My 4-H Permanent Record

This record will be your summary of 4-H work done in all projects for every year you are in 4-H. It will be useful to you to know how much you have accomplished. It could be helpful when you are filling out other forms for 4-H, school, other youth programs, and community. It will be fun, too, to look back several years from now to see what you did. It could also help provide information for awards.

Start with your first year and keep it up to date yearly. If you need more space, do not use a second Permanent Record. Get a copy of 4-H 033RS, *My 4-H Permanent Record Supplement*, use it for headings, and make your own form.

Name_____ Boy _____Girl _____ Date born _____ , _____

Address _____ _____ _____ _____

No. & Street/Route & Box *Post Office* *Zip Code* *Telephone* *County*

Year	Grade	Name of club (Individual projects go on next page)	No. in club	Club leader	Meetings		Office or committee
					Held	Att'd	
98–99		*Oak Grove Clothing Club*	*9*	*Mrs. L. Jones*			*News Reporter*
98–99		*Country Critters*	*8*	*Mr. Smith*			*—*

OREGON STATE UNIVERSITY
EXTENSION SERVICE

4-H 033R
Reprinted July 2000

Projects Completed and Exhibits Made

List all projects on this page. Start with your first year in 4-H. Show total size of projects by number of animals owned, dishes prepared, meals served, articles made, etc. (not just county fair exhibits). Indicate number of exhibits made and where exhibited. Use letters to show where: Local (L), County (C), District (D), Area (A), State (S), Regional (R), National (N), International (I). Show placing at fair and other competitions (1C-Red). If you exhibit in many shows, you may want to make a supplemental record indicating show, classes entered, and placing received. If you're a teen or junior leader, list project here and indicate number of members assisted.

Year	Name of project	Project size (see above)	Exhibits
98–99	*Clothing*	*3 articles, 2 dresses*	*2LB, 1C-Blue 1C-Red*
98–99	*Rabbit*	*10 does, 3 bucks*	*4C 2R 2B 1S, 1R*

Presentations

Show number of times and where presented. Example: (2L) for presentations in your 4-H Club, or (3C) for presentations to county-wide audiences. If you give a competitive presentation, indicate your placing ([Red] or [R]).

Year	Title or topic	Number and where	Number of people in attendance
98–99	*How to Straighten Material*	*2L, 1C*	*73*

Other Public Appearances

Show number of times and where presented. Example: (3L) for three news stories submitted to your local paper, or (1N) for a news story submitted to the National 4-H News. When you give talks, be sure to record the number of people to whom you made a presentation. Under "Other" you may want to indicate posters or displays made, etc.

Year	Talks before 4-H groups	Attend-ance	4-H talks before other groups	Attend-ance	Radio	Est. of number reached	TV	Est. of number reached	News stories	Est. of number reached	Other
98–99	*1L*	*35*	*1L*	*16*	*1L*	*5,000*	*1R*	*125,000*	*3L, 1N*	*10,000*	

Participation in 4-H Activities

(Include training activities, special program activities, and competitive activities.) Judging, Identification, Showmanship, Fashion Revue, Foods Contests, Safety, Health, Consumer Education, Commodity Marketing Activities, Livestock Field Day, etc. Show your number and where, as you indicated for exhibits and presentations. Also indicate things learned.

Year	Kind of activity	Things learned	Level of participation and recognition
98–99	*Dog Judging*	*Breeds of 20 dogs*	*3L, 1C, 1S, 2R, 3B, 1Ch*

4-H Events Attended: Tours, Camps, Summer Days, etc.

Year	Kind or name of event	Scholarship by—

4-H Advancement Programs

(Advancement certificates should be included with your 4-H record)

Program or project	Step no.	Date	Step no.	Date	Step no.	Date	Step no.	Date
Rabbit	*1*	*4-30-99*						

Leadership in 4-H

Year	Leadership responsibilities (not honors) in 4-H. Include number reached through leadership efforts. (Offices held in 4-H club are listed on page 1.) Junior leaders should indicate their responsibilities.

Leadership in Other Organizations

Year	Leadership responsibilities in school and other community organizations. Include number reached through leadership experience.

4-H Citizenship, Community Service, and Community Pride

Year	List what you did as a member of a club and/or as an individual. Examples: Park clean-up, reading to the elderly, get-out-the-vote campaign. Indicate the number of people helped, if appropriate.

Participation in Other Community Activities

Year	List what you did in other organizations/activities in school and community.

4-H Recognition

Year	Important honors, awards, trips, etc. (Do not include awards listed on pages 2, 3, or 4.)

Other Recognition

Year	List important recognition in school, other youth organizations, and community.

Produced and distributed in furtherance of the Acts of Congress of May 8 and June 30, 1914. Extension work is a cooperative program of Oregon State University, the U.S. Department of Agriculture, and Oregon counties. Oregon State University Extension Service offers educational programs, activities, and materials—*without regard to race, color, religion, sex, sexual orientation, national origin, age, marital status, disability, and disabled veteran or Vietnam-era veteran status*—as required by Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973. Oregon State University Extension Service is an Equal Opportunity Employer.

Reprinted July 2000.