2012

Oregon 4-H Science Rich Handbook Series

Focus on the

***4-H Clothing* Project**

Oregon State University

Extension Service

Welcome to 4-H Science

This handbook series was developed to help Oregon 4-H youth development professionals and volunteers become familiar with the national 4-H science framework and how to think intentionally about 4-H Science programming. It will help improve the understanding and delivery of science within appropriate 4-H projects.

4-H, with its direct connection to the Cooperative Extension System's cutting edge research and the resources of the nation's 106 land-grant universities and colleges, provides youth with hands-on learning experiences that foster exploration, discovery, and passion for the sciences. Science is one of the three national Mission Mandates for 4-H. 4-H Science programs support youth to develop science, technology, engineering and applied math (STEM) skills.

This handbook will

1. Define 4-H Science
2. Introduce tools to focus on 4-H Science in this project area
    a. 4-H Science Checklist
    b. 4-H Science Eight Essential Elements
    c. Science Inquiry Flowchart
    d. 4-H Science Logic Model
3. Provide An Example of a Science Rich 4-H Inquiry Activity

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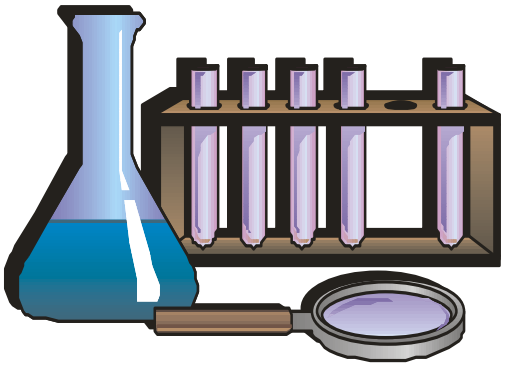


Why 4-H Science?

The National Academy of Science's 2007 *Rising Above the Gathering Storm* report stated that, "the United States presently faces a significant challenge - young people are not prepared with the necessary Science, Engineering and Technology workforce skills to compete in the 21st century." In their 2011 review of America's position five years later, entitled *Rising Above the Gathering Storm, Revisited: Rapidly Approaching Category 5,* the Academy committee's unanimous view is that our nation's outlook has worsened.

The 2009 National Assessment of Educational Program report indicates Oregon 8th grade students are proficient in math (37%) and science (35%) slightly above the national average. However, just 15% of Hispanics and 12% of Black 8th grade students are proficient in math compared to 41% of White students. For science, just 12% of Hispanics and 13% of Black 8th graders are proficient compared to 40% of White students. The percentage of Oregon 8th grade students who reported they "never or hardly ever" design a science experiment was 35%, compared to 39% nationally. The percent of Oregon 8th grade students who report that they "never or hardly ever" write reports on science projects was 43%, compared to 47% nationally.

The national the 4-H Science Mission Mandate targets addressing these needs at the local level through the broad range of 4-H projects which are based on science. 4-H Science programs reach more than 5.9 million youth in urban, suburban and rural communities across the country. 4-H Science programs support youth to develop science, technology, engineering and applied math (STEM) skills. Oregon 4-H youth development professionals and volunteers can help address this need using the resources and tools in this handbook.

1. The 4-H Science Checklist

The 4-H Science Checklist is provided in Appendix A. The checklist includes seven items that have been identified as the most critical program components to include in a 4-H Science Program. You may be thinking, "I don't lead a 4-H Science Club! I'm just a Clothing club leader." The goal of the checklist is to help 4-H youth development professionals and volunteers identify and reinforce the science learning opportunities across a variety of 4-H projects.

A paragraph at the top of the check list explains, "A 'Science Ready' 4-H experience is a program that is framed in science concepts, based on science standards and intentionally targets the development of science abilities and the outcomes articulated by the 4-H Science Logic Model. Additionally, it integrates the Essential Elements (of youth development programs) and engages participants in experiential and inquiry based learning."

Let's look at what should be included in the program components of a "Science Ready" 4-H experience.

- ✓ **National Science Education Standards**
  These standards are used by Oregon's Department of Education to develop the science benchmarks for K-12 education. The national standards provide a common and consistent base of quality content on which 4-H program design, development, delivery and assessment is built.

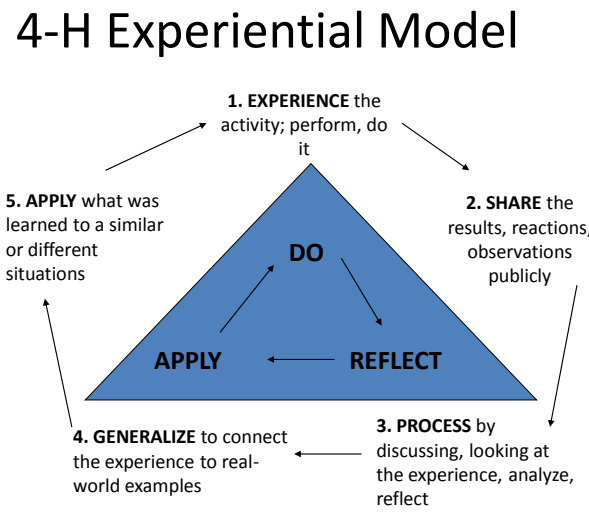
  In 2011 the National Academy of Sciences released *A framework for K-12 science education: Practices, crosscutting concepts, and core ideas.* Future science and engineering education standards will be based on this framework. The framework emphasizes the importance of engaging students in eight foundational practices of science and engineering in the K-12 science and engineering curriculum. These are presented in Section 3 of this handbook.

- ✓ **4-H Science Abilities**
  This section includes a list of 30 science abilities or practices that are skills used in science, engineering and technology. These abilities can be used across 4-H project areas to help youth unleash their natural curiosity about the world. Youth will use these skills and understand what it means to think and act like a scientist.

