

TILLAMOOK TIDES

TILLAMOOK COUNTY 4-H FAMILY NEWSLETTER



(503) 842-3433
2204 FOURTH ST.
TILLAMOOK, OR 97141

January/February 2009

General Information

**4-H Enrollment
Deadline Extended to
February 13**

February
13
Deadline

Re-enrolling 4-H Members & Leaders (those who were 4-H members or leaders in previous years): The 4-H enrollment deadline for all returning 4-H club and independent members is **February 13, 2009**. This means all 4-H members must re-enroll by February 13 to be eligible to exhibit at the Tillamook County Fair. The 4-H mailing list will also be purged on February 13 and anyone not re-enrolled will be dropped from the 4-H mailing list and they will not receive any newsletters or information about project specific events.

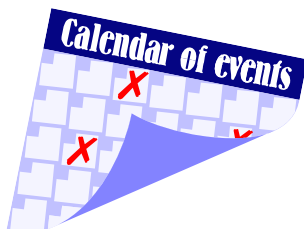
Re-enrolling 4-H members may add additional/new projects after February 13, but must add these projects before June 1 to exhibit them at the fair.

New 4-H Members: New members can be enrolled in 4-H clubs or as independent members through **June 1** to be eligible to exhibit at the Tillamook County Fair. They will not receive any mailings from our office until they have completed the enrollment process. This means they have completed both sides of the 4-H enrollment form, had the enrollment form signed by their parent and leader and paid their \$2.00 insurance fee.

Day Camp & After-School Program 4-H Members: Youth whose only experience in 4-H is a 4-H summer day camp or after-school program can enroll in day camps & after-school programs throughout the spring and summer and are eligible to exhibit projects completed during these programs in the Tillamook County Fair.



2009 4-H Calendar



The 2009 Tillamook County 4-H calendar listing 4-H events for the year is now available at the OSU Extension Service office. **Please come by and pick up your copy or check it out on the web at <http://extension.oregonstate.edu/tillamook/>.** Posting this calendar in a prominent place will help you remember the upcoming dates. You may want to fill in the times and places of the events as they are set. Remember some dates and information will change as events draw closer, so check the 4-H newsletter or our website for the most current information.



*Newsletter prepared by: Nancy Kershaw, Family, Community & 4-H Youth Development Agent;
Joy Jones, Agriculture and 4-H Youth Development; Teresa Cotton, 4-H Forestry Education Coordinator;
Layout & Design: Sherry Vick, 4-H Secretary*

4-H Info at Your Fingertips - Use Our Website

The goal of our website is to bring you the latest information, save you time, and even save you a trip to the OSU Extension Service office. Useful information includes the annual calendar, newsletters, enrollment forms, fair information, new leader and member information, events and opportunities, and record book information. We welcome feedback on our site and suggestions for improvements. Our address: <http://extension.oregonstate.edu/tillamook>.



4-H Member and Leader Cards Available

4-H membership cards for both youth and leaders are available from the OSU Extension Service office in Tillamook. Some businesses offer 4-H discounts when members or leaders present a 4-H membership card.



Option to Receive Mailings by E-mail



On the enrollment form each member and leader is asked whether they want to receive 4-H newsletters by e-mail OR by regular mail. Our e-mail list has been very successful – it saves our office money and is more convenient for many families. If you choose the e-mail option, you will receive notification when the 4-H newsletter is posted to the web. If you give us your e-mail address but didn't check the "e-mail only" option, you will get both the e-mail and mailed copy of the newsletter.

Throughout the year, we occasionally have announcements to share that come after our newsletter deadline. In these cases, we may send an e-mail announcement only.

Just like your other contact information, it is your responsibility to keep us up-to-date on your current e-mail address. As always, our 4-H policy is that we do not release your contact information outside of the organization.



Are There Other Project Areas in 4-H That I Don't Know About?

YES! Not every project area is organized into a club. Project materials are available for about 50 projects including woodworking, entomology, forestry, electricity, photography, and more. If there is not a club available for your project interest, you have two options. 1) You may know of someone willing to be a leader—have them contact the OSU Extension Service office, or 2) you can enroll as an independent project member for a specific project.



Pick up Youth On Time



It is important for parents to commit to having children dropped off and picked up on time for 4-H meetings and events. Please double check with the person in charge what time the event will end. 4-H leaders and volunteers have busy schedules as does everyone.



Electronic 4-H Permanent Records Available

4-H 033R *My Permanent Record* is posted on the state website. This record is a Microsoft Word file so members can fill in their information using the computer. Check out the record under "General Member Resources" at <http://extension.oregonstate.edu/catalog/4h/>



Your Donations to 4-H Assist Youth



The Tillamook County 4-H Leader’s Association is currently raising funds to support the 4-H program in Tillamook. Donations are requested to help fund county wide activities and educational events; for 4-H scholarships to camp, summer conference and other 4-H events; for 4-H fair awards; and to support specific 4-H project areas.

All donations are tax-deductible. Enclosed with this newsletter is a form that details the specific needs identified by the Tillamook County 4-H program. Your generous donation will stay in Tillamook County and strengthen the 4-H program in Tillamook County. If you would like to make a donation, please return the enclosed form with your donation to the OSU Extension Service office.



