

TILLAMOOK TIDES

TILLAMOOK COUNTY 4-H FAMILY NEWSLETTER



(503) 842-3433
2204 FOURTH ST.
TILLAMOOK, OR 97141

January/February 2010

General Information

4-H Enrollment Deadline

January
29
Deadline

Re-enrolling 4-H Members & Leaders (those who were 4-H members or leaders in previous years): The 4-H enrollment deadline for all returning 4-H club and independent members is **January 29, 2010**. This means all 4-H members must re-enroll by January 29 to be eligible to exhibit at the Tillamook County Fair. The 4-H mailing list will also be purged at that time and anyone not re-enrolled will be dropped and not receive the newsletter or information about project specific events. Re-enrolling 4-H members may add additional/new projects after January 29, but must add these projects before June 1 to exhibit them at the fair.

New 4-H Members: New members can be enrolled in 4-H clubs or as independent members through **June 1** to be eligible to exhibit at the Tillamook County Fair, but the 4-H enrollment fees rise from \$17 to \$22 after January 29. New members will not receive any 4-H mailings until they have completed the enrollment process. This means they have completed both sides of the 4-H enrollment form, had the enrollment form signed by their parent and paid their \$17 mandatory state enrollment/insurance fee (or \$22 after January 29) to the OSU Extension Service.

Day Camp & After-School Program 4-H Members: Youth whose only experience in 4-H is a 4-H summer day camp or after-school program can enroll in day camps & after-school programs throughout the spring and summer and are eligible to exhibit projects completed during these programs in the Tillamook County Fair.



4-H Info at Your Fingertips - Use Our Website

The goal of our website is to bring you the latest information, save you time, and even save you a trip to the OSU Extension Service. Useful information includes the annual calendar, newsletters, enrollment forms, fair information, new leader and member information, events and opportunities, and record book information. We welcome feedback on our site and suggestions for improvements. Our address:
<http://extension.oregonstate.edu/tillamook>.



*Newsletter prepared by: Nancy Kershaw, Family, Community & 4-H Youth Development Agent;
Joy Jones, Agriculture and 4-H Youth Development; Tanya Wehage, 4-H Program Assistant;
Layout & Design: Sherry Vick, 4-H Secretary*

Electronic 4-H Records Available

4-H 033R *My Permanent Record* and selected other 4-H project records are now posted on the state website. Many records are Microsoft Word files so members can save them on their own computer, fill in their information using the computer and print out the record. Check out the 4-H records under “General Member Resources” and the “Specific Project Area” at <http://extension.oregonstate.edu/catalog/4h/>



Option to Receive Mailings by E-mail



On the enrollment form each member and leader is asked whether they want to receive 4-H newsletters by e-mail OR by regular mail. Our e-mail list has been very successful – it saves our office money and is more convenient for many families. If you choose the e-mail option, you will receive notification when the 4-H newsletter is posted to the web. If you give us your e-mail address but didn’t check the “e-mail only” option, you will get both the e-mail and mailed copy of the newsletter.

Throughout the year, we occasionally have announcements to share that come after our newsletter deadline. In these cases, we may send an e-mail announcement only. Just like your other contact information, **it is your responsibility to keep us up-to-date on your current e-mail address.** As always, our 4-H policy is that we do not release your contact information outside of the organization.



Budget Implications for Tillamook County 4-H Program

As many of you know, the OSU Extension Service in Tillamook is funded through county service district funds, state general funds, federal funds & various grants.

- ◆ The county service district funds the secretarial positions held by Sherry Vick and Pat Penney; the office manager – Jackie Russell; and the 4-H education program assistant – Tanya Wehage. It also funds the facility, supplies, and staff travel.
- ◆ State general funds provide salaries for OSU Extension Agents including Joy Jones, Nancy Kershaw, Rob Emanuel, and Troy Downing.
- ◆ The federal government funds the Oregon Family Nutrition Program through education funds from the Supplemental Nutrition Assistance Program (formerly food stamps). This program is staffed by Susie Johnson, OFNP education program assistant.
- ◆ Grants also provide support for other county Extension programs, such as the dairy and sea grant programs.



Image courtesy of Skip Murphy

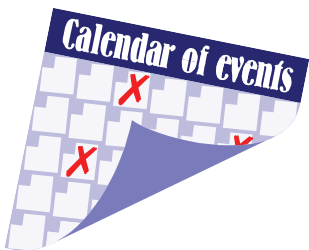
The following changes have been made in Tillamook County as a result of state budget decreases. These changes are effective immediately.

- ◆ Nancy Kershaw reduced her position from full time to three-quarters time.
- ◆ The rest of the staff will be on unpaid furlough, so the OSU Extension Service in Tillamook will be closed as a result, on the following dates:
 - Friday, January 15, 2010
 - Friday, February 12, 2010
 - Friday, March 19, 2010
 - Friday, April 16, 2010
 - Friday June 18, 2010
- ◆ The state implemented a mandatory \$15 4-H enrollment fee.

Additional cuts will probably be made depending upon the results of the voting on the two state tax measures in January and possible adjustments made by the legislature in the February special session.



4-H Calendar



The 2010 Tillamook County 4-H calendar listing 4-H events for the year is now available at the OSU Extension Service. Please come by and pick up your copy or check it out on the web at <http://extension.oregonstate.edu/tillamook/>.

