

Wasco County 4-H Newsletter



January
2008

Oregon Joining in National Study

You may have caught the article I wrote for The Dalles Chronicle that related preliminary results of a long-term Youth Development study conducted by Tufts University and sponsored by National 4-H Council. This study is entering its 6th year and Oregon 4-H has been invited to partner in this year's continuation. By the way, early results are indicating that 4-H does a particularly good job of helping youth develop into healthy and contributing citizens!

This year, the study will look primarily at youth who are in the 10th grade—but we can also include 8th and 9th graders. In January, parents of 4-H members in this age group will receive an invitation to participate in the study along with a parental consent form. This consent form needs to be signed and returned to the State 4-H office. Once consent is received, I will work with the youth to set up a time to complete the survey.

A word about the survey: due to the complex nature and national scope of the study, the survey is quite long (36 pages). It will take youth about 90 minutes to complete. The study is trying to establish the impact of 4-H on positive youth behavior. In order to do this, the survey includes questions relating to risk behaviors (such as substance use and sexual behavior). Please know that these types of questions are very common in the world of adolescent research and that this survey has been used with thousands of youth without any problems.

We are excited to have Oregon represented in the study! Please look for the study information in early January and mail the parent consent forms as soon as possible. State 4-H would like to receive all signed consent forms by January 30th. Questions about the study can be directed to Mary Arnold, 4-H Youth Development Specialist (541)737-1315 or Roger Rennekamp, State 4-H Program Leader (541)737-1737.

Special Thanks!

We would like to recognize and extend thanks to the Wasco County 4-H members who agreed to participate in a ground-breaking survey conducted by David White, 4-H Agent from Deschutes County. Group 1, the Intervention Group, includes Laura Lowe, Hailee Olheiser, Jeff Markman, Chelsea Wooderson, Sarah Ferrer, Sara and Erika Maslen. Group 2, the Control Group, includes: Angela Despain, Megan Skiles, Sam Brogan, Jacob Powell, Sydney and Samantha Hege, Makenzie Ellett, and Bailey Maxwell. Thanks for your participation!

January, 2008

- 7 Fair Board Meeting, 7:00 pm, Tygh Valley
- 8 4-H Leaders meeting, 7:00 p.m., CGCC Room 2.273
- 12 Rocketry Clinic, 10:00 a.m. to noon, CGCC
Cat Clinic, 10:00 a.m. to noon, CGCC
- 20 No Teen Council Meeting
- 20-21 Camp Management Team Retreat, Comfort Inn
- 23 Scholarship & Congress application help, CGCC, 6:00-8:00 p.m.
- 28 Scholarship & Congress application help, CGCC, 6:00—8:00 p.m.
- 31 New Leader Orientation, 6:00—9:00 p.m., CGCC

February, 2008

- 2 Horse Judging & Hippology Contest, Deschutes Cty Fairgrounds, Redmond, 1:00—4:30 p.m.
- 5 Scholarship & Congress application help, CGCC, 6:00—8:00 p.m.
- 9 Rocketry Clinic, 10:00 am to noon, CGCC
Cat Clinic, 10:00 a.m. to noon, CGCC
- 11 Fair Board meeting, 7:00 pm, Tygh Valley
- 12 4-H Leader's Association meeting, 7:00 pm, CGCC
- 17 Teen Council, 3:30 p.m. CGCC
- 21 Scholarship & Congress application help, CGCC, 6:00—8:00 P.M.
- 23 Babysitting Clinic, 12:30—5:00 p.m., CGCC
- 25 Scholarship & Congress application help, CGCC, 6:00—8:00 p.m.

State, National and International Events

☉ The official weigh-in for **Market Steers** competing in the EOLS Rate of Fain and Allied Beef Industry contest is Saturday, **January 5, 2008**. Weight on steers for the show will remain as in the past years: 1000 lb minimum and no maximum.

☉ **Oregon 4-H World Citizenship Program-Summer 2008 Programs:**

Interested in hosting youth from Japan? Delegates will arrive in Oregon on July 24 and return to Corvallis on August 21. Youth from Finland and Costa Rica will be here mid-June to mid-July. Interested host families need to have all of the application materials completed and sent to the State 4-H Office by February 1, 2008.