Make a Matching Donation to 4-H and Double Your Generosity

If you plan to make a monetary donation to the OSU Extension Service or 4-H programs, you may want to check with your employer to see if they’ll match your contribution. Many companies do. Check this OSU website to see if your company is listed: www.matchinggifts.com/osufoundation/. If you want your donation to go to a specific program you’ll need to indicate that with your donation.



4-H Award Proposals Invited

Awards can be a way of encouraging participation in a project or a way to recognize achievements or accomplishments. Tillamook 4-H awards are reviewed and approved by our 4-H agents Joy Jones or Nancy Kershaw in cooperation with the Tillamook County 4-H Leaders Association.



The purpose of County Fair Awards is to recognize outstanding participation. Awards where the participation numbers for the class or contest are low may not be approved.

Blue ribbons are required for most County Fair special awards because the awards recognize outstanding achievements. Showmanship and awards that recognize the 4-H members’ effort take precedence over breed specific awards because 4-H is about developing youth and not promoting certain breeds. Written proposals for new county fair awards or any other applicable awards need to be turned in to the OSU Extension Service Office by 5:00 p.m. Monday, February 16th. Only approved awards that are listed in the Tillamook County Fair premium book will be awarded at County Fair.

If you are interesting in sponsoring an award at the County Fair, please contact the OSU Extension Service Office 503-842-3433 with your interest. We usually know about available awards in mid-March, but sometimes people back out at the last minute and you may be the lucky person to step in and make an award possible!!!



Trailblazers 4-H Night



The Portland Trail Blazers are pleased to offer the 4-H members and their friends and families a special opportunity to come to the Rose Garden to see them play the Phoenix Suns, Thursday, **March 26**, 2009 at 7:30 p.m.. Everyone will be invited down on the court after the game to have their picture taken at center court and have a chance to shoot a free throw!

Tickets cost \$21 each (regularly \$25). Registration forms are available at the OSU Extension Service in Tillamook county. Or you may order tickets online at <http://tickets.trailblazers.com/deals>. Password: 4HNIGHT. The ticket order deadline is February 26, 2009.



4-H Family History Club— Are You Interested?

The Genealogy Study Group is looking to get the younger generation involved in family history study and research and would like to start a 4-H Family History Club. The Study Group would provide the instructors to work with the youth to learn how to locate their ancestors, and families, and tools necessary to put a family history together. Meeting dates and times would have to be arranged, whether weekly, bi-weekly or monthly once interest is determined. The meetings would also be open to parents. To make this a viable program there would need to be at least 6 youth enrolled. Please contact the OSU Extension Service if you (youth or adult) are interested in participating in this potential new 4-H club.



Closure Policy



Wondering if an OSU Extension program will be held during inclement weather? The OSU Extension Service 4-H program will follow the Tillamook School District 9 closure policy for 4-H programs held in central county or the appropriate school district for north and south county 4-H programs.



Babysitter Trainings Offered



The OSU Extension Service is offering Babysitter Trainings afterschool on Mondays **April 13—May 4** at the OSU Extension Office in Tillamook. This training is appropriate for youth in the 4th grade and up. The registration fee includes enrollment, supplies, and accident insurance. Students may ride a school bus to the OSU Extension office with a note from their parents. Pre-registration is required. There is a \$15.00 charge for the training. To register, contact the OSU Extension office.



Upcoming Spring Afterschool Programs:

We will begin taking registration for these upcoming Tillamook programs in February. Mark your calendars now!

Exploring Forestry	Wednesdays	Mar. 4-April 29	grades 4-6
Where the Wild Things Live	Tuesdays	Mar. 10-April 21	grades 2-3
Outdoor Cooking	Thursdays	April 2-May 21	grades 4-9
Forestry Games & Crafts	Tues.& Wed.	May 5-27	grades 4-6



Community Service Opportunities

Community Service : “Kids Helping Kids” Update



Seventeen \$25 shoe vouchers were provided through holiday gift baskets. This is also the ninth year that Tillamook County 4-H clothing members have sewn over 100 polar fleece hats for the Tillamook County Head Start. 4-H members and leaders also made 18 polar fleece blankets for the Neah-Kah-Nie Head Start program.



February is 4-H Food Drive Month



4-H clubs and individual members are encouraged to plan a food drive or raise money to benefit the Tillamook County Regional Food Bank or their local food bank during the months of January & February. The OSU Extension Service in Tillamook is participating in the Oregon State Employees Food Drive during February.

Clubs can participate by collecting packaged foods or money for donation to the food bank. Clubs can bring their donations of food or money to the OSU Extension Service any time during the months of January and February.

If you prefer to donate food locally (north or south), please get a receipt from your local food bank that gives the pounds of food or amount of money donated and bring that to the OSU Extension Service in Tillamook so that we can get an accurate tally of donations.



4-H Rummage Sale Planned

Rummage



Sale

The Tillamook County 4-H Leaders have scheduled a 4-H Rummage (Garage) Sale on Saturday, **March 21**. Location to be determined. Please save your good used stuff (no computers or exercise equipment) and donate it to the Tillamook County 4-H Leaders Association (this is a tax deductible donation).

We need volunteers to help with set-up on Friday from 2 p.m. until we're done (late evening) and on Saturday before, during and after the sale. Please contact the OSU Extension Service office (842-3433) to volunteer.



