

TILLAMOOK TIDES

TILLAMOOK COUNTY 4-H FAMILY NEWSLETTER



(503) 842-3433
2204 FOURTH ST.
TILLAMOOK, OR 97141

Fall 2008

Welcome to the 2008 – 2009 4-H Year

The new 4-H year begins October 1, 2008 and runs through September 30, 2009. As you start the new year, here are just a few ideas to consider:

- 1. Re-enroll early to maintain your 4-H membership.** Re-enrollment in 4-H is required every year for both 4-H members and leaders. 4-H members/leaders who were enrolled last year will continue to receive 4-H mailings through January 1. Accident insurance for members/leaders and OSU tort liability expires on September 30 for those members and leaders who are not re-enrolled for the new year. Beginning later this fall enrollments will switch to an on-line system.
- 2. Remember to close out 2007-08 4-H records as of September 30** and to *start new project records beginning October 1.* Need help closing your records and starting a new year? Then plan to attend the **records workshop**, Monday, **October 6**, 7:00 p.m. at the OSU Extension Service office. Senior 4-H members can get started on their state competitive records by contacting Nancy or Joy for an appointment on one of the many school in-service days or holidays this fall.
- 3. Attend the 4-H Recognition Dinner** on Sunday, **October 12** at 1:00 p.m. in the Tillamook High School cafeteria. Help us honor our outstanding 4-H members and leaders.
- 4. Help plan the 2008-09 4-H program** by attending the 4-H Leader’s Quarterly Meeting, **October 27**, 7:00 p.m. at the OSU Extension Service office. Bring your ideas for 4-H trainings and activities.

The OSU Extension 4-H staff is looking forward to a great new 4-H year. You can contact us at the OSU Extension Service in person at 2204 Fourth Street in Tillamook, by phone; 503-842-3433, by FAX; 503-842-7741, through our web site <http://extension.oregonstate.edu/tillamook> or via e-mail:

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Extension Service
Tillamook County

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General Announcements & Events

**Countywide 4-H
Get-Together &
Record Book
Session**



4-H members, parents and leaders are invited to a county-wide, end-of-year get together on **Monday, October 6** from 7 to 8 p.m. at the OSU Extension Service meeting room to help you close out last year's record books and begin new records for the coming year. Please bring your current record book. You may pick up any new records or materials during the event. Also please bring your completed 2008-2009 4-H enrollment form or plan to complete one while you are here. New 4-H families and leaders are also welcome.



**Tillamook
County 4-H
Leaders
Association
Quarterly
Meeting**

There will be an All 4-H Leader Meeting Monday, **October 27**, 7:00 - 9:30 p.m. at the OSU Extension Service office Meeting Room, 2204 Fourth Street, Tillamook. The purpose of the meeting is to plan programs and dates for the coming year and to evaluate changes needed to better the 4-H program. The schedule will be as follows:

- 7:00 Business Meeting**
Election of 4-H Leaders Association Officers/Youth Representatives
- 7:15 - 8:00 All Leaders**
Overall fair evaluation, 2008 fair
Proposed leader/member trainings
- 8:00 - 9:00 Project Area Meetings (Home Economics, Dairy, Horse, Livestock)**
Evaluate 2008 fair
Suggest changes for 2009 fair
Suggest Judges
Propose project specific trainings
- 9:00 - 9:30 All Leaders**
Set 2008-2009 4-H Calendar
Discuss possible fair rule changes

All 4-H leaders, teen leaders and junior leaders are encouraged to attend. See you Monday, **October 27**, 7:00 p.m. at the OSU Extension Service meeting room.



**Clubs Challenged to
Raise Funds for
"Kids Helping Kids"
Community Service
Project**



Tillamook County 4-H clubs are challenged to participate in the "Kids Helping Kids" 4-H Community Service project to provide shoe vouchers in Christmas Baskets this year.

Some ideas for fundraising include bake sales, petting zoos, raffles, car washes, etc. Vouchers will be placed in Christmas baskets in early December, but donations can be made anytime during the year. Take the challenge: raise funds to provide new shoes for Tillamook county children who can't afford them.



Tips for Planning Community Service Projects

It is important for youth to learn about and complete community service. Research indicates that adults are more likely to volunteer in their community if they did so as a youth. Start by asking the 4-H members what interests them. Perhaps they are concerned about animals, senior citizens, safety, or environmental issues. Then find out if they match a need in your community. Remember, younger children need more assistance in planning and carrying out a project, while older youth are can do more on their own.

Not only will community service projects make an immediate difference, the long-range benefits are great. Youth are empowered when they see the changes they make in their world. They learn the benefits of teamwork and experience satisfaction in helping others.

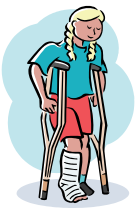


4-H Members with Special Needs

If you have members in your 4-H club with disabilities/special needs who need special accommodation(s) for participation in 4-H, please contact the OSU Extension Service well in advance of the activity/event. Inclusion of all 4-H members in activities and events is a goal of the 4-H Youth Development Program.



Accident Insurance



Accident Insurance is provided for all 4-H members and leaders, including independent members. This policy covers members and leaders as they participate in 4-H activities, as well as travel to and from 4-H activities. The cost is \$2.00 per member or leader. This fee should be submitted to the OSU Extension Service office with the 2008-2009 4-H enrollment forms. Members enrolled in more than one 4-H club should pay their fee to the club that enrolls first.