The State Orientation for all outbound delegates will be held Saturday, April 5, 2008 in Prineville. All outbound delegates and at least one parent are required to attend this training. Oregon 4-H will be offering outbound 4-H exchange programs to the following countries: **Australia, Costa Rica, Finland, Japan, and Norway**. All of the exchanges are approximately four weeks in length. *The application deadline for all programs must be postmarked by **January 7, 2008***. Interviews for all of the outbound programs will be held during the week of January 14th. All selected delegates will be notified by January 22.

Complete details are on the 4-H website at <http://Oregon.4h.oregonstate.edu>. Click on the 4-H World Citizenship icon.

☉ **A Taste of College:** This exciting program for summer from June 24 to July 4*. Students live on the Oregon State University campus, explore college disciplines, and learn college academic and survival skills. Critical thinking, learning styles, career investigation, college writing, personal growth, and study skills are emphasized. Students earn two college credits. The program fee is \$990 and registration starts March 17, 2008. Visit: <http://p12.ecampus.oregonstate.edu/atoc/>.

**Please note dates conflict with 4-H Summer Conference at OSU*

☉ Clatsop County 4-H **Rabbit & Cavy** Show: May 10, 2008. This is an ARBA show. For more information visit www.columbia-pacific.org.

☉ Western Oregon **Poultry** Field Day: January 26, 2008, 9:00 a.m. to 2:00 p.m. at Polk County Fairgrounds in Rickreall. For more information call Polk County Extension at 503/623-8395.

☉ Washington County **Rabbit & Cavy** show at the Washington County Fairgrounds on February 16, 2008, at 8:00 a.m. Call 503/357-3159 for more information.

☉ Silver Dollar **Open Schooling Show**, January 12 & 13, 2008 Linn County Fair and Expo Center, Albany. Visit www.linncountyhorse4h.com for more information.



4-H Teen Council: 4-H members in the 7th—12th

The **Wasco County Teen Council** meets on the third Sundays of the month at 3:30 pm.

The Wasco County Teen Council's last get-together was at Spookys Pizza for the Holiday Party. In attendance: Hailee Olheiser, Laura Lowe, Chelsea Wooderson, Jeff Markman, Megan Skiles, Hannah Olheiser and Carley Lowe.

We ate pizza, drank soda and shared white elephant gifts. We also played a couple of mind

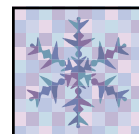
challenging games.

Election results: Chairman: Megan Skiles, ViceChairman: Hailee Olheiser, Secretary: Laura Lowe, and Treasurer: Kayla Magill. Congratulations!

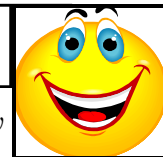
Due to the Tri-County Leadership Camp Management Team Retreat, there will not be a January Teen Council meeting. The next meeting is scheduled for February 17th in The Dalles.

Does your club have any news to share?

Mail, Email, Fax, Phone, or Hand Deliver your Club News, and we'll run it in the 4-H Newsletter.



Older Youth Opportunities



☼ **State 4-H Scholarships:** Graduating senior 4-H members are eligible for 4-H Scholarships. Many scholarships are available, including the Babe Coe Memorial Scholarship available only to Crook, Deschutes, Grant, Jefferson or Wasco County youth. Applications are due to the state office by March 1, 2008. The application process has been simplified. All that is required is a two page essay and a single page summary highlighting your 4-H activities. For more information visit: <http://Oregon.4h.oregonstate.edu/programs/Scholarship.htm>.

☼ **National 4-H Congress:** Being chosen to attend National 4-H Congress is considered the top award in Oregon 4-H. It is an awesome experience! All senior level 4-H members are eligible to apply for National 4-H Congress. The resume application is quite extensive and does take some work to put together, however, it is well worth the effort. The application is due to the State office by March 1st. Lynette has set aside the following dates to help with the resume process: 1/23,1/28,2/5,2/21,2/25 from 6:00 to 8:00 p.m. Call her and let her know you are interested in applying for this award.

