**4-H Enrollment** Deadline is Approaching

We will be purging our 4-H mailing list on February 1st. This will be the last newsletter you will receive if you do not re-enroll by Jan. 31st.

**RETURNING 4-H MEMBERS** – Enrollment deadline is January 31, 2019. If you have not yet re-enrolled, please do so now!

The state 4-H program is implementing a participation fee for all 4-H club members ages 5 - 19. The cost is $25.00 per youth with a maximum of $50.00 per family if paid by **January 31**, (Insurance is extra, $1 per member or $2 per horse member). All returning members must pay this fee by Jan. 31 to participate in Fair. **Cloverbuds** must also pay this fee.

Enrollments received Feb. 1 – April 30 the fee is $30.00 per youth with a maximum of $60.00 per family (Insurance is extra, $1 per member or $2 per horse member) and as a returning member you will NOT be able to participate in Fair.

**NEW 4-H MEMBERS** - the above participation fees apply to new members, BUT they may enroll at any time until April 30 to participate in Fair.

**ALL MEMBERS** -

- Payment of fees and insurance need to be attached to the enrollment form to be accepted & enrolled by the Extension Office staff.
- Returning members not enrolled by January 31 will be purged from our mailing list.
- It is the member’s responsibility to get the enrollment forms and payment into the Extension office by deadline times.
- Projects can be added to take to Fair until April 30.
- If you are in need of an enrollment scholarship, come to the office and show proof of your financial need (example: SNAP benefits card). We have a scholarship application that needs to be filled out and then it will go to the 4-H Association for funding.

*Sandra Carlson*  
4-H Coordinator

*Jared Delay*  
4-H Program Assistant

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JANUARY 2019
2 OSU Food Drive begins
2 Leadership Club Meeting, 4-H Club House, 6:30 PM
7 Spring Into Arts Planning Meeting, OSU Extension Office Conf. Room, 6 PM
8 4-H Dog Advisory Meeting, OSU Extension Office, 6:30 PM NEW DATE
14 4-H Fair Animal Superintendent Mtg., OSU Extension Office Conf. Room, 6 PM
15 4-H Horse Advisory Meeting, OSU Extension Office Conf. Room, 6:30 PM
19 BINGO, Bob Chisholm Community Center, Seaside, 6:30 PM
22 4-H Small Animal Advisory Meeting, OSU Extension Office Conf. Room, 6 PM
23 4-H Record Book Workshop, RSVP (503) 325-8573 or cancelled, OSU Extension Office Conf. Room, 6 PM
28 Young Entrepreneur Open House, 4-H Club House, 6 PM
30 4-H New Leader Training, 4-H Club House, 6 PM, RSVP (503) 325-8573
31 4-H Enrollment Deadline for Returning Member to Participate at Fair / Club Charter Renewals Due
31 4-H Presentation Workshop, RSVP (503) 325-8573 or cancelled, 4-H Club House, 6 PM

FEBRUARY
2 Leadership Club Food Drive, Astoria Safeway (Tentative), 10 AM—3:30 PM
9 Super Saturday, Fairgrounds, 9 AM—2:30 PM
12 4-H Horse Advisory Mtg., OSU Extension Office Conf. Room, 6:30 PM
14 After School Cooking Class Series; 2/14, 2/21, 2/28, 3/7. Classes in Knappa, call 503-458-6166 to sign up
15-17 WORLD Retreat, register online
16 Beef Weigh-In, Fairgrounds arena, 7 AM—11 AM
18 Dog Show, Fairgrounds, 8 AM
21 4-H Assoc. Committee Mtg., 4-H Club House, 6:30 PM
24 Finn Family Show Pig Clinic, Clatsop Co. Fairgrounds, 10AM—12 Noon
26 Deadline to register for 4-H Presentations, 503-325-8573
28 4-H Sewing Series begins, dates of series are Feb. 28, March 7, 14, 21. **NOTE: Date Change** 4-H Club House, 6 PM

MARCH
3-5 Friends of the Fair Horse Show Series, Show #1 of 3, Clatsop Co. Fair & Expo
5 4-H Presentations, AMS, 4:30 PM
16 Spring Into Arts, 4-H Club House, 9 AM—1 PM
18 4-H Livestock Advisory Mtg., OSU Extension Office Conf. Room, 6 PM
24-27 Youth Voices in Action, Salem

APRIL
6-7 Friends of the Fair Horse Show Series, Show #2 of 3, Clatsop Co. Fair & Expo
8 New 4-H Leader Training, RSVP (503) 325-8573, 4-H Club House, 6 PM
11 4-H Shooting Sports Advisory Meeting, OSU Extension Office, 6:30 PM
13 BINGO, location TBA, Astoria
18 4-H Association Committee Meeting, 4-H Club House 6:30 PM
30 Fair Deadlines: Enrollment, Declarations & Fair Online "First-Step" Registration, see article on page 10
30 4-H Small Animal Advisory Meeting, OSU Extension Conf. Room, 6 PM