4-H Chess Club Begins New Year



Youth in grades K through 12 who like to play chess or who would like to learn to play chess are invited to join the Tillamook Honorable Lords & Ladies 4-H Chess Club. The club will meet after school on Fridays from 3-5 p.m. at the OSU Extension Service meeting room, 2204 Fourth Street in Tillamook. The first meeting for the year will be Friday, **October 3**.

Club members will learn about chess through demonstrations, activities and lots of playing time to improve skills. They will also have the opportunity to compete in tournaments as their skills improve. Interested youth must complete a 4-H enrollment form that is signed by both the member and a parent. There is a \$20 fee to cover insurance and supplies. Youth in grades K-2 should be accompanied by an adult. For more information contact Wendy Flett, 503-815-8095.



More Project Records Available Online, and in Fillable Format

The following project record forms have been revised, and are now available on our state 4-H website (<http://oregon.4h.oregonstate.edu/resources/materials.html>) both in a downloadable and fillable format:

- Photography project record
- Generic project record
- Knitting project record
- Foods Preservation project record
- Sewing/Clothing project record
- Crochet project record

The permanent 4-H record and several project records (including animal science) are also available as fillable Word format files at: <http://extension.oregonstate.edu/catalog/4h>



4-H Materials On-Line!



In addition to being able to pick up 4-H materials from your local OSU Extension Service office, you can now download many directly from the Web. On line publications are in Adobe Acrobat PDF format. In order to read or print them, you will need to download the free Adobe Acrobat Reader (<http://www.adobe.com>).

4-H Support Materials: <http://oregon.4h.oregonstate.edu>

This is the 4-H state website. From home page click on “Printed Materials”. Items on this page include exhibit cards & score sheets.

Tillamook County OSU Extension Website:<http://extension.oregonstate.edu/tillamook>

The 4-H section at this site includes 4-H enrollment forms, registration forms for various 4-H events, current and back issues of the Tillamook Tides 4-H newsletter and more.

4-H Curriculum/Project Materials: <http://extension.oregonstate.edu/eesc>

This is the OSU Extension Communications website. From here click on “Publications & Multimedia Catalog ” and then “4-H Youth” at the bottom of the page. Materials are organized by project area and record sheets are included.

4-H Summer Conference at OSU



In late June, twenty (20) Tillamook County 4-H members and 2 chaperones attended the annual 4-H Summer Conference event. 24 counties were represented, and a good time was had by all.

We are currently accepting applications for youth and adult positions on the 2009 planning committee. Applications are available at the OSU Extension Service in Tillamook, and must be submitted to the State 4-H office no later than **October 15, 2008**.

If you would like to teach a class at 2009 Summer Conference please contact Helen Pease. 2009 Summer Conference will be **Wednesday June 24 – Saturday June 27, 2009**. Don't forget to save the dates!!!!



**4-H Afterschool
Forestry Programs**



The 4-H Afterschool Forestry Program is already under way with Reach for the Canopy for 4th-6th graders, which started on Sept. 10th and Where the Wild Things Live for 2nd & 3rd graders, which started on Sept 16th. Missed out? Don't fret it! Check out these fun upcoming forestry programs being offered for youth in grades 4-8. Cost is \$15 per class. We will start taking registrations in October

Forestry Games & Crafts – While the weather outside might be dreary, you can still have fun learning about forestry inside. Come join us for fun games such as Birch Bingo, Word Meaning Bee, Who Wants to be a Forester, and more. We will also be doing crafts each day. Mondays and Wednesdays starting **November 3** at the OSU Extension Service meeting room. For grades 4-6. This class is **FREE!**



Geocaching – Come on a treasure hunt where you use a GPS to hide and seek containers in the forests around Tillamook. You can participate in this fun new sport that is catching on worldwide. Tuesdays starting in **January**. For grades 6-8.

Follow the Path – Come have fun learning about the body parts you share with trees, if every fir tree really looks the same, how to determine the number of trees you use in one year, and how much of a tree is in the chocolate bar you just ate. This program will involve learning in both a classroom setting and in a forest setting, with forest visits planned every other week. Wednesdays starting in **January**. For grades 4-6.



Descriptive flyers will be passed out at the Tillamook public schools. Registration information can also be obtained at the OSU Extension Service office 2204 Fourth St. Tillamook or by calling 503-842-3433.



**State Committees
Interest Forms Ready**

The following State committees are recruiting for new members. Applications need to be submitted electronically to sara.miller@oregonstate.edu or mailed to the state 4-H office no later than **October 15, 2008**:

- * Horse
- * Livestock
- * Dog
- * Oregon 4-H Foundation
- * Small Animal
- * Leader's Association Executive Council
- * Know Your State Government
- * Summer Conference at OSU



Interest forms/applications for youth and adults wanting to be a part of a state level committee are now available in a Word format from the OSU Extension office in Tillamook. Due to limited space on the committees, filling out the interest form does not guarantee placement on a committee. Because some committees meet infrequently, there may be considerable time between when the form is submitted and when the volunteer is contacted.

The following committees are also recruiting members. Applications are due **February 1st** for these committees:

- * State Fair Board of Trustees
- * Home Economics
- * Science, Engineering, and Technology
- * Expressive Arts
- * Natural Sciences



4-H Leader Announcements & Opportunities

Wanted: 4-H Leaders

Help! We have kids waiting for 4-H clubs and need new 4-H leaders in a variety of projects, especially clothing, foods, rabbit, gardening, photography, woodworking, and cloverbuds (K-3rd grades). If you know someone who would be a good leader, please take the time to tell him/her about 4-H. We are always happy to talk to potential new leaders. Let us know at the OSU Extension Service office 503-842-3433.