- ✓ **Youth Development- Essential Elements**
  Oregon 4-H youth development professionals and volunteers are already addressing these opportunities in their work with youth. The four needs of youth to experience mastery, independence, belonging and generosity are supported by the Eight Essential Elements of Positive Youth Development. Specific examples of how 4-H youth development professionals and volunteers can implement these are provided in Section 2, 4-H Science Core Concepts: Eight Essential Elements of Youth Development in this handbook.

- ✓ **Trained, Caring Adults and Volunteers**
  Oregon 4-H youth development professionals and volunteers are provided a variety of opportunities, including this handbook, to increase their skills as front-line youth workers. This handbook will help you to incorporate the 4-H Science Checklist, 4-H Science Logic Model, Science Inquiry Flowchart, and 4-H Science Core Competencies into your programming.

- ✓ **An Experiential Approach**
  Oregon 4-H youth development professionals and volunteers are familiar with the 4-H experiential learning model. All 4-H project materials rely on this approach to create and reinforce learning.



- ✓ **Inquiry to Foster Creativity and Curiosity**
  "Inquiry is a process that all individuals naturally use in approaching new situations and solving problems in life. By engaging in inquiry, …children…gain experience…that will improve their capacity to handle life situations and solve everyday problems." (Edmund Marek and Ann Cavallo, 1997). Inquiry can happen in a variety of ways across 4-H programs. Ideas on encouraging inquiry and use of the Science Inquiry Flowchart (Appendix C) will be presented in Section 3 of this handbook.

- ✓ **4-H Science Logic Model**
  The 4-H Science Logic Model articulates the opportunity to achieve science outcomes across 4-H education programs. It is provided in Appendix D. Outcomes happen at three levels. Short-term outcomes are those that happen immediately after an education experience such as knowledge gains. Intermediate or long-term outcomes happen after the learner has a chance to integrate their new knowledge into different actions.

2. 4-H Science Core Competencies: Eight Essential Elements of Youth Development

One framework for understanding youth development in 4-H are the eight essential elements, which provided the structure for development of the 4-H Science Core Competencies. The 4-H Science Core Competencies identify specific actions or behaviors of 4-H youth development workers and volunteers that create a positive atmosphere or context for learning. The four needs of youth to experience **mastery, independence, belonging** and **generosity** are supported by the Eight Essential Elements of Positive Youth Development. A 4-H Science Competency Self Assessment is provided in Appendix B.

Caring Adult (Belonging)

4-H youth development professionals and volunteers understand that each young person benefits from a positive relationship with a caring adult by:

1. Communicating the capacity of all youth to learn and experience success.
2. Being willing to learn alongside youth.
3. Being comfortable not having all the answers.
4. Demonstrating support for all youth.
5. Understanding and caring about youth and their families.
6. Appreciating the context in which youth and families live.

Safe Environment (Belonging)

4-H youth development professionals and volunteers create an emotionally and physically safe learning environment by:

1. Modeling strategies for conflict resolution.
2. Encouraging youth to share new ideas and different perspectives.
3. Modeling and facilitating how to give and receive constructive criticism.

Inclusive Environment (Belonging)

4-H youth development professionals and volunteers design inclusive learning environments by:

1. Promoting teamwork and cooperation.
2. Providing opportunities for youth to teach and learn from each other.
3. Demonstrating respect for others.
4. Fostering an environment of mutual respect for others.

See Oneself in the Future (Independence)

4-H youth development professionals and volunteers nurture an atmosphere of optimism and a positive belief in the future by:

1. Encouraging the belief that all youth can learn science or pursue science careers.
2. Creating a science-friendly learning environment.
3. Promoting science careers for all youth, regardless of their gender, race, or ethnicity.
4. Demonstrating how science can improve the world.

Values and Practices Service to Others (Generosity/ Mastery)
4-H youth development professionals and volunteers encourage an ethic of caring and civic responsibility by:

1. Helping youth connect to the community through service projects.
2. Encouraging empathy for others.
3. Engaging youth in real world science activities that consider the needs of others.
4. Understanding the positive and negative effects that science has on humans.

Opportunities for Self-Determination (Independence)
4-H youth development professionals and volunteers encourage and support independence in youth by:

1. Designing experiential, inquiry-based opportunities for youth to learn 4-H Science skills.
2. Challenging youth to explore new or different 4-H Science projects and areas of learning.
3. Supporting youth in achieving their goals in the face of setbacks.
4. Knowing how to foster an increasing development of skills in youth.

Opportunities for Mastery
4-H youth development professionals and volunteers provide opportunities for youth to develop skills, competence, and expertise by:

1. Designing experiential, inquiry-based opportunities for youth to learn 4-H Science skills.
2. Challenging youth to explore new or different 4-H Science projects and areas of learning.
3. Supporting youth in achieving their goals in the face of setbacks.
4. Knowing how to foster an increasing development of skills in youth.

Engagement in Learning (Mastery)
4-H youth development professionals and volunteers encourage youth to direct and manage their own learning by:

1. Assisting youth in setting realistic goals of their own choice.
2. Encouraging an inquiry approach to learning and exploration.
3. Providing sufficient time and an appropriate environment for thorough learning.

3. 4-H Science Inquiry in Action

The *National Science Education Standards* (1996) employ Science as Inquiry as a skill across all science content areas. Like life skills in traditional 4-H projects, the process of using inquiry supports content learning. Oregon's 4-H Science Inquiry Flowchart (Appendix C) shows the relationship between the 4-H Experiential Learning Model and the steps applied in science inquiry. These steps also align well with the National Research Council's (NRC) eight foundational practices for science and engineering education presented in *A framework for K-12 science education* (2011), see Table 1.

