The Strong Women Program
A National Fitness Program for Women

Participant Contact Information–Continuing Participants

Classes run January 6-March 30, 2012

Cost is $20 for continuing participants

Please check the session you plan to attend:

_____ 7:45-8:45 a.m. (M, W & F) _____ 12:00-1:00 p.m. (M, W & F) _____1:30-2:30 p.m. (M & F)

Name: _____

Address: _____

_____

Phone Number: _____ Cell Phone: _____

E-mail address: _____
(we use e-mail to let you know schedule changes)

Date of Birth: _____ Age: _____

In case of emergency, please call:

Name: _____

Relationship: _____

Phone Number: _____ Cell Phone: _____

Have you experienced any changes in your health (positive or negative) that might affect your participation in this program? If yes, please describe: _____

_____

_____

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