The process for becoming a leader is simple and must be completed before a leader may enroll in the 4-H program.

- ◆ New leaders must complete an application.
- ◆ References are checked after the application is received.
- ◆ A criminal background check is done after application is received.
- ◆ New leaders must attend new leader training or complete the new leader home study program.

Once this process is complete, the new leader completes a 4-H enrollment form along with the members in their club and receives project materials.

As a matter of protection for yourself and for the youth you may work with, volunteers are asked not to act like, talk like or work with youth as a “4-H leader” until the entire process is complete. This is why it is very important that volunteers begin the process now. If you know of a parent or member that is considering serving as a 4-H volunteer, please let them know these dates and the process.



4-H Leader Orientation Scheduled

New 4-H Leader Orientation has been scheduled for **Thursday, November 13**, 6:30-9 p.m. at the OSU Extension Service office in Tillamook. All new 4-H leaders are required to attend New 4-H Leader Orientation or complete the home study course before they may be enrolled as a 4-H leader. This is your chance to meet other 4-H leaders and share ideas and concerns.



Western Region Leader Forum

Save **February 26 - March 1, 2009** to exchange 4-H ideas with hundreds of 4-H volunteers from 13 different states who are attending the 2009 Western Region Leaders' Forum in Denver, Colorado. Teen and adult volunteers attend. In addition to dozens of educational workshops and interesting keynote speakers, participants will see new 4-H products, have social time, be motivated at award dinners, choose local tours (preconference tours Feb. 25), and more.



Roundup in the Rockies
Western Region Leader Forum
February 26 - March 1, 2009
Denver, Colorado
Marriott Denver City Center

Log on and watch the schedule of the Forum develop on: www.colorado4h.org



Four Oregon 4-H Regional Educational Leader Forums

All 4-H volunteers, resource leaders, teen volunteers, parents, and staff are invited to attend at any regional educational forum location listed below, on any Saturday. Check-in is from 8:15-9:00 a.m.

There is a \$10 fee to attend the workshops. Lunch will be available for \$5, or you can bring along your own. Pre-registration for the workshop is necessary so that we can have enough materials on hand. Your registration fee, along with grant funds from Monsanto and the Oregon 4-H Foundation will cover the cost of program materials. Pre-registration forms are available at the Tillamook office of the OSU Extension Service, 2204 Fourth Street in Tillamook (503) 842-3433 or on-line at <http://extension.oregonstate.edu/tillamook>.



Pre-registration deadlines: Friday September 19 for Beaverton & Roseburg.
Friday, October 3 for Redmond & LaGrande.

Three, 6-hour educational tracks will be offered at each forum site. Every participant will be involved in one educational focus for in-depth, learning-by-doing, so you can teach others.

September 27, Beaverton, Washington County Extension Office

18640 NW. Walker Rd. #1400

South side of Capitol Center Complex (Entrance D1)

1. Focus on Food & Nutrition
2. Get SET for Learning Technology
3. 4-H: Business, Fun, Learning & Leadership!

October 4, Roseburg, Douglas County, Umpqua Community College

Bldg: Campus Center

1140 Umpqua College Rd

1. Focus on Food & Nutrition
2. Get SET for Learning Technology
3. Dog Clinic: Obedience & Showmanship

Sponsored by:



October 11, Redmond, Deschutes County Fairgrounds

3893 SW. Airport Way

Bldg: High Dessert Activity Center (Sign=HDAC)

1. Focus on Food & Nutrition
2. Get SET for Learning Technology
3. 4-H: Business, Fun, Learning & Leadership!

October 25, La Grande, Union County Extension Office

Bldg: Ag Service Center, 10507 N. McAlister Rd

1. Focus on Food & Nutrition
2. Get SET for Learning Technology
3. Dog Clinic: Obedience & Showmanship

See next page for detailed class descriptions.



**Four 4-H Educational
Leader Forums—Fall
2008, continued....**

Educational track descriptions:



Focus on Food & Nutrition. 9 a.m.—3 p.m.— (All dates and locations)

Presenters: Elaine Schrumphf and Mona Easley

Come and experience a day encompassing the realm of Healthy Lifestyles, nutrition update, mixing methods, product standards, and food safety. Discover new resources, flavors and ideas! See Home Economics section of this newsletter for more information.

4-H: Business, Fun, Learning and Leadership! 9a.m.—3 p.m.

Presenters: Marilyn Lesmeister and Teen 4-Hers

September 27, Beaverton and October 11, Redmond

How do you make learning fun? How can you get all youth involved in decision-making? How can you build leadership experiences into every aspect of 4-H? Come and learn about many techniques to involve youth in planning, teaching and leading 4-H. Experience a mini-meeting with parliamentary procedure, share ways to keep teens in 4-H, ask questions about risk management during club meetings and events, and review the role of county Leader Associations in the 4-H structure. Business, Fun, Learning, and Leadership...that's what 4-H is all about.



Get SET for Learning & Technology 9 a.m.—3 p.m.

Presenters: Sara Cofer and Alex Steiner

In this Education Track at each Forum site, participants will learn two specific topics, (a) and (b).

September 27, Beaverton & October 4, Roseburg – Alex Steiner

- a) Expand learning in technology and pursue serious “play” as you prepare to encourage young minds in LEGO robotics.
- b) Learn videography to engage 4-H youth in technology, recording community events, and career paths.