On the Science Inquiry Flowchart (Appendix C), note that the first two steps in the process are lead by the coach or leader. These are, "1. Determine what learners know or have observed. Identify knowledge gaps or misunderstandings." and, "2. What do learners want to know? What questions do learners have?" These two steps are where the leader introduces the topic and engages the learners in using their inquiry process skills. Then the activity should move to a more learner centered model.

Learning to lead learner-centered, inquiry based activities can be a challenge for 4-H youth development professionals and volunteers who are more familiar with prescribed project activities which follow cookbook-like steps to a known outcome. With repeated application of the inquiry model – learning by doing – leaders and learners become familiar with the steps of science inquiry and science practices. Learners will soon take initiative and become engaged in designing their own learning experiences.

Steps 3 through 10 of the flowchart are intended to be primarily learner driven. For ease of management, youth can be put into teams to work on an inquiry activity. There are a variety of ways the leader can proceed with facilitating inquiry. In *Guided Inquiry*, learners are provided with a problem to investigate and the materials necessary to carry out the investigation. The learners then devise their own procedure to plan and carry out an investigation, analyze and interpret their data, and evaluation and communicate their findings. The state 4-H project page for Science, Engineering and Technology (http://oregon.4h.oregonstate.edu/science-engineering-and-technology) has a link to ten videos that show examples of how to lead guided inquiry activities in a selection of 4-H projects.

A second way of facilitating a science activity is called *Open Inquiry*. The learners formulate their own problem to investigate and devise strategies to carry out their investigation (Steps 4-6). This can include determining which equipment to use to collect information from a selection provided and creating their own data chart to record information.

Science education can be improved by immersing learners in the process of using scientific knowledge and practices to "do" science. Informal learning environments are ideal settings for learners to practice skills necessary for scientific inquiry. Experiential learning may be defined as learning based on personal experiences or direct observation. Experience and

observation are key to the scientific inquiry process. An example of a project activity using inquiry will be presented in Section 4 of this handbook.

Table 1: Correlation of Foundational Practices for Science & Engineering Education and the Science Inquiry Flowchart

National Research Council's Foundational Practices for Science and Engineering Education	Science Inquiry Flowchart Elements
(1) Asking questions (for science) and defining problems (for engineering)	(3) Team asks a question which can be explored through scientific investigation.
(2) Developing and using models	(4) Team designs a simple scientific investigation.
(3) Planning and carrying out investigations	(4) Team designs a simple scientific investigation.
	(5) Team selects appropriate equipment to collect data, designs a data sheet (if needed).
	(6) Team collects data and completes data sheet.
(4) Analyzing and interpreting data	(7) Team describes their investigation and their results.
	(8) Team thinks critically and logically to make the relationship between evidence and explanations and presents their analysis of the findings.
(5) Using mathematics and computational thinking	(7) Team describes their investigation and their results.
	(8) Team thinks critically and logically to make the relationship between evidence and explanations and presents their analysis of the findings.
(6) Constructing explanations (for science) and designing solutions (for engineering)	(8) Team thinks critically and logically to make the relationship between evidence and explanations and presents their analysis of the findings.
(7) Engaging in argument from evidence	(8) Team thinks critically and logically to make the relationship between evidence and explanations and presents their analysis of the findings.
	(9) Through group discussion team applies findings to everyday experiences or real-world examples.
(8) Obtaining, evaluating, and communicating information	(8) Team thinks critically and logically to make the relationship between evidence and explanations and presents their analysis of the findings.
	(9) Through group discussion team applies findings to everyday experiences or real-world examples.

4. An Example of a Science Rich 4-H Clothing Inquiry Activity

Introduction

Youth who interact with clothing will inevitably encounter a time when they need to be able to know how to remove a stain. Stain removal is a necessary part of clothing care. There are different types of stains, requiring different types of treatments. The stain classification system puts stains in groups that require similar treatments and are easiest to remove. Knowing how to assess and then remove stain is an important skill. Quick and cautious stain removal keeps clothes in wearable condition longer and helps reduce clothing costs.

Employing the 4-H Science Checklist

Remember, the 4-H Science Checklist (Appendix A) includes seven items that have been identified as the most critical components to include in a 4-H Science Program, so this is a good place to start when planning to teach a lesson.

Let's begin with the Science Abilities list on the 4-H Science Checklist. What abilities would youth practice in this lesson as written? The lesson provides an opportunity to Observe and Collect Data. This lesson provides both a *Guided Inquiry* activity option and an *Open Inquiry* activity option around the same topic. The *Guided Inquiry* has much of the experimental design prescribed for youth providing the questions to ask and observations to make and record. The *Open Inquiry* method, using the list of Science Abilities and the Inquiry in Action Flowchart, provides opportunity for youth to determine their own questions and inquiries. Both inquiry methods can provide a Science Rich experience.

Reminders

Remember that item three on the 4-H Science Checklist is the Essential Elements. In this activity 4-H youth development professionals and volunteers can create a positive learning environment by being willing to learn alongside youth and by being comfortable with not having all the answers.

An important skill for youth to practice as they learn to think and act like a scientist, is how to communicate ideas and discoveries. Youth have the opportunity to practice many of the science abilities on the 4-H Science Checklist by creating a Science Investigation Display for a 4-H fair event. A description of the fair class, the display requirements and the judging criteria are provided in the Science section of the State 4-H Fair book.

Reference

Stone, J., (Reviewed in 2009 by Beavers, Evelyn and Kadolph, Sara.) Quick 'n Easy Stain Removal. Pm-858. Iowa State University Extension. Ames, IA.