Status of Oregon Volunteerism

Almost 30% of all Oregon volunteers focus their work in education or youth service, like the 4-H Youth Development Program. That is higher than the national average. 22.2% of all Oregon volunteers serve on boards, council or committees, like 4-H Youth Development programs. Also higher than the 17% national rate.

Oregon ranks 16th among all states for the percent of its population (33.2%) dedicated to volunteer service. During the same timeframe, there were almost 5,000 adults and 350 youth volunteering in Oregon's 4-H Youth Development program.

Volunteer intensity is increasing. Today more than a third of all volunteers, give more than 100 hours of time per year. Oregon volunteers report serving an average of 48.1 hours annually, ranking Oregon 5th in the nation, for volunteer intensity of service. It is estimated that many Oregon 4-H volunteers serve 120 hours annually.

Source: "Volunteering in America: State Trends and Rankings," compiled by the Corporation for National and Community Service 2002-2005.



Youth Opportunities

2009 Save These Dates We are in the midst of planning the 2009 4-H year. Here are the dates for the major activities. We have compiled a 2009 4-H calendar of events that is available from the OSU Extension Service office now. Remember to always check the current 4-H newsletter for dates, times and locations of scheduled 4-H events.

Know Your Government Conf.	Mar 5-7	Horse Pre-Fair	June 6
Young Dairy Farmers Contest	April 18	4-H Camp	June 15-20
Paws in the Rain Dog Match	May 16	4-H Dog Pre-Fair	June 29
		4-H Summer Conference	June 25-28



2009 County Fair

The 2009 Tillamook County Fair will be Wednesday - Saturday, **August 5-8**. This year's theme is "*Where Pigs Fly*." Some 4-H fair activities begin earlier in the summer including:

Horse Fair	July 17-18	Livestock Judging	July 28
Foods/Presentations Contests	July 24-25	Fashion Revue	July 29-30



No Super Saturday in 2009

Due to changes in staffing at the OSU Extension office and decreased attendance in previous years, 4-H Super Saturday will not be held this year. If you have an idea for a project workshop or training, please contact Joy or Nancy to see if it can be scheduled.



Teen Opportunities

4-H Summer Camp Positions Available



The Benton-Lincoln-Linn-Tillamook 4-H Camp has openings for *Junior Staff* and *Camp Counselors*. Camp will be held **June 15-20** at the 4-H Center near Salem. Staff and counselors must attend Camp Counselor Selection Day, **Feb 28**, in Rickreall and Camp Counselor Training Weekend, **May 2-3**, at the Oregon 4-H Center. Deadline for junior staff and camp counselor applications is **February 6**. Call the OSU Extension Service in Tillamook 503-842-3343 for applications.



County and State Fair Staff

It's not too early to start thinking about your summer schedule and reserving time to assist at county or state fair. Teens are needed in a variety of roles. At state fair responsibilities can be for one or more days with lodging available in the 4-H dorm. Contact Joy or Nancy for more information. 503-842-3433.



Becoming an Oregon 4-H Ambassador

It's time for 4-H members in grades 9 through 11 to think about applying to become an Oregon 4-H Ambassador. To become an Ambassador you must participate in 4-H Ambassador Training at OSU 4-H Summer Conference, **June 24-27**. Applications are due at the Oregon 4-H Office by **May 29, 2009**. Check the State 4-H Website for more information, <http://oregon.4h.oregonstate.edu/ambassador-program>



State Recognition for Leadership, Citizenship and/or Communication

Senior 4-H members (10th-12th grades) are eligible to apply for state awards in leadership, citizenship or communications or team community service. The application includes a one-page narrative and one page of photos. Applications are due at the Tillamook County 4-H office by **February 20**. Check out the State 4-H Website at: <http://oregon.4h.oregonstate.edu/state-4-h-recognition-awards>



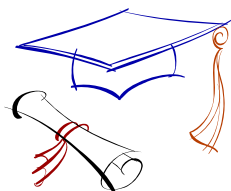
State Resume Due February 20 for National 4-H Congress

State competitive records are required to compete for selection as a delegate to National 4-H Congress. Your state resume is due at the Tillamook County 4-H office by **February 20**. The state resume includes a detailed history of your achievements, leadership, citizenship and communication. Check out the State 4-H Website for more information, <http://oregon.4h.oregonstate.edu/national-4h-congress>



Tillamook County 4-H Scholarships Due February 20

Two \$500 Tillamook County 4-H Scholarships are available for 4-H members interested in college, business or trade school. Members must have a minimum of 4 years of 4-H membership and had their 4-H record judged at the 2008 County Fair.



Tillamook County 4-H Scholarship - One scholarship

Jim Durrer Memorial 4-H Scholarship - One scholarship to an Oregon school. Must have participated in a 4-H dairy, rabbit, beef, sheep or swine. Minimum 3.0 GPA.