October 11, Redmond & October 25, LaGrande – Sarah Cofer

- a) Expand learning in technology and pursue serious “play” as you prepare to encourage young minds in LEGO robotics.
- b) Experience great lesson plans developed by NASA for a variety of age groups. Take home these ideas for use with elementary, middle-school and high school youth.



Dog Clinic: Obedience & Showmanship 9 a.m.—3 p.m.

Presenters: Vicki Avery and Resource Volunteers

October 4, Roseburg and October 25, LaGrande

You will experience hands-on learning for you and your canine. This educational track will include both dog obedience and showmanship training. Review aspects of a newly revised curriculum that will be coming to you soon. You are welcome to bring your dog.

**Jackie Shirley
Honored**

**Oregon 4-H
Hall of Fame**

It is with great pleasure that the staff and faculty at OSU Extension Service, Tillamook County, announce that Jackie Shirley has been selected for the Oregon 4-H Hall of Fame Award. Jackie has been involved with the 4-H program in Tillamook County from 1980 to present – 28 years. Jackie started as volunteer 4-H Food Club leader and her club won the Best Home Economics Club at County Fair four times. Jackie also served as volunteer treasurer of Tillamook County 4-H Leader Association 1982- 1983.

Jackie Shirley and the other Tillamook County Extension Advisory Council Members undertook the process of developing the Tillamook County 4-H and Extension Service District. She served as chairperson of the funding campaign, called many voters, assisted with mailings and news releases, and stomped the pavement asking Tillamook County residents to pass the service district ballot measure. It was passed by Tillamook County residents in 1985. In 1986 Jackie served as the interim Tillamook County 4-H Extension agent. Jackie also represented 4-H as a volunteer district representative for Columbia, Clatsop, and Tillamook Counties on the Oregon State Fair 4-H Department Board of Trustees for 6 years.



**Too Many Ribbons,
Trophies, or
Medallions?**



Do you have an overabundance of 4-H ribbons, trophies and medallions? Then think about recycling them by returning them to the OSU Extension Service office in Tillamook. Each year we buy thousands of ribbons and the cost is taken out of the money given to the 4-H program by the Tillamook County Fair for premiums.

- ✓ Ribbons can be recycled as long as they are in good condition and there is no writing on the back.
- ✓ Trophies can be reused by replacing the plate on the trophy and sometimes by changing the top. You can peel off the plate from the trophy and put the engraved plate, along with a photo in a scrapbook. Trophies are purchased by the 4-H Leaders' Association and cost \$18 each, so recycling can save money.
- ✓ Medallions can also be reused, saving the Leaders' Association \$8 each. Next time you clean up, think recycling.



**4-H Adventures
Changes Name to 4-H
Cloverbuds**



The 4-H Adventure program for youth in grades K through 3 will change its name to **4-H Cloverbuds** to be consistent with National 4-H programs. Youth in grades K through 3 are eligible to participate in 4-H through the Cloverbuds program. They can select a project focus from home economics (foods, clothing, home environment); expressive arts (art, fiber arts, leathercraft, photography or ceramics); horticulture (container gardening, vegetables or flowers); science, engineering and technology (GPS, computers, robotics, woodworking) natural resources (outdoors, forestry, sport fishing); or small animals (rabbits, caviés, poultry, pigeons). Youth in grades K through 3 are not eligible to participate in 4-H projects related to dogs, horse, or livestock (including goats). This is a statewide 4-H policy based on the risks associated with these projects. 4-H Cloverbuds are eligible to participate in county-wide 4-H activities, including the fair, but they are not judged competitively.



4-H Club Organization

Oregon 4-H is the youth development program of the Oregon State University Extension Service. 4-H is open to all youth without regard to race, color, religion, sex, sexual orientation, national origin, disability, economic status, or geographic location. Marriage or pregnancy does not disqualify youth.

4-H Membership - Youth must satisfy three criteria to become 4-H members:

1) Be enrolled in grades K-12. *Youth are considered to be in the grade they are currently enrolled or in the grade they have just completed during the summer.*

- a) Youth who **start school at a later than normal age or repeat a grade** will not be eligible for 4-H membership until they enroll in the appropriate grade. They may continue membership through 12th grade.
- b) Persons who are **developmentally disabled** are enrolled in a non-graded category. They become eligible for membership when their age peers enter kindergarten and are allowed to remain in the program as long as it is beneficial to them, up to chronological age 21.
- c) Youth in **non-graded or split grades** are eligible for appropriate membership when they are included in the grade equivalents for K-12.

d) Youth in **home schools** are eligible for 4-H membership when they are included in the grade equivalents for Grades K-12.

Age 5-6	Kindergarten	Age 12-13	Seventh Grade
Age 6-7	First Grade	Age 13-14	Eighth Grade
Age 7-8	Second Grade	Age 14-15	Ninth Grade
Age 8-9	Third Grade	Age 15-16	Tenth Grade
Age 9-10	Fourth Grade	Age 16-17	Eleventh Grade
Age 10-11	Fifth Grade	Age 17-18	Twelfth Grade
Age 11-12	Sixth Grade		

- e) Youth who **drop out of school** or graduate from the 12th grade early may continue 4-H membership until their former classmates graduate.
- f) At the time for normal 12th grade graduation, youth may continue membership activities through December 31 of the year they graduate.