Posting this calendar in a prominent place will help you remember the upcoming dates. You may want to fill in the times and places of the events as they are set. Remember some dates and information will change as events draw closer, so check the 4-H newsletter or our website for the most current information.



4-H Member and Leader Cards Available

4-H membership cards for both youth and leaders are available from the OSU Extension Service in Tillamook. Some businesses offer 4-H discounts when members or leaders present a 4-H membership card.



Are There Other Project Areas in 4-H That I Don't Know About?

YES! Not every project area is organized into a club. Project materials are available for about 50 projects including woodworking, entomology, forestry, electricity, photography, and more. If there is not a club available for your project interest, you have two options. 1) You may know of someone willing to be a leader—have them contact the OSU Extension Service, or 2) you can enroll as an independent project member for a specific project.



Pick up Youth On Time



It is important for parents to commit to having children dropped off and picked up on time for 4-H meetings and events. Please double check with the person in charge what time the event will end. 4-H volunteer leaders and staff have busy schedules as does everyone.



Lego Pieces Needed



The new 4-H Lego Building club is looking for donations of Lego blocks and pieces for the club. Complete sets are not necessary, just an assortment of block sizes and shapes. Donations can be brought to the OSU Extension Service in Tillamook during regular office hours (Monday-Friday, 8 am-5 pm) and receipts are available from the Tillamook County 4-H Leader's Association since donations are tax-deductible.

Donations and Awards

Make a Matching Donation to 4-H and Double Your Generosity

If you plan to make a monetary donation to the OSU Extension Service or 4-H programs, you may want to check with your employer to see if they'll match your contribution. Many companies do. Check this OSU website to see if your company is listed: www.matchinggifts.com/osufoundation/. If you want your donation to go to a specific program you'll need to indicate that with your donation.



Your Donations to 4-H Assist Youth



The Tillamook County 4-H Leader's Association is currently raising funds to support the 4-H program in Tillamook. Donations are requested to help fund county wide activities and educational events; for scholarships to camp, summer conference and other 4-H events; for 4-H fair awards; and to support specific 4-H project areas.

All donations are tax-deductible. Enclosed with this newsletter is a form that details the specific needs identified by the Tillamook County 4-H program. Your generous donation will stay in Tillamook County and strengthen the 4-H program in Tillamook County. If you would like to make a donation, please return the enclosed form with your donation to the OSU Extension Service.



4-H Award Proposals Invited

Awards can be a way of encouraging participation in a project or a way to recognize achievements or accomplishments. Tillamook 4-H awards are reviewed and approved by our 4-H agents Joy Jones or Nancy Kershaw in cooperation with the Tillamook County 4-H Leaders Association.

The purpose of County Fair Awards is to recognize outstanding participation. Awards where participation in the class or contest is low may not be approved.

Blue ribbons are required for most County Fair special awards because the awards recognize outstanding achievements. Showmanship and awards that recognize the 4-H members' effort take precedence over breed specific awards because 4-H is about developing youth and not promoting certain breeds. **Written proposals for new county fair awards or any other applicable awards need to be turned in to the OSU Extension Service by 5:00 p.m. Friday, January 15th.** Only approved awards listed in the Tillamook County Fair premium book will be awarded at County Fair.



If you are interested in sponsoring an award at the County Fair, please contact the OSU Extension Service 503-842-3433 with your interest. We usually know about available awards in mid-February, so contact Sherry at the OSU Extension Service if you are interested in becoming an award sponsor. Sponsors are currently needed for the following awards:

- ◆ Horse Groom Squad Gift (\$20 cost)
- ◆ Horse Western Gaming Junior High Point Belt Buckle (\$100 cost)
- ◆ Best Food Presentation Cash Award (\$20 cost)
- ◆ Best Livestock Presentation Cash Award (\$20 cost)
- ◆ Best Expressive Arts Presentation Cash Award (\$20 cost)
- ◆ Best Science/Engineering/Technology Presentation Cash Award (\$20 cost)



Upcoming Programs and Events

Closure Policy



Wondering if an OSU Extension program will be held during inclement weather? The OSU Extension Service 4-H program will follow the Tillamook School District 9 closure policy for 4-H programs held in central county or the appropriate school district for north and south county 4-H programs.



4-H Super Saturday



Super Saturday will be **February 27, 2010** at the Tillamook Junior High School. Classes start at 9 am, with registration beginning at 8:30 am, and end at noon. There are some wonderful opportunities planned his year. There will be three sessions, each with different classes. There is something for everyone, including leaders & parents. Cloverbuds must be accompanied by a responsible adult.

Classes this year include: selecting small animals for projects or market; veterinary medicine; including children with special needs in clubs; making educational displays; plant propagation; displaying photos and artwork; and how to cast, tie and fish with a fuzzy hook for trout. Other classes may include records and advancements; accessorizing for fashion revue; presentations and foods contests; and crafts. Mark your calendars and plan on being there. Flyers with complete information will be mailed in early February.



