

# Clackamas County 4-H Family Newsletter



April-June 2020

Volume 21, Issue 2

## Protecting Public Health

### We are still working for you!

All Extension employees are still at work. We are working remotely on weekdays with only occasional time at the office. The best way to reach us is by email:

[Trisha Applebee](#)

[trisha.applebee@oregonstate.edu](mailto:trisha.applebee@oregonstate.edu)

[Rodrigo Corona](#)

[rodrigo.corona@oregonstate.edu](mailto:rodrigo.corona@oregonstate.edu)

[Wendy Hein](#)

[wendy.hein@oregonstate.edu](mailto:wendy.hein@oregonstate.edu)

[Janet Nagele](#)

[janet.nagele@oregonstate.edu](mailto:janet.nagele@oregonstate.edu)

[Kelly Redwine](#)

[kelly.redwine@oregonstate.edu](mailto:kelly.redwine@oregonstate.edu)

[Catalina Santamaria](#)

[catalina.santamaria@oregonstate.edu](mailto:catalina.santamaria@oregonstate.edu)

[Jan Williams](#)

[janaleen.williams@oregonstate.edu](mailto:janaleen.williams@oregonstate.edu)

We are checking the voicemail of the office's main numbers regularly (503-655-8635 and 503-655-8631). Direct phone lines are checked less often. The office is still receiving mail. We also have our drobox next to our front door if you have something to turn in. Please be patient as certain tasks, like processing enrollments or mailing items out to you, may take more time.



### 4-H events canceled through at least April 30, virtual meetings only

To help prevent the spread of COVID-19, all Extension programming will be provided virtually, postponed or canceled until further notice to help keep our employees, volunteers, learners, and communities safe. **This includes 4-H club meetings.**

We are using Zoom to host advisory meetings. You can join a Zoom call with either a computer or a phone. You do not need a special account, but you might find the smartphone app helpful.

We are listing all county events on our website and updating them regularly. You can see at a glance if an event is canceled, postponed, virtual, or (for now) happening as planned. Events show on most of our web pages, or you can view the full list: <https://extension.oregonstate.edu/program/4h/clackamas/events>.



### Watch for Auction weigh in changes

The 4-H program is working closely with the [Clackamas County Junior Livestock Auction](#) committee to ensure that upcoming weigh-in and tagging deadlines do not risk human health. Watch future communications for changes. Our Extension Program Leader had some thoughts to share in [this letter](#).



## Ideas for 4-Hers: keep learning

What can you do if you are stuck at home? There are plenty of ways that you can keep learning about your 4-H project. Here are a few ideas:

- Read your project materials (many can be downloaded). Then have a video chat with a friend and quiz each other on what you learned.
- Make items for charity to donate later or send cards to local retirement homes.
- Take a video of yourself giving a five-minute how-to video about your project. Share it with friends or post it online (with parent permission). We'd love to have your video shared with us on Facebook!
- Look for online learning about your project. For example, there are many judging contest modules and online how-to videos.
- If your project animal is at home, you have lots of training time. Start practicing for showmanship. Or teach your animal a new trick!
- Work on your projects for County Fair. You can start outlining a presentation, work on a science or educational display, practice your baking, and finish some HEARTH projects. To keep yourself on track, set a weekly goal and share it with your club leader or a friend. Then report on your progress each week.

## Fair Information

**Pick up County Fair registration materials at the All Leader Meeting**  
*Tuesday, May 19,*  
*7:00 pm, Fairgrounds*

Believe it or not, County Fair is just around the corner! If you are planning to enter anything in the regular County Fair in August, make plans now to have at least one club representative attend this important meeting. Those who are participating **only** in Horse Fair or Dog Fair need not attend. County Fair registration packets for all 4-H members will be available for club and independent leaders to pick up at the **All Leader Meeting on Tuesday, May 19** at 7:00 pm, in the Main Pavilion at the fairgrounds in Canby. **YOU MUST HAVE THESE MATERIALS TO REGISTER YOUR CLUB FOR FAIR. THESE MATERIALS WILL NOT BE MAILED.** Leaders can also get questions answered by 4-H Fair Superintendents at this meeting.

4-H County Fair entries are **DUE AT THE EXTENSION OFFICE NO LATER THAN JUNE 18**. Late entries will **not** be accepted.

**Remember** that the All Leader Meeting and Fair entry deadlines are **almost a month earlier** than they were in past years. Don't get caught by surprise and miss them!



**Junior Superintendents: apply by May 1**

We have openings in most project areas for Junior Superintendents. These youth learn leadership and career skills while assisting an adult superintendent before, during, and after County Fair. Youth will develop new leadership skills, support a project area, interact with the public, and help with fundraising that benefits the 4-H program. Those who complete the program earn a certificate and recognition at Awards Night. The program description and [online application](#) are available on our [website](#).



**2020 County Fair "Clearly The Best"**

The 2020 Clackamas County Fair is Tuesday, August 18 through Saturday, August 22. Remember to keep Sunday, August 23, in your schedule – that's the day exhibits need to be picked up and animals moved out.



**Getting a head start on your Fair entries**

Look for the **Clackamas County Fair 4-H Exhibitor Handbook** online at our [Extension 4-H County Fair website](#). It will be posted by the All Leader Meeting on May 19. Printed copies will be available for purchase. Open class information will be on the [fairground's website](#). Members participating in livestock auctions can find weigh-in and auction information at the [CCJLA website](#).

You can preview State Fair classes, requirements, or dates on the [state 4-H website](#). There are several sections of the 4-H State Fairbook – read all sections that apply to your project area.



**4-H superintendents are here for you**

Do you have questions about Fair? Can you volunteer a few hours to help with the many needs before or during Fair? Contact your Fair Superintendents!