Stone, J., 1996. Stain Removal Tips. Iowa State University, Ames, IA. 50011-1120 http://www.exnet.iastate.edu/Pages/communications/news/stain_tips.html

Guided Inquiry

Introducing the Activity

Beginning at step 1 on the Inquiry in Action flowchart, the leader will lead a discussion with youth about what they know about the different classifications of stains. Has anyone noticed that some stains are harder to get out then others? Have you noticed that some things work for getting out some kinds of stains but not others? What do they know about treating the different classes of stains: protein, oil-based, tannin, dye, and combination stains? Youth may know very little about the makeup of stains. That is fine because it leaves them options for inquiring.

At step 2 of the flowchart, youth will discuss what they want to know about stains and stain removal. In this way they are engaged in designing their own learning experience.

At step 3 of the flowchart, youth are to ask a question that can be answered through a scientific investigation. This experiment utilizes stains from each of the different classifications of stains. To assist youth to ask a question, have them identify all the things they might investigate about the different classifications of stains and stain removal techniques. Some of these questions are proposed on the Stain and Stain Removal Observations worksheet. They might predict or hypothesize how one stain removal method, such as a stain stick, will work across different classes of stains and then record their observations. They could also ask, what is more effective at removing a particular stain, a stain stick or an "old wives tale" method such as ginger ale.

Before learners design experiments, step 4, lead a discussion to check for understanding of experimental design. In an experiment, the *dependent variable* is the event studied and expected to change when the *independent variable* is changed. *Controlled variables* are the things that are the same.

A team of youth might state their hypothesis, for example, as "**If** we have different classes of stains (proteins, oil-based, tannin, dye, and combination) **then** there will be different results when we try to utilize the stain stick or ginger ale to remove the stains."

- Independent variables answer the question "What do we change?"
  - The types of stain is the independent variable.
- Dependent variables answer the question "What do we observe?"
  - The degree to which the stain is removed will be observed.
- Controlled variables answer the question "What do we keep the same?"
  - The fabric which contains the stain must be the same, the amount of stain applied to fabric must be the same, and there must be a similar technique applied in utilizing the stain remover.

Learners can now move through steps 4 through 11 of the Inquiry in Action flow chart. Science Abilities they have an opportunity to use include Question, Infer, State a Problem, Predict, Plan an Investigation, Cooperate, Collaborate, Test, Measure, Use Tools, Observe, Organize, Summarize/Relate, Interpret/Analyze/Reason, Communicate, and Redesign.

At step 10 on the flow chart the question is, "Are all Teams/Learners satisfied with the proposed analysis of findings?" If the answer is, "yes" they can move on to the next inquiry. If the answer is, "No," the flowchart takes them up to step12. At step 12 "Team re-designs question or asks a new question which can be explored through scientific investigation." This is the cyclical nature of science. In formal education youth rarely have the chance to re-design a project. Allowing learning by trial and error supports the experiential model and gives youth control of their experience.

Stain and Stain Removal Scientific Investigation - Guided Inquiry

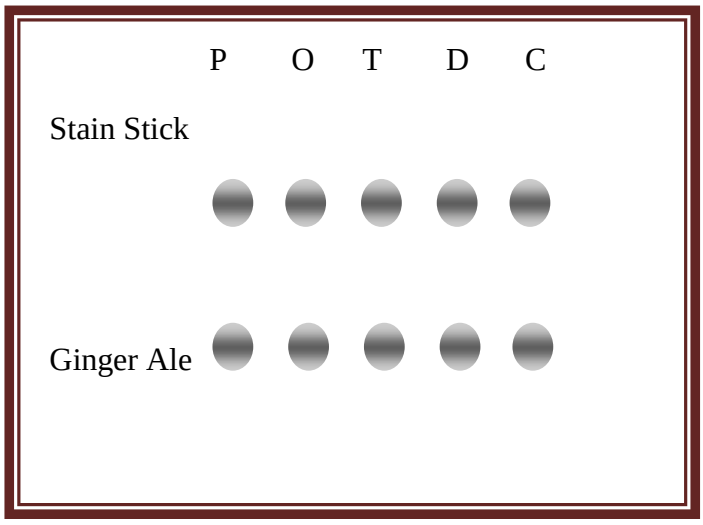
In this activity, you will use scientific inquiry to conduct investigations and observations involving various stain removal techniques on different classes of stains.

You will need:

- washable fabric, cut or ripped into 4" x 8" strips.

(Medium weight, tight-woven, washable fabrics work best for this experiment, such as muslin. Provide everyone with strips of the same fabric. Introducing different fabrics can be an observation of further scientific investigation study.)

- cotton swabs (minimum of 5 per person)
- wax paper
- paper towels
- felt tip pen
- stain producing items representing the five basic classifications of stains: (For further investigation ideas, consult the Stain Removal Tips handout.)
    - Chocolate Milk (protein)
    - Mayonnaise (oil-based)
    - Grape Juice (tannin)
    - Mustard (dye)
    - Catsup (combination)
- stain removal items: (For further investigation ideas, consult the Stain Removal Tips handout.)
    - Stain Stick
    - Ginger Ale



Instructions:

1. Provide everyone with a piece of wax paper to place under their fabric swatch.
2. Using a cotton swab, place a thin layer of the each of the five stain items onto the washable fabric. Make two rows of stains. Place the stains at least a half inch apart. This thin layer needs to be no bigger than the size of a dime. The felt pen can be utilized to label the type of stain (P for protein, O for oil-based, T for tannin, D for dye, and C for combination) as well as the type of stain removers (stain stick and ginger ale).
2. Use the paper towels to blot any excess stain.
3. Before the stain removing technique is applied, answer the questions: What do you predict will happen when the stain stick is applied to the stain? What do you predict will happen when the detergent/water is applied to the stain? These are called your hypothesis.
4. Apply the stain stick removal treatment to one set of the stains and apply the ginger ale treatment to the other set of stains.
5. Record what happened and your explanation for the results.