Trailblazers 4-H Night



The Portland Trail Blazers are pleased to offer 4-H members and their friends and families a special opportunity to come to the Rose Garden to see them play the Dallas Mavericks, Thursday, **March 25, 2010** at 7:30 p.m.. Everyone will be invited down on the court after the game to have their picture taken at center court and have a chance to shoot a free throw!

Tickets cost \$22 each (regularly \$25). Registration forms are available at the OSU Extension Service in Tillamook county. Or you may order tickets online at <http://tickets.trailblazers.com/deals>. Password: 4HNIGHT. The ticket order deadline is March 1, 2010.



Babysitter Trainings Offered



The OSU Extension Service is offering Babysitter Trainings afterschool on Wednesdays, **January 20-March 10** at the OSU Extension Service in Tillamook. This training is appropriate for youth in the 4th grade and up. The registration fee includes enrollment, supplies, and accident insurance. Students may ride a school bus to the OSU Extension Service with a note from their parents. Pre-registration is required. There is a \$25.00 charge for the training for current 4-H members or \$40 for non-members. Space is limited, to register, contact the OSU Extension Service.



Upcoming Afterschool Program



Sign up now for the Ground School for Flight afterschool program on Thursdays, **January 21—February 11**. Enter the world of flight in this 4-week afterschool program. We will go over what rockets are and how they move. We will discover how wings help all flight. Participants (crew members) will also get to build a rocket or space buggy.

This afterschool program is for **youth in grades 1—3** and will be held at the OSU Extension Service meeting room, 2204 Fourth Street, Tillamook. Cost is \$20 for 4-H members, and \$35 for non-members.

Space is limited, register early at the OSU Extension Service. Registration forms also available to print from our website: <http://extension.oregonstate.edu/tillamook>



CPR/First Aid Training for Babysitters



Youth who are in grade 5 or higher and who have completed Beginning Babysitter Training in previous years are eligible to register for First Aid/CPR for Babysitters. The class will be held on Monday, **February 1**, 9 am-3:30 pm at the OSU Extension Service. Cost is \$25 which includes snacks and materials. Successful participants receive American Heart Association First Aid and CPR cards. Pre-registration is required. Class is limited to the first 10 participants who have registered and paid the registration fee. Contact the OSU Extension Service for more information or to pre-register.



Lego Building Club Begins



A new 4-H Lego Building club will begin meeting on Wednesday, **January 13**, 5:30-7 pm at the OSU Extension Service in Tillamook. The club will meet on the 2nd and 4th Wednesday of the month and is open to current 4-H members and other interested youth in **grades 4 and up**.

To participate, youth must enroll in the Lego Building 4-H club at the OSU Extension Service and pay the \$17 4-H enrollment fee (if not already enrolled in 4-H for 2009-10). Enrollment in the club is required prior to attending meetings since space is limited and enrollment is on a first-come basis. There is an additional \$15 club fee, payable at the first meeting for supplies. For more information contact the club leader, Kami Tomlinson at tillamooklego@hotmail.com.



Hosting an International Student This Summer



Is your family looking to learn more about other countries, then consider hosting a 4-H exchange student for a month this summer from Japan or possibly Costa Rica. Complete details are on the 4-H website at: <http://oregon.4h.oregonstate.edu/4h-world-citizenship-project-international-exchange-programs>. Interested host families need to have all of the application materials completed and sent to the State 4-H Office by March 1, 2010. Contact Nancy at the OSU Extension Service, 503-842-3433, for more information.



Side By Side Family Nutrition & Cooking Classes Offered



Image courtesy of <http://karenswhimsy.com/>
public-domain-images

Youth and a parent or other responsible adult are invited to participate in the Side By Side Cooking & Nutrition program that will be offered at Garibaldi Grade School and Neah-Kah-Nie Middle School in February and March. The program is for school-age children with their parent/guardian working together in the kitchen and around the table to learn about healthy eating. **The series consists of four 2-hour lessons offered once a week for four weeks.** There is no charge for the program, but pre-registration is required and participation is limited to 10 families per site. The program will be taught by Susie Johnson, OSU Extension Family Nutrition Program Assistant and is offered in cooperation with Neah-Kah-Nie School District. Contact appropriate school to pre-register. Classes will be offered as follows:

- ◆ Neah-Kah-Nie Middle School Foods Room,
Feb. 23, Mar. 2, 9 & 16, 6:30-8:30 pm
- ◆ Garibaldi Grade School,
Feb. 24, Mar. 3, 10 & 17, 6-8 pm



Community Service Opportunities

February is 4-H Food Drive Month



4-H clubs and individual members are encouraged to plan a food drive or raise money to benefit the Tillamook County Regional Food Bank or their local food bank during the months of January & February. The OSU Extension Service in Tillamook is participating in the Oregon State Employees Food Drive during February.

Clubs can participate by collecting packaged foods or money for donation to the food bank. Clubs can bring their donations of food or money to the OSU Extension Service any time during the months of January and February.

If you prefer to donate food locally (north or south), please get a receipt from your local food bank that gives the pounds of food or amount of money donated and bring that to the OSU Extension Service in Tillamook so that we can get an accurate tally of donations.



Community Service : “Kids Helping Kids” Update



Twenty \$25 shoe vouchers were provided through holiday gift baskets. This is also the tenth year that Tillamook County 4-H clothing members have sewn approximately 100 polar fleece hats for the Tillamook County Head Start programs in Beaver, Tillamook and Nehalem.



