

SHERMAN 4-H NEWS

April 2023

The 4-H year is off and running!

Yahoo, it's starting to look more like spring and that means Sherman 4-H clubs are in full swing. Kids, watch for postcards in the mail for upcoming meetings with your 4-H clubs.

It is important to attend ALL club meetings, contact your leader or the Extension Office if you absolutely cannot make it to a meeting. Your leaders work hard to plan interesting and educational club meetings to help you with your projects.

Sherman County 4-H has 100 (!!!) youth enrolled in the following: beef, sheep, goat, swine, horse, poultry, dog, photography, sewing, indoor cooking/baking, outdoor cooking/food preservation, and teen leadership/counselor training...plus Cloverbud 4-H for kids aged 5-8 as of last September 1.

Yes, we will be holding Sherman County 4-H Camp, but due to our school schedule, we are unable to use the Camp Morrow facility in Wamic. So camp this year will be at the Brooks Memorial Retreat Center north of Goldendale. Many of us adults have memories of 6th grade Outdoor School at this wonderful wooded site. As there is no waterfront, we plan to have a bus to take everyone to the Goldendale pool during camp. "Counselor Camp" for the 7th-12th grade teen staff will be Monday, June 19. Sherman 4-H Camp for 4th-6th graders will be held Tuesday, June 20 through Thursday, June 22. You can sign-up for camp in May!

The Sherman County Fair will be: Monday, August 21 for home ec/static/photography judging and the dog show; Tuesday, August 22 for the horse show; Wednesday, August 23 as weigh-in day; Thursday, August 24 for poultry and livestock market classes; Friday, August 25 for livestock showmanship; with Saturday, August 26 being All Around Showmanship and the auction.

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Oregon State University
Extension Service

4-H Basics

The 4-H Symbol

A green 4 leaf clover with a white "H" on each of its leaves.



The 4-Hs

HEAD

HEART

HANDS

HEALTH

MOTTO

"To Make the Best Better"

SLOGAN

"Learn by Doing"

PLEDGE

I pledge my head to clearer thinking, My heart to greater loyalty, My hands to larger service, And my health to better living, For my club, my community, my country and my world.

COLORS

Green and White

Green represents
springtime

White represents
innocence

Sherman 4-H Club Meeting Notes

The Chicken Tenders 4-H club met on February 10, 2023 at 3:00 P.M at the extension office. Attending were Claire, Marie, Samantha, Travis, Maddie, Stephen, Mark, Isaiah, Clyde, Erin, Sebastian, Olivia and Kennan. The Pledge of allegiance was led by Clyde 4-H pledge led by Kennan. Everyone introduced themselves and we talked about what our poultry project was going to be this year and when you should be getting your chicks. Several are going to raise and sell turkeys, most are raising chickens and one person is raising ducks. We are going to learn how to show them, walk them and overall how to take care of our poultry. We elected our president, Claire, vice president, Stephen, secretary Samantha and treasurer Kennan. Our next meeting will be held on March 10th at 3:00 P.M. Meeting was adjourned at 4:03 p.m. Signed: Samantha Rooney News Reporter

The Sherman 4-H Beef Club met on March 1 at 5:27pm at the Sherman Extension Office. Attending were Kit, Ely, Clare, Rhyder and Becky. Pledge of Allegiance by Ely, 4-H Pledge by Clare. We talked about goals for this year and last year. Talked about hopes for our new facility. Identified steer body parts. Talked about future beef meetings. Our next meeting will be April 5. Meeting adjourned at 5:53pm. Signed, Rhyder Smith, News Reporter

The Pans on Fire 4-H club met on March 8 at 3:30pm at the Extension Office. Present were: Emma, Sara, Haley, Mya (junior leaders), Kynlie, Olivia, Arian, Avery, Hannah, Harley, Peyton, Roper, Isaiah, Elizabeth, Sebastian, Erin, Ireland, Ruby, and Yvonne. Excused absences were: Clyde, Andrew. Pledge of Allegiance led by Yvonne, 4-H Pledge by Haley. First we made fires with newspaper and wood. After the fires we made popcorn and hot chocolate (which was very good!). We used stoves and fire triangles. Thank you Miss Cindy! Our next meeting will be March 15. Meeting adjourned at 5pm. Submitted by Ruby Cook, News Reporter

The Chicken Tenders 4-H Club met on March 10th at 3:00pm at the extension office. Attending were Erin, Isaiah, Olivia, Sebastian, Kennan, Harper, Madysen, Clyde, Allison, Stephen, Samantha, Marie, Mark, Ellie and Hannah. Excused absences were Travis and Claire. The Pledge of Allegiance was led by Clyde and the 4-H Pledge by Marie. Kennan gave a presentation on the care of ducks. Stephen gave his on caring for turkeys and Marie gave her presentation on caring for chickens. Erin gave her presentation on their breeds of chickens. We talked about where to get chickens and turkeys. Our next meeting will be on April 7th at 3:00pm at the fairgrounds. DeeAnn Ramos is putting on a poultry clinic. Meeting adjourned at 4:10. Signed Samantha Rooney News Reporter.