<b>Livestock</b>	<b>Beef</b>	Mike Rusher	503-888-1823
	<b>Dairy Cattle</b>	Lloyd Hansen	503-266-5914
	<b>Dairy Goats</b>	Michelle Roeger	503-341-7684
	<b>Fiber Goats</b>	Stacey Rungay	503-682-1875
	<b>Meat Goats</b>	Diana Thacker	503-632-7494
	<b>Pygmy Goats</b>	Laurie Zeise	503-341-5779
	<b>Llamas</b>	Sarah Geisler	503-705-8826
	<b>Sheep</b>	Lacey Allen	503-949-6034
	<b>Swine</b>	Travis Dutton	503-807-5847

<b>Small Animals</b>	<b>Poultry &amp; Pigeons</b>	Paula Means	503-810-4215
	<b>Rabbits &amp; Cavies</b>	Sherry Copeland	503-475-5692
	<b>Cats (Cat Fair TBA)</b>	Lacey Allen	503-949-6034

<b>Exhibit Hall</b>	<b>Head Exhibit Hall Superintendent</b>	Mel Jeffrey	503-319-0503
	<b>Art, Cake Decorating</b>	Loyal Hjelmervik	503-577-0562
	<b>Clothing, On-The-Spot Sewing, Educational Displays</b>	Becky Waverly	503-804-3273
	<b>Cloverbuds</b>	Cindy Carlson	503-580-1214
	<b>Creative Writing, Photography, Videography</b>	Laura Jeffrey	503-329-5233
	<b>Crochet, Knitting, Fiber Arts, Designing Spaces, Leathercraft, Recycle/Reuse</b>	Ann-Marie Pagnone	503-201-6119
	<b>Industrial Arts, Natural Science, Science Engineering &amp; Technology</b>	TBD – Volunteer needed! Contact Mel Jeffrey at 503-319-0503 if interested.	
	<b>Fashion Revue</b>	Karen Jeffrey-Markowski	503-329-5021
	<b>Food Contests</b>	Shauna Kitchen	971-998-3446
	<b>Presentations, Business/Entrepreneur &amp; Finance</b>	Rebekah Dutton	503-961-3926
	<b>Food Exhibits, Food Preservation, Table Setting</b>	Karey Gibson	971-998-3446
	<b>Horticulture</b>	Janet Jordan	503-625-2280
	<b>Performing Arts</b>	Wendy Hein	503-650-3122

<b>July Fairs</b>	<b>Horse</b>	Shirley Byrne	503-545-4153
	<b>Dog</b>	Vicki Litke	503-970-1062

## General Interest

### Read our Community Report

Extension is more than just 4-H! Find out about the wide variety of Extension programs in the [OSU Extension Service of Clackamas County Community Report 2019-2020](#).



### Help make awards and scholarships possible

The Clackamas County 4-H Association (CC4-HA) Board fundraisers provide financial support for our 4-H programs. These funds are used for scholarships, awards and recognition, and maintaining our non-profit status. We need your help!

**Fred Meyer Community Rewards:** You can support Clackamas County 4-H when you use your Fred Meyer Rewards card. In our fourth year, 32 families participated and we earned over \$550! Make sure to re-enroll each July. Here is all you need to do:

- Go to [www.fredmeyer.com](http://www.fredmeyer.com).
- At the bottom of the page, click on **Fred Meyer Community Rewards**.
- Click on **Link your Rewards Card Now**.
- Sign in with your email and password, or create a new account.
- Under **Find your Organization**, type **XG793** and click on the **Search** button.
- Select Clackamas County 4-H Association.
- Click on **Enroll**.

This will **not** affect your present Fred Meyer rewards or your fuel points programs.

**Amazon:** When you shop at [AmazonSmile](#), Amazon donates 0.5% of the purchase price to CC4-HA. In the last fiscal year, Amazon has donated over \$165. Next time you plan to purchase from Amazon, please use this link <http://smile.amazon.com/ch/93-0790867> and support us every time you shop.

In addition to our fundraising events, we gladly accept donations at any time. Checks may be made out to **CLACKAMAS COUNTY 4-H ASSOCIATION** and dropped off or sent to the Extension office.



### Look for financial statement forms by July 1, DUE August 1

Each club will be getting the Financial Statement forms sent to the club contact leader at the end of June. Our fiscal year is July 1-June 30 and our taxes are due to the IRS by October 15. **All clubs are required to complete a Financial Statement and turn it in after July 1, but before August 1.** The 2020 statements are required for our 4-H Association to prepare required tax reporting income and expenses from July 1, 2019, to June 30, 2020. This is a VERY IMPORTANT DEADLINE and all clubs and advisories need to be prepared! **Penalties will apply to statements received after August 1.**



### Final New Leader Orientation for 2019-2020, May 12

Do you have skills you'd like to share with a group of young people? Are you interested in starting a new 4-H club or assisting with an existing one? We would love to have you join us at New Leader Orientation on **Tuesday, May 12**. This is the final session for the 2019-2020 4-H year. As a reminder, each club must have a minimum of two approved adult 4-H volunteers. Please contact the Extension office at 503-655-8635 to RSVP. **We request two weeks' notice to ensure that we have the right amount of materials available.**

**Is your group a Club or Independent?**

Research shows that young people benefit from working together with other young people and adult mentors. State 4-H policy says:

“Clubs should strive to enroll at least five youth from at least three different families and meet at least six times per year... Clubs must be chartered, nondiscriminatory, and abide by the guidelines for the use of the 4-H name and emblem. Clubs should be supervised by at least two approved volunteers, with at least one being 25 years of age or older.”

In Clackamas County, we will let you enroll as a club with three members from two or more families and one adult leader as long as you are working on finding more members and leaders. We expect that within a year your club will meet the state guidelines. Groups that do not meet club guidelines will be registered as Independents. An enrolled 4-H leader is still required to supervise.



**Attention Independent Livestock Members**

**NEW** this year. All Livestock members who are Independents (not associated with a club) will be required to attend at least one LIMC (Livestock Independent Member Club) meeting to qualify to exhibit at County Fair. By not being in a club, many of the 4-H Youth Development goals are not met. These meetings will be informative, fun, and give participants the chance to build a community with other members and leaders involved in their projects. **Jasmine Hill** has been working hard as an Intern with the 4-H Livestock program to develop the LIMC and specialized resources for each livestock species project. These resources will be invaluable for all youth who plan to participate in County Fair shows and contests. Watch for meeting dates and resources that will be emailed to families in the coming weeks.



**Animal disease prevention tips**

When moving and showing animals, remember to use good biosecurity practices to prevent the spread of disease. Not only can animals give diseases to others of their species, but some of the most serious conditions pass from one species to another. The best practices to prevent the spread of disease are:

- **Segregation** – prevent contact of your animals with other animals.
- At events, **restrict** the use of feed, equipment, and trailers between your animals and other animals; clean and disinfect after use.
- **Notify** a veterinarian immediately if an animal becomes sick.
- After events, **quarantine** animals for 30 days; clean and disinfect equipment and bedding.