MAY
4-5 Friends of the Fair Horse Show Series, Show #3 of 3, Clatsop Co. Fair & Expo
4 Home Ec Skills Contest, AMS
11 Sheep/Swine/Goat Weigh-In, Fairgrounds Parking Lot, 7 AM—Noon
14 4-H Horse Advisory Meeting, OSU Extension Office Conf. Room, 6:30 PM
18 NCJC Livestock Show, Clatsop Co. Fairgrounds

JUNE
3 Summer Conference Planning Meeting, OSU Extension Office Conf. Room, 6 PM
5 Record Book Fair Prep Workshop, RSVP (503) 325-8573, OSU Extension Office Conf. Room, 6 PM
10 Livestock Advisory Mtg., OSU Extension Office Conference Room, 6 PM
11 Small Animal Advisory Mtg, OSU Extension Office Conference Room, 6 PM
20 4-H Assoc. Committee Meeting, 4-H Club House, 6:30 PM
24 Deadline for: 4-H Online Entries, Record Books, Pen & Stall Requests
26-29 Summer Conference

JULY
12 Deadline to notify the 4-H Office of any changes to your 4-H Online Entries
28 Hall Entry Day, Animals Enter Fair
30-Aug 3 Clatsop Co. Fair

OSU Extension Food Drive
Bring your non-perishable food items to the Extension Office or local food banks beginning Jan. 2nd
4-H Club House
Deep Cleaning Schedule

January: Melville Livestock
February: Milk & Cookies

Does your club use the 4-H Club House? The Fairgrounds has been so kind to offer supplying paper towels and toilet paper for the Club House. We will still need to supply garbage bags and cleaning supplies. Please help supply as needed. Thanks!

Charter RENEWAL
Club leaders—Please remember to get this renewal form completed and returned to our office by Jan. 31. Call Sandra, (503) 325-8573 if you have any questions.

If you have been a club for 1 year or more, you would have already received your official Club Charter. Each year thereafter, each club will complete this simplified form.

This form is available from the Extension Office or on our website at: https://extension.oregonstate.edu/sites/default/files/documents/10701/charteryearlyrenewalform.pdf

Special Insurance
If you have an event that is higher risk, please take out this special insurance on your event. The link is https://www.aiLife.com/specialriskdivision/activityreport

You need to do this at least 24 hours prior to your event and you will pay after the event.

ITEMS NEEDED FOR SUPER SATURDAY.....we are in need of fleece for blankets and some stuffing for pillows for Super Saturday. If anyone has any to donate, please do so by Jan. 15. Thanks.

Spring Into Art
(Expressive Art Day)
March 16, 2019
4-H Club House
9 AM—1 PM
Open to 4-H’ers 4th—12th Grades
RSVP (503) 325-8573

We will be having a fun, creative workshop with crafts and projects for Fair – more info to follow.

Spring Into Art Planning Meeting
Monday, January 7, 2019
6:00 PM
OSU Extension Office Conference Room

4-H Dog Seminar
Feb. 18, 8 AM Registration

Clatsop County Fairgrounds, 92937 Walluski Loop, Astoria OR

Showmanship Seminar Rally Obedience Seminar
$10 fee/member

More than one 4-H dog is acceptable. Public is welcome to come & listen & learn, but only 4-H youth may participate.

Bring own sack lunch and many tiny, soft dog treats or training toy. Indoor seminar but dress in layers (in big arena). Wear appropriate footwear for running in the dirt. Bring 6’ leash, show lead, water bowl, kennels required.

Trainers: Candice Kerr & Lorna Brandt

Questions: Call or text Lorna Brandt at 503-440-0573 or the Extension Office at 503-325-8573
Classes for youth ages 5-19
Cloverbud classes available for youth ages 5-8 (limited to 40 youth)

9 AM   Registration
10 AM   Workshops Begin
12 – 12:25 PM Lunch
Lunch available for $5 or bring your own. RSVP for lunch, 503-325-8573
12:30–2:30 Workshops Continue

SATURDAY, FEBRUARY 9, 2019
9 AM – 2:30 PM
CLATSOP CO. FAIRGROUNDS

Accommodations for disabilities may be made by contacting 503-325-8573 or Sandra.carlson@oregonstate.edu.
### Returning Members
need to be enrolled by Jan. 31

### New Members
by April 30 in order to show at Fair.

### All projects
need to be determined by April 30

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**FAIR TROPHIES**

If you did not return your trophy to be engraved by the November deadline, you need to keep it until June to be engraved before Fair.

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**SUMMER CONFERENCE AT OSU—JUNE 26-29**

Just a heads up on Summer Conference—Payment is made BEFORE you are able to get the password to complete your registration (May 15) ....so start saving, cost is typically $120 with local scholarship(s).

For more information about summer conference go to [https://extension.oregonstate.edu/4h/member-opportunities#Summer](https://extension.oregonstate.edu/4h/member-opportunities#Summer)

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**DOG OBEDIENCE FOR ADULT CLASS**

Classy Canines 4-H Club is holding a three-week class on Monday evenings this winter and opening it to interested adults and their dogs. These meetings are held at the Clatsop County Fairgrounds. Participants will learn exercises/games to teach their dogs to heel, come, sit, down, stand, and stay. Classy Canines has a positive training style: lots of treats and praise; no jerking, scolding, or hitting. The class dates will be January 21 (MLK Jr. Day), 28, and February 4, 2019.