State Fair 4-H Scholarship Applications Due February 20

There are four college scholarships available for 4-H members who have participated at either county or state fair for a minimum of two years. In addition to the application, you must include a transcript, SAT scores, 2 reference forms, an essay explaining the benefits of fairs participation, and a fair leadership and exhibit summary. Applications must be submitted to the OSU Extension Service in Tillamook by **February 20**. Complete information is available at the State 4-H website, <http://oregon.4h.oregonstate.edu/2009-state-fair-4h-scholarship-summary>



Oregon State University Scholarships

Agricultural Honors – Several \$1000 scholarships for incoming and continuing students majoring in the College of Agriculture. *Applications due to the OSU College of Agriculture February 1.*



Judith K. Hofer 4-H Scholarship – One \$1,500 scholarship to a female with 5 years of 4-H experience majoring in Merchandising Management in the dept. of Design & Human Environment in the College of Health and Human Sciences. *Applications available on the 4-H website and due at the state 4-H office March 1.*



Oregon 4-H Scholarships –



The following scholarships are administered through the Oregon 4-H Foundation and require completion of a 2-page essay describing your growth in 4-H with an emphasis on how 4-H has contributed to your sense of competence, confidence, connection, character and compassion and a single page highlighting your activities in your 4-H career.

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continued from previous page.... Applicants must be currently enrolled in 4-H and have completed a minimum of three years in 4-H; be high school seniors; plan to attend an accredited college or university; and have a minimum 3.0 GPA or 2.75 GPA and 850 or above on the SAT (SAT scores must be submitted with the application). Applications must be submitted to the Tillamook County office of OSU Extension Service by **February 20**. Check out the state 4-H website for complete information, <http://oregon.4h.oregonstate.edu/state-4h-scholarships>



4-H Scholarships to any accredited college or university

- ◆ *CHS Foundation* – One \$550 scholarship.
- ◆ *Duane P. Johnson* – One \$500 scholarship.
- ◆ *O.M. Plummer* - One \$600 scholarship. Story should highlight participation in beef, sheep, swine or livestock judging.
- ◆ *Jeanne Leeson Memorial* - One \$1,000 scholarship.

4-H Scholarships to Oregon State University

- ◆ *Kate Theiss Memorial Scholarship* - One \$1,000 scholarship to OSU.
- ◆ *Klein-Youngberg Family 4-H Scholarship* – Three \$1,250 scholarships to OSU. Must have been a 4-H member for at least 5 years.
- ◆ *Martha MacGregor Scholarship* – One \$4,500 scholarship to OSU.
- ◆ *Oregon 4-H Foundation Memorial Scholarship* – One \$1,000 scholarship to OSU.
- ◆ *Ted & Betty Dietz Memorial 4-H Scholarship* – One \$500 scholarship to OSU
- ◆ *James A. Rutledge Scholarship* – One \$1,000 scholarship to OSU.
- ◆ *A. Lois Redman Scholarship*—One \$500 scholarship to OSU. Preference given to majors in College of Health & Human Sciences, Outdoor Education, International Programs.
- ◆ *Minnick Memorial Scholarship*—One \$500 scholarship to OSU. Agricultural background preferred.



Know Your Government Conference

Come to Salem **Thursday, March 5 to Saturday, March 7** to meet new friends and experience Oregon state government. Join teens from around Oregon in Salem at the Phoenix Grand Hotel and the State Capitol Building. The program is designed for teens, grades 8 to 12. 4-H members, their friends, and other interested teens are invited to attend Oregon's Know Your Government program. Program goals include understanding how local, state and national government works; exploring and debating issues; and having fun, new experiences.



The registration fee will be \$140, due at the state 4-H office by Friday, **February 20**. \$100 scholarships are available locally to 4-H members, so the actual cost to members will be only \$40. Local scholarship applications are due to the Tillamook County OSU Extension Service office by Friday, **February 20**. There are also several scholarships available through the state 4-H office. Watch for registration and scholarship materials on the State 4-H web-site <http://oregon.4h.oregonstate.edu/know-your-government>

The registration fee includes: program materials, lodging (4 teens per room) at the Phoenix Grand, breakfast each morning, dinner Thursday evening, entertainment Friday evening, snacks, and lunch on Saturday.



Leader Updates

Tillamook 4-H Leaders Quarterly Meeting – January 26

The next Tillamook County 4-H Leaders' Association quarterly meeting will be **January 28**, at the OSU Extension Service meeting room. All 4-H leaders, teen leaders and junior leaders are members of the association and are encouraged to attend. The meeting will begin at 7 pm



2009 4-H Leaders' Association Executive Board

As of January 1, the 4-H Leaders' Association will have several new members on the Executive Board. These are the people who have been elected to represent you for the next year. Feel free to call them with suggestions, concerns or ideas. They are looking forward to a productive year.

President: Teri Fladstol
President Elect: Ginny Therrien
Past-President: Keri Wetzel
Treasurer: DeeAnn Gregg
Secretary: Phyllis Holmes

Directors-At-Large: Pam Abrams, Phil Gregg, Janice Luoto, Linda McMurphy, Kristi Measor, Gina Seufert, Pat Sump, Cyndi Walker, Angie Warren, Amy Willison

Youth Members: Sierra Hartford, Kim Measor, Jessica Welch, Vance Wetzel

Check the 4-H calendar for meeting dates and time. Leaders are welcome to attend these board meetings.



4-H Club Guidelines and Requirements

Club Guidelines:

The Oregon 4-H program has developed guidelines relating to 4-H clubs. 4-H clubs are strongly encouraged to follow these guidelines:

- ◆ A club should consist of no fewer than three (3) members from two (2) different families and involve each member in at least one project.
- ◆ Clubs should meet a minimum of six times per year, and engage in business, learning and fun at each meeting.
- ◆ Clubs should actively engage youth in club decisions and organization.
- ◆ All clubs are highly encouraged to have a minimum of two (2) 4-H leaders present at any club activity/event for risk management purposes.