Stain and Stain Removal Observations – Guided Inquiry

Questions and Hypothesis:
What do you predict will happen when the stain stick is applied to the stain?

What do you predict will happen when the ginger ale is applied to the stain?

Stain	Stain Class	Stain Removal Treatment	Predict what will happen (hypothesis)	What really happened (results)	Your explanation for the results
Chocolate Milk	**Protein**	**Stain Stick**			
		Ginger Ale			
Grape Juice	**Tannin**	**Stain Stick**			
		Ginger Ale			
Mayonnaise	**Oil**	**Stain Stick**			
		Ginger Ale			
Mustard	**Dye**	**Stain Stick**			
		Ginger Ale			
Catsup	**Combination**	**Stain Stick**			
		Ginger Ale			

Future Studies:

- What other stains could be investigated?
- What other stain removal techniques could be applied?
- What other hypothesis could be investigated?

Open Inquiry

Introducing the Activity

Beginning at step 1 on the Inquiry in Action flowchart, the leader will lead a discussion with youth about what they know about the different classifications of stains. Has anyone noticed that some stains are harder to get out then others? Have you noticed that some things work for getting out some kinds of stains but not others? What do they know about treating the different classes of stains: protein, oil-based, tannin, dye, and combination stains? Youth may know very little about the makeup of stains. That is fine because it leaves them options for inquiring.

At step 2 of the flowchart, youth will discuss what they want to know about stains and stain removal. In this way they are engaged in designing their own learning experience.

At step 3 of the flowchart, youth are to ask a question that can be answered through a scientific investigation. To assist youth to ask a question, have them identify all the things they might investigate about stains and stain removal techniques. Questions and/or Hypothesis can be proposed and recorded on the Stain and Stain Removal Observations worksheet. Youth could propose an investigation about different techniques for removing a specific type of stain (such as protein stains). They might predict or hypothesize how one stain removal method, such as a stain stick, will work across different classes of stains and then record their observations. They might set up three identical stains on different fabrics to see how the fabric structure or color effect the stain removal technique. For some of these experiments the leaders will need to obtain additional supplies to conduct the scientific inquiries.

Before learners design experiments, step 4, lead a discussion to check for understanding of experimental design. In an experiment, the *dependent variable* is the event studied and expected to change when the *independent variable* is changed. *Controlled variables* are the things that are the same. A team of youth might state their hypothesis, for example, as "**If** we have different classes of stains (proteins, oil-based, tannin, dye, and combination) **then** there will be different results when we try to utilize the stain stick or ginger ale to remove the stains."

- Independent variables answer the question "What do we change?"
  - The types of stain is the independent variable.
- Dependent variables answer the question "What do we observe?"
  - The degree to which the stain is removed will be observed.
- Controlled variables answer the question "What do we keep the same?"
  - The controlled variables will depend on the investigation. If comparing how effective the stain stick is at removing different types of stains – then the controlled variables must be: utilizing the same fabric, the same amount of stain, and the same technique.

Learners can now move through steps 4 through 11 of the Inquiry in Action flow chart. Science Abilities they have an opportunity to use include Question, Infer, State a Problem, Predict, Plan an Investigation, Cooperate, Collaborate, Test, Measure, Use Tools, Observe, Organize, Summarize/Relate, Interpret/Analyze/Reason, Communicate, and Redesign.

At step 10 on the flow chart the question is, "Are all Teams/Learners satisfied with the proposed analysis of findings?" If the answer is, "yes" they can move on to the next inquiry. If the answer is, "No," the flowchart takes them up to step12. At step 12 "Team re-designs question or asks a new question which can be explored through scientific investigation." This is the cyclical nature of science. In formal education youth rarely have the chance to re-design a project. Allowing learning by trial and error supports the experiential model and gives youth control of their experience.

Stain and Stain Removal Scientific Investigation – Open Inquiry

In this activity, you will use scientific inquiry to conduct investigations and observations involving various stain removal techniques on different classes of stains.

You will need:

- washable fabric, cut or ripped into 4" x 8" strips.

(Medium weight, tight-woven, washable fabrics work best for this experiment, such as muslin. Provide everyone with strips of the same fabric. Introducing different fabrics can be an observation of further scientific investigation study.)

- cotton swabs (minimum of 5 per person)
- wax paper
- paper towels
- felt tip pen
- stain producing items representing the five basic classifications of stains: (For further investigation ideas, consult the Stain Removal Tips handout.) Examples include:
    - Chocolate Milk
    - Mayonnaise
    - Grape Juice
    - Mustard
    - Catsup
- stain removal items: (For further investigation ideas, consult the Stain Removal Tips handout.) Examples include:
    - Stain Stick
    - Ginger Ale
    - Vinegar

Instructions:

1. Provide everyone with a piece of wax paper to place under their fabric swatch.
2. Using a cotton swab, place a thin layer of the each of the stain items onto the washable fabric. Place the stains at least a half inch apart. This thin layer needs to be no bigger than the size of a dime. The felt pen can be utilized to label the type of stain (P for protein, etc.).
2. Use the paper towels to blot any excess stain.
3. Before the stain removing technique is applied, answer the questions: What do you predict will happen when the stain remover is applied to the stain? What do you predict will be different between the investigations? These are called your hypothesis.
4. Apply the stain removal treatment to the stains based on your scientific investigation.
5. Record what happened and your explanation for the results

Stain and Stain Removal Observations – Open Inquiry

Questions

What stains and stain removal techniques are you interested in investigating?

Hypothesis

What do you predict will happen when the stain remover is applied to the stain?

What do you predict will be different between the investigations?

Stain	Stain Class	Stain Removal Treatment	Predict what will happen (hypothesis)	What really happened (results)	Your explanation for the results

Stain Removal Tips

Throughout the year, celebrations call for special clothes, table settings, candle light, the finest foods, and beverages. Often the food, beverages, and candle wax accidentally stain the textiles. If your fabrics and celebration treasures are washable, the following reminders will help you get through your special occasions with minimum stain removal frustration. (These tips also will help you get through everyday messes!)