The training will be provided free of charge. The club is encouraging participants to make a $40 donation to a local pet-related non-profit organization of their choice.

Please contact Sally Freeman at 503-325-7161 or at youngsriver@yahoo.com to participate.

*Participants will be assigned a homework activity to do with their dog daily for one week before the first class.*

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### Fundraiser

**Saturday BINGO**

*January 19, 6:30 p.m.*

Bingo proceeds help fund scholarships, trainings, and awards for members and leaders

Bingo begins at 6:30 promptly

Bob Chisholm Community Center, 1225 Avenue A, Seaside

4-H Clubs are asked to donate ONE item/basket of goods with a minimum $25 value for the drawing. *(you can donate more if you wish)*

$10 = 10 Games w/ Prizes!

Pulled Pork, Chips & Drink Available for purchase
Helping youth thrive

Mary Arnold the State 4-H Evaluation Specialist, has been writing a blog and I would like to share part of her blog with you. The 4-H Program Model talks about finding the “spark” within the 4-H members. Her blog addresses the importance of this.

Starting with a young person’s spark is so important – developing interest in something is the first step toward growing gritty youth! And, as we have seen, gritty youth match many of the thriving indicators found in the 4-H thriving model. In essence, developing grit is one way we help youth thrive.

So, what do we do to grow grit? The first step is to help youth develop an interest in something. Think about the Cloverbud program in 4-H that is intended for youth K-3. This program focuses on providing youth with a wide pallet of things to learn about, rather than focusing on one topic. This practice is consistent with child development research that allows the natural curiosity of young children to direct their learning, within the context of a positive learning environment where they feel like they belong.

But the discovery of one’s interest is only the beginning. That interest must also be developed over time, and then deepened, often across the life span for many. This is one way in which grit is grown and it doesn’t happen overnight. Nor does a young person’s passion in high school necessarily determine the ultimate path of that youth’s life. This is really important to understand so that we don’t think of helping a youth discover their spark is the end of the story; it may be just the beginning!

What we do know is that 4-H can play an important role in helping youth discover their interests that have the potential to be supported and fanned into something more; something sustaining and lifegiving for a young person. And regardless of whether this interest remains exactly the same as it is developed and deepened, having help a young person discover it heir spark will help grow grit. And gritty youth are thriving youth.

Have you witnessed an example of a young person’s interest growing grit? How did you know it was happening? What can you do to help the youth with whom you work develop and deepen their interests to help them grow grit?

Written by Mary Arnold

HOLIDAY HAPPENINGS

The Paws in Action 4-H Club participated in the Seaside Parade of Lights and won their division!
**Obligation to Self-Report**

_A reminder to volunteers on Self Reporting_

When you become a 4-H volunteer, you basically become an OSU employee, and must follow the appropriate behaviors that you are background checked for and on your Adult Code of Conduct form.

To ensure those in service to the university with security-sensitive access continue to meet the minimum qualifications for their position, incumbents are required to notify the Office of Human Resources if they are convicted of a crime relevant to their position after they become a 4-H volunteer.

Failure to report relevant convictions may result in disciplinary action, up to and including termination. If the University receives report of a relevant conviction, a new criminal history check may be required to confirm the report. Please remember to self-report if it so becomes necessary to your 4-H volunteer position. Please let Sandra know if you have any questions, 503-325-8573.

**Enrollments Due for 4-H Leaders**—If you are a 4-H leader, please try to get your enrollment and $1.00 insurance fee into the Extension Office by January 31. Thanks for your help.

**Donating to 4-H**

Periodically 4-H receives cash donations in memory of someone who was passionate about the 4-H program. These kind donations are greatly appreciated and help support the overall 4-H program.

Our local 4-H program is fortunate to have a 4-H endowment set up through the Oregon 4-H Foundation that allows our county 4-H program to benefit from not only cash donations but also donations of real estate, such as land and homes.

Contact Sandra if you have any questions or would like further information. We appreciate the strong support our community has for the 4-H program and the betterment of the youth in Clatsop County.

**Request to Conduct 4-H Club & Committee Fundraising**

Just a reminder that if you plan on doing a club fundraiser you need to fill out a Fund-Raising Request Form prior to your event. The form would need to be filled out and turned into the Extension Office prior to the third Thursday of each month in order for your fundraiser to be approved. This form can be found at https://extension.oregonstate.edu/sites/default/files/documents/10701/requesttoconduct4-hclubandcommitteefundraisingjune2016.pdf

**Fairgrounds Usage Form**

Clubs wishing to use the fairgrounds facilities for club meetings need to fill out a Request for Facility Form from the Fairgrounds. This must be approved by the Extension Office prior to going to the Fairgrounds. (We can do one form if multiple dates are known). Info on who is on the premises is needed in case of an emergency. There is also a 4-H Club Expectations for Use for Clatsop Co. Fairgrounds Form that needs to be filled out once a year. These forms are available at the Extension Office and online at https://extension.oregonstate.edu/sites/default/files/documents/10701/fairgroundsuseageform.pdf

**Driving 4-H Youth**

If you plan on driving youth in a county van, you will need to get some paperwork from DMV, as well as additional training if you plan on using the 11 passenger van. When driving youth under the direction of OSU Staff, you will need the DMV background check as well. If you drive youth as a 4-H leader to and from meetings, this would be on your personal insurance.
**GENERAL INFO**

**STATE 4-H MEMBER RECOGNITION AWARDS**

*State level 4-H awards are offered each year to intermediate and senior members who have demonstrated outstanding contributions in the areas of:*

**Leadership** -- This state level award is available to one intermediate and one senior 4-H member who demonstrate outstanding contribution in the area of leadership.

