

# ◆ CPO #1 NEWSLETTER ◆

Citizen Participation Organization #1

Serving: Cedar Mill/Cedar Hills

CPO Newsletters available on the web at <http://extension.oregonstate.edu/washington/cpo-1>

CPO 1 Map: <http://extension.oregonstate.edu/washington/sites/default/files/CPO1.pdf>

Washington County

November 2011



Oregon State University Extension Service supports CPOs through an intergovernmental agreement with Washington County, the sole funder of the CPO program. Extension CPO coordinators provide information on land use and livability issues, resource referrals, and work with CPO members to increase understanding of public policy and decision-making processes.

This newsletter material was developed by representatives of your local CPO and is forwarded to you as part of the Extension Service's support to citizen involvement in local government. Washington County administration, departments, and/or officials claim no responsibility, expressed or implied, for the content of this document.

#### CPO 1 OFFICERS

[www.cpo1friends.org](http://www.cpo1friends.org)

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*V Chair & CCI Alt.:* Virginia Bruce  
*Secretary & CCI Rep:* Pat Van Dyke  
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To review copies of the Cedar Mill-Cedar Hills Community Plan, go to <http://www.co.washington.or.us/LUT/Divisions/LongRangePlanning/Publications/ch-cm-cp.cfm>

## Citizen Participation Organization 1

Tuesday, November 1, 2011 at 7:00PM  
*St. Vincent Medical Center, Souther Auditorium*

### AGENDA

#### 7:00 PM - Welcome

Tualatin Valley Fire & Rescue Report  
CPO Announcements /Discussion (neighborhood meetings and development status)  
Community Announcements  
"It's Your CPO" Open Mic

#### 7:30 - CPO 1 Election of Officers

CPO 1 By-laws state that we have elections in October for the coming year. Oops...The election this month offers the following slate of officers:

Chair:	Bruce Bartlett
Vice-Chair:	Virginia Bruce
Secretary:	Pat Van Dyke
CCI Rep:	Bruce Bartlett
CCI Rep:	Pat Van Dyke

#### 7:45 - Hunger in Washington County

For the first time in any prior year, the Oregon Food Bank distributed over 1 million emergency food boxes in Oregon and SW Washington through their network of 20 regional outlets and 923 partner agencies. Sharon Straus, the founder of one of those partner agencies, the **Sunshine Pantry** ([www.sunshinepantry.org](http://www.sunshinepantry.org)), will visit us this month to discuss hunger in Washington County, what they are doing and how we can all help alleviate the staggering demand for emergency food.

#### 8:15 - The Significance of Metro's OptIn Survey Tool - [www.optinpanel.org](http://www.optinpanel.org)

Have you ever wanted to share your views about parks, transportation, recycling or other issues that affect your quality of life? Here is your chance. Metro staff member Ben Ramsden-Stein ([ben.ramsden-stein@oregonmetro.gov](mailto:ben.ramsden-stein@oregonmetro.gov)) will visit us to present the OptIn survey tool that Metro uses to collect opinions and ideas from its constituents by creating a panel of people from around the region who help guide many important public decisions. To participate, all you need to do is intend to complete two or three short online surveys each month about topics that affect you.

**CPO 1 Motto - "The world is run by those who show up."**

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## THPRD Seeking Two Citizens for Its Budget Committee

The Tualatin Hills Park & Recreation District (THPRD) is now accepting applications to fill two citizen positions on its Budget Committee. The **deadline is Friday, Nov. 18**. The Budget Committee generally meets three times a year and is responsible for providing public oversight of budget preparations, recommending changes to the proposed budget, and supplying information to the public about district business and operations. The 10-member committee includes all five THPRD board members and five citizen members. Each citizen member is appointed by the board to a three-year term.

Applications are available at THPRD's Administration Office, 15707 SW Walker Road, Beaverton, and online at [www.thprd.org](http://www.thprd.org). For more information, call Jessica Collins, executive assistant, at 503/645-6433 or send an e-mail to [jcollins@thprd.org](mailto:jcollins@thprd.org).