For best success, treat all stains within 24 hours. Older stains are more difficult to remove. If your items can only be drycleaned, take them to the cleaners promptly and explain the type of stain. Some items must be drycleaned because they include various components and are not all compatible with laundry processes.

STAIN CLASS	WHAT TO DO IF TEXTILE IS WASHABLE
Protein stains egg nog ice cream chocolate milk milk puddings and pies	1. Soak in *cold* water to soften and loosen protein. (Hot water cooks the stain into the fibers.) 2. Launder with regular detergent and warm water
Tannin stains alcoholic beverages beer, wine citrus and other juices (lemonade, orange, grape) cola and soft drinks cranberry, blueberry, strawberry, raspberry coffee, tea (If coffee and tea contain cream and sugar, treat as combination stain.)	1. Do not pretreat with bar soap.* 2. Launder with detergent and warm/hot water. 3. If trace remains, soak in all-fabric bleach solution for five minutes. (Or, use all-fabric bleach in wash, if stain is not fresh.) *Caution: Soap sets tannin stains.
Oil stains bacon fat butter mayonnaise salad dressing	1. Spray with aerosol pretreatment spray or rub with liquid detergent, then wash promptly in hot water with detergent. 2. An oil stain that sets more than a day in nylon, or polyester or their blends will be hard to remove.
Dye stains felt tip pen Koolaid mustard	1. Wash with detergent and hot water; bleach, using the type that is safe for the fabric. Follow bleach bottle/package directions. All fabric bleaches usually can be used on colored fabrics. Liquid chlorine bleach in dilute solution is more powerful and effective for whites.

Combination stains ball point chocolate lipstick pine resin turkey or other gravy	1. Treat protein portion of stain first. 2. Treat oily portion of stain as for oil stains. 3. Finally bleach as for dye stains.

Hard-to-Remove Combination Stains

Candle wax	1. Let harden; scrape off solid wax with dull knife. 2. Crack and remove as much residue as possible in dry state. 3. Pretreat with aerosol pretreatment spray. 4. Scrub by hand using hot water and liquid laundry detergent. 5. If color remains, bleach as safe for fabric. 6. Launder. Repeat from 3 as needed. Note: Many stain removal guides suggest ironing wax stains with absorbent paper towels to transfer and absorb the wax. This forces the part of the stain that doesn't transfer farther into the yarns and fibers; it will leave an oily looking permanent spot.
Chewing gum	1. Apply ice to harden stain. 2. Scrape off excess with a dull knife. 3. Spray with pretreatment aerosol product. 4. Scrub with heavy-duty liquid detergent. 5. Rinse in hot water; repeat from 3, as needed. 6. Launder.
Soot, smoke	1. If excess, shake off outdoors. 2. Launder in washer using heavy-duty detergent, water conditioner, and all fabric bleach. 3. Air dry; inspect for smoke odor. 4. Repeat as necessary. 5. Soot carbon particles get mechanically stuck between fibers; bleaching as a last resort may not help much.

Tips on spot treatment of stains of delicate fabrics

The aim is to confine the stain to as small a spot as possible. To do this you need a supply of white paper towels or clean rags and one of these 3 things: a drycleaning solvent, spot remover, or pretreatment spray. Follow these steps:

1. Pad the working surface with clean rags or towels that can be stained as you work.
2. Turn the stained area or spot on the garment face down over the padded surface.
3. Dampen a small white cloth with solvent.
4. Use the damp cloth to rub the stain from the wrong side. “Feather" the edges of the stain working from the outside edges toward the center to confine the stain to a small area.

5. As the stain transfers into the absorbent material underneath, move it to a different place so it has a clean spot to exit into.
6. Repeat this procedure until all traces of the stain are gone.
7. Launder to remove any ring that might be left by the solvent.

Concentrated stain removers and stain sticks may work the same, as well as heavy-duty liquid detergents, but are more convenient to use because of packaging sizes.

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Reference

Jamison, K. & Walahoski, J., 2010. *4-H Science 101: Development, Delivery and Assessment of 4-H Science Programs*. National 4-H Council.

National Research Council (NRC). 2011. *A framework for K-12 science education: Practices, crosscutting concepts, and core ideas.* Washington, DC: National Academies Press.

Appendix A

4-H Science Checklist

A "Science Ready" 4-H experience is a program that is framed in Science concepts, based on Science standards and intentionally targets the development of science abilities and the outcome articulated by the 4-H Science Logic Model. Additionally, it integrates the Essential Elements and engages participants in experiential and inquiry based learning. In addition to the following criteria below, it's also recommended that science programs offer a sustained learning experience which offers youth the opportunity to be engaged in programs with relevant frequency and duration. Utilize the following checklist to self assess the program you deliver.