Club Requirements:

4-H clubs must be chartered, nondiscriminatory, abide by the guidelines for use of the 4-H name and emblem, and be led by an approved volunteer.

Just as a reminder, only approved 4-H club leaders with members participating at the Tillamook County Fair (August 5-8) will receive gate passes for the fair.



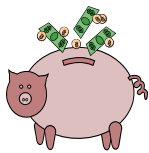
Delays in 2009



The 4-H management (enrollment and fair) software program is still not up and running to its full capacity. This has really limited our office and will continue to until the programmers have finished. Please be patient with us as we wait for results. This was a decision made by our State 4-H office and is out of our hands. The potential for the program, Access 4-H, will be wonderful and will enable volunteers and clubs to view their own information and even create secure, social web pages. Until Access 4-H is ready, continue to call our office when you need to know club information. Hopefully you can bear with us until we can put these changes behind us.



Clubs Must Account for Year's Assets



All 4-H clubs that have a bank account or raise money must submit a club financial report for the 2008 year. Forms will be available at the January Quarterly Leaders' Meeting and will be e-mailed to main club contact leaders who have listed an e-mail address on their enrollment form.

Forms should be submitted by **February 28**. According to IRS regulations, the Tillamook County 4-H Leaders' Association is responsible for all assets earned and maintained by 4-H clubs.



Interest Bearing Accounts



If you are using your own Social Security number on a 4-H interest bearing account, you should contact the OSU Extension Service office. The proper way to open an account is to use the 4-H tax-exempt ID number, then when the bank reports interest income you won't be held responsible for it. By using your own Social Security number, you must show this as your own income.



Tax Time and 4-H

We appreciate the time, energy and out-of-pocket costs you devote to 4-H. Here are some things for 4-H leaders to keep in mind while doing taxes.

- You can deduct **un-reimbursed** expenses that you incur incidental to your volunteer work, including travel to 4-H activities, phone calls, stamps, and similar out-of-pocket costs as charitable donations.
- If you use your car for transportation you can deduct 14 cents per mile for the costs of operating your car while doing volunteer work.
- You can also deduct gifts of money or property given as charitable donations. Remember though that you must have "contemporaneous written acknowledgment" if the gift was valued at more than \$250.

It's up to you to substantiate your deductions if the IRS questions them. Be prepared to prove your costs with canceled checks, receipts, diary entries, etc. It is wise to consult your personal tax advisor.



Fundraising Reminders



Please contact Nancy or Joy at the OSU Extension Service office if your group is considering a fundraiser. It is important to not continually ask the same people for donations and to avoid duplicate fundraising activities by different clubs.

4-H clubs participate in a variety of fundraisers for various projects each year. Just a reminder that 4-H leaders are not covered by the state's tort liability policy when conducting or participating in 4-H club fundraising events. When fundraising, the purpose should be clear and communicated as part of the fundraising process. Money collected in the name of 4-H belongs to 4-H, not to individuals.

When clubs disband, any property or money that belongs to the club needs to be given to the Tillamook County 4-H Leaders' Association or to another 4-H club. It cannot be divided among the remaining members at the time of disbanding. If you plan to conduct a food fundraiser check with the Tillamook County Health Department for current requirements. It is advised that at least one individual present at the fundraiser have a current food handlers card.



Prospective 4-Hers Need to Hear from You



Now is the time of year that prospective 4-H members call our office and ask for clubs in their area. If you indicated on your annual club re-enrollment survey that you are accepting new members, we will have these new members call you.

Remember, it is important to return these calls promptly! Even if your club has not had a meeting yet, new members deserve to hear from you. When you don't call back, the new members get discouraged and often decide that they don't want to join 4-H after all.

If your club is full, please call our office 842-3433 and let us know.



Policy on Naming 4-H Clubs

As part of the Civil Rights and Affirmative Action laws and procedures, it is important that every reasonable effort be made to insure that 4-H club and group names reflect an atmosphere and intent to be open to all interested youth and their families.

No 4-H club or unit may have a name that could be perceived as prejudicial based on race, religion, sex, sexual orientation, national origin, age, marital status, disability, or disabled veteran or Vietnam-era veteran status.

There may be some club names that do not violate any affirmative action policy, but which are still inappropriate. Use good common sense in choosing names that can be used in publicity, promotions, etc. without causing any harm to the name and image of the 4-H Youth Development Program.



Ain't Got Nobody...



Are you a leader without a club? Maybe your members all graduated, or you are “taking a break” from club leadership. We encourage you to continue to enroll as a Resource Leader. You will continue to receive mailings and still be covered by tort liability insurance, just in case someone twists your arm into helping out!



Reminder: State Law for Children Riding in Cars!



State law requires infants be in rear-facing child seats until they are both one year old and weigh 20 pounds. Children older than one year and exceeding 20 pounds must be secured in forward-facing seats. Children are also required to use a booster seat until they are eight years old or at least 4’9”. The 4-H program encourages you to follow these guidelines and keep your children safe!