The Sheep 4-H club met on March 12 at 3:05pm at the Sherman Extension. Attending were: Harper, Luke, Cecil, Brock, Jules, Piper. Pledge of

Allegiance by Jules, 4-H Pledge by Piper. Talked about what to expect. New building with all animals in building. What the jobs are and who gets the show ring different. Two gals in Wasco County selling lambs. June 4 weigh-in. Make sure their behind is squared. Luke voted as President. Cecil Vice President. Piper Secretary. Harper Treasurer. Next meeting March 16. Meeting adjourned 3:45pm. Signed Piper vonBorstel, News Reporter/Secretary

The Goatees 4-H Club met on March 12 at 4pm at the OSU Extension Office. Attending were all members except Kiara and Wyatt. Pledge of Allegiance led by Jacob, 4-H Pledge led by Calvin. What we did during the meeting: what do your goats need? Food, clean water, etc. Elected officers: President, Violet; VP, Michael; Secretary, Emma; Treasurer, Antone. Meeting dates: next meeting Sunday April 2 at 4pm. Advancements: each member will do at least one this year. Snack sign-up. Questions. Meeting adjourned at 4:38pm. Signed, Emma Goedonough, News Reporter (Secretary)

The Pans on Fire 4-H club met on March 15 at 3:30pm at the Extension Office. Present were: Emma, Sara, Haley, Clyde, Olivia, Arian, Avery, Hannah, Harley, Peyton, Isaiah, Sebastian, Ireland, Ruby, Yvonne, Andrew and guest Logan. Excused were: Mya, Elizabeth, Erin. Pledge of Allegiance led by Ireland, 4-H Pledge by Jacob. We filled out 4-H Outdoor Cooking Project Record, speed handwashing, discussing the difference between a hazard/emergency/disaster, made s'more using charcoal chimneys and foil pans. Next meeting April 15. Adjourned at 4:55pm. Submitted by T'Sharra Lanthorn, News Reporter

The Saving Nines Sewing 4-H Club met on March 16 at 3:30pm at the Extension Office. Attending were: Ruby, Peyton, Kynlie, T'Sharra, Logan, Yvonne, Emma, Ireland, Marie, Sara Jo, Avery, Harley. Excused absence: Chloe. Pledge of Allegiance by Ruby, 4-H Pledge by Ireland. What we did during the meeting: introduction, talk about how to cut the fabric and how to wash different fabrics, which scissors to use for fabric, how to use a sewing machine. We talked about all the other fabrics that you make make clothes, pillow cases, bags, stuffed animals and its up to you what you want to make. Our next meeting will be April 4. Meeting adjourned 5pm. Signed, Ireland Stockland News Reporter/Secretary.

The Tiny Teaspoons 4-H Indoor Cooking/Baking Club met on March 17 at 12:25pm at the Extension Office. Attending were: Arian, Peyton, Kynlie, Cecil, Logan, Clyde, Yvonne, Andrew, Jules, and Avery. Pledge of Allegiance led by Arian, 4-H Pledge led by Avery. What we did: we handed out 4-H Food and Nutrition Record. What we are going to make is fruity shake and veggie pizza. We have to make the got. We got our 4-H cooking book. Our next meeting will be April 14. Meeting adjourned at 1:37pm. Signed Peyton Gonzalez, News Reporter. 3

Teens....apply to be a Counselor or Counselor-in-Training for Sherman County 4-H Camp!

To our Sherman County teens in grades 7th-12th,

Did you love going to the Tri-County 4-H Camp at Camp Morrow as a camper, or the more recent years of Sherman County 4-H Camp? Do you have great memories of other summer camps and liking your counselors? Here's your chance to go to 4-H camp and be that kind of role model for the kids at 2023 Sherman County 4-H Camp!

We need YOU to apply to be a Counselor (if you will be 16 by camp) or Counselor-in-Training (CIT) if younger. This is a job experience plus a great leadership and community service opportunity for you to have fun working with people of all ages, be in charge of activities, enjoy camp again, and hang out with your friends. Counselors and CITs must exhibit characteristics of leadership, responsibility, patience, dependability, maturity, ability to work independently, and display a positive attitude.

Check your schedule, could you be part of Sherman County 4-H Camp this year? We will be at Brooks Memorial Retreat Center north of Goldendale on Hwy 97.