**Citizenship/Community Service** -- This state level award is available to one intermediate and one senior 4-H member who demonstrate outstanding contribution in the area of citizenship/community service.

Submission for these are due to Sandra by Feb. 1 for review

**Communication** -- This state level award is available to one intermediate and one senior 4-H member who demonstrate outstanding contribution in the area of communication.

**Excellence in Teamwork** -- This state level award is available to a team of two or more youth who collaborated on a project that had major impact on their club or community.

[http://oregon.4h.oregonstate.edu/programs/recognition/member](http://oregon.4h.oregonstate.edu/programs/recognition/member) for more info.

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**NATIONAL 4-H BEEKEEPING ESSAY COMPETITION**

Get on your creative writing skills and write an essay about “Honey Varietals, State to State. See the link below for details. Good Luck!

[https://www.uaex.edu/farm-ranch/special-programs/beekeeping/4HBeekingEssay.aspx](https://www.uaex.edu/farm-ranch/special-programs/beekeeping/4HBeekingEssay.aspx)

Submission deadline: Feb. 15, 2019 to the State Office

First Prize-$750
Second-$500
Third-$250

**PHOTOGRAPHY / COMPUTER ART TRAINING**

Joanne Halvorson, 4-H Leader and Judge, is offering to work with members either individually or in pairs to teach them interesting, cool processes with photo editing software that can drastically change/alter or make your photos/drawings the best they can be. There are very few photos entered into this category in Fair and we would like to help that grow. Open to any 4-H member. For more info, contact Joanne at advocate@pacifier.com

**WEAVING CLASSES**

Astoria Fiber Arts Studio offers weaving and hand spinning classes to 4-H clubs and individuals.

Contact Electa Mathre 503-325-0698 to plan a club weaving workshop. There are an assortment of weaving ideas from table runners to placemats...and the finished project can be a fair entry next year. It’s fun!

**SCHOLARSHIPS FOR MILITARY FAMILIES**

Many in our area are part of the military. Here is a link that might help youth attend various functions by sponsoring scholarships for the 4-H programs, [http://oregonbtyr.org/cyp.html](http://oregonbtyr.org/cyp.html)
IMPORTANT
MEETINGS

4-H Association
Committee Meeting

Thursday
February 21
6:30 PM
4-H Club House

ANYONE is welcome to come to the 4-H Association Meetings to hear discussion on how funds are allocated.

4-H ASSOC. BOARD MEMBERS

President
Melissa McSwain
Vice President
Sarah Finn
Secretary
Nikki Carlson
Treasurer
- open -

NEW LEADER TRAININGS

RSVP required (503) 325-8573

Jan. 30, 6 PM
4-H Club House

April 8, 6 PM
4-H Club House

RSVP required, 503-325-8573.
Call if special arrangements need to be made.

SEWING CLASSES - NOTE DATE CHANGE

This year the sewing workshops are going to focus on individual sewing techniques. Members can come to one or all of the classes as their needs require. Classes will be held at 6 PM, 4-H Club House on Feb. 28, Mar 7, 14, 21.

Topics are:

Hand stitching: Do you have a pair of pants that are too long or something else that needs to be hand stitched? Bring them! Sewing on a Button; do you have a shirt or something missing a button? If so, bring it. We will have lots of buttons available.

Buttonholes: If you have a project that you want a button hole in, bring it

Pleats/Darts: If you have a project that needs pleats or darts, bring it

Zippers: If you have a project that needs a zipper, bring it

If you do not have any projects, that is fine, just come and learn and practice. We will have material available. Bring your own machine or let us know if you need to borrow one.

Please RSVP by Feb. 20 if you wish to attend. A supply list will be sent after you register.

YOUTH VOICES IN ACTION (formerly Oregon 4-H Experiencing Citizenship) March 24-27, 2019, Salem

Save the dates! All 4-H teens grades 7—12 are invited to have 4-H fun during this activity. Join more than 130 Oregon teens practice leadership. Educators will help teens stretch their imaginations and facilitation skills. Participants will find new Oregon friends; meet state legislators; practice public speaking; and, debate humorous or serious “4-H legislation” in Committee Rooms at the State Capitol. Use your voice to influence Oregon agencies who want to hear from Oregon teens. Registration opens Jan. 15th. Website: https://extension.oregonstate.edu/4h/citizenship-civic-engagement

The Clatsop Co. 4-H Association would like to invite any youth in grades 7–12 to participate as a non-voting member of the Clatsop County 4-H Association.

This is a great way to learn leadership skills & have your voice heard.