4-H Rummage Sale Planned



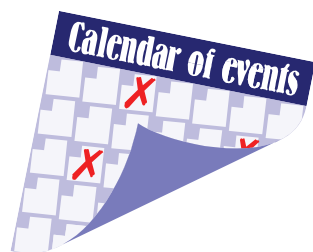
The Tillamook County 4-H Leaders have scheduled a 4-H Rummage (Garage) Sale on Saturday, **April 10**. Location to be determined. Please save your good used stuff (no computers or exercise equipment) and donate it to the Tillamook County 4-H Leaders Association (this is a tax deductible donation).

We need volunteers to help with set-up on Friday from 2 p.m. until we're done (early evening we hope) and before, during and after the sale on Saturday. Please contact the OSU Extension Service at 503-842-3433 to volunteer.



Youth Opportunities

Save These Dates



We are in the midst of planning the 2010 4-H year. Here are the dates for the major activities. The 4-H calendar of events that is available from the OSU Extension Service. Remember to always check the current 4-H newsletter for dates, times and locations of scheduled 4-H events.

Activate Oregon Conference	Feb 28-Mar 2	4-H Dog Pre-Fair	June 12
Young Dairy Farmers Contest	April 24	Horse Pre-Fair	June 19
Stars in the Rain Dog Match	May 15	4-H Camp	June 27-July 2
		4-H Summer Conference	June 23-26



County Fair

The 2010 Tillamook County Fair will be Wednesday - Saturday, **August 11-14**. This year's theme is "*Fair Time is Fun Time.*" Some 4-H fair activities begin earlier in the summer including:



Foods/Presentations Contests	April 16-17	Livestock Judging	August 3
Horse Fair	July 24-25	Fashion Revue	August 4-5



Teen Opportunities

County and State Fair Staff

It's not too early to start thinking about your summer schedule and reserving time to assist at county or state fair. Teens are needed in a variety of roles. At state fair responsibilities can be for one or more days with lodging available in the 4-H dorm. Contact Joy or Nancy for more information. 503-842-3433.



Becoming an Oregon 4-H Ambassador

It's time for 4-H members in grades 9 through 11 to think about applying to become an Oregon 4-H Ambassador. To become an Ambassador you must participate in 4-H Ambassador Training at OSU 4-H Summer Conference, **June 23-26**. Applications will be due at the Oregon 4-H Office in May. Check the State 4-H Website for more information, <http://oregon.4h.oregonstate.edu/ambassador-program>



4-H W.O.R.L.D.

Discover "The World of Hollywood" during this "movie" inspired WORLD (Western Oregon Retreat for Leadership Development) retreat on **February 12-14** at the 4-H Center! This retreat is for youth in 7th-12th grade interested in:

- Developing leadership skills in a retreat setting
- Meeting new people from other Western Oregon counties
- Building self-confidence and self-awareness
- Developing appreciation and encouraging involvement in community service, and
- Having fun



The retreat will feature classes on topics such as: acting, impromptu speaking, get-acquainted games, leadership, and job interview/scholarships skills. Participants will gain ideas for teambuilding, test your survival skills through "LIFE" game in Hollywood, and participate in a great community service project to benefit the many homeless youth and families in Oregon. It is also a great opportunity to learn from other youth and make new friends. Youth will really enjoy W.O.R.L.D. as this leadership retreat is both planned and conducted by a regional youth governing board.



The event will start Friday evening (registration 6:00-6:45 pm) and finish at 11:45 Sunday (no lunch). Cost is \$75.00 per person, financial need scholarships are available from the Tillamook County 4-H Leaders Association. Scholarship applications are due February 1. Registration is on a first-come, first-serve basis, with the final registration and payment deadline of February 5.



4-H Survivor Camp



High school juniors and seniors – are you ready for the challenge of surviving after high school? Plan now to attend 4-H Survivor Camp. It is open to both 4-H and non-4-H teens. Find out if you can:

Outlast . . . your first roommate, cooking meals, paying bills, budgets

Outwit . . . at the business dinner and Tribal Council

Outplay . . . your neighbor at the “Game of Life” and the “Bean” game. ‘



Life after high school doesn't stop – there's always a next step! Spend the weekend with your peers and do some hands-on preparation for real life, **January 15-17** at Olney Grange in Astoria. Cost is \$60, financial need scholarships are available from the Tillamook County 4-H Leaders Association. Scholarship applications are due December 30. Registration is on a first-come, first-serve basis, with the final registration and payment deadline of January 4.



Know Your Government Conference Scheduled with New Name



Calling all teens in grades 9 through 12: the 2010 Know Your Government program, now called “Activate Oregon! Youth Voice and Youth Action,” will be held in Portland, **Sunday, February 28**, 2:00 p.m. – **Tuesday, March 2**, 2:00 p.m. at University Place Hotel and Conference Center (310 SW Lincoln St.) in Portland. Teens will be leading small groups, examining issues that are important to them, creating plans to take action in their local communities, applying skills for civic engagement, sharing, negotiating, public speaking & more! The program also includes walking, meeting, officials and representing the 4-H program each day.