2) Be enrolled in an appropriate 4-H program

- a) Youth in grades K-3 are eligible for membership only in the 4-H Cloverbud Program. Experiences are expected to be cooperative and group centered. Youth should not participate in competitive activities.
- b) Youth in 4th – 12th grades are eligible for membership when enrolled in appropriate projects or special programs.

continued on next page.....



3.) Have their enrollment data recorded in the OSU Extension Service in Tillamook. A new enrollment is required each school year.

Grade Division - 4-H membership is further defined using four divisions:

4-H Cloverbud:	Kindergarten, 1 st , 2 nd , and 3 rd graders
Juniors:	4 th , 5 th , 6 th graders
Intermediates:	7 th , 8 th , 9 th , graders
Seniors:	10 th , 11 th , 12 th graders

Place of Membership - The county (and state) of residence shall be the primary county (and state) of 4-H enrollment. A 4-H member shall not be enrolled in the same project in more than one county (or state) at the same time. Exceptions – With written approval of both counties a member may participate in 4-H programs in another county if there are sound educational reasons. Reasons for requesting membership outside the primary county may include: location of their school being outside primary county; living with both parents or different guardians at different times of the year; opportunities to participate in programs not available in primary county.

Transfer of Membership - 4-H members transferring from one county or state to another should be accepted by that county or state and given full credit for their past 4-H work or achievements. Transfers will be accepted at any time. Documentation of enrollment or ownership of livestock in the originating county or state may be needed for participation in certain activities.

Individual (Independent) Membership (Grades 4-12 only)

A major benefit of 4-H membership is the experience gained in meeting and working with others. In some cases, however, participation in an organized group may not be practical. Examples include youth who are geographically isolated, older youth whose only access is to clubs focusing on the needs of younger members, or senior members who have high demands on their time. In such cases, individual membership may be warranted as long as the youth involved is provided with guidance and direction from a responsible adult.

1. Each member, whenever possible, should be enrolled in at least one project or community club.

Members may add additional projects to their current club enrollment, with the **club leader** accepting responsibility for working with the 4-H member and handling verification of the member’s project(s) and program involvement.

2. If enrollment in at least one project or community club is not possible or feasible, the member can be enrolled as an individual with an adult identified to address member questions and concerns, as well as handle verification of the member’s project and program involvement.

In any case, the member’s enrollment in each project carried needs to be documented in the current 4-H management system.

Loss of Membership Privileges

Membership in 4-H and participation in 4-H programs, including activities, contests, and events is a privilege. Youth who wish to continue membership and/or participate will follow the policies and procedures that are outlined for state and county programs. Faculty who conduct county or state 4-H programs will have the authority to suspend or cancel membership and participation privileges if youth fail to abide by the policies and procedures of the 4-H organization as set out in “codes of conduct” or other printed policies.



Fair Wrap Up

County Fair Exhibits



333 4-H members exhibited at the 2008 Tillamook County Fair. 4-H exhibits were up 5 %. There are still a few fair exhibits left at the OSU Extension Service office. Exhibits may be picked up at the Tillamook County OSU Extension Service office weekdays between, 8:00 am - 5:00 pm. All items remaining after **September 22** will be discarded. ♣♣♣

Tillamook County 4-H State Fair Results

The Tillamook County 4-H program sent **over 300** of the top 4-H exhibits to the Oregon State Fair this summer by **100** different exhibitors. This information may not be complete due to State Fair computer glitches. If your name should be here, please give us a call and we will get it into the next newsletter (503) 842-3433.



Grand Champions

Measor, Caitlin Dairy Cattle, Jersey, Three & Four Year Old Cow
 Springs, Brad Pigeon, Fancy, Young Hen

Reserve Grand Champions

Chatelain, Joey Dairy Goats, Dam & Daughter
 Chatelain, Joey Dairy Goats, Alpine, Dairy Goat Dam & Daughter

Champions

Armitage, Brianna Vegetables, Plate Exhibit, Intermediate
 Armitage, Brianna Vegetables, Plate Exhibit, Intermediate
 Armitage, Brianna Flowers, Cut Flowers, Intermediate
 Atchison, Colin Vegetables, Plate Exhibit, Intermediate
 Ayers, Sara Clothing, Toy or Doll, Level 2
 Brill, Emily Fiber Arts, Basketry, Junior
 Bush, Hayden Dairy Cattle, Brown Swiss, Junior Two Year Old Cow/Senior Yearling
 Chatelain, Joey Dairy Goats, Alpine, Dry Yearling Doe
 Chatelain, Joey Dairy Goats, Alpine, Dam & Daughter
 Ferber, Athena Clothing, Judging Contest, 2nd/3rd year
 Ipock, Hannah Original Art, Line Drawing, Intermediate
 Kephart, Zachary Photography, Special Effects, Senior
 Kershaw, Tim Food Preservation, Cooked Jam, Beginning
 Martin, Markita Original Art, Wearable Accessory, Junior
 Measor, Caitlin Dairy Cattle, Jersey, Three & Four Year Old Cow
 Measor, Kim Dairy Cattle, Crossbred, Senior Heifer Calf
 Porter, Shelby Dairy Cattle, Showmanship, Intermediate
 Reeder, Benjamin Pigeon, Utility, Young Cock
 Rocha, Christopher Dairy Cattle, Jersey, Senior Yearling Heifer
 Shoaff, Kayla Clothing, Non-garment Item, Level 2
 Shoaff, Kayla Wool, Suffolk
 Shoaff, Matt Swine, Duroc, February Gilt
 Springs, Brad Pigeon, Fancy, Young Hen
 Springs, Brad Sheep, Suffolk, Yearling Ewe
 Springs, Brad Sheep, Suffolk, Breed Champion (Yearling Ewe)
 Tillamook 4-H Chess Club Educational Display, Expressive Arts, Club
 Veek, Chealsy Photography, Series or Story, Intermediate
 Wetzel, Jason Food Preservation, Canned Meat/Fish/Poultry, Advanced
 Wetzel, Vance Food Preservation, Canned Vegetable/Tomatoes, Expanding
 Whalen, Emily Dairy Goats, Alpine, Mature Doe
 Whalen, Nathan Dairy Cattle, Holstein, Jr Two Year Old Cow & Senior Yearlings
 Woodbury, Rae Original Art, Wearable Accessory, Senior