To meet the needs of children, youth and the nation with high-quality science, engineering and technology programs…

☑	**Are you providing science, engineering and technology programs based on National Science Education Standards -** Science education standards are criteria to judge quality: the quality of what young people know and are able to do; the quality of the science programs that provide the opportunity for children and youth to learn science; the quality of science teaching; the quality of the system that supports science leaders and programs; and the quality of assessment practices and policies. **http://www.nap.edu/readingroom/books/nses/**
☑	**Are you providing children and youth opportunities to improve their Science Abilities?** Predict, Hypothesize, Evaluate, State a Problem, Research Problem, Test, Problem Solve Design Solutions, Measure, Collect Data, Draw/Design, Build/Construct, Use Tools, Observe, Communicate, Organize, Infer, Question, Plan Investigation, Summarize/Relate, Invent/Implement Solutions, Interpret/Analyze/Reason, Categorize/Order/Classify, Model/Graph/Use Numbers, Troubleshoot, Redesign, Optimize, Collaborate, Compare

☑	**Are you providing opportunities for youth to experience and improve in the Essential Elements of Positive Youth Development?** Do youth get a chance at **mastery** – addressing and overcoming life challenges in your programs? Do youth cultivate **independence** and have an opportunity to see oneself as an active participant in the future? Do youth develop a sense of **belonging** within a positive group? Do youth learn to share a spirit of **generosity** toward others?
☑	**Are learning experiences led by trained, caring adult staff and volunteers acting as mentors, coaches, facilitators and co-learners who operate from a perspective that youth are partners and resources in their own development?**
☑	**Are activities led with an experiential approach to learning?**
☑	**Are activities using inquiry to foster the natural creativity and curiosity of youth?**
☑	**Does your program target one or more of the outcomes on the 4-H Science Logic Model and have you considered the frequency and duration necessary for youth to accomplish those outcomes?**

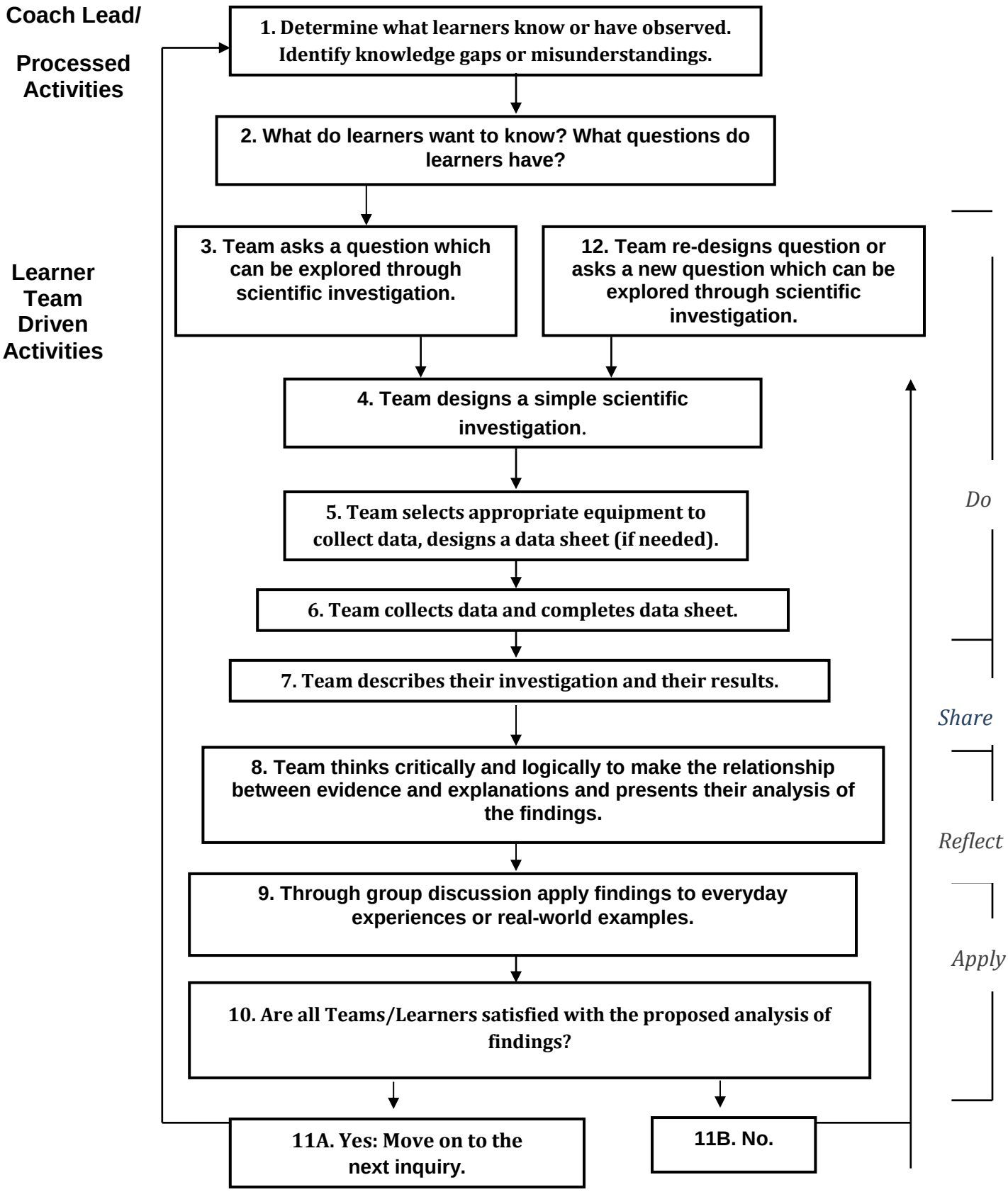
Appendix B- 4-H Science Competency Self Assessment

Please fill in the circle that tells you how much you are capable of using the knowledge and skills in each of these areas when you work with youth in 4-H Science programs.