The program is designed for teens, ages 13 – 19 (grades 9 through 12), including 4-H members, their friends and other interested teens. The registration fee is \$155 and includes lodging for two nights; meals (two breakfasts, two lunches, one dinner); transportation during the program while in Portland; and, program materials. Financial need scholarships are available from the Tillamook County 4-H Leaders' with applications due February 1, 2010. Final payment is due February 11

There are also several scholarships available through the State 4-H Office. Watch for registration and scholarship materials on the State 4-H web-site <http://oregon.4h.oregonstate.edu/know-your-government> . Scholarship applications are due to the State 4-H Office by Monday, February 1, 2010.



4-H Summer Camp Positions Available



The Benton-Lincoln-Linn-Tillamook 4-H Camp has openings for *Junior Staff* and *Camp Counselors*. Counselors are expected to be at camp from June 26 to July 2. Camp is held at the 4-H Center near west Salem. Staff and counselors must attend Camp Counselor Selection Day, **March 6**, in Rickreall and Camp Counselor Training Weekend, **May 21-23**, at the Oregon 4-H Center.

Deadline for junior staff and camp counselor applications is **February 10**. Call the OSU Extension Service in Tillamook 503-842-3343 for applications.



International Travel Opportunities for Teens



Application materials for potential outbound 4-H international exchange teen delegates are now available on the Oregon 4-H Web site at: <http://oregon.4h.oregonstate.edu/4h-world-citizenship-project-international-exchange-programs> .

This year there are outbound exchange programs to the following countries: **Australia, Costa Rica, Japan, and Norway**. **Application materials for all countries are due postmarked by January 7, 2010.**



State Recognition for Leadership, Citizenship and/or Communication

Intermediate 4-H members (7th-9th grades) are eligible to apply for state awards in leadership, citizenship, or communications. The application includes a one-page narrative and one page of photos. Applications are due at the OSU Extension Service, Tillamook County 4-H office by **February 22**. Check out the State 4-H Website at <http://oregon.4h.oregonstate.edu/state-4h-recognition-awards>



State Resume Due for National 4-H Congress

A State 4-H resume is required to compete for selection as a delegate to National 4-H Congress. Your state resume is due at the Tillamook County 4-H office by **February 22**. The state resume includes a detailed history of your achievements, leadership, citizenship and communication. Check out the State 4-H Website for more information, <http://oregon.4h.oregonstate.edu/national-4h-congress>



Oregon State University Scholarships



Agricultural Honors – Several \$1000 scholarships for incoming and continuing students majoring in the College of Agriculture. Applications due to the OSU College of Agriculture **February 1**.

Judith K. Hofer 4-H Scholarship – One \$1,500 scholarship to a female with 5 years of 4-H experience majoring in Merchandising Management in the dept. of Design & Human Environment in the College of Health and Human Sciences. Applications available on the 4-H website and due at the State 4-H Office **March 1**.



Oregon 4-H Scholarships



The following scholarships are administered through the Oregon 4-H Foundation and require completion of a 2-page essay describing your growth in 4-H with an emphasis on how 4-H has contributed to your sense of competence, confidence, connection, character and compassion and a single page highlighting your activities in your 4-H career.

Applicants must be currently enrolled in 4-H and have completed a minimum of three years in 4-H; be high school seniors; plan to attend an accredited college or university; and have a minimum 3.0 GPA or 2.75 GPA and 850 or above on the SAT (SAT scores must be submitted with the application). Applications must be submitted to the Tillamook County office of OSU Extension Service by **February 22**. Check out the state 4-H website for complete information, <http://oregon.4h.oregonstate.edu/state-4h-scholarships> .



State Fair 4-H Scholarship Applications Due



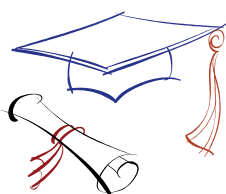
There are six college scholarships available for 4-H members who have participated at either county or state fair for a minimum of two years.

In addition to the application, you must include a transcript, SAT scores, 2 reference forms, an essay explaining the benefits of fairs participation, and a fair leadership and exhibit summary.

Applications must be submitted to the OSU Extension Service in Tillamook by **February 22**. Complete information is available at the State 4-H website, <http://oregon.4h.oregonstate.edu/2009-state-fair-4h-scholarship-summary>



Tillamook County 4-H Scholarships Due



Two \$500 Tillamook County 4-H Scholarships are available for 4-H members interested in college, business or trade school. Members must have a minimum of 4 years of 4-H membership and had their 4-H record judged at the 2009 County Fair. Applications are due **February 22**.

- ◆ **Tillamook County 4-H Scholarship** - One scholarship
- ◆ **Jim Durrer Memorial 4-H Scholarship** - One scholarship to an Oregon school. Must have participated in 4-H dairy, rabbit, beef, sheep or swine. Minimum 3.0 GPA.



Leader Updates

Tillamook 4-H Leaders Quarterly Meeting –

The next Tillamook County 4-H Leaders' Association quarterly meeting will be **January 25**, at the OSU Extension Service meeting room. All 4-H leaders, teen leaders and junior leaders are members of the association and are encouraged to attend. The meeting will begin at 7 pm



4-H Leaders' Association Executive Board



As of January 1, the 4-H Leaders' Association will have several new members on the Executive Board. These are the people who have been elected to represent you for the next year. Feel free to call them with suggestions, concerns or ideas. They are looking forward to a productive year.