Keeping Youth Safe



All 4-H Leaders are provided information on child abuse issues. Here are some important reminders to everyone involved in 4-H to keep our 4-H youth safe:

It is recommended that there be at least two adults at every 4-H club meeting and activity. Two unrelated adults are required at all meetings involving Cloverbud age youth (kindergarten through 3rd grade). Parents can help by assisting leaders whenever possible and by attending meetings along with their children. One-on-one sessions are not appropriate (unless with your own child).

- 4-H leaders are expected to report child abuse if it is reported to them.
- 4-H leaders must contact the 4-H Extension Agent immediately if they suspect child abuse or have it reported to them. Child abuse should be reported to either Children Services or law enforcement officials.

Be respectful of youth and adults and see if they feel comfortable with hugs. Use common sense and the publication 4-H 0258L “For the Well-Being of Youth and Adults” as guidelines.



Home Economics

New Iron Chef Competition



4-H members have an opportunity to showcase their food prep skills and creativity in the new State Fair 4-H Iron Chef Competition! Contestants will work as a 2-3 member team to prepare at least two dishes that incorporate a mystery ingredient (provided at the contest). Teams will be made up of intermediate or senior members who participated in any county food prep contest.

The contest will be Wednesday, **August 24**, 2009 at State Fair. A panel of judges will evaluate the final product for taste; plating; originality; and food safety. Participants have 60 minutes for cooking and a total of 2 hours for the entire contest, including preparation, serving, judging and clean-up. Details for the 4-H Iron Chef Competition will be outlined on the State 4-H website.



Shooting Sports

Shooting Sports Leader Training Scheduled



Any adult wanting to lead a 4-H shooting sports club (archery, shot gun or rifle) must first attend the Oregon 4-H Shooting Sports Leader Training. The next training will be **April 17—19, 2009** in Central Oregon (Bend/Redmond area).

The Tillamook County 4-H program will cover the cost of registration. Contact the OSU Extension Service office in Tillamook at 842-3433 for more information.



Animal Science

Important Dates for Market Animal Projects



Make sure and mark the following dates on your calendar if you are planning on participating in the Junior Livestock Auction at the 2009 Tillamook County Fair:

Beef Weigh-In	Fri., April 3, 5:30 to 7:30 p.m.
All Animal Weigh-In	Sat., May 30, 7:00 a.m. to noon
Courtesy Weigh-In	Tues., July 14, 6:00 to 7:30 p.m.
Rabbit & Poultry Weigh-In	Tues., July 14, 6:00 to 7:30 p.m.



All weigh-ins are held at the Livestock Barn at the Tillamook County Fairgrounds. **Remember that attendance at these events is mandatory** for all 4-H members who want to sell an animal at the Junior Livestock Auction. The 4-H member must be present at the weigh-in for their animal to be weighed. If a 4-H member cannot be present, they must contact the Extension Agent and provide a written note explaining why. The note must be submitted at least one week prior to the weigh-in. The Auction Committee will determine if the member may be excused.



Members may only sell one animal/cage, except members may sell two animals/cages of different species if the member has an on-going breeding project and exhibits breeding stock in one of the species. Members must submit an application to the JLAC at the June weigh-in that is signed by the Extension agent and 4-H leader verifying that the member has an on-going breeding project in one species.

Contact the OSU Extension Service to get a complete copy of the 2009 JLAC rules.



Showing the Same Project Area in 4-H and FFA



The state 4-H and FFA offices have a Memorandum of Understanding that covers members who show in both organizations. The memorandum is posted on the 4-H Youth forms section of our county 4-H website.

If you show the same species in 4-H and FFA, you need to determine which animals are your 4-H project animals and which are for FFA by **June 1**. 4-H project animals can not show in FFA shows, and vice-versa. Also, be sure to check with your FFA advisor about additional restrictions they may have.



**“Cloverbud”
4-H Members
(K-3rd grades) are
NOT Allowed to
Work With Animals**



Leaders and parents, please remember that Oregon State 4-H Policy prohibits members younger than 4th grade from working with horses, dogs and livestock (dairy and beef cattle, swine, sheep, and goats) for safety reasons.

Leaders who allow younger members to work with horses, dogs or livestock are violating Oregon State 4-H Policy and can face severe consequences should a child get hurt. If you have questions regarding this policy, please call 842-3433.



**Small Farms Website
Links**



Here are good websites with information that 4-H families might find useful:

☞ <http://smallfarms.oregonstate.edu> - The updated and improved small farms website with good information and links for various small farms topics, including a fertilizer calculator.

☞ <http://extension.oregonstate.edu/yamhill/livestock-amp-forage> - OSU Extension Agent, Gene Pirelli's newsletter for livestock and pasture information.



**Horse Members and
Leaders Take Note:
Helmets are Required!**



Everyone involved in the Horse project area is reminded of the helmet requirement. All 4-H members and others under 18 years of age are required to use a helmet while riding a horse or riding in a horse drawn vehicle at **any 4-H associated event**. This means *club practices, clinics, shows sponsored by 4-H or any other activity related to 4-H*. The 4-H club **leader(s) are responsible** for making sure each 4-H member or guest is wearing a helmet.



**4-H Horse How To/
Health Clinic**



Upcoming **February 28** is the 4-H How To/ Health Clinic at the Yamhill County Fairgrounds. This clinic includes classes on showmanship and halter fitting techniques and how to get your horse through that Trail Course. Licensed vets and vet techs will show you how to check your horse's vital statistics, give vaccines, wrap legs, signs of colic, basic first aid, when to float teeth in a "station" format allowing for smaller groups. Pre-entry required due to limited space/availability. Cost \$25/ member; \$12 stall.