For more info, contact Melissa McSwain at miss_dimples_2001@yahoo.com or 503-440-1130

The Clatsop Co. 4-H Association now has an email address. They would like you to be aware of this so you don’t think it’s junk or spam mail. They will be sending out notices, info and help-needed notifications.

If you are a leader and wish to not have your email on this list serve, please let Melissa know at this email: clatsopcounty4hassn@gmail.com
**Fashion Revue—2019 Fashion Revue Challenge is Out of this World!**

The theme for the 2019 Fashion Revue Challenge will be “Clothing of the Future”. What will clothing be like? Maybe the new fabric will be recycled plastic! Maybe clothing will include technology that helps keep us live happy and healthy. Maybe there will be sensors to tell what and when we need to eat, or technology to keep our body temperature steady, or special lighting to help us be visible (or invisible!) when needed. Or maybe your thoughts revolve around clothing styles and accessories; perhaps our clothing will have jet packs built into them or maybe our shoes’ soles will be hover boards. So many ideas, so little time… put on your “Future” cap and get those ideas formulating. Bring out the shears and sewing supplies and create your view of clothing in the future. The 2019 Fashion Revue Challenge is waiting for you; the future is now!

**2019 Celebrate our World’s County of Celebration is…**

The County of Celebration for the 2019 fair season is Greece! Mamma Mia here we come! Greece with its vibrant colors, deep blue and green colors of the sea, rich culture, and scrumptious food is awaiting your exploration and is eager to be of influence for your next project!

**Fair Deadline Information….Note Many Changes this Year!**

This year we are implementing on-line registration and more of the use of iPads. In using the technology more, we are needing to move up our deadlines and implement a few changes.

**April 1-30**  
ALL members must create an online profile (we will send a link). Also due are Fair Horse Declarations, leases, and final day for new members to enroll in 4-H and still show at fair.

**April 30-June 24**  
Fair pre-registration of classes will be put in by Members for ALL entries they plan to take to Fair (it is okay to put in those that you might not bring).

**June 24**  
All Record Books, Online Fair Entries and Pen & Stall Requests are due to the Extension Office. Online Entries CLOSED.

**June 24-July 3**  
LEADERS will have a chance to review classes their members have signed up for and call or drop off any changes to the Extension Office by July 3.

**July 12**  
Last minute changes….MEMBERS will have an opportunity to notify of us of any changes/deletes/edits. These are due by July 12—FIRM. These MUST physically get to the Extension Office, the online system is closed.

**July 15**  
We begin printing the QR Tags (Exhibitor Tags) for the Hall (Static) Exhibits. Each item in the hall will have an Exhibitor tag created for the class that you signed up for. You will need to find the correct tag and attach it….that is it! No more having it fill them out. We will get these printed and into packets for members to pick up as soon as we can, and then let people know. You will want to pick the QR Tags picked up and get them attached to your exhibit prior to fair since we do not have much working room at fair for assembling these.

When we are ready in mid-July, we will have:  
Wristbands  
Exhibitor numbers  
QR Tags  

**July 28**  
Hall Entry Day, Animals Enter Fair

We are learning this process. More details will come in later issues, but these dates will not change.

This process does not pertain to Fashion Revue, FCS Skill-a-Thon (Home Ec Skills Contest), Clothing Skills Contest or Presentations. You must contact the Extension Office to register for these events.
**County-Wide Presentations**

*Tues., March 5, 2019*

4:30—9:00 PM

*Astoria Middle School Cafeteria*

**What is this?** Each member will come prepared to give a speech, demonstration to be presented in front of a judge and scored. The judge will then talk individually to the youth on strengths and what to work on.

**State Fair Qualifying?** Yes, Intermediate and Senior members can present this at State Fair if eligible.

**Impromptu Speech** Another option is to come to the event, pull a topic out of a hat. You will have about 5 minutes to prepare your speech, then you will present in front of a judge.

**For General Rules and time limits** visit the *Presentation Guide* at [https://extension.oregonstate.edu/sites/default/files/documents/10551/4hpresentationmemberguiderevjan2017.pdf](https://extension.oregonstate.edu/sites/default/files/documents/10551/4hpresentationmemberguiderevjan2017.pdf)

Look for more information and registration in next months issue.

Each member is asked to do a presentation sometime during the year, this is a great way to fulfill that requirement and get feedback too.

Clatsop County Presentation Registration Form can be found at: [https://extension.oregonstate.edu/4h/clatsop/citizenship-civic-engagement](https://extension.oregonstate.edu/4h/clatsop/citizenship-civic-engagement) & the *Presentation Guide Handbook* can be accessed at [https://extension.oregonstate.edu/sites/default/files/documents/10551/4hpresentationmemberguiderevjan2017.pdf](https://extension.oregonstate.edu/sites/default/files/documents/10551/4hpresentationmemberguiderevjan2017.pdf) or picked up at the office. This publication will be found quite helpful for those of you entering a presentation.

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**Presentations Workshop**

*Thursday, January 31*

6 PM

4-H Club House

RSVP (503) 325-8573

Get tips and pointers on how to put your best presentation foot forward.

Bring your presentation ideas/materials with you and do some practicing!