President: Ginny Therrien
President Elect: Cyndi Walker
Past-President: Teri Fladstol
Treasurer: DeeAnn Gregg
Secretary: Phyllis Holmes

Directors-At-Large: Pam Abrams, Gina Dally, Cristina Egnew, Phil Gregg, Roberta Grunder, Debbie Reeder, Cyndie Siemsen, Gina Seufert, Tylea Sumerlin, Aline Turpen, Amy Willison

Youth Members: Elianna Fladstol, Wesley Neary, Monica Therrien, Mari Turpen

Check the 4-H calendar for meeting dates and time. Leaders are welcome to attend these board meetings.



New e-Learning Module



Have you been a 4-H leader for several years or maybe you are a newer 4-H leader. You may want to check out the state 4-H website for updates on volunteer opportunities and policies at: <http://oregon.4h.oregonstate.edu/volunteer>. There is a new 4-H Volunteer e-Learning course that may be of interest or provide new information or a refresher on your 4-H volunteer role. Why not spend a few minutes this winter reviewing your 4-H volunteer role in the warmth of your own home.

e-Learning is composed of four modules, about 15 - 20 minutes each, to provide basic orientation for volunteers. Each module is interactive, including appealing graphics, quizzes, and connected information. The learning is self-paced and when each module is completed the volunteer receives a completion certificate, while the local Extension staff is notified that the volunteer has completed the module. Click here to get to the e-Learning course: <http://4h.wsu.edu/volunteertraining/>, then register your name and state and use the password "volunteer."



Delays in 2010



The 4-H management (enrollment and fair) software program is still not up and running to its full capacity. This continues to limit our office and will continue until the programmers have finished. Please be patient with us as we wait for results. This was a decision made by our State 4-H office and is out of our hands. The potential for the program, Access 4-H, will be wonderful and will enable volunteers and clubs to view their own information. Until Access 4-H is ready, continue to call our office when you need to know club information, but please don't expect immediate answers. Hopefully you can bear with us until we can put these changes behind us.



New Page on Website With Leader Guidelines

Leaders, please take a moment to check out the new page on our Tillamook County 4-H website <http://extension.oregonstate.edu/tillamook/4h-policies>. This page has the following articles about policies and other vitally important information that all leaders need to be aware of:



- ◆ Clubs Must Account for Year's Assets
- ◆ Interest Bearing Accounts
- ◆ Tax Time and 4-H
- ◆ Fundraising Reminders
- ◆ Policy on Naming 4-H Clubs
- ◆ State Law for Children Riding in Cars
- ◆ Keeping Youth Safe - *Have at least 2 unrelated adults at every club event*



Ain't Got Nobody...



Are you a leader without a club? Maybe your members all graduated, or you are "taking a break" from club leadership?

We encourage you to continue to enroll as a Resource Leader. You will continue to receive mailings and still be covered by tort liability insurance, just in case someone twists your arm into helping out!



Prospective 4-Hers Need to Hear from You



Now is the time of year that prospective 4-H members call our office and ask for clubs in their area. If you indicated on your annual club re-enrollment survey that you are accepting new members, we will have these new members contact you. Remember, it is important to return these calls promptly! Even if your club has not had a meeting yet, new members deserve to hear from you. When you don't call back, the new members get discouraged and often decide that they don't want to join 4-H after all.

If your club is full, please call our office 842-3433 and let us know so that we can take you off the list of clubs accepting new members.



Animal Science

Important Dates for Market Animal Projects



Make sure and mark the following dates on your calendar if you are planning on participating in the Junior Livestock Auction at the 2009 Tillamook County Fair:

Beef Weigh-In	Fri., April 9, 5:30 to 7:00 p.m.
All Animal Weigh-In	Sat., June 5, 7:00 a.m. to noon
Courtesy Weigh-In	Tues., July 21, 6:00 to 7:30 p.m.
Rabbit & Poultry Weigh-In	Tues., July 21, 6:00 to 7:30 p.m.

All weigh-ins are held at the Livestock Barn at the Tillamook County Fairgrounds. **Remember that attendance at these events is mandatory** for all 4-H members who want to sell an animal at the Junior Livestock Auction.



The 4-H member must be present at the weigh-in for their animal to be weighed. If a 4-H member cannot be present, they must contact the Extension Agent and provide a written note explaining why. The note must be submitted at least one week prior to the weigh-in. The Auction Committee will determine if the member may be excused.



Members may only sell one animal/cage, except members may sell two animals/cages of different species if the member has an on-going breeding project and exhibits breeding stock in one of the species. Members must submit an application to the JLAC at the June weigh-in that is signed by the Extension agent and 4-H leader verifying that the member has an on-going breeding project in one species.

Contact the OSU Extension Service to get a complete copy of the 2010 JLAC rules.