Serious disease threats are always present. Biosecurity can reduce your risk.

**Leaders & Older Youth**

**National Volunteer Week is April 19-25**

We thank all of you who volunteer throughout 4-H and help involve youth in hands-on education and community service! Members and parents: don't forget to thank your 4-H leaders and do something special for these volunteers who make 4-H happen.



**Congratulations to Clackamas nominees for state awards**

Congratulations to these members whose applications were selected to move on to the next level of competition. State winners are announced at Summer Conference.

- Intermediate Leadership ..... Deja Fitzwater
- Intermediate Communication..... Abigail Sass
- Intermediate Citizenship/Community Service ..... Daniel Johnson

## Summer Conference at OSU – Ignite Your Leadership

Join us for a Summer Conference full of laughter and learning. Actively engage in over 80 workshops including dog agility, a logging site tour, animal anatomy, fly fishing, origami, and etiquette. Participate in activities like a pool party, rock climbing, or the Friday night dance. Come join the fun!

[4-H Summer Conference](#) is June 24-27 and is for all youth who are currently in grades 7-12. Spend four days enjoying campus life and making new friends from across the state! The cost for Summer Conference is \$250. There are several scholarship opportunities:

- \$ If you applied and are interviewing for the Statewide Ambassador Team or National 4-H Congress, and you were nominated based on your record book, you will receive a partial scholarship.
- \$ The Clackamas County Summer Conference Scholarship Fund gives partial scholarships based on need, giving priority to those who have not attended Summer Conference before.
- \$ You can use any Program Dollars you have earned.

Here are the steps to register:

- 1) Complete the [County Registration and Scholarship Form](#) by May 1. These are available online and at the Extension office.
- 2) Scholarships will be awarded in early May. Pay your share of the cost. Payment must be received by May 10.
- 3) Register through the state's online registration system starting on May 15. A code will be sent to those who have paid so they may sign themselves up for classes. The state registration system stays open for two weeks but classes fill quickly.

## Outdoor Education

## Summer Camp, Shooting Sports, etc.

### Overnight Camp only \$599 – scholarships available

*July 20-25, Oregon 4-H  
Center, Salem*

The 2020 Clackamas County 4-H Summer Camp is July 20-25. Registrations that are paid in full by June 1 get the early bird price of \$549 – a \$50 discount! View the [camp details](#) and [registration form](#) online. Bus transportation is available for those who are unable to drive to the Oregon 4-H Center outside of Salem. Call the Extension office at 503-655-8635 if you have questions.



### Shooting Sports Leader Training - Archery

*May 16, Oregon 4-H Center,  
Salem*

All 4-H Shooting Sports clubs are supervised by certified 4-H Shooting Sports Instructors. This program teaches members safety and shooting techniques for shotgun, rifle, pistol, muzzleloading, and archery. Approved adult 4-H leaders interested in becoming a Shooting Sports Certified instructor must attend an Oregon 4-H Master Shooting Sports Leader Training.

This spring we will hold training at the [Oregon 4-H Center](#) (Salem, OR), May 16 – for **Archery ONLY**.

This is for Approved adult 4-H leaders interested in becoming a 4-H Shooting Sports Certified Instructor. Please contact [Trisha Applebee](#) at 503-650-3132 for more information.



## State Shooting Sports Contest

June 15-17, Albany area

Like the Mail-In Tournaments, the Annual Oregon 4-H Shooting Sports State Contest offers youth the opportunity to compete in an environment where they can:

- safely interact with peers
- learn to follow rules and rise to expectations
- build life skills
- engage in something that sparks their interest
- set and achieve goals
- support and encourage other club members
- involve the entire family
- develop and value morals and ethics

The State Contest will be held on June 15-17. To participate in the State Contest, youth must qualify through the 4-H Shooting Sports Mail-In Tournaments based on their overall scores for all rounds combined. As in the past, the number of youth and space limitations will determine whether only blue ribbon scores or both blue and red ribbon scores will qualify to attend.

Shooting sports leaders will receive notification of invitations via email. Competitors, leaders, parents, and chaperones are expected to know the rules outlined in the [State Contest Guide](#). Contact [Trisha Applebee](#) at 503-650-3132 if you have any questions.



## Youth Tractor Safety Certification Course

June 15-17 or June 22-24, NWREC

Youth Tractor Safety Certification is required for youth ages 14 to 18 who work with tractors and other farm machinery for extended family and non-family members in Oregon. Certification is obtained by completing the Tractor and Farm Machinery Safety Training Course, including written and tractor driving exams. Two three-day class will be held at the [North Willamette Research and Extension Center](#) (NWREC) in Aurora in June. Sign up for either [June 15-17](#) or [June 22-24](#). Classes fill quickly.

## HEARTH Projects

## Home Economics, Expressive Arts, & Horticulture

### FCS Challenge Online Workshop

Saturday, April 18  
10:00 – 11:30 am

Members and Leaders - Plan to try out the FCS Skill-a-Thon! Find out what it is all about. Practice identifying items used in cooking, baking, sewing, and home decorating, and develop good decision-making skills around consumer purchasing, food selection, and money management. This year's topics and study guides are available [online](#). Register to participate [here](#).



### HEARTH Leader Training

Are you working with a 4-H club of youth in the Photography or Foods projects and not quite sure what to do next? Do your club members want more? We can help! Come to this interactive and hands-on session for 4-H club leaders. Here's what we'll be doing:

- ✿ Learning fun club meeting activities and sharing skill-building project ideas.
- ✿ Highlighting Blue Ribbon tips and techniques.
- ✿ Information and help with Fair entry

Bring your ideas and questions! You'll take home project ideas and resources! Meet other HEARTH leaders! More information and flyer coming soon. Save these dates:

**April 25, 1:00 to 2:30 pm**  
**April 27, 6:30 to 8:00 pm**

**Photography**  
**Foods & Nutrition**

[Register here](#)  
[Register here](#)



## HEARTH Fair entry requirements

Want to plan for fulfilling your 2021 participation requirements early? Sign up to help before, during, and after Fair. Information about opportunities for service hours will be available at all HEARTH committee meetings, held on the third Monday of each month. Fair requirements can be found on the [HEARTH webpage](#).