Formed in 1955, THPRD is the largest special park district in Oregon, spanning about 50 square miles and serving more than 200,000 residents in the greater Beaverton area. The district provides year-round recreational and educational opportunities for people of all ages. Offerings include a wide variety of classes and more than 200 park sites, 60 miles of trails, eight swim centers, six recreation centers, and 1,300 acres of natural areas.

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## Opportunity to Comment on Water Quality Pollution Limits and Plans for the Tualatin River Subbasins



The Department of Environmental Quality (DEQ) is seeking comments on draft documents describing pollution limits and plans to improve water quality in the Tualatin River subbasins and ensure streams are healthy for fish and wildlife, and safe for fishing and swimming. DEQ has identified three problems for water quality in stream reaches in the Tualatin River subbasin: temperature, phosphorus and ammonia.

The Federal Clean Water Act requires DEQ to develop plans with goals and pollution control targets for improving water quality in these watersheds. DEQ is doing this by first establishing limits known as Total Maximum Daily Loads, known as TMDLs for each pollutant entering the water system.

DEQ encourages individuals with computer capabilities to view the draft TMDL documents and fact sheets on the DEQ Web page at: <http://bit.ly/qbiR3U>. Draft documents and related materials are available for review at: DEQ Northwest Region Office, 2020 SW 4th Avenue, Suite 400, Portland, OR 97201, Contact: Diana Adams 503-229-5552.

You can provide comments in person at a public hearing, **6:00 - 8:00 p.m., Wednesday, Nov. 16, 2011** at Tualatin Valley Fire and Rescue, North Operating Center, 20665 SW Blanton St, Aloha, OR, 97007. There will be a brief information session starting at 6:00 pm that will precede the formal hearing. Comments are due at 5 p.m., Wednesday, Nov. 30, 2011. Send written comments to: Avis Newell, DEQ Northwest Region Office, 2020 SW 4th Avenue, Suite 400, Portland, OR 97201, by email at [Newell.Avis@deq.state.or.us](mailto:Newell.Avis@deq.state.or.us) or fax to 503-229-6957.

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**GO GREEN, SAVE A TREE!** The CPO program coordinators are looking at ways to reduce printing and postage costs and to make the program more sustainable. To do that we need your help by signing up to receive the newsletter electronically. We call this the *CPO NewsAlert*.

It's simple, just send an email to [cpo.wash.co@oregonstate.edu](mailto:cpo.wash.co@oregonstate.edu) with your name, street address, zipcode and email address to make the necessary changes. You will receive an email with a link to the CPO website with your current newsletter. Thank you for helping out!

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## Help Reduce Air Pollution Near Schools

No one wants children breathing exhaust, and yet a lot of idling takes place at schools, where buses and cars line up to drop off and pick up children. Because a single vehicle dropping off and picking up kids at one school puts three pounds of pollution into the air per month, stopping unnecessary vehicle idling is one way to reduce air pollution.



If you are interested in implementing an idle-reduction program at a school or adapting it for another organization, DEQ can help with advice and consultation. More information is at <http://www.deq.state.or.us/aq/vip/whatyoucando.htm> or contact: Marcia Danab, Communications & Outreach, 503-229-6488.



*Oregon Environment Fall 2011*

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## Public Affairs Forum Topics

**Time:** Mondays 11:15 am - 1 pm except on major holidays.

**Location:** Tanasbourne Old Spaghetti Factory, 18925 NW Tanasbourne Dr, Hillsboro 97124, 503-617-7614

For a map go to: <http://washingtoncountyforum.org/time-place>.

You are welcome and encouraged to attend.



### October 31, 2011

Topic: Fair Housing Washington County, Looking at the AUDIT, and the program.

Speaker #1: Moley Good, Executive Director of the Fair Housing Council of Oregon.