Reserve Champions

Andreasen, Cailyn Fiber Arts, Weaving, Intermediate
 Atchison, Colin Flowers, Cut Flowers, Intermediate
 Baertlein, Alix Dogs, Graduate Novice Obedience, Intermediate
 Chatelain, Joey Dairy Goats, Alpine, Mature Doe
 Chatelain, Joey Dairy Goats, Alpine - Junior Champion (Dry Yearling Doe)

**Tillamook County
4-H State Fair
Results, Continued**



Kelly, Annie
Long, Lanessa
Lourenzo, Lexi
Martin, Markita
Martin, Markita
Measor, Caitlin
Measor, Kim
Measor, Kim
Mercier, Katelin
Peterson, Troy
Polman, Sabrina
Reeder, Johnathan
Reeder, Johnathan
Shoaff, Kayla
Wetzel, Jason
Whittles, Rebekah
Woodbury, Rae

Clothing, Judging Contest, 2nd/3rd year
Non-original Art, Collage/Decoupage, Junior
Clothing, Garment, Level 2
Clothing, Garment, Level 1
Clothing, Judging Contest, First Year
Dairy Cattle, Jersey, Senior Two Year Old Cow
Original Art, Wearable Accessory, Intermediate
Dairy Cattle, Showmanship, Intermediate
Photography, Nature-Plants, Intermediate
Food Preservation, Cooked jam, Beginning
Knitting, Non-wearable Item, Phase 2
Pigeon, Homer, Old Hen
Pigeon, Showmanship, Intermediate
Swine, Duroc, February Gilt
Yeast Bread Product, Special Shaping, Phase 7-9
Clothing, Garment with a casing, Level 1
Dairy Cattle, Showmanship, Senior

Medallions

Baertlein, Alix
Forster, Lisa
Sisson, Amanda

Dogs, Showmanship, Intermediate
Dogs, Showmanship, Intermediate
Dogs, Showmanship, Senior

Judges Choice

Emerson, Haley
Schneidecker, Sarah

Fashion Revue, Intermediate
Fashion Revue, Senior

Team Champions

Tillamook Clothing Members:

Bayles, Legend
Martin, Markita
Stein, Natasha

Clothing, Judging Contest, 1st year

Tillamook Clothing Members

Ferber, Athena
Kelly, Annie
Lourenzo, Lexi

Clothing, Judging Contest, 2nd-3rd year

Tillamook Dairy Members:

Bush, Hayden
Leslie, Lucas
Measor, Caitlyn
Measor, Kim
Olson, Kelly
Porter, Rachel
Porter, Shelby
Rocha, Cristopher
Whalen, Nathan
Woodbury, Rae
Woods, Austin
Woods, Stephanie

Dairy Cattle, Herdsmanship

Tillamook Dairy Goat Members

Chatelain, Joey
Porter, Rachel
Porter, Shelby

Dairy Goat Judging, Intermediate Team

Tillamook Foods Members

Kaste, Kristen
Thompson, Hannah
Wetzel, Jason

Foods, Judging Contest, Phase 7-9 Team

State Poultry Judging Team (qualified for national contest)

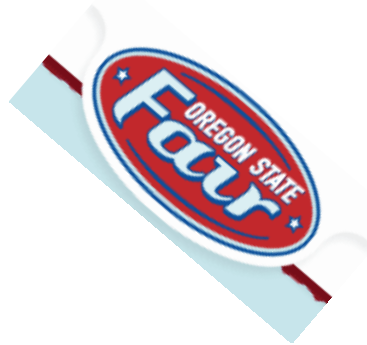
Rocha, Cristopher

Team Reserve Champions

Tillamook Clothing Members

Emerson, Haley
Higdon, Emma
Thompson, Hannah

Clothing, Judging Contest, 4th-6th year



Home Economics

Low Cost Patterns Available



Simplicity, Butterick & McCall's Pattern Companies offer a variety of craft and clothing patterns to 4-H members at under \$1.00 each. Stop by the OSU Extension Service in Tillamook to see the fall/winter 2008 patterns. An order will be placed when sufficient quantities are pre-ordered. Orders for patterns must be pre-paid to the Tillamook Co. 4-H Leaders Association.



Healthy Recipes Website Developed



Visit the OSU Extension Service recipe database and nutrition information website at <http://healthyrecipes.oregonstate.edu> for information on nutritious, low-cost meals and recipes. The recipes follow the 2005 USDA Dietary Guidelines for Americans as part of a healthy lifestyle, with the goal of helping individuals and families balance the foods they eat to help reduce risk of diet-related disease. Recipes have ingredients that are low-cost and readily available. Cooking fact sheets show how to store and prepare gleaned, bulk and commodity foods.