	0 Never	1 Sometimes	2 Usually	3 Most of the Time	4 Always
CARING ADULT					
I use language of respect	O	O	O	O	O
I listen to youth in a nonjudgmental way	O	O	O	O	O
I demonstrate shared leadership through youth-adult partnerships	O	O	O	O	O
I encourage youth to think about what they are learning	O	O	O	O	O
I make verbal contact with all youth	O	O	O	O	O
I encourage learners when they experience setbacks	O	O	O	O	O
I offer praise and encouragement when youth take initiative and leadership	O	O	O	O	O
I identify, build on, and celebrate the potential of all youth	O	O	O	O	O
I respect youth of different talents, abilities, sexual orientations, and faiths	O	O	O	O	O
INCLUSIVE ENVIRONMENT (BELONGING)					
I help youth feel welcome and part of a group	O	O	O	O	O
I establish a climate of fairness and openness	O	O	O	O	O
I respond positively to the ranges of youths' feelings	O	O	O	O	O
I cultivate a sense of togetherness among youth	O	O	O	O	O
I value and act upon the ideas of others	O	O	O	O	O
I serve as a role model for inclusion and tolerance	O	O	O	O	O
I initiate, sustain, and nurture group interactions and relationships	O	O	O	O	O
SAFE ENVIRONMENT					
I conduct myself in a calm manner	O	O	O	O	O
I reduce or eliminate physical and environmental hazards	O	O	O	O	O
I re-emphasize ground rules related to conduct	O	O	O	O	O
I intervene when safety demands it	O	O	O	O	O
SEE ONESELF IN THE FUTURE					
I project an optimistic, positive manner	O	O	O	O	O
I reinforce the idea that all youth can succeed	O	O	O	O	O
I offer positive encouragement and support even in the face of setbacks	O	O	O	O	O
I talk about the future and youth's role in it	O	O	O	O	O

VALUES AND PRACTICES SERVICE TO OTHERS	0 Never	1 Sometimes	2 Usually	3 Most of the Time	4 Always
I encourage youth to contribute to the communities in which they live	O	O	O	O	O
I voice support for giving back to the community through service	O	O	O	O	O
I believe in science's role in improving communities	O	O	O	O	O
I provide opportunities for youth to link their experiences to citizenship	O	O	O	O	O
I identify opportunities for youth to become civically engaged	O	O	O	O	O
OPPORTUNITIES FOR SELF-DETERMINATION					
I provide experiences that encourage youth to share evidence	O	O	O	O	O
I identify opportunities for youth to compare claims with each other	O	O	O	O	O
I articulate strategies for data collection and analysis	O	O	O	O	O
I work with youth to identify sources of information	O	O	O	O	O
I actively consult, involve, and encourage youth to contribute to others	O	O	O	O	O
I provide opportunities for youth to determine program expectations and direction	O	O	O	O	O
ENGAGEMENT IN LEARNING					
I guide youth in learning for themselves	O	O	O	O	O
I create opportunities for problem solving via discussion, debate, and negotiation	O	O	O	O	O
I work with youth to establish appropriate goals for their age	O	O	O	O	O
I provide opportunities for youth to link their experiences to the real world	O	O	O	O	O
I use a variety of questioning and motivational approaches	O	O	O	O	O
I use multiple learning approaches to meet learners' needs	O	O	O	O	O
OPPORTUNITIES FOR MASTERY					
I suggest challenges that can be explored by direct investigation	O	O	O	O	O
I encourage youth to make predictions	O	O	O	O	O
I assist youth in developing hypotheses related to their investigations	O	O	O	O	O
I allow youth to conduct formal and open-ended tests and experiments	O	O	O	O	O
I have youth discuss their finding with each other and evaluate evidence critically	O	O	O	O	O
I encourage youth to share their knowledge by teaching others and leading new activities	O	O	O	O	O
I help youth see setbacks as opportunities for new explorations	O	O	O	O	O
I support youth to set new goals, and try new ideas and approaches	O	O	O	O	O
I provide opportunity for youth to use appropriate technology	O	O	O	O	O

Appendix C- Science Inquiry Flowchart



Appendix D 4-H Science Logic Model

Situation	→	Inputs	→	Activities	→	Outputs	→	Outcomes		
								Knowledge	*Actions*	*Conditions*
Description of challenge, problem, or opportunity: - Unsolved worldwide social problems need to be addressed by science. - In the US, shortage of scientists & people understanding science. - Under-representation of women and minorities in science careers. - Need a diverse pool of trained scientists to frame and solve problems & educate others. - General population in the US (& worldwide) lacks basic understanding of science methods and content ("science literacy")		*What we invest:* - Federal, state and private funds. - 4-H Infrastructure - Land Grant University Support - County Extension administrators and agents, program coordinators, and specialists - Training - Knowledge - Collaborations with external researchers - Collaborations with science industry leaders		*What we do:* - Select and develop 4-H Science curricula - Select and train volunteers Market 4-H Science to increase participation Conduct non-formal education (learning and teaching, facilitated inquiry and discovery) - Facilitate question formation and problem solving through guided activities - Provide or supplement math programming - Teach youth about academic and career choices, requirements *Who we reach <u>(Participation):</u>* - Extension administrators, LGU and Extension faculty and staff) - Youth (grades 3-5, 6-8, 9-12) - Federal, state & private funders - Partners - Public		*What we produce:* - 4-H Science curricula - New instructional methods - Trained staff and volunteers - Adult participants engaged - Youth participants engaged - Partners (Other Federal agencies, science museums, youth organizations, etc.) collaborating - Marketing materials - Evaluation materials		*Occurs when there is a change in knowledge or the participants **learn**:* - Increased awareness of science among youth - Improved science skills (scientific methods) and knowledge (content areas) among youth - Increased awareness of opportunities to contribute to society using science skills - Increased life skills (self-efficacy) among youth	*Occur when there is a change in behavior or the participants act upon what they've learned and:* - Youth apply science learning to contexts outside the 4-H courses (e.g., school classes, science fairs, invention contests, etc.) - Youth adopt and use new methods or improved technology - Youth express interest/demonstrate aspirations towards science careers (career fairs, job shadowing, volunteer work or internships) - Youth raise questions and identify problems to be addressed using science	*Occur when a **societal condition** is improved due to a participant's action taken in the previous column:* - Increased number and more diverse pool of youth pursuing education and careers in science related fields - Increased and more diverse pool of trained teachers, educators, scientists - Increased innovation addressing social problems using science