*Attending will fulfill the “Participation in 4-H Activity” in your record book*
3 steps to “Showing and Telling”

Introduction
Tell what you’re going to do
Tell why you chose your topic

Body
Tell about and show how to make or do something step-by-step

Conclusion
Give a short summary
Ask if anybody has a question

Be sure:
Everyone can see and hear you
To explain each step
To tell how to do each step
To tell why you do each step

CHECK YOURSELF

- Were you neat, clean, and dressed for the job?
- Did you speak clearly?
- Did you stand up straight?
- Did your introduction interest the audience?
- Did you use your equipment easily?
- Was your equipment well chosen?
- If you used charts, were they neat? Easy to read?
- Did your audience understand what you did?
- Did you know your facts? Don’t be afraid to say, “I don’t know” if you can’t answer a question.
- Was everyone able to see?
- Did you have fun?

All classes are now state qualifying for Intermediates and Seniors

Clip and return by Tuesday, Feb. 26, 2019 to: Clatsop County Extension Office, 2001 Marine Drive, Room 210, Astoria, OR 97103

_____ Individual  _____ Team Presentation

Name of Presenter ________________________________ phone __________________

Name of Presenter (team only) ________________________________ phone __________________

Ages as of Sept. 1, 2018
DIVISION: ___ Cloverbud (ages 5-8) ___ Junior (ages 9-11) ___ Intermediate (ages 12-14) ___ Senior (ages 15-19)

Title of Presentation ________________________________

Subject-area of presentation ________________________________

Type of Presentation ___ demonstration ___ illustrated talk ___ public speech ___ impromptu

Check items needed: ___ table ___ easel ___ screen ___ computer/power point (Windows or Mac)
___ bring own computer other equipment ________________________________

Are you using a live animal? ________________________________ If so, what kind of animal ________________________________

Time preference ________ between 4:30-9:00 PM  Time Conflicts: ________________________________

*We only have 1 projector that will work with a Mac computer and 3 that will work with Windows computers. Please indicate computer, (Mac or Windows)
**RECORD BOOK TIP**

Record books are really hard to put together IF you leave everything to the last minute. It helps to do a little throughout the year. A few suggestions to help:

1. Record your 4-H and school activities either a) in your 4-H Resume immediately b) on a calendar in your home c) on a sheet on your refrigerator...this info can then be transferred into your 4-H Resume weekly, monthly, or at some later date...but you will not have to try to remember what you did.

2. Keeping your project receipts can be challenging. Some suggestions to make this a little easier are: a) record them immediately in your project record b) keep an envelope handy and put all of your receipts in it when you get home from purchasing the items. THEN, weekly or monthly update your project record.

3. Take photos of everything you do.

4. Go to some 4-H events outside of your normal club meetings. There are a lot of activities in the next few months. (Look in your 4-H Calendar on page 2 for ideas!)

## COUNTY REQUIREMENTS

Record Books are required for all projects coming to Fair (this incl. not only animal, but hall and shooting sports). This does not pertain to Cloverbud members. Records must be checked by June 24.

**MY 4-H RESUME**

*Members must complete:*

- 1 leadership
- 1 community service
- 1 4-H activity outside of Fair and
- 1 public presentation

*MEMBERS MAY CHOOSE TO DO:*

- 1 of each listed above = 4 OR 6 of any combination
  
  (ex: 3 community service, 2 leadership & 1 4-H activity outside of Fair)

*Donating food: 5 canned or boxed food items = 1 Community Service requirement*

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### 4-H Record Book Workshop:

*January 23, 2019, Extension Office Conference Room, 6 PM. RSVP (503) 325-8573. If no interest, it will be cancelled.*

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### LEADERSHIP EXAMPLES

**Cloverbud & 1st Year members:**

- Leading of the pledges
- Etc.

**Juniors:**

- Leading of a song or game
- Help plan a portion of a meeting
- Etc.

**Intermediate & Seniors:**

- Help younger member w/ project
- Help younger member w/ record book
- Organizing an activity
- Become a Committee member (this can be within your club or at County level)
- Teach a portion of a meeting
- Coordinating an event or meeting or part of a meeting
- Hold a leadership position: Junior Leader, County Ambassador, Camp Counselor, Song Leader, Game Leader, Sergeant of Arms, Club Officer, Reporter, Historian
- Plan a club party
- Coordinate club participation in parade
- Plan family night for your club
- Coordinate club snack schedule
- Etc.

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### LIVESTOCK / HORSE / SMALL ANIMAL / DOG EVENTS COMING

### 4-H SPRING CLASSIC

This event will be held in Redmond, OR on **May 17-19, 2019.** Intermediate & Senior members Only. Must qualify at your county level.