Focus on Foods & Nutrition Workshop



The Focus on Foods & Nutrition 4-H Leader workshop is coming this fall to four different sites (see page 8 of this newsletter). Elaine Schrupf and Mona Easley from the state 4-H office will be touring again to give 4-H foods & nutrition leaders an update on Healthy Lifestyles and the 4-H Foods & Nutrition project.

There is a \$10 charge to attend the workshops. Lunch will be available for \$5, or you can bring along your own. Pre-registration for the workshop is necessary so that we can have enough materials on hand. Pre-registration forms are available at the Tillamook office of the OSU Extension Service 2204 Fourth Street in Tillamook (503) 842-3433 or on our website at <http://extension.oregonstate.edu/tillamook>.

4-H foods and nutrition leaders are encouraged to attend. Older youth with a leader role are included, but this is not specifically a training for 4-H youth members.

Locations:

* Beaverton	Saturday September 27, 2008	9am—3pm
* Roseburg	Saturday, October 4, 2008	9am—3pm
* Redmond	Saturday, October 11, 2008	9am—3pm
* LaGrande	Saturday, October 25, 2008	9am—3pm

Pre-registration deadlines: Friday September 19 for Beaverton & Roseburg.
Friday, October 3 for Redmond & LaGrande

Topics:

- * Take a closer look at MyPyramid and the nutritional guidelines
- * Nutrition labels
- * Baked products and mixing methods
- * Foods contests—keeping them fun and safe
- * Judging Contests - building on decision making
- * Expanding to healthy lifestyles
- * Ingredients, resources, and more



Autumn Festival Classes Scheduled for Adults & Teens



The annual OSU Extension Autumn Festival classes will be held on **Saturday, October 18**. Classes feature gardening, natural resources, and cooking & health. There is a \$10 fee per class or 3 classes for \$25. Participants can choose up to three different classes. Contact the OSU Extension Service office at 2204 Fourth Street in Tillamook to pre-register. Classes will include:

Gardening	Container Gardening Rock Gardening Small Lot Landscape Design Conifers for Small Gardens
Cooking/Health	Stretching Your Food Dollars Life with Diabetes Healing with Herbs
Natural Resources	Integrated Control/Aquatic & Riparian Weeds



Animal Science

Planning Meeting for 2008-2009

Animal science project leaders should attend the 2008-2009 4-H Planning Meeting on Monday, **October 27**, at 7:00 p.m. at the OSU Extension Service meeting room. We need you to provide input on the dates of events for the coming year, what classes should be presented at 4-H Super Saturday, and the selection of next year's judges. If you cannot attend, please contact Joy at 503-842-3433 to provide your input.



Cloverbud Members Cannot Work with Livestock, Horses, or Dogs



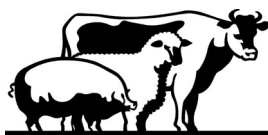
“Cloverbuds” is the Kindergarten-3rd grade program for 4-H club members. Because of their age and stage of development, there are some special requirements about what these youngsters can and cannot do in 4-H. For example, they do not participate in competitive activities. They also cannot work with most animals.

Cloverbud members can have no direct contact with horses, cattle, sheep, pigs, llamas, goats, or dogs in any 4-H activity, including 4-H club meetings. It is fine for Cloverbud members to learn about these animals with their club, but they may not handle them in any way while with their club or leader.

Cloverbud members may work with rabbits, caviars, or poultry in 4-H as long as they are also exploring other projects during the year. Please contact the OSU Extension Service office for more information about our small animal and non-animal project curricula for Cloverbuds.



Keeping Your 4-H Livestock Healthy



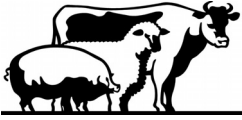
There is a publication available online at the EESC website. [Keeping Your 4-H Market Animals Healthy](#) (4-H 140), which can be found at this URL:

<http://extension.oregonstate.edu/catalog/4h/4-H140.pdf>. You may also pick up a copy at the OSU Extension Service, at 2204 Fourth Street in Tillamook.

This publication includes information that is intended for 4-H members, leaders and families. It contains basic livestock health care information and may be useful for anyone producing market or breeding livestock. The publication includes information on: preventing illness; a description and list of common diseases that your animal should be vaccinated against; what to do when you think that your animal is sick; descriptions of common ailments and basic care of those ailments; and an animal health history form.



Carcass Evaluation



If you were not able to attend the 4-H/FFA Market Animal Carcass Evaluation program, you may pick up the data at the OSU Extension Service at 2204 Fourth Street in Tillamook



4-H Horse Contest Guide Changes



4-H Horse Contest Guide rule changes go into effect **October 1**, 2008. The new guide will be available online. A summary of the major changes will be sent to county offices later this month. While the new Contest Guide may appear quite different, most of the revisions were a reorganizing or rewording of content. There were very few actual rule changes for Oregon.



Upcoming Small Animal Shows

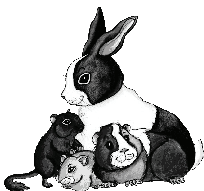
Registration forms for the following show are available at Tillamook OSU Extension Service, or call (503) 842-3433 for more info.