☼ **State 4-H Ambassador:** The Oregon 4-H Ambassador Team consists of 15-20 senior level 4-H members from all across the state. The application for a position on this team is due into the State office by March 1, 2008. The primary responsibility of this team is to promote 4-H through community service and at various events. They also have responsibilities during OSU Summer Conference.

☼ **The Know Your State Government** (March 27-29, 2008) program is designed for young people in grades 9-12. This year the focus is on the media. *How does the media impact public policy making at*

local, state and national levels? How does the media impact candidates, campaigns and political messages? Join teens from many counties in Oregon, to learn how the media influences our civic involvement. The program will take place in Salem at the Phoenix Grand Hotel and Capitol Building. The teen Planning Team has proposed a fun and interactive program & invites you to bring a non- 4-H friend! Event registration forms are due in the office no later than Monday, March 3. The registration fee is \$140 for all youth or adult participants. Fee includes: all program materials, lodging (4 teens per room), breakfast each morning, dinner Thursday evening, entertainment Friday evening, snacks, and lunch on Saturday.

For more information call Lynette or visit: oregon.4h.oregonstate.edu/programs/events/KYSG.html

☼ **Congratulations** to Jeff Markman, Megan Skiles, Hailee Olheiser, Laura Lowe, Sam Brogan and Luke MacMillan for being chosen to represent Wasco County as members of the Tri-County Leadership Camp Management Team. They will work with other teens from Sherman and Hood River Counties to plan and implement the Tri-County Leadership Camp in March.

☼ Mark your calendar now for the next **Tri-County Leadership Camp:** March 28-30, 2008 at Camp Morrow. The camp will feature separate leadership tracks for middle school and high school students, as well as several social events. All classes and activities are planned by the Camp Management Team, so they will be useful, interesting, and fun for teens. More details will be mailed after the Tri-County Camp Management Team Retreat.



New Leader/Member Materials

4-H Dairy Goat Crossword Puzzle (4-H 1122) has been updated and is available only online
Oregon 4-H Sewing/Clothing Advancement Guide (4-H 92104R) has been revised and is available.
Oregon 4-H Sewing/Clothing Project Guidelines for Leaders (4-H 9210L) is available

Select and Prepare Herbs for Exhibit (4-H 2335) is available online
Oregon 4-H Horticulture Contest Guide: Vegetables (4-H 2334) is available online
4-H curriculum available online can be accessed at <http://extension.oregonstate.edu/catalog/4h/>




Blast -Off!
Register now for the Winter Rocket Workshops
January 12, February 9, and March 8

Session One: Learn the history of rockets, Understand the workings of the rocket motor. Build and launch two different types of rockets. 10am- Noon

Session Two: Experiment with different rocket designs. Learn the Rocket safety code and launch procedures. Build a rocket that will be ready for launch day! 10am-Noon

Session Three: Meet at Kramer field at 8:30am for launch day. Dress warmly, bring a camera to record your blast-off! Hot cocoa and muffins will be part of the morning. We will be finished by 9:45am.

Sessions 1 & 2 will be held at the 4-H office, 400 E Scenic Dr Rm 2.278
All supplies are included.
Cost is \$15.00 per person.
Call 296-5494 or 296-8813 to register

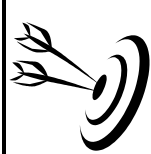



Now is the Purr-fect time to join Cat 4-H !

The First Meeting will be Saturday, January 12 at the 4-H office
 400 E. Scenic Dr. Rm 2.278 10:00-11:00 am

Bring a photo of your Cat (no live Cat needed at the meeting)
 We will be making plans for the spring,
 discussing the supplies needed
 and making arrangements to
 attend a Cat show in Portland on January 26th.

For more information
 Call Sally at 296-8813



Archery—A series of clinics for Archery will be offered this spring and summer beginning in April/May. Please keep reading the newsletter for more info.



Fly Fishing—No dates have been set yet, but fly fishing clinics are in the works! Keep your eyes open for more info.

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