[https://extension.oregonstate.edu/4h/member-opportunities#Spring](https://extension.oregonstate.edu/4h/member-opportunities#Spring)

Spring Classic now includes the following statewide contests (* signifies that a National contest is available for Senior members/teams):

- *Horse, Dog, Rabbit, and Poultry Judging
- *Horse, Dog, Rabbit, Livestock, and Avian Quiz Bowls
- *Hippology
- *Livestock Skills

Presentations, Team Presentations and Public Speaking in:

- Small animal (dog, rabbit, cavy, poultry, pigeon)
- Livestock
- *Horse
Finn Family Show Pig Clinic
Sunday, Feb. 24
10 am—12 Noon
Clatsop Co. Fairgrounds
 Featuring Dr. Stephanie Ramsey, DVM & Matt Kennedy, OSU Animal Science Instructor

Watch for these upcoming events in 2019… dates and times will be finalized and posted soon

COMING IN MARCH
Junior Livestock Clinic hosted by Purina and Weaver Leather
Livestock specialist include Jordan Baumgartner & Dillabo Family from California
We will have a strong emphasis on Beef cattle from Dillabo family and have some opportunities in the sheep and goat specie areas as well.

COMING IN APRIL
Tillamook Farm Tour
It has been a couple years since the Tillamook Farm Tour and we have had a big demand to do it again...so we’re bringing it back! Stops will include Tillamook Cheese Factory, robotic dairy and an egg producing enterprise!

HAMPTON AFFILIATES/WARRENTON LUMBER MILL
Clatsop Co. Livestock Sponsorship Program 2019 - Available to 4-H’ers age 9-19. Designed to allow a youth to raise a market animal where participation was prevented due to circumstances beyond their control. Application deadline is 2/14/2019. See website for details and application: https://extension.oregonstate.edu/sites/default/files/documents/10701/livestocksponsorship2019.pdf

BEEF WEIGH-IN . . . FEBRUARY 16, 2019  The Health Records and Feeding Guides are available, as well as E-Slips and OTC forms (both for cattle ONLY)...at the Extension Office. Remember, you MUST have an E-Slip filled out by the prior owner for your steer...BUT if you have a HOME-GROWN steer...you DO NOT need an E-Slip.

2019 SHOW DATES & JUDGES
FRIENDS OF THE FAIR SERIES SHOW
March 2-3 – Torry Brooks
April 6-7 – Robert Aycock
May 4-5 – Tim Wigren

. . . COMING UP
4-H ExCEL in Animal Science
Jan. 27-28, 2019
Cost: $110
Available to High School 4-H’ers.
Together, OSU Extension 4-H & the Oregon Zoo are providing an opportunity to help you explore different careers, prepare for education after high school and thrive in Leadership roles. Info available by calling our office at 971-361-9633 or visit https://extension.oregonstate.edu/4h/portland/events/4-h-excel

Clatsop County 4-H Dog Seminar
Mon., Feb. 18, 2019
Clatsop Co. Fairgrounds

Junior Livestock Clinic
March, date TBA

Tillamook Farm Tour
April, date TBA

NCJC Livestock Show
May 18, 2019
Clatsop Co. Fairgrounds
SCHOLARSHIPS AVAILABLE

4-H State Scholarship Applications are due February 1, 2019, to the County Office.

Many of these scholarships go to youth who plan on attending OSU, but there are a few that do not. Information on State 4-H scholarships can be found at https://extension.oregonstate.edu/4h/recognition-awards-scholarships#paragraph-123766

Local county scholarships are being updated as information becomes available.

Applications are due to the Extension Office by FEB. 1st. This will allow time for Sandra to review them and give you time to make change. There will also be local scholarships available closer to spring. More info to follow.

YOUTH OPPORTUNITIES

W.O.R.L.D.

Western Oregon Retreat for Leadership Development
A retreat planned by youth for youth!
February 15-17, 2019
Oregon 4-H Center, Salem

Meet new friends, experience exciting classes and learn leadership skills at a fun, exciting event that is planned by teens, for teens. Feb. 15-17, 2019 ($100). This year there is also optional WORLD and Camp Counselor Training option extending the weekend to Feb. 18 ($150 for three night WORLD and counselor Training). These will be held at the Oregon 4-H Center in Salem. We are planning on providing transportation through the Extension Office for WORLD only.

https://apps.ideal-logic.com/osuextension?key=F3T9-25VVY_K9KH-5PTF_56a7a5e0

Questions: Contact Sandra at the 4-H Office, 503-325-8573

4-H HORSE CAMP

Aug. 6—9, 2019

Cost: $275 (need not be a 4-H member to attend)


Contact: Yamhill County mike.knutz@oregonstate.edu  503-434-7517

Location: 4-H Center in Salem, OR

This horse camp offers three days of hands-on learning with horses and horse riding. In addition, campers will have other recreational activities such as hiking, swimming, canoeing and archery. Equestrian helmets and riding boots are provided, but campers who can bring their own are encouraged to do so. Horses provided.

4-H WILD WEST SUMMER CAMP

July 16—20, 2019

Aug. 12—17, 2019

Cost: July Camp (4-night camp) - $300

August Camp (5-night camp) - $350

Horse Track—Additional $100

(Need not be a 4-H member to attend)


Contact: Yamhill County mike.knutz@oregonstate.edu, (503) 434-7517

Location: 4-H Center in Salem, OR

The 4-H Wild West Camp is a program of Oregon State University Extension Service and is open to all youth completing grades 4-7. This overnight camp is designed to give youth hands-on outdoor experiences like hiking, horse riding, canoeing, fishing, archery, swimming, natural science, digital photography, crafts and more. Campers are placed with trained high school age 4-H counselors and supervised by 4-H Youth Development staff. Youth participate in traditional campfire activities with songs, skits, s’mores and more.