- * Clatsop County Monster Mash Saturday, **October 25**, 2008



The first annual Clatsop County Monster Mash small animal show will take place at the Astoria Middle School in Astoria, Oregon. Rabbits, Cavies and Poultry are invited to participate in showmanship (\$3.50), conformation (\$2.50), Educational Displays (\$1.00), Breed Identification, and a Costume Contest. Entries postmarked after October 17, 2008 and those accepted at the door will cost .50 cents more. There will also be a raffle and snack bar (hot dogs, soda, etc.) available. Registration begins at 8:00 a.m., and the show begins at 9:00 a.m. Participants must provide leak-proof cages and carpet squares for their small animals. Carpet squares will be available for sale onsite. Call Clatsop County Extension at 503-325-8573 or e-mail charlcie.gill@oregonstate.edu for more information.

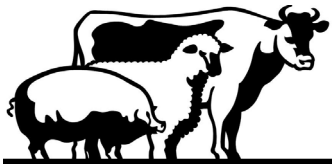
- * 4-H Critter Campus Saturday, **January 24**, 2009



The Mid Willamette Valley 4-H Critter Campus will take place at the Polk County Fairgrounds in Rickreall, Oregon. Onsite registration and required animal health check begin at 8:30 a.m., and the show is from 9:30 a.m. to 3:00 p.m. Cost is .50 cents per animal. Bring your healthy rabbit or cavy, a carpet square, notebook, pen or pencil. Healthy animals will be available for sale. For Sale Tags may be purchased at the registration table before 9:30 a.m. and must accompany the animal. Spend time with a ARBA Rabbit or Cavy Judge. Build a Rabbit or Cavy cage. Pick up new ideas in Rabbit and Cavy care. Learn about pocket pets. What's what with Cats, and Rabbit hopping and cavy races. Preregistration and payment is required no later than Friday, January 2, 2009.



Is Your 4-H Project Really Over?



Now that fair is over, many 4-H members think that they have wrapped up their project until next year. But have you?

Have you completed your records for your project? Records are not just something that your leader requires of you to show at fair. They should be a tool that you can use to improve your 4-H projects. It is important to close last year's records. They should be closed on **September 30th**. Plan to attend the record book workshop and countywide 4-H get-together on Monday, **October 6, 2008**.

It is useful to spend some time and really do a thorough job of completing your records. If you had a market animal project, you need to know if you made or lost money on it. How much did you pay for feed for your project, etc? Records should be used to help you make informed decisions about your project for next year. Did your animal make weight for the auction? Did your breeding animals produce young when you wanted them to? Were your lambs too old or too young for the market or breeding class that you wanted to use them for? If they didn't fit their class (too old/young, or too heavy/light), then you should adjust your breeding schedule, your feeding program, and/or your health care program.



Many animal science projects are ongoing projects, so it is important to treat them that way. You should be keeping feed and health records on these animals throughout the year. It is really hard to "create" records in July if you have not kept important information throughout the year. Horse and dog members should be keeping track of the time they spend with their projects and the new skills they are learning, as well as the expense of keeping their projects.

Once you have completed last year's record and looked at your progress on last year's goals, it is the best time to decide on your goals for the coming year. For instance, you may have gotten a red ribbon in trail horse class, so you may choose to set a new goal of attending at least one trail horse clinic and to spend more time training for this class. It is a good idea to look at these new goals throughout the year to remind yourself of what you are hoping to accomplish or learn this year.



Speaking of learning, this is also a good time to look at your project advancements and to have your leader or parent help you check off those things that you have learned or done. It is also a good time to look at what new items you want to work on for the coming year.

Utilizing your records and the advancement program can help you get more out of your 4-H project. They are useful tools when you take a little time throughout the year to work on them. If you would like to meet with Joy to review your project, to help close your records, or to help make plans for next year, please call 503-842-3433 to make an appointment.





4-H Calendar of Events

September 2008

EO = Extension Service office
 NCRD = No. Coast Rec. District
 TCF = Tillamook County Fairgrounds
 THS = Tillamook High School
 TJHS = Tillamook Jr. High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>OSU Extension Service Closed Labor Day</i>	2	3 Pick up your State Fair Exhibits at EO	4	5	6
7	8	9	10 Reach for the Canopy Forestry Afterschool Program Begins, EO	11 JLAC Payout & Carcass Evaluation 6:30 - 8:30 pm 4-H Dorm, TCF	12	13
14	15	16 Where the Wild Things Live Forestry Afterschool Program Begins, South Prairie	17	18	19 Pre-registration Deadline for Oregon 4-H Regional Leader Forums in Beaverton & Roseburg	20
21	22 Last Day to Pick up your State Fair Exhibits at EO 4-H Leaders Exec Board Mtg, 7 pm, EO	23	24	25	26	27 Oregon 4-H Regional Leader Forum, 9am-3pm Beaverton
28	29	30				



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4-H Calendar of Events

October 2008

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Enrollment Begins for all Returning 4-H Members & Leaders	2	3 Pre-registration Deadline for Leader Forums in Redmond & LaGrande Chess Club Begins 3pm -5pm, EO	4 Oregon 4-H Regional Leader Forum, 9am-3pm Roseburg
5	6 Countywide Record Book Session & Get-Together 7 pm, EO	7	8	9	10	11 Oregon 4-H Regional Leader Forum, 9am-3pm Redmond
National 4-H Week October 5-11						
12 4-H Recognition Dinner, 1 pm, THS	13	14	15 OSU Summer Conference Planning Committee Applications DUE	16	17	18 Autumn Festival Classes 9am - 3pm, EO
19	20	21	22	23	24	25 Oregon 4-H Regional Leader Forum, 9am-3pm LaGrande
26	27 4-H Leader's Qtrly Meeting, 7 pm, EO	28	29	30	31	



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