Speaker #2: Jennie Proctor, Community Development Manager for Washington County.

### November 7, 2011

Topic: Cedar Mill/Bethany Library Director, updates on library branches and the needs they fill in our economic climate.

Speaker #1: Peter Leonard, Executive Director, Cedar Mill Library

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**For last minute updates and additional information about the forum, visit: [www.washingtoncountyforum.org](http://www.washingtoncountyforum.org)**

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## How to Collect, Dry and Roast Squash and Sunflower Seeds

If you grow sunflowers, pumpkins or squash in your garden, harvest time is here. If you'd like to try gleaning out the seeds from these plants, you'll have a nutritious snack. It is easy to dry and roast these high protein seeds. Here's how to clean, dry and roast your seeds from food preservation expert Nellie Oehler, family and community development faculty with the Oregon State University Extension Service.

For sunflower seeds, cut the spent flower heads, leaving a stem about one foot long. Hang each of these upside down in a dry location with good air circulation. Tie a cloth bag or a worn out, clean pair of panty hose around each head to catch the seeds, which might drop during drying.

For pumpkin and other winter squash seeds, wash and remove all clinging fiber from the seeds. Pumpkin and winter squash seeds can be dried in a dehydrator at 115 to 120 degrees until crisp or in a warm oven for an hour or two. Stir the seeds frequently until they are crisp.

For seasoned roasted seeds, try mixing two cups of the dry seeds in a bowl with a half-teaspoon of Worcestershire sauce, 1 1/2 tablespoons melted butter or margarine and a teaspoon of salt. Place the coated seeds in a shallow baking pan and roast in a hot oven 300 degrees for 10-15 minutes or until crisp. Stir the seeds frequently, assuring that all are dry. Cool the seeds after roasting in a plastic bag or container, removing as much air as possible. For long-term storage, store them in the refrigerator or freezer to prevent rancidity.

## View From the Chair – November 2011

### Homelessness

The number of Oregon students in unstable housing situations continued an uphill climb to 20,545 during the past school year, a harsh reminder of the economic downturn. Since the Oregon Department of Education (<http://www.ode.state.or.us/>) first began the annual homeless count during the 2003-04 school year, the number has more than doubled, and represents an increase of about 1,500 students from the previous year (<http://bit.ly/dqHZCU>), according to data the state will release today. At the same time, many school districts across the state are facing increased budget constraints and scrambling to fund services for the heightened need. (See <http://bit.ly/dqHZCU>)

### Hunger

In an average month, about 260,00 people in Oregon and SW Washington eat meals from emergency food boxes, 86,000 of whom were children. The **Sunshine Pantry** ([www.sunshinepantry.org](http://www.sunshinepantry.org)) is a family-run nonprofit food pantry in Beaverton, Oregon founded by Sharon Straus. For more than 25 years the Sunshine Pantry has gathered food, clothing, household items, toys and toiletries to distribute to families in the community. The mission of the Sunshine Pantry is to help those in need make it through difficult times and the most important thing to Sharon is that "no child should go to bed hungry." What started out as a Cub Scout canned food drive project in her garage for her oldest son now supplies necessities to 500 families per month from a small, secured warehouse in Beaverton. Most of the food comes from local stores that donate excess items and from **Fork It Over**, Metro's food donation program to reduce hunger and waste in the Portland area (see <http://bit.ly/kgWf8>). No one is turned away: children, the unemployed, the working poor, single moms, seniors on fixed incomes, as well as community institutions all are helped by Sunshine Pantry. There's no documentation required or other barriers to receive assistance; just bring in a smile. Donations from the community are greatly appreciated.