New Goat Advancement Publications Available

The *4-H Pygmy Goat Advancement Guide* (4-H 1133) is now available online only at <http://ir.library.oregonstate.edu/jspui/bitstream/1957/12886/1/4-H1133.pdf>

The *4-H Meat Goat Advancement Guide* (4-H 1134) is now available online only at <http://ir.library.oregonstate.edu/jspui/bitstream/1957/12887/1/4-H1134.pdf>



Showing the Same Project Area in 4-H and FFA



The state 4-H and FFA offices have a Memorandum of Understanding that covers members who show in both organizations. The memorandum is posted on the 4-H Youth forms section of our county 4-H website. If you show the same species in 4-H and FFA, you need to determine which animals are your 4-H project animals and which are for FFA by **June 1**. 4-H project animals can not show in FFA shows, and vice-versa. Be sure to check with your FFA advisor about additional restrictions.



Country of Origin Labeling (COOL) for 4-H Market Animal Projects



4-H participants of market steers or heifers, lambs, swine, rabbit or poultry projects are required to comply with the United States Department of Agriculture (USDA) Country of Origin Labeling (COOL) program. This program requires retailers to notify customers of the country of origin of beef, lamb, pork, chicken, and goat products. See the Tillamook County 4-H website <http://extension.oregonstate.edu/tillamook/4h/livestock-project-requirements> for more details.



Upcoming Shows/Clinics

Stop by the OSU Extension Service in Tillamook 503-842-3433 for more information about the following shows or clinics.

26th Annual Silver Dollar Open Schooling Show (Horse), **January 16-17**, Linn County Fair & Expo Center, Albany.

Lane County 4-H Annual Tack Sale, **January 23**, High Prairie Arena, Eugene.

4-H Critter Campus, Small Animal Field Day, **January 30**, Polk County Fairgrounds, Rickreall.

Critter Romp (rabbit, cavy, poultry, cat, dog show), **February 20**, Yamhill Co. Fairgrounds

Lane County 4-H Small Animal Show, **March 6**, Priarie Mountain School, Eugene.

Oregon Meat Producers Spring Pen/Wether Goat Sale and USBGA Show, **March 27-28**, Polk County Fairgrounds, Rickreall.



Western Oregon Poultry Field Day Scheduled



The Western Oregon Poultry Field Day will be held Saturday, **January 23**, 2010 at the Polk County Fairgrounds in Rickreall. There will be workshops on poultry breeds, poultry judging, disease, care and grooming, small flocks, showmanship, avian bowl and lots more.

Workshops will be taught by Dr. James Hermes, OSU Poultry Specialist and the OSU Poultry Club. Please bring a bird of some kind (may be fake) to practice showmanship in a solid bottom cage, a notebook, pencil and questions. There will be many classes to choose from on a first come basis and showmanship.

Classes start at 9 am. A “Make it Yourself” omelet lunch will be included in registration. Cost for pre-registration (before January 20) is \$3, Pre-register by e-mail judi.peters@oregonstate.edu or phone (503) 623-8395. Onsite registration is \$5.

**“Cloverbud”
4-H Members
(K-3rd grades) are
NOT Allowed to
Work With Animals**



Leaders and parents, please remember that Oregon State 4-H Policy prohibits members younger than 4th grade from working with horses, dogs and livestock (dairy and beef cattle, swine, sheep, and goats) for safety reasons.

Leaders who allow younger members to work with horses, dogs or livestock are violating Oregon State 4-H Policy and can face severe consequences should a child get hurt. If you have questions regarding this policy, please call 842-3433.



**Horse Members and
Leaders Take Note:
Helmets are Required!**



Everyone involved in the Horse project area is reminded of the helmet requirement. All 4-H members and others under 18 years of age are required to use a helmet while riding a horse or riding in a horse drawn vehicle at **any 4-H associated event**. This means *club practices, clinics, shows sponsored by 4-H or any other activity related to 4-H*. The 4-H club **leader(s) are responsible** for making sure each 4-H member or guest is wearing a helmet.



**Barn Basics -
Livestock Reminders**



It's been a long time since fair, but don't forget your 4-H animals in the barn. Do you remember to do your health management chores? When was the last time you trimmed and checked hooves, or gave booster vaccinations? Here's a checklist:

- ✓ Clean water trough and pen.
- ✓ Check hooves for damage – trim & treat if needed.
- ✓ Vaccinate animals & give annual boosters – booster shots are more effective if they are given several weeks before your female animal gives birth, so mother and baby both benefit. Mom gets her annual booster and baby gets better quality colostrum from the increased levels of antibodies.
- ✓ Monitor for parasites and treat as needed. (worms, lice, mites, flukes, coccidiosis, etc.) Take a fecal sample to the vet if you suspect a problem.
- ✓ Monitor the weight and condition of your animals. Adjust rations as needed. Is your animal too fat or too thin? Now is the time to start correcting it before show season.
- ✓ Keep a close eye on expectant mothers. Make sure that she is in good condition and has a clean safe place to have her baby. As her due date approaches monitor as needed. Make sure you know what to do if it is necessary to help.
- ✓ Take proper care of newborns. Remember that the baby's initial immunity to diseases, that it gets from its mother's colostrum, wears off and you need to vaccinate them for diseases common in your area/state.
- ✓ Dehorn, castrate, and dock tails earlier rather than later. Struggling with older, larger animals makes the job harder and is stressful to the animal.

If you need additional livestock management information contact Joy at 842-3433.