## 2020 Fashion Revue Challenge

The 2020 Fashion Revue Challenge is “**Clothing inspired by your favorite book or author!**” The challenge is to create a garment that may represent clothing that would be found in your favorite book or worn by your favorite author. Judging criteria for the challenge include creativity and innovation, appropriate amounts and level of sewing, and the intent (heart and soul) of the challenge was met. In addition to the specifics of the challenge, other areas being evaluated include the modeling techniques, the fit of the outfit and communication skills. So get the shears and sewing machine out, and join the 2020 Fashion Revue Challenge!



## Foods contests at County Fair

Members enrolled in the Foods & Nutrition project can choose from the following contests available during County Fair:

- ❖ Mini Meal Individual
- ❖ Mini Meal Team
- ❖ Foods of the Pacific Northwest
- ❖ Quick to Fix Meals
- ❖ Monster Cookie
- ❖ Table Setting

Please check the [Leader’s Guide to Food & Nutrition Contests](#) for specific information and the Fairbook (available in May) for times and fees.



## 4-H Food Preservation projects

NEW classes to enter – Flavored Vinegar and Canned Broth! Check out the State 4-H [Fairbook](#) for more details.

Current guidelines and resources are found on the [State 4-H website](#). Members must always use the most current research-based preparation and processing recommendations for preserved products. OSU publications are available on the Family and Community Health [website](#) and in county Extension offices. USDA recommendations are available [online](#). The Ball Blue Book of Preserving (copyright 2011 or newer) is available commercially.

We recommend placing your label on the bottom or other inconspicuous part of the jar. This allows the judge to evaluate the jar seal and contents without the label in the way.

## Livestock Projects

## Cattle, Sheep, Swine, Goats, & Llamas

**Important Fair information for members – check with your leader or look online**

Check with your leaders to be sure you have the latest information regarding procedures, deadlines, and policy/rule reminders for this year’s County Fair. Leaders will receive Fair entry forms and other paperwork for their members at the **All Leader Meeting on May 19**. Be sure to ask your leader for these materials and carefully read the 4-H general rules and livestock rules sections of the [Exhibitor Handbook](#) (available in May) All 4-H exhibitors are responsible for following these rules. If you don’t understand something, ask your leader, the project Superintendent, or call the Extension office. **Remember, all 4-H County Fair entries are DUE no later than June 18 – LATE ENTRIES WILL NOT BE ACCEPTED.**

## NEW County Livestock Resources

Jasmine Hill, 4-H Intern, has been very busy creating a set of resource packets for each of the nine livestock projects we have in Clackamas County. Each of these packets includes information about breeds, common diseases, grooming, parts of the animal and/or meat cuts, and more! She worked with the Superintendents to also add a section called "Getting Ready For Fair" where you will find tips for a successful fair with your animal. This resource is a **MUST HAVE** and you will be able to find it on the [4-H website](#) very soon!



## Animal possession date is June 1

All 4-H members must own or lease their animal before June 1, or by the spring weigh-in date, whichever is earlier, to participate in County Fair. Please keep these rules in mind when identifying project animals that will be shown at County Fair and State Fair. Please refer to the Fairbook for clarification.

- ➔ Only the 4-H member may exhibit the project animal in any show (4-H, open, or otherwise) from at least June 1 through State Fair.
- ➔ 4-H members should be responsible for the care, training, and fitting of their project animals.
- ➔ Members may have only one leased animal in a project area (a female with offspring still nursing at County Fair counts as one animal).
- ➔ Members leasing a project animal must have the [Record of Animal Lease form](#) on file with the Extension office by June 1. The lease record forms will be approved by the Livestock Advisory. Contact the [Extension office](#) if you need a form.
- ➔ A 4-Her may share one animal at County Fair if they do not own any animals in that project area, but no animals may be shared at State Fair.



## Have you ID'd your animal yet?

**Remember: at County Fair, each animal must have a unique identification.** This identification is a **REQUIRED** part of Fair entry forms. The type of identification may be different for each species (i.e. ear notching for pigs, scrapie tag numbers for sheep, etc.). Market animals can be identified using the auction tag number. Llama and Alpacas may not have markings attached to the animal so photos are required to be printed and attached (at least two; one showing the front and one side view of the animal). This information will be used at Fair check-in. **Please be aware of this and make plans in advance.** Fair entry forms without identification information will not be processed. Also, animals that are not previously identified will not be allowed to stay on the fairgrounds.

If the animal that is signed up is not able to come to Fair, and the member owns another that could come, a call to the Superintendent and 4-H Agent is necessary, as well as filling out a [Policy Waiver](#) form that states the reason why the original animal cannot be brought to Fair.



## Market Animal Health Forms required

The 4-H Market Animal Health Forms are required for every animal entered in a market, feeder, or overweight class at County Fair or State Fair. These forms are simple to use and a great way to keep track of your animal's health care to ensure a safe food product. Copies are available [online](#) or from the Extension office. Be prepared to present your completed form during check-in at County Fair.

## Dog Project

### Clackamas County 4-H Dog Project Requirements

To ensure the safety, success and pleasurable experience for youth, parent's animals and leaders, the Clackamas County 4-H Dog members must complete a list of requirements to exhibit dogs at Clackamas County 4-H Dog Fair. The requirements can be found [here](#).



### Dog Judging – Online Workshop

*April 18*

Learn about Judging and judge a Showmanship and other classes. This online workshop will be fun and interactive! 4-H families in the Clackamas County Dog program will get an email with the Zoom link to attend. Others interested please contact [Jan Williams](#).



### Dog Clinics

*May 16, Clackamas County  
Fair and Event Center*

4-H youth members and their dog get to learn and try out tips and techniques for showmanship, rally, and obedience at this fun and informative event. Pre-registration as a club is required by May 4. Check out the [flyer](#) for more information.



### Dog Pre-Fair

*June 13, Clackamas County  
Fair and Event Center*

[Dog Pre-Fair](#) is scheduled for Saturday, June 13. Practice for Dog Fair, meet other dog project 4-H members and their dogs, and win awards. This event is required for 4-H members to attend to be eligible to participate in County and State 4-H Dog Fair. [Entry forms](#) are due to the Extension office by May 22. Check with your club leader for more information on this fun event!

## Small Animal Projects

## Poultry, Pigeons, Rabbits, Cavies, Cats, & Herptiles

### Spring Fling Small Animal shows

*Saturday, May 16  
Clackamas County Fair and  
Event Center*

Spring Fling Small Animal youth shows will be at the fairgrounds in Canby on Saturday, May 16. The events are sponsored by the Small Animal Advisory. [Show information and registration materials](#) are available from the Extension office.