### *Kleroterion* – An Effective Model for Civic Decision Making

(Thanks to The Oregon Commons' Lenny Dee for this information, <http://theoregoncommons.org/>)

In the last 40 years the percentage of Americans who trust government has dropped precipitously. Governance these days is managing trade-offs, balancing interests, weighing costs and benefits. Experts then craft a plan or policy and then bring it to the public for their input. The public input process is usually managed by consultants who then summarize the responses for review. In the end, the community typically has no real ownership of the decision. There is a new way developed by Prof. James Fishkin of Stanford University to bring together a scientifically representative sample of the citizenry to work through the hard choices we face. Read about the *kleroterion* process in the Sept 2, 2010 Time article "How Can a Democracy Solve Tough Problems?": <http://ti.me/blIo2Q>. In Michigan, whose budget difficulties rival Oregon's, the Kellogg Foundation and Fishkin put together an almost perfect microcosm of the state in attitudes and demographics, with 314 citizens grappling with difficult trade-offs. By the end of their deliberations, the Michigan citizens endorsed bold decisions of the sort that politicians usually find very uncomfortable.

### Civic Intelligence

iCivics (formerly Our Courts, [www.icivics.org](http://www.icivics.org)) is a web-based education project designed to teach students civics and inspire them to be active participants in our 200+ year old experiment in representative democracy. iCivics is the vision of Justice Sandra Day O'Connor, who is concerned that students are not getting the information and tools they need for civic participation, and that civics teachers need better materials and support.

- Bruce

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## Transportation Plan Update is Starting

Washington County is planning to update its Transportation Plan. Transportation issues continue to be of major concern in Washington County and throughout the region. Although minor modifications to the plan occur fairly frequently, the last comprehensive review of the plan was completed in 2002. This update provides an opportunity for residents and local government officials and staff to work together to respond to and identify innovative approaches for addressing future transportation needs. If you are interested in receiving plan update progress and finding out about opportunities to provide input call 503-846-3519 and ask to be included on the appropriate notification list or contact the Long Range Planning Division at [lutplan@co.washington.or.us](mailto:lutplan@co.washington.or.us). You'll be provided with project updates and be informed of public outreach events as they are scheduled.



<b>CPO #1 LAND USE ITEMS UPDATED</b>			
<b>CASE FILE/TYPE</b>	<b>APPLICANT LOCATION</b>	<b>PROPOSED ACTION</b>	<b>STATUS</b>
1100149 Type II NC	Ginger Properties LLC 11200 NW Thompson Rd Portland 97229	Development review for a mixed use development (office/retail) and an access management plan for access to NW Thompson Rd.	Approved.
1100214 Type II R6	Andre and Claudia Idzari 1200 NW 95 <sup>th</sup> Ave Portland 97229	Development review for a single-family dwelling on a 13,406 square foot lot of record.	Application received. Status is pending.
1100247 Type II TO:RC	Safeway Inc 13505 NW Cornell Rd Portland 97229	Determination of a non-conforming use for a free-standing sign & alteration of the sign face.	Application received. Public Comment Period 10/6/141 to 10/20/11
1100272 Type II TO:R9-12	Jerome & Vicky Maurseth 13075 NW Glenridge Dr Portland 97229	Request for extension of casefile 07-189-p/v/v/v/hrv, "maurseth partition"	Application received. Status is pending.

Because of space constraints, only Type II and III Development Applications of interest to a majority, are listed in the Newsletter – for Type I Applications or for latest updates, please visit the County’s website at <http://washims.co.washington.or.us/GIS/index.cfm?id=31>

All land use hearings are held at the Charles D. Cameron Public Services Bldg.  
Mailing Address: Wash. Co DLUT, 155 N. First Ave. #350 Hillsboro, OR 97124  
503-846-8761 / fax: 503-846-2908

## Clothes Closet to Extend Hours of Operation

The Beaverton School District Clothes Closet will extend their weekly hours of operation on Wednesdays to 8:00 p.m. The Clothes Closet, operated by volunteers from the District’s parent groups and the Beaverton community, provides free clothing for students in grades K-12 from families with limited income. Students may visit the Clothes Closet Wednesdays during the school year from 10:00 a.m. to 8:00 p.m.



