

## **Eagle Trek Daily Schedule**

### **Monday (August 17, 2009)**

- 3:00 pm Bus leaves Portland/Metro area and travels to camp
- 5:00 Bus arrives with campers
  - Welcome!
  - Unload gear
  - Counselors take their cabin group on a site tour
  - Campers move in to cabins—
- 5:45 All meet at campfire circle
  - 4-H pledge, review the week ahead
  - Introduce all staff
  - Safety guidelines
- 6:30 All to lodge for dinner
- 7:30 Cabin time, cabins work on a cabin call (an animal sound)
- 8:30 Campfire program (Sunset is @ 7:38 pm)
  - Music, stories, skits
- 9:30 Night hike
- 10:15 Everyone back in the cabins
- 10:40 Lights out

### **Tuesday (August 18, 2009)**

- 7:15 Wake up
- 7:45 One cabin arrives at lodge to help set up breakfast (KP)
  - Another cabin meets at lodge—daily weather report
- 8:00 All to lodge-Breakfast
- 8:30 Breakfast Brain Announcements! Weather report, Food waste challenge, review the days schedule
- 9:00 Back to cabins, cabin clean-up, prepare for morning field programs
- 9:30 AM outdoor programs
  - (such as a forest adventure hike, water critters and water quality, healthy foods, living outdoors and sustainability)
- 12:00 Lunch at the lodge
- 12:45 Break time.
- 1:30 Afternoon outdoor programs
- 3:30 Resource ends-all meet back at lodge for snacks
- 4:00 Lots of recreation choices
  - Canoeing, swimming, super swing, arts and crafts, fishing, outdoor games, etc.
- 6:00 Dinner
- 7:00 Cabin time to practice skits and songs, evening activities
- 8:30 Campfire, marshmallows---cabin skits,
  - Possible star watch night
- 9:30 End Campfire
- 10:00 Lights out

### **Wednesday (August 19, 2009)**

- 7:15 Wake up  
Another cabin meets at lodge—daily weather report
- 8:00 Breakfast
- 8:30 Breakfast Brain Announcements!
- 9:00 Back to cabins, cabin clean-up, prepare for morning field programs
- 9:30 AM outdoor programs  
(such as a forest adventure hike, water critters and water quality, healthy foods, living outdoors and sustainability)
- 12:00 Lunch at the lodge
- 12:45 Break time.
- 1:30 Afternoon outdoor programs
- 3:30 Resource ends-all meet back at lodge for snacks
- 4:00 Lots of recreation choices  
Canoeing, swimming, super swing, arts and crafts, fishing, outdoor games, etc.
- 6:00 Dinner
- 7:00 Cabin time to practice skits and songs
- 8:00 All meet in grass area—Oh-Deer
- 8:30 Campfire, marshmallows---cabin skits,  
Possible star watch night
- 9:30 End Campfire
- 10:00 Lights out

### **Thursday (August 20, 2009)**

- 7:15 Wake up
- 7:45 One cabin arrives at lodge KP  
One cabin meets at lodge—daily weather report
- 8:00 All to lodge-Breakfast
- 8:30 Breakfast Brain Announcements!
- 9:00 Back to cabins, KP, cabin clean-up, pack for coastal trip
- 9:30 Bus leaves for Newport
- 11:30 Arrive at North Head Lighthouse for-Lunch
- 12:30 Travel to the HMSC, tour center, look for wave energy and more
- 1:30 Load bus—travel to marine Discoveries dock
- 2:00 Arrive at Marine Discoveries—Bay and Ocean boat trip—WOW!!!!
- 4:30 Return from the high seas!  
Travel to South Beach State Park
- 5:00 Sandy beach activities
- 6:30 BBQ Dinner
- 7:30 Look for the Green Flash (sunset is at 7:38 pm)
- 7:45 Campfire program-(dress warm)
- 8:30 Travel back to camp
- 10:30 Return to camp and into bed!

**Friday (August 21, 2009)**

7:15 Wake up  
7:45 One cabin arrives at lodge KP  
One cabin meets at lodge—daily weather report  
8:00 All to lodge-Breakfast  
8:30 Breakfast Brain Announcements! Weather report, Food waste challenge,  
and the final food message revealed! Review daily schedule  
9:45 Back to cabins, KP, cabin clean-up  
10:00 Morning outdoor programs  
12:00 Lunch  
12:30 Clean-up camp, clean cabins, pack up, load gear  
1:30 On the bus—head home  
3:30 Arrive back in the Portland area