**Northwest Horse Fair
and Expo 2009**



In addition to the "Extreme" entertainment, the Northwest Horse Fair and Expo 2009 **March 20-22** at the Linn county Fair and Expo Center will include daily clinics by a line-up of world-class clinicians and trainers and a trade show with a wide array of products and services for horse enthusiasts. Admission is free on Sunday for 4-H members who show their current 4-H membership card at the entrance gate. Advance tickets for adults are \$10 (\$5 for children 6-12) or \$12 per day (\$6 for children 6-12) at the gate. For more information go to www.equinepromotions.net or call 766-655-2107.



**What 4-H Market
Animal Participants
Need to Know
About Country of
Origin Labeling
(C.O.O.L.)**

The State 4-H Office has determined that 4-H participants of market steers or heifers, lambs, or swine projects are required to comply with the following United States Department of Agriculture program. First, a bit of background, then more on what you need to do, and finally, some resources for more information.

COUNTRY OF ORIGIN LABELING (COOL) requires retailers to notify their customers of the country of origin of beef, lamb, pork, chicken, and goat products. This mandatory program of the United States Department of Agriculture took effect September 30, 2008 and agricultural producers must be able to verify origin of their products should audit take place and retailers request verification. Records must be maintained to provide verification.

COMPLIANCE FOR 4-H PARTICIPANTS



1. If you purchase or are gifted your market animal, obtain from the seller an affidavit that states the country of origin of the animal.
2. When you enroll your market animal for fair, you will also need to sign an affidavit that states the origin of the animal. This affidavit will be on the backside of the health form you normally submit for fair animals. It is the same affidavit that is accepted by the livestock industries and the United States Department of Agriculture. (*For Tillamook County participants you will receive this form and more information prior to possession/weigh-in/tagging deadlines.)
3. You will need to keep records to verify the statements on the affidavit you sign. This would include any affidavits you received with the animal and other records to help verify your claims should an audit take place. Records should be retained for at least one year.



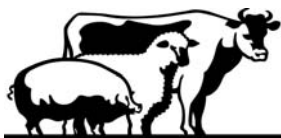
RECORD KEEPING SUGGESTIONS

Keep a copy of any affidavits you receive from previous owners. Other records that may be used to assist in a COOL verification audit include birth records, receiving records, purchase records, animal health papers, sales receipts, animal inventory documents, feeding records, APHIS VS forms, segregation plans, State Brand requirements, breeding stock information, and other similar documents. These examples are not inclusive of all documents and records that may be useful to verify compliance with COOL, but they should provide a strong basis to substantiate a claim during a supply chain audit.

The USDA Agricultural Marketing Service hosts the official government website on COOL (<http://www.ams.usda.gov/cool/>) and should be the primary source of your information. This site includes the history and the official ruling for COOL. Scroll down that page and check out the information on Frequently Asked Questions and Examples of Records for COOL Verification under the “Resources” section.



Barn Basics - Livestock Reminders



It may have been a long time since fair but don't forget your trusty 4-H animals out in the barn. Have you remembered to do your health management chores? When was the last time that you trimmed and checked their hooves, or gave them their booster vaccinations? Some of the jobs that you should do include:

- ✓ Clean their water trough and pen.
- ✓ Check their hooves for damage – trim & treat if needed.
- ✓ Vaccinate animals & give annual boosters – booster shots are more effective if they are given several weeks before your female animal gives birth. The mother and the baby both benefit. The mom gets her annual booster and the baby gets better quality colostrum from the increased levels of antibodies.
- ✓ Monitor for parasites and treat as needed. (worms, lice, mites, flukes, coccidiosis, etc.) Take a fecal sample to the vet if you suspect a problem.
- ✓ Monitor the weight and condition of your animals. Adjust rations as needed. Is your animal too fat or too thin? Now is the time to start correcting it before show season.
- ✓ Keep a close eye on expectant mothers. Make sure that she is in good condition and that she has a clean safe place to have her baby. As her due date approaches monitor her as needed. Make sure you know what to do if it is necessary to help.
- ✓ Take proper care of newborns. Remember that the baby's initial immunity to diseases, that it gets from its mother's colostrum, wears off and you need to vaccinate them for diseases common in your area/state.
- ✓ Dehorn, castrate, and dock tails earlier rather than later. Struggling with animals that are too large makes the job harder and is more stressful to the animal.

If you need additional livestock management information contact Joy at 842-3433.



Upcoming Shows/Clinics

◆ Dogs



◆ Horses



◆ Small Animals



If you are interested in attending shows and clinics outside of Tillamook County, please contact the OSU Extension Service office in Tillamook, 842-3433, for more information. We often receive flyers about events in other counties and will e-mail them to those who supply us with an e-mail address.