Poultry members should expect to be judged at the table (not in coops). Turkey tagging for the Junior Livestock Auction at County Fair will be available for 4-H and FFA members. Contact [Paula Means](#) at 503-810-4215 for more information.



### Volunteers and auction items needed for Spring Fling

We are looking for volunteers to help with the Spring Fling Show on May 16. Areas for service include:

- Set up on Friday, May 15
- Clerk for judges
- Help at the registration table
- Assist with the health check in the morning
- Clean up after the event

Watch for the Sign-up Genius message that will be emailed to club leaders or contact [Paula Means](#) at 503-810-4215.

We encourage clubs and individuals to contribute items for our silent auction and raffle. Do you have some useful equipment you no longer need? Can your club put together a gift basket? Could you ask a local business for a donation? The auction proceeds go towards fair expenses, scholarships, and new small animal equipment and cages. Bring your donations to the show by 8:00 am.

## Horse Project

### New plan for the April 1 deadline: Forms due April 1, virtual meeting April 8

The [Health/Conduct Forms](#) and [Horse ID Forms](#) are due April 1. They can be put in the dropbox at the Extension office or mailed and postmarked by the deadline.

For this year, the leader signature is **not** required on the Horse ID form. We encourage you to contact your leader by email or phone to review paperwork, not to meet in person.

The April Horse All-Leader meeting will be combined with the Horse Advisory meeting. Join us on Zoom on April 8. A representative from each club is required to participate. Details on how to join the Zoom meeting are [online](#).



### Record book help available by appointment

Since they cannot offer in-person record book help, [Denise Knight](#) (503-829-7665) and [Tonya Rourke](#) (503-702-7265) are available to help you virtually! Contact them to set up a time to ask your questions.



### Updates on other events

- U April 25-26 – Pre-Fair is canceled. It *may* be rescheduled for June 13-14.
- U TBA – Dad Potter Clinic – We are waiting to reschedule this event



### June 1 mandatory meeting for all Horse clubs

*Clackamas County Fair and Event Center, 4-H Exhibit Hall*

If anyone in your club plans to participate in Horse Fair, you **must** send a club representative with the appropriate paperwork and members' Record Books to the meeting on June 1. Watch your email and mail for information about the June 1 meeting.



### Ranch Horse updates

We have two remaining [Ranch Horse clinics](#) this year (the April clinic is canceled):

- |   |        |              |      |
|---|--------|--------------|------|
| 🕒 | May 3  | Cow Clinic   | \$25 |
| 🕒 | May 23 | Trail Clinic | \$10 |

All clinics are at High Mountain Equestrian in Estacada. Pre-registration is required and participation is limited.

If you want to enter these classes at Fair, you must either have competed in Ranch Horse at Horse Fair in the past or you must attend clinics. At a minimum, riders or horses that are new to the program are required to attend two cow clinics or one cow clinic and provide a video of horse and rider working with cows. If you have questions, contact [Cindy Lake](#) at 503-936-6519.

**State Event:** The State Ranch Horse Event will be held on September 12 at the Deschutes County Fairgrounds in Redmond. Intermediate and Senior members can qualify if they compete in all six events at the county Horse Fair with the same horse. They must receive an average score of 80 or more in their top five of six events.



### Showing a 4-H member's horse is restricted after April 1

Keep in mind that after April 1 only the 4-H member may show and train their project horse. However, a cooperative agreement between the Oregon 4-H Program and OHSET allows members' project horses to be ridden and shown at OHSET meets by team members through the state meet.

## Reminder of horse change policy

Members are expected to follow the “90-day rule” for horses they plan to show at County and State Fair. Changes are granted only in certain circumstances. Review the [Clackamas County 4-H Horse Rules](#) for information.

1. Horse changes will be made **June 1 only** at the Fair entry meeting. A member will not be able to change a horse after that date for any reason.
2. Horse changes will only be approved in the event of **death or severe injury or illness** which prevents the horse from being ridden. A veterinarian’s statement is required. Other reasons, such as the rider not being able to control the horse or the lease being broken, will not be approved.
3. Contact [Shirley Byrne](#) at 503-545-4153 as soon as you think you need a horse change.



## Horse Event June 13 – Save the Date

*Clackamas County Fair and Event Center*

Mark your calendars for June 13. We aren’t sure what we are doing yet, but we are hoping to offer a substitute for our canceled Horse Pre-Fair. Bring your ideas to the Horse Advisory – the next [meeting](#) is April 8. Watch your email for information as we design this event.



## Horse Fair

*July 12-19*

Many parents and leaders schedule vacation time to have days off during Horse Fair. The daily schedule is found [online](#). Please note that the daily schedule has changed from previous years.



## Did you volunteer this year?

Don't forget – ALL hours worked at any Clackamas County 4-H Horse Advisory sponsored event count toward preferred stall choice during Fair! Such events include:

- ⌘ Horse Bowl, Horse Judging, and Presentation clinics and contests
- ⌘ Back To Basics, Trail, Dressage, Driving, Jumping, and Gaming clinics
- ⌘ Gaming and Performance Pre-Fairs
- ⌘ Horse Fair
- ⌘ Tack Sales
- ⌘ Attendance at Horse Advisory meetings, the second Wednesday of most months, 7:00 pm at the Extension annex in Oregon City

Each club’s total hours for the year, divided by the number of members entered in the Fair, are used to give priority in assigning stalls and camp spaces. Available shifts at upcoming events are posted on the [Facebook page](#) – respond to the post to sign up.



## Tests available online for Dressage and Western Dressage

[2019 USDF Dressage Tests](#): Dressage tests changed as of 12/1/2018 and will be valid through 11/30/2022. Practice tests can be printed from the USDF website.

[Western Dressage](#): Beginning October 1, 2019, Oregon 4-H switched to the USEF supported dressage tests of the WDAA. This link will take you to an Equipment Guide, as well as tests dated 2017, which are expected to last through 2021. These tests from this organization are new to us. They will be the tests we use and the organization we refer to for guidance, beginning immediately.

Interested in State Fair? Read the [State Fair Book](#) to see which tests and scores qualify.

