

EAGLE Trek Frequently Asked & Answered Questions

WHAT TO EXPECT

What do I need to pack for camp? You will find an equipment list of what to bring to EAGLE Trek in your registration packet and on the web site. Some campers will bring blankets and sheets for the single beds in place of a sleeping bag. Please note that there is a list of items not allowed to bring to the camp. Bathroom toiletries are also needed for showers, etc. (including a bath towel). All cabins are heated with restrooms (including showers).

What is the daily schedule like at camp? Each day is full of adventure! Please check out the sample schedules in your packet or on our web site.

What kind of food is served at camp? Food at camp is fantastic! Meals are served family style at EAGLE Trek. Campers receive a full breakfast (such as eggs, ham and toast or pancakes, milk, juice) a full lunch (such as sandwiches, tacos, macaroni and cheese, veggies or fruit) and a full dinner (such as spaghetti, salad, French bread or hamburgers, salad and dessert). Milk is served daily, as are juices and water. There is a place on the registration form to list any restricted food items.

Can I send food with my child? Please do not send any additional food with your camper, unless there are specific dietary needs and this has been prearranged.

How can I find out more about the camp staff? Short bios for many of staff members are available on our web site. If you have further questions about the qualifications of staff, please contact Pat Willis, 4-H Youth Development Faculty at (503) 821-1120.

How many participants attend the EAGLE Trek camp? EAGLE Trek is limited to 40 campers. There are both boys and girls, which are separated into female and male cabins. Round the clock supervision is provided to every camper.

My child wants to bunk with her best friend, is this possible? Please mention this request on the registration form. Cabin groups are determined once registration closes, however, we will accommodate these requests as much as possible.

FACILITIES

How do I get to the Oregon 4-H Center and what kind of facilities are there? The Oregon 4-H Conference and Education Center, is located just 8 miles from downtown Salem, Oregon, in the Eola Hills of Polk County. It was acquired by the Oregon 4-H Foundation from Ivan Stewart and is used to extend the 4-H mission of helping young people become self-directing, productive, and contributing members of society. The Oregon 4-H Center has been an educational, camping and conference center since 1968 and is accredited by the American Camp Association. More information including direction, facilities, and natural resources can be found at the Oregon 4-H Center website at <http://www.oregon4hcenter.org/>

GETTIGN TO AND FROM CAMP

The EAGLE Trek camp will provide bus transportation from the Portland-Metro area to and from the 4-H Center. Please make prior arrangements to drop off and pick up a camper from the Oregon 4-H Conference and Education Center.

What happens if I need to pick up my child early? These arrangements should be discussed with the Camp Director prior to camp and/or during the registration process at the beginning of camp. If an emergency arises, you may call the 4-H Center and ask that they notify the Camp Director.

Will cell phones work at the 4-H Center? Sometimes, the signal can be weak. We do request that campers do not bring a cell phone to camp. We also ask parents to help us make this a phone free/electronic gadget free week for campers.

HEALTH AND SAFETY

Is there a camp nurse on site? Yes, the EAGLE Trek Camp has a nurse available round-the-clock during the entire camp week. If your child is injured or becomes so ill that an emergency room visit is required, you will be contacted immediately.

What happens if my child has a food allergy or special diet? Program staff will work with parents and campers to provide a menu for them. In some cases campers will bring their own supplement foods to ensure a full meal. Please list diet needs on the Health History form.

My child takes medication daily. How can I ensure that they will take it while at camp? The EAGLE Trek camp nurse collects medications when your child arrives at camp. The nurse ensures that every child on medication receives them on time every day. These medications will be returned to your child at the conclusion of camp.

How do I know my child is safe with the adults that are at camp? The EAGLE Trek camp is a program of Oregon State University Extension 4-H. A criminal background check is required for all adult staff and volunteers as well the successful completion of a training program. We also utilize a buddy system at camp to ensure that no child is alone with only one staff person. The maximum ratio is 1 staff to 5 campers

Can my camper go home with another family member or friend? The Parental Permission page gives the parent or parents the opportunity to release the camper to another person for transportation.

FINANCIAL ASSISTANCE

Are scholarships available? Yes campers and their parents may complete the Scholarship Application form and submit it to the Camp Registrar to request assistance. This information is not shared with other campers or staff. The EAGLE Trek camp has been fortunate to secure funds to assist families of need to help campers participate in the program.