

# FAVORITE FOOD CONTEST (county only)

## Competition Information

*Each contestant will prepare a table display on their own table. The display will consist of:*

- 1. A menu printed on an index card (menu must contain a favorite food).*
- 2. A table set for one, complete with cloth and centerpiece.*
- 3. Recipe of a favorite food typed or printed on an index card.*
- 4. The favorite food should be prepared by the contestant bringing it to the fair.*

**Purpose:** For members to demonstrate their knowledge of:

1. A proper table setting (see example on back of this page.)
2. Menu planning and
3. Presentation of their prepared food item

You are being sent a schedule showing your contest time. Please check in at least ten minutes before your time. If you have any questions before the contest call the Extension Office at 963-1010.

### **What you need to bring:**

- Card table.
- Table setting for one person to reflect your entire menu.
- Centerpiece and table accessories appropriate to your menu and theme.
- Tablecloth, napkin, etc.
- Copy of the recipe for your favorite food (display on table), index card no larger than 5" by 8".
- Menu for the complete meal that would be served with your favorite food (display on table), on an index card or similar no larger than 8½" by 11".
- Your favorite food, prepared in advance by you.

**FOOD SAFETY: Hot food must be kept hot or cooled completely and reheated before serving to the judge. Cold food must be kept refrigerated.**

### **Provided at the Fair:**

- Kitchen access for last minute preparation – stove, oven, microwave, refrigerator, sink, work area, etc.
- Folding chairs
- Plastic covering for display after contest

### **When you arrive:**

- Properly store your prepared food in provided stove or refrigerator until your scheduled judging time.
- You will set your table, including any centerpieces, etc.
  - Table may be set for up to 1 hour before scheduled judging time.
- Prepare to serve your precooked (cooked by you) favorite food item to the judge.
- Place two chairs at your table – one for the judge at the place you set, and one for you on the side.
- You will be given a **5 minute** notice to bring your food to your table. Sit at your table when you are all ready and wait for the judge.
- Serve the Judge your dish, the Judge will interview you as he/she tastes your food.
- You may be asked questions about your table service, favorite food, or the food pyramid.
- When the judge is finished, remove all food items from your table, clean any dishes or utensils used, reset the table with clean items.
- Contest staff will place your table in position for display and cover it with clear plastic.

Please do not put valuable items on your table, thank you.