



4-H FAQ'S

- **What do the four H's stand for? Head, Heart, Hands, and Health**

At 4-H club meetings and other 4-H events, members recite the Pledge of Allegiance and this 4-H Pledge: I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, and my Health to better living, for my club, my community, my country, and my world."

- **What is the mission of 4-H?** Crook County 4-H Youth Development programs provide opportunities to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world through a hands-on-learning approach. This mission is accomplished by using the knowledge and resources of the land-grant university system, along with the involvement of caring adults.
- **Who can participate?** If you are between ages 5-19, we have something for you! 5-8 year olds participate in Cloverbuds, a non-competitive learning experience to sample 4-H activities. 9-19 year olds participate in a variety of projects that are eligible to exhibit to a judge.
- **What can you do? I thought 4-H was just for raising animals!** Crook County 4-H has a growing list of clubs and activities to choose from including: Science, Sewing and Fashion, Digital Photography, Leathercraft, Archery, Vet Science, Outdoor Adventure, Dog Training, Cooking, and of course Animal Husbandry (raise a steer, sheep, pig, chicken, turkey, rabbit, goat and more). Let us know if you have an interest in ANY field of interest! There are also camps, workshops, and retreats that youth are invited to annually!
- **What goes on at a club meeting?** Club meetings usually last 1.5 hours and can include the conducting of club business, working on a member's project, special interest programs, and recreation or social activities. Sometimes a meeting may be devoted to a single topic or activity. Youth may guide the meetings, but the adult leaders are responsible for getting pertinent information to club members and parents.
- **Can I be in more than 1 club? YES!** Youth are encouraged to participate in many projects!
- **When does 4-H start?** The 4-H year begins October 1st and goes through the following September 30th. Your age by September 1st will determine whether you are considered a Junior, Intermediate, or Senior.
- **How much does it cost?** The membership fee in Crook County is \$30/youth whether they are in one project or ten projects for the whole year! Scholarships are available in the Extension office. (Each project may have additional area-specific costs)
- **How do I sign up?** Visit us at the Extension office to enroll | 498 SE Lynn Blvd.
- **How can I learn more?**

Visit the Extension office at 498 SE Lynn Blvd or call: 541-447-6228

Email: lindsay.walker@oregonstate.edu or katy.joyce@oregonstate.edu

Check out the website: <http://extension.oregonstate.edu/crook/4h>

