't. Either way, leaders and parents need to help the members reflect on their goals and learn from the experience. Complaining and blaming others does not help. Here are some things to consider about market animal projects:



- ◆ Members should set at least one goal that has nothing to do with the auction.
- ◆ Market animal projects may not be feasible for everyone. If a member cannot afford to cover the cost of the project if the animal dies or does not make it into the sale, then they should consider participating in another type of 4-H project.
- ◆ Even experienced producers have had serious things go wrong in raising an animal, such as reduced gains, animal illness, or death of an animal.
- ◆ Raising a market animal is not easy. Learn from others when possible. If your club does not meet regularly, you may need to learn about raising your animal on your own. Contact Joy at the Extension Service for more information.
- ◆ Get a copy of the rules before you get to weigh-in. They have good information about suggested weights and ages for market projects at weigh-in.



**Raising Animals  
During Tough Times**



Like many in our community 4-H members may be affected by the economic downturn. Raising and properly caring for animals can be expensive. When times are tough paying for everything they need may become difficult. It is therefore very important to decide if you and your family can afford to start a new animal project before you purchase the animal. Some types of animals may be available for significantly reduced prices, for example many horses are available at “cut-rates.” However you often “get what you pay for” and many of these animals are not appropriate for a 4-H project . Experienced livestock producers and horse owners will agree that the real expense is in the upkeep and feed of the animal after you have purchased it.



**Market Animal  
Projects** (changes are in bold type)

4-H members who reside in Tillamook County may raise market animals and sell them through the Junior Livestock Auction at the Tillamook County Fair. The member must be enrolled in the corresponding 4-H project area and must follow 4-H and Junior Livestock Auction Committee (JLAC) rules which are available at the OSU Extension Service in Tillamook. Members may participate in the following projects:



- Market Lambs: Must be less than 1 yr., must weigh 100 - 165 lbs. at fair.
- Market Hogs: Must be less than 8 mos., must weigh 225 - **280** lbs. at fair.
- Market Goats: Must be less than 8 mos., must weigh 55 - 110 lbs. at fair.
- Market Steer: Must be less than 24 months old & weigh 1000-1400 lbs. at fair.
- Pen of Three Rabbits: Must be less than 16 weeks old & over 3.5 lbs. at fair.
- Pen of Three Chickens: Must be under 16 weeks old & over 4 lbs. at fair.
- Market Duck: A single duck. Must be less than 6 months old at fair.
- Market Goose: A single goose. Must be less than 6 months old at fair.
- Market Turkey: A single turkey. Must be less than 6 months old at fair.

**Required Dates:** (all weigh-ins are held at the Fairgrounds Livestock Barn)  
 Beef **must** be weighed-in on Friday, **April 9** from 5:30-7:00 pm **and** on Saturday, **June 5** from 7 am - noon.  
 Market sheep, swine, and goats, **must** be weighed-in on Saturday, **June 5** from 7 am – noon.  
 Market poultry or rabbit exhibitors **must** notify the JLA Committee by the weigh-in on Saturday, **June 5** that they plan to participate **and** the animals must be weighed in on Wednesday, **July 21** from 6:00 - 7:30 pm. Poultry/Rabbit members do not have to be present at the June 5 weigh-in.



**Upcoming Shows –  
Horse, Small Animal  
& Livestock**

Contact the OSU Extension Service for information on upcoming shows. Some shows have pre-registration deadlines. Take your current 4-H card as proof of 4-H membership.

<b><u>Horse</u></b>	March 19-21	Northwest Horse Fair & Expo—Linn Co. Fair & Expo Center
	April 3	Crazy Ribbon 4-H/Open Horse Show-Benton Co Fairgrounds
	May 8	4-H Gaming Show—Hoppers Arena -Benton County
<b><u>Rabbit/ Poultry</u></b>	April 10	4-H Small Animal Show, Benton Co Fairgrounds
	May 15	F.O.W.L. Poultry Showmanship-Washington Co. Fairgrounds\
<b><u>Livestock</u></b>	March 26-28	Oregon Meat Goat Event and Sale, Polk Co. Fairgrounds
	March 28	OSU Hog and Lamb Sale, Benton Co. Fairgrounds
	April 3	Pig Sale & Educational Program—Polk Co. Fairgrounds
	May 9	OSU Jackpot Show





# 4-H Calendar of Events

# March 2010

EO = Extension Service office  
 NCRD = No. Coast Rec. District  
 TCF = Tillamook County Fairgrounds  
 THS = Tillamook High School  
 TJHS = Tillamook Jr. High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6 4-H Camp Counselor Selection Day Polk County Fairgrounds in Rickreall
7	8	9	10	11 Western Regional 4-H Leaders Forum, Albuquerque, NM March 11-14	12	13
14 WRLF Continued	15	16	17 JLAC 7:00 p.m., EO	18	19 Unpaid Furlough Day Front Office Closed	20 National 4-H Conference, Maryland March 20- 25
21	4-H Performing Arts Camp—March 22-26, 4-H Center, West Salem					27
	From the Forest to the Sea Spring Break Day Camp, Grades 2-5, March 22-26, 9am-3pm, NCRD					
	Nature/Recycling Crafts Day Camp, Grade 1-3 March 22-23, 9am-2pm, EO				Trailblazers 4-H Night	
	National 4-H Conference, Maryland Continued March 20- 25					
28 Youth Voice, Youth Action Conference March 28-30, Portland, OR (formerly Know Your Government)	29	30	31			



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 2204 Fourth Street fax/ 503-842-7741 Nancy Kershaw nancy.kershaw@oregonstate.edu  
 Tillamook, OR 97141 Tanya Wehage tanya.wehage@oregonstate.edu  
<http://extension.oregonstate.edu/tillamook/> Sherry Vick sherry.vick@oregonstate.edu



# 4-H Calendar of Events

# April 2010

EO = Extension Service office  
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9 JLAC Beef Weigh-In 5:30 - 7:30 p.m., TCF	10 4-H Rummage Sale, 9 am—3 pm
11	12	13	14	15 DUE: 4-H Horse Leases	16 Unpaid Furlough Front Office Closed	17 4-H Foods of the PNW & Mini-Meal and Presentation Contests, April 16 & 17, EO and TCF 4-H Dorm
18	19	20 Extension Advisory Council, 6-8 pm, EO	21 JLAC 7:00 p.m., EO	22	23	24 Spring Horse Classic April 23-25 Linn County
25 Horse Classic Continued	26 4-H Camp Scholarship Applications DUE 4-H Leader's Qtrly Meeting 7 pm, EO	27	28	29	30	



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