Counselor camp for 7th-12th grade staff: Training, orientation and enjoy camp

Monday, June 19 Teen and adult staff arrive 10am, training is all day

4-H Camp for 4th-6th graders:

Tuesday June 20 Campers arrive 9am, camp is all day

Wednesday June 21 Camp is all day

Thursday June 22 Camp is in morning, depart after lunch

Before camp, we will need you to attend several leadership trainings in late May and early June...either afterschool or on the weekends... depending on what best fits your schedule. Oregon 4-H requires you to have training. If you can't attend or make-up these trainings, you cannot be a counselor or CIT.

Ready to apply to be a counselor or CIT at 2023 Sherman County 4-H Camp? We will have applications at the school, with Mr. Swenson, sent to the 4-H Leadership teens and previous counselors/CITs, and any other eligible 4-Hers. Or stop by the Extension Office and get one.



Looking forward to working with you and having a great 2023 Sherman County 4-H Camp!

Left, picture of Brooks Memorial Retreat Center lodge

2465 Highway 97
Goldendale, WA 98620

Over-the-counter sale of livestock antibiotics ends June 11, 2023. How can you prepare?

Beginning on June 11, 2023, over-the-counter antibiotics will no longer be available through traditional retail channels. Instead, these antibiotics will require a prescription from a veterinarian licensed in the state where the animals are housed.



You will no longer be able to purchase antibiotics from a farm store, mail order, or route driver unless you have a prescription from your veterinarian. Prescriptions must be filled by a pharmacist, but it is unlikely that local Wilco, Coastal or Tractor Supply stores will hire a pharmacist to fill veterinary prescriptions. You will be able to purchase these antibiotics from your veterinarian, or you can use a veterinarian's prescription to buy from an online vendor. Some local pharmacies will likely carry more veterinary-labeled products. Work with your veterinarian to adjust how your farm will access animal health products. This legislation also applies to nonfood animal species like dogs, cats, camelids and horses.

On the OSU website, please read this article by Charles Estill, Extension Veterinarian:

<https://extension.oregonstate.edu/animals-livestock/beef/over-counter-sale-livestock-antibiotics-ends-june-11-2023-how-can-you>

LIVESTOCK SHOWMANSHIP CLINIC

4-H AND FFA MEMBERS: YOU ARE INVITED TO A FREE LIVESTOCK SHOWMANSHIP CLINIC! THE GOAL OF THE SHOWMANSHIP CLINIC IS TO BRING EXPERTS IN TO COACH A CLINIC TO EDUCATE 4-H AND FFA MEMBERS ON TIPS AND METHODS TO BECOME BETTER SHOWMEN. THIS WILL INCLUDE BEEF, SHEEP, SWINE AND GOAT SHOWMANSHIP AND FITTING.

DETAILS:

DATE: JUNE 5 (SAME DAY AS WEIGH INS FOR GOAT, SHEEP AND SWINE)

LOCATION: SHERMAN FAIRGROUNDS

TIME: 11:00 AM

WHO: LINN BENTON COMMUNITY COLLEGE LIVESTOCK JUDGING TEAM MEMBERS

BRING: EVERYONE SHOULD BRING THEIR ANIMALS, SHOW EQUIPMENT & LUNCH. SOME SNACKS & WATER WILL BE AVAILABLE



Showmanship photos from the 2022 Sherman County Fair

Thank You, Sherman 4-H Leaders and Volunteers

Kayci Sharp, President of Sherman County 4-H Association

Karen Umemoto, Vice President of Sherman County 4-H Association

Brennah Miller, Treasurer of Sherman County 4-H Association

Brittany Dark, Secretary and community member of Sherman County 4-H Association

Nels Swenson, FFA advisor, community member of Sherman County 4-H Association

Becky Hilderbrand, beef 4-H club leader

Samantha Roberts-Smith & Brennah Miller, swine 4-H club leaders

Jeremy & Kara Lanthorn and Bridget Whitaker, goat 4-H club leaders

Hayli Sharp Kaseberg and Grace Poirier, sheep 4-H club leaders

Kayci Sharp and Hayli Sharp Kaseberg, horse 4-H club leaders

Liz Cranston and Scott Susi, poultry 4-H club leaders

Caitlin Blagg and Bridget Whitaker, dog 4-H club leaders

Karen Umemoto and Kara Lanthorn, sewing 4-H club leaders

Jeremy Lanthorn and Talese Slay-Humphrey, photography 4-H club leaders

Chelsy Woods and Charla Ayles, Cloverbud leaders

Liz Cranston, Cindy Brown, Christian Ayles, indoor cooking/baking 4-H club leaders

Cindy Brown, Christian Ayles, outdoor cooking and teen leadership club leaders



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