Although every camper will have a horse class, there is a Horse Track where youth will be housed at horse camp with more time to learn, care and ride horses. (Additional $100 fee added to regular camp fee).
**4-H Camp Leadership Program**  
*This year we are promoting interested older youth to attend the Wild West Camp Counselor Trainings in Salem.*

The 4-H Camp Leadership Program is open to youth in Grades 8-12 who are interested in serving as Counselors in Training (CIT) or Camp Counselors for 4-H Summer Camps. CIT’s are required to have at least 16 hours of training, while counselors are required to have 32 hours of training. Typically CIT’s are in grades 8-9 and Counselors in grades 10-12. Trainings are held throughout the school year and just prior to camp. To meet the required hours of training, youth may include leadership trainings conducted by 4-H such as Junior Leader Training, Teens as Teacher Trainings, 4-H Ambassador Training, leadership camps/conferences and certification in First Aid/CPR.

Counselors and CIT positions at each camp are filled through an application process beginning in the spring. It is important that youth attend trainings to build their skills and strengthen their counselor/CIT application. Youth are evaluated on maturity, responsibility, leadership, and communication skills demonstrated during trainings.

**Feb. 17—18:** (Following the WORLD Retreat) You must attend WORLD and the Counselor Training, 4-H Center (cost for both is $150)

**March 8—11:** 4-H Center, Salem OR  
Wild West Camp  
July 16—20 (Counselors arrive July 15)  
August 12-17 (Counselors arrive August 12)  
Please contact Mike Knutz from Yamhill County, mike.knutz@oregonstate.edu and let him know you wish to attend.

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**Leadership Club**

The 4-H Leadership Club is for youth in grades 8-12 who would like to take on more of a teaching/leadership role. Some of the activities include: planning and teaching at Super Saturday, various community service, and helping with 4-H Association functions.

To join, contact Sandra Carlson at 503-325-8573.

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**Young Entrepreneur / Biz Kidz Informational Meeting**

*A new season is upon us!*

Youth ages 5 to 19 are invited to come to a Young Entrepreneur Information Night on January 28th at 6 pm at the 4-H Club House by the Fairgrounds.

This will be an introduction to the Young Entrepreneur’s Club where the members make products and sell them at the Astoria Sunday market.

Returning members need to have their enrollment paperwork in by Jan 31 to show at Fair.
NEW JAPANESE EXCHANGE COORDINATOR

Kelly Smith
I’m from Seaside, OR, my son, Dalton Smith, has been in 4-H for 8 years and has showed dogs. I’m super excited to be able to be a part of the exchange program and am looking forward to meeting new host families and our students that will be arriving this summer.

My contact info is:
(503) 440-7094
kas802@gmail.com

JAPANESE EXCHANGE PROGRAM

Now's the time to go to the States 4-H website and begin the application process to host a Japanese boy or girl for one month this summer. They arrive July 21-25 through August 18-22 (dates vary depending on the state). Yes, they arrive prior to fair so you will have the chance to get to know them before the busyness of fair. You do not have to be a 4-H member to host, so tell your friends. Spread the word we need about 45 host families in Oregon. We’d like at least two to five in Clatsop County. This is a fun way to become a 4-H member without raising animals. If you have any questions contact Kelly Smith, Clatsop County Coordinator. After your application is complete Kelly will be finalizing it with a brief home interview.

https://www.states4hexchange.org

OSU Extension Food Drive of non-perishable food items for local food banks.

It is that time again – our annual OSU Food Drive in January and February. Shelters and Food Banks need restocking after the holidays.

Remember, all of the food collected in Clatsop County stays in Clatsop County.

Encourage members to bring canned food to meetings or to do local collections. Bring your non-perishable food items to the Extension Office any time before Feb. 21. If you donate food, be sure to write it in your record books (5 cans). There will be a Food Drive as well at Super Saturday, on Feb. 9, 2019. We’re asking everyone to bring non-perishable items, as the event is FREE.

Participation counts as “4-H Citizenship, Community Service and Community Pride” in your record book.

COMMUNITY SERVICED OPPORTUNITIES

Accommodation requests related to a disability should be made two weeks prior to the event to Sandra Carlson, (503) 325-8573, sandra.carlson@oregonstate.edu.

This publication will be made available in an accessible alternative format upon request. Please contact Sandra Carlson, (503) 325-8573, sandra.carlson@oregonstate.edu
4-H Association

**B I N G O F U N D R A I S E R**

January 19
Bingo begins at 6:30 PM
Bob Chisholm Community Center, 1225 Avenue A, Seaside

See page 5 for details

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**SUPER SATURDAY**

February 9
9 AM
Clatsop Co. Fairgrounds
Cloverbuds must RSVP 503-325-8573
See page 4

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**4-H GROWS HERE**

4-H SEWING CLASSES
BEGIN FEBRUARY 28
See page 9

WORLD LEADERSHIP RETREAT
See page 15

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Oregon State University
Clatsop County Extension
2001 Marine Drive, Room 210
Astoria Oregon 97103