To help prevent the spread of COVID-19, all Extension programming will be provided virtually, postponed, or canceled until further notice to help keep our employees, volunteers, learners and communities safe. Check our event list for updates:  
<https://extension.oregonstate.edu/program/4h/clackamas/events>

## April 2020

Date	Event	Location	Times
1	<b>Enrollment DEADLINE</b>	<b>Extension office</b>	
	<b>Applies only to NEW members to Clackamas County 4-H who want to participate in the 2020 County Fair</b>		
1	<b>Dog lease records DUE</b>	<b>Extension office</b>	
1	<b>Project horse possession DEADLINE</b>		
1	<b>Horse Document TURN-IN DEADLINE</b>	<b>Extension office</b>	
1	Expressive Arts & Fiber Arts 4-H Leader training	via Zoom	6:30 – 8:00 pm
2	Fair Management Committee meeting	via Zoom	6:00 – 7:00 pm
2	Livestock Advisory meeting	via Zoom	7:00 – 9:00 pm
6	Dog Advisory meeting	via Zoom	7:00 – 9:00 pm
8	All-Horse Leader and Advisory meeting	via zoom	7:00 – 9:00 pm
13	CC4-HA Board meeting	via Zoom	6:30 – 8:30 pm
14	Camp Committee meeting	via Zoom	7:00 – 9:00 pm
14	Metro Awards & Recognition Committee meeting	via Zoom	7:00 – 9:00 pm
18	Dog Judging	via Zoom	10:00 – 11:30 am
18	HEARTH FCS Workshop	via Zoom	10:00 am – 11:30 am
19	Clackamas County Ambassador Team meeting	via Zoom	1:00 – 3:30 pm
20	HEARTH Advisory meeting	via Zoom	7:00 – 9:00 pm
21	Small Animal Advisory meeting	via Zoom	7:00 – 9:00 pm
25	Photography Leader & Member Training	via Zoom	1:00 – 2:30 pm
27	Foods & Nutrition Leader Training	via Zoom	6:30 – 8:00 pm
28	Camp Counselor meeting	TBA	7:00 – 9:00 pm



## May 2020

Date	Event	Location	Times
1	<b>Summer Conference county registrations and scholarship forms DUE</b>	<b>Extension office</b>	
1	<b>Junior Superintendent applications DUE</b>	<b>Online</b>	
3	Ranch Horse Cow Clinic	Estacada	8:00 am
3	Clackamas County Ambassador Team meeting	Extension annex	1:00 – 3:30 pm
4	Dog Advisory meeting	Extension annex	7:00 – 9:00 pm

## May 2020 – continued

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Times</b>
7	Fair Management Committee meeting	Extension annex	6:00 – 7:00 pm
7	Livestock Advisory meeting	Extension annex	7:00 – 9:00 pm
11	CC4-HA Board meeting	Extension annex	6:30 – 8:30 pm
12	New Leader Orientation	Extension annex	9:00 – 11:30 am
12	New Leader Orientation	Extension annex	7:00 – 9:30 pm
12	Camp Committee meeting	Call for location	7:00 – 9:00 pm
12	Metro Awards & Recognition Committee meeting	Call for location	7:00 – 9:00 pm
13	4-H Horse Record Book Assistance (RSVP required)	Extension annex	5:30 – 7:00 pm
13	Horse Advisory & Junior Horse Advisory meetings	Extension annex	7:00 – 9:00 pm
14	County Awards & Recognition Committee meeting	Extension office	6:30 – 8:30 pm
15-17	Spring Classic	Redmond	
16	Western Gaming Pre-Fair	Fairgrounds	7:00 am
16	HEARTH SpringFest	Fairgrounds	TBA
16	Dog Clinics	Fairgrounds	8:30 am – 2:30 pm
16	Spring Fling Small Animal Shows	Fairgrounds	7:30 am
16	Shooting Sports Archery Training	4-H Center, Salem	9:00 am – 5:00 pm
18	HEARTH Advisory meeting	Extension annex	7:00 – 9:00 pm
19	Fair Management Committee meeting	Fairgrounds	6:00 – 7:00 pm
19	All Leader Fair meeting	Fairgrounds	7:00 – 9:00 pm
22	Dog Pre-Fair/Fair Entries DUE	Extension office	
23	Ranch Horse Trail Clinic	Estacada	9:00 am
25	<i>Memorial Day – Office Closed</i>		
26	Camp Counselor meeting	St. Paul's, Milwaukie	7:00 – 9:00 pm



## June 2020

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Times</b>
1	Early bird DEADLINE for Camp registration	Extension office	
1	Camp scholarship application DEADLINE	Extension office	
1	Livestock & Small Animal project animal possession DEADLINE for County Fair, Record of Animal Lease forms DUE	Extension office	
1	Articles DUE for the 4-H newsletter	Extension office	
1	Horse Fair Document TURN-IN meeting	Fairgrounds	7:00 pm
1	Dog Advisory meeting	Extension annex	7:00 – 9:00 pm
4	Livestock Advisory meeting	Extension annex	7:00 – 9:00 pm

## June 2020 - continued

Date	Event	Location	Times
8	CC4-HA Board meeting	Extension annex	6:30 – 8:30 pm
9	Camp Committee	Call for location	7:00 – 9:00 pm
9	Metro Awards & Recognition Committee meeting	Call for location	7:00 – 9:00 pm
10	Horse Advisory & Junior Horse Advisory meetings	Extension annex	7:00 – 9:00 pm
13	Horse Clinic or Pre-Fair	Fairgrounds	TBA
13	Dog Pre-Fair	Fairgrounds	8:00 am – 5:00 pm
14	Clackamas County Ambassador Team meeting	Extension annex	1:00 – 3:30 pm
14	Metro Interview Clinic	Extension annex	4:00 – 6:00 pm
15	HEARTH Advisory meeting	Extension annex	7:00 – 9:00 pm
15-17	State Shooting Sports Contest	Albany	
15-17	Youth Tractor Safety & Certification Course	NWREC, Aurora	8:30 am – 4:30 pm
16	Small Animal Advisory meeting	Extension annex	7:00 – 9:00 pm
<b>18</b>	<b>County Fair entry DEADLINE</b>	<b>Extension office</b>	
22-24	Youth Tractor Safety & Certification Course	NWREC, Aurora	8:30 am – 4:30 pm
23	Camp Counselor meeting	St. Paul's, Milwaukie	7:00 – 9:00 pm
24-27	Summer Conference	OSU, Corvallis	
29	Horse Leader Fair meeting	Fairgrounds	7:00 – 9:00 pm



This **4-H Family Newsletter** is published quarterly for 4-H volunteers, families, and members in Clackamas County. **Please share it with others in the home.** We send one copy by mail and/or email to each household enrolled in 4-H. Submit articles for the newsletter through the Extension agent. Articles are due **June 1** for the **July-September** issue.