An AmeriCorps Member with the Oregon State Service Corps will be working part-time in the Communications & Community Involvement Department to support the Close Closet and recruit volunteers for the extended hours for the 2011-2012 school year. The Ameri-Corps position is being funded through a Reser Family Foundation Grant.

The Beaverton Family Resource Center and Homeless Educational Assistance Program will also extend their hours of service on Wednesdays until 8:00 p.m. The Beaverton School District Clothes Closet is located at 16550 SW Merlo Rd., Beaverton, OR 97006.

For more information, please contact Johanna Shrout at 503-591-4443.

## Washington County Disability, Aging & Veteran Services Wants Your Input – Survey on Retirement and Service Needs

Washington County Disability, Aging & Veteran Services (DAVS) is seeking input from the community to include in the development of their three-year strategic plan. The new strategic plan will be for 3 years beginning in 2012 through 2014. The 3-year plan will address the needs and the gaps in services for seniors, veterans and people with disabilities. DAVS is interested in the opinions of Washington County residents about retirement and what services and activities they need and want as they grow older. Anyone interested can also take a short survey by going to <http://www.surveymonkey.com/s/CVL58YN>.

For more information about the planning process, or if you would like a paper copy of the survey, please contact Janet Long at (503-846-3081) or E-mail to: [janet\\_long@co.washington.or.us](mailto:janet_long@co.washington.or.us).

## Landlord Training- Keeping Illegal Activity Off Rental Properties

The Westside Crime Prevention Coalition (WCPC) will present a training opportunity for rental property owners and managers on **Saturday, November 5, 2011**. Nationally recognized speaker John Campbell will present the eight-hour training session titled "Keeping Illegal Activity Off Rental Properties" at the Portland Community College (PCC) Willow Creek Campus in Aloha.

Training information and registration forms are available at <http://1.usa.gov/qt6VqF> or by calling 503-846-2579.

The training curriculum is adapted from a nationally recognized program developed by Campbell. The need for this training came to mind after Campbell, a Portland native, was embattled in his own neighborhood in a struggle with criminals seemingly overtaking the area. The idea was then developed specifically for rental properties in efforts to enhance their safety and create more desirable neighborhoods.

The program helps property managers and owners maintain a safe and attractive property while taking steps to reduce the opportunity for crime and related problems. Information about tenant screening, physical elements such as landscaping and maintenance, warning signs of drug dealing and usage, as well as the application process are included in the training.

More information regarding the upcoming training for landlords and rental property managers is available by calling 503-846-2579. In addition, WCPC also provides on-going, year-round, free monthly forum for rental property owners at <http://1.usa.gov/qt6VqF> and property managers can learn about additional methods to keep their properties managed effectively.

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## News From Metro

### Brownfields Programs Spark Reinvestment in Beaverton Park

Restoration work will transform a former gas station lot into green space at Beaverton's Eichler Park. The transformation comes through the successful partnership between Metro, the Tualatin Hills Park & Recreation District, Business Oregon and the Oregon Department of Environmental Quality. The brownfield cleanup will add two-thirds of an acre to the park.

To learn more visit: <http://bit.ly/rgEmaT>

### Opt In asks: 'How do you get around?'

How important are projects that improve bicycling, walking and public transportation in your community? Metro wants your opinion. Next year, Metro and its partners will be developing a regional plan for active transportation. With an anticipated influx of a million new residents over the next two decades, it is vital to plan ahead so all residents have access to safe, easy and affordable transportation options.

To learn more and participate in the survey visit: <http://bit.ly/qPYVXa>

### Residents add ideas for the Southwest Corridor Plan

Great ideas from residents will help inform the scope of the Southwest Corridor Plan – things like the importance of walkable town centers that include space for housing and businesses; preserved greenspace, including parks and natural areas; bicycle access; and ensuring that future growth is planned for on a community level.