Jan. 24	4-H Critter Campus Polk County Fairgrounds, Rickreall
Feb. 7	Rickreall Round-Up Rabbit & Cavy Show Polk County Fairgrounds, Rickreall
Feb 21	Washington County 4-H Small Animal Leaders Show Washington County Fairgrounds, Hillsboro
Feb. 21	Critter Romp Small Animal Show Adec Building, Yamhill County
Mar 7	Happy Hoppers Small Animal Show Benton County Fairgrounds, Corvallis
April 25	Crazy Ribbon Open Schooling Horse Show Yamhill County Fairgrounds, McMinnville
May 30	Leap Into Spring 4-H and Open Schooling Horse Show Yamhill County Fairgrounds, McMinnville





4-H Calendar of Events

January 2009

EO = Extension Service office
 NCRD = No. Coast Rec. District
 TCF = Tillamook County Fairgrounds
 THS = Tillamook High School
 TJHS = Tillamook Jr. High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>OSU Extension Service Closed New Years Day</i>	2 4-H Junior (grade 7-9)	3 Leader Retreat Astoria, Jan 2-4
4 Jr. Leader Retreat Continued	5	6 "Geocaching" Afterschool Forestry Program Tuesdays 3-5 pm 1/6 - 3/3, TJHS	7 "Follow the Path" Afterschool Forestry Program Wednesdays 3:15-5pm 1/7 - 2/25, EO	8 "Earthcaching" Homeschoolers Forestry Program Thursdays 1-4 pm 1/15 - 2/26, EO	9	10
11	12	13	14	15	16 4-H WORLD Teen	17 Retreat - (grade 7-12) 4-H Center, near Salem, Jan 16-18
18 4-H W.O.R.L.D Continued	19 <i>OSU Extension Service Closed Marin Luther King's Birthday</i>	20	21	22	23	24 Once A Month Cooking Part 1, 9 am-1pm, EO 4-H Critter Campus, Rickreall
25	26 4-H Leader's Qtrly Meeting 7 pm, EO	27	28	29	30 REMEMBER - FOR RETURNING 4-H MEMBERS & LEADERS ONLY THE 4-H ENROLLMENT DEADLINE IS FRIDAY, FEBRUARY 1ST	31



OSU Extension Service Ph/ 503-842-3433 Joy Jones joy.jones@oregonstate.edu
 2204 Fourth Street fax/ 503-842-7741 Nancy Kershaw nancy.kershaw@oregonstate.edu
 Tillamook, OR 97141 Teresa Cotton teresa.cotton@oregonstate.edu
<http://extension.oregonstate.edu/tillamook/> Sherry Vick sherry.vick@oregonstate.edu



4-H Calendar of Events

February 2009

EO = Extension Service office
 NCRD = No. Coast Rec. District
 TCF = Tillamook County Fairgrounds
 THS = Tillamook High School
 TJHS = Tillamook Jr. High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 Once A Month Cooking Part 2, 9 am-1 pm, EO
8	9	10	11	12	13 Enrollments DUE today for all Returning 4-H Members & Leaders	14
15	16	17	18	19	20 State 4-H College Scholarship Apps DUE	21
22	23 4-H Leaders Association Executive Board Meeting 7 pm, EO	24	25	26	27	28 4-H Camp Counselor Selection Day
				Western Regional 4-H Leaders Forum, Denver, Colorado		



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<http://extension.oregonstate.edu/tillamook/> Sherry Vick sherry.vick@oregonstate.edu

2009 4-H DONATIONS FORM

Name

Date

Mailing Address

Phone #

City, State, Zip

DONATIONS OF ANY AMOUNT ARE APPRECIATED AND TAX DEDUCTIBLE

County-wide Programs - County-wide is our most flexible fund. It is used to support leader/member training, seminars, workshops, and field days, and programs.

Donation: \$ _____

4-H Scholarships - This fund supports scholarships for Tillamook County youth to attend programs such as 4-H Camp, Know Your State Government Conference, 4-H Teen Summer Conference, and more. These programs each cost approximately \$120.00 to 200.00 per participant.

Donation: \$ _____

4-H After School and Day Camp Programs – This fund helps support after school and summer 4-H programs for youth. Programs provide positive, educational activities for youth during non-school hours when many youth are unsupervised. The after school and day camp programs reach youth who do not have the opportunity to be involved in the traditional 4-H program.

Donation: \$ _____

4-H Project Training & Activity – This fund supports project specific trainings, activities, and educational materials. Please indicate the project area that you wish to contribute to:

- | | |
|--|---|
| <input type="checkbox"/> Dog | <input type="checkbox"/> Natural Resources |
| <input type="checkbox"/> Dairy | <input type="checkbox"/> Science, Engineering & Technology
(chess, Lego robotics, G.P.S) |
| <input type="checkbox"/> Home Economics (Clothing/Foods) | <input type="checkbox"/> Shooting Sports |
| <input type="checkbox"/> Horse | <input type="checkbox"/> Small Animal (rabbit, cavy, poultry) |
| <input type="checkbox"/> Livestock (beef, sheep, swine, goats) | |

Donation: \$ _____

Total Enclosed: \$

***Please make checks payable to: Tillamook Co. 4-H Leaders Association and Return by February 13, 2009
(or as soon as possible) to: 4-H Leaders Association, 2204 Fourth Street, Tillamook, OR 97141***

For more information please contact the OSU Extension Service office in Tillamook, (503) 842-3433.

Tillamook County 4-H is an organization that promotes positive peer involvement resulting in respect for self and others, friendships, responsibility, leadership and community service through an exciting and enriching educational program benefiting youth and community.