4-H Calendar of Events

January 2010

EO = Extension Service office
 NCRD = No. Coast Rec. District
 TCF = Tillamook County Fairgrounds
 THS = Tillamook High School
 TJHS = Tillamook Jr. High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>OSU Extension Service Closed New Years Day</i>	2
3	4	5	6	7	8	9
10	11	12	13	14	15 <i>Unpaid Furlough Front Office Closed</i>	16
					4-H Survivor Camp (grade 10-12), Astoria, Jan 15-17	
17 <div style="border: 1px solid black; padding: 2px;">4-H Survivor Camp Continued</div>	18 <i>OSU Extension Service Closed Marin Luther King's Birthday</i>	19 Extension Advisory Council, 6-8 pm, EO	20 Babysitter Training Weds 3:15-5pm, 1/20 - 3/10, EO JLAC 7:00 p.m., EO	21 Ground School for Flight Afterschool Science Thursdays 3:15-5pm 1/21 - 2/11, EO	22	23 Poultry Field Day Polk County Fairgrounds
24	25 4-H Leader's Qrtrly Meeting 7 pm, EO	26	27 Babysitter Training Continues	28 Ground School for Flight Continues	29 Enrollments DUE today for all Returning 4-H Members & Leaders	30 Critter Campus Small Animal Workshops & Clinics Polk County Fairgrounds
31					REMEMBER - FOR RETURNING 4-H MEMBERS & LEADERS ONLY THE 4-H ENROLLMENT DEADLINE IS FRIDAY, JANUARY 29	



OSU Extension Service Ph/ 503-842-3433
 2204 Fourth Street fax/ 503-842-7741
 Tillamook, OR 97141
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4-H Calendar of Events

February 2010

EO = Extension Service office
 NCRD = No. Coast Rec. District
 TCF = Tillamook County Fairgrounds
 THS = Tillamook High School
 TJHS = Tillamook Jr. High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 2px;">FEBRUARY is 4-H Food Drive Month</div>	1 Babysitter CPR / First Aid Training 9am, EO	2	3 Babysitter Training Continues	4 Ground School for Flight Continues	5	6
7	8	9	10 Babysitter Training Continues	11 Ground School for Flight Continues	12 <i>Unpaid Furlough Day Front Office Closed</i>	13
					4-H WORLD Teen Retreat - (grade 7-12) 4-H Center, near Salem, Feb 12-14	
14 <div style="border: 1px solid black; padding: 2px;">4-H WORLD Continued</div>	15	16	17 Babysitter Training Continues JLAC 7:00 p.m., EO	18	19	20
21	22 4-H Congress & Scholarship Applications DUE 4-H Leaders Assn Executive Board Meeting 7 pm, EO	23	24 Babysitter Training Continues	25	26	27 4-H SUPER SATURDAY, 9 am-noon, TJHS
28 <div style="border: 1px solid black; padding: 2px;">Youth Voice, Youth Action Conference Portland, OR (formerly Know Your Government)</div>						



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2010 4-H DONATIONS FORM

Name

Date

Mailing Address

Phone #

City, State, Zip

DONATIONS OF ANY AMOUNT ARE APPRECIATED AND TAX DEDUCTIBLE

County-wide Programs - County-wide is our most flexible fund. It is used to support leader/member training, seminars, workshops, field days, and other programs.

Donation: \$ _____

4-H Scholarships - This fund supports scholarships for Tillamook County youth to attend programs such as 4-H Camp, Know Your Government Conference, 4-H Teen Summer Conference, and more. These programs each cost approximately \$120.00 to 200.00 per participant depending on length of program. Scholarship assistance is also provided to low-income families to assist with payment of the mandatory new state 4-H enrollment fee.

Donation: \$ _____

4-H After School and Day Camp Programs – This fund helps support after school and summer 4-H programs for youth. Programs provide positive, educational activities for youth during non-school hours when many youth are unsupervised. The after school and day camp programs reach youth who do not have the opportunity to be involved in the traditional 4-H program.

Donation: \$ _____

4-H Project Training & Activity – This fund supports project specific trainings, activities, and educational materials. Please indicate the project area that you wish to contribute to:

- | | |
|--|---|
| <input type="checkbox"/> Dog | <input type="checkbox"/> Natural Resources |
| <input type="checkbox"/> Dairy | <input type="checkbox"/> Science, Engineering & Technology
(chess, Lego robotics, G.P.S) |
| <input type="checkbox"/> Home Economics (Clothing/Foods) | <input type="checkbox"/> Shooting Sports |
| <input type="checkbox"/> Horse | <input type="checkbox"/> Small Animal (rabbit, cavy, poultry) |
| <input type="checkbox"/> Livestock (beef, sheep, swine, goats) | |

Donation: \$ _____

Total Enclosed: \$

***Please make checks payable to: Tillamook Co. 4-H Leaders Association and Return by February 15, 2010
(or as soon as possible) to: 4-H Leaders Association, 2204 Fourth Street, Tillamook, OR 97141***

For more information please contact the OSU Extension Service in Tillamook, (503) 842-3433.

Tillamook County 4-H is an organization that promotes positive peer involvement resulting in respect for self and others, friendships, responsibility, leadership and community service through an exciting and enriching educational program benefiting youth and community.