Learn more at: <http://bit.ly/nXTXfa>

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## CPO Email News and Discussion Group



*CPOTalk*, an email news and discussion group for CPO members, focuses on land-use and livability issues in Washington County. Sign up to receive the latest information on land use and livability in Washington County. Regular postings include articles from local newspapers, state legislative updates, and local/regional/state reports relating to land use and livability.

To sign up for *CPOTalk*, send an email to [cpo.wash.co@oregonstate.edu](mailto:cpo.wash.co@oregonstate.edu) with your name, street address, zipcode and email address. We'll do the rest! For more information, contact Margot Barnett, CPO Coordinator, 503-821-1114 or [margot.barnett@oregonstate.edu](mailto:margot.barnett@oregonstate.edu).

## Take Caution with Unfamiliar Berry Plants

Oregon State University Extension has received calls and inquiries through its "Ask an Expert" program this past week about people possibly eating toxic berry plants.

"Many weeds have flowered and the 'fruit' can look tasty but should not be eaten," said Barbara Fick, OSU Extension horticulturist for Linn and Benton counties.



One such plant identified recently was the poisonous Black Nightshade.

"Children are attracted to the berries of these plants," Fick said. "Black nightshade fruit hang in clusters and are green when unripe, black and shiny when ripe. Also in the nightshade family, Bittersweet nightshade fruit turn bright red when ripe and are egg-shaped."

Although ripe fruits of some varieties may be edible when fully cooked, toxicity varies and unless it is known that the berries are from an edible strain, they should be left alone. Contact poison control at 1-800-222-1222 with questions.

Birds and animals often eat berries and plants that are poisonous to humans, Fick warned. "Observing wildlife eating plants is no guarantee that people can safely eat the plant," she said.

If you do not know what a plant is, bring it to the master gardeners at your local OSU Extension office for positive identification.

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## Mulch Perennials for Winter Protection

Autumn is a great time to mulch around your ornamental shrubs, fruiting trees and vines and perennial flowers, before winter sinks its icy talons into your home landscape.

Whether you choose shredded bark, manure, conifer boughs, composted mint hay, well-rotted sawdust, composted leaves or thoroughly dry grass clippings, an organic mulch will help protect perennial roots, keep weeds down, prevent nutrient loss and help insulate plants from the cold, explained Pat Patterson, Oregon State University Master Gardener program assistant.



Shrubs like roses, azaleas, rhododendrons and hydrangeas can really benefit from low-nutrient mulch. Flowers such as lilies and dahlias, and spring bulbs like tulips and daffodils will do better with this type of mulching also.

Blueberry bushes and lingonberries send out roots along the soil surface, and they appreciate a thick layer of well-rotted sawdust. Canberries will benefit from organic mulches such as composted manure. Rhubarb and asparagus beds do best covered with seed-free straw-filled manure. But be aware that some mulches may have weed seed. You can compost the manure for one year then use it as mulch to alleviate the weed problem. Dormant vegetable beds can benefit from a six-inch blanket of manure and leaves.

Avoid mulching with hay, especially ryegrass straw unless it is thoroughly composted. Otherwise, it has too many seeds that will eventually sprout and will create a serious weed problem. Don't use grass clippings from a lawn treated with a weed-and-feed preparation. The herbicide will stay in the clippings and can damage your shrubs.

When you mulch around tree trunks, make sure that you do not place the mulch up against the bark. Mulch against tree bark encourages crown rot and allows easy access for mice, which might girdle the bark around the base of the tree.



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### **Neighborhood Review Meetings**

*Note: Some of the following meetings may have already occurred. They are listed here because we want you to be aware of potential development on sites within your CPO.*

♦ Manor Construction is proposing a 3-parcel partition with property line adjustments for three single-family detached dwellings. An informational meeting will be held **Tuesday October 25, 2011 at 6:30PM. Location is Tualatin Valley Fire & Rescue Station 60 – Meeting Room, 8585 NW**

**Johnson Street, Portland 97229**

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