OSU Extension Service  
Clackamas County Office  
200 Warner Milne Road  
Oregon City OR 97045

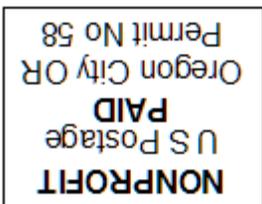
Phone: 503-655-8635  
Fax: 503-655-8636  
<http://extension.oregonstate.edu/clackamas/>  
Facebook [Clackamas County 4-H Oregon](#)  
and [OSU Extension Clackamas](#)

**Regular Office Hours:**  
Monday-Friday  
8:00 am-4:30 pm  
(after COVID-19  
restrictions lifted)



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Oregon State University  
Clackamas County Extension Office  
200 Warner Milne Rd  
Oregon City OR 97045-4096

# FOCUS on Extension

## Serving Clackamas County Citizens

Clackamas County Extension Office  
February – April 2020

200 Warner Milne Road, Oregon City, OR 97045

503-655-8631

Volume 21, Issue 1

### Island-Style Cooking This Winter

Lahaina Phillip, an enthusiastic and dedicated Community Health Worker and community organizer for Micronesian and Pacific Islander communities, approached our OSU Extension Family & Community Health program with the idea for a healthy cooking class for islanders. We brought Oregon Food Bank on board and they graciously agreed to donate funds for the food. Elena Illescas stepped up to teach the six-week Cooking Matters curriculum from Share Our Strength. The class began in January at the OSU Extension office. Our amazing volunteers are Madie Phillip, Myra Horn, and Janet Hohman.

Despite the chilly conditions they face on Tuesday evenings, the class participants arrive with smiles and hugs for each other, listen attentively to the nutrition lesson, and dive into cooking the recipes with skill and a collaborative spirit. At the end of the class, we all eat the delicious dinner together, and participants get to take home ingredients for the main dish to prepare for their families at home. We are honored and thankful to have the opportunity to learn about Islander culture and foods through this class, and are submitting some of the recipes to [Foodhero.org](https://www.foodhero.org) to hopefully be added to their website.



Tasting the fruits of their labor.

*Erin Devlin*  
*Family and Community Health Faculty*

### Clackamas 4-H Goes National

This was the third year for Oregon 4-H sent a state team to the Family Consumer and Sciences Classic Contest at the Western National Roundup in Denver, Colorado. The Oregon State 4-H Team included two Clackamas County 4-H members, Katie and Sarah Irwin. More than 1,500 youth from all over the United States and parts of Canada attended the event on January 9-12, participating in more than a dozen judging and presentation contests. Clackamas County 4-H staff Trisha Applebee and Jan Williams, coached the Oregon team.



*Jan Williams*  
*4-H Youth Development Faculty*

Featured from Left to Right: Katie Irwin (Clackamas County), Katie Jones (Crook County), Aidan Haney (Crook County), Trisha Applebee, Jan Williams, Sarah Irwin (Clackamas County), Jillian Layton (Polk County), Kristin Felsch (Washington County), Shelby Burgess (Union County).

## Basic Woodland Skills Always in Demand

With over 5,000 family forest owners taking care of about 200,000 acres in Clackamas County, there are always people who need to learn fundamental forestry skills. OSU Extension offers many pathways to learning including in person, online, and printed materials. An upcoming opportunity for woodland stewards is the Basic Woodland Management Course. This will be held at Hopkins Demonstration Forest starting February 27. The four-session course is for anyone who is just starting out taking care of a woodland property. It also serves as preparation for the OSU Master Woodland Manager Training to be offered this August-November. Basic topics include:

- Exploring your woodland property and it's potential with respect to your goals.
- Assessing current woodland resource conditions, forest health, and stages of development.
- Tree planting, weed control, care for an established forest, and improving forest conditions.
- Safety, tools and techniques, timber sale logistics, and regulations.

For more information on the Basic Woodland Management course, see <https://beav.es/44V>.



Glenn and Jimmy demonstrating proper tree coring technique.

*Glenn Ahrens  
Forestry Faculty*

## Seeking Advisory Council Members

If you know of a potential interested resident to serve on our Advisory Council, please let us know. We meet one evening a month and discuss Extension programming, hear presentations from faculty, and get reports from the Regional Director as well as the County Liaison. We also receive updates on our new building and the progress of fund development. We enjoy a full dinner that is cooked, baked, or bought by the members. Dinner is available at 6:00 pm and the official meeting starts at 6:30 pm. I invite you to join us and see if the committee is one you would be interested in joining. We are always in need of community volunteers. For more information, contact me by phone 503-655-8622 or by email at [leah.sundquist@oregonstate.edu](mailto:leah.sundquist@oregonstate.edu).

*Leah Sundquist  
Incoming County Liaison/Office Manager*

**THE SPRING GARDEN FAIR  
IS COMING.  
SAVE THE DATE!**

Clackamas County Master Gardeners™  
**SPRING GARDEN FAIR 2020**  
annuals and perennials • vegetables and herbs • trees and shrubs • garden art and tools

**May 2 & 3**  
Saturday 9am - 5pm  
Sunday 9am - 4pm

Clackamas County Event Center  
694 NE 4th Ave. Canby, OR 97013  
[www.springgardenfair.org](http://www.springgardenfair.org)

• Two Full Days of Shopping  
• \$5.00 admission • FREE parking

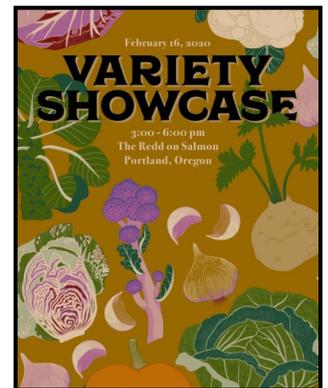
## Local Farmers Busy All Winter, Too

Even on these cold, wet, nasty days, local farmers are busy. There are still tasks to be done throughout the winter on the farm like pruning berry crops, fixing fences, and repairing equipment and buildings — not to mention tending animals if the farm includes livestock. The big focus for many during the winter is attending grower meetings, education programs, and keeping up-to-date on the latest research and regulations.

During these past couple months, local OSU Extension faculty at the North Willamette Research and Extension Center (NWREC) in Aurora have organized and/or taught educational sessions at more than 30 events for hazelnut, vegetable, and specialty seed crop growers plus Christmas tree, berry, field crop, and small acreage farmers. Nearly 3,000 farmers and agri-business professionals have participated in these programs.

Examples of the most recent events for NWREC Extension faculty occurred just this past week and included the Winter Vegetable Variety Field Day. This was held at NWREC on February 13. It was attended by 55 farmers comparing field results for new varieties of broccoli, cauliflower, and cabbage in the north valley. On Sunday, February 16, the Culinary Variety Showcase was held in Portland to bring together local restaurants, chefs, plant breeders, researchers, and the public in a foodie event highlighting new varieties of fruit and vegetables under development. Local chefs did an amazing job preparing incredible dishes for sampling to highlight the flavors and appearances of the produce.

*Mike Bondi*  
Clackamas County Liaison

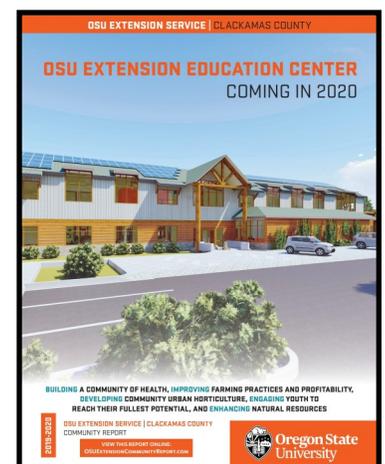


## Extension in the News

Our 2019-20 OSU Extension Community Report hits the streets in February! The glossy 24-page magazine is our annual publication featuring an event calendar, stories, photos, and highlights of the work our Clackamas Extension programs have been involved with in the community throughout the year. It is distributed in Portland area Pamplin Media newspapers, at libraries throughout Clackamas County, and available online:

[www.OSUExtensionCommunityReport.com](http://www.OSUExtensionCommunityReport.com).

You can also pick up copies for your business or community location at our Oregon City office. It makes a great coffee table book and keepsake!



## Future Events

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### February:

County Advisory Meeting: Thursday, February 20 at the Extension Annex. Potluck dinner starts at 6:00 pm and the meeting begins at 6:30 pm. Contact Leah Sundquist: [leah.sundquist@oregonstate.edu](mailto:leah.sundquist@oregonstate.edu).

4-H New Leader Orientations: Tuesday, February 27 at the Extension annex. There will be two sessions times available. The first from 9:00 to 11:30 am and the second from 7:00 to 7:30 pm. Pre-registration required. Contact Trisha Applebee: [trisha.applebee@oregonstate.edu](mailto:trisha.applebee@oregonstate.edu).

Basic Woodland Management Course: Starting Thursday, February 27 from 6:00 to 8:30 pm at Hopkins Demonstration Forest. This is the first of four sessions for participants starting to manage a woodland property. Pre-registration required. Contact Glenn Ahrens: [glenn.ahrens@oregonstate.edu](mailto:glenn.ahrens@oregonstate.edu).

### March:

Free Food Market Booth: Tuesday, March 3 from 10:00 to 11:30 am at the Beaver Creek Health Clinic. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: [erin.devlin@oregonstate.edu](mailto:erin.devlin@oregonstate.edu).

Garden Discovery Day: Saturday, March 7 at the Milwaukie Center. Clackamas County Master Gardener Association invite the community to attend a whole day dedicated to gardening. Contact Marcia McIntyre: [marcia.macintyre@oregonstate.edu](mailto:marcia.macintyre@oregonstate.edu).

Free Food Market Booth: Thursday, March 12 from 10:00 to 11:30 am at the Oregon City DHS office. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: [erin.devlin@oregonstate.edu](mailto:erin.devlin@oregonstate.edu).

Community Forestry Day: Sunday, March 15 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Pre-registration requested. Contact Peter Matzka: [peter.matzka@oregonstate.edu](mailto:peter.matzka@oregonstate.edu).

County Advisory Meeting: Thursday, March 19 at the Extension Annex. Potluck dinner starts at 6:00 pm and the meeting begins at 6:30 pm. Contact Leah Sundquist: [leah.sundquist@oregonstate.edu](mailto:leah.sundquist@oregonstate.edu).

Tree School: Saturday, March 21 starting at 8:00 am at Clackamas Community College. Participants must be pre-registered. Contact Glenn Ahrens: [glenn.ahrens@oregonstate.edu](mailto:glenn.ahrens@oregonstate.edu).

4-H Tack and Bake Sales: Saturday, March 21 starting at 8:00 am at the Clackamas County Event Center. These are fundraisers for the horse and HEARTH project areas. Contact Wendy Hein or Jan Williams: [wendy.hein@oregonstate.edu](mailto:wendy.hein@oregonstate.edu) or [janaleen.williams@oregonstate.edu](mailto:janaleen.williams@oregonstate.edu).

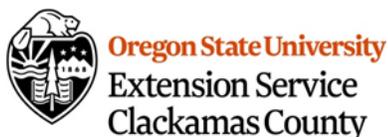
### April:

Free Food Market Booth: Tuesday, April 7 from 10:00 to 11:30 am at the Beaver Creek Health Clinic. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: [erin.devlin@oregonstate.edu](mailto:erin.devlin@oregonstate.edu).

Free Food Market Booth: Thursday, April 9 from 10:00 to 11:30 am at the Oregon City DHS office. SNAP-Ed offers Food Hero tastings and relevant resources. Contact Erin Devlin: [erin.devlin@oregonstate.edu](mailto:erin.devlin@oregonstate.edu).

Community Forestry Day: Saturday, April 11 from 8:30 am to 2:30 pm at Hopkins Demonstration Forest. Pre-registration requested. Contact Peter Matzka: [peter.matzka@oregonstate.edu](mailto:peter.matzka@oregonstate.edu).

This publication will be made available in accessible formats upon request. Please call 503-655-8631 for information. Accommodation requests related to a disability should be made at least two weeks before the event to the contact person listed.



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